New trends in teen smoking, e-cigarettes in 2015

ANN ARBOR—This year's Monitoring the Future study, conducted by University of Michigan researchers, revealed three significant findings related to teen smoking and inhaling. They are:

- **Teen cigarette use drops to historic lows in 2015**
- **Cigarillo use increases estimates of teen smoking rates by half**
- **Most youth use e-cigarettes for novelty, flavor—not to quit smoking**

These findings come from the 2015 nationwide Monitoring the Future study, which annually tracks trends in substance use among 8th-, 10th- and 12th-graders. The study surveys more than 40,000 students in about 400 secondary schools each year throughout the contiguous United States and is in its 41st continuous year. It is sponsored by the National Institute on Drug Abuse.