

**TABLE 11**  
**Trends in Harmfulness of Drugs as Perceived by 12th Graders**

Percentage saying great risk <sup>a</sup>

<i>How much do you think people risk harming themselves (physically or in other ways), if they . . .</i>	1975	1976	1977	1978	1979	1980	1981	1982	1983	1984	1985	1986	1987	1988	1989	1990
Try marijuana once or twice	15.1	11.4	9.5	8.1	9.4	10.0	13.0	11.5	12.7	14.7	14.8	15.1	18.4	19.0	23.6	23.1
Smoke marijuana occasionally	18.1	15.0	13.4	12.4	13.5	14.7	19.1	18.3	20.6	22.6	24.5	25.0	30.4	31.7	36.5	36.9
Smoke marijuana regularly	43.3	38.6	36.4	34.9	42.0	50.4	57.6	60.4	62.8	66.9	70.4	71.3	73.5	77.0	77.5	77.8
Try synthetic marijuana once or twice	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Take synthetic marijuana occasionally	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try LSD once or twice	49.4	45.7	43.2	42.7	41.6	43.9	45.5	44.9	44.7	45.4	43.5	42.0	44.9	45.7	46.0	44.7
Take LSD regularly	81.4	80.8	79.1	81.1	82.4	83.0	83.5	83.5	83.2	83.8	82.9	82.6	83.8	84.2	84.3	84.5
Try PCP once or twice	—	—	—	—	—	—	—	—	—	—	—	—	55.6	58.8	56.6	55.2
Try ecstasy (MDMA, Molly) once or twice <sup>b</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try salvia once or twice <sup>c</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Take salvia occasionally	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try cocaine once or twice	42.6	39.1	35.6	33.2	31.5	31.3	32.1	32.8	33.0	35.7	34.0	33.5	47.9	51.2	54.9	59.4
Take cocaine occasionally	—	—	—	—	—	—	—	—	—	—	—	54.2	66.8	69.2	71.8	73.9
Take cocaine regularly	73.1	72.3	68.2	68.2	69.5	69.2	71.2	73.0	74.3	78.8	79.0	82.2	88.5	89.2	90.2	91.1
Try crack once or twice	—	—	—	—	—	—	—	—	—	—	—	—	57.0	62.1	62.9	64.3
Take crack occasionally	—	—	—	—	—	—	—	—	—	—	—	—	70.4	73.2	75.3	80.4
Take crack regularly	—	—	—	—	—	—	—	—	—	—	—	—	84.6	84.8	85.6	91.6
Try cocaine powder once or twice	—	—	—	—	—	—	—	—	—	—	—	—	45.3	51.7	53.8	53.9
Take cocaine powder occasionally	—	—	—	—	—	—	—	—	—	—	—	—	56.8	61.9	65.8	71.1
Take cocaine powder regularly	—	—	—	—	—	—	—	—	—	—	—	—	81.4	82.9	83.9	90.2
Try heroin once or twice	60.1	58.9	55.8	52.9	50.4	52.1	52.9	51.1	50.8	49.8	47.3	45.8	53.6	54.0	53.8	55.4
Take heroin occasionally	75.6	75.6	71.9	71.4	70.9	70.9	72.2	69.8	71.8	70.7	69.8	68.2	74.6	73.8	75.5	76.6
Take heroin regularly	87.2	88.6	86.1	86.6	87.5	86.2	87.5	86.0	86.1	87.2	86.0	87.1	88.7	88.8	89.5	90.2
Try heroin once or twice without using a needle	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Take heroin occasionally without using a needle	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try any narcotic other than heroin (codeine, Vicodin, OxyContin, Percocet, etc.) once or twice	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Take any narcotic other than heroin occasionally	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Take any narcotic other than heroin regularly	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try amphetamines once or twice <sup>d</sup>	35.4	33.4	30.8	29.9	29.7	29.7	26.4	25.3	24.7	25.4	25.2	25.1	29.1	29.6	32.8	32.2
Take amphetamines regularly <sup>d</sup>	69.0	67.3	66.6	67.1	69.9	69.1	66.1	64.7	64.8	67.1	67.2	67.3	69.4	69.8	71.2	71.2
Try Adderall once or twice <sup>e</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try Adderall occasionally <sup>e</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try crystal methamphetamine (ice) once or twice	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try bath salts (synthetic stimulants) once or twice	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Take bath salts (synthetic stimulants) occasionally	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Try sedatives (barbiturates) once or twice <sup>f</sup>	34.8	32.5	31.2	31.3	30.7	30.9	28.4	27.5	27.0	27.4	26.1	25.4	30.9	29.7	32.2	32.4
Take sedatives (barbiturates) regularly <sup>f</sup>	69.1	67.7	68.6	68.4	71.6	72.2	69.9	67.6	67.7	68.5	68.3	67.2	69.4	69.6	70.5	70.2
Try one or two drinks of an alcoholic beverage (beer, wine, liquor)	5.3	4.8	4.1	3.4	4.1	3.8	4.6	3.5	4.2	4.6	5.0	4.6	6.2	6.0	6.0	8.3
Take one or two drinks nearly every day	21.5	21.2	18.5	19.6	22.6	20.3	21.6	21.6	21.6	23.0	24.4	25.1	26.2	27.3	28.5	31.3
Take four or five drinks nearly every day	63.5	61.0	62.9	63.1	66.2	65.7	64.5	65.5	66.8	68.4	69.8	66.5	69.7	68.5	69.8	70.9
Have five or more drinks once or twice each weekend	37.8	37.0	34.7	34.5	34.9	35.9	36.3	36.0	38.6	41.7	43.0	39.1	41.9	42.6	44.0	47.1
Smoke one or more packs of cigarettes per day	51.3	56.4	58.4	59.0	63.0	63.7	63.3	60.5	61.2	63.8	66.5	66.0	68.6	68.0	67.2	68.2
Use electronic cigarettes (e-cigarettes) regularly <sup>g</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Vape an e-liquid with nicotine occasionally <sup>g</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Vape an e-liquid with nicotine regularly <sup>g</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Smoke little cigars or cigarillos regularly	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Use smokeless tobacco regularly	—	—	—	—	—	—	—	—	—	—	—	25.8	30.0	33.2	32.9	34.2
Take steroids	—	—	—	—	—	—	—	—	—	—	—	—	—	—	63.8	69.9
<i>Approximate weighted N =</i>	<i>2,804</i>	<i>2,918</i>	<i>3,052</i>	<i>3,770</i>	<i>3,250</i>	<i>3,234</i>	<i>3,604</i>	<i>3,557</i>	<i>3,305</i>	<i>3,262</i>	<i>3,250</i>	<i>3,020</i>	<i>3,315</i>	<i>3,276</i>	<i>2,796</i>	<i>2,553</i>

Table continued on next page.

**TABLE 11 (cont.)**  
**Trends in Harmfulness of Drugs as Perceived by 12th Graders**

*Source.* The Monitoring the Future study, the University of Michigan.

*Notes.* Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. '‡' indicates that the question changed the following year. See relevant footnote for that drug. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

<sup>a</sup>Answer alternatives were: (1) No risk, (2) Slight risk, (3) Moderate risk, (4) Great risk, and (5) Can't say, drug unfamiliar.

<sup>b</sup>Beginning in 2014 data are based on the revised question which included "Molly." 2014 and 2015 data are not comparable to earlier years due to the revision of the question text.

<sup>c</sup>In 2011 the question on perceived risk of using salvia once or twice appeared at the end of a form. In 2012 the question was moved to an earlier section of the same form. A question on perceived risk of using salvia occasionally was also added following the question on perceived risk of trying salvia once or twice. These changes likely explain the discontinuity in the 2012 results.

<sup>d</sup>In 2011 the list of examples was changed from uppers, pep pills, bennies, speed to uppers, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2011 results.

<sup>e</sup>In 2014 "(without a doctor's orders)" added to the questions on perceived risk of using Adderall.

<sup>f</sup>In 2004 the question text was changed from barbiturates to sedatives/barbiturates and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

<sup>g</sup>Based on two of six forms; N is two times the N indicated.

**TABLE 11 (cont.)**  
**Trends in Harmfulness of Drugs as Perceived by 12th Graders**

	Percentage saying great risk <sup>a</sup>															
<i>How much do you think people risk harming themselves (physically or in other ways), if they . . .</i>	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	
Try marijuana once or twice	27.1	24.5	21.9	19.5	16.3	15.6	14.9	16.7	15.7	13.7	15.3	16.1	16.1	15.9	16.1	
Smoke marijuana occasionally	40.6	39.6	35.6	30.1	25.6	25.9	24.7	24.4	23.9	23.4	23.5	23.2	26.6	25.4	25.8	
Smoke marijuana regularly	78.6	76.5	72.5	65.0	60.8	59.9	58.1	58.5	57.4	58.3	57.4	53.0	54.9	54.6	58.0	
Try synthetic marijuana once or twice	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Take synthetic marijuana occasionally	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Try LSD once or twice	46.6	42.3	39.5	38.8	36.4	36.2	34.7	37.4	34.9	34.3	33.2	36.7	36.2	36.2	36.5	
Take LSD regularly	84.3	81.8	79.4	79.1	78.1	77.8	76.6	76.5	76.1	75.9	74.1	73.9	72.3	70.2	69.9	
Try PCP once or twice	51.7	54.8	50.8	51.5	49.1	51.0	48.8	46.8	44.8	45.0	46.2	48.3	45.2	47.1	46.6	
Try ecstasy (MDMA, Molly) once or twice <sup>b</sup>	—	—	—	—	—	—	33.8	34.5	35.0	37.9	45.7	52.2	56.3	57.7	60.1	
Try salvia once or twice <sup>c</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Take salvia occasionally	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Try cocaine once or twice	59.4	56.8	57.6	57.2	53.7	54.2	53.6	54.6	52.1	51.1	50.7	51.2	51.0	50.7	50.5	
Take cocaine occasionally	75.5	75.1	73.3	73.7	70.8	72.1	72.4	70.1	70.1	69.5	69.9	68.3	69.1	67.2	66.7	
Take cocaine regularly	90.4	90.2	90.1	89.3	87.9	88.3	87.1	86.3	85.8	86.2	84.1	84.5	83.0	82.2	82.8	
Try crack once or twice	60.6	62.4	57.6	58.4	54.6	56.0	54.0	52.2	48.2	48.4	49.4	50.8	47.3	47.8	48.4	
Take crack occasionally	76.5	76.3	73.9	73.8	72.8	71.4	70.3	68.7	67.3	65.8	65.4	65.6	64.0	64.5	63.8	
Take crack regularly	90.1	89.3	87.5	89.6	88.6	88.0	86.2	85.3	85.4	85.3	85.8	84.1	83.2	83.5	83.3	
Try cocaine powder once or twice	53.6	57.1	53.2	55.4	52.0	53.2	51.4	48.5	46.1	47.0	49.0	49.5	46.2	45.4	46.2	
Take cocaine powder occasionally	69.8	70.8	68.6	70.6	69.1	68.8	67.7	65.4	64.2	64.7	63.2	64.4	61.4	61.6	60.8	
Take cocaine powder regularly	88.9	88.4	87.0	88.6	87.8	86.8	86.0	84.1	84.6	85.5	84.4	84.2	82.3	81.7	82.7	
Try heroin once or twice	55.2	50.9	50.7	52.8	50.9	52.5	56.7	57.8	56.0	54.2	55.6	56.0	58.0	56.6	55.2	
Take heroin occasionally	74.9	74.2	72.0	72.1	71.0	74.8	76.3	76.9	77.3	74.6	75.9	76.6	78.5	75.7	76.0	
Take heroin regularly	89.6	89.2	88.3	88.0	87.2	89.5	88.9	89.1	89.9	89.2	88.3	88.5	89.3	86.8	87.5	
Try heroin once or twice without using a needle	—	—	—	—	55.6	58.6	60.5	59.6	58.5	61.6	60.7	60.6	58.9	61.2	60.5	
Take heroin occasionally without using a needle	—	—	—	—	71.2	71.0	74.3	73.4	73.6	74.7	74.4	74.7	73.0	76.1	73.3	
Try any narcotic other than heroin (codeine, Vicodin, OxyContin, Percocet, etc.) once or twice	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Take any narcotic other than heroin occasionally	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Take any narcotic other than heroin regularly	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Try amphetamines once or twice <sup>d</sup>	36.3	32.6	31.3	31.4	28.8	30.8	31.0	35.3	32.2	32.6	34.7	34.4	36.8	35.7	37.7	
Take amphetamines regularly <sup>d</sup>	74.1	72.4	69.9	67.0	65.9	66.8	66.0	67.7	66.4	66.3	67.1	64.8	65.6	63.9	67.1	
Try Adderall once or twice <sup>e</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Try Adderall occasionally <sup>e</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Try crystal methamphetamine (ice) once or twice	61.6	61.9	57.5	58.3	54.4	55.3	54.4	52.7	51.2	51.3	52.7	53.8	51.2	52.4	54.6	
Try bath salts (synthetic stimulants) once or twice	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Take bath salts (synthetic stimulants) occasionally	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Try sedatives (barbiturates) once or twice <sup>f</sup>	35.1	32.2	29.2	29.9	26.3	29.1	26.9	29.0	26.1	25.0	25.7	26.2	27.9†	24.9	24.7	
Take sedatives (barbiturates) regularly <sup>f</sup>	70.5	70.2	66.1	63.3	61.6	60.4	56.8	56.3	54.1	52.3	50.3	49.3	49.6†	54.0	54.1	
Try one or two drinks of an alcoholic beverage (beer, wine, liquor)	9.1	8.6	8.2	7.6	5.9	7.3	6.7	8.0	8.3	6.4	8.7	7.6	8.4	8.6	8.5	
Take one or two drinks nearly every day	32.7	30.6	28.2	27.0	24.8	25.1	24.8	24.3	21.8	21.7	23.4	21.0	20.1	23.0	23.7	
Take four or five drinks nearly every day	69.5	70.5	67.8	66.2	62.8	65.6	63.0	62.1	61.1	59.9	60.7	58.8	57.8	59.2	61.8	
Have five or more drinks once or twice each weekend	48.6	49.0	48.3	46.5	45.2	49.5	43.0	42.8	43.1	42.7	43.6	42.2	43.5	43.6	45.0	
Smoke one or more packs of cigarettes per day	69.4	69.2	69.5	67.6	65.6	68.2	68.7	70.8	70.8	73.1	73.3	74.2	72.1	74.0	76.5	
Use electronic cigarettes (e-cigarettes) regularly <sup>g</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Vape an e-liquid with nicotine occasionally <sup>g</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Vape an e-liquid with nicotine regularly <sup>g</sup>	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Smoke little cigars or cigarillos regularly	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	
Use smokeless tobacco regularly	37.4	35.5	38.9	36.6	33.2	37.4	38.6	40.9	41.1	42.2	45.4	42.6	43.3	45.0	43.6	
Take steroids	65.6	70.7	69.1	66.1	66.4	67.6	67.2	68.1	62.1	57.9	58.9	57.1	55.0	55.7	56.8	
<i>Approximate weighted N =</i>	<i>2,549</i>	<i>2,684</i>	<i>2,759</i>	<i>2,591</i>	<i>2,603</i>	<i>2,449</i>	<i>2,579</i>	<i>2,564</i>	<i>2,306</i>	<i>2,130</i>	<i>2,173</i>	<i>2,198</i>	<i>2,466</i>	<i>2,491</i>	<i>2,512</i>	

Table continued on next page.

**TABLE 11 (cont.)**  
**Trends in Harmfulness of Drugs as Perceived by 12th Graders**

	Percentage saying great risk <sup>a</sup>													2017 – 2018
How much do you think people risk harming themselves (physically or in other ways), if they . . .	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	change
Try marijuana once or twice	17.8	18.6	17.4	18.5	17.1	15.6	14.8	14.5	12.5	12.3	12.9	11.9	12.1	+0.2
Smoke marijuana occasionally	25.9	27.1	25.8	27.4	24.5	22.7	20.6	19.5	16.4	15.8	17.1	14.1	14.3	+0.1
Smoke marijuana regularly	57.9	54.8	51.7	52.4	46.8	45.7	44.1	39.5	36.1	31.9	31.1	29.0	26.7	-2.2
Try synthetic marijuana once or twice	—	—	—	—	—	—	23.5	25.9	32.5	33.0	35.6	33.0	30.4	-2.6
Take synthetic marijuana occasionally	—	—	—	—	—	—	32.7	36.2	39.4	40.9	43.9	40.0	37.1	-2.9
Try LSD once or twice	36.1	37.0	33.9	37.1	35.6	34.7	33.1	34.9	35.5	33.2	31.7	30.0	29.0	-1.0
Take LSD regularly	69.3	67.3	63.6	67.8	65.3	65.5	66.8	66.8	62.7	60.7	58.2	56.1	55.2	-0.9
Try PCP once or twice	47.0	48.0	47.4	49.7	52.4	53.9	51.6	53.9	53.8	54.4	55.1	53.6	51.7	-1.9
Try ecstasy (MDMA, Molly) once or twice <sup>b</sup>	59.3	58.1	57.0	53.3	50.6	49.0	49.4	47.5	47.8	49.5	48.8	49.1	48.2	-0.9
Try salvia once or twice <sup>c</sup>	—	—	—	—	39.8	36.7	13.8	12.9	14.1	13.1	13.0	10.2	9.8	-0.5
Take salvia occasionally	—	—	—	—	—	—	23.1	21.3	20.0	17.6	16.3	13.8	12.0	-1.9
Try cocaine once or twice	52.5	51.3	50.3	53.1	52.8	54.0	51.6	54.4	53.7	51.1	52.7	49.5	47.9	-1.6
Take cocaine occasionally	69.8	68.8	67.1	71.4	67.8	69.7	69.0	70.2	68.1	66.3	68.6	64.6	62.1	-2.5
Take cocaine regularly	84.6	83.3	80.7	84.4	81.7	83.8	82.6	83.3	80.6	79.1	78.3	74.9	75.2	+0.3
Try crack once or twice	47.8	47.3	47.5	48.4	50.2	51.7	52.0	55.6	54.5	53.6	53.9	51.6	51.3	-0.2
Take crack occasionally	64.8	63.6	65.2	64.7	64.3	66.2	66.5	69.5	68.5	67.8	66.2	65.3	64.4	-0.9
Take crack regularly	82.8	82.6	83.4	84.0	83.8	83.9	84.0	85.4	82.0	81.2	81.9	79.8	79.8	0.0
Try cocaine powder once or twice	45.8	45.1	45.1	46.5	48.2	48.0	48.1	49.9	49.9	49.0	49.3	45.1	44.9	-0.2
Take cocaine powder occasionally	61.9	59.9	61.6	62.6	62.6	64.2	62.6	65.4	64.8	62.8	62.9	60.1	59.8	-0.3
Take cocaine powder regularly	82.1	81.5	82.5	83.4	81.8	83.3	83.3	83.9	81.5	80.1	80.7	78.8	77.6	-1.2
Try heroin once or twice	59.1	58.4	55.5	59.3	58.3	59.1	59.4	61.7	62.8	64.0	64.5	63.0	61.8	-1.2
Take heroin occasionally	79.1	76.2	75.3	79.7	74.8	77.2	78.0	78.2	77.9	78.0	78.7	74.6	75.0	+0.3
Take heroin regularly	89.7	87.8	86.4	89.9	85.5	87.9	88.6	87.6	85.7	84.8	85.4	83.3	81.4	-1.8
Try heroin once or twice without using a needle	62.6	60.2	60.8	61.5	63.8	61.1	63.3	64.5	65.3	62.5	66.1	64.6	63.1	-1.5
Take heroin occasionally without using a needle	76.2	73.9	73.2	74.8	76.2	74.7	76.1	76.4	73.6	71.1	74.6	72.7	69.6	-3.1
Try any narcotic other than heroin (codeine, Vicodin, OxyContin, Percocet, etc.) once or twice	—	—	—	—	40.4	39.9	38.4	43.1	42.7	44.1	43.6	42.0	43.2	+1.1
Take any narcotic other than heroin occasionally	—	—	—	—	54.3	54.8	53.8	57.3	59.0	58.5	55.7	55.5	56.7	+1.2
Take any narcotic other than heroin regularly	—	—	—	—	74.9	75.5	73.9	75.8	72.7	73.9	72.4	70.8	71.6	+0.8
Try amphetamines once or twice <sup>d</sup>	39.5	41.3	39.2	41.9	40.6	34.8	34.3	36.3	34.1	34.0	31.1	31.9	29.2	-2.7
Take amphetamines regularly <sup>d</sup>	68.1	68.1	65.4	69.0	63.6	58.7	60.0	59.5	55.1	54.3	51.3	50.0	51.1	+1.1
Try Adderall once or twice <sup>e</sup>	—	—	—	—	33.3	31.2	27.2	31.8	33.6	34.3	32.5	32.0	34.0	+2.0
Try Adderall occasionally <sup>e</sup>	—	—	—	—	41.6	40.8	35.3	38.8	41.5	41.6	40.9	40.6	40.1	-0.5
Try crystal methamphetamine (ice) once or twice	59.1	60.2	62.2	63.4	64.9	66.5	67.8	72.2	70.2	70.0	70.0	69.3	67.1	-2.2
Try bath salts (synthetic stimulants) once or twice	—	—	—	—	—	—	33.2	59.5	59.2	57.5	54.9	51.3	50.7	-0.6
Take bath salts (synthetic stimulants) occasionally	—	—	—	—	—	—	45.0	69.9	68.8	67.4	64.2	61.5	60.7	-0.9
Try sedatives (barbiturates) once or twice <sup>f</sup>	28.0	27.9	25.9	29.6	28.0	27.8	27.8	29.4	29.6	28.9	27.4	26.9	26.3	-0.6
Take sedatives (barbiturates) regularly <sup>f</sup>	56.8	55.1	50.2	54.7	52.1	52.4	53.9	53.3	50.5	50.6	47.0	44.0	45.1	+1.1
Try one or two drinks of an alcoholic beverage (beer, wine, liquor)	9.3	10.5	10.0	9.4	10.8	9.4	8.7	9.9	8.6	10.3	9.5	9.3	10.2	+0.9
Take one or two drinks nearly every day	25.3	25.1	24.2	23.7	25.4	24.6	23.7	23.1	21.1	21.5	21.6	21.6	22.8	+1.2
Take four or five drinks nearly every day	63.4	61.8	60.8	62.4	61.1	62.3	63.6	62.4	61.2	59.1	59.1	58.7	59.1	+0.4
Have five or more drinks once or twice each weekend	47.6	45.8	46.3	48.0	46.3	47.6	48.8	45.8	45.4	46.9	48.4	45.7	44.7	-0.9
Smoke one or more packs of cigarettes per day	77.6	77.3	74.0	74.9	75.0	77.7	78.2	78.2	78.0	75.9	76.5	74.9	73.9	-1.1
Use electronic cigarettes (e-cigarettes) regularly <sup>g</sup>	—	—	—	—	—	—	—	—	14.2	16.2	18.2	16.1	18.0	+2.0
Vape an e-liquid with nicotine occasionally <sup>h</sup>	—	—	—	—	—	—	—	—	—	—	—	16.4	15.8	-0.6
Vape an e-liquid with nicotine regularly <sup>h</sup>	—	—	—	—	—	—	—	—	—	—	—	27.0	27.7	+0.7
Smoke little cigars or cigarillos regularly	—	—	—	—	—	—	—	—	38.3	39.7	39.5	38.2	42.5	+4.4 s
Use smokeless tobacco regularly	45.9	44.0	42.9	40.8	41.2	42.6	44.3	41.6	40.7	38.5	38.1	38.4	40.2	+1.8
Take steroids	60.2	57.4	60.8	60.2	59.2	61.1	58.6	54.2	54.6	54.4	54.5	49.1	50.1	+1.0
Approximate weighted N = 2,407 2,450 2,389 2,290 2,440 2,408 2,331 2,098 2,067 2,174 1,988 1,919 1,976														

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