# MONITORING the FUTURE

## National Survey Results on Drug Use, 1975-2022: Secondary School Students

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# MONITORING THE FUTURE NATIONAL SURVEY RESULTS ON DRUG USE, 1975–2022: SECONDARY SCHOOL STUDENTS

by

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#### **Chapter 1**

#### INTRODUCTION

Substance use is a leading cause of preventable morbidity and mortality; it is in large part why, among 17 high income nations, people in the U.S. have the highest probability of dying by age 50.<sup>1,2,3</sup> Substance use is also an important contributor to many social ills including domestic violence, violence more generally, theft, suicide, and more—and it typically is initiated during adolescence. It warrants our sustained attention.

Monitoring the Future (MTF) is designed to give such attention to substance use among the nation's youth and adults. It is an investigator-initiated study that originated with, and is conducted by, a team of research professors at the University of Michigan's Institute for Social Research. Since its onset in 1975, MTF has been funded continuously by the National Institute on Drug Abuse—one of the National Institutes of Health—under a series of peer reviewed, competitive research grants. The 2022 survey, reported here, is the 48<sup>th</sup> consecutive national survey of 12<sup>th</sup> grade students and the 32<sup>nd</sup> national survey of 8<sup>th</sup> and 10<sup>th</sup> grade students (who were added to the study in 1991).

MTF contains ongoing national surveys of both adolescents and adults in the United States. It provides the nation with a vital window into the important but often hidden problem behaviors of use of illegal drugs, alcohol, tobacco, and psychotherapeutic drugs (used without a doctor's orders). For more than four decades, MTF has helped provide a clearer view of the changing topography of these problems among adolescents and adults, a better understanding of the dynamics of factors that drive some of these problems, and a better understanding of some of their consequences. It has also given policymakers, government agencies, and nongovernmental organizations (NGOs) in the field some practical approaches for intervening.

A widespread epidemic of illicit drug use emerged in the 1960s among U.S. youth, and since then dramatic changes have occurred in the use of nearly all types of illicit drugs, as well as alcohol and tobacco. Of particular importance, as discussed in detail below, are the many new illicit drugs that have emerged, along with new forms of alcoholic beverages and nicotine products. Among the substances that have arisen over the life of the survey are new classes of drugs that include vaping devices, hookah smoking, synthetic marijuana, and drugs taken for strength enhancement. New devices and methods for taking drugs, such as vaporizers and e-cigarettes, provide novel ways to use substances and use them in new combinations. Unfortunately, the number of new substances added to the list over the years substantially outnumbers the number removed because so many substances remain in active use. Throughout these many changes, substance use among the nation's youth has remained a major concern for parents, teachers, health professionals, law

<sup>&</sup>lt;sup>1</sup> Case, A. & Deaton, A. (2015). Rising morbidity and mortality in midlife among white non-Hispanic Americans in the 21st century. Proceedings of the National Academy of Sciences, 112(49), 15078-15083.

<sup>&</sup>lt;sup>2</sup> Murphy, S. L., Xu, J., Kochanek, K. D., & Arias, E. S. (2020). Mortality in the United States, 2019. NCHS Data Brief, no 395. Hyattsville, MD: National Center for Health Statistics.

<sup>&</sup>lt;sup>3</sup> Esser, M. B., Leung, G., Sherk, A., Bohm, M. K., Liu, Y. Lu, H., & Naimi, T. S. (2022). Estimated deaths attributable to excessive alcohol use among US adults aged 20 to 64 years, 2015 to 2019. JAMA Network Open, 5(11), e2239485.

enforcement, and policymakers, largely because substance misuse is one of the largest and yet most preventable causes of morbidity and mortality during and after adolescence.

The MTF annual monograph series is a key vehicle for disseminating MTF's epidemiological findings. In addition to this monograph, the series includes an <u>Overview</u> that is an executive summary of the year's key results; a separate, annual monograph that presents prevalence and trends among U.S. adults ages 19 to 60, including both college students and young adults who are not attending college (scheduled for publication August 1, 2023); and an additional, periodic monograph that presents information on risk and protective behaviors for HIV among young adults. All MTF publications, including press releases, are available on the project website at <a href="https://www.monitoringthefuture.org">www.monitoringthefuture.org</a>.

#### **CONTENT AREAS COVERED**

Two of the major topics included in the present monograph are (a) the *prevalence and frequency* of use of a great many substances, both licit and illicit, among U.S. secondary school students in 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grades and (b) *historical trends* in use by students in those grades. Distinctions are made among important demographic subgroups in these populations based on gender, college plans, region of the country, population density, parent education, and race/ethnicity. MTF has demonstrated that key attitudes and beliefs about drug use are important determinants of usage trends, in particular the amount of risk to the user perceived to be associated with the various drugs and disapproval of using them; thus, those measures also are tracked over time, as are students' perceptions of certain relevant aspects of the social environment—in particular, perceived availability of each drug, peer norms about their use, use by friends, and exposure to use by others of the various drugs. Data on grade of first use, noncontinuation of use, trends in use in lower grades (based on retrospective reports), and intensity of use are also reported here.

#### **Drug Classes**

Initially, 11 separate classes of drugs were distinguished in order to heighten comparability with a parallel series of publications based on the National Survey of Drug Use and Health (NSDUH, formerly titled the National Household Survey of Drug Abuse): marijuana (including hashish), inhalants, hallucinogens, cocaine, heroin, narcotics other than heroin (both natural and synthetic), amphetamines, sedatives, tranquilizers, alcohol, and tobacco. Separate statistics have been presented for a number of subclasses of drugs within these more general categories: PCP and LSD (both hallucinogens), barbiturates and methaqualone (both sedatives), methamphetamine, crystal methamphetamine ("ice"), and crack and cocaine other than crack.

In the years since the study was launched, many additional categories of substances have been added to the MTF questionnaires—in many but not all cases in all three grades. Relatively fewer substances have been dropped due to their reaching very low prevalence. The substances added and dropped are shown in Table 1-1 sequentially by year and within year by the grade levels affected.

The large number of substances added over the years illustrates the dynamic and multidimensional nature of the country's drug problems. As time passes and new trends develop, additional drugs will be added to the study's coverage; occasionally ones that fall to low prevalence levels (such as bath salts, "look-alike" pseudo-amphetamines, kreteks, bidis, PCP, and Provigil) are dropped. It is

important, given this rapidly shifting variety of drugs, that information be gathered and reported relatively quickly to inform legislators, regulatory agencies, scientists, practitioners in the field, parents, and educators about the extent to which newer drugs are making inroads in the youth population and what subgroups are proving most vulnerable.

Most of the information reported here deals with illicit use of controlled substances. The major exceptions are alcohol, vaping, cigarettes, other tobacco products, inhalants, nonprescription stimulants, medicines taken appropriately by prescription in the treatment of ADHD, creatine, cough and cold medicines, and salvia. In the questions about nonmedical use of psychotherapeutic drugs, respondents are asked to exclude any use with a doctor's order.

Throughout this report, we also focus attention on drug use at high frequency levels in addition to reporting proportions that have ever used various drugs. This is done to help differentiate levels of seriousness, or extent, of drug involvement. While there is no scientific or public consensus on what levels or patterns of use constitute misuse, there is a consensus that higher levels of use are more likely to have detrimental effects for the user and for society. We have indirect measures of dosage per occasion by asking respondents about the duration and intensity of highs they usually experience with each type of drug. These items have shown some interesting trends over the years, detailed in Chapter 7.

#### Attitudes, Beliefs, and Early Experiences

Separate sections or whole chapters are devoted to the following issues related to a number of licit and illicit drugs:

- grade of first use;
- noncontinuation of use;
- respondents' own attitudes and beliefs about specific drugs;
- degree and duration of the highs attained;
- perceptions of availability of the drug; and
- perceptions of attitudes and behaviors of others in the social environment.

Some of these variables have proven to be very important in explaining changes in use, as we discuss in detail in Chapter 8.

#### **Over the Counter Substances**

Included in this monograph are trends in the use of nonprescription stimulants, including diet pills and stay-awake pills, cough medicines, and the performance enhancing substances of anabolic steroids, androstenedione (andro), and creatine.

#### **Cumulative Lifetime Daily Marijuana Use**

Also included are trend results from a set of questions about cumulative lifetime marijuana use at a daily or near-daily level. These questions were added to enable us to develop a more complete individual history of daily use over a period of years. They reveal some important facts about frequent users of this drug.

#### Trends in Use of Specific Alcoholic Beverages

Twelfth grade data are reported for a wide spectrum of substances, including beer, liquor, wine, and flavored alcoholic beverages. (For 8<sup>th</sup> and 10<sup>th</sup> graders, the measures of specific alcoholic substances are restricted to beer and wine coolers, though the category of wine coolers was dropped from the questionnaires in 2004 to make space for the more general class of flavored alcoholic beverages.) Results on these various substances are discussed in Chapters 4 and 5. We present trends on alcohol use as well as on most other substances among demographic subgroups and for specific classes of alcoholic beverages in a separate, accompanying publication.<sup>4</sup>

#### **Sources of Prescription Drugs**

MTF documents trends in prescription-type psychotherapeutic drugs used without medical supervision. Since 2008, Chapters 4 and 5 also contain estimates of the proportion of 12<sup>th</sup> grade students who use *any* psychotherapeutic drug nonmedically in each prevalence period; these estimates can be made only for 12<sup>th</sup> graders, because estimates of use of sedatives and narcotics other than heroin are not reported for students in the lower grades due to concerns about the validity of their reports of these substances.

#### **Synopses of Other MTF Publications**

Chapter 10 contains short synopses of other MTF publications produced during the past year (journal articles, chapters, occasional papers, etc.). References to the full documents are provided, and many are available on the MTF website.

#### **Appendices**

Appendix A addresses the issue of whether absentees and school dropouts affect MTF results and, if so, to what extent. For illustrative purposes, the appendix provides estimates of prevalence and trends adjusted for these missing segments of the population for marijuana, cocaine, any illicit drug use, cigarettes, and alcohol.

Appendix B gives the definitions of the various demographic subgroups discussed.

Appendix C provides trends since 1991 in drug use for the *three grades combined*, as well as the absolute decline and the proportional decline in the prevalence of each drug since the most recent *peak* level. Such tables are helpful in getting a quick read on the trends. By combining the three grades, however, much of the meaningful detail available from grade-specific estimates is lost, including evidence of cohort effects.

Earlier versions of this monograph contain two appendices that have since been discontinued. In years 2017 and earlier an appendix reported information on how to calculate confidence intervals for point estimates and how to calculate statistics that test the statistical significance of changes over time or of differences between subgroups. This appendix is no longer necessary with the opening of MTF's secure remote portal at the <a href="National Addiction and HIV Data Archive Program">National Addiction and HIV Data Archive Program</a>, which now allows researchers to compute such statistics directly using MTF weights and clustering

<sup>&</sup>lt;sup>4</sup> Johnston, L. D., Miech, R. A., Patrick, M. E., O'Malley, P. M., Bachman, J. G, & Schulenberg, J. E. (2023). <u>Demographic subgroup trends among adolescents in the use of various licit and illicit drugs, 1975-2022</u>. Monitoring the Future Occasional Paper No. 99. Ann Arbor, MI: Institute for Social Research, University of Michigan.

variables, after completing an application process that includes a signed pledge to protect the confidentiality of the data. Interested readers may refer to earlier monographs for the information they provide about design effects and how their computational influence varies by substance. They are listed under Results>Publications on the study website: <a href="https://www.monitoringthefuture.org">www.monitoringthefuture.org</a>.

Versions of this monograph before 2022 included an appendix that reported trends in specific drugs that fall under the omnibus categories of amphetamines, hallucinogens other than LSD, tranquilizers, narcotics other than heroin, and sedatives (barbiturates). For example, among 12<sup>th</sup> grade students who reported use of a hallucinogen other than LSD the survey asked a randomly-selected group to mark which specific drugs they had used, such as psilocybin ("shrooms") and/or peyote. This appendix was discontinued because the 12-month prevalence of each of the omnibus categories fell below 3% in 2022, resulting in even smaller numbers of users of the constituent drugs and, consequently, unstable estimates. The questions remain on the survey, and this appendix will be reinstated if prevalence increases in the coming years.

#### PURPOSES AND RATIONALE FOR THIS RESEARCH

Perhaps no social problem has proven more clearly appropriate for and in need of the application of systematic research and reporting than that of substance misuse. Substance use behaviors are often hidden from public view, can change rapidly and frequently, and are of great importance to the wellbeing of the nation. Many legislative and programmatic interventions are aimed at these behaviors, such as the policies that were put into place in response to the increases in adolescent smoking and illicit drug use we reported in the 1970s and then again in the 1990s as a relapse in the drug epidemic unfolded.

Young people are often at the leading edge of social change, and this has been particularly true of drug use. The substantial changes in drug use during the last 50 or so years have proven to be largely a youth phenomenon. MTF documented that the relapse in the drug epidemic in the early 1990s initially occurred almost exclusively among adolescents. Adolescents and adults in their 20s fall into the age groups at highest risk for illicit drug use. Moreover, use that begins in adolescence sometimes continues well into adulthood. This is indicated in the cohort effects that we report for a number of substances (and even in some attitudes and beliefs about them). The original epidemic of illicit drug use in the 1960s began on the nation's college campuses and then spread downward in age. By way of contrast, MTF has shown that the relapse phase in the 1990s first manifested itself among secondary school students and then started moving upward in age as those cohorts matured.

One purpose of MTF is to develop an accurate description of these important changes as they are unfolding. An accurate picture of the basic size and contours of the substance use problem among youth in the U.S. is a prerequisite for informed public debate and policymaking. In the absence of reliable *prevalence* data, substantial misconceptions can develop and resources can be misallocated. In the absence of reliable *trend* data, early detection and localization of emerging problems are more difficult and societal responses more lagged. For example, MTF provided early evidence that cigarette smoking among U.S. adolescents was rising sharply in the early 1990s, which helped stimulate and support some extremely important policy initiatives that culminated in the tobacco settlement between the tobacco industry and the states. MTF documented and described the sharp rise and subsequent decline in ecstasy use and earlier in cocaine use, illustrating

the important role that *perceived risk* played in these changes, as it has done for a number of other drugs in the past. The study also helped draw attention to the rise in steroid and androstenedione use among adolescents in the late 1990s, resulting in legislative and regulatory action. It exposed a rise in the use of narcotic drugs other than heroin (especially certain prescription-type analgesics), stimulating an initiative at the White House Office of National Drug Control Policy aimed at reducing use. More recently, MTF has become a key source of information on vaping, and MTF results are cited by the FDA in its recent <u>regulations</u> prohibiting all flavoring of vaping cartridges except tobacco and menthol. In addition to enabling early detection and localization of problems, valid trend data make assessments of the impact of major historical and policy-induced events much less conjectural.

The accurate empirical comparison of subgroup differences has challenged conventional wisdom in some important ways. Accurately characterizing not only differences but also differential changes among subgroups has been an important scientific contribution from MTF. For example, dramatic racial/ethnic differences in cigarette smoking emerged during the life of the study—differences that were almost nonexistent when MTF began in 1975. Further, the misinformed assumption by some that Black students use illicit drugs more than do White students has been disconfirmed since the beginning of the study, which shows lower levels of use for African-American students in most years, though these differences have been narrowing in recent years as overall use of many substances declined, thus leaving less room for differences.

MTF also monitors a number of factors—peer norms regarding drugs, beliefs about the dangers of drugs, and perceived availability—that help explain the historical changes observed in drug use. Monitoring these factors has made it possible to examine a central policy issue in this nation's efforts to reduce drug use—namely, the relative importance of supply versus demand factors in bringing about some of the observed declines and increases in drug use. Our group has also put forth a general theory of drug epidemics that uses many of these concepts to help explain the rises and declines that occur in use and emphasizes the importance of demand-side factors.

In addition to accurately assessing prevalence and testing explanations of their causes, the integrated MTF study of adolescents and adults has a substantial number of other important research objectives that are addressed in our other publications. These include (a) assessing the impact of historical events such as the COVID-19 pandemic on population levels of substance use; (b) helping to determine which young people are at greatest risk for developing various short and long term patterns of drug misuse; (c) gaining a better understanding of the lifestyles and value orientations associated with various patterns of drug use and monitoring how subgroup differences shift over time; (d) determining the immediate and more general aspects of the social environment associated with drug use and misuse; (e) determining how major transitions in the social environment (e.g., entry into military service, civilian employment, college, working, unemployment) or in social roles (e.g., engagement, marriage, pregnancy, parenthood, divorce, remarriage) affect changes in drug use; (f) determining the life course trajectories and comorbidity of the various drug-using behaviors from early adolescence to middle and later adulthood and

<sup>5</sup> Other major studies have adopted many of these measures including the National Survey on Drug Use and Health (NSDUH) and the European school surveys of substance use in nearly forty European countries (ESPAD), which is largely modeled after Monitoring the Future.

<sup>&</sup>lt;sup>6</sup> See Johnston, L. D. (1991). <u>Toward a theory of drug epidemics.</u> In R. L. Donohew, H. Sypher, & W. Bukoski (Eds.), *Persuasive communication and drug abuse prevention* (pp. 93–132). Hillsdale, NJ: Lawrence Erlbaum.

distinguishing such age effects from cohort and period effects; (g) determining the effects of social legislation, such as marijuana legalization, the long term effects of the Master Tobacco Settlement Agreement of 1998, and Tobacco 21 legislation on various types of substance use; (h) examining possible consequences of using various drugs; (i) examining linkages between educational success or failure and substance use; and (j) determining the changing connotations of drug use and changing patterns of multiple drug use among youth. Readers interested in publications dealing with any of these topics should visit the MTF website at <a href="https://www.monitoringthefuture.org">www.monitoringthefuture.org</a>.

The differentiation of age, period, and cohort effects in the use of various substances has been a particularly important contribution of MTF and one for which the study's cohort-sequential research design is especially well suited.

Since 2004, we have also been reporting about factors related to the spread of HIV. These factors include number of sexual partners, gender of sexual partners, condom use, injection drug use, injection drug use using shared needles, illicit drug and alcohol use more generally, and getting tested for HIV. Most of the research objectives listed above for licit and illicit drug use can also be addressed in relation to these very important behaviors. Our emphasis is on measuring and reporting prevalence and trends in HIV related behaviors in the general population of young adults ages 19–30 who are high school graduates. We have also been measuring the extent to which these various risk and protective behaviors are correlated.

Our efforts over the years and going into the future cover both the epidemiology and etiology of substance use and related risk behaviors. Including both sets of efforts within the same large scale study, and keeping measurement consistent across historical and developmental time, allows us to provide the nation with scientifically reliable, nationally representative estimates of historical trends of substance use as well as the developmental trends and possible causes, correlates, and consequences of substance use and other risk behaviors from adolescence through adulthood.

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<sup>&</sup>lt;sup>7</sup> For an elaboration and discussion of the full range of MTF research objectives in the domain of substance use, see Johnston, L. D., O'Malley, P. M., Schulenberg, J. E., Bachman, J. G., Miech, R. A., & Patrick, M. E. (2016). *The objectives and theoretical foundation of the Monitoring the Future Study* (Monitoring the Future Occasional Paper No. 84). Ann Arbor, MI: Institute for Social Research, University of Michigan.

TABLE 1-1
Added and Deleted Prevalence of Use Questions for 8th, 10th, and 12th Graders

Drug Name	Year in which added	Grades in which added		Year in which dropped	Grades in which dropped			
<u>Brag Name</u>	WINOIT added	8th	10th	12th	Willon dropped	8th	10th	12th
PCP	1979			X	2014 <sup>c</sup>			X
Nonprescription Diet Pills	1982			Χ				
Stay-Awake Pills	1982			Χ				
Smokeless Tobacco <sup>a</sup>	1986, 1992			Х	1990			Χ
Crack <sup>b</sup>	1986–1987, 1990			Χ				
Cocaine other than Crack	1987			Χ				
Steroids	1989			X				
Crystal Methamphetamine (Ice)	1990			X				
Been Drunk	1991			Χ				
Ecstasy (MDMA)	1996	Х	Х	Χ				
Rohypnol	1996	X	Χ	Χ	2002 <sup>h</sup>			Χ
Methamphetamine	1999	Х	Х	Χ				
GHB	2000	X	Χ	Χ	2012 <sup>i</sup>	Χ	Χ	
Ketamine	2000	Х	Х	Χ	2012 i	Χ	Χ	
Androstenedione	2001	X	Χ	Χ	2016 <sup>i</sup>	Χ	Χ	
Creatine	2001	Х	Х	Χ				
Ritalin	2001	X	Χ	Χ				
OxyContin	2002	Х	Х	Χ				
Vicodin	2002	X	Χ	Χ				
Flavored Alcoholic	2003			Χ				
Beverages (Alcopops) d	2004	X	Χ					
ADHD Stimulant-type drug—prescribed	2005	X	Χ	X				
ADHD Non-stimulant-type drug—prescribed	2005	Х	Х	Χ				
Any Prescription Drug—not prescribed <sup>e</sup>	2005			Χ				
10+ drinks in a row in past two weeks	2005			X				
·	2016	X	X					
15+ drinks in a row in past two weeks	2005			Χ				
Over-the-counter Cough/Cold Medicines	2006	Х	Χ	Χ				
Adderall	2009	X	Χ	Χ				
Salvia	2009			Х				
	2010	X	X					
Tobacco using a Hookah	2010, 2016			Χ				
	2016	X	Χ					
Small Cigars	2010			Χ				
Energy Drinks	2010	X	Χ	Χ				
Energy Shots	2010	Х	Χ	X				
Synthetic Marijuana <sup>g</sup>	2011			Χ				
	2012	X	Χ					
Alcohol Beverages containing Caffeine f	2011	X	Χ	Χ				
Dissolvable Tobacco Products	2011			Χ				
	2012	X	Χ					
Snus	2011			Χ				
	2012	Χ	Χ					
Large Cigars	2014	Χ	Χ	Χ				
Flavored Little Cigars	2014	Χ	Χ	Χ				
Regular Little Cigars	2014	Χ	Χ	Χ				

(Table continued on next page.)

## TABLE 1-1 (cont.) Added and Deleted Prevalence of Use Questions for 8th, 10th, and 12th Graders

	Year in	Grades in		Year in	G	Grades in		
	which added	which added		which dropped	whi	which dropped		
		<u>8th</u>	<u>10th</u>	<u>12th</u>		<u>8th</u>	<u>10th</u>	<u>12th</u>
Vaping Nicotine	2017	X	Χ	Χ				
Vaping Marijuana	2017	Χ	Χ	Χ				
Vaping Just Flavoring	2017	X	Χ	Χ				
Marijuana Under a Doctor's Orders	2017	X	Χ	Χ				
Methaqualone	1975			Χ	1990/2013			X
Nitrites	1979			Χ	2010			Χ
Provigil	2009			Χ	2012			X
Bidis	2000	X	X		2006	Χ	X	
	2000			Χ	2011			Χ
Kreteks	2001	X	Χ		2006	Χ	Χ	
	2001			Χ	2015			X
Electronic Vaporizors	2015	X	Χ	Χ	2017	Χ	Χ	Χ
Look-Alikes	1982			Χ	2018			X
Bath Salts (synthetic stimulants)	2012	Х	Χ	Χ	2019	Χ	Χ	Χ
Powdered Alcohol	2016	X	Χ	Χ	2020	Χ	Χ	X
Heroin With a Needle	1995	Х	Χ	Χ	2022	Χ	Χ	Χ
Heroin Without a Needle	1995	X	Χ	Χ	2022	Χ	Χ	Χ
JUUL	2019	X	Χ	Χ	2022	Χ	Χ	Χ

Source. The Monitoring the Future study, the University of Michigan.

Note. All prescription-type drugs listed refer to use without a doctor's orders, unless otherwise noted.

<sup>&</sup>lt;sup>a</sup>Smokeless tobacco was added to one questionnaire form in 1986, dropped in 1990, then added to a different questionnaire form in 1992.

<sup>&</sup>lt;sup>b</sup>A question on annual use of crack was added to a single form in 1986. The standard triplet questions (lifetime, annual, and 30-day use) were added to two forms in 1987 and to all forms in 1990.

<sup>&</sup>lt;sup>c</sup>For 12th grade only: Lifetime and 30-day prevalence of use questions were dropped in 2002. A question on annual use remains in the study.

<sup>&</sup>lt;sup>d</sup>For 12th grade only: A question on annual use of Alcopops was added to a single form in 2003. In 2004 it was replaced by the standard triplet questions (lifetime, annual, and 30-day use) about use of flavored alcoholic beverages.

<sup>&</sup>lt;sup>e</sup>For 12th grade only: The use of any prescription drug includes use of any of the following: amphetamines, sedatives (barbiturates), narcotics other than heroin, or tranquilizers...without a doctor telling you to use them.

<sup>&</sup>lt;sup>f</sup>For all grades: In 2012 the alcoholic beverages containing caffeine question text was changed. See text for details.

<sup>&</sup>lt;sup>9</sup>For all grades: Questions on the annual use of synthetic marijuana were added to the survey in the year specified in the table.

<sup>&</sup>lt;sup>h</sup>For 12th grade only: Lifetime and 30-day prevalence of use questions were dropped in 2014. A question on annual use remains in the study. <sup>i</sup>Only 8th and 10th grade questions were dropped from the study.

#### **Chapter 2**

#### **KEY FINDINGS IN 2022**

Monitoring the Future (MTF), now having completed its 48<sup>th</sup> year of data collection, has become one of the nation's most relied upon scientific sources of valid information on trends in use of licit and illicit psychoactive drugs by U.S. adolescents, college students, young adults, and adults up to age 60. During the last four decades, the study has tracked and reported on the use of an evergrowing array of such substances in these populations of adolescents and adults.

The annual MTF series of monographs is one of the primary mechanisms through which the epidemiological findings are reported. Findings from the inception of the study in 1975 through 2022 are included—the results of 48 national in-school surveys and 46 national follow-up surveys.

MTF has conducted in-school surveys of nationally representative samples of (a) 12<sup>th</sup> grade students each year since 1975 and (b) 8<sup>th</sup> and 10<sup>th</sup> grade students each year since 1991. In addition, beginning with the class of 1976, the study has conducted follow-up surveys of representative subsamples of the respondents from each previously participating 12<sup>th</sup> grade class. These follow-up surveys now continue well into adulthood, currently up to age 60. This monograph focuses on the results from the in-school surveys of 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade students; a companion report on the panel study results<sup>1</sup> focuses on the follow-up surveys from ages 19 to 60.

MTF is designed to detect age, period, and cohort effects in substance use and related attitudes. Age effects are similar changes at similar ages seen across multiple class cohorts; they are common during adolescence. Period effects are changes that are parallel over a number of years across multiple age groups (in this case, all three grades under study—8, 10, and 12). Cohort effects are substance use behaviors or attitudes that distinguish a class cohort from others that came before or after them and are maintained as the cohort ages.

Below we summarize key findings for use of various substances by U.S. 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders in 2022. In addition, the text below also refers to analyses for all three grades combined, the results of which are presented in Appendix D.

The survey results divide neatly into the time periods before and after the onset of the COVID-19 pandemic. All surveys in 2020 were completed before March 15, when national social distancing policies were enacted and data collection was halted due to pandemic concerns. Consequently, results from 2020 and previous years are pre-pandemic, while results from 2021 and 2022 took place after the onset of the pandemic and the associated national response.

<sup>&</sup>lt;sup>1</sup> Patrick, M. E., Schulenberg, J. E., Miech, R. A., Johnston, L. D., O'Malley, P. M., & Bachman, J. G. *Monitoring the Future Panel Study annual report: National data on substance use among adults ages 19 to 60, 1976-2021.* Monitoring the Future Monograph Series. University of Michigan Institute for Social Research: Ann Arbor, MI. Prior year versions are available at the MTF website.

#### **EXECUTIVE SUMMARY**

## Lowered Levels after Pandemic Onset Continued for Some Substances While Others Bounced Back in 2022

Levels of adolescent **cannabis use** and **nicotine vaping** decreased after the onset of pandemic in 2021, and these lowered levels of use continued into 2022. In contrast, levels of **alcohol use** significantly increased between 2021 and 2022, returning to pre-pandemic levels. These three substances have the highest levels of use among adolescents.

The percentage of 12<sup>th</sup> grade students who used **cannabis** (or marijuana) in the past 12 months in 2022 was 31%, as it was in 2021. In both these years the survey took place after the onset of the pandemic. These levels are significantly lower than they were during the pre-pandemic years of 2020 and 2019, when prevalence levels were 35% and 36%, respectively. The decline from 35% in 2020 to 31% in 2021 is the largest one-year decline among 12<sup>th</sup> grade students ever recorded in the 48 years of the survey for this measure.

The percentage of 12<sup>th</sup> grade students who **vaped nicotine** within the last 12 months in 2022 was 27%, as it was in 2021. In both these years the survey took place after the onset of the pandemic. These levels are significantly lower than they were during pre-pandemic years of 2020 and 2019, when the prevalence level was 35% in both years. The decline from 35% in 2020 to 27% in 2021 is the largest one-year decline recorded for 12<sup>th</sup> grade students since the survey began tracking nicotine vaping in 2017.

The percentage of 12<sup>th</sup> grade students who used **alcohol** within the last 12 months in 2022 was 52%. This is a statistically significant increase from the 2021 level of 47%. With this increase, prevalence in 2022 returned to pre-pandemic levels and does not significantly differ from the 55% level recorded in 2020 (or the 52% level of 2019).

All these trends were similar in MTF's nationally-representative samples of  $8^{th}$  and  $10^{th}$  grade students.

The results for cannabis and nicotine vaping suggest at least two different scenarios. First, it is possible that the factors that disrupted and lowered drug use during the pandemic in 2021 continued into 2022. These include disruptions in adolescents' ability to use drugs outside of parental supervision, to obtain drugs, and to interact with friends who use drugs and may encourage drug use. Second, an alternative scenario is that a one-year delay or halt in drug use during adolescence may lower adolescents' drug use levels for the rest of their lives. This could occur if absence of drug use reduces involvement with peer groups that encourage the use of drugs, and/or these adolescents have been spared psychological or neurological changes that increased their susceptibility for future drug use. In future years we will be able to see which of these two scenarios plays out.

The results for alcohol indicate that the dip in prevalence last year was fleeting and that alcohol use is back to where it was before the pandemic. For alcohol use, a one-year delay in use appears to have little long-term effect on adolescent alcohol use prevalence, at least at the population level.

Additional, notable changes in adolescent substance use took place in 2022. Among 12<sup>th</sup> grade students significant increases in 12<sup>th</sup> grade took place for past 30-day use of **cocaine**, **hallucinogens**, and **heroin**, as well as past 12-month use of **prescription opioids**. With these increases, levels of use for these substances returned to pre-pandemic levels—but did not surpass them.

Use of **anabolic steroids** outside of a doctor's supervision in the past 30 days significantly increased in 2022 for 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders. In addition, past 12-month use of **creatine**—a nutrient used to reduce recovery time of muscles and increase muscle mass—also increased in 10<sup>th</sup> and 12<sup>th</sup> grade. Use of **androstenedione** (a controlled, performance-enhancing substance) without a doctor's orders in the past 12 months also significantly increased among 12<sup>th</sup> grade students. Taken together, these findings suggest some adolescents have increased their involvement in fitness and weightlifting since the pandemic, and with this increase has come an increased need to prevent adolescents from unsupervised use of these substances, which can potentially lead to serious harm and even death.

Among 12<sup>th</sup> grade students, prescribed use of **medications for ADHD** (attention-deficit/hyperactivity disorder) significantly increased in 2022. The percentage of 12th grade students who had ever used these drugs under a doctor's order's increased from 11% in 2021 to 15% in 2022. It is possible that the need for treatment of ADHD increased during the pandemic due to adolescents experiencing more stress. Another possibility is that sheltering at home during the pandemic may have made any attention issues of adolescents more salient to their parents, who then sought out medical care for their children.

#### Chapter 3

#### STUDY DESIGN AND PROCEDURES

Monitoring the Future (MTF) incorporates several survey designs into one study, yielding analytic power beyond the sum of those component parts. The components include cross-sectional studies, repeated cross-sectional studies, and panel studies of individual cohorts and sets of cohorts. The annual cross-sectional surveys provide point estimates of various behaviors and conditions in any given year for a number of subpopulations (e.g., 8<sup>th</sup> graders, 10<sup>th</sup> graders, 12<sup>th</sup> graders, college students, all young adult high school graduates ages 19–30, as well adults ages 35 to 60) and provide point estimates for various subgroups within these different populations. Repeating these annual cross-sectional surveys over time allows an assessment of change across history in consistent age segments of the population, as well as among subgroups. The panel study feature permits the examination of developmental change in the same individuals as they assume adult responsibilities, enter and leave various adult roles and environments, and continue further into adulthood. It also permits an assessment of a number of outcomes later in life that MTF has shown to be linked to substance use in adolescence and beyond.

Finally, with a series of panel studies of sequential graduating class cohorts we are able to offer distinctions among, and explanations for, three fundamentally different types of change: period, age, and cohort. It is this feature that creates a synergistic effect in terms of analytic and explanatory power.<sup>1,2</sup>

This Volume reports results for the 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders, and the accompanying annual report on the panel data<sup>3</sup> reports results those ages 19 to 60. It also focuses specifically on levels and trends in substance use among nationally representative samples of students enrolled in college and among high school graduates the same age not currently enrolled in college.

In 2022 MTF used an electronic questionnaire format for the fourth consecutive year. In both 2021 and 2022 students in 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grades completed a web-based questionnaire on their own electronic devices during class time (which may have been at home if they were schooling remotely, for example as a result of the pandemic). In both 2019 and 2020 students also completed an electronic questionnaire that was connected to the internet, although they completed the survey on electronic tablets that MTF brought to schools. It is no longer necessary for MTF to bring tablets to schools because practically all schools now have internet access and almost all students have electronic devices to complete the MTF questionnaires. In rare cases when these resources are not available at a school, MTF brings electronic devices for students, as well as a mobile server to collect survey responses.

<sup>&</sup>lt;sup>1</sup> Bachman, J. G., Johnston, L. D., O'Malley, P. M., Schulenberg, J. E., & Miech, R. A. (2015). *The Monitoring the Future project after four decades: Design and procedures* (Monitoring the Future Occasional Paper No. 82). Ann Arbor, MI: Institute for Social Research.

<sup>&</sup>lt;sup>2</sup> For a more detailed description of the full range of research objectives of Monitoring the Future, see Johnston, L. D., O'Malley, P. M., Schulenberg, J. E., Bachman, J. G., Miech, R. A., & Patrick, M. E. (2016). *The objectives and theoretical foundation of the Monitoring the Future study* (Monitoring the Future Occasional Paper No. 84). Ann Arbor, MI: Institute for Social Research.

<sup>&</sup>lt;sup>3</sup> Patrick, M. E., Schulenberg, J. E., Miech, R. A., Johnston, L. D., O'Malley, P. M., & Bachman, J. G. (2022). <u>Monitoring the Future Panel Study annual report: National data on substance use among adults ages 19 to 60, 1976-2021</u>. Monitoring the Future Monograph Series. Ann Arbor: Institute for Social Research, The University of Michigan

#### RESEARCH DESIGN AND PROCEDURES FOR THE 12th GRADE SURVEYS

In 2022 the project surveyed 9,599 12<sup>th</sup> grade students in 102 schools distributed throughout the contiguous U.S. Twelfth graders have been surveyed in the spring semester of each year since 1975. Each year's data collection took place in both public and private high schools, which were selected to provide a representative cross-section of 12<sup>th</sup> graders throughout the contiguous U.S. (see Figure 3-1). A sampling statistician directed the selection of schools to ensure the rigor of the sampling procedures.

#### **The Population Under Study**

Senior year of high school is a strategic point at which to monitor drug use and related attitudes of youth. First, completion of high school represents the end of an important developmental period in this society, demarcating both the end of universal education and, for many, the end of living full-time in the parental home. Therefore, it is a logical point at which to take stock of cumulated influences. Further, completion of high school represents a jumping-off point—a point from which young people diverge into widely differing social environments and experiences. Thus senior year is a good time to take a "before" measure, allowing for the subsequent calculation of changes that may be attributable to the environmental transitions occurring in young adulthood, including college attendance, civilian employment, military service, and role transitions such as marriage, parenthood, divorce, etc. Finally, there are some important practical advantages built into the original system of data collections with samples of 12<sup>th</sup> graders. The need for systematically repeated, large-scale samples from which to make reliable estimates of change requires that considerable emphasis be put on cost efficiency as well as feasibility. The last year of high school constitutes the final point at which a reasonably good national sample of an age-specific cohort can be drawn and studied economically.

#### **The Omission of Dropouts**

One limitation in the MTF study design is the exclusion of individuals who drop out of high school before graduation—approximately 6–15% of each age cohort nationally, according to U.S. Census statistics. (The dropout rate has been declining in recent years; 6% is the most recent estimate.<sup>4</sup>) Clearly, the omission of individuals who drop out of high school introduces biases in the estimation of certain characteristics of the entire age group; however, for most purposes, the small proportion of students who drop out sets outer limits on the bias. Further, since the bias should remain relatively constant from one year to the next, their omission should introduce little or no bias in year-to-year change estimates. Appendix A in this volume addresses in detail the likely effects of the exclusion of those who dropped out or were absent in 12<sup>th</sup> grade on estimates of drug use prevalence and trends for the entire age cohort.

#### **Sampling Procedures and Sample Weights**

A multistage random sampling procedure is used to secure the nationwide sample of 12<sup>th</sup> graders each year. Stage 1 is the selection of particular geographic areas, Stage 2 is the selection of one or more high schools in each area (with probability proportionate to the student enrollment size for the grade in question), and Stage 3 is the selection of 12<sup>th</sup> graders within each high school. Up to 500 12<sup>th</sup> graders in each school may be included. In schools with fewer 12<sup>th</sup> graders, the usual

<sup>&</sup>lt;sup>4</sup> U.S. Child Trends Databank. (2018). High school dropout rates. Bethesda, MD.

procedure is to include all of them in the data collection, though a smaller sample is sometimes taken to accommodate the needs of the school (either by randomly sampling entire classrooms or by some other unbiased, random method). Weights are assigned to compensate for differential probabilities of selection at each stage of sampling.

Starting in 2020, to address the smaller sample size in that year as a result of the COVID-19 pandemic and associated greater variability, the analyses were additionally weighted by region of the country (West, Midwest, Northeast and South) and, within each region, by metropolitan/non-metropolitan status. The purpose this weighting is to ensure that the impact of these two factors on the analysis is proportional to their size in the nation. Substance use levels and other demographics did not inform the sampling weights. This same weighting procedure was used for the 8<sup>th</sup> and 10<sup>th</sup> grade students. This post-stratification weighting was continued in 2021 and 2022 for all three grades.

In order to be able to check observed trends in any given one-year interval, schools participate in the study for two consecutive years on a staggered schedule, with one half of them being replaced with a new random half-sample of schools each year. Therefore, in any given year about half of the schools in the sample are participating for the first time and the other half are participating for their second and final year. This three-stage sampling procedure, with annual replacement of half of the sample of schools each year, has yielded the numbers of participating schools and students shown in Table 3-1.

#### **Questionnaire Administration**

Informed consent (active or passive, per school policy) is obtained from parents of students younger than 18 years and from students aged 18 years or older. About three weeks prior to the questionnaire administration date, parents of the target respondents are sent a letter by first-class mail, usually from the principal, announcing and describing the MTF study and providing parents with an opportunity to decline participation of their child if they wish. A flyer outlining the study in more detail is enclosed with the letter. Copies of the flyers are also given to the students by teachers in the target classrooms in advance of the date of administration. The flyers state that participation is entirely voluntary. Institute for Social Research representatives and their assistants conduct the actual questionnaire administrations following standardized procedures detailed in an instruction manual. The questionnaires are administered in classrooms during a normal class period whenever possible; however, circumstances in some schools require the use of larger group administrations. Teachers are asked to remain present in the classroom to help maintain order, but to remain at their desks so that they cannot see students' answers.

#### **Questionnaire Format**

Because many questions are needed to cover all of the many topic areas in the MTF study, the questionnaire content for 12<sup>th</sup> graders is divided into six different questionnaire forms that are randomly distributed to participants to ensure six virtually identical random subsamples. (Five questionnaire forms were used between 1975 and 1988.) About one third of each form consists of key, or "core," variables common to all forms. All demographic variables are contained in this core set of measures. Key drug use variables are also in the core, while many of the specific drugs that have been added over time are not in the core set, but are in one or more forms. Many questions on attitudes, beliefs, and perceptions of relevant features of the social environment are in fewer

forms, and data are thus based on fewer cases—a single form would have one fifth of the total number of cases in 1975–1988 (approximately 3,300 per year) and one sixth of the total beginning in 1989 (approximately 2,500 per year). All tables in this report list the sample sizes upon which the statistics are based, stated in terms of the weighted number of cases.

#### 2019 Estimates

The project's use of two different survey modes in 2019—both electronic tablets and paper-and-pencil—raised the possibility that differences in 2019 estimates in comparison to other years may have stemmed in part from survey mode effects. We examined this possibility in detail, and for drug prevalence estimates we found no evidence of mode effects. Consequently, for all 2019 drug prevalence estimates we report results from the pooled sample of paper-and-pencil and electronic tablet responses.

#### 2020 Estimates

In-school data collection in 2020 was halted on March 15, 2020 as a result of the COVID-19 pandemic. This halt resulted in a sample size about one-quarter the size of a typical data collection. The 2020 in-school data collection was also unique because it was the first year all students recorded their answers on electronic tablets, which MTF brought to the schools. This transition to electronic data collection was part of a plan that included a 2019 MTF administration in which a randomly selected half of schools used traditional paper-and-pencil questionnaires and the other half used electronic tablets. This allowed assessment of potential survey mode effects, and in 2020 and all future years the project will no longer use paper-and-pencil questionnaires.

Detailed analyses of the 2020 results indicated that the curtailed MTF 2020 sample did not differ significantly from the nationally representative results from previous years in terms of sociodemographics and prevalence of use of substances that had stable prevalence in recent years.<sup>6</sup>

#### 2021 Estimates and Beyond

The year 2021 was the first full school year affected by the COVID-19 pandemic and its associated social distancing policies. Anticipating that many students would be schooling remotely, MTF switched to an on-line questionnaire that students completed on their own electronic devices, either at school or at home (if in remote school).

Because the pandemic came on suddenly and unexpectedly, it was not possible for MTF to conduct a randomized-controlled test of the web-survey mode in comparison to electronic tablets. For two reasons we expect that such a test would have shown little to no differences in drug prevalence across the two modes, given that they are similar and both involve electronic devices connected to the internet. First, a 2019 MTF experiment that tested a much more substantial mode difference found no significant effect on drug prevalence estimates. In the 2019 administration, MTF surveyed a randomly-selected half of the schools using electronic tablets and the other half using paper-and-pencil questionnaires and found no mode differences in drug use prevalence.<sup>6</sup> Second, 2021 trends were similar in analyses that used all participants and in analyses that restricted the

<sup>5</sup> Miech, R. A., Couper, M. P., Heeringa, S. G., & Patrick, M. E. (2020). <u>The impact of survey mode on US national estimates of adolescent drug prevalence</u>: <u>Results from a randomized controlled study</u>. *Addiction*, *116*(5), 1144–1151.

<sup>&</sup>lt;sup>6</sup> Miech, R. A., Leventhal, A., Johnston, L., O'Malley, P. M., Patrick, M. E., & Barrington-Trimis, J. (2021). <u>Trends in Use and Perceptions of Nicotine Vaping Among US Youth From 2017 to 2020</u>. JAMA pediatrics, 175(2), 185–190.

analysis pool to the 46% of students who had all their classes in their school building, which suggests that at-home and in-school administrations produced similar results (analyses not shown here). Consequently, in this report we directly compare drug prevalence estimates in 2022 and 2021 with previous years.

However, we cannot rule out possible mode effects for some of the attitudes and beliefs estimates after 2020. Consequently, we do not directly compare these results from 2022 and later years with results from 2020 and beforehand. We note that our cautiousness in comparing to previous years does necessarily mean that the results are not comparable, but only that comparability is not known at this point.

In 2023 and in all future years MTF will continue to use a web-based questionnaire that students answer with their own electronic devices at school.

#### RESEARCH DESIGN AND PROCEDURES FOR THE 8th AND 10th GRADE SURVEYS

In 1991, MTF was expanded to include nationally representative samples of 8<sup>th</sup> and 10<sup>th</sup> grade students surveyed on an annual basis. Separate samples of schools and students are drawn at each grade level. In general, the procedures used for the annual in-school surveys of 8<sup>th</sup> and 10<sup>th</sup> grade students closely parallel those used for 12<sup>th</sup> graders, including the selection of schools and students, questionnaire administration, and questionnaire format. A major exception is that only two different questionnaire forms were used in 8<sup>th</sup> and 10<sup>th</sup> grade from 1991 to 1996, expanding to four forms beginning in 1997. The same four questionnaire forms are used for both 8<sup>th</sup> and 10<sup>th</sup> graders; most of the content is drawn from the 12<sup>th</sup> grade surveys, including the core section. Thus, key demographic variables and measures of drug use and related attitudes and beliefs are generally identical for all three grades. Many fewer questions about other values and attitudes are included in the 8<sup>th</sup> and 10<sup>th</sup> grade forms, in part because we think that many of them are likely to be more fully formed by 12<sup>th</sup> grade and, therefore, are best monitored there.

In 2022, the project surveyed 9,889 8<sup>th</sup> grade students in 104 schools and 11,950 10<sup>th</sup> grade students in 102 schools distributed throughout the contiguous U.S. Each year's data collection took place in both public and private schools, which were selected to provide a representative cross-section of 8<sup>th</sup> graders and 10<sup>th</sup> graders throughout the contiguous U.S. (see Figure 3-1). A sampling statistician directed the selection of schools to ensure the rigor of the sampling procedures.

#### **Anonymity**

Since 1999, all surveys for 8<sup>th</sup> and 10<sup>th</sup> graders have been fully anonymous. In previous years, MTF collected confidential, personal identification information from these respondents, and from 1991 to 1993 this information was used to follow up with 8<sup>th</sup> and 10<sup>th</sup> graders in a manner similar to follow-ups of 12<sup>th</sup> graders (see below).<sup>7</sup> Follow-up of 8<sup>th</sup> and 10<sup>th</sup> graders was discontinued after 1993, precluding the need for further collection of confidential, personal identification information. Considerations supporting a switch to fully anonymous surveys in 8<sup>th</sup> and 10<sup>th</sup> grade included the following: (a) school cooperation might be easier to obtain; and (b) to the extent that

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<sup>&</sup>lt;sup>7</sup> A book reporting results from analyses of these younger panels was published in 2008. See Bachman, J. G., O'Malley, P. M., Schulenberg, J. E., Johnston, L. D., Freedman-Doan, P., & Messersmith, E. E. (2008). *The education–drug use connection: How successes and failures in school relate to adolescent smoking, drinking, drug use, and delinquency.* New York: Lawrence Erlbaum Associates/Taylor & Francis.

collecting contact information had any effect on survey responses such an effect would be removed from the national data, which are widely compared with results of state and local surveys (nearly all of which use anonymous questionnaires), thus making those comparisons more valid.

MTF considered in detail the effects of an anonymous survey as compared to a confidential survey that collected personal identification information. In 1998 the half-sample of 8<sup>th</sup> and 10<sup>th</sup> grade schools beginning their two-year participation in MTF received fully anonymous questionnaires, while the half-sample participating for their second and final year continued to get the confidential questionnaires that had been previously in use by MTF since 1991.

Examination of the 1998 results, based on the two equivalent half-samples at both grades 8 and 10, revealed that there was no effect of anonymous as compared to confidential surveys among  $10^{th}$  graders and only a very modest effect, if any, in self-reported substance use rates among  $8^{th}$  graders (with prevalence levels slightly higher in the anonymous condition). All tables and figures in this volume combine data from both half-samples of  $8^{th}$  graders surveyed in a given year. This is also true for  $10^{th}$  graders, for whom we found no methodological effect, and  $12^{th}$  graders, for whom we assumed no such effect since none was found for  $10^{th}$  graders. (See this chapter's later section entitled "Representativeness and Sample Accuracy" for a further discussion of half-samples among all three grades.)

### **Questionnaire Forms and Sample Proportions**

Beginning in 1997, in order to increase the measurement content in the study of 8<sup>th</sup> and 10<sup>th</sup> graders, the number of forms was expanded from two to four, although they are not distributed in equal numbers. Forms 1, 2, 3, and 4 are assigned to one third, one third, one sixth, and one sixth of the students, respectively. Thus, if a question appears on only one form, it is administered to either one third or one sixth of the sample. A question in two forms may be assigned to one third of the sample (one sixth plus one sixth), one half of the sample (one third plus one sixth), or two thirds of the sample (one third plus one sixth), or five sixths of the sample (one third plus one third plus one sixth). Footnotes to the tables indicate what proportions of all respondents in each grade were asked each question, if that proportion is other than the entire sample. All of the samples, whether based on one or more forms, are random samples and therefore representative of the larger population (the universe) of students at each grade.

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<sup>&</sup>lt;sup>8</sup> We have examined in detail the effects of administration mode using multivariable controls to assess the effects of the change on 8th-grade self-report data. Our findings generally show even less effect than is to be found without such controls. See O'Malley, P. M., Johnston, L. D., Bachman, J. G., & Schulenberg, J. E. (2000). A comparison of confidential versus anonymous survey procedures: Effects on reporting of drug use and related attitudes and beliefs in a national study of students. *Journal of Drug Issues*, 30, 35–54.

#### REPRESENTATIVENESS AND SAMPLE ACCURACY

### **School Participation**

Schools are invited to participate in the MTF study for a two-year period. With very few exceptions, each school participating in the first year has agreed to participate in the second year as well.

Figure 3-2 presents the percentage of geographical stratum in the U.S. where at least one school was successfully surveyed each year. For each grade the U.S. is divided into 72 geographical areas that together are nationally representative. MTF has successfully surveyed a school in 93%+ of the geographic strata every year in each grade, at least until the COVID-19 pandemic that began in 2020. That year the halt of data collection on March 15 reduced the geographic coverage of the survey considerably (as noted in Figure 3-2). Thereafter the coverage recovered substantially, such that in 2022 the percentage of U.S, geographical areas surveyed was 88% in 12<sup>th</sup> grade, 89% in 10<sup>th</sup> grade, and 92% in 8<sup>th</sup> grade.

When an original, randomly-drawn school in a geographic area declines to participate in the survey, a replacement school is selected in the same geographic area. In these cases the replacement is selected to be demographically similar to the original selection. This should almost entirely remove problems of bias in region, urbanicity, and the like that might result from schools that decline to participate. Table 3-2 presents yearly information on the percentage of originally-selected and replacement schools. These percentages declined in 2021, when schools were addressing the COVID-19 pandemic and many did not have the bandwidth to participate in a survey such as MTF. The decline persisted into 2022, when many schools reported to us severe staff shortages as a result of the national economic recovery from the pandemic.

Two questions are sometimes raised about the replacement schools: (a) How do replacements affect the representativeness of the sample? (b) How does variation over time in the percentage of schools that are replacements contribute to changes in estimates of drug use?

Among participating schools, there is very little difference in substance use levels between the sample of participating schools that were original selections, taken as a set, and the schools that were replacements. Averaged over the years 2003 through 2015 for grades 8, 10, and 12 combined, the difference between original schools and replacement schools averaged 0.26 percentage points in the observed prevalence averaged across a number of drug use measures: two indices of annual illicit drug use, the annual prevalence of each of the major illicit drug classes, and several measures of alcohol and cigarette use. For half of the measures prevalence was higher in the replacement selections and in the other half it was higher in the original selections; specifically, out of 39 comparisons (13 drugs and drug indexes for each grade), prevalence was higher in 20 of the original selections and in 19 of the replacement selections.

Potential biases could be subtle, however. If, for example, it turned out that principals of schools with "drug problems" refused to participate, the sample could be biased. And if any other single factor were dominant in school refusals, that reason for refusal might also suggest a source of potential bias. However, the reasons principals give for declining to participate tend to be varied and are often a function of happenstance events specific to that particular year, such as a weather-related event that reduced the number of school days or the fact that the school already committed

to participate in a number of other surveys that year; only very few schools, if any, object specifically to the drug-related survey content.

If it were the case that replacement schools differed substantially in drug use, then which particular schools participated could have a greater effect on estimates of drug use. However, the great majority of variance in drug use lies within schools, not between schools. For example, from 2003 to 2015 for schools with 8<sup>th</sup>, 10<sup>th</sup>, or 12<sup>th</sup> grade students, about 2% to 8% of the variance in smoking cigarettes or drinking alcohol in the past 30 days was between schools. Among the illicit drugs, marijuana showed the largest amount of between-school variation, averaging between slightly less than 4% up to 5% for annual use, and 3% to 4% for 30-day use. Annual prevalence of cocaine use averaged between less than 1% and 1.5%, while prevalence of annual heroin use averaged less than 0.5%. Further, some, if not most, of the between-schools variance is due to differences related to factors such as region and urbanicity, which remain well controlled in the present sampling design.

It is unlikely that replacement schools affect drug trends. If they did, then we would expect noticeable bumps up or down across all substance use estimates as the percentage of replacement schools varied over time. But MTF produces results that are very smooth and generally change in an orderly fashion from one year to the next. Moreover, different substances trend in distinctly different ways. We have observed, for example, marijuana use decreasing while cocaine use was stable (in the early 1980s), alcohol use declining while cigarette use held steady (in the mid- to late 1980s), ecstasy use rising sharply while cocaine use showed some decline (late 1990s, early 2000s); and marijuana use remaining steady while alcohol use hit historic lows (since 2011). Moreover, attitudes and perceptions about drugs have changed variously, but generally in ways quite consistent with the changes in actual use. All of these patterns are explainable in terms of psychological, social, and cultural factors; they cannot be explained by a common factor of changes in percentage of replacement schools.

Of course, there could be some sort of constant bias across the years, but even in the unlikely event that there is, it seems highly improbable that it would be of much consequence for policy purposes, given that it would not affect trends and likely would have a very modest effect on levels of prevalence. Thus, we have a high degree of confidence that school refusals have not seriously biased the survey results.

Nevertheless, securing the cooperation of schools has become increasingly difficult. This is a problem common to the field, not specific to MTF. Therefore, beginning with the 2003 survey, we have provided payment to schools as a means of increasing their incentive to participate. (By that time, several other ongoing school-based survey studies already were using payments to schools.)

At each grade level, half of each year's sample comprises schools that started their participation the previous year, and half comprises schools that began participating in the current year. (Both samples are national replicates, meaning that each is drawn to be nationally representative by itself.) This staggered half sample design is used to check on possible fluctuations in the year-to-year trend estimates due to school turnover. For example, separate sets of one-year trend estimates

<sup>&</sup>lt;sup>9</sup> O'Malley, P. M., Johnston, L. D., Bachman, J. G., Schulenberg, J. E., & Kumar, R. (2006). <u>How substance use differs among American secondary schools</u>. *Prevention Science*, 7, 409–420.

are computed based on students in the half-sample of schools that participated in both 2017 and 2018, then based on the students in the half-sample that participated in both 2016 and 2017, and so on. Thus, each one-year matched half-sample trend estimate derived in this way is based on a constant set of schools (about 65 in 12<sup>th</sup> grade, for example, over a given one-year interval). When the trend data derived from the matched half-sample (examined separately for each class of drugs) are compared with trends based on the total sample of schools, the results are usually highly similar, indicating that the trend estimates are affected little by school turnover or school replacements. Of course, levels of absolute prevalence are not as precisely estimated when the sample is only half the usual size.

### **Student Participation**

In 2022, completed questionnaires were obtained from 86% of all sampled students in 8<sup>th</sup> grade, 84% in 10<sup>th</sup> grade, and 75% in 12<sup>th</sup> grade (see Table 3-1 for response rates in all years). Because students with fairly high rates of absenteeism also report above-average rates of drug use, some degree of bias is introduced into the prevalence estimates by missing the absentees. Much of that bias could be corrected through the use of special weighting based on the self-reported absentee rates of the students who did respond; however, we decided not to use such a weighting procedure because the bias in overall drug use estimates was determined to be quite small, whereas the necessary weighting procedures would have introduced greater sampling variance in the estimates. Appendix A in this report illustrates the changes in trend and prevalence estimates that would result if corrections for absentees had been included.

## **Sampling Accuracy of the Estimates**

Confidence intervals (95%) are provided in Tables 4-1a through 4-1d for lifetime, annual, 30-day, and daily prevalence of use for 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade students. For example, lifetime prevalence of marijuana use for 12<sup>th</sup> graders could theoretically vary by up to ± 2.8 percentage points. The interpretation of this 95% confidence interval is that if we took a large number of samples of this size from the universe of all schools containing 12<sup>th</sup> graders in the contiguous U.S., 95 times out of 100 the sample would yield a result that would be less than 2.8 percentage points divergent from the result we would get from a comparable massive survey of *all* 12<sup>th</sup> graders in *all* schools. Confidence intervals for the other prevalence periods (last 12 months, last 30 days, and current daily use) are generally smaller than those for lifetime use. In general, confidence intervals for 8<sup>th</sup> and 10<sup>th</sup> graders are very similar to those observed for 12<sup>th</sup> graders. Some drugs (smokeless tobacco, Rohypnol, and others, as indicated in the footnotes for Tables 2-1 to 2-4) are measured on only one or two questionnaire forms; these drugs will have larger confidence intervals because they are based on smaller sample sizes.

In 2020, as a result of the smaller sample size, these confidence intervals were wider than they have been in previous years, when confidence intervals averaged  $\pm$  1.4% for lifetime prevalence across a wide variety of drug classes. Because of these larger confidence intervals in 2020, the minimum change in prevalence from 2019 to 2020 that was detectable as statistically significant was larger in 2020 than it was in earlier years.

In 2021 and 2022 sample sizes, and consequently confidence intervals, were closer to their typical size.

The Appendix C of Volume I published in 2017 and earlier years reported information on how to calculate confidence intervals for point estimates and how to calculate statistics that test the significance of changes over time or of differences between subgroups. This appendix is no longer necessary with the opening of MTF's remote portal at the <u>National Addiction and HIV Data Archive Program</u>, which now allows researchers to compute such statistics directly using MTF weights and clustering variables. Interested readers may refer to earlier publications of this monograph for the information it provides about design effects and how their computational influence varies by substance (e.g., see Appendix C here).

#### VALIDITY OF MEASURES OF SELF-REPORTED DRUG USE

Are sensitive behaviors such as drug use honestly reported? Like most studies dealing with sensitive behaviors, we have no direct, totally objective validation of the present measures; however, the considerable amount of existing inferential evidence strongly suggests that the MTF self-report questions produce largely valid data. Here we briefly summarize this evidence.<sup>10</sup>

First, using a three-wave panel design, we established that the various measures of self-reported drug use have a high degree of reliability—a necessary condition for validity. 11 In essence, respondents were highly consistent in their self-reported behaviors from model ages 18 to 22. Second, we found a high degree of consistency among logically related measures of use within the same questionnaire administration. Third, the proportion of 12<sup>th</sup> graders reporting some illicit drug use has reached two thirds of all respondents in peak years and over 80% in some follow-up years, constituting *prima facie* evidence that the degree of underreporting must be very limited. Fourth, 12<sup>th</sup> graders' reports of use by their unnamed friends—about whom they would presumably have considerably less reason to conceal information about use—have been highly consistent with selfreported use in the aggregate, both in terms of prevalence and trends in prevalence, as discussed in Chapter 9. Fifth, we have found self-reported drug use to relate in consistent and expected ways based on theory to a number of other attitudes, behaviors, beliefs, and social situations—strong evidence of "construct validity." Sixth, the missing data levels for the self-reported use questions are only very slightly higher than for the preceding non-sensitive questions, in spite of explicit instructions to respondents immediately preceding the drug section to leave blank those questions they feel they cannot answer honestly. Seventh, an examination of consistency in reporting of lifetime use conducted on the long-term panels of graduating seniors found quite low levels of recanting of earlier reported use of the illegal drugs. 12 There was a higher level of recanting for the psychotherapeutic drugs, suggesting that adolescents may actually overestimate their use of some drugs because of misinformation about definitions, but that this knowledge improves as they get

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<sup>&</sup>lt;sup>10</sup> A more complete discussion may be found in: Johnston, L. D. & O'Malley, P. M. (1985). Issues of validity and population coverage in student surveys of drug use. In B. A. Rouse, N. J. Kozel, & L. G. Richards (Eds.), Self-report methods of estimating drug use: Meeting current challenges to validity (NIDA Research Monograph No. 57 (ADM) 85 1402). Washington, DC: U.S. Government Printing Office; Johnston, L. D., O'Malley, P. M., & Bachman, J. G. (1984). Drugs and American high school students: 1975–1983 (DHHS (ADM) 85 1374). Washington, DC: U.S. Government Printing Office; Wallace, J. M., Jr., & Bachman, J. G. (1993). Validity of self-reports in student-based studies on minority populations: Issues and concerns. In M. de LaRosa (Ed.), Drug abuse among minority youth: Advances in research and methodology (NIDA Research Monograph No. 130). Rockville, MD: National Institute on Drug Abuse.

<sup>&</sup>lt;sup>11</sup> O'Malley, P. M., Bachman, J. G., & Johnston, L. D. (1983). Reliability and consistency in self-reports of drug use. International Journal of the Addictions, 18, 805–824.

<sup>&</sup>lt;sup>12</sup> Johnston, L. D. & O'Malley, P. M. (1997). The recanting of earlier reported drug use by young adults. In L. Harrison (Ed.), *The validity of self-reported drug use: Improving the accuracy of survey estimates* (NIDA Research Monograph No. 167, pp. 59–80). Rockville, MD: National Institute on Drug Abuse.

older. Finally, the great majority of respondents, when asked, say they would answer such questions honestly if they are or were users.<sup>13</sup>

As an additional step to assure the validity of the data, we check for logical inconsistencies in the answers to the triplet of questions about use of each drug (i.e., lifetime, annual, and 30-day use), and if a respondent exceeds a maximum number of inconsistencies across the set of drug use questions, his or her record is deleted from the data set. Similarly, we check for improbably high rates of use of multiple drugs and delete such cases, assuming that the respondents are not taking the task seriously. Fortunately, very few cases (< 3%) have to be eliminated for these reasons.

This is not to argue that self-reported measures of drug use are necessarily valid in all studies. In MTF we have gone to great lengths to create a situation and set of procedures in which respondents recognize that their confidentiality will be protected. We have also tried to present a convincing case as to why such research is needed. The evidence suggests that a high level of validity has been obtained. Nevertheless, insofar as any remaining reporting bias exists, we believe it to be in the direction of underreporting. Thus, with the possible exception of the psychotherapeutic drugs, we believe our estimates to be lower than their true values, even for the obtained samples, but not substantially so.

## **Consistency and Measurement of Trends**

MTF is designed to be sensitive to changes from one time period to another. A great strength of this study is that the measures and procedures have been standardized and applied consistently across many years. To the extent that any biases remain because of limits in school and/or student participation, and to the extent that there are systematic distortions (lack of validity) in the responses of some students, it seems very likely that such problems will exist in much the same proportions from one year to the next. In other words, biases in the survey estimates will tend to be consistent from one year to another, meaning that they should have very little effect on our measurement of trends. The smooth and consistent nature of most trend curves reported for the various drugs provides rather compelling empirical support for this assertion.

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<sup>&</sup>lt;sup>13</sup> For a discussion of reliability and validity of student self-report measures of drug use like those used in MTF across varied cultural settings, see Johnston, L. D., Driessen, F. M. H. M., & Kokkevi, A. (1994). <u>Surveying student drug misuse: A six-country pilot study</u>. Strasbourg, France: Council of Europe.

**TABLE 3-1 Sample Sizes and Response Rates** 

		umber lic Sch			umber ate Sch		<u>Nu</u>	To mber o		ools	<u> </u>	To <u>lumber o</u>		<u>ts</u>		nt Res Rate (%	•
Grade:	8th	<u>10th</u>	<u>12th</u>	<u>8th</u>	<u>10th</u>	<u>12th</u>	<u>8th</u>	<u>10th</u>	<u>12th</u>	<u>Total</u>	<u>8th</u>	<u>10th</u>	<u>12th</u>	<u>Total</u>	<u>8th</u>	<u>10th</u>	<u>12th</u>
1975	_	_	111	_	_	14	_	_	125	_	_	_	15,791	_	_	_	78
1976	_	_	108	_	_	15	_	_	123	_	_	_	16,678	_	_	_	77
1977	_	_	108	_	_	16	_	_	124	_	_	_	18,436	_	_	_	79
1978	_	_	111	_	_	20	_	_	131	_	_	_	18,924	_	_	_	83
1979	_	_	111	_	_	20	_	_	131	_	_	_	16,662	_	_	_	82
1980	_	_	107	_	_	20	_	_	127	_	_	_	16,524	_	_	_	82
1981	_	_	109	_	_	19	_	_	128	_	_	_	18,267	_	_	_	81
1982	_	_	116	_	_	21	_	_	137	_	_	_	18,348	_	_	_	83
1983	_	_	112	_	_	22	_	_	134	_	_	_	16,947	_	_	_	84
1984	_	_	117	_	_	17	_	_	134	_			16,499		_	_	83
1985	_	_	115	_	_	17	_	_	132	_	_	_	16,502	_	_	_	84
1986	_	_	113	_	_	16	_	_	129	_	_	_	15,713	_	_	_	83
1987	_	_	117	_	_	18	_	_	135	_	_	_	16,843	_	_	_	84
1988	_	_	113	_	_	19	_	_	132	_	_	_	16,795	_	_	_	83
1989	_	_	111	_	_	22	_	_	133	_	_	_	17,142	_	_	_	86
1990	_	_	114	_	_	23	_	_	137	_	_	_	15,676	_	_	_	86
1991	131	107	117	31	14	19	162	121	136	419	17,844	14,996	15,483	48,323	90	87	83
1992	133	106	120	26	19	18	159	125	138	422	19,015	14,997	16,251	50,263	90	88	84
1993	126	111	121	30	17	18	156	128	139	423	18,820	15,516	16,763	51,099	90	86	84
1994	116	116	119	34	14	20	150	130	139	419	17,708	16,080	15,929	49,717	89	88	84
1995	118	117	120	34	22	24	152	139	144	435	17,929	17,285	15,876	51,090	89	87	84
1996	122	113	118	30	20	21	152	133	139	424	18,368	15,873	14,824	49,065	91	87	83
1997	125	113	125	27	18	21	152	131	146	429	19,066	15,778	15,963	50,807	89	86	83
1998	122	110	124	27	19	20	149	129	144	422	18,667	15,419	15,780	49,866	88	87 05	82
1999	120	117	124	30	23 24	19	150	140	143 134	433	17,287	13,885	14,056	45,228	87	85	83
2000	125 125	121 117	116 117	31 28	20	18 17	156 153	145 137	134	435 424	17,311 16,756	14,576 14,286	13,286 13,304	45,173 44,346	89 90	86 88	83 82
2001	115	117	102	26	20	18	141	133	120	394	15,489		13,544	43,716	90 91	85	83
2002	117	109	102	24	20	19	141	129	122	392	17.023	14,683 16,244	15,200	48,467	89	88	83
2003	120	111	109	27	20	19	147	131	128	406	17,023	16.839	15,200	49,474	89	88	82
2005	119	107	108	27	20	21	146	127	129	402	17,413	16,711	15,378	- /	90	88	82
2006	122	105	116	29	18	20	151	123	136	410	,	16,620			91	88	83
2007	119	103	111	32	17	21	151	120	132	403		16,398			91	88	81
2008	116	103	103	28	19	17	144	122	120	386		15,518			90	88	79
2009	119	102	106	26	17	19	145	119	125	389	•	16,320	•	•	88	89	82
2010	120	105	104	27	18	22	147	123	126	396		15,586			88	87	85
2011	117	105	110	28	21	19	145	126	129	400	16,496	15,382	14,855	46,733	91	86	83
2012	115	107	107	27	19	20	142	126	127	395		15,428			91	87	83
2013	116	103	106	27	17	20	143	120	126	389	15,233	13,262	13,180	41,675	90	88	82
2014	111	98	105	30	16	17	141	114	122	377	15,195	13,341	13,015	41,551	90	88	82
2015	111	102	101	30	18	20	141	120	121	382	15,015	16,147	13,730	44,892	89	87	83
2016	117	92	100	25	18	20	142	110	120	372	17,643	15,230	12,600	45,473	90	88	80
2017	109	89	105	22	17	18	131	106	123	360	16,010	14,171	13,522	43,703	87	85	79
2018	110	106	106	28	21	22	138	127	128	393	14,836	15,144	14,502	44,482	89	86	81
2019	114	104	108	29	22	20	143	126	128	397	14,223	14,595	13,713	42,531	89	86	80
2020	30	36	29	8	2	7	38	38	36	112	3,161	4,890	3,770	11,821	88	89	79
2021	91	84	82	30	16	16	121	100	98	319	11,446	11,792	9,022	32,260	82	78	69
2022	81	82	80	23	20	22	104	102	102	308	9,889	11,950	9,599	31,438	86	84	75

Source. The Monitoring the Future study, the University of Michigan.

 ${\bf TABLE~3-2} \\ {\bf Percentage~Original~and~Replacement~School~Selections,~by~Year~}^a$ 

Percent of slots																															
filled by	<u>'77</u>	<u>'78</u>	<u>'79</u>	'80	<u>'81</u>	<u>'82</u>	<u>'83</u>	<u>'84</u>	<u>'85</u>	<u>'86</u>	<u>'87</u>	<u>'88</u> '	<u>'89</u>	<u>'90</u>	<u>'91</u>	<u>'92</u>	<u>'93</u>	<u>'94</u>	<u>'95</u>	<u>'96</u>	'97	<u>'98</u>	'99	<u>'00'</u>	<u>'01</u>	'02	<u>'03</u>	<u>'04</u>	<u>'05</u>	<u>'06</u>	<u>'07</u>
Original	59	63	62	63	71	71	66	72	67	66	72	71	68	70	59	55	60	53	52	53	51	51	57	62	56	49	53	62	63	59	58
Replacements	39	36	35	32	25	26	32	26	29	33	26	26	30	29	39	43	39	44	44	43	47	48	42	35	42	48	45	37	34	40	39
Total	98	99	97	95	96	97	99	98	96	99	99	98	99	99	98	98	99	97	96	96	98	99	99	97	98	97	98	99	97	99	97
filled by	<u>'08</u>	<u>'09</u>	<u>'10</u>	<u>'11</u>	<u>'08</u>	<u>'09</u>	<u>'10</u>	<u>'11</u>	<u>'12</u>	<u>'13</u>	<u>'14</u>	<u>'15</u>	<u>'16</u>	<u>'17</u>	<u>'18</u>	<u>'19</u>	<u>'20</u>	<u>'21</u>	<u>'22</u>												
Original	53	54	58	56	53	54	58	56	53	54	51	44	44	41	40	41	13	27	22												
Replacements	43	44	39	40	43	44	39	40	43	41	41	49	47	49	50	50	13	52	50												
Total	00	00	07	00	06	00	07	06	96	95	92	93	91	90	90	91	26	79	72												
Total	96	98	97	96	96	98	97	96	90	95	92	93	91	90	90	91	20	19	12												

Source: The Monitoring the Future study, the University of Michigan.

<sup>&</sup>lt;sup>a</sup>In 2020 data collection was halted prematurely as a result of the COVID-19 pandemic.

FIGURE 3-1 **Schools included in 1 Year's Data Collection** 8th, 10th, and 12th Grades



Source. The Monitoring the Future study, the University of Michigan. *Note.* One dot equals one school.

FIGURE 3-2
Percentage of Sampled Geographic Strata With At Least One School
Surveyed, by Grade



Source. The Monitoring the Future study, University of Michigan.

## Chapter 4

### DRUG USE ACROSS DEMOGRAPHIC GROUPS

MTF examines differences in prevalence of drug use associated with gender, college plans, region of the country, population density, parents' education level, and racial/ethnic identification. Tables 4-1 through 4-4 provide statistics on levels of use for these various subgroups for all three grades in 2022. Additional information on demographic differences in drug prevalence and in trends in prevalence by demographic subgroup are presented in Occasional Paper 99.

#### **Gender Differences**

In general, higher proportions of males than females are involved in drug use, especially heavy use. Below we note important examples of and qualifications to this generalization.

- Use of *marijuana* was slightly higher for females than for males in 2022 in all three grade levels for lifetime, past 12-month, and past 30-day use. This gender ordering is unusual because in past years it was reversed. The coming years will tell if males return to higher marijuana prevalence as the pandemic recedes, or if a new gender ordering has taken place.
- Males have considerably higher prevalence than females on most illicit drugs other than marijuana—at least by 12<sup>th</sup> grade. The annual prevalence for 12<sup>th</sup> grade males, compared to 12<sup>th</sup> grade females, is more than half as high for *inhalants*, *hallucinogens*, *LSD*, *hallucinogens other than LSD*, *ecstasy* (*MDMA*), *Vicodin*, *Ritalin*, *rohypnol*, *GHB*, *crystal methamphetamine* (*ice*), *tobacco using a hookah*, *small cigars*, *snus*, *dissolvable cigarette products*, *androstenedione*, *and creatine*. Further, males account for an even greater share of the frequent or heavy users of many of these drugs.
- For many drugs, however, there is less gender difference in use in the lower grades, especially in 8<sup>th</sup> grade. For some drugs, females actually have higher levels of annual use in 8<sup>th</sup> grade (though in most cases, not statistically significantly higher), including *any illicit drug, inhalants, amphetamines*, and *tranquilizers*. Thus, the gender differences observed in 12<sup>th</sup> grade, with males more likely to use most drugs, emerge over the course of middle to late adolescence. The gender differences in the early grades may result, in part, from females tending to mature earlier and associating with older males (this gender difference may then dissipate as same age males catch up in physical maturity and substance use opportunities).
- Annual prevalence for *amphetamine* use is higher among females than among males in 8<sup>th</sup> grade, but this gap reduces to near zero by 12<sup>th</sup> grade. Indeed, it is due in part to their higher use of amphetamines in 8<sup>th</sup> grade—some of which may be for the purpose of weight loss—that females show higher levels of using some *illicit drug other than marijuana* in 8<sup>th</sup> grade. (Eighth grade females also tend to be higher than males in annual *tranquilizer* use.)

- Frequent alcohol use is higher among males in 12<sup>th</sup> grade. Among 12<sup>th</sup> graders, *daily alcohol* use is reported by 1.9% of males versus 0.9% of females. In 8<sup>th</sup> and 10<sup>th</sup> grades daily alcohol use levels are the same for males and females.
- Past 30-day *cigarette* smoking prevalence in 2022 differs by one tenth of a percentage point or less for males and females in grades 8 and 10. By 12<sup>th</sup> grade a gender gap has opened up and prevalence for males is 4.9% compared to 2.6% for females. As is often the case, differences by demographic groups are small or nonexistent when overall prevalence is very low (30-day prevalence in 2022 was less than 2% in 8<sup>th</sup> and 10<sup>th</sup> grade).
- Prevalence levels of vaping nicotine and vaping marijuana in the past year were higher for females than for males in all three grades.
- Use of *smokeless tobacco* is almost exclusively a male behavior. Compared to 4.7% of 12<sup>th</sup> grade males in 2022 who reported some use in the prior month, only 1.6% of females did. Prevalence of daily use by males is 0.2%, 0.9%, and 1.7% among 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders, respectively. The comparable statistics for females are 0.2% in all grades.
- The use of other tobacco products like *large cigars* and *regular and flavored little cigars*, is about twice as high among males as compared to females in 12<sup>th</sup> grade (Table 4-3).
- Past 12-month use of *anabolic steroids* in 12<sup>th</sup> grade are similar for males and females, at 1.3% and 0.9%, respectively. Use of other substances for body building and performance is substantially higher for males. In 2022 past 12-month use of *androstenedione* was 2.8% for males and 1.1% for females, while prevalence of *creatine* was 18.6% for males and 5.2% for females.

#### Racial/Ethnic Differences

Racial/ethnic comparisons are made here for students who identify exclusively as Black/African American, Hispanic, or White.<sup>1</sup> In the findings presented in this volume, we routinely present combined data from two adjacent years to augment the sample sizes on which estimates for these

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<sup>1</sup> We recognize that these categories are broad. The Hispanic category encompasses people with various Latin American, Caribbean, and European origins, but for the purposes of this monograph the sample sizes are unfortunately too small to differentiate among them in any one year. In addition, small numbers of cases present challenges in detailed analysis of students who indicate membership in the other racial/ethnic groups, as well as those who indicate membership in multiple racial/ethnic groups and the many specific combinations these students comprise. For more complete treatments of racial/ethnic differences, as well as interactions with other demographic characteristics, see Miech, R. A., Terry-McElrath, Y. M., O'Malley, P. M., & Johnston, L. D. (2019). Increasing marijuana use for Black adolescents in the United States: A test of competing explanations. Addictive Behaviors, 93, 59-64; Terry-McElrath, Y. M., & Patrick, M. E. (2018). U.S. adolescent alcohol use by race/ethnicity: Consumption and perceived need to reduce/stop use. Journal of Ethnicity in Substance Abuse, 1-25; Bachman, J. G., O'Malley, P. M., Johnston, L. D., Schulenberg, J. E., & Wallace, J. M., Jr. (2011). Racial/ethnic differences in the relationship between parental education and substance use among U.S. 8th-, 10th-, and 12th-grade students: Findings from the Monitoring the Future Project. Journal of Studies on Alcohol and Drugs, 72(2), 279-285; Bachman, J. G., O'Malley, P. M., Johnston, L. D., & Schulenberg, J. E. (2010). Impacts of parental education on substance use: Differences among White, African-American, and Hispanic students in 8th, 10th, and 12th grades (1999-2008) (Monitoring the Future Occasional Paper No. 70). Ann Arbor, MI: Institute for Social Research; Wallace, J. M., Jr., Vaughn, M. G., Bachman, J. G., O'Malley, P. M., Johnston, L. D., & Schulenberg, J. E. (2009). Race/ethnicity, socioeconomic factors, and smoking among early adolescent girls in the United States. Drug and Alcohol Dependence, 104(Suppl. 1), S42-S49; Delva, J., Wallace, J. M., Jr., O'Malley, P. M., Bachman, J. G., Johnston, L. D., & Schulenberg, J. E. (2005). The epidemiology of alcohol, marijuana, and cocaine use among Mexican American, Puerto Rican, Cuban American, and other Latin American 8th grade students in the United States: 1991-2002. American Journal of Public Health, 95, 696-702; Wallace, J. M., Jr., Bachman J. G., O'Malley, P. M., Johnston, L. D., Schulenberg, J. E., & Cooper, S. M. (2002). Tobacco, alcohol, and illicit drug use: Racial and ethnic differences among U.S. high school seniors, 1976–2000. Public Health Reports, 117 (Supplement 1), S67–S75; Bachman, J. G., Wallace, J. M., Jr., O'Malley, P. M., Johnston, L. D., Kurth, C. L., & Neighbors, H. W. (1991). Racial/ethnic differences in smoking, drinking, and illicit drug use among American high school seniors, 1976–1989. American Journal of Public Health, 81, 372–377.

two minority groups (as well as Whites) are based and, thus, increase the reliability of the estimates. Otherwise, misleading findings about the size of racial/ethnic differences may emerge, as well as (and perhaps more importantly) misleading findings about their trends. We caution the reader that the sampling error of differences among groups is likely to be larger than would be true for other demographic and background variables such as gender or college plans because Black/African Americans and Hispanics are more likely to be clustered by neighborhood, and therefore by school.

Tables 4-1 to 4-4 give the two-year *combined* (i.e., 2021–2022) prevalence estimates for lifetime, annual, 30-day, and selected daily use for the three racial/ethnic groups at all three grade levels, along with the numbers of cases upon which the estimates are based on the first page of each table.

For a number of years, 12<sup>th</sup> grade Black/African American students reported lifetime, annual, 30-day, and daily prevalence levels for nearly all drugs that were lower—sometimes dramatically so—than those for White or Hispanic 12<sup>th</sup> graders. Today that finding is largely reversed, with drug use among Black/African Americans higher than other groups for many drugs. Higher levels for are also seen in 8<sup>th</sup> and 10<sup>th</sup> grades, indicating that this reversal is almost certainly *not* due primarily to differential dropout rates.

- Annual *marijuana* use differs little by race/ethnicity and across the three groups varies between 7% and 8% in 8<sup>th</sup> grade, 13% and 19% in 10<sup>th</sup> grade, and 26% and 33% in 12<sup>th</sup> grade.
- Both 30-day use of *any illicit drug* and *any illicit drug other than marijuana* have similar prevalence levels across the three racial/ethnic groups. For Hispanic, Black/African American, and White 12<sup>th</sup> grade students the prevalence levels of past 30-day use of any illicit drug in 2022 were 18%, 22%, and 19%, respectively. For the outcomes of any illicit drug other than marijuana the corresponding prevalence levels were 3%, 3%, and 2%.
- White 12<sup>th</sup> grade students had the highest 12-month prevalence of *salvia*, *Vicodin*, *Ritalin*, *crystal methamphetamine*, *misuse of over-the-counter cough/cold medicines*, *rohypnol*, *GHB*, *steroids*, and *androstenedione*.
- Hispanic 12<sup>th</sup> grade students have the highest 12-month prevalence for a few drugs, but they are drugs with low prevalence and the difference is small in terms percentage points. For example, they have the highest level of *dissolvable tobacco*, by a difference of 0.7 percentage points (prevalence is 1.8% for Hispanics compared to 1.1% for Black/African American and White students). They also have the highest level of *synthetic marijuana*, by a difference of 0.2 percentage points (prevalence is 2.8% for Hispanic, 2.6% for Black/African American and 1.4% for White students).
- Black/African American 12<sup>th</sup> grade students had higher levels of alcohol use than Hispanics and Whites in 2022. The percentage of 12<sup>th</sup> grade students who had a drink of *alcohol* in the past 12 months was 57% for Black/African American teens, compared to 41% for Hispanics and 32% for Whites. Prevalence levels for *getting drunk* in the past 12 months for the three racial/ethnic groups were 37%, 21%, and 16%, respectively. Prevalence of

using a *flavored alcoholic beverage* in the last 12 months was 42%, 28%, and 17%, respectively. *Binge drinking* in the last 30 days was also highest among Black/African American 12<sup>th</sup> graders, at 16%, compared to 8% for Hispanics and 5% for Whites.

- Black/African American 12<sup>th</sup> grade students had higher levels of nicotine use than their White and Hispanic peers. Prevalence of *cigarette smoking* in the past 30 days in 12<sup>th</sup> grade was 5% for Black/African American teens, compared to 1.9% for Hispanic and 1.2% for White teens. In recent years *nicotine vaping* has become the more common way for teens to use nicotine, and in 2022 the prevalence level among Black/African Americans was 25%, compared to 13% for Hispanic and 11% for White students.
- Black/African American 12<sup>th</sup> grade students had higher levels of use for *any prescription drug*, with past 12-month prevalence at 5%, compared to 4% for Hispanics and 3% for Whites. This difference is driven in part by *amphetamines*, for which past 12-month prevalence among Black/African American 12<sup>th</sup> graders is 3%, compared to 2% for Hispanic and 1% for Whites.

## **Differences Related to College Plans**

Overall, students who say they probably or definitely will graduate from a four-year college program (referred to here as the "college-bound") have lower levels of illicit drug use in secondary school than those who say they probably or definitely will not (the "noncollege-bound"). (See Tables 4-1 through 4-4 and Figures 5-8 and 5-9 in Chapter 5.)

Today the great majority of students at all three grade levels expect to attend and graduate from a four-year college: 84% in 8<sup>th</sup> grade, 82% in 10<sup>th</sup> grade, and 76% in 12<sup>th</sup> grade (calculated from first three columns of Table 4-1). The proportions indicating college plans are higher at the lower grade levels, even though future high school dropouts (typically about 6% of today's high school classes) are still contained in these samples. Cohort shifts in college attendance that have taken place since MTF began may partially explain this apparent anomaly, but there is probably a considerable age effect as well, wherein early aspirations become reality-tested (and adjusted) as secondary school experience cumulates and academic performance levels become more clearly established.

For any given drug, the differences between these two self identified groups of college- or noncollege-bound students tend to be greatest in 8<sup>th</sup> grade, perhaps due to the inclusion of future high school dropouts, or the tendency of noncollege-bound students to have an earlier age of initiation of use, or both.

- Annual *marijuana* use, for example, was reported in 2022 by 30% of college-bound 12<sup>th</sup> graders versus 32% of the noncollege-bound; but among 8<sup>th</sup> graders it is reported by only 7% of the college-bound versus 12% of the noncollege-bound.
- Among 12<sup>th</sup> graders in 2022 use of *any illicit drug other than marijuana* in the prior year was higher among the noncollege-bound youth (10%) compared to college-bound youth (7%) (Table 4-2).

- Frequent use of many illicit drugs shows larger contrasts related to college plans (Table 4-4). *Daily marijuana* use, for example, is about six times as likely among the noncollege-bound as it is among the college-bound in 8<sup>th</sup> grade, more than three times as likely in 10<sup>th</sup> grade, and about twice as likely in 12<sup>th</sup> grade. *Lifetime prevalence of daily marijuana use for a month or more* shows the same concentration among the noncollege-bound, for whom prevalence is 21% as compared to 10% among the college-bound in 12<sup>th</sup> grade (this outcome not measured in the lower grades).
- An examination of Table 4-2 shows that quite large ratio differences are found between the college-bound and the noncollege-bound for annual prevalence of use on virtually all illicit drugs other than marijuana; these large ratios appear in all three grades.
- Levels of *alcohol* use in 12<sup>th</sup> grade differ little by college aspirations for lifetime, past 12-month, and past 30-day use. In 8<sup>th</sup> and 10<sup>th</sup> grade the noncollege-bound have higher levels of use for these measures, on average by about eight percentage points for lifetime use, and about four percentage point for past 12-month and past 30-day use.
- Noncollege bound students are more likely to have receive *any medication* for ADHD in their lifetime, either *stimulant* or *nonstimulant* drugs in 10<sup>th</sup> and 12<sup>th</sup> grade. Of course, ADHD may be one reason why a student does not anticipate going to college.
- One of the largest differences in substance use between the college- and noncollege-bound involves *cigarette* smoking—2.9% of college-bound 12<sup>th</sup> graders report smoking in the past 30 days compared to 6.9% of the noncollege-bound. Proportional differences are even larger in the lower grades: 0.5% of college-bound versus 2.2% of noncollege-bound students in 8<sup>th</sup> grade and 1.2% versus 3.3% in 10<sup>th</sup> grade. (The absence of dropouts undoubtedly reduces the ratio at 12<sup>th</sup> grade, because dropouts have very high levels of smoking as shown in Table A-1 in Appendix A.)
- In part because of the concentration of cigarette smoking among the noncollege-bound, both *any nicotine use* and *any nicotine use other than vaping* in the past 30 days are higher for the noncollege-bound. In 12<sup>th</sup> grade the levels of any nicotine use for the college- as compared to the noncollege-bound are 21% versus 33%, in 10<sup>th</sup> grade they are 14% versus 21%, and in 8<sup>th</sup> grade they are 7% versus 14%. "Any nicotine use" indicates any use of cigarettes, large cigars, flavored small cigars, regular small cigars, tobacco using a hookah, smokeless tobacco, or vaping nicotine.
- *Vaping marijuana* of all substances is higher for the noncollege-bound youth in 8<sup>th</sup> and 10<sup>th</sup> grade. Past 30-day prevalence in 8<sup>th</sup> grade is 8% for noncollege-bound youth compared to 3% for students who believe they are college-bound. In 10<sup>th</sup> grade the percentages are 16% and 9%, respectively. The difference in prevalence between the two groups is smaller in 12<sup>th</sup> grade, where 17% of the noncollege-bound have vaped marijuana in the past 30 days compared to 14% among the college-bound.

• As with cigarettes, use of *dissolvable tobacco*, *large cigars*, *flavored cigars*, and *smokeless tobacco* use, including the use of *snus*, is substantially higher among the noncollege-bound than among the college-bound in all three grades (Tables 4-2 and 4-3).

### **Regional Differences**

Appendix B provides detailed descriptions of the states included in the four regions of the country as defined by the United States Census Bureau—the Northeast, Midwest, South, and West. The MTF study design is intended to permit such regional comparisons, but is not designed to permit state-level estimates, which would require far larger samples. Regional differences in drug use levels for the current year are provided in Tables 4-1 through 4-4 for grades 8, 10, and 12; Figures 5-10a through 5-10c provide graphical displays over time for selected drugs for 12<sup>th</sup> graders. Additional information on differences in drug prevalence by region are presented in Occasional Paper 99.

- In 2022, the overall prevalence levels of *any illicit drug* use in the last 12 months differ some among the regions, but the differences are not strong or consistent across grades (Table 4-2). As one example, prevalence in the Midwest was lowest in 8<sup>th</sup> grade but 2<sup>nd</sup> highest in 12<sup>th</sup> grade. No region had the highest or lowest levels of prevalence for use of any illicit drug across all three grades.
- *Marijuana* use and *marijuana vaping* show a regional pattern similar to that for any illicit drug, not surprising given that marijuana (the most prevalent illicit drug) tends to drive the index.
- Regional variation in use in the past 12 months of *any illicit drug other than marijuana* is relatively small, with prevalence ranging from 2.9% to 5.7% among 8<sup>th</sup> graders, 4.3% to 7.2% among 10<sup>th</sup> graders, and 6.5% to 9.8% among 12<sup>th</sup> graders.
- Use of *MDMA* (ecstasy, Molly) in the last 12 months was highest in the West in 2022 among 12<sup>th</sup> graders. Annual prevalence among 12<sup>th</sup> grade students was at 2.2% in the West, which compares with 1.1% in the Northeast, 0.8% in the Midwest, and 1.3% in the South. Regional differences are smaller in the lower grades.
- *Hallucinogen* use in the past 12 months is highest in the West among 12<sup>th</sup> grade students. Its prevalence there in 2022 was 6.8%, compared with 4.4% in the South, 3.2% in the Midwest, and 2.8% in the Northeast.
- For many years, the Northeast has had the highest or near-highest levels of *alcohol* use. In 2022 this regional difference held and among 12<sup>th</sup> grade students past 12-month prevalence was 60% in the Northeast compared to 52% in the Midwest and the West, and 48% in the South. Similarly, their prevalence of getting *drunk* in the past 12 months was 38% in the Northeast, compared to 32% in the Midwest, 28% in the South, and 23% in the West.
- *Daily smoking* was highest in the South in all three grades in 2022, though the levels in all three grades are now less than 2.3% (Table 4-4).

• In 2022 use of *smokeless tobacco* in the past 30 days had higher levels in the South in 10<sup>th</sup> and 12<sup>th</sup> grades, at 3.3% and 4.5%, respectively. In 8<sup>th</sup> grade it was tied for highest with the Midwest at 1.5%.

### **Differences Related to Population Density**

Three levels of population density (or urbanicity) have been distinguished for analytical purposes: (a) large Metropolitan Statistical Areas (large MSAs), (b) other metropolitan statistical areas (other MSAs), and (c) non-MSAs. (See Appendix B for exact definitions.)

Differences in drug use across these various-sized communities are generally small, reflecting how widely drug use has diffused through the population (Tables 4-1 through 4-4). There are a few minor exceptions:

- *Nicotine vaping* is highest in rural areas (Table 4-2). Past 12-month prevalence levels in non-MSAs compared to large MSAs were 35% versus 23% in 12<sup>th</sup> grade, 25% versus 16% in 10<sup>th</sup> grade, and 15% and 10% in 8<sup>th</sup> grade. The prevalence levels in other MSAs fell between these two groups in all grades.
- *Cigarette* use in the past 30 days also is inversely related to community size at all three grade levels (see Table 4-3 showing 30-day prevalence). Prevalence in non-MSAs as compared to large MSAs is 50% higher or more in all grades. The differences illustrate the extent to which cigarette smoking is a rural phenomenon as well as one concentrated among the less educated.
- *Smokeless tobacco* use in the past 30 days is similar to cigarette use in that it is highest in non-MSAs in the upper grade levels.
- Consistent with differences in cigarette smoking, nicotine vaping, and smokeless tobacco use, *any nicotine use* is concentrated in more rural areas in all three grades.

#### **Differences Related to Parental Education**

The best indicator of family socioeconomic status (SES) available in the MTF study is an index of parental education, which is based on the average of the educational levels reported for both parents by the respondent (or on the data for one parent, if data for both are not available). The respondent is instructed to indicate on the following scale the highest level of education each parent attained: (1) completed grade school or less, (2) some high school, (3) completed high school, (4) some college, (5) completed college, and (6) graduate or professional school after college. (It should be noted that the average educational level obtained by students' parents has risen over the years, as discussed in Chapter 5.) Tables 4-1 through 4-4 give the distributions for the prevalence of use of the various drugs at each grade level.

By 12<sup>th</sup> grade there is little association between family SES and most illicit drug use. This again speaks to the extent to which illicit drug use has permeated all social strata in American society.

However, an examination of Table 4-2 shows that in 8<sup>th</sup> grade, there tends to be a negative, largely monotonic relationship between socioeconomic level and annual prevalence of use of a number of

drugs. The relationships are not always entirely monotonic because of racial and ethnic differences in SES discussed above.

- A number of the SES differences seen in 8<sup>th</sup> grade diminish substantially, disappear completely, or in some cases reverse by 10<sup>th</sup> or 12<sup>th</sup> grade. This is true for *marijuana*, *hallucinogens*, *hallucinogens* other than LSD, vaping nicotine, and vaping marijuana. The diminished SES differences by 12<sup>th</sup> grade could be explained by the higher SES teenagers "catching up" with their more experienced peers from lower SES backgrounds, or by differential rates of dropping out of school out among the strata, or both.
- In 2022 the annual prevalence of *marijuana* use, for example, is substantially higher in the lowest SES stratum as in the highest one among 8<sup>th</sup> graders (13% versus 5%, respectively) and 10<sup>th</sup> graders (22% versus 14%), but much more similar among 12<sup>th</sup> graders (at 27% and 32%).
- Past 12-month *nicotine vaping* and *marijuana vaping* are concentrated among lower SES families in 8<sup>th</sup> grade and 10<sup>th</sup> grade, and then are concentrated among those from higher SES families in 12<sup>th</sup> grade.
- Current use of either *non-stimulant-type* or *stimulant-type ADHD medication* is higher in the upper SES groups in all three grades. To the extent that children from high SES families tend to be treated more for ADHD than others, it probably reflects that those families are more likely to receive professional assessment and treatment, and they likely are more able to afford it.

TABLE 4-1
<u>Lifetime</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

						hv	•	llicit Drug				v						dn
		nate Weigl			Illicit Dru			n Marijua		-	<u>Marijuana</u>	_		nhalants '			ucinogen	
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	9,300	11,200	8,900	16.6	27.7	41.0	9.3	9.7	13.2	11.0	24.2	38.3	9.8	7.5	5.8	2.0	3.4	7.1
Gender																		
Male	4,400	5,500	4,200	14.3	24.5	39.6	7.9	9.1	13.6	9.4	21.1	36.9	7.6	6.2	6.1	1.6	3.6	8.2
Female	4,100	4,800	4,100	17.4	29.6	41.4	10.2	9.4	12.1	11.4	26.3	39.1	11.7	8.1	4.9	1.7	2.7	5.5
College Plans																		
None or under 4 years	1,400	2,000	2,000	21.9	39.0	43.5	11.1	15.6	16.2	15.9	35.4	40.7	9.3	8.2	6.1	3.7	7.2	10.1
Complete 4 years	7,500	8,900	6,400	15.3	25.2	40.1	8.9	8.4	12.0	9.7	21.8	37.5	9.7	7.4	5.7	1.5	2.6	6.0
Region																		
Northeast	1,500	1,900	1,600	16.7	26.9	42.8	6.2	8.0	10.2	12.0	23.8	40.8	7.2	6.8	4.7	8.0	1.9	4.6
Midwest	2,100	2,500	1,900	16.8	27.2	40.3	9.0	10.8	11.7	10.2	23.5	37.9	9.2	7.2	6.4	1.7	4.1	5.4
South	3,500	4,200	3,200	17.0	25.2	39.7	10.4	9.2	14.0	11.0	21.2	36.3	11.1	7.1	5.7	2.3	3.0	7.2
West	2,200	2,600	2,200	15.6	33.1	42.4	10.0	10.7	15.5	11.0	30.2	39.7	10.0	8.8	6.5	2.3	4.6	10.3
Population Density																		
Large MSA	3,100	3,800	2,900	14.4	25.3	39.7	6.9	8.8	12.4	10.4	22.0	36.8	7.7	8.0	5.5	1.3	3.1	6.8
Other MSA	4,300	5,200	4,200	17.6	29.9	42.5	10.5	10.7	14.4	11.4	26.2	39.7	10.1	7.5	6.3	2.1	4.0	8.0
Non-MSA	1,900	2,200	1,800	17.7	26.8	39.8	10.8	8.7	11.8	11.1	23.2	37.3	12.4	6.6	5.4	2.7	2.7	5.6
Parental Education <sup>e</sup>																		
1.0-2.0 (Low)	800	900	900	23.5	28.8	38.7	10.9	11.7	9.9	17.6	28.3	36.1	7.8	7.4	2.7	2.2	5.1	4.3
2.5–3.0	1,400	1,700	1,600	18.3	32.7	41.9	9.5	11.8	13.6	14.2	29.7	39.5	11.9	6.7	5.2	2.4	4.6	8.3
3.5-4.0	1,800	2,400	1,900	18.9	32.3	42.7	12.5	10.4	13.9	13.5	28.2	40.2	12.2	8.6	5.4	2.8	3.7	8.1
4.5–5.0	2,400	3,000	2,400	14.2	25.6	42.3	8.4	8.5	13.7	9.1	21.6	39.5	8.1	7.3	7.9	1.8	3.0	7.9
5.5-6.0 (High)	1,500	2,000	1,400	16.2	21.4	40.4	9.2	8.6	13.1	7.4	17.3	37.8	9.6	6.9	6.5	1.2	2.2	5.6
Race/Ethnicity (2-year average) f																		
White	9,400	10,500	8,400	16.7	21.6	36.1	6.7	6.5	7.7	11.6	18.2	33.1	7.7	6.5	4.4	0.6	1.7	2.8
African American	2,700	2,200	1,800	15.3	25.2	42.3	9.1	8.7	13.7	9.1	22.4	39.7	10.9	7.5	5.8	1.6	3.4	7.4
Hispanic	3,100	4,300	3,400	15.0	28.6	38.2	9.1	10.7	11.3	10.7	25.7	35.9	9.2	6.9	3.9	1.9	3.7	5.8

TABLE 4-1 (cont.)
<u>Lifetime</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

		n			llucinoge				61								caine oth	
		LSD p			er than LS	_		asy (MDN			Cocaine			<u>Crack</u>		-	an Crack	_
-	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	1.0	2.1	4.4	1.7	2.7	5.6	1.2	1.4	3.0	8.0	0.8	2.4	0.7	0.4	1.3	0.7	0.6	2.0
Gender																		
Male	0.7	2.3	5.6	1.4	2.6	6.3	1.0	1.4	3.3	0.5	0.6	2.8	0.4	0.3	1.3	0.4	0.5	2.3
Female	1.0	1.5	2.7	1.3	2.3	4.6	0.9	1.2	2.7	0.9	0.7	1.9	0.7	0.4	1.2	8.0	0.6	1.6
College Plans																		
None or under 4 years	1.9	4.9	7.0	3.0	5.5	8.1	2.9	3.0	5.2	1.8	1.7	3.9	1.6	1.2	2.0	1.4	1.4	3.7
Complete 4 years	0.7	1.4	3.6	1.3	2.0	4.7	0.9	1.1	2.3	0.6	0.6	1.7	0.4	0.3	0.9	0.5	0.4	1.2
Region																		
Northeast	0.4	1.1	2.5	0.7	1.4	3.4	0.4	8.0	2.0	0.7	8.0	1.8	0.4	0.4	8.0	0.5	0.5	1.3
Midwest	0.6	2.4	3.7	1.6	3.2	4.3	0.4	1.8	1.6	0.5	0.9	1.2	0.4	0.4	0.9	0.4	8.0	1.1
South	1.3	2.0	5.1	1.9	2.2	5.4	1.7	1.6	3.5	1.2	8.0	3.1	1.0	0.5	1.5	1.0	0.6	2.4
West	1.1	2.6	5.7	2.0	3.8	8.8	1.8	1.2	3.9	0.7	0.6	2.9	0.5	0.3	1.5	0.5	0.6	2.5
Population Density																		
Large MSA	0.6	1.8	3.6	1.1	2.3	5.3	0.6	1.1	1.8	0.7	0.7	2.4	0.5	0.3	1.4	0.6	0.6	1.6
Other MSA	1.0	2.3	5.3	1.8	3.1	6.4	1.5	1.5	3.9	0.7	0.7	2.5	0.5	0.5	1.2	0.5	0.6	2.1
Non-MSA	1.5	1.9	3.8	2.1	2.2	4.3	1.5	1.6	2.6	1.4	0.9	2.3	1.1	0.4	1.3	1.1	0.8	2.2
Parental Education <sup>e</sup>																		
1.0-2.0 (Low)	1.3	3.0	3.8	1.6	3.9	3.1	1.3	1.3	3.6	1.6	1.6	2.4	1.4	1.0	1.0	1.3	1.4	2.2
2.5–3.0	1.4	3.2	5.1	2.0	2.7	6.4	1.5	1.5	3.6	0.9	1.0	2.9	0.7	0.7	1.2	0.9	0.6	2.3
3.5–4.0	1.4	2.0	4.9	2.5	3.3	6.4	1.3	1.8	3.2	1.0	8.0	2.0	8.0	0.3	1.3	0.8	0.7	1.1
4.5–5.0	8.0	1.8	5.2	1.4	2.4	6.4	1.5	1.2	2.7	0.5	0.6	2.2	0.5	0.3	1.4	0.3	0.6	1.9
5.5-6.0 (High)	0.4	1.4	2.2	1.1	1.8	4.7	0.7	1.7	1.7	0.8	0.5	2.2	0.4	0.3	0.9	0.5	0.3	2.2
Race/Ethnicity (2-year average) f																		
White	0.5	1.2	2.1	0.4	1.0	2.0	0.6	0.7	1.2	0.3	0.4	0.8	0.4	0.2	0.6	0.2	0.2	0.4
African American	0.9	2.2	4.9	1.3	2.5	5.4	1.0	1.4	3.3	0.7	8.0	2.4	0.5	0.4	1.3	0.5	0.7	2.2
Hispanic	1.4	2.8	4.2	1.5	2.6	4.4	1.2	1.5	2.2	0.7	1.3	2.4	0.6	0.9	1.2	0.6	1.1	1.8

TABLE 4-1 (cont.)
<u>Lifetime</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

					Narcotics									Crystal	
	<u>Her</u>	oin, Any l	<u>Jse</u> s	othe	r than He	roin <sup>j</sup>	<u>Am</u>	phetamin	es <sup>j</sup>	Metha	mphetan	nine h,k	Metham	phetamir	ie (Ice) h
_	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	0.4	0.5	0.5	_	_	3.2	6.0	5.4	5.3	0.5	0.6	1.1	_		8.0
Gender															
Male	0.2	0.5	0.4	_	_	3.5	5.0	5.0	5.7	0.3	0.6	0.7	_	_	0.6
Female	0.5	0.5	0.5	_	_	2.9	6.7	5.5	5.0	0.6	0.5	1.2	_	_	0.8
College Plans															
None or under 4 years	0.9	0.9	1.3	_	_	4.5	6.8	8.5	6.2	1.9	1.5	2.5	_	_	1.2
Complete 4 years	0.3	0.5	0.2	_	_	2.8	5.7	4.8	5.0	0.2	0.4	0.6	_	_	0.6
Region															
Northeast	*	0.4	0.1	_	_	2.2	4.4	4.2	4.2	0.1	0.3	0.6	_	_	0.5
Midwest	0.1	0.5	0.3	_	_	2.4	5.9	6.5	5.3	0.2	0.7	0.7	_	_	0.8
South	0.6	0.4	8.0	_	_	3.5	7.1	5.7	5.2	1.1	0.5	1.4	_	_	0.9
West	0.5	8.0	0.5	_	_	4.4	5.4	4.9	6.2	*	0.9	1.4	_	_	0.7
Population Density															
Large MSA	0.2	0.5	0.5	_	_	2.6	4.3	5.1	5.2	0.3	0.5	0.7	_	_	0.7
Other MSA	0.4	0.7	0.5	_	_	3.7	6.4	5.6	5.8	0.6	0.7	1.7	_	_	8.0
Non-MSA	0.7	0.3	0.5	_	_	3.1	7.9	5.6	4.2	0.5	0.5	0.6	_	_	0.7
Parental Education <sup>e</sup>															
1.0-2.0 (Low)	0.9	0.8	0.6	_	_	2.6	5.4	5.2	4.0	1.1	0.7	1.8	_	_	1.2
2.5–3.0	0.7	0.5	0.5	_	_	3.3	6.9	7.3	4.7	0.3	1.7	0.5	_	_	8.0
3.5-4.0	0.6	0.2	0.4	_	_	3.8	8.4	5.8	6.1	8.0	0.4	1.3	_	_	0.7
4.5–5.0	0.2	0.4	0.4	_	_	3.3	5.4	5.2	5.1	0.3	0.6	0.7	_	_	0.5
5.5-6.0 (High)	0.1	0.4	0.4	_	_	2.9	6.0	4.9	6.3	0.3	0.1	0.5	_	_	0.9
Race/Ethnicity (2-year average) <sup>f</sup>															
White	0.3	0.2	0.1	_	_	1.7	4.7	3.6	2.7	*	0.7	0.6	_	_	8.0
African American	0.3	0.2	0.3	_	_	2.7	6.2	5.1	5.9	0.4	0.3	0.8	_	_	0.5
Hispanic	0.6	0.9	0.5		_	2.5	5.1	5.5	3.7	0.4	0.6	0.7		_	8.0

TABLE 4-1 (cont.)
<u>Lifetime</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

		Sedatives	3												
	<u>(E</u>	<u>Barbiturate</u>	<u>s)</u>	Tra	anquilizer	<u>'s</u> j	Any Pr	escription	n Drug <sup>I</sup>	<u> </u>	ohypnol <sup>r</sup>	n		Alcohol	
<u>-</u>	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	_	_	3.6	3.1	2.7	3.3	_	_	9.3	0.4	0.2	_	23.1	41.1	61.6
Gender															
Male	_	_	3.5	2.4	2.4	3.1	_	_	9.3	*	0.0	_	20.4	35.7	59.4
Female	_	_	3.5	3.7	2.9	3.4	_	_	8.9	0.3	0.4	_	23.8	46.0	63.5
College Plans															
None or under 4 years	_	_	4.8	3.2	4.3	4.1	_	_	10.6	0.2	0.2	_	29.9	47.4	60.5
Complete 4 years	_	_	3.1	3.1	2.4	3.0	_	_	8.6	0.3	0.2	_	21.5	39.6	62.2
Region															
Northeast	_	_	3.0	1.4	2.6	2.2	_	_	7.3	0.2	0.1	_	18.7	44.2	68.5
Midwest	_	_	3.2	2.2	3.0	2.8	_	_	8.7	0.1	0.5	_	22.8	44.5	61.6
South	_	_	4.1	3.5	2.6	3.2	_	_	9.7	0.9	0.1	_	26.5	37.3	58.1
West	_	_	3.7	4.4	2.8	4.5	_	_	10.6	0.1	0.3	_	20.8	41.6	62.0
Population Density															
Large MSA	_	_	3.9	2.1	2.6	3.2	_	_	9.3	0.4	*	_	18.3	38.3	62.5
Other MSA	_	_	3.4	3.8	2.9	3.6	_	_	9.8	0.4	0.4	_	24.2	43.6	60.4
Non-MSA	_	_	3.5	3.2	2.5	2.7	_	_	8.1	0.5	0.0	_	28.3	40.2	63.2
Parental Education <sup>e</sup>															
1.0-2.0 (Low)	_	_	2.5	4.5	3.3	3.1	_	_	6.9	0.0	0.0	_	24.2	45.5	58.1
2.5–3.0	_	_	4.0	3.0	3.1	2.9	_	_	9.1	0.0	0.0	_	25.0	41.5	57.4
3.5-4.0	_	_	4.4	3.8	3.3	3.5	_	_	10.0	0.2	0.7	_	26.0	48.0	62.5
4.5–5.0	_	_	3.4	2.6	2.6	3.3	_	_	9.2	8.0	0.0	_	24.9	39.8	64.6
5.5-6.0 (High)	_	_	3.4	3.5	2.5	3.3	_	_	9.9	0.7	0.4	_	21.9	40.9	69.6
Race/Ethnicity (2-year average) f															
White	_	_	2.3	1.4	2.3	1.9	_	_	5.9	0.4	0.0	_	17.6	27.3	42.3
African American	_	_	3.9	2.7	2.4	3.5	_	_	9.8	0.3	0.2	_	24.9	41.0	63.6
Hispanic	_	_	2.8	3.7	3.2	3.1	_	_	7.7	0.4	0.4	_	17.4	37.1	52.3

TABLE 4-1 (cont.)
<u>Lifetime</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

					ored Alco													
	<u>B</u>	een Drun	<u>k</u>	<u>B</u>	everages	k,n	!	Cigarette	<u>s</u>	<u> </u>	Any Vapin	<u>ıq</u>	<u>Va</u>	oing Nico	<u>tine</u>	<u>Vap</u>	<u>ing Mariju</u>	<u>ıana</u>
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	8.0	19.8	36.7	16.2	29.0	46.4	6.1	10.2	16.8	18.1	29.6	40.7	17.0	28.2	38.8	7.7	18.6	27.5
Gender																		
Male	6.8	17.4	34.9	13.2	23.8	40.4	5.5	10.2	18.4	14.9	25.1	38.7	13.8	23.6	36.7	6.6	15.8	26.3
Female	8.2	22.5	40.0	17.7	35.0	52.5	5.6	8.8	14.1	20.4	33.0	42.4	19.3	32.0	40.8	8.0	20.4	28.4
College Plans																		
None or under 4 years	10.2	25.6	35.6	18.9	30.5	43.1	11.1	19.0	25.3	24.2	39.0	45.5	23.5	36.1	43.9	13.1	27.2	29.9
Complete 4 years	7.5	18.6	37.0	15.6	28.8	47.3	4.9	8.1	13.8	16.6	27.3	38.9	15.4	26.3	36.9	6.5	16.6	26.7
Region																		
Northeast	7.9	21.7	44.9	12.6	28.5	54.2	5.3	7.5	17.1	20.4	29.4	44.6	18.5	27.7	42.4	7.8	18.8	30.5
Midwest	7.6	20.7	38.9	17.5	31.2	49.4	6.8	11.5	16.4	18.5	30.7	41.4	17.8	29.9	39.8	7.6	18.2	26.0
South	9.6	17.4	36.0	18.2	28.5	41.3	7.4	10.4	18.7	21.6	28.2	40.6	20.5	27.0	38.6	8.4	16.1	26.2
West	5.8	21.2	29.7	13.8	27.8	46.4	4.0	10.8	14.0	10.7	30.7	37.2	9.5	29.0	35.5	6.6	22.8	28.5
Population Density																		
Large MSA	6.7	16.7	34.9	12.7	27.0	47.9	4.8	8.6	13.4	14.7	24.6	35.9	13.6	23.2	33.9	6.3	15.3	25.9
Other MSA	7.4	21.2	35.7	16.4	30.5	45.3	6.0	10.0	15.8	18.6	31.1	41.2	17.2	29.8	39.1	8.4	20.7	28.7
Non-MSA	11.5	21.8	42.2	20.7	28.7	46.2	8.6	13.7	25.0	22.9	34.4	47.5	22.1	33.2	46.3	8.5	19.5	27.1
Parental Education <sup>e</sup>																		
1.0–2.0 (Low)	8.9	22.1	29.6	20.1	26.5	34.0	8.5	14.6	16.0	23.9	34.9	34.3	22.8	31.4	33.2	11.6	23.3	21.6
2.5–3.0	11.6	21.5	35.3	15.7	32.3	47.1	8.0	13.2	18.3	22.0	35.2	40.1	20.3	33.6	38.8	10.3	22.5	28.5
3.5–4.0	9.4	22.2	35.9	17.8	32.3	49.4	7.1	10.8	17.2	22.7	34.9	43.7	22.2	33.5	42.2	9.9	22.3	29.9
4.5–5.0	7.4	18.6	37.0	19.0	29.7	49.7	5.1	8.0	16.3	15.8	24.5	41.7	14.1	23.6	39.3	6.5	14.5	28.1
5.5-6.0 (High)	6.7	20.7	48.1	13.3	29.1	48.4	4.2	7.8	16.2	12.8	25.0	43.0	11.8	24.3	40.8	4.1	14.9	28.6
Race/Ethnicity (2-year average) f																		
White	6.6	10.9	23.5	12.1	14.0	29.7	4.7	5.9	6.5	17.4	22.3	27.1	15.4	21.0	24.6	6.0	12.3	17.3
African American	8.9	22.2	45.3	16.9	31.1	50.4	7.3	11.1	21.1	18.2	30.9	46.3	17.4	29.9	45.0	6.6	17.4	29.4
Hispanic	6.5	16.6	29.7	11.3	26.4	39.0	4.8	7.8	13.8	15.2	31.0	33.5	14.4	28.8	31.3	6.6	19.9	23.8

TABLE 4-1 (cont.)
<u>Lifetime</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

				5	Smokeles	s				L	egal Use	of Over-th	e-Counter	Stimulan	ts
	<u>Vapir</u>	ig Just Fla	avoring	I	obacco <sup>9</sup>	,n		Steroids '	0		Diet Pills	n	<u>Stay</u>	/-Awake F	Pills <sup>n</sup>
_	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	12.8	18.5	23.7	3.9	5.8	10.3	1.6	0.9	1.5	_	_	3.8	_	_	2.6
Gender															
Male	10.4	14.4	21.3	4.6	6.9	14.9	1.9	1.0	1.5	_	_	2.2	_	_	3.0
Female	15.0	22.3	26.3	3.1	4.2	6.2	1.1	0.7	1.1	_	_	5.5	_	_	2.1
College Plans															
None or under 4 years	15.9	24.2	27.1	7.3	13.5	18.2	1.6	1.1	2.6	_	_	2.6	_	_	4.1
Complete 4 years	11.8	17.3	22.5	3.3	4.2	7.4	1.5	8.0	1.2	_	_	4.0	_	_	2.1
Region															
Northeast	15.9	17.7	25.6	3.3	4.7	8.6	1.5	0.6	1.0	_	_	2.4	_	_	2.1
Midwest	12.9	19.5	24.2	4.0	5.2	12.1	1.4	8.0	1.9	_	_	4.1	_	_	4.1
South	15.3	17.1	24.5	5.2	6.7	12.6	1.8	1.2	1.7	_	_	4.0	_	_	2.4
West	6.8	20.4	20.6	2.4	5.9	6.6	1.4	8.0	1.3	_	_	4.3	_	_	2.1
Population Density															
Large MSA	10.8	15.3	20.6	2.5	3.7	8.6	1.3	0.9	1.4	_	_	4.3	_	_	2.5
Other MSA	12.9	19.3	23.8	4.0	5.7	8.2	1.7	0.9	1.9	_	_	4.2	_	_	2.5
Non-MSA	16.3	22.2	28.5	6.3	9.6	17.7	1.8	1.1	0.9	_	_	1.8	_	_	3.1
Parental Education <sup>e</sup>															
1.0-2.0 (Low)	18.9	23.9	23.1	4.0	7.0	10.7	2.0	1.0	3.0	_	_	5.6	_	_	0.0
2.5–3.0	15.8	23.5	24.9	5.7	9.1	11.1	2.3	1.4	0.3	_	_	3.6	_	_	3.2
3.5-4.0	15.8	22.0	26.9	5.0	6.0	11.0	1.3	0.7	1.0	_	_	2.3	_	_	2.5
4.5–5.0	10.7	14.5	23.9	3.1	4.5	11.4	2.0	0.7	1.3	_	_	2.7	_	_	3.2
5.5-6.0 (High)	9.0	14.6	20.7	3.5	4.2	9.9	1.3	1.1	1.9	_	_	4.9	_	_	3.2
Race/Ethnicity (2-year average) f															
White	13.5	15.4	17.2	5.1	4.5	4.7	1.3	1.1	2.1	_	_	2.9	_	_	1.5
African American	11.9	18.7	26.7	4.7	6.2	12.9	1.4	0.9	1.0	_	_	4.1	_	_	3.6
Hispanic	11.3	21.3	21.2	2.8	4.3	6.6	0.6	0.9	1.2	_	_	4.4	_	_	1.5

## TABLE 4-1 (cont.)

# <u>Lifetime</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

				I Use of Pr	escription	n ADHD D			
	<u>Sti</u>	mulant-Ty	<u>/pe</u> <sup>h</sup>	Non-S	timulant-	Type <sup>h</sup>	<u>E</u>	ither Type	<u></u> h
	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	9.7	8.5	11.2	3.5	3.4	5.8	12.0	10.6	14.6
Gender									
Male	10.5	8.6	11.9	3.5	3.7	6.2	13.2	11.1	15.6
Female	8.2	7.7	10.0	2.9	2.6	4.8	9.6	9.3	12.7
College Plans									
None or under 4 years	10.2	10.4	13.4	4.1	5.1	8.2	12.4	14.5	18.2
Complete 4 years	9.5	8.1	10.7	3.4	3.1	5.0	11.9	9.8	13.6
Region									
Northeast	8.3	7.8	8.2	2.8	3.9	4.1	9.8	10.3	10.7
Midwest	7.8	9.9	11.1	2.8	4.0	7.2	9.5	12.2	15.0
South	11.1	9.8	12.5	4.6	3.7	5.9	14.2	12.5	16.1
West	10.3	5.4	11.4	3.2	2.0	5.3	12.5	6.3	14.6
Population Density									
Large MSA	5.9	6.4	9.1	2.8	2.4	4.6	8.0	8.1	12.1
Other MSA	12.1	9.2	12.9	3.8	3.5	6.5	14.5	11.1	16.6
Non-MSA	10.4	10.4	11.0	4.2	4.9	6.1	12.8	13.8	14.4
Parental Education <sup>e</sup>									
1.0-2.0 (Low)	6.1	6.4	6.9	2.7	0.9	1.7	7.8	7.2	8.3
2.5–3.0	8.9	7.6	10.0	2.9	3.4	5.3	10.1	10.2	14.1
3.5-4.0	8.5	8.0	13.7	3.9	3.2	4.3	12.3	9.8	16.1
4.5–5.0	11.5	9.5	10.8	2.6	3.2	7.0	13.4	11.3	14.2
5.5-6.0 (High)	12.3	10.6	13.6	5.5	5.0	8.2	15.4	13.2	18.6
Race/Ethnicity (2-year average	e) <sup>f</sup>								
White	5.9	8.1	6.9	3.5	2.9	6.2	7.9	9.9	10.9
African American	11.5	9.7	14.8	3.7	3.9	6.8	14.3	12.3	18.6
Hispanic	4.9	3.4	7.8	1.9	1.8	2.8	6.5	4.8	10.5

Source. The Monitoring the Future study, the University of Michigan.

See footnotes following table 4-4.

TABLE 4-2
Annual Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

							Any II	licit Drug	other												
	<u>Approxir</u>	nate Weig	hted N <sup>a</sup>	<u>Any</u>	Illicit Dru	ıg <sup>b,v</sup>	thar	<u> Marijua</u>	na <sup>b</sup>	<u>N</u>	<u>//arijuana</u>	v v	Synthe	<u>tic Mariju</u>	ana <sup>h,k</sup>	<u>lı</u>	<u>nhalants</u> '	0	<u>Hallı</u>	<u>ıcinogen</u>	s <sup>d,p</sup>
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	9,300	11,200	8,900	11.0	21.5	32.6	4.9	5.7	8.0	8.3	19.5	30.7	1.5	2.2	3.2	3.6	2.4	1.8	1.2	2.1	4.4
Gender																					
Male	4,400	5,500	4,200	9.3	18.2	31.0	3.6	5.4	8.2	7.0	16.4	29.1	1.2	2.1	3.5	2.6	2.1	2.5	0.9	2.2	5.4
Female	4,100	4,800	4,100	11.8	23.6	33.5	5.7	5.3	7.2	8.7	22.0	31.7	1.5	1.7	2.8	4.3	2.3	0.9	1.1	1.6	3.1
College Plans																					
None or under 4 years	1,400	2,000	2,000	15.6	31.8	33.9	6.5	9.4	10.3	12.0	29.5	31.8	3.9	3.0	5.1	3.5	2.8	1.9	2.4	4.6	6.7
Complete 4 years	7,500	8,900	6,400	9.8	19.2	32.0	4.4	4.9	6.9	7.2	17.5	30.3	1.0	2.0	2.4	3.3	2.3	1.7	0.9	1.5	3.6
Region																					
Northeast	1,500	1,900	1,600	12.3	22.1	35.2	2.9	4.3	6.5	10.2	20.8	34.0	1.0	1.2	2.3	2.4	2.5	1.0	0.3	1.1	2.8
Midwest	2,100	2,500	1,900	9.7	21.9	32.0	4.6	7.2	6.6	6.7	19.1	30.6	1.2	2.1	3.4	4.1	2.3	2.1	1.2	2.7	3.2
South	3,500	4,200	3,200	11.4	18.8	30.8	5.7	5.4	8.2	8.2	16.4	28.4	2.3	3.0	4.0	4.8	2.1	1.5	1.4	1.7	4.4
West	2,200	2,600	2,200	10.8	25.1	34.1	5.0	5.9	9.8	8.4	24.2	32.0	8.0	1.8	2.5	2.1	2.8	2.7	1.5	2.7	6.8
Population Density																					
Large MSA	3,100	3,800	2,900	9.8	20.8	31.5	3.6	5.6	7.3	7.6	18.2	29.8	1.3	2.0	1.4	2.3	2.3	1.6	0.8	2.0	4.0
Other MSA	4,300	5,200	4,200	11.8	22.9	34.3	5.3	6.1	8.8	8.9	21.6	32.4	1.6	2.3	3.9	3.7	2.4	1.8	1.2	2.4	5.2
Non-MSA	1,900	2,200	1,800	11.3	19.6	30.6	5.9	5.0	6.9	8.0	16.9	28.5	1.6	2.1	4.3	5.5	2.4	2.1	1.9	1.5	3.3
Parental Education <sup>e</sup>																					
1.0-2.0 (Low)	800	900	900	16.4	21.7	28.8	5.5	6.1	5.7	12.6	22.0	26.9	2.4	3.1	3.0	4.7	2.0	0.6	1.8	2.6	2.5
2.5–3.0	1,400	1,700	1,600	12.8	26.5	32.0	4.9	6.6	8.1	10.6	24.1	30.0	2.5	3.5	3.8	4.2	2.5	1.4	1.5	2.8	4.6
3.5-4.0	1,800	2,400	1,900	13.4	25.4	33.5	6.7	6.7	8.3	11.2	22.8	31.9	2.2	1.9	3.9	4.1	2.4	1.2	1.7	2.4	5.6
4.5–5.0	2,400	3,000	2,400	8.5	20.4	34.9	4.1	5.3	8.2	6.7	17.9	33.4	1.0	2.3	2.2	2.5	2.2	3.1	0.9	2.0	4.6
5.5-6.0 (High)	1,500	2,000	1,400	9.9	16.3	33.8	5.3	5.1	8.2	4.8	14.3	31.7	0.1	1.4	3.3	3.9	1.9	1.3	0.6	1.4	4.1
Race/Ethnicity (2-year average) f																					
White	9,400	10,500	8,400	10.2	14.4	27.7	3.0	3.2	4.9	7.7	13.0	25.8	2.3	2.4	1.4	3.1	2.1	1.0	0.4	1.1	2.0
African American	2,700	2,200	1,800	10.1	20.7	34.2	4.9	5.3	7.7	7.1	19.0	32.6	1.3	1.9	2.6	4.9	2.2	2.0	1.1	2.2	4.0
Hispanic	3,100	4,300	3,400	9.2	20.2	27.5	4.3	5.9	6.2	7.5	18.7	25.9	1.2	1.6	2.8	3.0	1.9	1.4	1.2	2.1	3.6

TABLE 4-2 (cont.)

<u>Annual Prevalence of Use of Various Drugs by Subgroups</u>
for 8th, 10th, and 12th Graders, 2022

		n			llucinoge				cr		hk									caine oth	
	Oth	LSD p	4.04h		er than LS			asy (MDN			Salvia h,k			Cocaine	1046	Oth	Crack	10th		an Crack	_
Total	8th 0.6	10th 1.3	12th 2.5	8th	10th 1.6	12th 3.4	8th 0.6	10th 0.7	12th	8th 0.8	10th 0.8	12th 0.8	8th 0.5	10th 0.3	12th 1.5	8th 0.4	10th 0.2	12th 0.9	8th	10th 0.2	12th 1.3
Total	0.6	1.3	2.5	1.0	1.6	3.4	0.6	0.7	1.4	0.8	0.8	0.8	0.5	0.3	1.5	0.4	0.2	0.9	0.4	0.2	1.3
Gender																					
Male	0.4	1.5	3.3	0.8	1.7	4.3	0.5	0.7	2.0	0.7	0.6	0.3	0.4	0.2	1.7	0.3	0.1	1.1	0.2	0.2	1.6
Female	0.6	0.7	1.4	1.0	1.4	2.4	0.5	0.7	8.0	1.0	0.5	0.6	0.5	0.2	1.2	0.4	0.1	0.7	0.4	0.2	1.1
College Plans																					
None or under 4 years	1.4	2.8	4.2	1.7	3.7	5.4	1.0	1.4	2.3	1.9	1.4	1.9	1.1	0.9	2.5	1.0	0.6	1.8	0.6	0.7	2.3
Complete 4 years	0.4	0.9	1.9	8.0	1.2	2.7	0.5	0.6	1.0	0.6	0.6	0.5	0.4	0.2	0.9	0.3	0.1	0.5	0.3	0.2	8.0
Region																					
Northeast	0.2	0.7	1.6	0.3	0.9	1.7	0.1	0.4	1.1	8.0	0.4	0.6	0.3	0.4	1.2	0.3	0.2	0.6	0.1	0.2	1.0
Midwest	0.3	1.4	2.0	1.1	2.1	2.5	0.3	0.7	8.0	0.3	0.6	0.7	0.2	0.3	8.0	0.2	0.2	0.7	0.1	0.3	0.9
South	0.9	1.3	2.7	1.1	1.2	3.6	0.9	0.9	1.3	1.1	1.0	0.7	0.7	0.3	1.6	0.6	0.3	1.1	0.5	0.2	1.4
West	0.7	1.5	3.2	1.3	2.4	5.3	0.6	0.7	2.2	0.8	0.8	1.1	0.6	0.2	2.1	0.4	0.2	1.1	0.5	0.2	1.8
Population Density																					
Large MSA	0.3	1.2	2.0	0.7	1.5	3.2	0.3	0.5	1.1	0.9	8.0	0.4	0.4	0.2	1.7	0.4	0.1	1.0	0.3	0.1	1.3
Other MSA	0.6	1.4	3.0	1.0	1.9	4.0	0.6	0.9	1.6	0.5	0.7	0.9	0.4	0.3	1.3	0.2	0.3	0.7	0.3	0.3	1.4
Non-MSA	1.0	1.1	1.9	1.7	1.3	2.5	0.8	8.0	1.3	1.3	0.7	1.3	1.0	0.5	1.6	0.9	0.3	1.2	0.6	0.4	1.4
Parental Education <sup>e</sup>																					
1.0-2.0 (Low)	0.9	1.7	2.2	1.3	1.8	1.9	0.6	0.4	1.2	2.2	1.4	0.3	1.1	0.3	0.9	0.9	0.2	8.0	8.0	0.3	1.0
2.5–3.0	1.0	1.7	2.5	1.4	2.0	3.3	0.9	0.9	1.5	0.5	1.0	0.0	0.7	0.4	1.8	0.6	0.3	8.0	0.6	0.3	1.7
3.5-4.0	0.9	1.2	3.5	1.6	2.1	4.0	0.7	8.0	1.9	0.7	0.6	2.0	0.7	0.3	0.8	0.6	0.2	0.6	0.5	0.2	0.6
4.5–5.0	0.4	1.1	2.4	0.8	1.7	3.6	0.6	0.7	0.8	0.6	0.5	0.4	0.4	0.3	1.6	0.3	0.2	1.1	0.3	0.3	1.4
5.5-6.0 (High)	0.3	1.1	1.3	0.6	1.0	3.7	0.3	1.0	0.9	0.6	0.7	1.0	0.3	0.3	1.7	0.3	0.2	0.7	0.2	0.2	1.8
Race/Ethnicity (2-year average) f																					
White	0.2	0.7	1.5	0.3	0.6	1.6	0.4	0.4	0.6	1.6	0.7	1.3	0.2	0.2	0.4	0.2	0.1	0.3	0.2	0.1	0.0
African American	0.7	1.3	2.2	0.8	1.6	3.0	0.6	0.7	1.5	0.5	0.3	0.6	0.3	0.3	1.3	0.3	0.1	0.7	0.2	0.3	1.2
Hispanic	0.9	1.7	2.4	0.9	1.5	2.6	0.6	0.7	1.1	0.7	0.7	0.5	0.4	0.7	1.1	0.3	0.5	0.7	0.4	0.6	0.8

TABLE 4-2 (cont.)

<u>Annual Prevalence of Use of Various Drugs by Subgroups</u>
for 8th, 10th, and 12th Graders, 2022

		Heroin,			rcotics ot			0 "	a i k		e e ci	k			i
	8th	Any Use 10th	12th	th 8th	<u>ıan Heroiı</u> 10th	<u>1</u> ′ 12th	8th	c <mark>yContin</mark> '	12th	8th	<mark>/icodin</mark> <sup>c,j</sup> 10th	12th	Am 8th	<u>phetamin</u> 10th	<u>ies</u> ' 12th
Total	0.3	0.2	0.3	— OIII	1001	1.7	0.7	0.9	1.9	0.7	1.0	1.3	3.2	3.1	2.8
Gender	0.5	0.2	0.5			1.7	0.7	0.9	1.5	0.7	1.0	1.0	5.2	5.1	2.0
Male	0.1	0.3	0.3	_	_	1.6	0.5	0.9	2.2	0.8	1.0	1.7	2.3	2.9	2.9
Female	0.3	*	0.2	_	_	1.7	0.9	0.5	1.5	0.7	0.7	0.8	3.8	3.1	2.8
College Plans	0.0		0.2				0.0	0.0	1.0	0.1	0.1	0.0	0.0	0.1	2.0
None or under 4 years	0.3	0.4	0.8	_	_	2.6	1.1	2.4	2.8	0.9	2.5	2.0	3.7	4.6	3.2
Complete 4 years	0.2	0.2	*	_	_	1.3	0.6	0.5	1.4	0.6	0.7	0.9	3.0	2.8	2.5
Region	0.2	0.2				1.0	0.0	0.0		0.0	0.1	0.0	0.0	2.0	2.0
Northeast	0.1	0.2	0.1	_	_	1.2	1.1	0.4	1.5	0.9	0.4	1.3	2.2	2.2	2.7
Midwest	*	0.2	0.3	_	_	1.6	0.3	1.3	1.2	0.3	1.1	1.1	3.1	4.0	2.8
South	0.5	0.2	0.4	_	_	1.8	0.8	0.9	2.4	1.0	1.4	1.9	4.0	3.2	2.4
West	0.2	0.2	0.2	_	_	1.9	0.5	0.7	2.1	0.3	0.8	0.7	2.8	2.7	3.4
Population Density															
Large MSA	0.2	0.2	0.2	_	_	1.3	1.1	0.8	1.4	0.9	0.7	0.9	2.2	3.1	2.6
Other MSA	0.3	0.3	0.3	_	_	1.9	0.4	0.9	2.2	0.5	1.2	1.6	3.6	3.2	3.2
Non-MSA	0.4	0.1	0.4	_	_	1.8	0.6	0.8	2.0	0.6	1.1	1.4	4.2	2.8	2.2
Parental Education <sup>e</sup>															
1.0-2.0 (Low)	0.2	0.1	0.2	_	_	1.0	1.6	0.2	2.6	1.6	0.9	2.2	2.9	2.0	2.3
2.5–3.0	0.5	0.4	0.1	_	_	2.1	0.9	2.0	2.4	0.5	1.6	1.4	3.6	3.9	2.8
3.5-4.0	0.4	0.1	0.3	_	_	2.3	0.9	1.1	1.4	0.5	1.1	1.0	4.1	3.8	2.7
4.5–5.0	0.3	0.3	0.3	_	_	1.0	0.4	0.5	1.6	0.9	0.9	1.4	2.9	3.0	2.5
5.5-6.0 (High)	0.1	*	0.2	_	_	1.7	0.0	0.7	2.1	0.0	0.7	1.0	3.7	2.9	3.6
Race/Ethnicity (2-year average) <sup>f</sup>															
White	0.3	0.0	0.1	_	_	1.0	2.1	1.4	1.4	1.7	1.0	1.5	2.2	1.7	1.4
African American	0.1	0.1	0.1	_	_	1.3	0.4	0.9	1.3	0.3	0.5	0.9	3.3	2.9	2.9
Hispanic	0.2	0.2	0.1			1.3	0.6	0.8	1.5	1.0	0.8	1.0	2.4	3.0	1.7

TABLE 4-2 (cont.)

<u>Annual Prevalence of Use of Various Drugs by Subgroups</u>
for 8th, 10th, and 12th Graders, 2022

			in h,j,k <u>Adderall</u> h,j,k <u>Methamphetamine</u> h,k								Crystal			Sedatives				
		Ritalin h,j,									phetamin			<u>arbiturate</u>			<u>anquilize</u>	
-	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	0.7	0.7	1.1	2.3	2.9	3.4	0.2	0.3	0.5	_	_	0.3	_	_	2.0	1.4	1.5	1.5
Gender																		
Male	0.5	0.7	1.4	2.1	3.1	4.1	0.1	0.3	0.5	_	_	0.4	_		2.0	0.9	1.4	1.5
Female	0.9	0.5	8.0	2.3	2.1	2.9	0.2	0.2	0.5	_	_	0.2	_	_	2.0	1.8	1.5	1.7
College Plans																		
None or under 4 years	0.9	1.8	2.2	3.8	4.5	5.3	0.6	1.2	1.3	_	_	1.0	_		2.6	1.6	2.9	2.0
Complete 4 years	0.6	0.5	0.4	2.0	2.5	2.6	0.1	0.1	0.2	_	_	0.1	_	_	1.7	1.3	1.3	1.4
Region																		
Northeast	8.0	0.5	0.6	1.5	1.5	2.0	0.1	*	0.4	_	_	0.1	_	_	1.5	0.6	1.4	1.2
Midwest	0.3	0.5	0.9	2.2	3.4	4.0	0.0	0.5	0.5	_	_	0.2	_	_	1.5	0.7	1.5	0.9
South	1.0	1.0	2.2	2.9	2.9	3.8	0.6	0.3	0.8	_	_	0.5			2.4	2.1	1.6	1.6
West	0.3	0.7	0.1	2.1	3.4	3.4	0.0	0.3	0.3	_	_	0.3			2.2	1.4	1.7	2.2
Population Density																		
Large MSA	0.9	0.6	0.7	2.7	2.6	2.9	*	0.3	0.5	_	_	0.5	_	_	1.8	1.2	1.3	1.3
Other MSA	0.4	8.0	1.2	1.8	3.1	3.5	0.3	0.3	0.7	_	_	0.2	_	_	2.3	1.3	1.8	1.7
Non-MSA	0.8	0.9	1.6	3.0	3.0	4.1	0.4	0.3	0.3	_	_	0.2	_	_	1.8	1.8	1.3	1.6
Parental Education <sup>e</sup>																		
1.0-2.0 (Low)	1.6	0.2	1.3	2.6	3.2	3.7	0.5	0.0	0.2	_	_	1.0	_	_	1.4	1.5	1.8	1.8
2.5–3.0	0.9	1.8	0.9	1.5	5.0	2.7	0.1	1.0	0.5	_	_	0.4	_	_	2.3	1.5	1.6	1.5
3.5–4.0	0.9	0.9	1.3	3.2	3.8	3.6	0.1	0.3	8.0	_	_	0.1	_	_	2.3	2.1	2.2	1.9
4.5–5.0	0.3	0.2	1.1	2.7	2.0	3.0	0.3	0.3	0.0	_	_	0.2	_	_	2.1	1.1	1.6	1.3
5.5–6.0 (High)	0.0	0.6	1.2	1.0	2.0	3.8	0.3	0.0	0.4	_	_	0.4	_	_	2.0	1.4	1.0	1.6
Race/Ethnicity (2-year average) <sup>f</sup>																		
White	2.0	0.9	1.7	2.9	3.0	1.9	0.2	0.5	0.0	_	_	0.6	_	_	1.4	0.6	1.1	1.3
African American	0.4	0.4	0.6	2.0	2.2	2.8	0.1	0.1	0.4	_	_	0.1	_	_	2.0	1.2	1.3	1.5
Hispanic	0.5	0.9	0.6	2.1	2.7	1.8	0.3	0.3	0.3	_	_	0.3	_		1.4	1.6	1.7	1.2

TABLE 4-2 (cont.)

<u>Annual Prevalence of Use of Various Drugs by Subgroups</u>
for 8th, 10th, and 12th Graders, 2022

#### Over-the-Counter

				Ovei	hk mn					b.											
	Any P	rescriptio	n Drug <sup>I</sup>	Cough/C	Cough/Cold Medicines h,k			ohypnol <sup>r</sup>	n,n		GHB <sup>n</sup>			<u>Ketamine</u>	h		Alcohol		Be	een Drun	<u>k</u>
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total		_	5.0	3.2	3.9	2.4	0.2	*	0.7		_	0.5	_	_	1.2	15.2	31.3	51.9	4.7	14.6	29.6
Gender																					
Male	_	_	4.8	3.4	4.3	2.6	*	0.0	0.4	_	_	0.7	_	_	1.3	13.0	26.9	49.9	4.0	13.1	29.4
Female	_	_	5.1	3.2	3.0	1.8	0.2	0.0	0.2	_	_	0.2	_	_	0.9	16.3	35.7	54.0	4.9	16.3	31.2
College Plans																					
None or under 4 years	_	_	5.8	3.5	4.8	2.8	0.1	0.0	1.8	_	_	1.3	_	_	2.0	18.4	35.1	50.6	6.2	18.6	27.5
Complete 4 years	_	_	4.4	3.2	3.7	1.9	0.2	*	0.3	_	_	0.2	_	_	0.9	14.5	30.5	52.6	4.4	13.8	30.2
Region																					
Northeast	_	_	4.4	2.2	3.6	1.4	0.0	0.1	0.6	_	_	0.6	_	_	1.2	12.5	35.0	60.0	4.4	17.0	38.4
Midwest	_	_	4.7	3.1	5.6	1.4	0.0	0.0	0.7	_	_	0.7	_	_	1.0	15.2	34.4	52.1	4.0	15.0	32.2
South	_	_	5.3	4.1	3.5	3.6	0.6	0.0	0.4	_	_	0.6	_	_	1.7	17.7	27.6	47.8	5.7	12.2	28.2
West	_	_	5.3	2.6	2.9	2.1	0.1	0.0	1.1	_	_	0.1	_	_	0.7	13.2	31.6	51.9	4.0	16.1	22.8
Population Density																					
Large MSA	_	_	4.8	2.5	2.7	1.7	0.3	*	0.6	_	_	0.5	_	_	1.2	11.6	29.1	53.2	3.7	12.2	29.7
Other MSA	_	_	5.3	2.8	4.7	2.5	0.3	0.0	0.9	_	_	0.2	_	_	1.0	16.4	33.2	50.8	4.4	15.6	27.9
Non-MSA	_	_	4.7	5.6	4.0	3.3	0.0	0.0	0.4	_	_	1.3	_	_	1.6	18.6	30.9	52.2	7.1	16.4	33.6
Parental Education <sup>e</sup>																					
1.0–2.0 (Low)	_	_	4.2	2.1	4.3	1.1	0.0	0.0	8.0	_	_	0.5	_	_	0.6	15.8	29.5	44.4	5.2	13.7	19.4
2.5–3.0	_	_	5.4	2.6	3.7	3.1	0.0	0.0	0.0	_	_	0.0	_	_	0.7	16.2	31.9	46.5	6.6	14.6	26.6
3.5–4.0	_	_	5.1	4.6	3.8	3.1	0.0	0.0	1.3	_	_	1.0	_	_	2.5	17.3	36.2	51.3	5.8	16.4	26.8
4.5–5.0	_	_	4.7	3.8	4.5	1.9	0.4	0.0	0.4	_	_	0.4	_	_	0.9	18.2	31.8	56.4	4.7	14.2	32.0
5.5–6.0 (High)	_	_	5.2	2.0	2.6	2.7	0.7	0.0	0.9	_	_	0.6	_	_	0.5	13.9	32.8	62.8	4.1	17.0	44.4
Race/Ethnicity (2-year average) <sup>f</sup>																					
White	_	_	3.4	4.3	2.8	2.3	0.4	0.0	0.6	_	_	0.6	_	_	0.8	11.0	18.4	31.5	2.7	6.7	15.7
African American	_	_	5.1	4.0	3.6	2.1	0.1	0.1	0.4	_	_	0.2	_	_	0.9	19.1	34.7	56.5	6.1	17.5	36.6
Hispanic	_	_	3.8	1.7	3.5	1.3	0.2	0.3	0.5	_	_	0.5	_	_	1.1	11.6	27.2	41.4	4.5	11.4	21.2

TABLE 4-2 (cont.)

<u>Annual Prevalence of Use of Various Drugs by Subgroups</u>
for 8th, 10th, and 12th Graders, 2022

	Flav	ored Alco	oholic	<b>3</b>					ing												
	<u>B</u>	everages	k,n	contai	ning Caff	eine <sup>h,k</sup>	<u> </u>	a Hookah	n	<u>Sr</u>	nall Ciga	rs <sup>n</sup>	<u> </u>	ny Vapir	<u>ıg</u>	<u>Va</u>	oing Nico	<u>tine</u>	<u>Vap</u>	ing Marijı	<u>uana</u>
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	10.1	22.0	37.5	4.7	7.1	11.6	_	_	3.3	_	_	5.6	13.8	23.8	32.1	12.0	20.5	27.3	6.0	15.0	20.6
Gender																					
Male	8.1	17.5	33.2	3.5	5.7	10.7	_	_	4.6	_	_	9.2	11.1	20.0	30.5	9.5	16.6	26.3	5.2	13.0	19.3
Female	11.0	27.6	42.4	5.8	8.4	12.0	_	_	2.1	_	_	2.0	15.5	26.7	33.6	13.6	23.5	28.3	6.0	16.2	21.7
College Plans																					
None or under 4 years	11.0	20.0	34.5	7.5	12.9	12.2	_	_	5.2	_	_	8.0	19.5	32.3	36.2	17.6	27.1	31.9	9.6	21.8	21.7
Complete 4 years	9.7	22.7	38.1	4.3	5.8	11.4	_	_	2.2	_	_	4.4	12.4	21.9	30.8	10.8	18.9	25.9	5.1	13.4	20.3
Region																					
Northeast	10.4	24.2	45.9	5.0	6.6	11.5	_	_	2.5	_	_	7.3	15.6	23.5	36.2	13.1	20.2	31.9	6.2	15.2	22.8
Midwest	9.5	22.3	41.2	5.2	9.0	11.4	_	_	0.6	_	_	4.7	13.9	24.9	33.2	12.6	22.2	29.4	5.5	15.1	20.4
South	11.4	21.2	32.7	5.5	5.4	11.3	_	_	5.0	_	_	6.1	15.8	22.2	31.8	14.3	18.8	27.2	6.5	12.7	18.8
West	8.3	21.6	35.7	2.9	8.1	12.3	_	_	4.0	_	_	4.6	9.1	25.7	28.6	7.1	21.7	22.3	5.4	18.4	21.8
Population Density																					
Large MSA	6.8	20.0	40.1	4.1	4.2	11.2	_	_	1.9	_	_	5.8	11.0	20.0	28.6	9.5	16.0	23.4	4.7	12.6	19.6
Other MSA	11.0	23.8	36.0	4.1	9.0	11.5	_	_	4.0	_	_	5.2	14.7	25.1	32.0	12.5	22.0	27.0	6.8	16.7	21.6
Non-MSA	13.0	21.4	36.3	7.4	7.3	12.5	_	_	3.7	_	_	6.5	16.3	27.5	38.2	15.3	24.8	34.6	6.2	15.1	19.7
Parental Education <sup>e</sup>																					
1.0–2.0 (Low)	13.4	14.7	24.6	6.6	11.5	7.2	_	_	4.7	_	_	2.1	19.1	26.5	25.6	16.7	20.8	21.5	9.6	17.6	15.3
2.5–3.0	11.0	23.0	33.0	5.6	10.9	8.6	_	_	5.7	_	_	8.2	16.9	29.3	31.8	14.4	24.8	26.6	7.4	17.9	20.5
3.5–4.0	11.7	23.7	40.2	6.7	7.5	13.1	_	_	2.5	_	_	3.6	17.8	27.8	33.4	16.8	24.6	28.9	7.6	17.8	21.9
4.5–5.0	12.2	24.9	40.5	4.7	6.1	11.2	_	_	2.6	_	_	6.5	11.5	20.2	34.4	9.7	17.3	29.7	5.3	11.9	21.9
5.5–6.0 (High)	6.1	24.3	44.2	3.0	5.9	16.6	_	_	2.7	_	_	7.7	10.2	19.5	34.9	8.1	17.7	29.8	3.7	12.5	22.5
Race/Ethnicity (2-year average) <sup>f</sup>																					
White	7.3	9.4	17.2	4.3	2.3	5.0	_	_	3.3	_	_	2.5	12.1	16.5	20.5	9.4	13.2	15.9	3.7	9.1	12.0
African American	12.0	25.0	42.1	6.3	9.0	13.1	_	_	2.0	_	_	5.1	14.1	24.7	37.3	13.2	22.4	33.3	5.2	14.1	22.0
Hispanic	7.5	17.5	27.6	3.7	6.8	7.3	_	_	2.6		_	3.4	11.7	22.2	24.6	10.2	18.0	18.5	4.6	14.3	16.8

TABLE 4-2 (cont.)

# **Annual** Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

#### Dissolvable

				_	JISSOIVAD	_														
	<u>Vapin</u>	ig Just Fla	avoring	Tobac	cco Produ	ıcts k,n		Snus k,n			Steroids <sup>o</sup>		Andı	rostenedi	one <sup>h</sup>	<u>C</u>	Creatine 1	ı,k		
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th		
Total	8.2	11.3	11.8	0.8	0.9	1.7	1.0	1.5	2.4	0.8	0.5	1.3	_	_	1.9	4.3	10.7	11.8		
Gender																				
Male	6.6	8.0	10.1	0.9	0.7	1.9	8.0	1.8	4.1	0.7	0.5	1.3	_	_	2.8	7.7	17.3	18.6		
Female	9.5	14.6	13.7	0.7	0.7	1.2	1.2	0.7	0.5	0.6	0.4	0.9	_	_	1.1	0.9	3.3	5.2		
College Plans																				
None or under 4 years	10.9	14.6	13.8	1.6	1.5	1.6	2.1	2.8	5.4	8.0	0.6	2.6	_	_	3.4	4.5	10.3	10.5		
Complete 4 years	7.4	10.6	11.0	0.7	8.0	1.7	8.0	1.2	1.4	0.8	0.4	0.9	_	_	0.7	4.3	10.8	11.7		
Region																				
Northeast	10.8	10.8	12.2	1.1	1.1	2.4	0.9	0.4	3.1	0.3	0.3	1.0	_	_	0.5	2.1	9.2	14.2		
Midwest	7.9	11.9	11.9	0.4	0.9	1.8	0.7	1.8	2.4	0.6	0.5	1.8	_	_	0.9	4.1	14.4	12.3		
South	9.7	10.3	13.1	1.4	0.7	1.7	1.4	1.7	3.1	1.3	0.6	1.2	_	_	3.6	6.3	10.3	11.0		
West	4.2	12.8	9.5	0.3	0.9	1.0	0.6	1.6	0.5	0.5	0.5	1.2	_	_	1.2	2.7	8.4	10.8		
Population Density																				
Large MSA	6.3	9.2	10.8	0.9	1.0	1.6	1.0	1.2	1.6	0.7	0.5	1.4	_	_	1.2	3.0	10.4	11.2		
Other MSA	8.9	12.2	10.9	0.7	0.8	2.1	0.7	1.6	2.0	0.7	0.4	1.4	_	_	2.3	4.7	9.3	12.0		
Non-MSA	9.8	12.9	15.8	1.1	1.0	1.1	1.6	1.7	4.6	1.0	0.7	0.9	_	_	1.9	5.5	14.2	12.0		
Parental Education <sup>e</sup>																				
1.0-2.0 (Low)	13.9	13.5	10.9	1.5	2.0	1.2	1.5	2.2	1.2	1.2	0.2	3.0	_	_	2.9	3.4	4.8	3.4		
2.5–3.0	9.4	15.4	13.1	0.9	0.7	2.2	2.1	1.7	1.3	1.2	0.5	0.3	_	_	2.7	3.1	10.6	10.7		
3.5-4.0	11.2	13.4	13.5	0.7	1.1	1.4	0.9	1.3	2.6	0.7	0.4	8.0	_	_	1.1	5.8	11.3	11.7		
4.5–5.0	5.9	9.3	11.1	0.7	0.7	1.5	8.0	1.7	3.3	0.7	0.5	1.1	_	_	2.0	4.1	12.5	15.0		
5.5-6.0 (High)	6.2	7.7	10.9	0.4	0.4	1.4	0.2	1.0	1.8	8.0	0.7	1.3	_	_	1.7	6.9	12.4	14.6		
Race/Ethnicity (2-year average) f																				
White	8.7	8.7	10.1	1.9	8.0	1.1	1.7	0.6	0.9	0.4	8.0	1.7	_	_	1.9	2.6	5.9	4.2		
African American	7.6	11.3	12.7	8.0	0.4	1.1	1.2	1.5	3.1	0.6	0.4	0.7	_	_	8.0	5.0	11.0	11.9		
Hispanic	7.4	11.4	10.3	0.4	0.7	1.8	0.5	0.9	1.4	0.4	0.3	1.1	_	_	1.7	2.0	4.3	6.7		

## TABLE 4-2 (cont.)

# **Annual** Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

	L	egal Use	of Over-the	e-Counter	Stimulant	s
•		Diet Pills	n	Stay	-Awake F	Pills <sup>n</sup>
	8th	10th	12th	8th	10th	12th
Total	_	_	1.6		_	1.6
Gender						
Male	_	_	1.1	_	_	1.4
Female	_	_	2.1	_	_	1.6
College Plans						
None or under 4 years	_	_	1.3	_	_	2.6
Complete 4 years	_	_	1.5	_	_	1.1
Region						
Northeast	_	_	8.0	_	_	1.6
Midwest	_	_	1.9	_	_	2.3
South	_	_	2.3	_	_	0.9
West	_	_	1.2	_	_	1.9
Population Density						
Large MSA	_	_	1.5	_	_	1.6
Other MSA	_	_	1.9	_	_	1.7
Non-MSA	_	_	1.0	_	_	1.1
Parental Education <sup>e</sup>						
1.0-2.0 (Low)	_	_	1.1	_	_	0.0
2.5–3.0	_	_	2.1	_	_	8.0
3.5-4.0	_	_	1.0	_	_	1.7
4.5–5.0	_	_	1.7	_	_	1.7
5.5–6.0 (High)	_	_	1.5	_	_	2.7
Race/Ethnicity (2-year average) f						
White	_	_	1.5	_	_	1.1
African American	_	_	1.9	_	_	1.5
Hispanic	_	_	1.2	_	_	0.4

Source. The Monitoring the Future study, the University of Michigan.

See footnotes following Table 4-4.

TABLE 4-3
Thirty-Day Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

		Any Illio							other													
	<u>Approxim</u>	ate Weigh	ited N a	<u>Any</u>	Illicit Dru	ıg <sup>b,v</sup>	thar	<u> Marijua</u>	na <sup>b</sup>	<u>N</u>	<u>larijuana</u>	<u> </u>	<u>l</u> 1	nhalants	С	Hall	<u>ucinogen</u>	s <sup>d,p</sup>		LSD <sup>p</sup>		
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	
Total	9,300	11,200	8,900	6.5	12.9	21.6	2.5	2.4	3.6	5.0	12.1	20.2	1.9	1.2	0.7	0.5	0.7	1.4	0.2	0.4	8.0	
Gender																						
Male	4,400	5,500	4,200	5.4	11.2	20.7	1.7	2.3	3.9	4.3	10.5	19.2	1.1	1.0	8.0	0.3	0.7	1.9	0.2	0.4	1.2	
Female	4,100	4,800	4,100	6.7	13.3	21.6	2.9	2.0	3.0	5.1	12.9	20.3	2.4	1.1	0.4	0.5	0.5	0.9	0.2	0.1	0.4	
College Plans																						
None or under 4 years	1,400	2,000	2,000	12.1	22.8	23.7	3.3	4.2	5.1	9.1	21.6	22.0	1.9	1.5	1.2	1.0	1.5	3.0	0.6	8.0	1.8	
Complete 4 years	7,500	8,900	6,400	5.1	10.7	20.5	2.2	2.0	2.7	3.8	10.0	19.4	1.7	1.1	0.5	0.3	0.5	0.9	0.1	0.2	0.5	
Region																						
Northeast	1,500	1,900	1,600	8.2	12.8	22.9	1.5	1.8	2.5	7.0	12.1	22.2	0.9	1.4	0.1	0.1	0.4	0.9	*	0.3	0.5	
Midwest	2,100	2,500	1,900	5.8	14.1	20.8	2.5	3.0	3.0	4.0	12.6	19.7	2.0	0.8	0.9	0.4	0.7	8.0	0.1	0.4	0.4	
South	3,500	4,200	3,200	7.3	10.0	20.2	3.3	2.6	3.8	5.0	8.9	18.7	2.7	1.1	0.9	0.6	0.7	1.7	0.4	0.5	1.1	
West	2,200	2,600	2,200	4.7	16.5	23.4	2.0	2.2	4.4	4.4	17.0	21.4	1.0	1.4	0.6	0.5	0.9	2.0	0.2	0.3	1.1	
Population Density																						
Large MSA	3,100	3,800	2,900	6.0	11.8	20.4	1.9	2.2	3.4	4.7	10.8	19.3	1.3	8.0	0.3	0.3	0.5	1.7	0.1	0.3	1.0	
Other MSA	4,300	5,200	4,200	6.5	14.5	23.2	2.5	2.8	3.6	5.3	14.1	21.9	1.7	1.2	0.6	0.4	0.9	1.4	0.2	0.4	8.0	
Non-MSA	1,900	2,200	1,800	7.5	10.7	19.6	3.5	1.9	3.6	4.7	9.5	17.7	3.0	1.6	1.4	8.0	0.6	1.1	0.4	0.5	0.5	
Parental Education <sup>e</sup>																						
1.0-2.0 (Low)	800	900	900	9.4	11.4	19.3	2.7	2.8	2.7	6.5	12.4	18.1	2.2	1.0	0.4	1.0	1.2	1.1	0.7	8.0	0.9	
2.5–3.0	1,400	1,700	1,600	9.0	17.9	22.5	3.3	3.0	3.6	7.3	16.9	21.6	1.9	1.3	0.7	8.0	1.0	1.6	0.4	0.6	8.0	
3.5–4.0	1,800	2,400	1,900	6.5	15.4	22.4	3.3	2.3	3.7	5.3	14.1	21.0	1.7	1.0	0.6	0.5	8.0	2.1	0.2	0.3	1.3	
4.5–5.0	2,400	3,000	2,400	5.7	12.1	22.6	2.1	2.3	3.2	4.3	10.9	21.4	1.2	1.2	1.0	0.3	0.6	1.1	0.1	0.2	0.6	
5.5–6.0 (High)	1,500	2,000	1,400	4.5	8.8	20.6	1.9	2.2	3.6	3.0	7.7	18.6	2.6	1.1	0.2	0.1	0.1	1.4	*	0.1	0.6	
Race/Ethnicity (2-year average) <sup>f</sup>																						
White	9,400	10,500	8,400	6.1	7.9	19.2	1.8	1.7	2.3	4.8	7.2	17.9	1.7	1.4	0.7	0.2	0.3	0.7	0.1	0.2	0.4	
African American	2,700	2,200	1,800	5.8	12.0	21.7	2.6	2.3	2.9	3.9	11.0	20.5	1.9	0.9	0.7	0.4	0.7	1.0	0.2	0.3	0.6	
Hispanic	3,100	4,300	3,400	5.2	12.7	18.2	1.7	2.7	3.0	4.1	12.2	16.9	1.2	0.6	0.6	0.4	0.7	1.1	0.3	0.5	0.7	

TABLE 4-3 (cont.)

<u>Thirty-Day</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

		allucinoge										caine oth		Heroin,				
	othe 8th	er than LS 10th	<u>D <sup>թ</sup></u> 12th	Ecsta 8th	<u>ısy (MDN</u> 10th		8th	Cocaine 10th	12th	8th	Crack 10th	12th	th 8th	<u>ian Crack</u> 10th	<u>.'</u> 12th	8th	Any Use s	
_ Total	0.4	0.5	1.1	0.2	0.3	12th 0.9	0.3	0.2	0.8	0.3	0.1	0.6	0.2	0.1	0.8	0.2	10th 0.2	12th 0.3
	0.4	0.5	1.1	0.2	0.3	0.9	0.3	0.2	0.8	0.3	0.1	0.6	0.2	0.1	0.8	0.2	0.2	0.3
Gender																		
Male	0.2	0.5	1.4	0.2	0.3	1.4	0.2	0.1	1.0	0.2	0.1	0.8	0.1	0.1	1.0	0.1	0.2	0.2
Female	0.4	0.4	0.6	0.3	0.3	0.5	0.2	0.1	0.5	0.2	0.1	0.4	0.2	0.1	0.6	0.2	*	0.2
College Plans																		
None or under 4 years	0.5	1.2	2.1	0.6	0.6	1.6	0.7	0.6	1.6	0.6	0.5	1.3	0.4	0.4	1.8	0.3	0.4	8.0
Complete 4 years	0.3	0.3	0.7	0.2	0.3	0.7	0.2	0.1	0.4	0.2	0.1	0.3	0.2	0.1	0.3	0.1	0.1	*
Region																		
Northeast	0.1	0.3	0.5	*	0.2	0.6	0.3	0.3	0.4	0.3	0.2	0.4	*	0.1	0.3	0.0	0.1	*
Midwest	0.3	0.6	0.6	0.1	0.2	0.6	0.1	0.2	0.5	0.1	0.1	0.5	0.1	0.2	0.5	*	0.2	0.2
South	0.5	0.5	1.2	0.4	0.3	0.9	0.4	0.2	0.9	0.4	0.2	0.9	0.4	0.1	0.9	0.5	0.1	0.4
West	0.4	0.6	1.6	0.2	0.4	1.5	0.2	0.1	1.1	0.1	0.1	0.6	0.2	0.1	1.3	0.1	0.2	0.2
Population Density																		
Large MSA	0.3	0.3	1.1	0.2	0.2	0.6	0.2	0.1	8.0	0.2	0.1	0.6	0.1	0.1	8.0	0.1	0.2	0.2
Other MSA	0.3	0.7	1.1	0.2	0.4	1.2	0.3	0.2	0.6	0.2	0.2	0.5	0.2	0.1	0.7	0.2	0.2	0.3
Non-MSA	0.7	0.4	0.9	0.4	0.2	0.8	0.5	0.3	1.1	0.4	0.2	1.0	0.5	0.1	1.1	0.4	0.0	0.4
Parental Education <sup>e</sup>																		
1.0-2.0 (Low)	0.4	0.6	8.0	0.2	0.1	0.8	0.6	0.1	8.0	0.6	0.0	0.9	0.4	0.1	0.9	0.2	0.0	0.2
2.5–3.0	8.0	0.7	1.0	0.6	0.3	1.2	0.5	0.3	0.9	0.5	0.2	0.2	0.5	0.3	1.0	0.5	0.4	0.1
3.5–4.0	0.5	0.7	1.4	0.5	0.4	1.4	0.5	0.1	0.4	0.5	0.1	0.4	0.3	*	0.3	0.3	0.1	0.3
4.5–5.0	0.2	0.4	1.0	*	0.3	0.4	0.1	0.2	8.0	0.1	0.1	0.8	0.1	0.2	0.8	0.1	0.2	0.3
5.5-6.0 (High)	0.1	0.1	1.1	*	0.4	0.3	*	0.3	0.6	*	0.2	0.5	0.0	0.1	0.9	0.0	*	0.1
Race/Ethnicity (2-year average) <sup>f</sup>																		
White	0.1	0.1	0.5	0.3	*	0.1	0.2	0.1	0.3	0.2	0.1	0.2	0.1	*	0.0	0.1	0.0	0.1
African American	0.2	0.5	8.0	0.2	0.2	0.6	0.1	0.1	0.4	0.1	0.1	0.4	0.1	0.1	0.3	*	0.1	0.1
Hispanic	0.3	0.5	8.0	0.3	0.2	0.6	0.2	0.3	0.7	0.2	0.3	0.4	0.2	0.3	0.6	0.2	0.1	0.1

TABLE 4-3 (cont.)

<u>Thirty-Day</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

		Narcotics											Sedatives	8				
	othe	r than He	roin <sup>j</sup>	<u>Am</u>	phetamin	es <sup>j</sup>	Metha	mphetam	iine h,k	Metham	phetamin	e (Ice) h	<u>(B</u>	arbiturate	<u>s)</u> <sup>j</sup>	<u>Tr</u>	anquilizer	<u>'s</u> j
<u>-</u>	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	_	_	0.7	1.9	1.3	1.3	0.1	0.1	0.4	_	_	0.3	_	_	1.1	0.6	0.6	0.7
Gender																		
Male	_	_	0.8	1.2	1.3	1.3	0.0	0.1	0.2	_	_	0.4	_	_	1.2	0.4	0.5	0.7
Female	_	_	0.7	2.2	1.1	1.2	*	0.1	0.5	_	_	0.2	_	_	0.9	0.7	0.4	0.8
College Plans																		
None or under 4 years	_	_	1.1	2.1	2.2	1.5	0.3	0.4	0.7	_	_	0.9	_	_	1.2	8.0	1.3	0.9
Complete 4 years	_	_	0.5	1.7	1.1	1.1	0.0	*	0.2	_	_	*	_	_	0.9	0.6	0.4	0.7
Region																		
Northeast	_	_	0.1	1.0	1.0	1.1	0.1	*	0.4	_	_	0.1	_	_	0.8	0.3	0.6	0.4
Midwest	_	_	0.7	2.0	1.9	1.3	0.0	0.3	0.5	_	_	0.2	_	_	8.0	0.3	0.6	0.4
South	_	_	0.8	2.4	1.4	1.2	0.1	0.0	0.4	_	_	0.5	_	_	1.2	1.0	0.6	8.0
West	_	_	1.0	1.4	1.0	1.4	0.0	0.1	0.3	_	_	0.1	_	_	1.5	0.5	0.5	1.1
Population Density																		
Large MSA	_	_	0.4	1.2	1.3	1.1	0.0	0.1	0.5	_	_	0.3	_	_	1.0	0.6	0.5	0.8
Other MSA	_	_	8.0	2.0	1.6	1.5	0.1	0.1	0.4	_	_	0.2	_	_	1.1	0.4	0.7	0.7
Non-MSA	_	_	1.1	2.8	0.8	1.1	0.1	0.0	0.3	_	_	0.2	_	_	1.3	1.2	0.4	0.8
Parental Education <sup>e</sup>																		
1.0-2.0 (Low)	_	_	0.6	1.4	8.0	1.3	0.4	0.0	0.2	_	_	0.9	_	_	0.7	0.4	0.9	0.8
2.5–3.0		_	0.6	2.7	1.5	1.2	0.1	0.2	0.5	_	_	0.3	_		0.8	1.0	1.1	0.5
3.5-4.0	_	_	0.8	2.6	1.1	1.0	0.0	0.1	0.2	_	_	0.1	_	_	1.5	0.9	0.4	0.6
4.5–5.0		_	0.5	1.6	1.5	1.3	*	0.1	0.0	_	_	0.2	_		1.0	0.4	0.6	0.9
5.5-6.0 (High)		_	0.8	1.4	1.5	1.2	0.0	0.0	0.4	_	_	0.2	_		1.4	0.5	0.3	0.9
Race/Ethnicity (2-year average) f																		
White	_	_	0.2	1.2	0.9	0.7	0.0	0.1	0.0	_	_	0.6	_	_	0.9	0.4	0.6	0.5
African American	_	_	0.5	2.0	1.3	1.2	0.0	*	0.3	_	_	0.1	_		0.9	0.5	0.5	0.5
Hispanic		_	0.4	1.2	1.3	0.9	0.2	0.2	*	_	_	0.3	_		0.7	0.4	0.6	0.6

TABLE 4-3 (cont.)

<u>Thirty-Day</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

										Flavored Alcoholic											
		escription		_	<u>Rohypnol</u>			<u>Alcohol</u>			<u>en Drun</u>	_	<u>Be</u>	<u>everages</u>		<u>C</u>	<u> Cigarettes</u>	•	_	<u>ny Vapin</u>	_
_	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	_	_	2.5	0.2	0.0	_	6.0	13.6	28.4	1.5	5.7	16.8	3.9	9.7	21.2	8.0	1.7	4.0	8.9	17.3	25.6
Gender																					
Male	_	_	2.6	*	0.0	_	5.2	11.5	28.2	1.1	5.3	17.0	1.8	8.3	18.3	0.6	1.5	4.9	6.8	14.3	24.5
Female	_	_	2.4	0.2	0.0	_	6.0	15.0	28.3	1.4	6.1	16.9	4.6	11.0	24.4	0.6	1.4	2.6	10.0	19.2	26.6
College Plans																					
None or under 4 years	_	_	2.9	0.1	0.0	_	9.0	16.0	27.2	3.4	8.0	15.1	5.8	10.7	18.0	2.2	3.3	6.9	13.6	26.1	30.9
Complete 4 years	_	_	2.1	0.2	*	_	5.3	13.0	28.7	1.1	5.3	17.4	3.3	9.5	22.1	0.5	1.2	2.9	7.7	15.2	23.7
Region																					
Northeast	_	_	1.8	0.0	0.1	_	4.7	14.9	35.3	1.3	6.0	23.3	2.7	8.5	25.7	0.6	0.9	3.4	9.6	16.1	28.9
Midwest	_	_	2.4	0.0	0.0	_	5.1	14.6	28.3	1.6	5.6	17.0	3.2	9.4	20.8	0.5	1.4	3.1	8.8	18.1	25.8
South	_	_	2.7	0.6	0.0	_	6.9	12.2	26.3	1.6	5.3	17.5	4.7	9.2	19.3	1.2	2.3	4.5	10.2	15.6	25.8
West	_	_	3.0	0.1	0.0	_	6.4	13.8	26.7	1.3	6.2	10.7	4.0	11.6	21.5	8.0	1.5	4.3	6.3	20.1	22.7
Population Density																					
Large MSA	_	_	2.2	0.3	0.0	_	4.5	11.6	29.9	0.9	4.8	16.9	2.1	8.7	24.5	0.7	1.2	3.4	6.5	13.3	21.8
Other MSA	_	_	2.7	0.3	0.0	_	6.5	14.8	27.1	1.2	6.1	16.0	4.4	10.6	19.5	8.0	1.8	3.9	9.7	18.9	26.0
Non-MSA	_	_	2.8	0.0	0.0	_	7.5	14.2	29.0	3.2	6.5	18.6	5.2	9.2	19.5	1.1	2.1	5.1	10.9	20.6	31.0
Parental Education <sup>e</sup>																					
1.0-2.0 (Low)	_	_	2.2	0.0	0.0	_	6.4	14.4	20.4	1.9	5.7	10.6	6.4	7.5	13.5	0.9	2.2	3.6	11.8	18.0	20.6
2.5–3.0	_	_	2.1	0.0	0.0	_	6.9	14.3	23.0	2.3	5.3	15.3	3.5	9.2	14.9	1.1	1.5	3.5	10.4	22.3	26.3
3.5–4.0	_	_	2.4	0.0	0.0	_	6.5	14.2	26.3	1.6	5.8	13.6	4.1	10.1	22.1	8.0	1.5	4.0	11.0	21.1	27.3
4.5–5.0	_	_	2.6	0.4	0.0	_	6.6	13.9	31.5	1.6	5.6	16.8	5.1	12.0	24.7	8.0	1.7	3.6	7.7	13.4	26.9
5.5-6.0 (High)	_	_	2.7	0.7	0.0	_	5.6	14.8	40.1	0.5	7.5	28.6	1.3	9.8	26.6	0.6	1.4	4.8	6.8	14.2	25.7
Race/Ethnicity (2-year average) f																					
White	_	_	1.6	0.4	0.0	_	4.5	7.4	13.6	8.0	3.3	7.9	3.1	4.4	9.2	0.6	1.0	1.2	7.6	12.0	15.2
African American	_	_	2.2	0.1	*	_	7.6	15.9	33.8	2.2	7.0	20.7	4.6	10.5	23.7	1.2	1.9	5.0	9.2	17.6	29.3
Hispanic	_	_	1.9	0.2	0.2	_	4.8	11.2	19.3	1.3	4.0	11.4	3.4	6.5	12.5	0.3	1.2	1.9	7.4	15.6	19.2

TABLE 4-3 (cont.)

<u>Thirty-Day</u> Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

											Flavored			Regular			Tobacco Using				
	<u>Va</u>	ping Nico	<u>tine</u>	<u>Vap</u>	<u>ing Marijı</u>	<u>uana</u>	<u>Vapin</u>	Just Fla	voring	<u>Lar</u>	ge Cigars	<u>s</u> <sup>h,q</sup>	<u>Litt</u>	le Cigars	h,q	<u>Litt</u>	<u>le Cigars</u>	h,q	<u>a</u>	<u>Hookah <sup>I</sup></u>	ı,k
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	7.1	14.2	20.7	4.2	10.3	14.8	4.9	7.4	8.3	0.5	0.8	2.3	0.7	1.4	2.2	0.8	1.1	1.6	1.0	1.0	1.8
Gender																					
Male	5.3	11.6	20.0	3.6	8.7	14.2	3.4	5.2	7.3	0.5	0.9	3.8	0.9	1.5	3.0	8.0	1.2	2.8	1.2	1.2	1.6
Female	8.2	16.0	21.4	4.1	11.1	15.0	6.1	9.3	9.5	0.1	0.4	1.0	0.4	1.1	1.4	0.4	0.9	0.7	0.7	0.5	1.9
College Plans																					
None or under 4 years	11.0	20.9	25.6	7.6	16.4	16.8	7.1	10.6	10.5	1.8	1.8	4.3	1.3	2.8	3.6	2.0	1.9	2.4	2.6	1.5	3.5
Complete 4 years	6.1	12.7	19.0	3.4	8.9	14.2	4.3	6.6	7.5	0.2	0.6	1.7	0.5	1.2	1.8	0.5	1.0	1.4	0.6	0.9	1.3
Region																					
Northeast	7.6	12.9	24.4	4.1	9.8	15.7	6.3	6.8	8.7	0.1	0.9	3.1	1.3	1.5	3.4	1.3	1.1	1.5	2.1	0.6	2.9
Midwest	7.6	15.1	22.1	3.9	10.1	14.4	4.8	7.3	7.7	0.3	0.6	2.9	0.5	1.1	1.8	0.2	0.6	1.2	0.5	0.6	0.9
South	8.5	13.0	21.1	4.4	8.6	13.5	5.9	6.7	9.7	0.6	0.7	2.2	0.8	1.8	2.9	0.9	1.5	2.9	1.1	0.6	1.8
West	4.0	16.2	16.3	4.0	13.5	16.3	2.6	8.8	6.5	0.9	1.2	1.2	0.4	1.0	0.3	0.7	1.1	0.3	0.6	2.2	1.8
Population Density																					
Large MSA	5.1	10.1	16.7	3.2	8.2	13.8	3.5	5.6	7.0	0.2	0.4	1.9	0.6	1.6	1.8	0.4	1.0	1.5	1.4	0.6	1.9
Other MSA	7.4	15.7	20.7	5.0	12.1	15.7	5.4	8.2	8.0	0.4	1.2	2.3	0.5	1.5	2.6	0.7	1.4	1.7	0.5	1.0	2.0
Non-MSA	9.8	17.7	27.4	3.9	9.4	14.2	6.4	8.5	11.4	1.1	0.4	3.1	1.4	1.1	1.9	1.4	0.7	1.7	1.5	1.6	1.3
Parental Education <sup>e</sup>																					
1.0-2.0 (Low)	10.3	14.7	15.2	6.7	11.6	11.2	7.5	8.8	6.6	1.0	1.0	3.0	1.3	3.8	2.4	1.1	2.0	1.3	4.3	0.9	0.7
2.5–3.0	8.2	18.2	20.5	5.4	12.5	15.8	5.6	11.3	9.8	0.1	0.9	2.7	0.6	1.9	2.8	0.3	1.3	0.9	0.7	1.1	2.5
3.5-4.0	9.9	17.1	22.5	5.2	12.4	16.3	6.4	8.9	10.0	0.4	0.8	2.2	0.7	0.9	1.6	0.9	0.8	2.6	0.3	1.7	2.4
4.5–5.0	5.3	10.6	22.6	3.6	8.2	15.1	3.7	4.9	7.8	0.4	0.7	3.2	0.8	1.0	3.1	0.6	1.4	1.9	1.1	0.6	1.9
5.5-6.0 (High)	4.9	12.2	20.9	2.3	8.2	14.7	4.4	5.0	6.8	0.0	0.4	0.7	0.5	1.2	1.0	0.5	1.0	1.3	0.0	1.1	0.7
Race/Ethnicity (2-year average) f																					
White	5.4	9.19	11.17	2.7	6.9	8.1	5.0	5.8	7.1	0.3	0.5	1.6	0.4	0.9	2.2	0.9	0.9	1.8	2.1	1.2	0.6
African American	8.25	15.55	25.32	3.4	9.1	14.9	4.7	6.7	8.4	0.7	1.2	3.2	0.7	1.6	2.2	0.6	1.2	1.9	0.3	0.7	1.1
Hispanic	5.75	11.74	12.87	2.8	10.2	13.0	4.2	7.9	6.9	0.3	0.5	1.0	0.7	1.1	1.8	0.5	0.5	1.4	1.0	0.3	2.3

# TABLE 4-3 (cont.)

# **Thirty-Day** Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

				Any Nicotine Use			S	mokeles	s				Legal Use of Over-the-Counter Stimulants					
	Any I	Nicotine L	lse <sup>k,n</sup>	other	than Vap	oing <sup>k,n</sup>		<u>Tobacco</u>	g,n		Steroids 1			Diet Pills	n	<u>Stay</u>	/-Awake I	Pills <sup>n</sup>
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	8.7	15.1	24.8	2.7	4.2	8.3	1.2	2.5	3.2	0.5	0.3	1.3	_	_	1.1	_	_	8.0
Gender																		
Male	7.4	13.0	24.7	2.5	4.9	10.8	1.2	3.2	4.7	0.5	0.3	1.2	_	_	1.0	_	_	8.0
Female	8.4	16.2	24.2	1.9	2.9	5.9	1.0	1.4	1.6	0.4	0.2	0.9	_	_	1.3	_	_	0.7
College Plans																		
None or under 4 years	13.6	21.3	33.4	6.6	8.0	12.9	1.8	6.5	7.4	0.7	0.4	2.6	_	_	1.3	_	_	1.6
Complete 4 years	7.2	13.6	21.4	1.7	3.3	6.7	1.1	1.6	1.7	0.5	0.2	0.9	_	_	0.9	_	_	0.4
Region																		
Northeast	11.5	13.2	27.9	4.0	3.3	10.8	1.1	1.4	2.3	0.1	0.2	0.9	_	_	0.4	_	_	0.2
Midwest	8.1	16.8	26.6	1.9	3.2	7.3	1.5	2.2	4.4	0.4	0.2	1.8	_	_	1.1	_	_	1.0
South	10.6	13.8	25.1	3.1	4.7	9.5	1.5	3.3	4.5	0.8	0.4	1.2	_	_	1.7	_	_	0.7
West	4.0	17.2	19.6	1.7	5.1	5.5	0.4	2.4	0.9	0.4	0.4	1.2	_	_	1.0	_	_	1.2
Population Density																		
Large MSA	7.1	12.6	23.3	2.2	4.0	9.2	1.1	2.0	1.4	0.4	0.3	1.4	_	_	1.0	_	_	1.0
Other MSA	8.8	16.4	23.5	2.4	4.1	7.3	1.3	2.5	2.4	0.5	0.2	1.4	_	_	1.7	_	_	0.9
Non-MSA	10.8	16.5	30.0	3.9	5.0	9.5	1.2	3.4	7.9	8.0	0.5	0.9	_	_	0.2	_	_	0.2
Parental Education <sup>e</sup>																		
1.0-2.0 (Low)	14.9	18.0	21.2	5.7	6.7	5.8	1.0	3.1	2.2	0.4	0.1	3.0	_	_	0.0	_	_	0.0
2.5–3.0	8.5	17.5	25.7	2.1	3.4	9.2	0.6	3.4	3.5	1.0	0.4	0.3	_	_	1.7	_	_	0.0
3.5-4.0	9.3	16.6	26.5	2.2	4.3	7.8	1.7	2.6	2.6	0.6	0.3	8.0	_	_	1.0	_	_	0.7
4.5–5.0	7.3	12.6	26.8	2.8	3.5	10.8	1.3	2.1	3.1	0.4	0.3	1.1	_	_	1.2	_	_	1.0
5.5–6.0 (High)	7.0	12.3	20.8	1.4	3.7	4.7	1.3	2.0	4.8	0.5	0.3	1.1	_	_	1.1		_	1.2
Race/Ethnicity (2-year average) f																		
White	9.3	10.9	18.1	3.7	3.4	3.4	2.8	2.8	1.0	0.3	0.3	1.7	_	_	1.5	_	_	0.7
African American	8.6	17.2	29.0	2.1	4.2	9.6	1.4	2.4	4.4	0.2	0.4	0.6	_	_	0.6	_	_	0.2
Hispanic	6.9	11.4	17.2	2.7	2.8	5.8	0.5	1.3	1.4	0.2	0.2	1.1			0.9	_		0.1

# TABLE 4-3 (cont.)

# **Thirty-Day** Prevalence of Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

Current Legal Use of Prescription ADHD Drugs t

Current, Legal Use of Prescription ADHD Drugs '									
Stin	nulant-Typ	oe <sup>h</sup>	Non-S	timulant-	Type <sup>h</sup>	<u>Ei</u>	ther Type	e h	
8th	10th	12th	8th	10th	12th	8th	10th	12th	
4.2	4.3	5.6	1.3	1.3	3.5	5.4	5.3	8.4	
4.1	4.1	5.6	0.4	1.5	3.7	5.0	5.0	8.6	
4.0	4.4	5.5	1.5	1.0	3.0	5.1	5.1	7.8	
4.1	3.5	5.2	8.0	1.2	4.2	5.1	4.4	8.7	
4.1	4.5	5.9	1.4	1.4	3.3	5.4	5.5	8.4	
2.0	4.2	4.5	1.3	2.3	3.0	3.4	5.4	7.0	
3.0	5.2	5.1	0.9	1.3	4.9	3.7	6.0	9.0	
6.2	4.6	6.1	1.6	1.4	3.0	8.1	5.7	9.1	
3.6	3.0	6.1	1.0	0.5	3.3	4.1	3.7	7.6	
2.7	3.8	4.4	0.9	1.5	2.2	3.5	4.8	6.2	
5.3	4.6	6.3	1.5	0.9	4.2	7.0	5.3	9.4	
4.0	4.6	6.1	1.4	2.1	4.2	4.8	5.9	9.9	
2.8	2.6	2.4	0.9	0.4	1.1	3.7	3.2	3.7	
4.5	4.3	5.5	0.7	0.7	3.1	5.0	5.2	8.0	
2.7	4.2	7.0	0.5	1.4	2.4	3.5	5.3	9.1	
4.4	4.7	5.5	1.2	1.1	4.4	5.3	5.4	8.4	
6.6	5.6	6.2	2.6	2.9	5.8	8.9	7.0	10.7	
1.6	2.1	1.3	1.6	1.8	2.9	2.7	3.7	4.4	
5.4	5.5	8.5	1.3	1.7	4.4	6.9	6.8	12.1	
1.8	0.9	2.3	0.7	0.6	1.2	2.4	1.3	3.7	
	8th 4.2 4.1 4.0 4.1 4.1 2.0 3.0 6.2 3.6 2.7 5.3 4.0 2.8 4.5 2.7 4.4 6.6 1.6 5.4	Stimulant-Try           8th         10th           4.2         4.3           4.1         4.1           4.0         4.4           4.1         3.5           4.1         4.5           2.0         4.2           3.0         5.2           6.2         4.6           3.6         3.0           2.7         3.8           5.3         4.6           4.0         4.6           2.8         2.6           4.5         4.3           2.7         4.2           4.4         4.7           6.6         5.6           1.6         2.1           5.4         5.5	Stimulant-Type           8th         10th         12th           4.2         4.3         5.6           4.1         4.1         5.6           4.0         4.4         5.5           4.1         3.5         5.2           4.1         4.5         5.9           2.0         4.2         4.5           3.0         5.2         5.1           6.2         4.6         6.1           3.6         3.0         6.1           2.7         3.8         4.4           5.3         4.6         6.3           4.0         4.6         6.1           2.8         2.6         2.4           4.5         4.3         5.5           2.7         4.2         7.0           4.4         4.7         5.5           6.6         5.6         6.2           1.6         2.1         1.3           5.4         5.5         8.5	Stimulant-Type         Non-S           8th         10th         12th         8th           4.2         4.3         5.6         1.3           4.1         4.1         5.6         0.4           4.0         4.4         5.5         1.5           4.1         3.5         5.2         0.8           4.1         4.5         5.9         1.4           2.0         4.2         4.5         1.3           3.0         5.2         5.1         0.9           6.2         4.6         6.1         1.6           3.6         3.0         6.1         1.0           2.7         3.8         4.4         0.9           5.3         4.6         6.3         1.5           4.0         4.6         6.1         1.4           2.8         2.6         2.4         0.9           4.5         4.3         5.5         0.7           2.7         4.2         7.0         0.5           4.4         4.7         5.5         1.2           6.6         5.6         6.2         2.6           1.6         2.1         1.3         1.6	Stimulant-Type         Non-Stimulant-Stimula	Stimulant-Type         Non-Stimulant-Type         Non-Stimula	Stimulant-Type         Non-Stimulant-Type         Einemoleration           8th         10th         12th         8th         10th         12th         8th           4.2         4.3         5.6         1.3         1.3         3.5         5.4           4.1         4.1         5.6         0.4         1.5         3.7         5.0           4.0         4.4         5.5         1.5         1.0         3.0         5.1           4.1         3.5         5.2         0.8         1.2         4.2         5.1           4.1         4.5         5.9         1.4         1.4         3.3         5.4           2.0         4.2         4.5         1.3         2.3         3.0         3.4           3.0         5.2         5.1         0.9         1.3         4.9         3.7           6.2         4.6         6.1         1.6         1.4         3.0         8.1           3.6         3.0         6.1         1.0         0.5         3.3         4.1           2.7         3.8         4.4         0.9         1.5         2.2         3.5           5.3         4.6         6.3         1.5	Stimulant-Type         Non-Stimulant-Type         Either Type           8th         10th         12th         8th         10th         12th         8th         10th         12th         8th         10th           4.2         4.3         5.6         1.3         1.3         3.5         5.4         5.3           4.1         4.1         5.6         0.4         1.5         3.7         5.0         5.0           4.0         4.4         5.5         1.5         1.0         3.0         5.1         5.1           4.1         3.5         5.2         0.8         1.2         4.2         5.1         4.4           4.1         4.5         5.9         1.4         1.4         3.3         5.4         5.5           2.0         4.2         4.5         1.3         2.3         3.0         3.4         5.4           3.0         5.2         5.1         0.9         1.3         4.9         3.7         6.0           6.2         4.6         6.1         1.6         1.4         3.0         8.1         5.7           3.6         3.0         6.1         1.0         0.5         3.3         4.1         3.7	

Source. The Monitoring the Future study, the University of Michigan.

See footnotes following Table 4-4.

TABLE 4-4
Thirty-Day Prevalence of <u>Daily</u> Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

						Mai	ijuana							Alcohol				
			-	U	sed Daily	in	Ever	Used Da	ily for									
	<u>Approxim</u>	nate Weig	nhted N a	<u>Pa</u>	st 30 Day	/S <sup>v</sup>	Month or	More in	Lifetime n	<u>Daily</u>			<u>5</u>	+ Drinks	0	<u>Be</u>	en Drunk	<u>د</u>
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	9,300	11,200	8,900	0.7	2.1	6.3	_	_	13.6	0.1	0.4	1.5	2.2	5.9	12.6	*	0.2	0.8
Gender																		
Male	4,400	5,500	4,200	0.5	2.0	7.0	_	_	12.0	0.1	0.4	1.9	2.1	5.4	14.3	0.1	0.2	1.2
Female	4,100	4,800	4,100	8.0	2.0	5.0	_	_	12.7	0.1	0.4	0.9	1.7	6.1	11.2	*	0.1	0.2
College Plans																		
None or under 4 years	1,400	2,000	2,000	1.8	5.1	9.9	_	_	20.8	0.3	8.0	2.8	3.9	8.8	13.6	0.2	0.4	1.1
Complete 4 years	7,500	8,900	6,400	0.3	1.4	5.0	_	_	9.9	0.1	0.3	0.9	1.8	5.3	12.2	*	0.1	0.4
Region																		
Northeast	1,500	1,900	1,600	1.3	2.0	6.3	_	_	13.9	*	0.2	1.7	1.4	5.0	15.5	0.0	*	0.6
Midwest	2,100	2,500	1,900	0.5	2.9	6.6	_	_	12.1	*	0.3	1.3	1.5	5.6	12.4	0.0	0.2	0.3
South	3,500	4,200	3,200	0.5	1.7	6.3	_	_	12.9	0.3	0.4	2.1	2.9	5.8	12.2	0.1	0.2	1.2
West	2,200	2,600	2,200	0.9	2.2	6.3	_	_	15.5	0.2	8.0	8.0	2.2	7.2	11.2	0.1	0.2	0.6
Population Density																		
Large MSA	3,100	3,800	2,900	0.4	1.5	5.4	_	_	12.6	0.1	0.3	1.3	1.7	5.0	12.4	*	0.1	0.7
Other MSA	4,300	5,200	4,200	0.9	2.8	7.2	_	_	14.8	0.1	0.5	1.2	2.3	6.1	11.8	0.1	0.1	0.6
Non-MSA	1,900	2,200	1,800	1.0	1.7	6.0	_	_	12.2	0.3	0.7	2.8	2.9	7.1	14.8	0.1	0.4	1.3
Parental Education <sup>e</sup>																		
1.0-2.0 (Low)	800	900	900	0.8	1.4	5.6	_	_	9.0	0.0	0.2	1.4	2.8	7.5	7.6	0.1	0.4	0.7
2.5–3.0	1,400	1,700	1,600	1.5	4.7	8.2	_	_	21.9	0.2	0.5	1.5	2.8	7.0	10.3	0.2	0.2	0.0
3.5-4.0	1,800	2,400	1,900	0.8	2.6	6.4	_	_	10.0	0.3	0.5	1.2	2.6	5.7	11.5	0.0	*	0.2
4.5–5.0	2,400	3,000	2,400	0.5	1.8	5.8	_	_	8.5	*	0.4	1.1	1.9	5.5	13.7	*	*	0.4
5.5-6.0 (High)	1,500	2,000	1,400	0.0	0.4	5.2	_	_	13.4	0.1	0.5	1.9	2.1	6.2	18.3	0.0	0.3	1.5
Race/Ethnicity (2-year average	e) <sup>f</sup>																	
White	9,400	10,500	8,400	0.3	2.0	5.6	_	_	12.3	0.1	0.3	0.3	1.6	3.8	4.5	0.1	0.1	0.9
African American	2,700	2,200	1,800	0.8	2.8	6.1	_	_	11.1	0.2	0.5	1.4	2.6	6.6	16.0	*	0.2	0.5
Hispanic	3,100	4,300	3,400	0.2	2.1	5.0	_	_	10.6	0.2	0.3	0.9	2.1	5.8	8.1	0.1	0.1	0.7

TABLE 4-4 (cont.)

Thirty-Day Prevalence of <u>Daily</u> Use of Various Drugs by Subgroups for 8th, 10th, and 12th Graders, 2022

			Cigar		Smoke	less Toba	acco <sup>g,n</sup>		
•		One or			Half Pack	(			
	<u>N</u>	More Dail	<u>v</u>	<u>or</u>	More Da	ily		<u>Daily</u>	
	8th	10th	12th	8th	10th	12th	8th	10th	12th
Total	0.3	0.7	1.6	0.1	0.3	0.9	0.3	0.7	1.1
Gender									
Male	0.3	0.7	2.1	0.2	0.2	1.3	0.2	0.9	1.7
Female	0.1	0.4	8.0	*	0.2	0.3	0.2	0.2	0.2
College Plans									
None or under 4 years	1.1	1.5	3.4	0.6	0.6	2.3	8.0	2.3	3.6
Complete 4 years	0.1	0.5	0.8	*	0.2	0.4	0.1	0.4	0.1
Region									
Northeast	0.3	0.3	1.1	0.1	*	0.5	0.0	0.5	0.0
Midwest	0.1	0.5	1.1	*	0.3	0.5	0.2	0.4	1.6
South	0.5	0.9	2.2	0.2	0.3	1.6	0.5	1.0	1.7
West	0.3	8.0	1.4	0.2	0.5	0.6	0.1	8.0	0.5
Population Density									
Large MSA	0.2	0.4	1.2	0.2	0.2	8.0	0.1	8.0	0.4
Other MSA	0.3	0.8	1.6	0.1	0.3	8.0	0.2	0.6	0.6
Non-MSA	0.5	1.0	2.3	0.1	0.5	1.5	0.6	1.0	3.3
Parental Education <sup>e</sup>									
1.0-2.0 (Low)	0.6	1.4	2.1	0.1	0.8	1.3	0.4	0.6	0.9
2.5–3.0	0.7	0.4	1.2	0.4	0.1	1.0	0.1	1.2	0.5
3.5-4.0	0.2	0.6	1.9	*	0.4	8.0	0.6	0.5	0.5
4.5-5.0	0.2	8.0	1.3	0.1	0.2	0.7	0.1	0.5	1.6
5.5-6.0 (High)	0.2	0.4	1.2	0.2	0.2	0.9	0.4	0.6	1.9
Race/Ethnicity (2-year average	ge) <sup>f</sup>								
White	0.4	0.4	0.8	0.3	0.1	0.7	0.7	0.7	0.0
African American	0.4	0.7	2.1	0.1	0.2	0.6	0.4	0.4	1.5
Hispanic	0.1	0.4	0.9	*	0.2	0.7	0.2	0.5	0.3

Source. The Monitoring the Future study, the University of Michigan.

See footnotes on the following page.

### Footnotes for Tables 4-1 through 4-4

Notes. ' — ' indicates data not available. ' \* ' indicates less than 0.05% but greater than 0%.

Only drug use not under a doctor's orders is included here.

<sup>&</sup>lt;sup>a</sup>Subgroup *N*'s may vary depending on the number of forms in which the use of each drug was asked about.

<sup>&</sup>lt;sup>b</sup>Use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of narcotics other than heroin, amphetamines, sedatives (barbiturates), or tranquilizers not under a doctor's orders. For 8th and 10th graders, the use of narcotics other than heroin and sedatives (barbiturates) has been excluded because these younger respondents appear to overreport use (perhaps because they include the use of nonprescription drugs in their answers).

<sup>&</sup>lt;sup>c</sup>12th grade only: Data based on three of six forms; *N* is three sixths of *N* indicated.

<sup>&</sup>lt;sup>d</sup>Unadjusted for known underreporting of certain drugs. See text for details.

<sup>&</sup>lt;sup>e</sup>Parental education is an average score of mother's education and father's education reported on the following scale: (1) Completed grade school or less, (2) Some high school, (3) Completed high school, (4) Some college, (5) Completed college, (6) Graduate or professional school after college. Missing data were allowed on one of the two variables.

To derive percentages for each racial subgroup, data for the specified year and the previous year have been combined to increase subgroup sample sizes and thus provide more stable estimates. See appendix B for details on how race/ethnicity is defined.

<sup>&</sup>lt;sup>9</sup>8th and 10th grades only: Data based on two of four forms; *N* is one half of *N* indicated.

<sup>&</sup>lt;sup>h</sup>12th grade only: Data based on two of six forms; *N* is two sixths of *N* indicated.

<sup>&</sup>lt;sup>i</sup>12th grade only: Data based on four of six forms; *N* is four sixths of *N* indicated.

<sup>&</sup>lt;sup>k</sup>8th and 10th grades only: Data based on one of four forms; *N* is one third of *N* indicated.

The use of any prescription drug includes use of any of the following: amphetamines, sedatives (barbiturates), narcotics other than heroin, or tranquilizers ...without a doctor telling you to use them.

<sup>&</sup>lt;sup>m</sup>8th and 10th grades only: Data based on one of four forms; *N* is one sixth of *N* indicated.

<sup>&</sup>lt;sup>n</sup>12th grade only: Data based on one of six forms: N is one sixth of N indicated.

<sup>&</sup>lt;sup>o</sup>This measure refers to having five or more drinks in a row in the last two weeks.

<sup>&</sup>lt;sup>p</sup>12th grade only: Data based on five of six forms; *N* is five sixths of *N* indicated.

<sup>&</sup>lt;sup>q</sup>8th and 10th grades only: Data based on two of four forms; N is one third of N indicated.

<sup>&</sup>lt;sup>7</sup>8th and 10th grades only: Data based on three of four forms; N is five sixths of N indicated.

s8th and 10th grades only: Data based on three of four forms; N is four sixths of N indicated.

<sup>&</sup>lt;sup>t</sup>For the use of prescrption ADHD drugs, the question is asked differently than that for other drugs presented here. Therefore, the estimates indicate youth who reported "Yes, I take them now."

<sup>&</sup>lt;sup>u</sup>8th and 10th grades only: Data based on two of four forms; N is two thirds of N indicated.

YFor 8th and 10th graders only: In 2021, the question on marijuana use was changed in half of the questionnaire forms to include smoking, vaping, and edibles in the list of examples. Data presented here for 2021 based on the forms that included the original question wording. N is one half of N indicated. Any illicit drug use and any illicit drug use including inhalants were also impacted by this change.

# Chapter 5

# TRENDS IN DRUG USE

The measurement of historical and developmental change over the past four and a half decades has been among the most important contributions of Monitoring the Future to the fields of substance use research, policy, and prevention. This includes measurements of change in the levels of drug use, in the types of drugs being used, in the methods of using them, in the ages and characteristics of people using them, in related attitudes and beliefs about drug use, and in conditions surrounding use. Such information has significant implications for public policy—for needs assessment, agenda setting, policy formulation, and policy evaluation. More generally, it has implications for the current and future health of the nation. In this chapter, we review the many changes that have taken place over the past 48 years in the use of drugs, both licit and illicit, and we distinguish trends for various sectors of the population.

Historical trend data are presented and discussed in this chapter for students in 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grades. Data for 12<sup>th</sup> graders come from 48 nationally-representative surveys conducted between 1975 and 2022, while data for the 8<sup>th</sup> and 10<sup>th</sup> graders come from 32 nationally-representative surveys conducted between 1991 and 2022. For a variety of substances, the use measures discussed include lifetime use, use during the past 12 months, use during the past 30 days, and use on 20 or more occasions during the past 30 days (which we refer to as daily to near daily use).

## THE COVID-19 PANDEMIC AND ADOLESCENT DRUG USE

The survey results divide neatly into the time periods before and after the onset of the pandemic. All surveys in 2020 were completed before March 15, when national social distancing policies were enacted and data collection was halted due to pandemic concerns. Consequently, results from 2020 and previous years are pre-pandemic, while results from 2021 and 2022 took place after the onset of the pandemic and the associated national response.

The COVID-19 pandemic is a historical event of particular interest for the 2022 results. Last year MTF documented some of the largest one-year declines ever recorded by the survey across a wide variety of drugs from 2020 to 2021. It is possible that these decreases will hold for future years going forward, or, instead, drug prevalence levels may bounce back to where they were before the pandemic in 2020.

## TWO THEMES IN DRUG TRENDS FROM 1975–2022

Two general themes are apparent in trends over nearly a half century in use of a majority of drugs, and we elaborate on these themes in what follows. The first theme is what we term the "1990s drug relapse," which was a rapid increase in prevalence for many drugs that started in the early 1990s. Previous to this period, prevalence levels of many drugs had reached a historical low after years of decline. The prevalence levels for many drugs today lie between the nadirs observed at the start of the 1990s and the peak of 1990s drug relapse. Drugs that do not follow this overall pattern, such as some forms of alcohol use and tobacco use, are important exceptions that we note and discuss below.

The second theme is cohort effects. We use the term cohort here to refer to youth born at roughly the same time who are grouped by grade level and experience history together as they age. A cohort effect is a drug trend that follows a cohort as it grows older. For example, if an upsurge in cigarette smoking occurs in a cohort that is in 8<sup>th</sup> grade, it is likely to be observed two years later when that cohort is in 10<sup>th</sup> grade and then again two years later when that cohort is in 12<sup>th</sup> grade.

A cohort-specific pattern of drug use can stem from factors such as cohort-specific attitudes towards perceived risk of drug use, changing peer norms about the acceptability of drug use, changes in legal status of a drug, and the addictiveness of the drugs that youth use. We have found that cohort effects are often present, and trends among the lower grades can foretell future changes in the higher grades. This has been the case especially during the onset of the drug relapse in the early 1990s.

# TRENDS IN PREVALENCE OF USE, 1975–2022

# Trends in Indices of Overall Illicit Drug Use

## **Abstainers**

Abstainers are defined as students with no lifetime use of alcohol, marijuana, or nicotine (either by cigarettes or by vaping). In 2022 levels of abstaining declined in all grades, and significantly so in 10<sup>th</sup> and 12<sup>th</sup> grade. Despite these decreases, in all three grades the levels of abstaining remained higher than they had been in 2020, before the onset of the pandemic.

# Any Illicit Drug

Any illicit drug use is a measure of the percentage of youth who have engaged in use of at least one type of illicit drug.<sup>1</sup> In 2022 the percentages of youth who had ever used any illicit drugs in their lifetime did not return to 2020 levels and remained near the decreased levels observed during the pandemic in 2021. Lifetime prevalence levels in 2022 were 17% for 8<sup>th</sup> graders, 28% for 10<sup>th</sup> graders, and 41% for 12<sup>th</sup> graders.

In all three grades in 2022, past 12-month and past 30-day use also did not return to 2020 levels. Both measures increased slightly in all three grades but remained well below 2020 levels. One exception is past 30-day use of any illicit drug among 12<sup>th</sup> grade students, which in 2022 almost returned completely to the 2020 prevalence level.

There have been gradual albeit inconsistent declines for all grades since the peaks in the mid to late 1990s drug use relapse, beginning in 1996 for 8<sup>th</sup> graders, 1997 for 10<sup>th</sup> graders, and 1999 for 12<sup>th</sup> graders. These declines also ended in a staggered fashion in 2007, 2008, and 2009, respectively. The declines were followed by increases between 2007 and 2010 among 8<sup>th</sup> graders, between 2008 and 2011 among 10<sup>th</sup> graders, and between 2009 and 2011 for 12<sup>th</sup> graders. This overall pattern suggests some cohort effects were in play. In 2013 the trend lines shifted up slightly as new examples of drugs in the amphetamine class were added to the questionnaires.

<sup>&</sup>lt;sup>1</sup> "Any illicit drug" includes use of cannabis, for which recreational use is illegal at the federal level

This pattern of younger teens being the first to exhibit many of the turnarounds in use suggests that they may be particularly sensitive to new social forces. Because they are considerably less likely to have established usage patterns or related attitudes, their behavior and attitudes may simply be more malleable. They then carry those changes in their behaviors and attitudes into later grades as they age; in this volume we discuss a number of such cohort effects. Prior to the 1990s, a period when Monitoring the Future surveys were limited to 12<sup>th</sup> grade students, their prevalence of lifetime use of any illicit drug peaked at 66% in 1981, the highest level ever recorded by the survey. From that year on, lifetime use declined steadily to a prevalence of 41% by 1992, which ties with 2022 for the lowest level these surveys have ever recorded.

Use of any illicit drug in 12<sup>th</sup> grade is defined as any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of narcotics other than heroin, amphetamines, sedatives (barbiturates), or tranquilizers not under a doctor's orders. In 8<sup>th</sup> and 10<sup>th</sup> grade the use of narcotics other than heroin and sedatives (barbiturates) has been reported because these younger respondents appear to over report use (perhaps because they include the use of nonprescription drugs in their answers).

# Any Illicit Drug including Inhalants

When inhalants are included in the index of illicit drug use, the percentages categorized as having ever used an illicit drug rise, especially for 8<sup>th</sup> graders.

As with the findings for any illicit drug use, in 2022 the percentages of youth who had ever used any illicit drugs including inhalants in their lifetime did not return to their 2020 levels and remained at the decreased levels observed during the pandemic in 2021. Lifetime prevalence levels in 2022 were 22% for 8<sup>th</sup> graders, 31% for 10<sup>th</sup> graders, and 44% for 12<sup>th</sup> graders.

Past 12-month use changed little between 2021 and 2022, and 2022 levels remained below 2020 levels. Past 30-day use followed the same pattern, with the exception that in 12<sup>th</sup> grade 2022 prevalence was only slightly below 2020 prevalence.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey was halted due to pandemic concerns.

Use of any illicit drug in 12<sup>th</sup> grade is defined as any use of inhalants, marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of narcotics other than heroin, amphetamines, sedatives (barbiturates), or tranquilizers not under a doctor's orders. In 8<sup>th</sup> and 10<sup>th</sup> grade the use of narcotics other than heroin and sedatives (barbiturates) has been excluded because these younger respondents appear to over report use (perhaps because they include the use of nonprescription drugs in their answers).

#### Any Illicit Drug other than Marijuana

The percentage of youth who had used any illicit drug other than marijuana in their lifetime did not return to 2020 levels and remained near the decreased levels observed during the pandemic in 2021. Prevalence levels in 2022 were 9% for 8<sup>th</sup> graders, 10% for 10<sup>th</sup> graders, and 13% for 12<sup>th</sup> graders.

Past 12-month use and past 30-day use followed the same pattern as lifetime use, with prevalence levels in all grades much closer to 2021 than 2020 levels.

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In 2001 these past 12-month levels were at or near peak levels and stood at 10%, 18%, and 21% in 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade, respectively, so the proportion of these age groups using illicit drugs other than marijuana has declined by more than half since then.

In the 1970s most of the sudden rise in 12<sup>th</sup> graders' reported use resulted from the increasing popularity of cocaine between 1976 and 1979 and, then, to the increasing use of amphetamines between 1979 and 1981.

Use of any illicit drug in 12<sup>th</sup> grade is defined as any use of LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of narcotics other than heroin, amphetamines, sedatives (barbiturates), or tranquilizers not under a doctor's orders. In 8<sup>th</sup> and 10<sup>th</sup> grade the use of narcotics other than heroin and sedatives (barbiturates) has been excluded because these younger respondents appear to over report use (perhaps because they include the use of nonprescription drugs in their answers).

# Any Prescription Drug

The percentage of 12<sup>th</sup> grade students who used any prescription drug without a doctor's orders during their lifetime increased slightly from 8.3% in 2021 to 9.3% in 2022. This slight increase follows the previous year's decline, which was the largest on record for this outcome from 14.2% in 2020 (before the pandemic) to 8.8% in 2021 (during the pandemic). Past 12-month and past 30-day use follow the same pattern.

Overall, use of any prescription drug without a doctor's direction has declined markedly since first tracked by the survey in 2005. Prevalence is about three times lower in 2022 as compared to 2005 for lifetime, past 12-month, and past 30-day use.

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The use of any prescription drug nonmedically, defined as any use of amphetamines, sedatives (barbiturates), narcotics other than heroin, or tranquilizers "without a doctor telling you to use them."

# Any Nicotine Use

Any nicotine use in the past 30 days held steady from 2021 to 2022, thereby maintaining the large decrease that took place from 2020 to 2021.

Any nicotine use was indicated by any use of any of the following: cigarettes, large cigars, flavored small cigars, regular small cigars, tobacco using a hookah, smokeless tobacco, or vaping nicotine.

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# Any Nicotine Use other than Vaping

Past 30-day prevalence levels of any nicotine use other than vaping did not return to their 2020 levels in 2022. Prevalence increased slightly in 12<sup>th</sup> grade to 8.3%, stayed steady in 10<sup>th</sup> grade at 4.2%, and decreased slightly in 8<sup>th</sup> grade to 2.7%. Overall this outcome has declined markedly since first tracked by the survey (in 2017 for 12<sup>th</sup> grade and in 2019 in 10<sup>th</sup> and 8<sup>th</sup> grade). The decrease is quite dramatic in 12<sup>th</sup> grade, falling by well over half from 21% in 2017 to 8% in 2022; it fell by roughly half in all three grades in the two-year interval from 2019 to 2022.

In contrast, the outcome of "any nicotine use" shows relatively less decline, underscoring the role of nicotine vaping on overall nicotine prevalence.

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# **Trends in Use of Specific Drugs**

## Marijuana

The percentage of youth who have used marijuana in the past 12 months did not return to 2020 levels in 2022. Lifetime and past 12-month prevalence stayed steady or edged slightly upward in 2021, and prevalence in 2022 remained closer to 2021 than 2020 levels. Lifetime prevalence in 2022 was 11% in 8<sup>th</sup> grade, 24% in 10<sup>th</sup> grade, and 38% in 12<sup>th</sup> grade.

The lower prevalence levels in 2021 and 2022 mark the first substantial change in past 12-month marijuana prevalence in more than a decade; previous to 2021 marijuana levels had hovered without any systematic trending for about a decade.

Levels of annual marijuana use today are considerably lower than the historic highs observed in the late 1970s, when more than half of 12<sup>th</sup> graders had used marijuana in the past 12 months. This high point marked the pinnacle of a rise in marijuana use from relatively negligible levels before the 1960s.

Daily marijuana use, defined as use on 20 or more occasions in the past 30 days, held steady in 2022 after substantial declines in 2021. In all grades 2022 levels remained below those in 2019 and 2020, when all surveys were collected before the start of the national social distancing policies on March 15, 2020.

The prevalence of using marijuana daily for a month or more during one's lifetime is reported for 12<sup>th</sup> graders only. That prevalence was at 21% when first measured in 1982, declined sharply to just 8% by 1992, and rose back to 19% by 1997, followed by a long gradual decline to 12% by 2018, before leveling. It stood at 14% in 2022.

2020 prevalence levels are not reported for daily marijuana use for a month due to low sample size that resulted from curtailed data collection due to the pandemic.

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## Synthetic Marijuana

The proportion of 12<sup>th</sup> grade students who used synthetic marijuana in the past 12 months significantly increased in 2022. This increase marks a reversal of a long term decline in prevalence that has taken place since it was first introduced onto the survey in 2012.

In 10<sup>th</sup> and 8<sup>th</sup> grade prevalence levels did not change in 2022 and are near record lows.

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### **Inhalants**

Prevalence of inhalant use in the last 12 months declined in 2022 for 8<sup>th</sup> grade students, continuing a decline that began a year earlier in 2021. With these declines prevalence in 2022 is slightly lower than it was in 2016, when it began an increase that had been concerning.

Inhalants are unusual because their prevalence is higher in the lower grades, a pattern not observed for any other drug. The use of inhalants at an early age may reflect the fact that many inhalants are cheap, readily available (often in the home), and legal to buy and possess (although using them to get high is illicit). The decline in use with age likely reflects their coming to be seen as "kids' drugs," in addition to the fact that a number of other, more desirable drugs become more accessible to older adolescents, who also are more able to afford them.

In 10<sup>th</sup> and 12<sup>th</sup> grade both lifetime and past 12-month prevalence were little changed in 2022.

The increase in prevalence of inhalants in all three grades at the start of the 1990s was a continuation of a trend that was observable far earlier among 12<sup>th</sup> grade students, when only they were being surveyed. The same was likely true among 8<sup>th</sup> and 10<sup>th</sup> graders, although our data on them cover only 1991 forward. The anti-inhalant campaign launched by the Partnership for a Drug-Free America in 1995 (partly in response to MTF results showing increasing use) may have played an important role in reversing this long term trend. Long term declines in use continued through 2022, with temporary increases that took place in the early 2000s and around 2018; these increases proved fleeting, and prevalence in 2022 is at or near record lows.

Prior to 2000, trends in inhalants were confounded by the use of amyl and butyl nitrites, and past MTF reports presented an additional 12<sup>th</sup> grade inhalant trend for measures without nitrites (e.g., see the 2014 MTF report for a detailed description). Since that time youth's use of nitrites has fallen to very low levels and is no longer tracked by Monitoring the Future.

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# **Hallucinogens**

The percentage of adolescents using hallucinogens in the past 12 months has varied little between a narrow window of 4% and 5% over the past decade and in 2022 was 4%. In 10<sup>th</sup> grade declines in prevalence resumed a long term decline that began around 2010, after a short, temporary increase in 2019 and 2020. In 8<sup>th</sup> grade declines in use have plateaued since around 2014, in part because prevalence has hovered at 1% since that time and has little room to fall further.

Hallucinogen use followed the typical pattern of an increase during the 1990s relapse, followed by a gradual but inconsistent decline in the following years. Annual hallucinogen use peaked in 1996, which is a few years earlier than the peak for most other drugs. Current levels of annual hallucinogen use are less than half their peak in the 1990s. The two components of the hallucinogens class, LSD and hallucinogens other than LSD, generally followed the same pattern until a sharp decline in LSD use emerged after 1999.

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# <u>LSD</u>

LSD prevalence did not return to 2020 levels in 2022, for either lifetime, past 12-month use, or past 30-day use. In 2022 lifetime and past 12-month prevalence trended down, bringing levels down to record or near record lows.

LSD was one of the first drugs to decline at the start of the 1980s, almost surely due to increased information about its potential dangers. The subsequent increase in its use during the mid 1980s may reflect the effects of "generational forgetting"—that is, replacement cohorts knowing less than their predecessors about the potential dangers of LSD because they have had less exposure to the negative consequences of using the drug.

We believe that the decline in use prior to 2002 might have resulted in part from a displacement of LSD by sharply rising use of MDMA (ecstasy and more recently Molly). After 2001, when MDMA use itself began to decline, the sharp further decline in LSD use likely resulted from a sudden drop in the availability of LSD (discussed in Chapter 9), because attitudes generally have not moved in a way that could explain the fall in use, while perceived availability has.

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## Hallucinogens other than LSD

Hallucinogens other than LSD include psilocybin, or "shrooms," which comprise a major component of this category.

In 12<sup>th</sup> grade hallucinogen use shows an unusual pattern of increasing prevalence in both 2021 and 2022 for both lifetime and past 12-month use (although none of these single-year increases is statistically significant).

In 10<sup>th</sup> grade prevalence shows the more common pattern of edging slightly upward in 2022 for lifetime and past 12-month use, although these increases fall short of countering the drops that took place from 2020 to 2021.

In  $8^{th}$  grade lifetime and past 12-month prevalence changed little and was 1% or lower from 2020 to 2022.

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## **PCP**

The prevalence of past-year PCP use is reported only for 12<sup>th</sup> grade students, and in 2022 it was 1.2%. Prevalence has not risen above 2% for the past 20 years.

PCP was first included in the survey in 1979, and its prevalence dropped rapidly thereafter, suggesting that it achieved a deserved reputation as a dangerous drug very quickly. Its use increased during the 1990s drug relapse, but its annual prevalence increased to a high of only 2.6%. Since 2002, its use has remained low.

To free up space for questions on other drugs, the survey stopped tracking lifetime and past 30-day use of this low prevalence drug in 2014. These measures will be reintroduced into the survey if past 12-month use increases in the future.

# Ecstasy (MDMA)

The percentage of youth who used MDMA (street names "Molly" and "ecstasy") did not return to 2020 levels in 2022. Lifetime prevalence stayed steady or edged slightly upward in 2022 in all grades, but remained below 2020 levels. Past 12-month use followed the same pattern. Past 30-day use prevalence levels have been below 1% in all grades since 2016; at such low prevalence levels changes from year to year may well reflect random sampling fluctuations and may not be substantive.

The historical trend for MDMA follows a pattern somewhat different from most of the other drugs in that an increase did not occur until the late 1990s, and it peaked later than many drugs—in 2001. Obviously there were some unique forces at work on the use of this drug, including its popularity at raves followed by public concern about the dangers of its use. Since that time its prevalence has gradually declined, although a short lived upsurge took place in all grades around 2009–2010.

In 2014 some questionnaire forms in the survey included "Molly" as an example of MDMA, along with ecstasy, and the inclusion of this example appeared to make relatively little difference in the overall prevalence of MDMA. In 2015 the remaining forms were changed to also include "Molly" as an example in the questions about MDMA.

Trends in MDMA use are unique because the upswing in use in 1999 occurred first in the older grades. The 8<sup>th</sup> graders did not show this resurgence until a year later, in 2000. A different dynamic seemed to be at work for MDMA than for most other drugs during this historical

period, because it appears that the increase in use rippled down the age scale rather than the reverse; this may be because raves (which older teens would be more likely to attend) played an important role in its dispersion.

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# Salvia

Salvia is an herb with hallucinogenic properties, common to southern Mexico and Central and South Americas. Although it currently is not a drug regulated by the Controlled Substances Act, several states have passed legislation to regulate its use, as have several countries.

Prevalence of salvia use in the last 12 months did not change in 2022 and currently stands at 0.8% in all grades. Use of this drug has declined considerably since it was first measured in 2009, when prevalence among 12<sup>th</sup> grade students was 5.7%.

## **Cocaine**

The percentage of youth who had ever used cocaine did not return to 2020 levels in 2022. In 12<sup>th</sup> grade prevalence continued to trend downward to 2.4% after a nearly 50% drop the previous year. In both 10<sup>th</sup> grade and 8<sup>th</sup> grade lifetime prevalence was 0.8%, which is half of the 1.6% prevalence level for both in 2020. At such low levels there is little room for prevalence to fall further in future years.

Both past 12-month and past 30-day cocaine use are near zero prevalence in 2022, with the former at levels 1.5% or less in all grades, and the latter less than 1% in all grades.

Cocaine grew in popularity among 12<sup>th</sup> graders in the late 1970s, then plateaued at a high level of around 12% annual prevalence in the first half of the 1980s, when most drugs were falling, before plunging by about three quarters by 1991. This drug then followed the common pattern of an increase in use during the 1990s relapse before showing a period of decline since 2006. The increase had leveled out about three years earlier for 8<sup>th</sup> graders (in 1996) than for 12<sup>th</sup> graders (in 1999), evidence of a cohort effect.

The reduction of adolescent cocaine use to today's low levels is a success story given its considerable popularity in the 1980s, when past-year prevalence among 12<sup>th</sup> graders reached 13% (in 1985). Reasons for this steep decline in cocaine use—in particular the role of perceived risk—are discussed in Chapter 8 in this MTF report.

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#### Crack Cocaine

In 2022 past-year use of crack cocaine was at or near historic lows. Annual use levels among 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade students were all less than 1%. Like cocaine, crack use dropped sharply from 1986—when its use was first measured—through 1991. Consistent with other illicit

drugs, its prevalence then increased during the 1990s drug relapse, peaked in the late 1990s, and has since declined to today's low levels of use.

Questions on crack cocaine were first introduced into the survey in 1986, when information gathered routinely in MTF showed some indirect evidence of the rapid spread of crack cocaine. For example, we found that the proportion of all 12<sup>th</sup> graders reporting that they had ever smoked cocaine (as well as used it in the past year) more than doubled between 1983 and 1986, from 2.4% to 5.7%. In the same period, the proportion of those who said that they had both used cocaine during the prior year and at some time had been unable to stop using it when they tried doubled (from 0.4% to 0.8%). In addition, between 1984 and 1986, the proportion of 12<sup>th</sup> graders reporting *daily* use of cocaine also doubled (from 0.2% to 0.4%). We think it likely that the rapid advent of crack use during this period was reflected in all of these changes, though we did not yet have a direct measure of its use.

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# Cocaine other than Crack

Trends in prevalence of cocaine other than crack follow closely the trends for cocaine use overall. In 2022 prevalence did not return to 2020 levels. In 12<sup>th</sup> grade lifetime prevalence fell further to 2% after a nearly 50% decrease the previous year. Lifetime prevalence also continued to fall in 10<sup>th</sup> grade and reach 0.6% after a 50% decline the previous year. In 8<sup>th</sup> grade lifetime prevalence edged up, but overall prevalence was low at 0.7% in 2022.

Both past 12-month and past 30-day cocaine use are near zero prevalence in 2022, with the former at levels 1.3% or less in all grades, and the latter less than 1% in all grades.

These low levels in 2022 contrast with annual prevalence of highs of 2.5% in 8<sup>th</sup> grade in 1996, 4.4% in 10<sup>th</sup> grade in 1999, and 10% in 12<sup>th</sup> grade in 1987, when this outcome was first measured.

In the late 1980s only 12<sup>th</sup> graders were asked this question, starting in 1987; they showed a precipitous decline in use through 1992. Perceived risk rose sharply during that period as the population became more concerned regarding the possibilities of addiction and overdose death from using cocaine.

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## **Heroin**

Past 12-month use of heroin has always been relatively low, with annual prevalence never higher than 2% at any time in the survey for any grade. In 2022 the level of annual use was 0.3% or less in each grade. Prevalence levels of heroin are now at or near all time lows, after a long decline from a peak established at the end of the 1990s drug relapse period. One unusual pattern specific to heroin is that the late 1990s mark the highest levels of use ever recorded in the study, whereas for most other drugs the all time highs were set near the beginning of the

1980s. This trend was due in part to the advent of a new mode of administration made possible by the high levels of purity of heroin on the street—use without a needle. Questions about use without using a needle were added to the study (discussed next) and showed that this new form of administration was accounting for a fair proportion of all heroin users for a while.

The increase in heroin use that occurred around 1995 was recognized fairly quickly and gave rise to some ameliorative actions, including an antiheroin campaign by the Partnership for a Drug-Free America. An increasing number of deaths due to heroin use, including in the entertainment and fashion communities, also received widespread publicity. These factors may well explain the subsequent leveling in use after the near doubling of heroin prevalence that took place in 1995.

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# Narcotics other than Heroin

Use of narcotics other than heroin without a doctor's orders is reported only for 12<sup>th</sup> grade students. In 2022 lifetime use edged up slightly but this increase fell far short of countering the decline that took place the previous year from 2020 to 2021. Lifetime prevalence in 2022 was 3.2%, which was down more than fourfold from the high of 14% in 2002.

For past 12-month and past 30-day use a prevalence rebound in 2022 returned use to at or near 2020 levels. Past 12-month use had halved from 2020 to 2021 to a prevalence level of 1%, and then in 2022 increased back to 2%. Past 30-day use prevalence was 0.7% in 2020, declined to 0.3% in 2021, and then returned to 0.7% in 2021.

Two patterns make trends in use of these drugs unique. First, peak use came during the 1990s relapse—and not during the 1980s as it did for so many other drugs—suggesting that its rise during the 1990s was more than just a return to drug use patterns of the past and instead represented the emergence of new, unique patterns of use for adolescents. Second, the peak established after the 1990s drug relapse stayed at a stubbornly high level for much longer than most illicit drugs. High levels of use during the 2000s raised concern that use of these types of prescription drugs had become endemic. The recent decline in prevalence since 2010 shows that efforts to reduce use among adolescents have been successful.

Because the question text on half of the questionnaire forms was updated in 2002 with the inclusion of additional examples of narcotics other than heroin (i.e., OxyContin, Vicodin, and Percocet), we obtained a higher reported level of use with the new version of the question that year (9.4%) than with the previous version of the question (7.0%). (When we make a significant change in the wording of a question, we often use this type of spliced design in which a random half of the respondents to the forms containing the drug get the new version and others get the old version in the same year so that we can assess the impact of the wording change.) All questionnaire forms contained the new version of the question in 2003 and thereafter.

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# **OxyContin**

In 2022 the percentage of youth who used the specific narcotic drug OxyContin without a doctor's orders in the past 12 months was 2% or lower in all grades.

Use of OxyContin has declined overall since first tracked by the survey in 2002. Its prevalence began a long term decline in all grades around 2012 and 2013, and was at record or near record lows in 2022.

## Vicodin

Use of the specific narcotic drug Vicodin without a doctor's orders had an annual prevalence of 1.3% or less across the three grades in 2022. These low levels are the result of marked declines from peaks before 2010 of 3% in 8<sup>th</sup> grade, 8% in 10<sup>th</sup> grade, and 11% in 12<sup>th</sup> grade.

While there was a large age difference in prevalence in earlier years, there remained practically none in 2022.

# **Amphetamines**

The percentage of youth who used amphetamines without a doctor's orders trended slightly upward in 2022, but remained below 2020 levels.

Use has declined gradually and substantially over the course of the study in all grades. Across the three grades, lifetime use ranged from 11% to 17% in 1991 and declined to a range of 5% to 6% in 2022. In all three grades past 12-month use was 3% in 2022, and past 30-day use was between 1% and 2%.

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We believe past prevalence reports among 12<sup>th</sup> grade students in the early 1980s were somewhat exaggerated because some respondents included nonamphetamine over the counter diet and stay-awake pills, as well as "look-alike" and "sound-alike" stimulants, in their answers. In 1982, we added new versions of the amphetamine use questions that were more explicit in instructing respondents not to include such nonprescription pills. Between 1981 and 1982, prevalence level reports dropped as a result of this methodological change. In all tables and figures, data for 1975 through 1981 are based on the unchanged questions; data since 1982 are based on the revised questions, providing our best assessments of current prevalence and more recent trends in true amphetamine use.

In 1982 and 1983, the two years for which both adjusted and unadjusted statistics are available, the unadjusted data showed a modest amount of over reporting. Both statistics suggest that a downturn in 12<sup>th</sup> graders' use of amphetamines began in 1982 and continued for a decade. For example, between 1982 and 1992 their annual prevalence for amphetamines fell by nearly two thirds, from 20% to 7%, while 30-day use and current daily use both fell by more than two

thirds. As with a number of other drugs, the trend lines veered upwards after 1992 during the relapse period in drug use.

# **Ritalin**

The stimulant Ritalin is used to treat attention deficit hyperactivity disorder (ADHD). In 12<sup>th</sup> grade prevalence of use without a doctor's orders in the last 12 months significantly increased to 1.1% in 2022, while in 10<sup>th</sup> and 8<sup>th</sup> grade it did not significantly change and for both grades was less than 1%.

Prevalence of nonmedical use has declined substantially since first tracked by the survey in 2001. From 2001 to 2021 it declined from 2.9% to 0.7% in 8<sup>th</sup> grade, from 4.8% to 0.7% in 10<sup>th</sup> grade, and from 5.1% to 1.1% in 12<sup>th</sup> grade.

# **Adderall**

In 2022 nonmedical use of the amphetamine Adderall in the past 12 months returned to 2020 levels or near 2020 levels in all grades, after a marked decline in 2021 during the pandemic. Despite this return, 12<sup>th</sup> and 10<sup>th</sup> grade levels of use remain substantially lower than their 2015 levels. In 12<sup>th</sup> grade annual prevalence was 3.4% in 2022 as compared to 7.5% in 2015, and in 10<sup>th</sup> grade was 2.9% in 2022 as compared to 5.2% in 2015. In 8<sup>th</sup> grade past 12-month prevalence trended slightly upward from 2015, when it was 1%, through 2020. By 2022 prevalence was 2.3%.

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#### *Methamphetamine*

Use of methamphetamine has declined to near-zero prevalence over the past two decades, with past 12-month use at or below 0.5% in 2022. This marks a steep decline from 1999 levels (when it was first tracked) at 3.2% in 8<sup>th</sup> grade, 4.6% in 10<sup>th</sup> grade, and 4.7% in 12<sup>th</sup> grade.

# Crystal Methamphetamine

Lifetime prevalence of crystal methamphetamine use in 12<sup>th</sup> grade has been less than 1% for the past three years, leaving little room to fluctuate in response to environmental influences.

Annual prevalence among 12<sup>th</sup> graders fell from a high of 3.0% in 1998 to 0.3% in 2021. Its similarity to crack cocaine (both are in chunks and are burned) may have played a role in this decline, because crack came to be seen as very dangerous to use, and the concern may have generalized to crystal methamphetamine.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# **Sedatives** (Barbiturates)

Use of sedatives (barbiturates) without a doctor's orders edged up slightly in 2022 but did not return to 2020 levels for lifetime and past 12-month use. For past 30-day use, the rebound in prevalence in 2022 essentially returned use to the 2020 level.

Prevalence declined after the highs of the 1990s drug relapse but for some years remained substantially higher than they were before the relapse began. By 2022 annual prevalence was near a historic low at 2.0% (the lowest level recorded was in the previous year, at 1.8%). As with many other substances, prevalence increased during the 1990s drug relapse, but a long term decline did not start until 2005, which is nearly a decade later than the decline seen for most illegal drugs. This pattern of sustained, high levels past the 1990s is found for misuse of many of the prescription drugs, and was seen for the class "narcotics other than heroin." Trends over the past fifteen years, however, indicate that a long term decline has been taking place.

Prior to the increase in use in the 1990s, past 12-month use had declined very appreciably from its highest reading of 16% in 1976 to 3% in 1992.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# **Tranquilizers**

The percentage of youth who used tranquilizers without a doctor's orders stayed steady or edged up slightly in 2022 in all grades. As a result, the substantial decreases in prevalence that took place the previous year from 2020 to 2021 largely persisted in 2022.

Back in 2001 the survey question on tranquilizers was modified to include Xanax as an example of a tranquilizer, and the discontinuity in the graph for that year marks the slightly higher prevalence estimate that resulted from this question change.

Among 12<sup>th</sup> and 10<sup>th</sup> grade students, tranquilizer use increased during the 1990s during the relapse phase and the increase was sustained well into the 2000s. This trend is typical for the general category of prescription medication misuse.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

## Rohypnol

Rohypnol, a "club drug," was added to MTF in 1996. As a questionnaire space economy measure, in 2002 the standard triplet question (asking about lifetime, past 12-month, and past 30-day use of Rohypnol) was replaced with a tripwire question asking only about use in the past 12 months. (This change was made at 12<sup>th</sup> grade only.) As a result of this change in the structure and location of the question, trend data since 2002 may not be directly comparable to data prior to 2002, as noted by the discontinuity in the graph.

In 2022 prevalence is less than 1% in all grades for past 12-month use. Lifetime and past 30-day use, which are measured in 8<sup>th</sup> and 10<sup>th</sup> grade, were also below 1% in 2022; and all measures in all grades have been below 1% since 2017.

## **Ketamine**

Prevalence of past-12 month use of ketamine (another "club drug") among 12<sup>th</sup> grade students has been below 2% for the past decade and in 2022 stood at 1.2%. This "club drug" was added

to the survey in 2000. It showed little change in its usage levels through 2002. Since then use has declined in all grades. Because of the very low levels of use of this drug by 2011, questions about its use were dropped from the questionnaires administered to 8<sup>th</sup> and 10<sup>th</sup> graders.

## **GHB**

Prevalence of past-year GHB use among 12<sup>th</sup> grade students has been below 1.5% for the past decade and in 2022 stood at 0.5%. Since 2014 prevalence has hovered around 0.4%.

This "club drug" was added to the survey in 2000. Its use has declined overall in all grades. Because of the very low levels of use of this drug by 2011, questions about its use were dropped from the questionnaires administered to 8<sup>th</sup> and 10<sup>th</sup> graders. Since then 12<sup>th</sup> grade prevalence declined to very low levels and plateaued at around 0.4%. At these low levels, changes from year to year may well reflect random sampling fluctuations and may not be substantive.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

## Alcohol

In 2022 lifetime alcohol use returned to 2020 levels or near 2020 levels in all grades after a marked decline during the pandemic in 2021. Lifetime prevalence levels in 2022 were 61.6% in 12<sup>th</sup> grade, 41.1% in 10<sup>th</sup> grade, and 23.1% in 8<sup>th</sup> grade.

In 12th grade past 12-month use also returned to 2020 prevalence levels, as a result of significant increases in 2022. No such return took place for past 30-day, daily, or binge drinking, which stayed closer to the decreased 2021 levels than 2020 levels in  $12^{th}$  and  $10^{th}$  grade.

In 8<sup>th</sup> grade changes in 2021 and 2022 were smaller. Lower levels of alcohol use in 8<sup>th</sup> grade, as well as lower levels of autonomy for 8<sup>th</sup> graders to use substances such as alcohol, likely resulted in the smaller magnitude of change during the pandemic.

Despite the increases from 2021 to 2022 for some grades and intensities of use, alcohol use has been on a long term, overall decline and all measures are at substantially lower levels than they were in the year 2000. From 2001 to 2022 past 12-month prevalence has decreased from 73% to 52% in 12<sup>th</sup> grade, from 64% to 31.3% in 10<sup>th</sup> grade, and from 42% to 15.2% in 8<sup>th</sup> grade.

Unlike most other drugs, alcohol use showed only a modest increase during the 1990s relapse, exhibiting more of a pause in its long term decline.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# **Been Drunk**

Prevalence of past 12-month and past 30-day being drunk did not return to 2020 levels in 2022. In 12<sup>th</sup> and 8<sup>th</sup> grade lifetime prevalence continued a long term downward trend in 2022. In

10<sup>th</sup> grade, lifetime prevalence increased slightly to 20% from 18% in 2021 but remained well below the 29% level of 2020.

Past 12-month prevalence followed a trend similar to lifetime use, although in 12<sup>th</sup> grade prevalence trended slightly upward in 2022, after a large decline from 2020 to 2021.

Annual prevalence of being drunk has been in a long term decline, which began first among 8<sup>th</sup> graders after 1996, then among 10<sup>th</sup> graders after 2000, and in 12<sup>th</sup> grade after 2000, suggesting a cohort effect.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

The survey text for this item reads "On how many occasions (if any) have you been drunk or very high from drinking alcoholic beverages?" and is asked in reference to use over the respondent's lifetime, the last 12 months, the last 30 days, and daily.

# Alcoholic Beverages Containing Caffeine

Annual use of alcoholic beverages containing caffeine has been in steady decline since 2011, when first added to the study. Annual prevalence among 12<sup>th</sup> and 10<sup>th</sup> grade students has decreased more than 50% overall since then. In 2022 the annual prevalence level in 12<sup>th</sup> grade was 11.6%, which is a slight increase from the 9.9% level in 2021. In 10<sup>th</sup> and 8<sup>th</sup> grade annual prevalence continued its long term decline and levels were 7.1% and 4.7%, respectively.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

#### Flavored Alcoholic Beverages

In 2022, use of flavored alcoholic beverages (also known as "alcopops" or "malternatives") in the past 12 months returned to pre-pandemic levels in 12<sup>th</sup> grade. Specifically, prevalence was 38% in 2019 (the last measurement of this outcome before the pandemic), declined to 32% in 2021, and then returned to 38% in 2022. (2020 prevalence levels are not reported for 12<sup>th</sup> grade due to low sample size that resulted from curtailed data collection due to the pandemic.)

In 10<sup>th</sup> and 8<sup>th</sup> grade past 12-month prevalence stayed steady or edged up slightly, but did not increase back to 2020 levels. It is possible that 12<sup>th</sup> grade students had more opportunities and more autonomy to use flavored alcoholic beverages in 2022 than did students in lower grades.

A single tripwire question, asking about the frequency of flavored alcoholic beverage use in the past 12 months, was introduced in 2003 to determine how widespread the use of these beverages was. In 2003, the annual prevalence was 55% among 12<sup>th</sup> graders. Because of this high level of use, we introduced more extensive measurement of use (i.e., the standard questions about use in lifetime, past 12 months and past 30 days) of these beverages into the 2004 questionnaires. The annual prevalence was about the same in 2004 (56%), and it rose slightly in 2005 (58%), after which it declined to 53% by 2009 and eventually declined to 38%

by 2022. Thirty-day prevalence among  $12^{th}$  grade students fell to 21% by 2021, while lifetime prevalence fell to 46%.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# **Beer**

In 2022 lifetime prevalence of beer drinking rebounded slightly in all grades. Despite the upward trending this year, use remained lower than 2020 levels in 8<sup>th</sup> and 10<sup>th</sup> grade. In 12<sup>th</sup> grade the 2022 level was lower than the 2019 prevalence (2020 prevalence levels not reported in 12<sup>th</sup> grade because of low sample size that resulted from curtailed data collection during the pandemic).

In the long term, beer drinking has declined substantially in all grades and from 1991 to 2022 lifetime use decreased in 12<sup>th</sup> grade from 82% to 48%, in 10<sup>th</sup> grade from 74% to 27%, and in 8<sup>th</sup> grade from 59% to 17%. Substantial long term declines have also taken place for past 12-month, past 30-day, and binge beer drinking in all grades.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# **Hard Liquor**

Use of hard liquor is asked only of 12<sup>th</sup> grade students. In 2022 prevalence edged upward for lifetime, past 12-month, past 30-day use, as well as for binge drinking. These increases were not large or statistically significant and prevalence for all reporting periods was the second lowest recorded by the survey (with lowest levels occurring in 2021). Nevertheless, prevalence remains substantial, with one out of every five 12<sup>th</sup> graders reporting use of liquor in the past 30 days.

A decline in liquor consumption among 12<sup>th</sup> graders actually began after about 1980 but was interrupted in the late 1990s by the relapse phase in the use of most drugs, including alcohol. After about 2002 the long term decline in alcohol use resumed.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

#### Wine

Wine consumption is asked only of 12<sup>th</sup> grade students. In 2022 prevalence edged up slightly for lifetime, past 12-month, and past 30-day use. Nevertheless prevalence was near record lows in 2022 as prevalence has declined overall since 2000. Specifically, from 2000 to 2022 lifetime prevalence declined from 64% to 37%, past 12-month from 45% to 26%, and past 30-day from 16% to 10%.

In 1988 MTF added a question on wine coolers, which had the effect of sharply reducing self reported wine use. (Up to that point many users of wine coolers likely reported such use under

wine.) Prevalence of wine use rose somewhat during the 1990s drug relapse but continued a long standing decline in 2001.

As with liquor, the longer term decline in wine consumption that began in the late 1980s was interrupted in the 1990s during the relapse phase in drug and alcohol use.

## Wine Coolers

Beginning in 2004, questions on wine coolers were asked only of 12<sup>th</sup> grade students. Prevalence in 2022 edged up slightly for lifetime, past 12-month, and past 30-day use. Nevertheless prevalence was near record lows in 2022 as it has declined markedly since 2000. For example, the past 12-month prevalence of 21% in 2022 was more than three times lower than the all time high of 69% in 1988.

# **Cigarettes**

The percentage of adolescents who had ever smoked a cigarette did not significantly change from 2021 to 2022, although it trended downward slightly in 8<sup>th</sup> and 12<sup>th</sup> grade, and increased nominally in 10<sup>th</sup> grade. Overall, cigarette prevalence in 2022 is at or near the lowest ever recorded by the survey for lifetime, last 30-day, daily and half-a-pack per day use.

The intense public debate in the late 1990s over cigarette policies likely played an important role in bringing about the very significant downturn in adolescent smoking over the past two decades. MTF helped to give rise to that debate, as it publicly reported in the first half of the 1990s that the level of smoking among U.S. adolescents was rising sharply—results that were widely covered in the national media. Other subsequent developments likely have contributed, including (a) increases in cigarette prices, brought about in part by the tobacco industry settlement with the states and by state-level taxing decisions; (b) substantially increased prevention activities, including antismoking ad campaigns in a number of states; (c) the removal of certain types of advertising (including billboards) as well as the Joe Camel campaign nationwide; (d) the initiation of a national antismoking ad campaign by the American Legacy Foundation, which was created under the conditions of the tobacco Master Settlement Agreement of 1998; and (e) efforts by the Food and Drug Administration (FDA) and states to reduce youth access to cigarettes.

An important milestone occurred in 2009 with passage of the Family Smoking Prevention and Tobacco Control Act, which gave the U.S. Food and Drug Administration the authority to regulate the manufacturing, marketing, and sale of tobacco products. New efforts by the FDA have undoubtedly contributed to the continuing decline in use of cigarettes and their reported availability by 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders.

In earlier years, efforts to reduce adolescent smoking did not meet with as much success. Between 1984 and 1992 smoking prevalence was little changed among 12<sup>th</sup> grade students despite increasingly restrictive legislation with regard to smoking debated and enacted at state and local levels, as well as prevention efforts made in many school systems. These results suggest that the successful reduction of adolescent smoking, as we have seen in recent decades, requires a concerted, national, multipronged effort.

During the 1990s trends in cigarette smoking generally moved in concert across 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grades—and not in the usual, staggered pattern indicative of a cohort effect. The prevalence of current smoking began to rise among 8<sup>th</sup> and 10<sup>th</sup> graders after 1991 and among 12<sup>th</sup> graders after 1992, and until 1996 moved steadily upward in all three grades. In 1996, current smoking peaked in grades 8 and 10 and then peaked a year later among 12<sup>th</sup> graders. It is interesting that cigarettes, which normally reflect cohort differences, began to exhibit a secular trend in the same historical period that illicit drugs, which normally exhibit secular trends, began to show cohort effects.

Of particular importance is the fact that in all three grades in 2022 the prevalence of smoking half-a-pack or more per day is down from peak levels by more than 90%.

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## Nicotine Vaping

The percentage of students who vaped nicotine in 2022 stayed steady or edged up slightly for lifetime, past 12-month, and past 30-day use. As a result, the substantial decreases in prevalence that took place the previous year from 2020 to 2021 largely persisted in 2022.

Despite the recent declines in use, the prevalence of nicotine vaping remains one of the highest among all adolescent substances. In 2022 its past 12-month prevalence levels of 12% in 8<sup>th</sup> grade and 21% in 10<sup>th</sup> grade are second only to alcohol. Nicotine vaping's prevalence of 27% in 12<sup>th</sup> grade ranks third behind alcohol and marijuana use. These high rankings are largely due to the very sharp increases between 2017 and 2019.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

## Marijuana Vaping

In 2022 the percentage of 8<sup>th</sup> and 10<sup>th</sup> grade students who vaped marijuana changed little, and as a result the substantial decreases in prevalence that took place the previous year from 2020 to 2021 largely persisted in 2022. This pattern was apparent for lifetime, past 12-month, and past 30-day use.

In 12<sup>th</sup> grade prevalence levels in 2022 rebounded and did not maintain any decreases that took place the previous year from 2020 to 2021. This pattern differs from overall marijuana use, for which prevalence levels in 2022 did not return to 2020 levels.

Large increases in marijuana vaping in previous years were not accompanied by increases in overall marijuana use. These results suggest that marijuana vaping is not increasing the pool of adolescent marijuana users. It could substitute for combustible marijuana use, it could serve as a way for marijuana users to avoid detection by adults (because vaped marijuana does not have the distinctive smell of combustible marijuana), and/or it could be a way for users to supplement their combustible marijuana use.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# **Vaping Flavoring**

The percentage of youth who report that they vaped "just flavoring" in their lifetime and in the past 12 months did not return to 2020 levels in 2022 though they did show some rebound in the upper grades from the declines in use in 2021. Flavor vaping remains somewhat common, with nearly one in four 12<sup>th</sup> graders reporting that they vaped 'just flavor' in their lifetime and more than one in ten reporting having done so in the last 12 months.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# Flavoring Vaping with no Nicotine Vaping

A substantial prevalence of "just flavoring" vaping could raise at least two potential scenarios. First, it could be possible that a portion of youth believed they were not vaping nicotine when in fact they were. Second, if students truly were vaping only flavoring, then the recent large increases in adolescent vaping may be less alarming than they at first appear—to the extent that adolescents would not be exposed to the addictive chemical nicotine.

These two potential scenarios are not supported by the results. The finding that in 2022 1% of students or less in all grades report vaping flavoring exclusively without vaping nicotine in the past 30 days indicates that practically all students who report vaping flavoring are also nicotine vapers. These results suggest most adolescents who vape flavoring are doing so as a supplement to their nicotine vaping and not as a substitute for it.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

## Smokeless Tobacco

The percentage of youth who used smokeless tobacco during the past 30 days was at or near record lows in 2022. In 12<sup>th</sup> grade prevalence was 3.2% (the record low was the previous year at 2.2%), in 10<sup>th</sup> grade it was 2.5% (the record low was the previous year at 1.7%) and in 8<sup>th</sup> grade it was 1.2% (a record low).

Daily use of smokeless tobacco is at near negligible levels, with a prevalence of 1.1% or less in all grades.

Trends in smokeless tobacco use stand out as very different from trends for adolescent use of other drugs. Unlike almost all other substances, use of smokeless tobacco did not increase during the 1990s relapse but actually declined for nearly 10 years, beginning around 1994. Further, smokeless tobacco is one of few substances for which prevalence increased after 2007, although this increase among 10<sup>th</sup> and 12<sup>th</sup> grade students was not lasting. Finally, the trends show little in the way of cohort effects, given that trends have moved in parallel and not in staggered fashion for all three grades. These results suggest that the factors leading to use of smokeless tobacco are much different from the drivers of use of other drugs.

Questions about the use of smokeless tobacco were first introduced in 1986, omitted in 1990 and 1991, and then reintroduced in 1992. Through 2010, the examples of smokeless tobacco provided were snuff, plug, dipping tobacco, and chewing tobacco; because of new forms of smokeless tobacco entering the market, snus and dissolvable tobacco were added to the examples in 2011. The introduction and promotion of new smokeless products, including snus, may well have contributed to the increase in use seen in all grades that peaked around that time.

## <u>Snus</u>

Prevalence of snus use in the past 12 months stood at 1%, 1.5%, and 2.4% for 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders, respectively in 2022. These levels are little changed from 2021.

Snus is a variation on smokeless tobacco, as are some other dissolvable tobacco products, that literally dissolve in the mouth. Questions on snus were added to the 12<sup>th</sup> grade survey in 2011 and to the 8<sup>th</sup> and 10<sup>th</sup> grade surveys in 2012. Past year prevalence had been falling quite sharply in the upper grades since the introduction of those questions. The upper grades have tended to have considerably higher levels of use—at least until 2018.

Clearly snus has lost most of its appeal to teenagers, possibly in part due to the sharp increases in the popularity of vaping.

# **Dissolvable Tobacco**

Questions on the use of dissolvable tobacco were added to the 12<sup>th</sup> grade in 2011 and to 8<sup>th</sup> and 10<sup>th</sup> grades in 2012. The annual prevalence levels since then have been variable but below 2% in all grades and all years.

# Large Cigars

Use of large cigars has declined overall since 2014 in all three grades. Since 2019 a steep decline in prevalence of 30-day use took place among 12<sup>th</sup> grade students, falling by more than half from 5.3% in 2019 to 2.3% in 2022. The trend has also been downward in 8<sup>th</sup> and 10<sup>th</sup> grades, which in 2022 have 30-day prevalence levels of 0.5% in 8<sup>th</sup> grade and 0.8% in 10<sup>th</sup> grade.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

## Flavored Little Cigars

Use of flavored little cigars in the past 30 days changed little in 2022. Prevalence levels consequently maintained the dramatic decreases in prevalence that took place in 2021.

Overall prevalence has declined markedly since this outcome was added to the survey in 2014. Specifically, from 2014 to 2022 prevalence in 12<sup>th</sup> grade fell from 12% to 2%, in 10<sup>th</sup> grade from 7% to 1%, and in 8<sup>th</sup> grade from 4% to 1%.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# Regular Small Cigars

Use of regular small cigars during the past 12 months edged slightly lower in 2022 across all grades, further lowering prevalence after the large decline that took place the previous year. Prevalence has declined markedly overall since first tracked in 2014, and 2022 levels are record lows, all below 2%.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# Cigarillos (Small Cigars)

The percentage of 12<sup>th</sup> grade students who used a cigarillo (also known as a small cigar) in the past 12 months significantly increased from 3.4% in 2021 to 5.6% in 2022. Despite this increase the 5.6% level in 2022 remains the second lowest prevalence level recorded by the study since it began tracking cigarillos in 2010. The long term, overall decline in use has been substantial, with prevalence declining from a high of 23% in 2010.

## Tobacco Using a Hookah

A hookah is a device to inhale combustible tobacco and consists of a long, flexible tube through which users inhale tobacco smoke that has passed through water and is thereby cooled. Only 12<sup>th</sup> grade students are asked about their use. In 2022 the percentage of 12<sup>th</sup> grade students who used a hookah in the past 12 months edged up slightly, although the increase was not statistically significant. Use has been steadily declining and the 3.3% prevalence level in 2022 compares with the high of 23% recorded in 2014.

# **Steroids**

In 2022 prevalence of steroid use increased in all grades for lifetime, past 12-month and past 30-day use. These increases were statistically significant for lifetime use in  $12^{th}$  grade, for past 12-month use in  $12^{th}$  and  $8^{th}$  grade, and for past 30-day use in all three grades.

These results are consistent with the possibility of an increase in the proportion of adolescents involved in fitness and weightlifting during the pandemic. Also increasing during 2022 were the performance enhancing drugs of creatine and androstenedione.

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## **Creatine**

Creatine is not a hormone or a drug but a nutrient found in the skeletal muscle of most animals. It is used to reduce the recovery time of muscles, to increase muscle mass, and to thereby enhance performance for high intensity, short duration exercises. It is readily available over the counter and not prohibited by the NCAA, which undoubtedly helps to explain the high levels of use we have found among teens.

Past 12-month use increased markedly in all grades in 2022, particularly in 12<sup>th</sup> and 10<sup>th</sup> grade. In all grades the increase from 2021 to 2022 is the largest on record for this outcome.

These results are consistent with the possibility of an increase in the proportion of adolescents involved in fitness and weightlifting during the pandemic. Also increasing during 2022 were the performance enhancing drugs of steroids and androstenedione with which creatine is sometimes used.

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## Androstenedione

Androstenedione, a precursor to testosterone, is a performance enhancing substance that was scheduled by the Drug Enforcement Administration early in 2005, making its sale and possession no longer legal.

Past 12-month prevalence significantly increased in 2022, and more than tripled from 0.6% in 2021 to 1.9% in 2022. The increase in 2022, along with a smaller increase in 2021, reverses a long term decline from 3.0% in 2001 to 0.5% in 2019.

These results are consistent with the possibility of an increase in the proportion of 12<sup>th</sup> grade students involved in fitness and weightlifting during the pandemic. Increases also took place in 2022 for the performance enhancing substances of steroids and creatine.

The survey stopped tracking this drug among  $8^{th}$  and  $10^{th}$  graders after 2014, when prevalence levels were less than 1% in these grades.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

## Legal Stimulants

## **Diet Pills**

Use of diet pills, which are over the counter stimulants, were at the lowest level ever recorded by the survey in 2022 for lifetime, past 12-month, and past 30-day use.

Today's levels of past 12-month use are more than five times lower than their peak of 21% in 1982, when diet pills were first included on the survey. After 1982, prevalence fell quickly over the next ten years to 8% in 1993; this was a particularly positive development because nearly all of these diet pills contained phenylpropanolamine, which the Food and Drug Administration has since determined has health risks for the user and in 2005 removed them from over the counter sale. Use stabilized through the mid 1990s at around 9.4%, rose after 1998 to reach 15.1% in 2002, and then declined to today's low of 1.6%.

## Stay-Awake Pills

Use of stay-awake pills, which are over the counter stimulants, were at or the lowest level ever recorded by the survey in 2022 for lifetime, past 12-month, and past 30-day use.

The 2022 prevalence of 1.6% for past 12-month use is more than sixteen times lower than the peak level of 26% in 1988. Since then prevalence of stay-awake pills has gradually declined somewhat irregularly with no periods of sustained increases.

## OTC Cough/Cold Medicine

There are a number of over the counter drugs that can be used to relieve symptoms from coughing or having a cold. Several of them, like Robotussin and Tylenol contain dextromethorphan (DXM). When taken in large doses, its side effects can mimic those of some illegal drugs, like hallucinations and sensory changes. Teens can buy them to use for these purposes and risk a number of dangerous side effects.

Not all cough and cold medications contain DXM, of course, but because a number of them do, we track the more general class to get an indication of changes in DXM abuse.

In 2022 past 12-month prevalence decreased slightly for 8<sup>th</sup> grade students, lowering prevalence further from a decrease that had taken place the year before. The current level of 3.2% is about midway between the low of 2% recorded in 2015 and the high of 4.6% recorded in 2020.

In 10<sup>th</sup> grade a significant increase in 2022 raised prevalence from a low of 2.7% in 2021 to a level of 3.9%, about where it had been eight years earlier.

In 12<sup>th</sup> grade prevalence edged upward, but at 2.4% it was the second lowest level recorded by the survey (the lowest level was 1.7% in 2021).

## Legal Use of Drugs for the Treatment of ADHD Taken Under Medical Supervision

#### **ADHD**

One of the few substances with increasing prevalence during the pandemic was medical use of either stimulant or nonstimulant drugs to treat ADHD. In 12<sup>th</sup> grade prevalence for both 30-day and lifetime use increased in 2021—and then again in 2022 (these increases were statistically significant in 2022).

In  $10^{th}$  and  $8^{th}$  grade lifetime prevalence of medical use also increased in 2022, although not significantly so.

In all three grades, prevalence increases during the pandemic reversed a decline that had led both lifetime and 30-day prevalence to be at or near the lowest level recorded by the survey in 2020.

It is possible that the need for treatment of ADHD increased during the pandemic due to adolescents experiencing more stress during the pandemic. Another possibility is that sheltering at home during the pandemic may have made any attention issues of adolescents more salient to their parents.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# ADHD Stimulant

One of the few substances with increasing prevalence during the pandemic was medical use of stimulant drugs to treat ADHD. In 10<sup>th</sup> and 12<sup>th</sup> grade prevalence for both 30-day and lifetime use increased in 2021—and then again in 2022 (the increases were statistically significant in 2022 for 12<sup>th</sup> grade students for both lifetime and past 30-day prevalence).

In 12<sup>th</sup> grade, both lifetime and past 30-day medical use were at the highest levels recorded by the survey in 2022, at 11.2% and 5.6%, respectively.

It is conceivable that there was an increase in the need for treatment during the pandemic due to adolescents being under more stress during the pandemic. Another possibility is that sheltering at home during the pandemic may have made any attention issues of adolescents more salient to their parents.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

# ADHD Nonstimulant

Nonstimulant type drugs for the treatment of ADHD are sometimes prescribed when stimulants have proven ineffective or not well tolerated.

In 2022 the percentage of 12<sup>th</sup> grade students who took these drugs for the treatment of ADHD increased for both lifetime and past 30-day use. In 2022 past 30-day use in 12<sup>th</sup> grade was 3.5%, which is the highest level recorded by the survey since tracking of this class of drugs began in 2005.

In 10<sup>th</sup> and 8<sup>th</sup> grade lifetime medical use trended upward in 2022, although in both grades the 2022 levels were near the lowest recorded by the survey at 3.4% and 3.5%, respectively. Past 30-day use increased slightly in 8<sup>th</sup> grade and decreased slightly in 10<sup>th</sup> grade.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

#### DRUGS NO LONGER TRACKED ANNUALLY

The drugs listed below did not appear on the 2022 MTF surveys. In most cases prevalence levels fell so low that survey questions on the drug were removed to make room for questions on other drugs, as well as to reduce respondent burden. In some cases, as with "electronic vaporizers," questions were removed to make place for updated terminology and measures.

# **JUUL**

Questions about use of the vaping device JUUL were not asked in 2022 because the FDA had removed them from the market at the time the 2022 survey was being prepared.

Prior to 2022 prevalence of the vaping device JUUL declined dramatically. Both past 12-month and past 30-day prevalence declined about 50% in just one year in all three grades from 2020 to 2021.

This decline likely stemmed from both national policies aimed at reducing nicotine vaping prevalence among adolescents, as well as the COVID-19 pandemic.

One policy to reduce tobacco use in general is the "Tobacco 21" law, which went into force on December 20, 2019. This law raised the age of sale for all tobacco products in the U.S. from 18 to 21. It is specifically designed to reduce adolescent access to vaping devices and other tobacco products.

In addition, in 2020 the FDA placed restrictions on flavoring of cartridge-based vaping systems and banned flavors popular among adolescents such as mint and fruit. These restrictions went into force on February 7, 2020, four days before the first school was surveyed in MTF that year. This ban likely has had a continuing effect.

At the same time, these large declines took place during the COVID-19 pandemic, when social distancing policies were implemented specifically to reduce social interactions outside of the home. These policies included school building closures, reductions and/or cancellations of after school group activities, and physical distancing policies requiring people to stay six feet from others. For many, these policies likely reduced adolescents' access to vaping devices and cartridges, as well as their opportunities to use them free from adult supervision.

All results from 2020 are from surveys completed before March 15, 2020, when national social distancing policies were implemented and the survey halted due to pandemic concerns.

## Heroin Use without a Needle

The percentage of youth ever using heroin without a needle fell to near zero levels in 2021, and those questions were removed from the survey to make room for questions on other drugs.

The advent of new, very pure, heroin that could be used without a needle played a significant role in raising heroin prevalence to its all time peak in the mid 1990s. Since then its use has declined to record lows.

## Heroin Use with a Needle

The percentage of youth ever using heroin with a needle fell to near zero levels in 2021 and was removed from the survey to make room for questions on other drugs.

Heroin use with a needle among students is quite rare, and lifetime use was never higher than 2% when tracked between 1995 and 2021.

## **Bath Salts**

Questions on "bath salts" (synthetic cathinones) were added to the survey in 2012 out of concern that these particularly toxic drugs would gain popularity among adolescents. As it turns out, annual prevalence has been low and never higher than 1.3% in any grade. In 2018,

prevalence was 0.9% or less in all grades, and the survey questions were removed to make room for questions on other drugs. These questions will be added back to the survey in future years if a concern arises that adolescent use of bath salts is making a comeback.

## Amyl and Butyl Nitrites

Amyl and butyl nitrites, one class of inhalants, became somewhat popular in the late 1970s, but their use has been almost eliminated in the years since. The annual prevalence level among 12<sup>th</sup> grade students was 6.5% in 1979 but only 0.9% in 2009. Because of this decrease in use, and to allow for the addition of other questions, the questions on nitrite use have not been included in the study since 2010. These questions will be added back to the survey in future years if a concern arises that adolescent use of these nitrites is making a comeback.

When nitrites were included in the definition of inhalants, they masked the increase that was occurring in the use of other inhalants, because their use was declining at the same time that the use of the other inhalants was increasing.

## Methaqualone (Quaaludes)

Use of methaqualone (brand name Quaalude) without a doctor's orders had a past 12-month prevalence among 12<sup>th</sup> graders of 0.4% in 2012, after which it was no longer included on the survey to make room for questions on other drugs. Previously, use of this drug rose sharply from 1978 until 1981. Starting in 1982 use began to decline, helping to account for the overall adjusted sedative index resuming its decline that year. Annual prevalence for methaqualone plummeted from 7.6% in 1981 to 0.2% by 1993; it then inched up a bit during the drug relapse phase in the 1990s to 1.1% in 1996, where it remained in 1999. By 2012 it was down to 0.4%, a tiny fraction of its peak level.

#### **Provigil**

Questions on use of Provigil (a prescription stay-awake drug used for narcolepsy, shift work, etc.) were added to the 12<sup>th</sup> grade questionnaires in 2009. In 2011, 1.5% used this drug without a doctor's orders in the past 12 months, suggesting that this drug had not made serious inroads among youth in terms of nonmedically supervised use. Given the low use, questions on Provigil were no longer included on the survey starting in 2012. These questions will be added back to the survey in future years if a concern arises that adolescent use of Provigil is making a comeback.

#### **Bidis**

A question about bidis, a type of flavored cigarette imported from India, was included in the MTF questionnaires for the first time in 2000, with a single tripwire question asking about the frequency of use in the past year. Some observers had been concerned that bidis might become popular among U.S. youth, but that does not seem to have been the case. The 2010 proportion of 12<sup>th</sup> graders using bidis during the past year was only 1.4%. Thirty day and daily use would be appreciably lower. Given the low prevalence levels, the question on bidis was dropped from 8<sup>th</sup> and 10<sup>th</sup> grade questionnaires in 2006 and from 12<sup>th</sup> grade questionnaires in 2011. These questions will be added back to the survey in future years if a concern arises that adolescent use of bidis is making a comeback.

# Kreteks

A question about kreteks, a type of clove cigarette that was usually imported from Indonesia, was added in 2001 to the list of tripwire questions that ask only about past 12-month use.

Because the prevalence levels turned out to be low, this question also was dropped in 2006 from the 8<sup>th</sup> and 10<sup>th</sup> grade questionnaires to make room for other questions. In 2014, only 1.6% of 12<sup>th</sup> graders reported any use of kreteks in the prior 12 months, and the question has not been included on the survey since then. These questions will be added back to the survey in future years if a concern arises that adolescent use of kreteks is making a comeback.

#### SUMMARY OF TRENDS

As these varied patterns of use show, the overall proportion of U.S. adolescents using any substance in their lifetime has changed over the years, and the mix of drugs they use has changed even more. A number of drug classes showed dramatic declines (particularly in the 1980s), some showed substantial increases (particularly in the late 1970s and again in the 1990s), and some remained fairly stable. Further, the periods in which they either increased or decreased varied considerably, although between 1992 and 1996—the "relapse phase" of the epidemic—the use of many drugs increased and by 1997 the use of most had stabilized. Afterwards most have declined in use to some degree, sometimes very sharply, as was seen with LSD and MDMA; however, this was not true of all illicitly used drugs—in particular the prescription type drugs such as narcotics other than heroin, sedatives, and tranquilizers continued to increase well into the 2000s before they began their current declines, making them an important part of the nation's drug problems.

Recent years have seen new increases and decreases in adolescent drug use. Vaping of nicotine and marijuana surged in prevalence in 2018 and 2019. This surge was then followed by a large, overall decline in adolescent drug use after the onset of the pandemic from 2020 to 2021 that resulted in some of the largest one-year declines recorded by the survey. Whether these declines persist among affected cohorts in the coming years—and whether persistence of the declines varies by substance—is of central importance for drug theory and policy. These findings demonstrate once again the ever changing nature of adolescent substance use and, consequently, the need to continually monitor and address emerging trends.

TABLE 5-1
Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>
Approximate weighted N =	9,400	15,400	17,100	17,800	15,500	15,900	17,500	17,700	16,300	15,900	16,000	15,200	16,300	16,300	16,700	15,200
Any Illicit Drug <sup>a,b</sup>	55.2	58.3	61.6	64.1	65.1	65.4	65.6	64.4	62.9	61.6	60.6	57.6	56.6	53.9	50.9	47.9
ny Illicit Drug other than Marijuana <sup>a,b,c</sup>	36.2	35.4	35.8	36.5	37.4	38.7	42.8	41.1	40.4	40.3	39.7	37.7	35.8	32.5	31.4	29.4
larijuana/Hashish	47.3	52.8	56.4	59.2	60.4	60.3	59.5	58.7	57.0	54.9	54.2	50.9	50.2	47.2	43.7	40.7
halants <sup>d</sup>	_	10.3	11.1	12.0	12.7	11.9	12.3	12.8	13.6	14.4	15.4	15.9	17.0	16.7	17.6	18.0
halants, Adjusted <sup>d,e</sup>	_	_	_	_	18.2	17.3	17.2	17.7	18.2	18.0	18.1	20.1	18.6	17.5	18.6	18.5
Amyl/Butyl Nitrites <sup>f,g</sup>	_	_	_	_	11.1	11.1	10.1	9.8	8.4	8.1	7.9	8.6	4.7	3.2	3.3	2.1
allucinogens <sup>c</sup>	16.3	15.1	13.9	14.3	14.1	13.3	13.3	12.5	11.9	10.7	10.3	9.7	10.3	8.9	9.4	9.4
allucinogens, Adjusted <sup>c,h</sup>	_	_	_	_	17.7	15.6	15.3	14.3	13.6	12.3	12.1	11.9	10.6	9.2	9.9	9.7
SD °	11.3	11.0	9.8	9.7	9.5	9.3	9.8	9.6	8.9	8.0	7.5	7.2	8.4	7.7	8.3	8.7
lallucinogens other than LSD <sup>c</sup>	14.1	12.1	11.2	11.6	10.7	9.8	9.1	8.0	7.3	6.6	6.5	5.7	5.4	4.1	4.3	4.1
PCP <sup>f,g</sup>	_	_	_	_	12.8	9.6	7.8	6.0	5.6	5.0	4.9	4.8	3.0	2.9	3.9	2.8
MDMA (Ecstasy, Molly) <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
caine	9.0	9.7	10.8	12.9	15.4	15.7	16.5	16.0	16.2	16.1	17.3	16.9	15.2	12.1	10.3	9.4
crack <sup>i</sup>	_	_	_	_	_	_	_	_	_	_	_	_	5.4	4.8	4.7	3.5
Cocaine other than Crack <sup>j</sup>	_	_	_	_	_	_	_	_	_	_	_	_	14.0	12.1	8.5	8.6
eroin <sup>k</sup>	2.2	1.8	1.8	1.6	1.1	1.1	1.1	1.2	1.2	1.3	1.2	1.1	1.2	1.1	1.3	1.3
Nith a needle <sup>l</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vithout a needle <sup>l</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
arcotics other than Heroin <sup>m,n</sup>	9.0	9.6	10.3	9.9	10.1	9.8	10.1	9.6	9.4	9.7	10.2	9.0	9.2	8.6	8.3	8.3
mphetamines <sup>b,m</sup>	22.3	22.6	23.0	22.9	24.2	26.4	32.2‡	27.9	26.9	27.9	26.2	23.4	21.6	19.8	19.1	17.5
∕lethamphetamine °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Crystal Methamphetamine (Ice)°	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.7

TABLE 5-1 (cont.)
Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

	4075	1076	1077	4070	1070	1000	1001	4000	1000	1004	1005	4000	1007	4000	4000	1000
Approximate weighted N -	<u>1975</u> 9,400	<u>1976</u> 15,400	<u>1977</u> 17,100	<u>1978</u> 17.800	1979 15,500	1980 15,900	<u>1981</u> 17,500	<u>1982</u> 17,700	1983 16,300	<u>1984</u> 15,900	1985 16,000	1986 15,200	1987 16,300	1988 16,300	1989 16,700	<u>1990</u> 15,200
Approximate weighted N =	16.9	16.2	15.6	13.7	11.8	11.0	11.3	10.3	9.9	9.9	9.2	8.4	7.4	6.7	6.5	6.8
Sedatives (Barbiturates) m,p		17.7	17.4		14.6								8.7		7.4	
Sedatives, Adjusted <sup>m,q</sup>	18.2			16.0		14.9	16.0	15.2	14.4	13.3	11.8	10.4		7.8		7.5
Methaqualone m,r	8.1	7.8	8.5	7.9	8.3	9.5	10.6	10.7	10.1	8.3	6.7	5.2	4.0	3.3	2.7	2.3
Tranquilizers c,m	17.0	16.8	18.0	17.0	16.3	15.2	14.7	14.0	13.3	12.4	11.9	10.9	10.9	9.4	7.6	7.2
Rohypnol <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Alcohol s	90.4	91.9	92.5	93.1	93.0	93.2	92.6	92.8	92.6	92.6	92.2	91.3	92.2	92.0	90.7	89.5
Been Drunk °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Cigarettes	73.6	75.4	75.7	75.3	74.0	71.0	71.0	70.1	70.6	69.7	68.8	67.6	67.2	66.4	65.7	64.4
Smokeless Tobacco f,t	_	_	_	_	_	_	_	_	_	_	_	31.4	32.2	30.4	29.2	_
Any Vaping <sup>y,z</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vaping Nicotine <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Marijuana <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Just Flavoring <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Flavoring Vaping with no Nicotine Vaping <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
JUUL ee	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Steroids m,u	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.0	2.9
Legal Use of Over-the-Counter Stimulants																
Diet Pills <sup>f</sup>	_	_	_	_	_	_	_	29.6	31.4	29.7	28.7	26.6	25.5	21.5	19.9	17.7
Stay-Awake Pills <sup>f</sup>	_	_	_	_	_	_	_	19.1	20.4	22.7	26.3	31.5	37.4	37.4	36.3	37.0
Look-Alikes <sup>f</sup>	_	_	_	_	_	_	_	15.1	14.8	15.3	14.2	12.7	11.9	11.7	10.5	10.7
Legal Use of Prescription ADHD Drugs																
Stimulant-Type <sup>aa</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Non-Stimulant-Type <sup>aa</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Either Type <sup>aa</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_

TABLE 5-1 (cont.)
Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

	<u>1991</u>	1992	<u>1993</u>	1994	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	1999	2000	<u>2001</u>	2002	2003	2004	2005	2006
Approximate weighted N =	15,000	15,800	16,300	15,400	15,400	14,300	15,400	15,200	13,600	12,800	12,800	12,900	14,600	14,600	14,700	14,200
any Illicit Drug <sup>a,b</sup>	44.1	40.7	42.9	45.6	48.4	50.8	54.3	54.1	54.7	54.0	53.9	53.0	51.1	51.1	50.4	48.2
ny Illicit Drug other than Marijuana <sup>a,b,c</sup>	26.9	25.1	26.7	27.6	28.1	28.5	30.0	29.4	29.4	29.0‡	30.7	29.5	27.7	28.7	27.4	26.9
arijuana/Hashish	36.7	32.6	35.3	38.2	41.7	44.9	49.6	49.1	49.7	48.8	49.0	47.8	46.1	45.7	44.8	42.3
nalants <sup>d</sup>	17.6	16.6	17.4	17.7	17.4	16.6	16.1	15.2	15.4	14.2	13.0	11.7	11.2	10.9	11.4	11.1
nalants, Adjusted <sup>d,e</sup>	18.0	17.0	17.7	18.3	17.8	17.5	16.9	16.5	16.0	14.6	13.8	12.4	12.2	11.4	11.9	11.5
Amyl/Butyl Nitrites <sup>f,g</sup>	1.6	1.5	1.4	1.7	1.5	1.8	2.0	2.7	1.7	8.0	1.9	1.5	1.6	1.3	1.1	1.2
allucinogens <sup>c</sup>	9.6	9.2	10.9	11.4	12.7	14.0	15.1	14.1	13.7	13.0‡	14.7	12.0	10.6	9.7	8.8	8.3
llucinogens, Adjusted <sup>c,h</sup>	10.0	9.4	11.3	11.7	13.1	14.5	15.4	14.4	14.2	13.6‡	15.3	12.8	10.9	9.9	9.3	8.8
SD °	8.8	8.6	10.3	10.5	11.7	12.6	13.6	12.6	12.2	11.1	10.9	8.4	5.9	4.6	3.5	3.3
allucinogens other than LSD <sup>c</sup>	3.7	3.3	3.9	4.9	5.4	6.8	7.5	7.1	6.7	6.9‡	10.4	9.2	9.0	8.7	8.1	7.8
PCP <sup>f,g</sup>	2.9	2.4	2.9	2.8	2.7	4.0	3.9	3.9	3.4	3.4	3.5	3.1	2.5	1.6	2.4	2.2
/IDMA (Ecstasy, Molly) <sup>f</sup>	_	_	_	_	_	6.1	6.9	5.8	8.0	11.0	11.7	10.5	8.3	7.5	5.4	6.5
caine	7.8	6.1	6.1	5.9	6.0	7.1	8.7	9.3	9.8	8.6	8.2	7.8	7.7	8.1	8.0	8.5
ack <sup>i</sup>	3.1	2.6	2.6	3.0	3.0	3.3	3.9	4.4	4.6	3.9	3.7	3.8	3.6	3.9	3.5	3.5
ocaine other than Crack <sup>j</sup>	7.0	5.3	5.4	5.2	5.1	6.4	8.2	8.4	8.8	7.7	7.4	7.0	6.7	7.3	7.1	7.9
roin <sup>k</sup>	0.9	1.2	1.1	1.2	1.6	1.8	2.1	2.0	2.0	2.4	1.8	1.7	1.5	1.5	1.5	1.4
vith a needle <sup>l</sup>	_	_	_	_	0.7	8.0	0.9	8.0	0.9	8.0	0.7	8.0	0.7	0.7	0.9	8.0
ithout a needle <sup>l</sup>	_	_	_	_	1.4	1.7	2.1	1.6	1.8	2.4	1.5	1.6	1.8	1.4	1.3	1.1
cotics other than Heroin <sup>m,n</sup>	6.6	6.1	6.4	6.6	7.2	8.2	9.7	9.8	10.2	10.6	9.9‡	13.5	13.2	13.5	12.8	13.4
phetamines <sup>b,m,gg</sup>	15.4	13.9	15.1	15.7	15.3	15.3	16.5	16.4	16.3	15.6	16.2	16.8	14.4	15.0	13.1	12.4
ethamphetamine °	_	_	_	_	_	_	_	_	8.2	7.9	6.9	6.7	6.2	6.2	4.5	4.4
Crystal Methamphetamine (Ice)°	3.3	2.9	3.1	3.4	3.9	4.4	4.4	5.3	4.8	4.0	4.1	4.7	3.9	4.0	4.0	3.4

TABLE 5-1 (cont.)
Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	<u>2002</u>	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>
Approximate weighted N =	15,000	15,800	16,300	15,400	15,400	14,300	15,400	15,200	13,600	12,800	12,800	12,900	14,600	14,600	14,700	14,200
Sedatives (Barbiturates) m,p	6.2	5.5	6.3	7.0	7.4	7.6	8.1	8.7	8.9	9.2	8.7	9.5	8.8	9.9	10.5	10.2
Sedatives, Adjusted m,q	6.7	6.1	6.4	7.3	7.6	8.2	8.7	9.2	9.5	9.3	8.9	10.2	9.1	10.1	11.0	10.6
Methaqualone m,r	1.3	1.6	8.0	1.4	1.2	2.0	1.7	1.6	1.8	8.0	1.1	1.5	1.0	1.3	1.3	1.2
Franquilizers <sup>c,m</sup>	7.2	6.0	6.4	6.6	7.1	7.2	7.8	8.5	9.3	8.9‡	10.3	11.4	10.2	10.6	9.9	10.3
Rohypnol <sup>f</sup>	_	_	_	_	_	1.2	1.8	3.0	2.0	1.5	1.7	_	_	_	_	_
Alcohol <sup>s</sup>	88.0	87.5‡	80.0	80.4	80.7	79.2	81.7	81.4	80.0	80.3	79.7	78.4	76.6	76.8	75.1	72.7
Been Drunk °	65.4	63.4	62.5	62.9	63.2	61.8	64.2	62.4	62.3	62.3	63.9	61.6	58.1	60.3	57.5	56.4
igarettes	63.1	61.8	61.9	62.0	64.2	63.5	65.4	65.3	64.6	62.5	61.0	57.2	53.7	52.8	50.0	47.1
mokeless Tobacco <sup>f,t</sup>	_	32.4	31.0	30.7	30.9	29.8	25.3	26.2	23.4	23.1	19.7	18.3	17.0	16.7	17.5	15.2
y Vaping <sup>y,z</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
/aping Nicotine <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
aping Marijuana <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
aping Just Flavoring <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Flavoring Vaping with no Nicotine Vaping <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
JUL <sup>ee</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
eroids <sup>m,u</sup>	2.1	2.1	2.0	2.4	2.3	1.9	2.4	2.7	2.9	2.5	3.7	4.0	3.5	3.4	2.6	2.7
egal Use of Over-the-Counter Stimulants																
Diet Pills <sup>f</sup>	17.2	15.0	14.8	14.9	15.6	16.0	16.6	15.7	17.1	16.6	17.1	21.0	17.9	15.6	13.7	13.0
Stay-Awake Pills <sup>f</sup>	37.0	35.6	30.5	31.3	31.2	30.5	31.0	29.6	25.5	23.0	25.6	22.5	19.8	18.4	15.8	14.8
Look-Alikes <sup>f</sup>	8.9	10.1	10.5	10.3	11.6	10.7	10.8	9.4	9.2	10.0	9.8	9.6	8.6	8.1	7.4	5.7
egal Use of Prescription ADHD Drugs																
Stimulant-Type <sup>aa</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.5	7.8
Non-Stimulant-Type <sup>aa</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.2	6.1
Either Type <sup>aa</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	12.4	11.7

TABLE 5-1 (cont.)
Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

Approximate weighted N =	2007 14,500	2008 14,000	2009 13,700	2010 14,400	2011 14,100	2012 13,700	2013 12,600	2014 12,400	2015 12,900	2016 11,800	2017 12,600	2018 13,300	2019 <sup>ff</sup>	2020 3,500	2021 8.300	<u>2022</u> 8.900	2021–2022 <u>change</u>	
Any Illicit Drug <sup>a,b</sup>	46.8	47.4	46.7	48.2	49.9	49.1	49.8	49.1	48.9	48.3	48.9	47.8	47.4	46.6	41.3	41.0	-0.3	
Any Illicit Drug other than Marijuana a,b,c	25.5	24.9	24.0	24.7	24.9	24.1	24.8	22.6	21.1	20.7	19.5	18.9	18.4	17.5	12.8	13.2	+0.3	
Marijuana/Hashish	41.8	42.6	42.0	43.8	45.5	45.2	45.5	44.4	44.7	44.5	45.0	43.6	43.7	43.7	38.6	38.3	-0.3	
Inhalants <sup>d</sup>	10.5	9.9	9.5	9.0	8.1	7.9	6.9	6.5	5.7	5.0	4.9	4.4	5.3	3.8	5.0	5.8	+0.9	
Inhalants, Adjusted d,e	11.0	10.1	10.2	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Amyl/Butyl Nitrites f,g	1.2	0.6	1.1	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Hallucinogens <sup>c</sup>	8.4	8.7	7.4	8.6	8.3	7.5	7.6	6.3	6.4	6.7	6.7	6.6	6.9	7.5	7.1	7.1	0.0	
Hallucinogens, Adjusted <sup>c,h</sup>	8.9	9.0	8.0	9.1	8.8	7.9	8.1	_	_	_	_	_	_	_	_	_	_	Table continued
LSD°	3.4	4.0	3.1	4.0	4.0	3.8	3.9	3.7	4.3	4.9	5.0	5.1	5.6	5.9	4.9	4.4	-0.5	on next page.
Hallucinogens other than LSD°	7.7	7.8	6.8	7.7	7.3	6.6	6.4	5.1	4.8	4.7	4.8	4.5	4.3	4.7	5.3	5.6	+0.4	
PCP f,g	2.1	1.8	1.7	1.8	2.3	1.6	1.3	_	_	_	_	_	_	_	_	_	_	
MDMA (Ecstasy, Molly) <sup>f</sup>	6.5	6.2	6.5	7.3	8.0	7.2	7.1‡	7.9	5.9	4.9	4.9	4.1	3.3	3.6	2.8	3.0	+0.2	
Cocaine	7.8	7.2	6.0	5.5	5.2	4.9	4.5	4.6	4.0	3.7	4.2	3.9	3.8	4.1	2.5	2.4	0.0	
Crack <sup>i</sup>	3.2	2.8	2.4	2.4	1.9	2.1	1.8	1.8	1.7	1.4	1.7	1.5	1.7	1.6	1.5	1.3	-0.3	
Cocaine other than Crack <sup>j</sup>	6.8	6.5	5.3	5.1	4.9	4.4	4.2	4.1	3.4	3.3	3.5	3.3	3.2	4.0	2.2	2.0	-0.2	
Heroin k	1.5	1.3	1.2	1.6	1.4	1.1	1.0	1.0	8.0	0.7	0.7	8.0	0.6	0.4	0.4	0.5	0.0	
With a needle <sup>I</sup>	0.7	0.7	0.6	1.1	0.9	0.7	0.7	0.8	0.6	0.5	0.4	0.5	0.4	0.2	0.2	_	_	
Without a needle <sup>I</sup>	1.4	1.1	0.9	1.4	1.3	8.0	0.9	0.7	0.7	0.6	0.4	0.6	0.4	0.1	0.2	_	_	
Narcotics other than Heroin m,n	13.1	13.2	13.2	13.0	13.0	12.2	11.1	9.5	8.4	7.8	6.8	6.0	5.3	5.3	2.3	3.2	+0.9 s	
Amphetamines b,m,gg	11.4	10.5	9.9	11.1	12.2	12.0	13.8	12.1	10.8	10.0	9.2	8.6	7.7	7.3	4.9	5.3	+0.4	
Methamphetamine °	3.0	2.8	2.4	2.3	2.1	1.7	1.5	1.9	1.0	1.2	1.1	0.7	0.8	1.7	0.6	1.1	+0.5	
Crystal Methamphetamine (Ice)°	3.4	2.8	2.1	1.8	2.1	1.7	2.0	1.3	1.2	1.4	1.5	1.1	1.3	0.2	0.7	8.0	0.0	

TABLE 5-1 (cont.)
Trends in Lifetime Prevalence of Use of Various Drugs in Grade 12

#### Percentage who ever used 2021-2022 2019<sup>ff</sup> 2018 2020 2022 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2021 change 12,600 12,900 3,500 8,900 Approximate weighted N = 14,50014,000 13,700 14,400 14,100 13,700 12,600 12,400 12,900 11,800 13,300 8.300 Sedatives (Barbiturates)<sup>m,p</sup> 8.5 8.2 7.5 7.0 6.9 7.5 6.8 5.9 5.2 4.5 4.2 4.2 4.4 3.5 3.6 +0.1 Sedatives, Adjusted m,q 9.6 8.9 8.4 7.6 7.2 7.2 \_ \_ Methaqualone m,r 1.0 8.0 0.7 0.4 0.6 0.8 Tranquilizers c,m 8.9 9.3 7.4 6.9 7.5 6.6 7.0 3.3 0.0 9.5 8.5 8.7 8.5 7.7 7.6 6.1 3.3 Rohypnol f Alcohol s 72.2 71.9 72.3 71.0 70.0 69.4 68.2 66.0 61.2 58.5 61.5 61.6 +7.5 sss 64.0 61.5 58.5 54.1 Been Drunk ° 55.1 54.7 56.5 54.1 51.0 54.2 52.3 49.8 46.7 46.3 45.3 42.9 40.8 41.7 38.9 36.7 -2.2 Cigarettes 46.2 44.7 43.6 42.2 40.0 39.5 38.1 34.4 31.1 28.3 26.6 23.8 22.3 24.0 17.8 16.8 -1.0 Smokeless Tobacco f,t 10.1 § 10.3 +1.8 15.1 15.6 16.3 17.6 16.9 17.4 17.2 15.1 13.2 14.2 11.0 9.8 8.6 Any Vaping y,z 35.5 33.8‡ 35.8 45.6 47.2 40.5 40.7 +0.2 42.5 Vaping Nicotine y 25.0 34.0 40.8 44.3 38.7 38.8 +0.1 Vaping Marijuana y 11.9 15.6 23.7 27.9 25.7 27.5 +1.8 Vaping Just Flavoring y 30.7 34.1 29.0 29.8 25.2 23.7 -1.5 Flavoring Vaping with no Nicotine Vaping y 10.1 7.6 3.7 1.3 0.8 1.1 +0.3 JUUL ee 33.0 36.2 28.5 Steroids m,u 2.2 2.2 2.2 2.0 1.8 1.8 2.1 1.9 2.3 1.6 1.6 1.6 1.6 2.0 0.8 1.5 +0.7 s Legal Use of Over-the-Counter Stimulants Diet Pills f 10.5 7.7 7.7 9.1 7.9 6.7 10.4 9.5 7.2 8.1 6.4 6.2 5.1 4.6 3.8 -0.8 Stay-Awake Pills f 12.3 9.6 7.6 6.4 6.3 5.9 5.2 4.5 3.8 3.6 3.8 3.6 3.4 3.4 2.6 § -0.8 Look-Alikes 4.6 5.2 4.3 3.5 2.9 2.2 3.3 2.6 2.7 2.3 2.6 Legal Use of Prescription ADHD Drugs

9.0

5.9

12.7

9.6

5.4

13.2

Source. The Monitoring the Future study, the University of Michigan.

7.6

7.0

12.1

8.6

6.4

13.1

8.2

5.4

11.0

8.3

6.7

12.7

8.4

5.8

12.2

See footnotes following Table 5-4

Non-Stimulant-Type aa

Stimulant-Type aa

Either Type aa

9.1

5.6

12.6

9.9

5.6

13.7

8.4

5.8

12.7

8.6

6.4

13.0

8.6

6.1

12.7

7.9

5.7

11.1

7.5

4.8

9.9

8.0

4.5

10.9

11.2 +3.2 s

14.6 +3.7 s

5.8 +1.3

TABLE 5-2
Trends in <u>Annual</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

Percentage who used in last 12 months

	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>
Approximate weighted N =	9,400	15,400	17,100	17,800	15,500	15,900	17,500	17,700	16,300	15,900	16,000	15,200	16,300	16,300	16,700	15,200
Any Illicit Drug a,b	45.0	48.1	51.1	53.8	54.2	53.1	52.1	49.4	47.4	45.8	46.3	44.3	41.7	38.5	35.4	32.5
Any Illicit Drug other than Marijuana <sup>a,b,c</sup>	26.2	25.4	26.0	27.1	28.2	30.4	34.0	30.1	28.4	28.0	27.4	25.9	24.1	21.1	20.0	17.9
Marijuana/Hashish	40.0	44.5	47.6	50.2	50.8	48.8	46.1	44.3	42.3	40.0	40.6	38.8	36.3	33.1	29.6	27.0
Inhalants <sup>d</sup>	_	3.0	3.7	4.1	5.4	4.6	4.1	4.5	4.3	5.1	5.7	6.1	6.9	6.5	5.9	6.9
Inhalants, Adjusted <sup>d,e</sup>	_	_	_	_	8.9	7.9	6.1	6.6	6.2	7.2	7.5	8.9	8.1	7.1	6.9	7.5
Amyl/Butyl Nitrites <sup>f,g</sup>	_	_	_	_	6.5	5.7	3.7	3.6	3.6	4.0	4.0	4.7	2.6	1.7	1.7	1.4
Hallucinogens <sup>c</sup>	11.2	9.4	8.8	9.6	9.9	9.3	9.0	8.1	7.3	6.5	6.3	6.0	6.4	5.5	5.6	5.9
Hallucinogens, Adjusted <sup>c,h</sup>	_	_	_	_	11.8	10.4	10.1	9.0	8.3	7.3	7.6	7.6	6.7	5.8	6.2	6.0
LSD °	7.2	6.4	5.5	6.3	6.6	6.5	6.5	6.1	5.4	4.7	4.4	4.5	5.2	4.8	4.9	5.4
Hallucinogens other than LSD <sup>c</sup>	9.4	7.0	6.9	7.3	6.8	6.2	5.6	4.7	4.1	3.8	3.6	3.0	3.2	2.1	2.2	2.1
PCP f,g	_	_	_	_	7.0	4.4	3.2	2.2	2.6	2.3	2.9	2.4	1.3	1.2	2.4	1.2
MDMA (Ecstasy, Molly) <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Salvia °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Cocaine	5.6	6.0	7.2	9.0	12.0	12.3	12.4	11.5	11.4	11.6	13.1	12.7	10.3	7.9	6.5	5.3
Crack <sup>i</sup>	_	_	_	_	_	_	_	_	_	_	_	4.1	3.9	3.1	3.1	1.9
Cocaine other than Crack <sup>j</sup>	_	_	_	_	_	_	_	_	_	_	_	_	9.8	7.4	5.2	4.6
Heroin k	1.0	0.8	8.0	8.0	0.5	0.5	0.5	0.6	0.6	0.5	0.6	0.5	0.5	0.5	0.6	0.5
With a needle <sup>I</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Without a needle I	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Narcotics other than Heroin m,n	5.7	5.7	6.4	6.0	6.2	6.3	5.9	5.3	5.1	5.2	5.9	5.2	5.3	4.6	4.4	4.5
OxyContin m,v	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vicodin m,v	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Amphetamines b,m,gg	16.2	15.8	16.3	17.1	18.3	20.8	26.0‡	20.3	17.9	17.7	15.8	13.4	12.2	10.9	10.8	9.1
Ritalin <sup>m,o</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Adderall <sup>m,o</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Provigil m,o	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Methamphetamine °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Crystal Methamphetamine (Ice) °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.3
Sedatives (Barbiturates) m,p	10.7	9.6	9.3	8.1	7.5	6.8	6.6	5.5	5.2	4.9	4.6	4.2	3.6	3.2	3.3	3.4
Sedatives, Adjusted m,q	11.7	10.7	10.8	9.9	9.9	10.3	10.5	9.1	7.9	6.6	5.8	5.2	4.1	3.7	3.7	3.6
Methaqualone m,r	5.1	4.7	5.2	4.9	5.9	7.2	7.6	6.8	5.4	3.8	2.8	2.1	1.5	1.3	1.3	0.7
Tranquilizers c,m	10.6	10.3	10.8	9.9	9.6	8.7	8.0	7.0	6.9	6.1	6.1	5.8	5.5	4.8	3.8	3.5
OTC Cough/Cold Medicines °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Rohypnol <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_

Table continued on next page.

1

(List of drugs continued.)

TABLE 5-2 (cont.)
Trends in <u>Annual Prevalence of Use of Various Drugs for Grade 12</u>

#### Percentage who used in last 12 months

	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>
Approximate weighted N =	9,400	15,400	17,100	17,800	15,500	15,900	17,500	17,700	16,300	15,900	16,000	15,200	16,300	16,300	16,700	15,200
GHB <sup>w</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Ketamine <sup>x</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Alcohol s	84.8	85.7	87.0	87.7	88.1	87.9	87.0	86.8	87.3	86.0	85.6	84.5	85.7	85.3	82.7	80.6
Been Drunk °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Cigarettes	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Bidis °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Kreteks °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Smokeless Tobacco f,t	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Any Vaping y,z	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Nicotine <sup>y,z</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Marijuana <sup>y,z</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Just Flavoring <sup>y,z</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Flavoring Vaping with no Nicotine Vaping <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
JUUL ee	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Steroids m,u	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.9	1.7
Androstenedione <sup>y</sup>	_	_	_	_	_	_	_	_		_	_	_	_	_		_
Creatine <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Legal Use of Over-the-Counter Stimulants																
Diet Pills <sup>f</sup>	_	_	_	_	_	_	_	20.5	20.5	18.8	16.9	15.3	13.9	12.2	10.9	10.4
Stay-Awake Pills <sup>f</sup>	_	_	_	_	_	_	_	11.8	12.3	13.9	18.2	22.2	25.2	26.4	23.0	23.4
Look-Alikes <sup>f</sup>	_	_	_	_	_	_	_	10.8	9.4	9.7	8.2	6.9	6.3	5.7	5.6	5.6

TABLE 5-2 (cont.)
Trends in <u>Annual</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

Parcant	tage who	Head in	lact 17	monthe

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006
Approximate weighted N =	15,000	15,800	16,300	15,400	15,400	14,300	15,400	15,200	13,600	12,800	12,800	12,900	14,600	14,600	14,700	14,200
Any Illicit Drug <sup>a,b</sup>	29.4	27.1	31.0	35.8	39.0	40.2	42.4	41.4	42.1	40.9	41.4	41.0	39.3	38.8	38.4	36.5
Any Illicit Drug other than Marijuana a,b,c	16.2	14.9	17.1	18.0	19.4	19.8	20.7	20.2	20.7	20.4‡	21.6	20.9	19.8	20.5	19.7	19.2
Marijuana/Hashish	23.9	21.9	26.0	30.7	34.7	35.8	38.5	37.5	37.8	36.5	37.0	36.2	34.9	34.3	33.6	31.5
Inhalants <sup>d</sup>	6.6	6.2	7.0	7.7	8.0	7.6	6.7	6.2	5.6	5.9	4.5	4.5	3.9	4.2	5.0	4.5
Inhalants, Adjusted d,e	6.9	6.4	7.4	8.2	8.4	8.5	7.3	7.1	6.0	6.2	4.9	4.9	4.5	4.6	5.4	4.7
Amyl/Butyl Nitrites f,g	0.9	0.5	0.9	1.1	1.1	1.6	1.2	1.4	0.9	0.6	0.6	1.1	0.9	0.8	0.6	0.5
Hallucinogens <sup>c</sup>	5.8	5.9	7.4	7.6	9.3	10.1	9.8	9.0	9.4	8.1‡	9.1	6.6	5.9	6.2	5.5	4.9
Hallucinogens, Adjusted c,h	6.1	6.2	7.8	7.8	9.7	10.7	10.0	9.2	9.8	8.7‡	9.7	7.2	6.5	6.4	5.9	5.3
LSD °	5.2	5.6	6.8	6.9	8.4	8.8	8.4	7.6	8.1	6.6	6.6	3.5	1.9	2.2	1.8	1.7
Hallucinogens other than LSD °	2.0	1.7	2.2	3.1	3.8	4.4	4.6	4.6	4.3	4.4‡	5.9	5.4	5.4	5.6	5.0	4.6
PCP f,g	1.4	1.4	1.4	1.6	1.8	2.6	2.3	2.1	1.8	2.3	1.8	1.1	1.3	0.7	1.3	0.7
MDMA (Ecstasy, Molly) <sup>f</sup>	_	_	_	_	_	4.6	4.0	3.6	5.6	8.2	9.2	7.4	4.5	4.0	3.0	4.1
Salvia °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Cocaine	3.5	3.1	3.3	3.6	4.0	4.9	5.5	5.7	6.2	5.0	4.8	5.0	4.8	5.3	5.1	5.7
Crack <sup>i</sup>	1.5	1.5	1.5	1.9	2.1	2.1	2.4	2.5	2.7	2.2	2.1	2.3	2.2	2.3	1.9	2.1
Cocaine other than Crack <sup>j</sup>	3.2	2.6	2.9	3.0	3.4	4.2	5.0	4.9	5.8	4.5	4.4	4.4	4.2	4.7	4.5	5.2
Heroin <sup>k</sup>	0.4	0.6	0.5	0.6	1.1	1.0	1.2	1.0	1.1	1.5	0.9	1.0	8.0	0.9	8.0	8.0
With a needle <sup>I</sup>	_	_	_	_	0.5	0.5	0.5	0.4	0.4	0.4	0.3	0.4	0.4	0.4	0.5	0.5
Without a needle <sup>I</sup>	_	_	_	_	1.0	1.0	1.2	8.0	1.0	1.6	8.0	8.0	8.0	0.7	8.0	0.6
Narcotics other than Heroin m,n	3.5	3.3	3.6	3.8	4.7	5.4	6.2	6.3	6.7	7.0	6.7‡	9.4	9.3	9.5	9.0	9.0
OxyContin m,v	_	_	_	_	_	_	_	_	_	_	_	4.0	4.5	5.0	5.5	4.3
Vicodin m,v	_	_	_	_	_	_	_	_	_	_	_	9.6	10.5	9.3	9.5	9.7
Amphetamines b,m,gg	8.2	7.1	8.4	9.4	9.3	9.5	10.2	10.1	10.2	10.5	10.9	11.1	9.9	10.0	8.6	8.1
Ritalin m,o	_	_	_	_	_	_	_	_	_	_	5.1	4.0	4.0	5.1	4.4	4.4
Adderall m,o	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Provigil m,o	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Methamphetamine °	_	_	_	_	_	_	_	_	4.7	4.3	3.9	3.6	3.2	3.4	2.5	2.5
Crystal Methamphetamine (Ice) °	1.4	1.3	1.7	1.8	2.4	2.8	2.3	3.0	1.9	2.2	2.5	3.0	2.0	2.1	2.3	1.9
Sedatives (Barbiturates) m,p	3.4	2.8	3.4	4.1	4.7	4.9	5.1	5.5	5.8	6.2	5.7	6.7	6.0	6.5	7.2	6.6
Sedatives, Adjusted m,q	3.6	2.9	3.4	4.2	4.9	5.3	5.4	6.0	6.3	6.3	5.9	7.0	6.2	6.6	7.6	6.8
Methaqualone m,r	0.5	0.6	0.2	0.8	0.7	1.1	1.0	1.1	1.1	0.3	8.0	0.9	0.6	0.8	0.9	8.0
Tranquilizers c,m	3.6	2.8	3.5	3.7	4.4	4.6	4.7	5.5	5.8	5.7‡	6.9	7.7	6.7	7.3	6.8	6.6
OTC Cough/Cold Medicines °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.9
Rohypnol <sup>f</sup>	_	_	_	_	_	1.1	1.2	1.4	1.0	8.0	0.9‡	1.6	1.3	1.6	1.2	1.1

 $\downarrow$ 

(List of drugs continued.)

TABLE 5-2 (cont.)
Trends in <u>Annual Prevalence of Use of Various Drugs for Grade 12</u>

							Pe	rcentage	who us	ed in last	12 mon	ths					
	Approximate weighted N =	<u>1991</u> 15,000	<u>1992</u> 15,800	1993 16,300	<u>1994</u> 15,400	<u>1995</u> 15,400	<u>1996</u> 14,300	<u>1997</u> 15,400	1998 15,200	1999 13,600	2000 12,800	2001 12,800	2002 12,900	2003 14,600	2004 14,600	2005 14,700	2006 14,200
GHB <sup>w</sup>		_	_	_	_	_	_	_	_	_	1.9	1.6	1.5	1.4	2.0	1.1	1.1
Ketamine <sup>x</sup>		_	_	_	_	_	_	_	_	_	2.5	2.5	2.6	2.1	1.9	1.6	1.4
Alcohol s		77.7	76.8‡	72.7	73.0	73.7	72.5	74.8	74.3	73.8	73.2	73.3	71.5	70.1	70.6	68.6	66.5
Been Drunk °		52.7	50.3	49.6	51.7	52.5	51.9	53.2	52.0	53.2	51.8	53.2	50.4	48.0	51.8	47.7	47.9
Cigarettes		_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Bidis °		_	_	_	_	_	_	_	_	_	9.2	7.0	5.9	4.0	3.6	3.3	2.3
Kreteks °		_	_	_	_	_	_	_	_	_	_	10.1	8.4	6.7	6.5	7.1	6.2
Smokeless Tobac	cco <sup>f,t</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Any Vaping y,z		_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Nicotine	y,z	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Marijuan	a <sup>y,z</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Just Flav	oring <sup>y,z</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
0 , ,	g with no Nicotine Vaping <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
JUUL ee		_	_	_	_	_	_	_	_	_	_	_	_		_	_	_
Steroids m,u		1.4	1.1	1.2	1.3	1.5	1.4	1.4	1.7	1.8	1.7	2.4	2.5	2.1	2.5	1.5	1.8
Androstenedione	у	_	_	_	_	_	_	_	_	_	_	3.0	2.5	2.5	2.1	1.7	1.1
Creatine y		_	_	_	_	_	_	_	_	_	_	11.7	8.5	8.3	8.1	8.1	7.8
Legal Use of Ove	r-the-Counter Stimulants																
Diet Pills <sup>f</sup>		8.8	8.4	8.0	9.3	9.8	9.3	9.8	9.6	10.2	11.1	11.8	15.1	13.0	10.7	10.0	9.4
Stay-Awake P	ills <sup>f</sup>	22.2	20.4	19.1	20.7	20.3	19.0	19.7	19.0	15.7	15.0	17.3	14.9	12.5	11.8	10.4	10.0
Look-Alikes f		5.2	5.4	6.2	6.0	6.8	6.5	6.4	5.7	5.0	5.8	7.1	6.6	5.4	5.0	4.2	3.7

TABLE 5-2 (cont.)
Trends in <u>Annual</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

### Percentage who used in last 12 months

Approximate weighted N =	2007 14,500	2008 14,000	<u>2009</u> 13,700	<u>2010</u> 14,400	<u>2011</u> 14,100	<u>2012</u> 13,700	<u>2013</u> 12,600	<u>2014</u> 12,400	<u>2015</u> 12,900	<u>2016</u> 11,800	<u>2017</u> 12,600	<u>2018</u> 13,300	2019 <sup>ff</sup> 12,900	<u>2020</u> 3,500	<u>2021</u> 8,300	<u>2022</u> 8,900	2021-2022 <u>change</u>	
Any Illicit Drug a,b	35.9	36.6	36.5	38.3	40.0	39.7	40.1	38.7	38.6	38.3	39.9	38.8	38.0	36.8	32.0	32.6	+0.6	
Any Illicit Drug other than Marijuana <sup>a,b,c</sup>	18.5	18.3	17.0	17.3	17.6	17.0	17.8	15.9	15.2	14.3	13.3	12.4	11.5	11.4	7.2	8.0	+0.7	
Marijuana/Hashish	31.7	32.4	32.8	34.8	36.4	36.4	36.4	35.1	34.9	35.6	37.1	35.9	35.7	35.2	30.5	30.7	+0.2	
Inhalants <sup>d</sup>	3.7	3.8	3.4	3.6	3.2	2.9	2.5	1.9	1.9	1.7	1.5	1.6	1.9	1.1	1.8	1.8	0.0	
Inhalants, Adjusted d,e	4.1	4.0	4.1	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Amyl/Butyl Nitrites f,g	8.0	0.6	0.9	_	_	_	_	_	_		_	_	_	_	_	_	_	
Hallucinogens <sup>c</sup>	5.4	5.9	4.7	5.5	5.2	4.8	4.5	4.0	4.2	4.3	4.4	4.3	4.6	5.3	4.1	4.4	+0.4	
Hallucinogens, Adjusted c,h	5.8	6.1	5.2	6.0	5.8	5.0	4.9	_	_	_	_	_	_	_	_	_	_	
LSD °	2.1	2.7	1.9	2.6	2.7	2.4	2.2	2.5	2.9	3.0	3.3	3.2	3.6	3.9	2.5	2.5	-0.1	
Hallucinogens other than LSD °	4.8	5.0	4.2	4.8	4.3	4.0	3.7	3.0	2.9	2.7	2.9	2.7	2.7	2.8	2.9	3.4	+0.5	
PCP f,g	0.9	1.1	1.0	1.0	1.3	0.9	0.7	8.0	1.4	1.3	1.0	1.1	1.1	§	0.7	1.2	+0.5	
MDMA (Ecstasy, Molly) <sup>f</sup>	4.5	4.3	4.3	4.5	5.3	3.8	4.0‡	5.0	3.6	2.7	2.6	2.2	2.2	1.8	1.1	1.4	+0.2	
Salvia °	_	_	5.7	5.5	5.9	4.4	3.4	1.8	1.9	1.8	1.5	0.9	0.7	0.7	0.6	8.0	+0.2	
Cocaine	5.2	4.4	3.4	2.9	2.9	2.7	2.6	2.6	2.5	2.3	2.7	2.3	2.2	2.9	1.2	1.5	+0.3	
Crack <sup>i</sup>	1.9	1.6	1.3	1.4	1.0	1.2	1.1	1.1	1.1	8.0	1.0	0.9	1.0	1.2	0.7	0.9	+0.2	Table continued
Cocaine other than Crack <sup>j</sup>	4.5	4.0	3.0	2.6	2.6	2.4	2.4	2.4	2.1	2.0	2.3	2.0	1.9	2.9	0.9	1.3	+0.4	on next page.
Heroin k	0.9	0.7	0.7	0.9	0.8	0.6	0.6	0.6	0.5	0.3	0.4	0.4	0.4	0.3	0.1	0.3	+0.2	
With a needle <sup>1</sup>	0.4	0.4	0.3	0.7	0.6	0.4	0.4	0.5	0.3	0.3	0.2	0.3	0.3	0.1	0.1	_	_	
Without a needle <sup>I</sup>	1.0	0.5	0.6	8.0	0.7	0.4	0.4	0.5	0.4	0.3	0.2	0.2	0.2	0.1	0.1	_	_	
Narcotics other than Heroin m,n	9.2	9.1	9.2	8.7	8.7	7.9	7.1	6.1	5.4	4.8	4.2	3.4	2.7	2.1	1.0	1.7	+0.7 ss	
OxyContin m,v	5.2	4.7	4.9	5.1	4.9	4.3	3.6	3.3	3.7	3.4	2.7	2.3	1.7	2.4	0.9	1.9	+1.0 ss	
Vicodin m,v	9.6	9.7	9.7	8.0	8.1	7.5	5.3	4.8	4.4	2.9	2.0	1.7	1.1	1.2	0.9	1.3	+0.5	
Amphetamines b,m	7.5	6.8	6.6	7.4	8.2	7.9	9.2	8.1	7.7	6.7	5.9	5.5	4.5	4.3	2.3	2.8	+0.5	
Ritalin m,o	3.8	3.4	2.1	2.7	2.6	2.6	2.3	1.8	2.0	1.2	1.3	0.9	1.1	1.7	0.5	1.1	+0.6 s	
Adderall m,o	_	_	5.4	6.5	6.5	7.6	7.4	6.8	7.5	6.2	5.5	4.6	3.9	4.4	1.8	3.4	+1.7 sss	
Provigil m,o	_	_	1.8	1.3	1.5	_	_	_	_	_	_	_	_	_	_	_	_	
Methamphetamine °	1.7	1.2	1.2	1.0	1.4	1.1	0.9	1.0	0.6	0.6	0.6	0.5	0.5	1.4	0.2	0.5	+0.4	
Crystal Methamphetamine (Ice) °	1.6	1.1	0.9	0.9	1.2	0.8	1.1	0.8	0.5	8.0	0.8	0.6	0.6	0.0	0.4	0.3	0.0	
Sedatives (Barbiturates) m,p	6.2	5.8	5.2	4.8	4.3	4.5	4.8	4.3	3.6	3.0	2.9	2.7	2.5	2.4	1.8	2.0	+0.2	
Sedatives, Adjusted m,q	6.4	6.1	5.4	5.0	4.4	4.5	_	_	_	_	_	_	_	_	_	_	_	
Methaqualone m,r	0.5	0.5	0.6	0.3	0.3	0.4	_	_	_	_	_	_	_	_	_	_	_	
Tranquilizers c,m	6.2	6.2	6.3	5.6	5.6	5.3	4.6	4.7	4.7	4.9	4.7	3.9	3.4	3.2	1.2	1.5	+0.3	
OTC Cough/Cold Medicines °	5.8	5.5	5.9	6.6	5.3	5.6	5.0	4.1	4.6	4.0	3.2	3.4	2.5	3.2	1.7	2.4	+0.7	
Rohypnol <sup>f</sup>	1.0	1.3	1.0	1.5	1.3	1.5	0.9	0.7	1.0	1.1	0.8	0.7	0.5	§	0.4	0.7	+0.3	

(List of drugs continued.)

TABLE 5-2 (cont.)
Trends in Annual Prevalence of Use of Various Drugs in Grade 12

### Percentage who used in last 12 months

	2007	2008	2009	2010	<u>2011</u>	2012	2013	2014	<u>2015</u>	<u>2016</u>	2017	2018	2019 <sup>ff</sup>	2020	2021	2022	2021–2022 <u>change</u>
Approximate weighted N = GHB w	0.9	14,000	13,700	14,400	14,100	13,700 1.4	12,600	12,400	12,900	11,800	12,600 0.4	13,300	12,900 0.4	3,500 §	8,300 0.4	8,900 0.5	+0.1
Ketamine <sup>x</sup>	1.3	1.5	1.7	1.6	1.7	1.5	1.4	1.5	1.4	1.2	1.2	0.7	0.7	1.3	0.9	1.2	+0.3
Alcohol s	66.4	65.5	66.2	65.2	63.5	63.5	62.0	60.2	58.2	55.6	55.7	53.3	52.1	55.3	46.5	51.9	+5.4 ss
Been Drunk °	46.1	45.6	47.0	44.0	42.2	45.0	43.5	41.4	37.7	37.3	35.6	33.9	32.8	36.9	28.8	29.6	+0.8
Cigarettes	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Bidis °	1.7	1.9	1.5	1.4	_	_	_	_	_	_	_	_	_	_	_	_	_
Kreteks°	6.8	6.8	5.5	4.6	2.9	3.0	1.6	1.6	_	_	_	_	_	_	_	_	_
Smokeless Tobacco f,t	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Any Vaping <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	27.8	37.3	40.6	39.0	31.5	32.1	+0.6
Vaping Nicotine <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	18.8	29.7	35.3	34.5	26.6	27.3	+0.7
Vaping Marijuana <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	9.5	13.1	20.8	22.1	18.3	20.6	+2.3
Vaping Just Flavoring <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	20.6	25.7	20.3	16.6	11.7	11.8	+0.1
Flavoring Vaping with no Nicotine Vaping <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	7.5	6.0	3.1	1.9	1.2	1.1	-0.1
JUUL ee	_	_	_	_	_	_	_	_	_	_		_	28.4	26.1	12.2	_	_
Steroids m,u	1.4	1.5	1.5	1.5	1.2	1.3	1.5	1.5	1.7	1.0	1.1	1.1	1.0	1.2	0.5	1.3	+0.8 ss
Androstenedione <sup>y</sup>	0.9	1.3	1.1	1.5	0.7	1.0	0.7	1.1	0.9	0.9	0.6	0.5	0.5	§	0.6	1.9	+1.3 ss
Creatine <sup>y</sup>	8.0	8.3	9.1	9.2	8.6	9.5	9.3	10.0	8.8	9.0	8.1	9.3	7.6	7.2	7.4	11.8	+4.4 ss
Legal Use of Over-the-Counter Stimulants																	
Diet Pills <sup>f</sup>	6.7	7.2	6.1	4.3	4.9	5.5	5.3	6.4	5.1	4.5	4.0	3.5	3.1	§	2.5	1.6	-0.9
Stay-Awake Pills <sup>f</sup>	7.6	6.3	4.8	3.2	3.9	3.8	3.2	3.5	2.7	2.5	2.5	2.4	1.8	§	1.5	1.6	0.0
Look-Alikes <sup>f</sup>	2.8	3.1	2.6	1.7	2.2	2.1	1.7	1.4	2.3	1.6	1.5	_	_	_	_	_	_

Source. The Monitoring the Future study, the University of Michigan.

See footnotes following Table 5-4.

TABLE 5-3
Trends in 30-Day Prevalence of Use of Various Drugs in Grade 12

#### Percentage who used in last 30 days

	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>
Approximate weighted N =	9,400	15,400	17,100	17,800	15,500	15,900	17,500	17,700	16,300	15,900	16,000	15,200	16,300	16,300	16,700	15,200
Any Illicit Drug <sup>a,b</sup>	30.7	34.2	37.6	38.9	38.9	37.2	36.9	32.5	30.5	29.2	29.7	27.1	24.7	21.3	19.7	17.2
Any Illicit Drug other than Marijuana a,b,c	15.4	13.9	15.2	15.1	16.8	18.4	21.7	17.0	15.4	15.1	14.9	13.2	11.6	10.0	9.1	8.0
Marijuana/Hashish	27.1	32.2	35.4	37.1	36.5	33.7	31.6	28.5	27.0	25.2	25.7	23.4	21.0	18.0	16.7	14.0
Inhalants <sup>d</sup>	_	0.9	1.3	1.5	1.7	1.4	1.5	1.5	1.7	1.9	2.2	2.5	2.8	2.6	2.3	2.7
Inhalants, Adjusted d,e	_	_	_	_	3.2	2.7	2.5	2.5	2.5	2.6	3.0	3.2	3.5	3.0	2.7	2.9
Amyl/Butyl Nitrites f,g	_	_	_	_	2.4	1.8	1.4	1.1	1.4	1.4	1.6	1.3	1.3	0.6	0.6	0.6
Hallucinogens <sup>c</sup>	4.7	3.4	4.1	3.9	4.0	3.7	3.7	3.4	2.8	2.6	2.5	2.5	2.5	2.2	2.2	2.2
Hallucinogens, Adjusted c,h	_	_	_	_	5.3	4.4	4.5	4.1	3.5	3.2	3.8	3.5	2.8	2.3	2.9	2.3
LSD °	2.3	1.9	2.1	2.1	2.4	2.3	2.5	2.4	1.9	1.5	1.6	1.7	1.8	1.8	1.8	1.9
Hallucinogens other than LSD <sup>c</sup>	3.7	2.3	3.0	2.7	2.4	2.3	2.1	1.7	1.5	1.6	1.3	1.3	1.1	0.7	8.0	8.0
PCP f,g	_	_	_	_	2.4	1.4	1.4	1.0	1.3	1.0	1.6	1.3	0.6	0.3	1.4	0.4
MDMA (Ecstasy, Molly) <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Cocaine	1.9	2.0	2.9	3.9	5.7	5.2	5.8	5.0	4.9	5.8	6.7	6.2	4.3	3.4	2.8	1.9
Crack i	_	_	_	_	_	_	_	_	_	_	_	_	1.3	1.6	1.4	0.7
Cocaine other than Crack <sup>j</sup>	_	_	_	_	_	_	_	_	_	_	_	_	4.1	3.2	1.9	1.7
Heroin k	0.4	0.2	0.3	0.3	0.2	0.2	0.2	0.2	0.2	0.3	0.3	0.2	0.2	0.2	0.3	0.2
With a needle <sup>I</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Without a needle <sup>I</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Narcotics other than Heroin m,n	2.1	2.0	2.8	2.1	2.4	2.4	2.1	1.8	1.8	1.8	2.3	2.0	1.8	1.6	1.6	1.5
Amphetamines b,m,gg	8.5	7.7	8.8	8.7	9.9	12.1	15.8‡	10.7	8.9	8.3	6.8	5.5	5.2	4.6	4.2	3.7
Methamphetamine °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Crystal Methamphetamine (Ice)°	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	0.6

TABLE 5-3 (cont.)
Trends in 30-Day Prevalence of Use of Various Drugs in Grade 12

						F	ercentag	ge who u	sed in la	st 30 day	/S					
	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>
Approximate weighted N =	9,400	15,400	17,100	17,800	15,500	15,900	17,500	17,700	16,300	15,900	16,000	15,200	16,300	16,300	16,700	15,200
Sedatives (Barbiturates) m,p	4.7	3.9	4.3	3.2	3.2	2.9	2.6	2.0	2.1	1.7	2.0	1.8	1.4	1.2	1.4	1.3
Sedatives, Adjusted m,q	5.4	4.5	5.1	4.2	4.4	4.8	4.6	3.4	3.0	2.3	2.4	2.2	1.7	1.4	1.6	1.4
Methaqualone m,r	2.1	1.6	2.3	1.9	2.3	3.3	3.1	2.4	1.8	1.1	1.0	8.0	0.6	0.5	0.6	0.2
Tranquilizers c,m	4.1	4.0	4.6	3.4	3.7	3.1	2.7	2.4	2.5	2.1	2.1	2.1	2.0	1.5	1.3	1.2
Rohypnol <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Alcohol s	68.2	68.3	71.2	72.1	71.8	72.0	70.7	69.7	69.4	67.2	65.9	65.3	66.4	63.9	60.0	57.1
Been Drunk °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Cigarettes	36.7	38.8	38.4	36.7	34.4	30.5	29.4	30.0	30.3	29.3	30.1	29.6	29.4	28.7	28.6	29.4
Smokeless Tobacco f,t	_	_	_	_	_	_	_	_	_	_	_	11.5	11.3	10.3	8.4	_
Any Vaping y,z	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Nicotine <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Marijuana <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Just Flavoring <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Flavoring Vaping with no Nicotine Vaping <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
JUUL ee	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Any Nicotine Use <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Any Nicotine Use other than Vaping <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Steroids m,u	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.0	1.0
Legal Use of Over-the-Counter Stimulants																
Diet Pills <sup>f</sup>	_	_	_	_	_	_	_	9.8	9.5	9.9	7.3	6.5	5.8	5.1	4.8	4.3
Stay-Awake Pills <sup>f</sup>	_	_	_	_	_	_	_	5.5	5.3	5.8	7.2	9.6	9.2	9.8	8.5	7.3
Look-Alikes <sup>f</sup>	_	_	_	_	_	_	_	5.6	5.2	4.4	3.6	3.4	2.7	2.7	2.4	2.3
Legal Use of Prescription ADHD Drugs																
Stimulant-Type <sup>aa,bb</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Non-Stimulant-Type <sup>aa,bb</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_

Either Type aa,bb

TABLE 5-3 (cont.)
Trends in 30-Day Prevalence of Use of Various Drugs in Grade 12

Percentage who used in last 30 days 1995 1991 1992 1993 1994 1996 1997 1998 1999 2000 2001 2003 2004 2005 2006 2002 Approximate weighted N = 15.00015.800 16.300 15.400 15.400 14.300 15.400 15.200 13.600 12.800 12.800 12.900 14.600 14.600 14.700 14.200 Any Illicit Drug<sup>a,b</sup> 16.4 14.4 18.3 21.9 23.8 24.6 26.2 25.6 25.9 24.9 25.7 25.4 24.1 23.4 23.1 21.5 Any Illicit Drug other than Marijuana a,b,c 7.1 6.3 7.9 8.8 10.0 9.5 10.7 10.7 10.4 10.4‡ 11.0 11.3 10.4 10.8 10.3 9.8 Marijuana/Hashish 13.8 11.9 15.5 19.0 21.2 21.9 23.7 22.8 23.1 21.6 22.4 21.5 21.2 19.9 19.8 18.3 Inhalants d 2.4 2.3 2.5 2.7 3.2 2.5 2.5 2.3 2.0 2.2 1.5 1.5 1.5 1.7 1.5 2.0 Inhalants, Adjusted d,e 2.9 2.6 2.5 3.5 2.9 2.4 1.8 2.3 1.9 1.7 2.8 2.9 3.1 2.4 2.1 2.3 Amyl/Butyl Nitrites f,g 0.4 0.3 0.6 0.4 0.4 0.7 0.7 1.0 0.4 0.3 0.5 0.6 0.7 0.7 0.5 0.3 Hallucinogens <sup>c</sup> 2.2 2.1 2.7 3.1 4.4 3.5 3.8 2.6‡ 2.3 1.9 1.5 3.9 3.5 3.3 1.9 Hallucinogens, Adjusted c,h 2.4 2.3 3.3 3.2 4.6 3.8 4.1 3.9 3.0‡ 3.5 2.7 2.7 2.2 2.5 1.8 4.1 LSD ° 1.9 2.0 2.4 2.6 4.0 2.5 3.2 2.7 1.6 2.3 0.7 0.6 0.7 0.7 0.6 3.1 Hallucinogens other than LSD<sup>c</sup> 0.7 0.5 0.8 1.2 1.3 1.6 1.7 1.6 1.6 1.7± 1.9 2.0 1.5 1.7 1.6 1.3 PCP f,g 0.5 0.6 1.0 0.7 0.6 1.3 0.7 1.0 8.0 0.9 0.5 0.4 0.6 0.4 0.7 0.4 MDMA (Ecstasy, Molly)<sup>f</sup> 2.0 1.6 1.5 2.5 3.6 2.8 2.4 1.3 1.2 1.0 1.3 Cocaine 1.4 1.3 1.3 1.5 1.8 2.0 2.3 2.4 2.6 2.1 2.1 2.3 2.1 2.3 2.3 2.5 Crack i 0.7 0.6 8.0 1.2 0.7 1.0 1.0 0.9 1.0 1.1 1.0 1.1 0.9 1.0 1.0 0.9 Cocaine other than Crack j 1.2 1.0 1.2 1.3 1.3 1.6 2.0 2.0 2.5 1.7 1.9 1.8 2.2 2.0 2.4 1.8 Heroin k 0.2 0.3 0.2 0.3 0.6 0.5 0.5 0.5 0.5 0.7 0.4 0.5 0.4 0.5 0.5 0.4 With a needle 1 0.3 0.2 0.3 0.3 0.2 0.3 0.3 0.4 0.3 0.2 0.2 0.2 Without a needle 0.6 0.4 0.6 0.4 0.4 0.7 0.3 0.5 0.4 0.3 0.5 0.3 Narcotics other than Heroin m,n 3.8 1.1 1.2 1.3 1.5 1.8 2.0 2.3 2.4 2.6 2.9 3.0‡ 4.0 4.1 4.3 3.9 Amphetamines b,m,gg 3.2 2.8 3.7 4.0 4.0 4.1 4.8 4.6 4.5 5.0 5.6 5.5 5.0 4.6 3.9 3.7 Methamphetamine <sup>c</sup> 1.7 1.9 1.7 1.7 1.4 0.9 1.5 0.9 Crystal Methamphetamine (Ice)° 0.5 0.6 0.7 1.2 8.0 1.2 0.8 0.9 0.6 1.1 1.1 8.0 1.0 1.1 8.0 0.7

TABLE 5-3 (cont.)
Trends in <u>30-Day</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

						Perce	ntage w	ho used	in last 30	) days						
	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006
Approximate weighted N =		15,800	16,300	15,400	15,400	14,300	15,400		13,600		12,800	12,900	14,600	14,600		14,200
Sedatives (Barbiturates) m,p	1.4	1.1	1.3	1.7	2.2	2.1	2.1	2.6	2.6	3.0	2.8	3.2	2.9	2.9	3.3	3.0
Sedatives, Adjusted m,q	1.5	1.2	1.3	1.8	2.3	2.3	2.1	2.8	2.8	3.1	3.0	3.4	3.0	2.9	3.5	3.1
Methaqualone m,r	0.2	0.4	0.1	0.4	0.4	0.6	0.3	0.6	0.4	0.2	0.5	0.3	0.4	0.5	0.5	0.4
Tranquilizers c,m	1.4	1.0	1.2	1.4	1.8	2.0	1.8	2.4	2.5	2.6‡	2.9	3.3	2.8	3.1	2.9	2.7
Rohypnol <sup>f</sup>	_	_	_	_	_	0.5	0.3	0.3	0.3	0.4	0.3	_	_	_	_	_
Alcohol <sup>s</sup>	54.0	51.3‡	48.6	50.1	51.3	50.8	52.7	52.0	51.0	50.0	49.8	48.6	47.5	48.0	47.0	45.3
Been Drunk °	31.6	29.9	28.9	30.8	33.2	31.3	34.2	32.9	32.9	32.3	32.7	30.3	30.9	32.5	30.2	30.0
Cigarettes	28.3	27.8	29.9	31.2	33.5	34.0	36.5	35.1	34.6	31.4	29.5	26.7	24.4	25.0	23.2	21.6
Smokeless Tobacco f,t	_	11.4	10.7	11.1	12.2	9.8	9.7	8.8	8.4	7.6	7.8	6.5	6.7	6.7	7.6	6.1
Any Vaping <sup>y,z</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Nicotine <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Marijuana <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Just Flavoring <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Flavoring Vaping with no Nicotine Vaping y	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
JUUL ee	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Any Nicotine Use <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Any Nicotine Use other than Vaping <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Steroids m,u	8.0	0.6	0.7	0.9	0.7	0.7	1.0	1.1	0.9	8.0	1.3	1.4	1.3	1.6	0.9	1.1
Legal Use of Over-the-Counter Stimulants																
Diet Pills <sup>f</sup>	3.7	4.0	3.8	4.2	3.8	4.3	4.6	4.8	5.4	5.8	6.3	9.2	6.5	5.6	4.4	5.3
Stay-Awake Pills <sup>f</sup>	6.8	7.2	7.0	6.3	7.3	7.5	7.8	7.4	6.8	7.3	7.2	5.8	5.0	4.5	4.2	4.2
Look-Alikes <sup>f</sup>	2.1	2.4	2.7	2.4	3.0	3.1	2.7	2.7	2.4	2.6	3.3	2.8	2.4	2.5	1.9	2.3
Current, Legal Use of Prescription ADHD Dru	ugs															
Stimulant-Type <sup>aa,bb</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.9	2.3
Non-Stimulant-Type <sup>aa,bb</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.6	1.6
Either Type <sup>aa,bb</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.5	3.7

TABLE 5-3 (cont.)
Trends in <u>30-Day</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

#### Percentage who used in last 30 days

Approximate weighted N =	<u>2007</u> 14,500	2008 14,000	2009 13,700	2010 14,400	<u>2011</u> 14,100	2012 13,700	2013 12,600	<u>2014</u> 12,400	2015 12,900	2016 11,800	2017 12,600	2018 13,300	2019 <sup>ff</sup> 12,900	2020 3,500	2021 8,300	<u>2022</u> 8,900	2021–2022 <u>change</u>	
Any Illicit Drug a,b	21.9	22.3	23.3	23.8	25.2	25.2	25.2	23.7	23.6	24.4	24.9	24.0	23.7	22.2	20.6	21.6	+1.0	
Any Illicit Drug other than Marijuana <sup>a,b,c</sup>	9.5	9.3	8.6	8.6	8.9	8.4	8.2	7.7	7.6	6.9	6.3	6.0	5.2	4.8	2.9	3.6	+0.7	
Marijuana/Hashish	18.8	19.4	20.6	21.4	22.6	22.9	22.7	21.2	21.3	22.5	22.9	22.2	22.3	21.1	19.5	20.2	+0.7	
Inhalants <sup>d</sup>	1.2	1.4	1.2	1.4	1.0	0.9	1.0	0.7	0.7	8.0	8.0	0.7	0.9	0.7	0.7	0.7	0.0	
Inhalants, Adjusted d,e	1.6	1.5	1.8	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Amyl/Butyl Nitrites f,g	0.5	0.3	0.6	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Hallucinogens <sup>c</sup>	1.7	2.2	1.6	1.9	1.6	1.6	1.4	1.5	1.6	1.4	1.6	1.4	1.8	1.8	1.0	1.4	+0.5 s	
Hallucinogens, Adjusted c,h	2.1	2.6	1.9	2.2	2.3	1.8	1.9	_	_	_	_	_	_	_	_	_	_	
LSD °	0.6	1.1	0.5	8.0	0.8	0.8	8.0	1.0	1.1	1.0	0.3	0.4	0.4	0.6	0.2	0.2	0.0	Table continued
Hallucinogens other than LSD °	1.4	1.6	1.4	1.5	1.2	1.3	1.0	1.0	0.9	0.7	1.0	0.9	1.0	0.7	8.0	1.1	+0.3	on next page.
PCP f,g	0.5	0.6	0.5	8.0	0.8	0.5	0.4	_	_	_	_	_	_	_	_	_	_	
MDMA (Ecstasy, Molly) <sup>f</sup>	1.6	1.8	1.8	1.4	2.3	0.9	1.5‡	1.5	1.1	0.9	0.9	0.5	0.7	8.0	0.2	0.9	+0.8 ss	
Cocaine	2.0	1.9	1.3	1.3	1.1	1.1	1.1	1.0	1.1	0.9	1.2	1.1	1.0	8.0	0.3	8.0	+0.4 ss	
Crack <sup>i</sup>	0.9	8.0	0.6	0.7	0.5	0.6	0.6	0.7	0.6	0.5	0.6	0.5	0.7	0.4	0.3	0.6	+0.3 s	
Cocaine other than Crack <sup>j</sup>	1.7	1.7	1.1	1.1	1.0	1.0	0.9	0.9	1.1	0.6	1.1	1.0	0.9	1.0	0.1	8.0	+0.7 ss	
Heroin <sup>k</sup>	0.4	0.4	0.4	0.4	0.4	0.3	0.3	0.4	0.3	0.2	0.3	0.2	0.3	0.3	0.1	0.3	+0.2 s	
With a needle <sup>I</sup>	0.2	0.2	0.1	0.4	0.4	0.3	0.2	0.3	0.2	0.2	0.2	0.2	0.3	0.1	0.1	_	_	
Without a needle <sup>I</sup>	0.4	0.2	0.3	0.4	0.4	0.2	0.2	0.4	0.3	0.1	0.2	0.1	0.2	0.1	0.1	_	_	
Narcotics other than Heroin m,n	3.8	3.8	4.1	3.6	3.6	3.0	2.8	2.2	2.1	1.7	1.6	1.1	1.0	0.7	0.3	0.7	+0.4	
Amphetamines b,m	3.7	2.9	3.0	3.3	3.7	3.3	4.2	3.8	3.2	3.0	2.6	2.4	2.0	1.7	1.0	1.3	+0.2	
Methamphetamine °	0.6	0.6	0.5	0.5	0.6	0.5	0.4	0.5	0.4	0.3	0.3	0.3	0.3	0.8	0.1	0.4	+0.3	
Crystal Methamphetamine (Ice)°	0.6	0.6	0.5	0.6	0.6	0.4	0.8	0.4	0.3	0.4	0.5	0.4	0.4	0.0	0.2	0.3	+0.1	

TABLE 5-3 (cont.)
Trends in <u>30-Day</u> Prevalence of Use of Various Drugs in <u>Grade 12</u>

						P	ercentaç	je who u	sed in la	st 30 day	/S						
Approximate weighted N =	<u>2007</u>	2008 14.000	2009 13.700	2010 14,400	2011 14.100	2012 13,700	2013 12.600	2014 12.400	2015 12,900	2016 11.800	2017 12.600	2018 13.300	2019 <sup>ff</sup>	2020 3.500	<u>2021</u> 8.300	<u>2022</u> 8,900	2021–2022 <u>change</u>
Sedatives (Barbiturates) m,p	2.7	2.8	2.5	2.2	1.8	2.0	2.2	2.0	1.7	1.5	1.4	1.2	1.2	1.2	0.9	1.1	+0.3
Sedatives, Adjusted <sup>m,q</sup>	2.8	2.9	2.6	2.2	1.9	2.1		2.0	1.7	1.5	1.4	1.2	1.2	1.2	0.9	1.1	+0.3
Methaqualone m,r	0.4	0.2	0.3	0.2	0.2	0.3											_
Tranquilizers c,m	2.6	2.6	2.7	2.5	2.3	2.1	2.0	2.1	2.0	1.9	2.0	1.3	1.3	1.0	0.4	0.7	+0.3 s
Rohypnol <sup>f</sup>						2.1		2.1		1.5		1.0	1.5	1.0	-	- U.1	
Alcohol <sup>s</sup>	44.4	43.1	43.5	41.2	40.0	41.5	39.2	37.4	35.3	33.2	33.2	30.2	29.3	33.6	25.8	28.4	+2.5
Been Drunk °	28.7	27.6	27.4	26.8	25.0	28.1	26.0	23.5	20.6	20.4	19.1	17.5	17.5	19.8	15.5	16.8	+1.3
Cigarettes	21.6	20.4	20.1	19.2	18.7	17.1	16.3	13.6	11.4	10.5	9.7	7.6	5.7	7.5	4.1	4.0	-0.1
Smokeless Tobacco <sup>f,t</sup>	6.6	6.5	8.4	8.5	8.3	7.9	8.1	8.4	6.1	6.6	4.9	4.2	3.5	§	2.2	3.2	+1.0
Any Vaping <sup>y,z</sup>	_	_	_	_	_	_	_	_	16.3	12.5‡	16.6	26.7	30.9	28.2	24.0	25.6	+1.6
Vaping Nicotine <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	11.0	20.9	25.5	24.7	19.6	20.7	+1.1
Vaping Marijuana <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	4.9	7.5	14.0	12.2	12.4	14.8	+2.3 s
Vaping Just Flavoring <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	9.7	13.5	10.7	8.4	7.4	8.3	+0.9
Flavoring Vaping with no Nicotine Vaping y	_	_	_	_	_	_	_	_	_	_	4.2	4.0	2.3	0.8	0.7	1.1	+0.3 s
JUUL ee	_	_	_	_	_	_	_	_	_	_	_	_	20.8	12.9	6.8	_	_
Any Nicotine Use <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	25.6	32.5	33.6	§	24.6	24.8	+0.2
Any Nicotine Use other than Vaping <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	20.6	18.5	15.7	§	7.7	8.3	+0.6
Steroids m,u	1.0	1.0	1.0	1.1	0.7	0.9	1.0	0.9	1.0	0.7	0.8	0.8	0.7	1.2	0.5	1.3	+0.8 sss
Legal Use of Over-the-Counter Stimulants																	
Diet Pills <sup>f</sup>	3.8	3.7	2.6	2.1	2.4	3.4	2.4	3.6	2.1	2.1	2.4	1.9	1.9	§	1.1	1.1	0.0
Stay-Awake Pills <sup>f</sup>	3.3	2.6	2.3	1.6	2.2	1.9	1.5	1.7	1.2	1.7	1.6	1.2	1.1	§	0.5	8.0	+0.3
Look-Alikes <sup>f</sup>	1.1	1.6	1.0	8.0	1.2	8.0	0.7	0.7	0.9	0.9	8.0	_	_	_	_	_	_
Current, Legal Use of Prescription ADHD Dru	ıgs																
Stimulant-Type <sup>aa,bb</sup>	2.6	2.9	2.9	3.0	3.3	3.8	4.4	3.8	4.0	3.9	3.4	3.5	3.2	3.1	3.4	5.6	+2.2 s
Non-Stimulant-Type <sup>aa,bb</sup>	1.7	1.9	1.5	2.3	1.9	1.8	1.8	2.2	1.5	2.1	2.5	2.6	2.3	1.7	2.3	3.5	+1.2
Either Type <sup>aa,bb</sup>	4.1	4.4	4.3	5.2	5.1	5.5	6.0	5.5	5.3	5.6	5.7	5.9	5.0	4.2	5.2	8.4	+3.2 ss

Source. The Monitoring the Future study, the University of Michigan.

See footnotes following Table 5-4.

TABLE 5-4
Trends in 30-Day Prevalence of <u>Daily</u> Use of Various Drugs in <u>Grade 12</u>

Percentage who used daily in last 30 days

	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	1980	<u>1981</u>	1982	1983	1984	1985	<u>1986</u>	1987	<u>1988</u>	1989	1990
Approximate weighted N =	9,400	15,400	17,100	17,800	15,500	15,900	17,500	17,700	16,300	15,900	16,000	15,200	16,300	16,300	16,700	15,200
Marijuana/Hashish																
Used Daily in Past 30 Days	6.0	8.2	9.1	10.7	10.3	9.1	7.0	6.3	5.5	5.0	4.9	4.0	3.3	2.7	2.9	2.2
Ever Used Daily for Month or More																
in Lifetime <sup>f</sup>	_	_	_	_	_	_	_	20.5	16.8	16.3	15.6	14.9	14.7	12.8	11.5	10.0
Inhalants <sup>d</sup>	_	*	*	0.1	*	0.1	0.1	0.1	0.1	0.1	0.2	0.2	0.1	0.2	0.2	0.3
Inhalants, Adjusted d,e	_	_	_	_	0.1	0.2	0.2	0.2	0.2	0.2	0.4	0.4	0.4	0.3	0.3	0.3
Amyl/Butyl Nitrites f,g	_	_	_	_	*	0.1	0.1	0.0	0.2	0.1	0.3	0.5	0.3	0.1	0.3	0.1
Hallucinogens <sup>c</sup>	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	*	0.1	0.1
Hallucinogens, Adjusted c,h	_	_	_	_	0.2	0.2	0.1	0.2	0.2	0.2	0.3	0.3	0.2	*	0.3	0.3
LSD °	*	*	*	*	*	*	0.1	*	0.1	0.1	0.1	*	0.1	*	*	0.1
Hallucinogens other than LSD <sup>c</sup>	_	0.1	0.1	*	*	*	0.1	*	*	0.1	*	*	*	*	*	*
PCP f,g	_	_	_	_	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.2	0.3	0.1	0.2	0.1
MDMA (Ecstasy, Molly) <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Cocaine	0.1	0.1	0.1	0.1	0.2	0.2	0.3	0.2	0.2	0.2	0.4	0.4	0.3	0.2	0.3	0.1
Crack <sup>i</sup>	_	_	_	_	_	_	_	_	_	_	_	_	0.1	0.1	0.2	0.1
Cocaine other than Crack <sup>j</sup>	_	_	_	_	_	_	_	_	_	_	_	_	0.2	0.2	0.1	0.1
Heroin k	0.1	*	*	*	*	*	*	*	0.1	*	*	*	*	*	0.1	*
With a needle <sup>I</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Without a needle		_	_	_	_	_	_		_	_	_	_	_	_	_	
Narcotics other than Heroin m,n	0.1	0.1	0.2	0.1	*	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.1
Amphetamines b,m	0.5	0.4	0.5	0.5	0.6	0.7	1.2‡	0.7	0.8	0.6	0.4	0.3	0.3	0.3	0.3	0.2
Methamphetamine °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Crystal Methamphetamine (Ice)°	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	0.1
Sedatives (Barbiturates) m,p	0.1	0.1	0.2	0.1	*	0.1	0.1	0.1	0.1	*	0.1	0.1	0.1	*	0.1	0.1
Sedatives, Adjusted m,q	0.3	0.2	0.2	0.2	0.1	0.2	0.2	0.2	0.2	0.1	0.1	0.1	0.1	0.1	0.1	0.1
Methaqualone m,r	*	*	*	*	*	0.1	0.1	0.1	*	*	*	*	*	0.1	*	*
Tranquilizers c,m	0.1	0.2	0.3	0.1	0.1	0.1	0.1	0.1	0.1	0.1	*	*	0.1	*	0.1	0.1
Rohypnol <sup>f</sup>		_			_	_	_	_	_	_	_		_		_	
Alcohol <sup>s</sup>																
Daily <sup>s</sup>	5.7	5.6	6.1	5.7	6.9	6.0	6.0	5.7	5.5	4.8	5.0	4.8	4.8	4.2	4.2	3.7
Been drunk daily°	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
5+ drinks in a row in last 2 weeks	36.8	37.1	39.4	40.3	41.2	41.2	41.4	40.5	40.8	38.7	36.7	36.8	37.5	34.7	33.0	32.2
Cigarettes		-														
Daily	26.9	28.8	28.8	27.5	25.4	21.3	20.3	21.1	21.2	18.7	19.5	18.7	18.7	18.1	18.9	19.1
Half pack or more per day	17.9	19.2	19.4	18.8	16.5	14.3	13.5	14.2	13.8	12.3	12.5	11.4	11.4	10.6	11.2	11.3
Vaping Nicotine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Marijuana <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Just Flavoring y	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Smokeless Tobacco t,t	_	_	_	_	_	_	_	_	_	_	_	4.7	5.1	4.3	3.3	_
Steroids m,u	_	_	_	_	_	_	_	_	_	_	_	_	_	_	0.1	0.2

TABLE 5-4 (cont.)
Trends in 30-Day Prevalence of <u>Daily</u> Use of Various Drugs in <u>Grade 12</u>

Percentage who used daily in last 30 days

	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006
Approximate weighted N =	15,000	15,800	16,300	15,400	15,400	14,300	15,400	15,200	13,600		12,800	12,900	14,600	14,600		
Marijuana/Hashish																
Used Daily in Past 30 Days	2.0	1.9	2.4	3.6	4.6	4.9	5.8	5.6	6.0	6.0	5.8	6.0	6.0	5.6	5.0	5.0
Ever Used Daily for Month or More																
in Lifetime <sup>f</sup>	9.0	8.4	9.6	11.3	12.1	15.7	18.8	18.0	17.9	17.0	18.0	15.5	16.4	17.8	14.5	16.6
Inhalants <sup>d</sup>	0.2	0.1	0.1	0.1	0.1	0.2	0.1	0.2	0.2	0.2	0.1	0.2	0.2	0.1	0.2	0.1
Inhalants, Adjusted d,e	0.5	0.2	0.2	_	_	0.4	0.2	0.9	0.3	0.3	0.1	0.3	0.4	0.4	0.3	_
Amyl/Butyl Nitrites f,g	0.2	0.1	0.1	0.2	0.2	0.4	0.1	0.3	0.2	*	0.1	0.3	0.2	0.2	0.2	0.2
Hallucinogens <sup>c</sup>	0.1	0.1	0.1	0.1	0.1	0.1	0.3	0.1	0.1	0.2‡	0.2	0.1	0.1	0.2	0.1	0.1
Hallucinogens, Adjusted c,h	0.1	0.1	0.1	_	_	0.4	0.4	0.8	0.2	0.2‡	0.2	0.4	0.5	0.4	0.3	_
LSD °	0.1	0.1	0.1	0.1	0.1	*	0.2	0.1	0.1	0.1	0.2	0.1	*	0.2	0.1	0.1
Hallucinogens other than LSD <sup>c</sup>	*	*	*	*	0.1	0.1	0.1	0.1	*	0.1‡	0.1	*	0.1	0.1	*	0.1
PCP f,g	0.1	0.1	0.1	0.3	0.3	0.3	0.1	0.3	0.2	0.2	0.1	0.2	0.2	0.1	0.2	0.1
MDMA (Ecstasy, Molly) <sup>f</sup>	_	_	_	_	_	0.0	0.1	0.2	0.1	*	0.2	*	0.1	0.1	0.1	*
Cocaine	0.1	0.1	0.1	0.1	0.2	0.2	0.2	0.2	0.2	0.2	0.1	0.1	0.2	0.2	0.2	0.2
Crack <sup>i</sup>	0.1	0.1	0.1	0.1	0.1	0.2	0.1	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.1	0.1
Cocaine other than Crack <sup>j</sup>	0.1	*	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.1	0.1	0.1	0.1	0.1	0.1	0.1
Heroin k	*	*	*	*	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	0.1	*
With a needle I	_	_	_	_	0.1	0.2	0.1	*	*	*	*	0.1	0.1	*	0.1	*
Without a needle I	_	_	_	_	*	0.1	0.1	0.0	0.0	*	*	0.1	0.1	*	0.1	*
Narcotics other than Heroin m,n	0.1	*	*	0.1	0.1	0.2	0.2	0.1	0.2	0.1	0.2‡	0.3	0.2	0.3	0.2	0.2
Amphetamines b,m	0.2	0.2	0.2	0.2	0.3	0.3	0.3	0.3	0.3	0.5	0.5	0.7	0.5	0.3	0.4	0.3
Methamphetamine °	_	_	_	_	_	_	_	_	0.1	0.1	0.1	0.3	0.2	0.2	0.2	*
Crystal Methamphetamine (Ice)°	0.1	0.1	0.1	*	0.1	0.1	0.1	*	*	0.1	0.2	0.2	0.1	0.1	0.1	*
Sedatives (Barbiturates) m,p	0.1	*	0.1	*	0.1	0.1	0.1	0.1	0.2	0.1	0.1	0.2	0.2	0.1	0.2	0.1
Sedatives, Adjusted m,q	0.1	0.1	0.1	*	0.1	0.1	0.1	0.1	0.2	0.1	0.1	0.2	0.2	0.2	0.2	0.1
Methaqualone m,r	*	0.1	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.1	*
Tranquilizers c,m	0.1	*	*	0.1	*	0.2	0.1	0.1	0.1	0.1‡	0.1	0.2	0.2	0.2	0.2	0.1
Rohypnol <sup>f</sup>	_	_	_	_	_	0.1	0.0	0.1	0.1	0.1	*	_	_	_	_	_
Alcohol s																
Daily <sup>s</sup>	3.6	3.4‡	3.4	2.9	3.5	3.7	3.9	3.9	3.4	2.9	3.6	3.5	3.2	2.8	3.1	3.0
Been drunk daily <sup>o</sup>	0.9	0.8	0.9	1.2	1.3	1.6	2.0	1.5	1.9	1.7	1.4	1.2	1.6	1.8	1.5	1.6
5+ drinks in a row in last 2 weeks	29.8	27.9	27.5	28.2	29.8	30.2	31.3	31.5	30.8	30.0	29.7	28.6	27.9	29.2	27.1	25.4
Cigarettes																
Daily	18.5	17.2	19.0	19.4	21.6	22.2	24.6	22.4	23.1	20.6	19.0	16.9	15.8	15.6	13.6	12.2
Half pack or more per day	10.7	10.0	10.9	11.2	12.4	13.0	14.3	12.6	13.2	11.3	10.3	9.1	8.4	8.0	6.9	5.9
Vaping Nicotine y	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Marijuana <sup>y</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Just Flavoring y	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Smokeless Tobacco f,t	_	4.3	3.3	3.9	3.6	3.3	4.4	3.2	2.9	3.2	2.8	2.0	2.2	2.8	2.5	2.2
Steroids m,u	0.1	0.1	0.1	0.4	0.2	0.3	0.3	0.3	0.2	0.2	0.2	0.3	0.2	0.4	0.2	0.4

TABLE 5-4 (cont.)
Trends in 30-Day Prevalence of Daily Use of Various Drugs in Grade 12

Percentage who used daily in last 30 days 2021-2022 2019<sup>ff</sup> 2018 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2020 2021 2022 change 12,600 12,400 12,900 11,800 12,600 13,300 12,900 3,500 8,300 Approximate weighted N = 14,50014,000 13,700 14,400 14,100 13,700 8,900 Marijuana/Hashish Used Daily in Past 30 Days 5.2 6.1 6.6 6.5 6.5 5.8 6.0 6.0 6.4 6.9 5.8 6.3 +0.6 Ever Used Daily for Month or More in Lifetime 1 15.7 15.06 14.89 15.5 17.37 18.2 15.8 13.7 12.4 14.3 13.9 12.3 14.9 12.4 13.6 +1.2 Inhalants of 0.1 0.0 0.1 0.0 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.0 0.1 0.0 Inhalants, Adjusted d,e Amyl/Butyl Nitrites f,g 0.2 0.1 0.1 Hallucinogens <sup>c</sup> 0.1 0.3 0.1 0.2 0.2 0.1 0.2 0.2 0.2 0.1 0.2 0.1 0.1 0.1 0.1 0.0 Hallucinogens, Adjusted c,h LSD ° 0.2 0.0 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.2 0.1 0.1 0.1 0.1 Hallucinogens other than LSD<sup>c</sup> 0.1 0.2 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.0 0.0 0.1 0.0 0.0 0.1 PCP f,g 0.1 0.3 0.2 0.2 0.3 0.1 0.1 MDMA (Ecstasy, Molly)<sup>f</sup> 0.1 0.1 0.1 0.1 0.2 0.1 0.1‡ 0.1 0.1 0.1 0.0 0.1 0.1 0.1 0.1 +0.1 Cocaine 0.2 0.2 0.1 0.2 0.1 0.1 0.1 0.2 0.2 0.2 0.1 0.2 0.1 0.2 0.1 0.2 0.0 Crack 0.1 0.2 0.1 0.2 0.1 0.1 0.1 0.3 0.1 0.1 0.1 0.1 0.2 0.1 0.1 0.2 +0.1 Cocaine other than Crack<sup>j</sup> 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.0 -0.1 Heroin 1 0.0 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.0 0.0 0.1 With a needle 0.1 0.1 0.1 0.1 0.1 0.0 0.0 0.1 0.0 0.0 0.0 Without a needle 0.1 0.1 0.1 0.1 0.1 0.1 0.0 0.0 0.0 0.0 0.0 Narcotics other than Heroin m,r 0.2 0.3 0.4 0.2 0.3 0.2 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.0 0.0 0.0 Amphetamines b,n 0.2 0.3 0.3 0.4 0.3 0.6 0.4 0.3 0.3 0.3 +0.1 0.3 0.3 0.4 0.4 0.1 0.2 Methamphetamine ° 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.0 0.1 0.0 0.1 0.0 -0.1 Crystal Methamphetamine (Ice) 0.1 0.0 0.1 0.2 0.1 0.1 0.2 0.1 0.1 0.1 0.0 0.1 0.0 0.0 0.0 Sedatives (Barbiturates) m,p 0.1 0.2 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.1 0.0 Sedatives, Adjusted m,c 0.2 0.2 0.2 0.2 0.1 Methaqualone m,r 0.1 0.1 0.3 Tranquilizers c,m 0.1 0.1 0.1 0.1 0.2 0.1 0.1 0.2 0.1 0.1 0.1 0.1 0.1 0.1 0.0 0.0 0.0 Rohypnol Alcohol Daily s 3.1 2.8 2.5 2.7 2.1 2.5 2.2 1.9 1.9 1.3 1.6 1.2 1.7 2.7 0.9 1.5 +0.6 s Been drunk daily° 1.4 1.1 1.6 1.3 1.5 1.3 1.1 0.8 0.8 0.7 1.1 0.8 0.4 8.0 +0.4 5+ drinks in a row in last 2 weeks 23.7 +0.8 25.9 24.6 25.2 23.2 21.6 22.1 19.4 17.2 15.5 16.6 13.8 14.4 16.8 11.8 12.6 Cigarettes -0.4 Daily 12.3 114 11.2 10.7 10.3 93 8.5 6.7 5.5 48 4.2 3.6 2.4 3.1 2.0 1.6 5.7 5.0 2.6 2.1 1.8 1.5 0.9 0.8 +0.1 Half pack or more per day 5.4 4.7 4.3 4.0 3.4 1.7 1.4 0.9 Vaping Nicotine y 11.6‡ 5.2 5.4 6.2 +0.8 Vaping Marijuana) 3.5‡ 1.6 1.7 2.1 +0.4 Vaping Just Flavoring 2.8‡ 1.4 0.8 1.7 +0.9 sss Smokeless Tobacco <sup>1</sup> 2.8 2.7 2.9 3.1 3.1 3.2 3.0 3.4 2.9 2.7 2.0 1.6 1.1 § 0.7 1.1 +0.5

Source. The Monitoring the Future study, the University of Michigan.

0.2

0.2

0.2

0.4

0.2

0.3

See footnotes on the following page.

Steroids m,u

0.3

0.1

0.1

0.2

0.2

0.5

0.0

0.4

+0.4 s

0.3

0.2

### Footnotes for Tables 5-1 through 5-4

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .01. '—' indicates data not available.'\*' indicates less than 0.05% but greater than 0%.' ‡' indicates that the question changed in the following year. See relevant footnote for that drug. See relevant figure to assess the impact of the wording changes. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding. Daily use is defined as use on 20 or more occasions in the past 30 days except for 5+ drinks, cigarettes, and smokeless tobacco, for which actual daily use is measured.

§ Insufficient data for 2020 estimate, due to curtailed data collection during the COVID-19 pandemic.

<sup>a</sup>Use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of narcotics other than heroin, amphetamines, sedatives (barbiturates), methaqualone (excluded since 1990), or tranquilizers not under a doctor's orders. Due to changes in the amphetamine questions 2013 data are based on half the forms for all grades; *N* is one half of *N* indicated except for 12th grade any illicit use including inhalants which are based on one form; *N* is one sixth of *N* indicated. See the amphetamine note for details. 2014 data based on all forms

<sup>b</sup>Beginning in 1982, the question about amphetamine use was revised to get respondents to exclude the inappropriate reporting of nonprescription amphetamines. The prevalence-of-use rate dropped slightly as a result of this methodological change. In 2009, the question text was changed slightly in half of the forms. An examination of the data did not show any effect from the wording change. In 2010 the remaining forms were changed in a like manner. In 2011 the question text was changed slightly in one form; bennies, Benzedrine and Methadrine were dropped from the list of examples. An examination of the data did not show any effect from the wording change. In 2013 the question wording was changed in three of the questionnaires. The new wording in 2013 asked "On how many occasions (if any) have you taken amphetamines of other prescription stimulant drugs..." In contrast, the old wording did not include the text highlighted in red. Results in 2013 indicated higher prevalence in questionnaires with the new as compared to the old wording; it was 21% higher in 12th grade. 2013 data are based on the changed forms only; *N* is one half of *N* indicated. In 2014 all questionnaires included the new, updated wording.

<sup>c</sup>In 2001 the question text was changed in half of the questionnaire forms. Other psychedelics was changed to other hallucinogens and shrooms was added to the list of examples. For the tranquilizer list of examples, Miltown was replaced with Xanax. The 2001 data presented here are based on the changed forms only; *N* is one half of *N* indicated. In 2002 the remaining forms were changed to the new wording. Data based on all forms beginning in 2002. Data for any illicit drug other than marijuana and for hallucinogens are also affected by these changes and have been handled in a parallel manner. For hallucinogens, LSD, and hallucinogens other than LSD data based on five of six forms beginning in 2014; *N* is five sixths of *N* indicated.

<sup>d</sup>Data based on four of five forms in 1976–1988; *N* is four fifths of *N* indicated. Data based on five of six forms in 1989–1998; *N* is five sixths of *N* indicated. Beginning in 1999, data based on three of six forms: *N* is three sixths of *N* indicated.

<sup>e</sup>Adjusted for underreporting of amyl and butyl nitrites. See text for details. Data for the daily prevalence of use are no longer presented due to low rates of inhalant use and fairly stable rates of nitrite use.

<sup>f</sup>Data based on one form; *N* is one fifth of *N* indicated in 1979–1988 and one sixth of *N* indicated beginning in 1989. Data for ecstasy (MDMA) and Rohypnol based on two of six forms beginning in 2002; *N* is two sixths of *N* indicated. Data for Rohypnol for 2001 and 2002 are not comparable due to changes in the questionnaire forms. Data for Rohypnol based on one of six forms beginning in 2010; *N* is one sixth of *N* indicated. The PCP triplet question was dropped in 2014 however the annual use question was moved to another *form*; *N* is one sixth of *N* indicated. In 2014 a revised question on use of ecstasy (MDMA) including "Molly" was added to one form. The 2013 and 2014 "Original wording" data reported here are for only the questionnaires using the original question wording; *N* is two sixths of *N* indicated. Beginning in 2014 data reported here for the "Revised wording" which includes "Molly" are for only the questionnaires using the revised wording; *N* is one sixth of the *N* indicated in 2014 and three sixths of the *N* indicated beginning in 2015.

<sup>g</sup>Question text changed slightly in 1987.

<sup>h</sup>Adjusted for underreporting of PCP. See text for details. Data for the daily prevalence of use are no longer presented due to low rates of hallucinogen use and fairly stable rates of PCP use.

<sup>1</sup>Data based on one of five forms in 1986; *N* is one fifth of *N* indicated. Data based on two forms in 1987–1989; *N* is two fifths of *N* indicated in 1987–1988 and two sixths of *N* indicated in 1989. Data based on six forms beginning in 1990.

<sup>J</sup>Data based on one form in 1987–1989; *N* is one fifth of *N* indicated in 1987–1988 and one sixth of *N* indicated in 1989. Data based on four of six forms beginning in 1990; *N* is four sixths of *N* indicated.

### Footnotes for Tables 5-1 through 5-4 (cont.)

<sup>K</sup>In 1995 the heroin question was changed in half of the questionnaire forms. Separate questions were asked for use with and without injection. Data presented here represent the combined data from all forms.

Data based on three of six forms; N is three sixths of N indicated.

<sup>m</sup>Only drug use not under a doctor's orders is included here.

<sup>n</sup>In 2002 the question text was changed in half of the questionnaire forms. The list of examples of narcotics other than heroin was updated: Talwin, laudanum, and paregoric—all of which had negligible rates of use by 2001—were replaced with Vicodin, OxyContin, and Percocet. The 2002 data presented here are based on the changed forms only) is one half of *N* indicated. In 2003, the remaining forms were changed to the new wording. Data based on all forms beginning in 2003. In 2013 the list of examples was changed on one form: MS Contin, Roxycodone, Hydrocodone (Lortab, Lorcet, Norco), Suboxone, Tylox, and Tramadol were added to the list. An examination of the data did not show any effect from the wording change.

Opata based on two of six forms; N is two sixths of N indicated. Bidis and kreteks based on one of six forms beginning in 2009; N is one sixth of N indicated.

PFor 12th graders only: In 2004 the barbiturate question text was changed on half of the questionnaire forms. Barbiturates was changed to sedatives including barbiturates, and "have you taken barbiturates . . . " was changed to "have you taken sedatives . . . " In the list of examples downs, downers, goofballs, yellows, reds, blues, rainbows were changed to downs, or downers, and include Phenobarbital, Tuinal, Nembutal, and Seconal. An examination of the data did not show any effect from the wording change. In 2005 the remaining forms were changed in a like manner. In 2013 the question text was changed in all forms: Tuinal, Nembutal, and Seconal were replaced with Ambien, Lunesta, and Sonata. In one form the list of examples was also changed: Tuinal was dropped from the list and Dalmane, Restoril, Halcion, Intermezzo, and Zolpimist were added. An examination of the data did not show any effect from the wording change.

<sup>q</sup>Data based on five forms in 1975–1988, six forms in 1989, one form in 1990 (V is one sixth of N indicated in 1990), and six forms adjusted by one-form data beginning in 1991. <sup>†</sup>Data based on five forms in 1975–1988, six forms in 1989, and one of six forms beginning in 1990; N is one sixth of N indicated beginning in 1990.

<sup>s</sup>Data based on five forms in 1975–1988 and on six forms in 1989–1992. In 1993, the question text was changed slightly in three of six forms to indicate that a drink meant more than a few sips. The 1993 data are based on the changed forms only; *N* is one half of *N* indicated. In 1994 the remaining forms were changed to the new wording. Data based on all forms beginning in 1994. In 2004, the question text was changed slightly in half of the forms. An examination of the data did not show any effect from the wording change. The remaining forms were changed in 2005.

<sup>t</sup>The prevalence of smokeless tobacco use was not asked of 12th graders in 1990 and 1991. Prior to 1990, the prevalence-of-use question on smokeless tobacco was located near the end of one 12th-grade questionnaire form, whereas after 1991 the question was placed earlier and in a different form. This shift could explain the discontinuities between the corresponding data.

<sup>u</sup>Data based on one of six forms in 1989–1990; *N* is one sixth of *N* indicated. Data based on two of six forms in 1991–2005, and again beginning in 2019; *N* is two sixths of *N* indicated. Data based on three of six forms in 2006-2018; *N* is three sixths of *N* indicated. In 2006, a slightly altered version of this question was added to a third form. An examination of the data did not show any effect from the wording change. In 2007 the remaining forms were changed in a like manner. In 2008, the question text was changed slightly in two of the questionnaire forms. An examination of the data did not show any effect from the wording change. In 2009 the remaining form was changed in a like manner.

VData based on two of six forms in 2002–2005; N is two sixths of N indicated. Data based on three of six forms beginning in 2006; N is three sixths of N indicated.

<sup>w</sup>Data based on two of six forms in 2000; *N* is two sixths of *N* indicated. Data based on three of six forms in 2001; *N* is three sixths of *N* indicated. Data based on one form beginning in 2002; *N* is one sixth of *N* indicated.

<sup>x</sup>Data based on two of six forms in 2000; *N* is two sixths of *N* indicated. Data based on three of six forms beginning in 2001; *N* is three sixths of *N* indicated. Data based on two of six forms beginning in 2010; *N* is two sixths of *N* indicated.

<sup>y</sup>Prior to 2019, data based on two of six forms; *N* is two sixths of *N* indicated. In 2019, data based on four of six forms; *N* is four sixths of *N* indicated. Beginning in 2020, data based on all available forms except for daily use. Daily use based on two thirds of *N* indicated in 2020. Beginning in 2021, daily use based on all available forms.

<sup>z</sup>In 2017, the surveys switched from asking about vaping in general to asking separately about vaping nicotine, marijuana, and just flavoring. Beginning in 2017, data presented for any vaping are based on these new questions.

<sup>aa</sup>In 2005, data omitted for one of the questionnaire forms due to an error in the skip pattern in the questionnaire. In 2005, data based on one of six forms and *N* is one sixth of *N* indicated. Beginning in 2006, data based on two of six forms and *N* is two sixths of *N* indicated.

### **Footnotes for Tables 5-1 through 5-4 (cont.)**

bbFor the use of prescrption ADHD drugs, the question is asked differently than that for other drugs presented here. Therefore, the estimates indicate youth who reported "Yes, I take them now."

cc Includes use of any of the following: cigarettes, large cigars, flavored small cigars, regular small cigars, tobacco using a hookah, smokeless tobacco, or vaping nicotine.

<sup>&</sup>lt;sup>dd</sup>Includes use of any of the following: cigarettes, large cigars, flavored small cigars, regular small cigars, tobacco using a hookah, or smokeless tobacco.

ee In 2019, data based on one of six forms. *N* is one sixth of *N* indicated. In 2020, data based on all available forms. In 2021, data based on 4 of 6 forms. *N* is four sixths of *N* indicated. Beginning in 2022, data based on one of six forms. *N* is one sixth of *N* indicated.

fDrug prevalence results in 2019 combine results from paper-and-pencil surveys with those completed using electronic tablets. In 2019, students in a randomly-selected half of schools completed MTF surveys on paper-and-pencil and students in the other half completed the surveys using electronic tablets. Analysis of this randomized controlled trial demonstrated that these results did not significantly differ across survey mode (Miech, R.A., Couper, M.P., Heeringa, S.G., and Patrick, M.E. The Impact of Survey Mode on US National Estimates of Adolescent Drug Prevalence: Results from a Randomized Controlled Study, Addiction). Results for student attitudes and beliefs in 2019 are based on answers from paper-and-pencil surveys only because these appear more susceptible to survey mode effects.

## TABLE 5-5a Trends in Lifetime Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	<u>2004</u>	2005	2006	2007	2008	2009	<u>2010</u>	2011	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	2017	<u>2018</u>	<u>2019</u>	<u>2020</u>	<u>2021</u>	<u>2022</u>	2021– 2022 <u>change</u>
Any Illicit Drug a,ll																																	
8th Grade	18.7	20.6	22.5	25.7	28.5	31.2	29.4	29.0	28.3	26.8	26.8	24.5	22.8	21.5	21.4	20.9	19.0	19.6	19.9	21.4	20.1	18.5‡	21.1	20.3	20.5	17.2	18.2	18.7	20.4	21.3	15.9	16.6	+0.6
10th Grade	30.6	29.8	32.8	37.4	40.9	45.4	47.3	44.9	46.2	45.6	45.6	44.6	41.4	39.8	38.2	36.1	35.6	34.1	36.0	37.0	37.7	36.8‡	39.1	37.4	34.7	33.7	34.3	36.3	37.5	37.3	25.0	27.7	+2.7
12th Grade	44.1	40.7	42.9	45.6	48.4	50.8	54.3	54.1	54.7	54.0	53.9	53.0	51.1	51.1	50.4	48.2	46.8	47.4	46.7	48.2	49.9	49.1‡	49.8	49.1	48.9	48.3	48.9	47.8	47.4	46.6	41.3	41.0	-0.3
Any Illicit Drug other																																	
than Marijuana <sup>a,b</sup>																																	
8th Grade	14.3	15.6	16.8	17.5	18.8	19.2	17.7	16.9	16.3	15.8‡	17.0	13.7	13.6	12.2	12.1	12.2	11.1	11.2	10.4	10.6	9.8	8.7‡	10.4	10.0	10.3	8.9	9.3	9.8	10.8	12.5	8.8	9.3	+0.6
10th Grade	19.1	19.2	20.9	21.7	24.3	25.5	25.0	23.6	24.0	23.1‡	23.6	22.1	19.7	18.8	18.0	17.5	18.2	15.9	16.7	16.8	15.6	14.9‡	16.4	15.9	14.6	14.0	13.7	14.2	13.8	13.2	9.1	9.7	+0.6
12th Grade	26.9	25.1	26.7	27.6	28.1	28.5	30.0	29.4	29.4	29.0‡	30.7	29.5	27.7	28.7	27.4	26.9	25.5	24.9	24.0	24.7	24.9	24.1‡	24.8	22.6	21.1	20.7	19.5	18.9	18.4	17.5	12.8	13.2	+0.3
Any Illicit Drug including Inhalants <sup>a,c,l</sup>																																	
8th Grade	28.5	29.6	32.3	35.1	38.1	39.4	38.1	37.8	37.2	35.1	34.5	31.6	30.3	30.2	30.0	29.2	27.7	28.3	27.9	28.6	26.4	25.1‡	25.9	25.2	24.9	20.6	23.3	23.2	25.4	28.4	22.4	22.2	-0.2
10th Grade	36.1	36.2	38.7	42.7	45.9	49.8	50.9	49.3	49.9	49.3	48.8	47.7	44.9	43.1	42.1	40.1	39.8	38.7	40.0	40.6	40.8	40.0‡	41.6	40.4	37.2	35.9	37.0	38.7	39.8	39.7	28.5	31.1	+2.6
12th Grade	47.6	44.4	46.6	49.1	51.5	53.5	56.3	56.1	56.3	57.0	56.0	54.6	52.8	53.0	53.5	51.2	49.1	49.3	48.4	49.9	51.8	50.3‡	52.3	49.9	51.4	49.3	50.3	49.0	49.1	47.6	43.3	44.0	+0.8
Abstainers II,mm																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	67.9	64.9	63.1	63.9	69.9	67.1	-2.9
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	44.6	42.7	41.7	40.3	55.8	48.8	-7.0 sss
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	-	_	_	26.5	26.4	29.7	29.4	35.3	31.0	-4.3 s
Marijuana/Hashish <sup>II</sup>																																	
8th Grade	10.2	11.2	12.6	16.7	19.9	23.1	22.6	22.2	22.0	20.3	20.4	19.2	17.5	16.3	16.5	15.7	14.2	14.6	15.7	17.3	16.4	15.2	16.5	15.6	15.5	12.8	13.5	13.9	15.2	14.8	10.2	11.0	+0.8
10th Grade	23.4	21.4	24.4	30.4	34.1	39.8	42.3	39.6	40.9	40.3	40.1	38.7	36.4	35.1	34.1	31.8	31.0	29.9	32.3	33.4	34.5	33.8	35.8	33.7	31.1	29.7	30.7	32.6	34.0	33.3	22.0	24.2	+2.2
12th Grade	36.7	32.6	35.3	38.2	41.7	44.9	49.6	49.1	49.7	48.8	49.0	47.8	46.1	45.7	44.8	42.3	41.8	42.6	42.0	43.8	45.5	45.2	45.5	44.4	44.7	44.5	45.0	43.6	43.7	43.7	38.6	38.3	-0.3
Marijuana Under a Doct	tor's Ord	ders <sup>n,o</sup>																															
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.1	1.1	1.3	1.0	1.3	1.7	+0.4
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.1	1.3	2.0	2.0	1.4	1.6	+0.2
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	-	_	_	1.5	1.2	2.0	§	2.3	3.6	+1.3
Inhalants <sup>c,d</sup>																																	
8th Grade	17.6	17.4	19.4	19.9	21.6	21.2	21.0	20.5	19.7	17.9	17.1	15.2	15.8	17.3	17.1	16.1	15.6	15.7	14.9	14.5	13.1	11.8	10.8	10.8	9.4	7.7	8.9	8.7	9.5	12.6	11.3	9.8	-1.5
10th Grade	15.7	16.6	17.5	18.0	19.0	19.3	18.3	18.3	17.0	16.6	15.2	13.5	12.7	12.4	13.1	13.3	13.6	12.8	12.3	12.0	10.1	9.9	8.7	8.7	7.2	6.6	6.1	6.5	6.8	7.4	7.2	7.5	+0.2
12th Grade	17.6	16.6	17.4	17.7	17.4	16.6	16.1	15.2	15.4	14.2	13.0	11.7	11.2	10.9	11.4	11.1	10.5	9.9	9.5	9.0	8.1	7.9	6.9	6.5	5.7	5.0	4.9	4.4	5.3	3.8	5.0	5.8	+0.9
Hallucinogens b,f																																	
8th Grade	3.2	3.8	3.9	4.3	5.2	5.9	5.4	4.9	4.8	4.6‡	5.2	4.1	4.0	3.5	3.8	3.4	3.1	3.3	3.0	3.4	3.3	2.8	2.5	2.0	2.0	1.9	1.9	2.2	2.4	3.0	1.8	2.0	+0.2
10th Grade	6.1	6.4	6.8	8.1	9.3	10.5	10.5	9.8	9.7	8.9‡	8.9	7.8	6.9	6.4	5.8	6.1	6.4	5.5	6.1	6.1	6.0	5.2	5.4	5.0	4.6	4.4	4.2	3.9	4.7	4.8	3.5	3.4	-0.1
12th Grade	9.6	9.2	10.9	11.4	12.7	14.0	15.1	14.1	13.7	13.0‡	14.7	12.0	10.6	9.7	8.8	8.3	8.4	8.7	7.4	8.6	8.3	7.5	7.6	6.3	6.4	6.7	6.7	6.6	6.9	7.5	7.1	7.1	0.0

## TABLE 5-5a (cont.) Trends in Lifetime Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	<u>2004</u>	<u>2005</u>	<u>2006</u>	2007	2008	2009	2010	<u>2011</u>	2012	2013	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	2018	2019 <sup>kk</sup>	2020	<u>2021</u>	<u>2022</u>	2021- 2022 <u>change</u>
LSD <sup>b</sup>																																	
8th Grade	2.7	3.2	3.5	3.7	4.4	5.1	4.7	4.1	4.1	3.9	3.4	2.5	2.1	1.8	1.9	1.6	1.6	1.9	1.7	1.8	1.7	1.3	1.4	1.1	1.3	1.2	1.3	1.4	1.6	2.1	1.2	1.0	-0.2
10th Grade	5.6	5.8	6.2	7.2	8.4	9.4	9.5	8.5	8.5	7.6	6.3	5.0	3.5	2.8	2.5	2.7	3.0	2.6	3.0	3.0	2.8	2.6	2.7	2.6	3.0	3.2	3.0	2.8	3.6	3.8	2.5	2.1	-0.4
12th Grade	8.8	8.6	10.3	10.5	11.7	12.6	13.6	12.6	12.2	11.1	10.9	8.4	5.9	4.6	3.5	3.3	3.4	4.0	3.1	4.0	4.0	3.8	3.9	3.7	4.3	4.9	5.0	5.1	5.6	5.9	4.9	4.4	-0.5
Hallucinogens																																	
other than LSD b																																	
8th Grade	1.4	1.7	1.7	2.2	2.5	3.0	2.6	2.5	2.4	2.3‡	3.9	3.3	3.2	3.0	3.3	2.8	2.6	2.5	2.4	2.7	2.8	2.3	1.9	1.5	1.2	1.3	1.2	1.5	1.7	2.0	1.3	1.7	+0.4
10th Grade	2.2	2.5	2.8	3.8	3.9	4.7	4.8	5.0	4.7	4.8‡	6.6	6.3	5.9	5.8	5.2	5.5	5.7	4.8	5.4	5.3	5.2	4.5	4.4	4.1	3.3	3.1	2.9	2.7	3.3	3.4	2.5	2.7	+0.1
12th Grade	3.7	3.3	3.9	4.9	5.4	6.8	7.5	7.1	6.7	6.9‡	10.4	9.2	9.0	8.7	8.1	7.8	7.7	7.8	6.8	7.7	7.3	6.6	6.4	5.1	4.8	4.7	4.8	4.5	4.3	4.7	5.3	5.6	+0.4
MDMA (Ecstasy, Molly	g																																
8th Grade	_	_	_	_	_	3.4	3.2	2.7	2.7	4.3	5.2	4.3	3.2	2.8	2.8	2.5	2.3	2.4	2.2	3.3	2.6	2.0	1.8‡	2.4	2.3	1.7	1.5	1.6	1.7	1.7	1.0	1.2	+0.2
10th Grade	_	_	_	_	_	5.6	5.7	5.1	6.0	7.3	8.0	6.6	5.4	4.3	4.0	4.5	5.2	4.3	5.5	6.4	6.6	5.0	5.7‡	5.2	3.8	2.8	2.8	2.4	3.2	2.6	1.4	1.4	0.0
12th Grade	_	_	_	-	-	6.1	6.9	5.8	8.0	11.0	11.7	10.5	8.3	7.5	5.4	6.5	6.5	6.2	6.5	7.3	8.0	7.2	7.1‡	7.9	5.9	4.9	4.9	4.1	3.3	3.6	2.8	3.0	+0.2
Cocaine																																	
8th Grade	2.3	2.9	2.9	3.6	4.2	4.5	4.4	4.6	4.7	4.5	4.3	3.6	3.6	3.4	3.7	3.4	3.1	3.0	2.6	2.6	2.2	1.9	1.7	1.8	1.6	1.4	1.3	1.4	1.2	1.6	0.6	8.0	+0.2
10th Grade	4.1	3.3	3.6	4.3	5.0	6.5	7.1	7.2	7.7	6.9	5.7	6.1	5.1	5.4	5.2	4.8	5.3	4.5	4.6	3.7	3.3	3.3	3.3	2.6	2.7	2.1	2.1	2.6	2.5	1.6	1.2	8.0	-0.4
12th Grade	7.8	6.1	6.1	5.9	6.0	7.1	8.7	9.3	9.8	8.6	8.2	7.8	7.7	8.1	8.0	8.5	7.8	7.2	6.0	5.5	5.2	4.9	4.5	4.6	4.0	3.7	4.2	3.9	3.8	4.1	2.5	2.4	0.0
Crack																																	
8th Grade	1.3	1.6	1.7	2.4	2.7	2.9	2.7	3.2	3.1	3.1	3.0	2.5	2.5	2.4	2.4	2.3	2.1	2.0	1.7	1.5	1.5	1.0	1.2	1.2	1.0	0.9	8.0	0.9	0.9	0.9	0.4	0.7	+0.2
10th Grade	1.7	1.5	1.8	2.1	2.8	3.3	3.6	3.9	4.0	3.7	3.1	3.6	2.7	2.6	2.5	2.2	2.3	2.0	2.1	1.8	1.6	1.4	1.5	1.0	1.1	8.0	8.0	1.0	0.9	0.7	0.7	0.4	-0.2
12th Grade	3.1	2.6	2.6	3.0	3.0	3.3	3.9	4.4	4.6	3.9	3.7	3.8	3.6	3.9	3.5	3.5	3.2	2.8	2.4	2.4	1.9	2.1	1.8	1.8	1.7	1.4	1.7	1.5	1.7	1.6	1.5	1.3	-0.3
Cocaine other than Cra	ck <sup>h</sup>																																
8th Grade	2.0	2.4	2.4	3.0	3.4	3.8	3.5	3.7	3.8	3.5	3.3	2.8	2.7	2.6	2.9	2.7	2.6	2.4	2.1	2.1	1.8	1.6	1.4	1.4	1.3	1.1	1.0	1.2	1.0	1.3	0.5	0.7	+0.2
10th Grade	3.8	3.0	3.3	3.8	4.4	5.5	6.1	6.4	6.8	6.0	5.0	5.2	4.5	4.8	4.6	4.3	4.8	4.0	4.1	3.4	3.0	3.0	2.9	2.2	2.3	1.9	1.9	2.4	2.3	1.5	1.0	0.6	-0.4 s
12th Grade	7.0	5.3	5.4	5.2	5.1	6.4	8.2	8.4	8.8	7.7	7.4	7.0	6.7	7.3	7.1	7.9	6.8	6.5	5.3	5.1	4.9	4.4	4.2	4.1	3.4	3.3	3.5	3.3	3.2	4.0	2.2	2.0	-0.2
Heroin <sup>I,j</sup>																																	
8th Grade	1.2	1.4	1.4	2.0	2.3	2.4	2.1	2.3	2.3	1.9	1.7	1.6	1.6	1.6	1.5	1.4	1.3	1.4	1.3	1.3	1.2	0.8	1.0	0.9	0.5	0.5	0.7	0.6	0.7	0.5	0.5	0.4	-0.1
10th Grade	1.2	1.2	1.3	1.5	1.7	2.1	2.1	2.3	2.3	2.2	1.7	1.8	1.5	1.5	1.5	1.4	1.5	1.2	1.5	1.3	1.2	1.1	1.0	0.9	0.7	0.6	0.4	0.4	0.4	0.3	0.3	0.5	+0.2
12th Grade	0.9	1.2	1.1	1.2	1.6	1.8	2.1	2.0	2.0	2.4	1.8	1.7	1.5	1.5	1.5	1.4	1.5	1.3	1.2	1.6	1.4	1.1	1.0	1.0	8.0	0.7	0.7	0.8	0.6	0.4	0.4	0.5	0.0
Narcotics other than He	oin <sup>k,l</sup>																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	6.6	6.1	6.4	6.6	7.2	8.2	9.7	9.8	10.2	10.6	9.9‡	13.5	13.2	13.5	12.8	13.4	13.1	13.2	13.2	13.0	13.0	12.2	11.1	9.5	8.4	7.8	6.8	6.0	5.3	5.3	2.3	3.2	+0.9 s

## Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

																																	2021– 2022
km	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	<u>2010</u>	2011	2012	<u>2013</u>	2014	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	<u>2020</u>	<u>2021</u>	2022	<u>change</u>
Amphetamines k,m	10 F	10.0	11.0	10.0	10.1	10.5	10.0	11.0	10.7	0.0	10.0	0.7	0.4	7.5	7.4	7.0	6.5	6.0	6.0	<b>5</b> 7	F 2	4.54	6.0	6.7	6.0	c 7		F 0	6.0	0.0	F 0	6.0	.0.0
8th Grade 10th Grade		10.8							10.7		10.2	8.7	8.4	7.5	7.4	7.3	6.5	6.8	6.0	5.7		4.5‡	6.9	6.7	6.8	5.7	5.7	5.9	6.8	8.9	5.8	6.0	+0.2
12th Grade		13.1 13.9							15.7 16.3						11.1 13.1		11.1 11.4	9.0 10.5	10.3 9.9			8.9‡ 12.0‡			9.7 10.8	8.8 10.0	8.2 9.2	8.6 8.6	8.2 7.7	7.0 7.3	5.2 4.9	5.4 5.3	+0.3 +0.4
Methamphetamine <sup>n,o</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	4.5	4.2	4.4	3.5	3.9	2.5	3.1	2.7	1.8	2.3	1.6	1.8	1.3	1.3	1.4	1.0	0.8	0.6	0.7	0.7	0.9	1.1	0.3	0.5	+0.2
10th Grade	_	_	_	_	_	_	_	_	7.3	6.9	6.4	6.1	5.2	5.3	4.1	3.2	2.8	2.4	2.8	2.5	2.1	1.8	1.6	1.4	1.3	0.7	0.9	0.8	0.7	0.8	0.4	0.6	+0.2
12th Grade	_	_	_	_	_	_	_	_	8.2	7.9	6.9	6.7	6.2	6.2	4.5	4.4	3.0	2.8	2.4	2.3	2.1			1.9	1.0	1.2	1.1	0.7	0.8	1.7	0.6	1.1	+0.5
Crystal Methamphetam	ine (Ice	e) °																															
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	3.3	2.9	3.1	3.4	3.9	4.4	4.4	5.3	4.8	4.0	4.1	4.7	3.9	4.0	4.0	3.4	3.4	2.8	2.1	1.8	2.1	1.7	2.0	1.3	1.2	1.4	1.5	1.1	1.3	0.2	0.7	8.0	0.0
Sedatives (Barbiturates)	k,p																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	6.2	5.5	6.3	7.0	7.4	7.6	8.1	8.7	8.9	9.2	8.7	9.5	8.8	9.9	10.5	10.2	9.3	8.5	8.2	7.5	7.0	6.9	7.5	6.8	5.9	5.2	4.5	4.2	4.2	4.4	3.5	3.6	+0.1
Tranquilizers b,k																																	
8th Grade	3.8	4.1	4.4	4.6	4.5	5.3	4.8	4.6	4.4	4.4‡	5.0	4.3	4.4	4.0	4.1	4.3	3.9	3.9	3.9	4.4	3.4	3.0	2.9	2.9	3.0	3.0	3.4	3.5	4.0	3.9	2.5	3.1	+0.6
10th Grade	5.8	5.9	5.7	5.4	6.0	7.1	7.3	7.8	7.9	8.0‡	9.2	8.8	7.8	7.3	7.1	7.2	7.4	6.8	7.0	7.3	6.8	6.3	5.5	5.8	5.8	6.1	6.0	6.0	5.7	4.9	2.6	2.7	+0.1
12th Grade	7.2	6.0	6.4	6.6	7.1	7.2	7.8	8.5	9.3	8.9‡	10.3	11.4	10.2	10.6	9.9	10.3	9.5	8.9	9.3	8.5	8.7	8.5	7.7	7.4	6.9	7.6	7.5	6.6	6.1	7.0	3.3	3.3	0.0
Any Prescription Drug <sup>q</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	24.0	23.9	22.2	21.5	20.9	21.6	21.7	21.2‡	22.2	19.9	18.3	18.0	16.5	15.5	14.6	14.2	8.8	9.3	+0.4
Rohypnol <sup>r</sup>																																	
8th Grade	_	_	_	_	_	1.5	1.1	1.4	1.3	1.0	1.1	8.0	1.0	1.0	1.1	1.0	1.0	0.7	0.7	0.9	2.0	1.0	0.7	0.6	8.0	0.9	0.6	0.7	0.6	§	0.3	0.4	+0.1
10th Grade	_	_	_	_	_	1.5	1.7	2.0	1.8	1.3	1.5	1.3	1.0	1.2	1.0	8.0	1.3	0.9	0.7	1.4	1.2	8.0	1.1	1.0	0.5	1.0	0.7	0.5	0.9	§	0.6	0.2	-0.4
12th Grade	_	_	_	_	_	1.2	1.8	3.0	2.0	1.5	1.7	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	-	_	_	_	_	_
Alcohol s,nn																																	
Any Use																																	
8th Grade	70.1	69.3‡	55.7	55.8	54.5	55.3	53.8	52.5	52.1	51.7	50.5	47.0	45.6	43.9	41.0	40.5	38.9	38.9	36.6	35.8	33.1	29.5	27.8	26.8	26.1	22.8	23.1	23.5	24.5	25.6	21.7	23.1	+1.4
10th Grade	83.8	82.3‡	71.6	71.1	70.5	71.8	72.0	69.8	70.6	71.4	70.1	66.9	66.0	64.2	63.2	61.5	61.7	58.3	59.1	58.2	56.0	54.0	52.1	49.3	47.1	43.4	42.2	43.0	43.1	46.4	34.7	41.1	+6.4 sss
12th Grade	88.0	87.5‡	80.0	80.4	80.7	79.2	81.7	81.4	80.0	80.3	79.7	78.4	76.6	76.8	75.1	72.7	72.2	71.9	72.3	71.0	70.0	69.4	68.2	66.0	64.0	61.2	61.5	58.5	58.5	61.5	54.1	61.6	+7.5 sss

### Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	1998	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	<u>2021</u>	2022	2021- 2022 <u>change</u>
Been Drunk °																																	
8th Grade	26.7	26.8	26.4	25.9	25.3	26.8	25.2	24.8	24.8	25.1	23.4	21.3	20.3	19.9	19.5	19.5	17.9	18.0	17.4	16.3	14.8	12.8	12.2	10.8	10.9	8.6	9.2	9.2	10.1	10.1	8.3	8.0	-0.3
10th Grade	50.0	47.7	47.9	47.2	46.9	48.5	49.4	46.7	48.9	49.3	48.2	44.0	42.4	42.3	42.1	41.4	41.2	37.2	38.6	36.9	35.9	34.6	33.5	30.2	28.6	26.0	25.1	26.2	25.5	28.8	17.8	19.8	+1.9
12th Grade	65.4	63.4	62.5	62.9	63.2	61.8	64.2	62.4	62.3	62.3	63.9	61.6	58.1	60.3	57.5	56.4	55.1	54.7	56.5	54.1	51.0	54.2	52.3	49.8	46.7	46.3	45.3	42.9	40.8	41.7	38.9	36.7	-2.2
Flavored Alcoholic Beverages <sup>e,n</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	37.9	35.5	35.5	34.0	32.8	29.4	30.0	27.0	23.5	21.9	19.2	19.3	16.3	16.0	18.0	15.1	18.3	13.8	16.2	+2.4
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	58.6	58.8	58.1	55.7	53.5	51.4	51.3	48.4	46.7	44.9	42.3	38.7	33.3	34.8	35.9	33.2	36.4	24.9	29.0	+4.1 s
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	71.0	73.6	69.9	68.4	65.5	67.4	62.6	62.4	60.5	58.9	57.5	55.6	53.6	51.2	50.4	44.7	§	43.7	46.4	+2.7
Cigarettes Any Use																																	
8th Grade	44.0	45.2	45.3	46.1	46.4	49.2	47.3	45.7	44.1	40.5	36.6	31.4	28.4	27.9	25.9	24.6	22.1	20.5	20.1	20.0	18.4	15.5	14.8	13.5	13.3	9.8	9.4	9.1	10.0	11.5	7.0	6.1	-0.9
10th Grade	55.1	53.5	56.3	56.9	57.6	61.2	60.2	57.7	57.6	55.1	52.8	47.4	43.0	40.7	38.9	36.1	34.6	31.7	32.7	33.0	30.4	27.7	25.7	22.6	19.9	17.5	15.9	16.0	14.2	13.9	10.0	10.2	+0.2
12th Grade			61.9				65.4	65.3	64.6	62.5	61.0	57.2	53.7	52.8	50.0	47.1	46.2	44.7	43.6	42.2	40.0	39.5	38.1	34.4	31.1	28.3	26.6	23.8	22.3	24.0	17.8	16.8	-1.0
Smokeless Tobacco <sup>t</sup>																																	
8th Grade	22.2	20.7	18.7	19.9	20.0	20.4	16.8	15.0	14.4	12.8	11.7	11.2	11.3	11.0	10.1	10.2	9.1	9.8	9.6	9.9	9.7	8.1	7.9	8.0	8.6	6.9	6.2	6.4	7.1	7.8	4.6	3.9	-0.7
10th Grade	28.2	26.6	28.1	29.2	27.6	27.4	26.3	22.7	20.4	19.1	19.5	16.9	14.6	13.8	14.5	15.0	15.1	12.2	15.2	16.8	15.6	15.4	14.0	13.6	12.3	10.2	9.1	10.0	9.2	9.3	4.9	5.8	+0.9
12th Grade	_	32.4	31.0	30.7	30.9	29.8	25.3	26.2	23.4	23.1	19.7	18.3	17.0	16.7	17.5	15.2	15.1	15.6	16.3	17.6	16.9	17.4	17.2	15.1	13.2	14.2	11.0	10.1	9.8	§	8.6	10.3	+1.8
Any Vaping <sup>bb,cc</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	21.7	17.5‡	18.5	21.5	24.3	24.1	17.5	18.1	+0.7
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	32.8	29.0‡	30.9	36.9	41.0	41.0	29.7	29.6	-0.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	35.5	33.8‡	35.8	42.5	45.6	47.2	40.5	40.7	+0.2
Vaping Nicotine <sup>bb</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	10.6	13.5	20.3	22.7	16.6	17.0	+0.4
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	21.4	28.6	36.3	38.7	28.4	28.2	-0.2
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	25.0	34.0	40.8	44.3	38.7	38.8	+0.1
Vaping Marijuana <sup>bb</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.0	5.5	9.0	10.2	6.5	7.7	+1.2
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	9.8	14.2	21.8	22.7	16.5	18.6	+2.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	11.9	15.6	23.7	27.9	25.7	27.5	+1.8
Vaping Just Flavoring bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	17.0	19.4	18.9	17.8	12.0	12.8	+0.8
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	27.5	31.7	28.3	27.7	19.6	18.5	-1.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	30.7	34.1	29.0	29.8	25.2	23.7	-1.5

### Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	<u>2002</u>	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	<u>2008</u>	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	<u>2020</u>	<u>2021</u>	<u>2022</u>	2021– 2022 <u>change</u>
Flavoring Vaping with no Nicotine Vaping bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	7.8	7.8	3.6	1.3	0.8	1.1	+0.3
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	9.0	7.6	3.7	1.6	0.9	0.7	-0.3
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	10.1	7.6	3.7	2.1	1.1	0.9	-0.1
Steroids k,u																																	
8th Grade	1.9	1.7	1.6	2.0	2.0	1.8	1.8	2.3	2.7	3.0	2.8	2.5	2.5	1.9	1.7	1.6	1.5	1.4	1.3	1.1	1.2	1.2	1.1	1.0	1.0	0.9	1.1	1.1	1.5	2.0	1.2	1.6	+0.4
10th Grade	1.8	1.7	1.7	1.8	2.0	1.8	2.0	2.0	2.7	3.5	3.5	3.5	3.0	2.4	2.0	1.8	1.8	1.4	1.3	1.6	1.4	1.3	1.3	1.4	1.2	1.3	1.1	1.2	1.6	1.7	0.7	0.9	+0.2
12th Grade	2.1	2.1	2.0	2.4	2.3	1.9	2.4	2.7	2.9	2.5	3.7	4.0	3.5	3.4	2.6	2.7	2.2	2.2	2.2	2.0	1.8	1.8	2.1	1.9	2.3	1.6	1.6	1.6	1.6	2.0	8.0	1.5	+0.7 s
Legal Use of Over-the-	Counte	er Stim	nulants																														
Diet Pills <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	17.2	15.0	14.8	14.9	15.6	16.0	16.6	15.7	17.1	16.6	17.1	21.0	17.9	15.6	13.7	13.0	10.4	10.5	9.5	7.2	7.7	7.7	8.1	9.1	7.9	6.4	6.7	6.2	5.1	§	4.6	3.8	-0.8
Stay-Awake Pills <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	37.0	35.6	30.5	31.3	31.2	30.5	31.0	29.6	25.5	23.0	25.6	22.5	19.8	18.4	15.8	14.8	12.3	9.6	7.6	6.4	6.3	5.9	5.2	4.5	3.8	3.6	3.8	3.6	3.4	§	3.4	2.6	-0.8
Look-Alikes <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	8.9	10.1	10.5	10.3	11.6	10.7	10.8	9.4	9.2	10.0	9.8	9.6	8.6	8.1	7.4	5.7	4.6	5.2	4.3	2.6	3.5	2.9	2.7	2.2	3.3	2.3	2.6	_	_	_	_	_	_
Legal Use of Prescript	ion AD	HD Dr	ugs																														
Stimulant-Type <sup>n,dd</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.3	9.3	8.3	8.1	7.8	8.2	7.6	7.7	7.1	7.2	7.1	7.5	6.6	7.1	6.5	5.0	9.0	9.7	+0.7
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.7	8.5	8.4	7.8	8.2	8.6	7.2	8.0	8.3	6.8	8.8	7.1	6.5	8.2	6.6	6.0	7.0	8.5	+1.5
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.5	7.8	7.6	8.6	8.2	8.3	8.4	9.0	9.6	9.1	9.9	8.4	8.6	8.6	7.9	7.5	8.0	11.2	+3.2 s
Non-Stimulant-Type n,c	ld																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	7.3	7.9	6.3	6.3	5.8	5.8	6.1	5.1	5.1	4.8	5.1	5.7	4.9	4.4	4.5	4.2	2.8	3.5	+0.8
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.3	8.3	6.7	6.8	6.8	6.1	6.4	5.2	4.9	5.8	5.8	5.2	4.6	5.1	5.2	5.1	3.0	3.4	+0.4
12th Grade	_	_	_	-	_	_	_	_	_	_	_	_	_	_	6.2	6.1	7.0	6.4	5.4	6.7	5.8	5.9	5.4	5.6	5.6	5.8	6.4	6.1	5.7	4.8	4.5	5.8	+1.3
Either Type <sup>n,dd</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	13.7	15.8	13.4	13.1	12.8	12.8	12.4	11.6	11.5	11.2	11.4	12.1	10.9	11.0	9.8	7.3	11.5	12.0	+0.4
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	14.3	14.2	12.9	12.8	13.0	12.7	12.0	12.0	11.7	11.3	13.1	11.5	10.1	12.1	9.8	9.3	9.0	10.6	+1.6
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	12.4	11.7	12.1	13.1	11.0	12.7	12.2	12.7	13.2	12.6	13.7	12.7	13.0	12.7	11.1	9.9	10.9	14.6	+3.7 s

### Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

																																	2021– 2022
	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	<u>2003</u>	2004	<u>2005</u>	2006	<u>2007</u>	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	2020	<u>2021</u>	2022	change
Previously surveyed d	rugs th	at hav	e been	dropp	ed.																												
8th Grade																																	
10th Grade	_	_	_	_	_	_		_	_			_	_	_	_	_	_	_	_	_			_	_			_		_	_	_	_	_
12th Grade	1.6	1.5	1.4	17	1.5	1.8	2.0	2.7	17	0.8	1.9	1.5	1.6	1.3	_	1.2	12	0.6	_ 1 1	_	_	_	_	_	_		_		_	_	_	_	_
12th Grade	1.0	1.5	1.4	1.7	1.5	1.0	2.0	2.1	1.7	0.6	1.9	1.5	1.0	1.3	1.1	1.2	1.2	0.6	1.1	_	_	_	_	_	_	_	_	_	_	_	_	_	_
PCP <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	2.9	2.4	2.9	2.8	2.7	4.0	3.9	3.9	3.4	3.4	3.5	3.1	2.5	1.6	2.4	2.2	2.1	1.8	1.7	1.8	2.3	1.6	1.3	_	_	_	_	_	_	_	_	_	_
Heroin With a Needle <sup>j</sup>																																	
8th Grade	_	_	_	_	1.5	1.6	1.3	1.4	1.6	1.1	1.2	1.0	1.0	1.1	1.0	1.0	0.9	0.9	0.9	0.9	0.8	0.6	0.6	0.8	0.3	0.3	0.4	0.4	0.5	0.3	0.4	_	_
10th Grade	_	_	_	_	1.0	1.1	1.1	1.2	1.3	1.0	0.8	1.0	0.9	0.8	8.0	0.9	0.9	0.7	0.9	0.8	8.0	0.7	0.7	0.6	0.5	0.5	0.3	0.2	0.3	0.2	0.3	_	_
12th Grade	-	_	_	_	0.7	8.0	0.9	0.8	0.9	8.0	0.7	8.0	0.7	0.7	0.9	8.0	0.7	0.7	0.6	1.1	0.9	0.7	0.7	0.8	0.6	0.5	0.4	0.5	0.4	0.2	0.2	_	_
Heroin Without a Needle	e i																																
8th Grade	_	_	_	_	1.5	1.6	1.4	1.5	1.4	1.3	1.1	1.0	1.1	1.0	0.9	0.9	0.7	0.9	0.8	0.7	0.7	0.5	0.5	0.4	0.3	0.4	0.5	0.3	0.4	0.4	0.2	_	_
10th Grade	_	_	_	_	1.1	1.7	1.7	1.7	1.6	1.7	1.3	1.3	1.0	1.1	1.1	1.0	1.1	8.0	1.0	0.9	0.8	0.8	0.7	0.5	0.4	0.3	0.3	0.2	0.3	0.2	0.1	_	_
12th Grade	-	_	_	_	1.4	1.7	2.1	1.6	1.8	2.4	1.5	1.6	1.8	1.4	1.3	1.1	1.4	1.1	0.9	1.4	1.3	8.0	0.9	0.7	0.7	0.6	0.4	0.6	0.4	0.1	0.2	_	_
Methaqualone <sup>e,k</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	1.3	1.6	8.0	1.4	1.2	2.0	1.7	1.6	1.8	8.0	1.1	1.5	1.0	1.3	1.3	1.2	1.0	8.0	0.7	0.4	0.6	8.0	_	_	_	_	_	_	_	_	_	_	_
JUUL <sup>jj</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	18.9	16.9	10.3	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	32.8	30.7	19.8	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	33.0	36.2	28.5	_	_

Source. The Monitoring the Future study, the University of Michigan.

Note: See footnotes following Table 5-5e.

## TABLE 5-5b Trends in Annual Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

																																	2021– 2022
Any Illicit Dura all	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	2020	<u>2021</u>	2022	change
Any Illicit Drug <sup>a,ll</sup> 8th Grade	11 2	12.0	15 1	10 5	21.4	22.6	22.1	21.0	20.5	10.5	10.5	177	16 1	15.0	15 5	110	12.2	111	115	16.0	117	13.4‡	15.0	116	110	12.0	12.0	12.4	14.8	15.6	10.2	11.0	+0.9
10th Grade	11.3						38.5			36.4							28.1					30.1						29.9	31.0	30.4		21.5	+0.9
12th Grade																						39.7‡							38.0	36.8	32.0		+0.6
Any Illicit Drug other than Marijuana <sup>a,b</sup>																																	
8th Grade	8.4	9.3	10.4	11.3	12.6	13.1	11.8	11.0	10.5	10.2‡	10.8	8.8	8.8	7.9	8.1	7.7	7.0	7.4	7.0	7.1	6.4	5.5‡	6.3	6.4	6.3	5.4	5.8	6.1	6.5	7.7	4.6	4.9	+0.3
10th Grade	12.2	12.3	13.9	15.2	17.5	18.4	18.2	16.6	16.7	16.7‡	17.9	15.7	13.8	13.5	12.9	12.7	13.1	11.3	12.2	12.1	11.2	10.8‡	11.2	11.2	10.5	9.8	9.4	9.6	9.1	8.6	5.1	5.7	+0.6
12th Grade	16.2	14.9	17.1	18.0	19.4	19.8	20.7	20.2	20.7	20.4‡	21.6	20.9	19.8	20.5	19.7	19.2	18.5	18.3	17.0	17.3	17.6	17.0‡	17.8	15.9	15.2	14.3	13.3	12.4	11.5	11.4	7.2	8.0	+0.7
Any Illicit Drug including Inhalants <sup>a,c,</sup>	II																																
8th Grade	16.7	18.2	21.1	24.2	27.1	28.7	27.2	26.2	25.3	24.0	23.9	21.4	20.4	20.2	20.4	19.7	18.0	19.0	18.8	20.3	18.2	17.0‡	17.6	16.8	17.0	13.5	15.8	16.0	17.5	18.5	12.6	13.1	+0.5
10th Grade	23.9	23.5	27.4	32.5	35.6	39.6	40.3	37.1	37.7	38.0	38.7	36.1	33.5	32.9	31.7	30.7	30.2	28.8	31.2	31.8	32.5	31.5‡	33.2	31.0	28.9	27.7	29.1	31.0	31.7	31.3	19.6	22.7	+3.1 s
12th Grade	31.2	28.8	32.5	37.6	40.2	41.9	43.3	42.4	42.8	42.5	42.6	42.1	40.5	39.1	40.3	38.0	37.0	37.3	37.6	39.2	41.5	40.2‡	42.3	39.2	40.2	38.7	41.2	40.2	38.8	38.7	33.2	34.3	+1.1
Marijuana/Hashish <sup>II</sup>																																	
8th Grade	6.2	7.2	9.2	13.0	15.8	18.3	17.7	16.9	16.5	15.6	15.4	14.6	12.8	11.8	12.2	11.7	10.3	10.9	11.8	13.7	12.5	11.4	12.7	11.7	11.8	9.4	10.1	10.5	11.8	11.4	7.1	8.3	+1.2
10th Grade	16.5	15.2	19.2	25.2	28.7	33.6	34.8	31.1	32.1	32.2	32.7	30.3	28.2	27.5	26.6	25.2	24.6	23.9	26.7	27.5	28.8	28.0	29.8	27.3	25.4	23.9	25.5	27.5	28.8	28.0	17.3	19.5	+2.2
12th Grade	23.9	21.9	26.0	30.7	34.7	35.8	38.5	37.5	37.8	36.5	37.0	36.2	34.9	34.3	33.6	31.5	31.7	32.4	32.8	34.8	36.4	36.4	36.4	35.1	34.9	35.6	37.1	35.9	35.7	35.2	30.5	30.7	+0.2
Synthetic Marijuana <sup>n,c</sup>	0																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.4	4.0	3.3	3.1	2.7	2.0	1.6	2.7	1.6	1.3	1.5	+0.2
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.8	7.4	5.4	4.3	3.3	2.7	2.9	2.6	2.5	1.6	2.2	+0.5
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	11.4	11.3	7.9	5.8	5.2	3.5	3.7	3.5	3.3	2.4	1.8	3.2	+1.4 ss
Inhalants <sup>c,d</sup>																																	
8th Grade	9.0	9.5	11.0	11.7	12.8	12.2	11.8	11.1	10.3	9.4	9.1	7.7	8.7	9.6	9.5	9.1	8.3	8.9	8.1	8.1	7.0	6.2	5.2	5.3	4.6	3.8	4.7	4.6	4.7	6.1	4.8	3.6	-1.2
10th Grade	7.1	7.5	8.4	9.1	9.6	9.5	8.7	8.0	7.2	7.3	6.6	5.8	5.4	5.9	6.0	6.5	6.6	5.9	6.1	5.7	4.5	4.1	3.5	3.3	2.9	2.4	2.3	2.4	2.8	2.9	2.0	2.4	+0.4
12th Grade	6.6	6.2	7.0	7.7	8.0	7.6	6.7	6.2	5.6	5.9	4.5	4.5	3.9	4.2	5.0	4.5	3.7	3.8	3.4	3.6	3.2	2.9	2.5	1.9	1.9	1.7	1.5	1.6	1.9	1.1	1.8	1.8	0.0
Hallucinogens b,f																																	
8th Grade	1.9	2.5	2.6	2.7	3.6	4.1	3.7	3.4	2.9	2.8‡	3.4	2.6	2.6	2.2	2.4	2.1	1.9	2.1	1.9	2.2	2.2	1.6	1.6	1.3	1.3	1.2	1.1	1.4	1.3	1.7	1.0	1.2	+0.2
10th Grade	4.0	4.3	4.7	5.8	7.2	7.8	7.6	6.9	6.9	6.1‡		4.7	4.1	4.1	4.0	4.1	4.4	3.9	4.1	4.2	4.1	3.5	3.4	3.3	3.1	2.9	2.8	2.7	3.1	3.4	2.2	2.1	-0.1
12th Grade	5.8		7.4	7.6		10.1		9.0		8.1‡		6.6	5.9	6.2	5.5	4.9	5.4	5.9	4.7	5.5	5.2		4.5	4.0	4.2	4.3	4.4	4.3	4.6	5.3	4.1	4.4	+0.4
LSD <sup>b</sup>																																	
8th Grade	1.7	2.1	2.3	2.4	3.2	3.5	3.2	2.8	2.4	2.4	2.2	1.5	1.3	1.1	1.2	0.9	1.1	1.3	1.1	1.2	1.1	0.8	1.0	0.7	0.9	8.0	0.9	0.9	0.9	1.1	0.7	0.6	-0.1
10th Grade	3.7	4.0	4.2	5.2	6.5	6.9	6.7	5.9	6.0	5.1	4.1	2.6	1.7	1.6	1.5	1.7	1.9	1.8	1.9	1.9	1.8	1.7	1.7	1.9	2.0	2.1	2.1	2.0	2.3	2.5	1.5	1.3	-0.2
12th Grade	5.2	5.6	6.8	6.9	8.4	8.8	8.4	7.6	8.1	6.6	6.6	3.5	1.9	2.2	1.8	1.7	2.1	2.7	1.9	2.6	2.7	2.4	2.2	2.5	2.9	3.0	3.3	3.2	3.6	3.9	2.5	2.5	-0.1

# TABLE 5-5b (cont.) Trends in Annual Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	<u>2002</u>	2003	<u>2004</u>	<u>2005</u>	<u>2006</u>	2007	2008	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	2020	<u>2021</u>	<u>2022</u>	2021– 2022 <u>change</u>
Hallucinogens other than LSD <sup>b</sup>																																	
8th Grade	0.7	1.1	1.0	1.3	1.7	2.0	1.8	1.6	1.5	1.4‡	2.4	2.1	2.1	1.9	2.0	1.8	1.6	1.6	1.5	1.8	1.8	1.3	1.2	1.0	0.8	0.8	0.7	0.9	0.9	1.1	0.8	1.0	+0.3
10th Grade	1.3	1.4	1.9	2.4	2.8	3.3	3.3	3.4	3.2	3.1‡	4.3	4.0	3.6	3.7	3.5	3.7	3.8	3.3	3.5	3.5	3.5	3.0	2.7	2.6	1.9	2.0	1.8	1.7	2.1	2.2	1.5	1.6	+0.1
12th Grade	2.0	1.7	2.2	3.1	3.8	4.4	4.6	4.6	4.3	4.4‡	5.9	5.4	5.4	5.6	5.0	4.6	4.8	5.0	4.2	4.8	4.3	4.0	3.7	3.0	2.9	2.7	2.9	2.7	2.7	2.8	2.9	3.4	+0.5
PCP <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	1.4	1.4	1.4	1.6	1.8	2.6	2.3	2.1	1.8	2.3	1.8	1.1	1.3	0.7	1.3	0.7	0.9	1.1	1.0	1.0	1.3	0.9	0.7	8.0	1.4	1.3	1.0	1.1	1.1	§	0.7	1.2	+0.5
MDMA (Ecstasy, Molly	) <sup>g</sup>																																
8th Grade		_	_	_	_	2.3	2.3	1.8	1.7	3.1	3.5	2.9	2.1	1.7	1.7	1.4	1.5	1.7	1.3	2.4	1.7	1.1	1.1‡	1.5	1.4	1.0	0.9	1.1	1.1	0.8	0.6	0.6	0.0
10th Grade		_	_	_	_	4.6	3.9	3.3	4.4	5.4	6.2	4.9	3.0	2.4	2.6	2.8	3.5	2.9	3.7	4.7	4.5	3.0	3.6‡	3.8	2.4	1.8	1.7	1.4	1.7	1.2	0.7	0.7	0.0
12th Grade		_	_	_	_	4.6	4.0	3.6	5.6	8.2	9.2	7.4	4.5	4.0	3.0	4.1	4.5	4.3	4.3	4.5	5.3	3.8	4.0‡	5.0	3.6	2.7	2.6	2.2	2.2	1.8	1.1	1.4	+0.2
Salvia <sup>n,o</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.7	1.6	1.4	1.2	0.6	0.7	0.9	0.4	0.6	8.0	0.5	0.5	8.0	+0.2
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.7	3.9	2.5	2.3	1.8	1.2	0.9	0.9	0.7	0.9	1.2	0.4	8.0	+0.3
12th Grade	-	_	_	-	_	_	_	_	_	_	_	_	_	_	_	_	_	_	5.7	5.5	5.9	4.4	3.4	1.8	1.9	1.8	1.5	0.9	0.7	0.7	0.6	8.0	+0.2
Cocaine																																	
8th Grade	1.1	1.5	1.7	2.1	2.6	3.0	2.8	3.1	2.7	2.6	2.5	2.3	2.2	2.0	2.2	2.0	2.0	1.8	1.6	1.6	1.4	1.2	1.0	1.0	0.9	8.0	0.8	8.0	0.7	0.5	0.2	0.5	+0.3 s
10th Grade	2.2	1.9	2.1	2.8	3.5	4.2	4.7	4.7	4.9	4.4	3.6	4.0	3.3	3.7	3.5	3.2	3.4	3.0	2.7	2.2	1.9	2.0	1.9	1.5	1.8	1.3	1.4	1.5	1.5	1.1	0.6	0.3	-0.3 s
12th Grade	3.5	3.1	3.3	3.6	4.0	4.9	5.5	5.7	6.2	5.0	4.8	5.0	4.8	5.3	5.1	5.7	5.2	4.4	3.4	2.9	2.9	2.7	2.6	2.6	2.5	2.3	2.7	2.3	2.2	2.9	1.2	1.5	+0.3
Crack																																	
8th Grade	0.7	0.9	1.0	1.3	1.6	1.8	1.7	2.1	1.8	1.8	1.7	1.6	1.6	1.3	1.4	1.3	1.3	1.1	1.1	1.0	0.9	0.6	0.6	0.7	0.5	0.5	0.5	0.4	0.4	0.2	0.2	0.4	+0.2 s
10th Grade	0.9	0.9	1.1	1.4	1.8	2.1	2.2	2.5	2.4	2.2	1.8	2.3	1.6	1.7	1.7	1.3	1.3	1.3	1.2	1.0	0.9	8.0	8.0	0.5	0.7	0.4	0.6	0.6	0.6	0.5	0.3	0.2	-0.1
12th Grade	1.5	1.5	1.5	1.9	2.1	2.1	2.4	2.5	2.7	2.2	2.1	2.3	2.2	2.3	1.9	2.1	1.9	1.6	1.3	1.4	1.0	1.2	1.1	1.1	1.1	8.0	1.0	0.9	1.0	1.2	0.7	0.9	+0.2
Cocaine other than Cra	ack <sup>h</sup>																																
8th Grade	1.0	1.2	1.3	1.7	2.1	2.5	2.2	2.4	2.3	1.9	1.9	1.8	1.6	1.6	1.7	1.6	1.5	1.4	1.3	1.3	1.1	1.0	8.0	0.8	8.0	0.6	0.6	0.7	0.6	0.5	0.2	0.4	+0.2 s
10th Grade	2.1	1.7	1.8	2.4	3.0	3.5	4.1	4.0	4.4	3.8	3.0	3.4	2.8	3.3	3.0	2.9	3.1	2.6	2.3	1.9	1.7	1.8	1.6	1.3	1.5	1.1	1.2	1.4	1.4	1.0	0.5	0.2	-0.3 s
12th Grade	3.2	2.6	2.9	3.0	3.4	4.2	5.0	4.9	5.8	4.5	4.4	4.4	4.2	4.7	4.5	5.2	4.5	4.0	3.0	2.6	2.6	2.4	2.4	2.4	2.1	2.0	2.3	2.0	1.9	2.9	0.9	1.3	+0.4
Heroin <sup>I,j</sup>																																	
8th Grade	0.7	0.7	0.7	1.2	1.4	1.6	1.3	1.3	1.4	1.1	1.0	0.9	0.9	1.0	8.0	0.8	0.8	0.9	0.7	0.8	0.7	0.5	0.5	0.5	0.3	0.3	0.3	0.3	0.3	0.2	0.2	0.3	+0.1
10th Grade	0.5	0.6	0.7	0.9	1.1	1.2	1.4	1.4	1.4	1.4	0.9	1.1	0.7	0.9	0.9	0.9	8.0	8.0	0.9	8.0	8.0	0.6	0.6	0.5	0.5	0.3	0.2	0.2	0.3	0.2	0.1	0.2	+0.1
12th Grade	0.4	0.6	0.5	0.6	1.1	1.0	1.2	1.0	1.1	1.5	0.9	1.0	8.0	0.9	8.0	8.0	0.9	0.7	0.7	0.9	8.0	0.6	0.6	0.6	0.5	0.3	0.4	0.4	0.4	0.3	0.1	0.3	+0.2

## TABLE 5-5b (cont.) Trends in Annual Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

																																	2021– 2022
	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	2021	2022	change
Narcotics other than He																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	3.5	3.3	3.6	3.8	4.7	5.4	6.2	6.3	6.7	7.0	6.7‡	9.4	9.3	9.5	9.0	9.0	9.2	9.1	9.2	8.7	8.7	7.9	7.1	6.1	5.4	4.8	4.2	3.4	2.7	2.1	1.0	1.7	+0.7 ss
OxyContin k,n,v																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	1.3	1.7	1.7	1.8	2.6	1.8	2.1	2.0	2.1	1.8	1.6	2.0	1.0	8.0	0.9	8.0	8.0	1.2	0.9	8.0	0.7	-0.2
10th Grade	_	_	_	_	_	_	_	_	_	_	_	3.0	3.6	3.5	3.2	3.8	3.9	3.6	5.1	4.6	3.9	3.0	3.4	3.0	2.6	2.1	2.2	2.2	2.0	1.0	0.9	0.9	0.0
12th Grade	_	_	_	_	_	_	_	_	_	_	_	4.0	4.5	5.0	5.5	4.3	5.2	4.7	4.9	5.1	4.9	4.3	3.6	3.3	3.7	3.4	2.7	2.3	1.7	2.4	0.9	1.9	+1.0 ss
Vicodin k,n,v																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	2.5	2.8	2.5	2.6	3.0	2.7	2.9	2.5	2.7	2.1	1.3	1.4	1.0	0.9	8.0	0.7	0.6	0.9	0.5	0.6	0.7	+0.1
10th Grade	_	_	_	_	_	_	_	_	_	_	_	6.9	7.2	6.2	5.9	7.0	7.2	6.7	8.1	7.7	5.9	4.4	4.6	3.4	2.5	1.7	1.5	1.1	1.1	0.9	0.5	1.0	+0.5
12th Grade	_	_	_	_	_	_	_	_	_	_	_	9.6	10.5	9.3	9.5	9.7	9.6	9.7	9.7	8.0	8.1	7.5	5.3	4.8	4.4	2.9	2.0	1.7	1.1	1.2	0.9	1.3	+0.5
Amphetamines k,m																																	
8th Grade	6.2	6.5	7.2	7.9	8.7	9.1	8.1	7.2	6.9	6.5	6.7	5.5	5.5	4.9	4.9	4.7	4.2	4.5	4.1	3.9	3.5	2.9‡	4.2	4.3	4.1	3.5	3.5	3.7	4.1	5.3	3.0	3.2	+0.3
10th Grade	8.2	8.2	9.6	10.2	11.9	12.4	12.1	10.7	10.4	11.1	11.7	10.7	9.0	8.5	7.8	7.9	8.0	6.4	7.1	7.6	6.6	6.5‡	7.9	7.6	6.8	6.1	5.6	5.7	5.2	4.3	2.7	3.1	+0.4
12th Grade	8.2	7.1	8.4	9.4	9.3	9.5	10.2	10.1	10.2	10.5	10.9	11.1	9.9	10.0	8.6	8.1	7.5	6.8	6.6	7.4	8.2	7.9‡	9.2	8.1	7.7	6.7	5.9	5.5	4.5	4.3	2.3	2.8	+0.5
Ritalin k,n,o																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	2.9	2.8	2.6	2.5	2.4	2.6	2.1	1.6	1.8	1.5	1.3	0.7	1.1	0.9	0.6	8.0	0.4	0.5	1.0	0.5	0.6	0.7	+0.1
10th Grade	_	_	_	_	_	_	_	_	_	_	4.8	4.8	4.1	3.4	3.4	3.6	2.8	2.9	3.6	2.7	2.6	1.9	1.8	1.8	1.6	1.2	8.0	0.9	0.7	1.0	0.3	0.7	+0.4
12th Grade	-	_	_	_	_	_	_	_	_	_	5.1	4.0	4.0	5.1	4.4	4.4	3.8	3.4	2.1	2.7	2.6	2.6	2.3	1.8	2.0	1.2	1.3	0.9	1.1	1.7	0.5	1.1	+0.6 s
Adderall k,n,o																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.0	2.3	1.7	1.7	1.8	1.3	1.0	1.5	1.3	1.8	2.5	2.7	1.8	2.3	+0.5
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	5.7	5.3	4.6	4.5	4.4	4.6	5.2	4.2	4.0	4.1	3.1	2.9	1.6	2.9	+1.3 ss
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	5.4	6.5	6.5	7.6	7.4	6.8	7.5	6.2	5.5	4.6	3.9	4.4	1.8	3.4	+1.7 sss
Methamphetamine n,o																																	
8th Grade	_	_	_	_	_	_	_	_	3.2	2.5	2.8	2.2	2.5	1.5	1.8	1.8	1.1	1.2	1.0	1.2	0.8	1.0	1.0	0.6	0.5	0.4	0.5	0.4	0.5	0.5	0.2	0.2	+0.1
10th Grade	_	_	_	_	_	_	_	_	4.6	4.0	3.7	3.9	3.3	3.0	2.9	1.8	1.6	1.5	1.6	1.6	1.4	1.0	1.0	0.8	8.0	0.4	0.4	0.4	0.5	0.3	0.2	0.3	+0.2
12th Grade	_	_	_	_	_	_	_	_	4.7	4.3	3.9	3.6	3.2	3.4	2.5	2.5	1.7	1.2	1.2	1.0	1.4	1.1	0.9	1.0	0.6	0.6	0.6	0.5	0.5	1.4	0.2	0.5	0.4
Crystal Methampheta	mine (Id	e)°																															
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	1.4	1.3	1.7	1.8	2.4	2.8	2.3	3.0	1.9	2.2	2.5	3.0	2.0	2.1	2.3	1.9	1.6	1.1	0.9	0.9	1.2	0.8	1.1	0.8	0.5	8.0	0.8	0.6	0.6	0.0	0.4	0.3	0.0

### Trends in <u>Annual</u> Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

																																	2021–
	<u>1991</u>	1992	1993	1994	1995	<u>1996</u>	<u>1997</u>	<u>1998</u>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	2021	2022	2022 change
Sedatives (Barbiturate																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	3.4	2.8	3.4	4.1	4.7	4.9	5.1	5.5	5.8	6.2	5.7	6.7	6.0	6.5	7.2	6.6	6.2	5.8	5.2	4.8	4.3	4.5	4.8	4.3	3.6	3.0	2.9	2.7	2.5	2.4	1.8	2.0	+0.2
Tranquilizers b,k																																	
8th Grade	1.8	2.0	2.1	2.4	2.7	3.3	2.9	2.6	2.5	2.6‡	2.8	2.6	2.7	2.5	2.8	2.6	2.4	2.4	2.6	2.8	2.0	1.8	1.8	1.7	1.7	1.7	2.0	2.0	2.4	2.2	1.1	1.4	+0.2
10th Grade	3.2	3.5	3.3	3.3	4.0	4.6	4.9	5.1	5.4	5.6‡	7.3	6.3	5.3	5.1	4.8	5.2	5.3	4.6	5.0	5.1	4.5	4.3	3.7	3.9	3.9	4.1	4.1	3.9	3.4	2.6	1.3	1.5	+0.3
12th Grade	3.6	2.8	3.5	3.7	4.4	4.6	4.7	5.5	5.8	5.7‡	6.9	7.7	6.7	7.3	6.8	6.6	6.2	6.2	6.3	5.6	5.6	5.3	4.6	4.7	4.7	4.9	4.7	3.9	3.4	3.2	1.2	1.5	+0.3
Any Prescription Drug	q																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	17.1	16.8	15.8	15.4	14.4	15.0	15.2	14.8‡	15.9	13.9	12.9	12.0	10.9	9.9	8.6	7.6	4.4	5.0	+0.6
OTC Cough/Cold Medicines <sup>n,o</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.2	4.0	3.6	3.8	3.2	2.7	3.0	2.9	2.0	1.6	2.6	2.1	2.8	3.2	4.6	3.5	3.2	-0.3
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	5.3	5.4	5.3	6.0	5.1	5.5	4.7	4.3	3.7	3.3	3.0	3.6	3.3	2.6	3.3	2.7	3.9	+1.2 s
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.9	5.8	5.5	5.9	6.6	5.3	5.6	5.0	4.1	4.6	4.0	3.2	3.4	2.5	3.2	1.7	2.4	+0.7
Rohypnol <sup>r</sup>																																	
8th Grade	_	_	_	_	_	1.0	0.8	0.8	0.5	0.5	0.7	0.3	0.5	0.6	0.7	0.5	0.7	0.5	0.4	0.5	0.8	0.4	0.4	0.3	0.3	0.5	0.4	0.3	0.4	§	0.2	0.2	+0.1
10th Grade	_	_	_	_	_	1.1	1.3	1.2	1.0	0.8	1.0	0.7	0.6	0.7	0.5	0.5	0.7	0.4	0.4	0.6	0.6	0.5	0.6	0.5	0.2	0.5	0.3	0.3	0.6	§	0.2	0.0	-0.2 s
12th Grade	_	_	_	_	_	1.1	1.2	1.4	1.0	8.0	0.9‡	1.6	1.3	1.6	1.2	1.1	1.0	1.3	1.0	1.5	1.3	1.5	0.9	0.7	1.0	1.1	8.0	0.7	0.5	§	0.4	0.7	+0.3
GHB <sup>n,w</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	1.2	1.1	0.8	0.9	0.7	0.5	0.8	0.7	1.1	0.7	0.6	0.6	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	1.1	1.0	1.4	1.4	0.8	0.8	0.7	0.6	0.5	1.0	0.6	0.5	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	1.9	1.6	1.5	1.4	2.0	1.1	1.1	0.9	1.2	1.1	1.4	1.4	1.4	1.0	1.0	0.7	0.9	0.4	0.3	0.4	§	0.4	0.5	+0.1
Ketamine n,x																																	
8th Grade	_	_	_	_	_	_	_	_	_	1.6	1.3	1.3	1.1	0.9	0.6	0.9	1.0	1.2	1.0	1.0	0.8	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	2.1	2.1	2.2	1.9	1.3	1.0	1.0	0.8	1.0	1.3	1.1	1.2	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	2.5	2.5	2.6	2.1	1.9	1.6	1.4	1.3	1.5	1.7	1.6	1.7	1.5	1.4	1.5	1.4	1.2	1.2	0.7	0.7	1.3	0.9	1.2	+0.3
Alcohol s,nn																																	
Any Use																																	
8th Grade	54.0	53.7‡	45.4	46.8	45.3	46.5	45.5	43.7	43.5	43.1	41.9	38.7	37.2	36.7	33.9	33.6	31.8	32.1	30.3	29.3	26.9	23.6	22.1	20.8	21.0	17.6	18.2	18.7	19.3	20.5	17.2	15.2	-2.0
10th Grade	72.3	70.2‡	63.4	63.9	63.5	65.0	65.2	62.7	63.7	65.3	63.5	60.0	59.3	58.2	56.7	55.8	56.3	52.5	52.8	52.1	49.8	48.5	47.1	44.0	41.9	38.3	37.7	37.8	37.7	40.7	28.5	31.3	+2.8
12th Grade	77.7	76.8‡	72.7	73.0	73.7	72.5	74.8	74.3	73.8	73.2	73.3	71.5	70.1	70.6	68.6	66.5	66.4	65.5	66.2	65.2	63.5	63.5	62.0	60.2	58.2	55.6	55.7	53.3	52.1	55.3	46.5	51.9	+5.4 ss

### Trends in <u>Annual</u> Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	2004	2005	2006	<u>2007</u>	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	<u>2020</u>	<u>2021</u>	<u>2022</u>	2021– 2022 <u>change</u>
Been Drunk °																																	
8th Grade		18.3								18.5		15.0	14.5	14.5		13.9						8.6	8.4	7.3	7.7	5.7	6.4	6.5	6.6	7.5	5.7	4.7	-1.0
10th Grade		37.0			38.5		40.7			41.6	39.9	35.4	34.7	35.1	34.2				31.2					24.6	23.4	20.5	20.4	20.9	20.2	23.1		14.6	+1.1
12th Grade	52.7	50.3	49.6	51.7	52.5	51.9	53.2	52.0	53.2	51.8	53.2	50.4	48.0	51.8	47.7	47.9	46.1	45.6	47.0	44.0	42.2	45.0	43.5	41.4	37.7	37.3	35.6	33.9	32.8	36.9	28.8	29.6	+0.8
Flavored Alcoholic																																	
Beverages e,n,y																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	30.4	27.9	26.8	26.0	25.0	22.2	21.9	19.2	17.0	15.7	13.4	13.4	11.2	10.8	12.1	10.7	14.7	10.2	10.1	-0.1
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	49.7	48.5	48.8	45.9	43.4	41.5	41.0	38.3	37.8	35.6	33.2	31.4	26.1	28.3	28.8	26.8	29.6	18.8	22.0	+3.3
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	55.2	55.8	58.4	54.7	53.6	51.8	53.4	47.9	47.0	44.4	44.2	43.6	42.8	40.0	39.6	38.4	37.5	§	32.1	37.5	+5.3
Alcoholic Beverages containing Caffeine	0,Z																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	11.8	10.9	10.2	9.5	8.4	6.5	5.6	6.0	7.3	5.7	6.2	4.7	-1.4
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	22.5	19.7	16.9	14.3	12.8	10.6	9.9	9.8	8.4	8.3	7.5	7.1	-0.4
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	-	_	26.4	26.4	23.5	20.0	18.3	17.0	16.9	14.7	12.3	12.3	9.9	11.6	+1.7
Tobacco using a Hooka	h <sup>e</sup>																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	17.1	18.5	18.3	21.4	22.9	19.8	13.0	10.1	7.8	5.6	§	2.1	3.3	+1.2
Small cigars <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	-	23.1	19.5	19.9	20.4	18.9	15.9	15.6	13.3	9.2	7.8	§	3.4	5.6	+2.3 s
Dissolvable Tobacco Products <sup>e,n</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.0	1.1	1.1	0.9	0.7	0.6	0.6	1.1	0.6	0.8	8.0	0.0
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.6	1.2	1.3	1.1	0.9	0.6	1.1	0.8	1.3	0.3	0.9	+0.6 s
12th Grade	_	_	_	-	_	_	_	_	-	_	-	_	_	_	_	_	_	_	_	_	1.5	1.6	1.9	1.1	1.4	1.1	1.4	1.3	1.1	§	1.1	1.7	+0.6
Snus <sup>e,n</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.4	2.0	2.2	1.9	2.2	1.1	1.3	1.5	1.6	1.2	1.0	-0.3
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.9	5.2	4.5	4.0	3.0	2.6	3.1	2.3	2.2	1.0	1.5	+0.4
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	7.9	7.9	7.7	5.8	5.8	5.8	4.2	4.7	2.7	§	2.6	2.4	-0.2
Any Vaping <sup>bb</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	13.3	17.6	20.1	19.2	13.4	13.8	+0.4
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	23.9	32.3	35.7	34.6	22.2	23.8	+1.7
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	27.8	37.3	40.6	39.0	31.5	32.1	+0.6

# TABLE 5-5b (cont.) Trends in Annual Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	1994	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	<u>2010</u>	2011	2012	2013	2014	<u>2015</u>	2016	2017	2018	2019 <sup>kk</sup>	<u>2020</u>	<u>2021</u>	2022	2021– 2022 <u>change</u>
Vaping Nicotine bb																													2010				
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	7.5	10.9	16.5	16.6	12.1	12.0	-0.1
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	15.8	24.7	30.7	30.7	19.5	20.5	+1.0
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	18.8	29.7	35.3	34.5	26.6	27.3	+0.7
Vaping Marijuana <sup>bb</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.0	4.4	7.0	8.1	4.7	6.0	+1.3
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.1	12.4	19.4	19.1	12.4	15.0	+2.6 s
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	9.5	13.1	20.8	22.1	18.3	20.6	+2.3
Vaping Just Flavoring bt																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	11.8	15.1	14.7	12.3	7.7	8.2	+0.5
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	19.3	24.7	20.8	18.4	10.6	11.3	+0.8
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	20.6	25.7	20.3	16.6	11.7	11.8	+0.1
Flavoring Vaping with no Nicotine Vaping bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	5.5	6.2	3.0	2.0	1.0	1.2	+0.3
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	7.0	6.4	2.9	2.0	1.0	1.0	0.0
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	7.5	6.0	3.1	1.9	1.2	1.1	-0.1
Steroids k,u																																	
8th Grade	1.0	1.1	0.9	1.2	1.0	0.9	1.0	1.2	1.7	1.7	1.6	1.5	1.4	1.1	1.1	0.9	8.0	0.9	8.0	0.5	0.7	0.6	0.6	0.6	0.5	0.5	0.6	0.6	8.0	1.1	0.5	8.0	+0.3 s
10th Grade	1.1	1.1	1.0	1.1	1.2	1.2	1.2	1.2	1.7	2.2	2.1	2.2	1.7	1.5	1.3	1.2	1.1	0.9	8.0	1.0	0.9	8.0	8.0	8.0	0.7	0.7	0.7	0.6	8.0	0.9	0.3	0.5	+0.2
12th Grade	1.4	1.1	1.2	1.3	1.5	1.4	1.4	1.7	1.8	1.7	2.4	2.5	2.1	2.5	1.5	1.8	1.4	1.5	1.5	1.5	1.2	1.3	1.5	1.5	1.7	1.0	1.1	1.1	1.0	1.2	0.5	1.3	+0.8 ss
Androstenedione bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	1.1	1.2	1.0	0.9	0.6	1.0	0.9	0.9	8.0	0.9	0.6	0.6	0.7	0.4	0.4	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	2.2	1.9	1.7	1.1	0.9	0.9	0.6	0.9	1.1	1.0	8.0	0.9	0.9	0.9	0.7	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	3.0	2.5	2.5	2.1	1.7	1.1	0.9	1.3	1.1	1.5	0.7	1.0	0.7	1.1	0.9	0.9	0.6	0.5	0.5	§	0.6	1.9	+1.3 ss
Creatine bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	2.7	2.3	2.3	1.9	1.3	2.2	2.0	2.0	1.9	1.9	1.9	1.9	2.0	1.6	1.2	1.8	1.7	1.7	2.0	2.5	3.2	4.3	+1.1
10th Grade	_	_	_	_	_	_	_	_	_	_	7.9	7.6	5.8	5.3	5.1	6.5	6.1	5.8	6.0	6.0	7.1	6.8	5.7	6.0	6.0	7.8	6.8	6.2	5.4	4.5	6.0	10.7	+4.7 sss
12th Grade	_	_	_	_	_	_	_	_	_	_	11.7	8.5	8.3	8.1	8.1	7.8	8.0	8.3	9.1	9.2	8.6	9.5	9.3	10.0	8.8	9.0	8.1	9.3	7.6	7.2	7.4	11.8	+4.4 ss

### TABLE 5-5b (cont.)

## Trends in <u>Annual</u> Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

																																	2021–
	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	2021	2022	2022 change
Legal Use of Over-th																													2010				
Diet Pills <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	8.8	8.4	8.0	9.3	9.8	9.3	9.8	9.6	10.2	11.1	11.8	15.1	13.0	10.7	10.0	9.4	6.7	7.2	6.1	4.3	4.9	5.5	5.3	6.4	5.1	4.5	4.0	3.5	3.1	§	2.5	1.6	-0.9
Stay-Awake Pills <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	22.2	20.4	19.1	20.7	20.3	19.0	19.7	19.0	15.7	15.0	17.3	14.9	12.5	11.8	10.4	10.0	7.6	6.3	4.8	3.2	3.9	3.8	3.2	3.5	2.7	2.5	2.5	2.4	1.8	§	1.5	1.6	0.0
Look-Alikes <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	5.2	5.4	6.2	6.0	6.8	6.5	6.4	5.7	5.0	5.8	7.1	6.6	5.4	5.0	4.2	3.7	2.8	3.1	2.6	1.7	2.2	2.1	1.7	1.4	2.3	1.6	1.5	_	_	_	_	_	_
Previously surveyed	drugs t	hat ha	ve be	en dro	pped.																												
Nitrites <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	0.9	0.5	0.9	1.1	1.1	1.6	1.2	1.4	0.9	0.6	0.6	1.1	0.9	8.0	0.6	0.5	8.0	0.6	0.9	_	_	-	_	_	_	_	_	_	_	_	-	_	_
Provigil k,o																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.8	1.3	1.5	_	_	_	_	_	_	_	_	_	_	_	_
Heroin With a Needle	j																																
8th Grade	_	_	_	_	0.9	1.0	0.8	0.8	0.9	0.6	0.7	0.6	0.6	0.7	0.6	0.5	0.6	0.5	0.5	0.6	0.5	0.4	0.3	0.4	0.2	0.2	0.2	0.2	0.2	0.2	0.1	_	_
10th Grade	_	_	_	_	0.6	0.7	0.7	0.8	0.6	0.5	0.4	0.6	0.5	0.5	0.5	0.5	0.5	0.5	0.6	0.5	0.5	0.4	0.5	0.4	0.2	0.3	0.2	0.1	0.2	0.2	0.1	_	_
12th Grade	_	_	_	_	0.5	0.5	0.5	0.4	0.4	0.4	0.3	0.4	0.4	0.4	0.5	0.5	0.4	0.4	0.3	0.7	0.6	0.4	0.4	0.5	0.3	0.3	0.2	0.3	0.3	0.1	0.1	_	_
Heroin Without a Need	lle <sup>j</sup>																																
8th Grade	_	_	_	_	0.8	1.0	0.8	0.8	0.9	0.7	0.6	0.6	0.6	0.6	0.5	0.5	0.5	0.6	0.4	0.5	0.4	0.3	0.3	0.2	0.2	0.2	0.3	0.2	0.2	0.2	0.1	_	_
10th Grade	_	_	_	_	0.8	0.9	1.1	1.0	1.1	1.1	0.7	0.8	0.5	0.7	0.7	0.6	0.6	0.6	0.6	0.6	0.5	0.4	0.4	0.3	0.3	0.2	0.1	0.1	0.2	0.1	0.1	_	_
12th Grade	_	_	_	_	1.0	1.0	1.2	8.0	1.0	1.6	8.0	8.0	8.0	0.7	8.0	0.6	1.0	0.5	0.6	8.0	0.7	0.4	0.4	0.5	0.4	0.3	0.2	0.2	0.2	0.1	0.1	_	_
Bath salts (synthetic s	timulants	s) <sup>n,o</sup>																															
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	0.8	1.0	0.5	0.4	0.9	0.5	0.9	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	0.6	0.9	0.9	0.7	0.8	0.4	0.5	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.3	0.9	0.9	1.0	0.8	0.6	0.6	_	_	_	_	_

(Table continued on next page.)

### TABLE 5-5b (cont.)

## Trends in <u>Annual</u> Prevalence of Use of Various Drugs in Grades 8, 10, and 12

(Entries are percentages.)

																																	2021– 2022
	<u>1991</u>	<u>1992</u>	<u> 1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>	2007	<u>2008</u>	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	2013	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	<u>2020</u>	2021	2022	<u>change</u>
Powdered Alcohol n,o																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.0	8.0	8.0	1.2	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.3	8.0	1.2	1.0	_	_	_	_
12th Grade	_	-	_	_	-	_	-	_	_	_	_	-	_	_	-	_	_	_	_	_	_	_	_	_	_	1.7	1.0	1.3	1.4	_	_	_	_
Methaqualone <sup>e,k</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	0.5	0.6	0.2	8.0	0.7	1.1	1.0	1.1	1.1	0.3	8.0	0.9	0.6	8.0	0.9	8.0	0.5	0.5	0.6	0.3	0.3	0.4	_	_	_	_	_	_	_	_	_	_	_
JUUL <sup>jj</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	14.7	12.8	6.2	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	28.7	23.3	9.2	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	28.4	26.1	12.2	_	_
Bidis <sup>n,o</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	3.9	2.7	2.7	2.0	1.7	1.6	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	6.4	4.9	3.1	2.8	2.1	1.6	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	9.2	7.0	5.9	4.0	3.6	3.3	2.3	1.7	1.9	1.5	1.4	_	_	_	_	_	_	_	_	_	_	_	_	_
Kreteks n,o																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	2.6	2.6	2.0	1.9	1.4	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	6.0	4.9	3.8	3.7	2.8	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	10.1	8.4	6.7	6.5	7.1	6.2	6.8	6.8	5.5	4.6	2.9	3.0	1.6	1.6	_	_	_	_	_		_		

Source. The Monitoring the Future study, the University of Michigan.

Note: See footnotes following Table 5-5e.

### TABLE 5-5c

## Trends in 30-Day Prevalence of Use of Various Drugs in Grades 8, 10, and 12

														Per	rcentag	e who	used ir	ı last 3	0 days														202
	<u>1991</u>	1992	<u>1993</u>	1994	1995	<u>1996</u>	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	2021	2022	202 chan
Any Illicit Drug <sup>a,ll</sup>																																	
8th Grade	5.7	6.8	8.4	10.9	12.4	14.6	12.9	12.1	12.2	11.9	11.7	10.4	9.7	8.4	8.5	8.1	7.4	7.6	8.1	9.5	8.5	7.7‡	8.7	8.3	8.1	6.9	7.0	7.3	8.5	8.7	5.9	6.5	+0.6
10th Grade	11.6	11.0	14.0	18.5	20.2	23.2	23.0	21.5	22.1	22.5	22.7	20.8	19.5	18.3	17.3	16.8	16.9	15.8	17.8	18.5	19.2	18.6‡	19.2	18.5	16.5	15.9	17.2	18.3	19.8	18.2	10.9	12.9	+1.9
12th Grade	16.4	14.4	18.3	21.9	23.8	24.6	26.2	25.6	25.9	24.9	25.7	25.4	24.1	23.4	23.1	21.5	21.9	22.3	23.3	23.8	25.2	25.2‡	25.2	23.7	23.6	24.4	24.9	24.0	23.7	22.2	20.6	21.6	+1.0
Any Illicit Drug other than Marijuana <sup>a,b</sup>																																	
8th Grade	3.8	4.7	5.3	5.6	6.5	6.9	6.0	5.5	5.5	5.6‡	5.5	4.7	4.7	4.1	4.1	3.8	3.6	3.8	3.5	3.5	3.4	2.6‡	3.6	3.3	3.1	2.7	2.7	3.0	3.4	3.5	2.4	2.5	+0.1
10th Grade	5.5	5.7	6.5	7.1	8.9	8.9	8.8	8.6	8.6	8.5‡	8.7	8.1	6.9	6.9	6.4	6.3	6.9	5.3	5.7	5.8	5.4	5.0‡	4.9	5.6	4.9	4.4	4.5	4.2	4.2	3.7	2.5	2.4	0.0
12th Grade	7.1	6.3	7.9	8.8	10.0	9.5	10.7	10.7	10.4	10.4‡	11.0	11.3	10.4	10.8	10.3	9.8	9.5	9.3	8.6	8.6	8.9	8.4‡	8.2	7.7	7.6	6.9	6.3	6.0	5.2	4.8	2.9	3.6	+0.7
Any Illicit Drug including Inhalants	a,c,ll																																
8th Grade	8.8	10.0	12.0	14.3	16.1	17.5	16.0	14.9	15.1	14.4	14.0	12.6	12.1	11.2	11.2	10.9	10.1	10.4	10.6	11.7	10.5	9.5‡	10.0	9.5	9.3	7.9	8.6	8.3	9.7	10.2	6.9	7.7	+0.8
10th Grade	13.1	12.6	15.5	20.0	21.6	24.5	24.1	22.5	23.1	23.6	23.6	21.7	20.5	19.3	18.4	17.7	18.1	16.8	18.8	19.4	20.1	19.3‡	20.0	19.1	17.1	16.4	18.0	18.7	20.4	18.7	11.4	13.7	+2.3
12th Grade	17.8	15.5	19.3	23.0	24.8	25.5	26.9	26.6	26.4	26.4	26.5	25.9	24.6	23.3	24.2	22.1	22.8	22.8	24.1	24.5	26.2	25.2‡	26.5	24.3	24.7	24.6	25.7	25.0	24.1	23.8	21.0	22.6	+1.6
Abstainers II,mm																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_		87.0	84.2	82.2	82.7	86.9	87.1	+0.3
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	68.9	65.2	64.8	65.4	77.4	75.2	-2.2
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	52.6	51.8	53.8	53.1	60.1	58.3	-1.8
Marijuana/Hashish <sup>II</sup>																																	
8th Grade	3.2	3.7	5.1	7.8	9.1	11.3	10.2	9.7	9.7	9.1	9.2	8.3	7.5	6.4	6.6	6.5	5.7	5.8	6.5	8.0	7.2	6.5	7.0	6.5	6.5	5.4	5.5	5.6	6.6	6.5	4.1	5.0	+0.9
10th Grade	8.7	8.1	10.9	15.8	17.2	20.4	20.5	18.7	19.4	19.7	19.8	17.8	17.0	15.9	15.2	14.2	14.2	13.8	15.9	16.7	17.6	17.0	18.0	16.6	14.8	14.0	15.7	16.7	18.4	16.6	10.1	12.1	+2.1
12th Grade	13.8	11.9	15.5	19.0	21.2	21.9	23.7	22.8	23.1	21.6	22.4	21.5	21.2	19.9	19.8	18.3	18.8	19.4	20.6	21.4	22.6	22.9	22.7	21.2	21.3	22.5	22.9	22.2	22.3	21.1	19.5	20.2	+0.7
Inhalants <sup>c,d</sup>																																	
8th Grade	4.4	4.7	5.4	5.6	6.1	5.8	5.6	4.8	5.0	4.5	4.0	3.8	4.1	4.5	4.2	4.1	3.9	4.1	3.8	3.6	3.2	2.7	2.3	2.2	2.0	1.8	2.1	1.8	2.1	2.9	1.8	1.9	+0.1
10th Grade	2.7	2.7	3.3	3.6	3.5	3.3	3.0	2.9	2.6	2.6	2.4	2.4	2.2	2.4	2.2	2.3	2.5	2.1	2.2	2.0	1.7	1.4	1.3	1.1	1.2	1.0	1.1	1.0	1.1	1.2	0.9	1.2	+0.3
12th Grade	2.4	2.3	2.5	2.7	3.2	2.5	2.5	2.3	2.0	2.2	1.7	1.5	1.5	1.5	2.0	1.5	1.2	1.4	1.2	1.4	1.0	0.9	1.0	0.7	0.7	8.0	8.0	0.7	0.9	0.7	0.7	0.7	0.0
Hallucinogens b,f																																	
8th Grade	8.0	1.1	1.2	1.3	1.7	1.9	1.8	1.4	1.3	1.2‡	1.6	1.2	1.2	1.0	1.1	0.9	1.0	0.9	0.9	1.0	1.0	0.6	8.0	0.5	0.6	0.6	0.5	0.6	0.6	0.9	0.4	0.5	+0.1
10th Grade	1.6	1.8	1.9	2.4	3.3	2.8	3.3	3.2	2.9	2.3‡	2.1	1.6	1.5	1.6	1.5	1.5	1.7	1.3	1.4	1.6	1.4	1.2	1.1	1.2	0.9	0.9	1.1	8.0	1.3	1.4	8.0	0.7	-0.1
12th Grade	2.2	2.1	2.7	3.1	4.4	3.5	3.9	3.8	3.5	2.6‡	3.3	2.3	1.8	1.9	1.9	1.5	1.7	2.2	1.6	1.9	1.6	1.6	1.4	1.5	1.6	1.4	1.6	1.4	1.8	1.8	1.0	1.4	+0.5
LSD b																																	
8th Grade	0.6	0.9	1.0	1.1	1.4	1.5	1.5	1.1	1.1	1.0	1.0	0.7	0.6	0.5	0.5	0.4	0.5	0.5	0.5	0.6	0.5	0.3	0.5	0.3	0.4	0.4	0.3	0.4	0.4	0.6	0.2	0.2	0.0
10th Grade	1.5	1.6	1.6	2.0	3.0	2.4	2.8	2.7	2.3	1.6	1.5	0.7	0.6	0.6	0.6	0.7	0.7	0.7	0.5	0.7	0.7	0.5	0.6	0.6	0.6	0.7	8.0	0.5	1.1	1.0	0.4	0.4	0.0
12th Grade	1.9	2.0	2.4	2.6	4.0	2.5	3.1	3.2	2.7	1.6	2.3	0.7	0.6	0.7	0.7	0.6	0.6	1.1	0.5	8.0	8.0	8.0	8.0	1.0	1.1	1.0	1.2	1.0	1.4	1.4	0.5	8.0	+0.3

(Table continue page.)

# TABLE 5-5c (cont.) Trends in 30-Day Prevalence of Use of Various Drugs in Grades 8, 10, and 12

														Perd	entage	e who ι	used in	last 30	) days														2021–
	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	<u>2005</u>	2006	2007	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	2018	2019 <sup>kk</sup>	<u>2020</u>	<u>2021</u>	2022	2022 change
Hallucinogens other than LSD <sup>b</sup>																																	
8th Grade	0.3	0.4	0.5	0.7	8.0	0.9	0.7	0.7	0.6	0.6‡	1.1	1.0	1.0	8.0	0.9	0.7	0.7	0.7	0.7	0.8	0.7	0.5	0.5	0.4	0.3	0.3	0.3	0.4	0.4	0.6	0.2	0.4	+0.1
10th Grade	0.4	0.5	0.7	1.0	1.0	1.0	1.2	1.4	1.2	1.2‡	1.4	1.4	1.2	1.4	1.3	1.3	1.4	1.0	1.1	1.2	1.1	0.9	8.0	8.0	0.6	0.5	0.6	0.5	8.0	0.9	0.6	0.5	-0.1
12th Grade	0.7	0.5	8.0	1.2	1.3	1.6	1.7	1.6	1.6	1.7‡	1.9	2.0	1.5	1.7	1.6	1.3	1.4	1.6	1.4	1.5	1.2	1.3	1.0	1.0	0.9	0.7	1.0	0.9	1.0	0.7	8.0	1.1	+0.3
MDMA (Ecstasy, Mo	olly) <sup>g</sup>																																
8th Grade		_	_	_	_	1.0	1.0	0.9	8.0	1.4	1.8	1.4	0.7	8.0	0.6	0.7	0.6	8.0	0.6	1.1	0.6	0.5	0.5‡	0.7	0.5	0.3	0.4	0.4	0.5	0.3	0.2	0.2	0.0
10th Grade		_	_	_	_	1.8	1.3	1.3	1.8	2.6	2.6	1.8	1.1	8.0	1.0	1.2	1.2	1.1	1.3	1.9	1.6	1.0	1.2‡	1.1	0.9	0.5	0.5	0.4	0.7	0.5	0.1	0.3	+0.2
12th Grade		_	_	_	_	2.0	1.6	1.5	2.5	3.6	2.8	2.4	1.3	1.2	1.0	1.3	1.6	1.8	1.8	1.4	2.3	0.9	1.5‡	1.5	1.1	0.9	0.9	0.5	0.7	8.0	0.2	0.9	+0.8 ss
Cocaine																																	
8th Grade	0.5	0.7	0.7	1.0	1.2	1.3	1.1	1.4	1.3	1.2	1.2	1.1	0.9	0.9	1.0	1.0	0.9	8.0	8.0	0.6	8.0	0.5	0.5	0.5	0.5	0.3	0.4	0.3	0.3	0.1	0.1	0.3	+0.2 s
10th Grade	0.7	0.7	0.9	1.2	1.7	1.7	2.0	2.1	1.8	1.8	1.3	1.6	1.3	1.7	1.5	1.5	1.3	1.2	0.9	0.9	0.7	8.0	8.0	0.6	8.0	0.4	0.5	0.6	0.6	0.4	0.3	0.2	-0.1
12th Grade	1.4	1.3	1.3	1.5	1.8	2.0	2.3	2.4	2.6	2.1	2.1	2.3	2.1	2.3	2.3	2.5	2.0	1.9	1.3	1.3	1.1	1.1	1.1	1.0	1.1	0.9	1.2	1.1	1.0	8.0	0.3	8.0	+0.4 ss
Crack																																	
8th Grade	0.3	0.5	0.4	0.7	0.7	0.8	0.7	0.9	8.0	8.0	8.0	8.0	0.7	0.6	0.6	0.6	0.6	0.5	0.5	0.4	0.5	0.3	0.3	0.3	0.3	0.2	0.3	0.2	0.2	0.1	0.1	0.3	+0.2 ss
10th Grade	0.3	0.4	0.5	0.6	0.9	8.0	0.9	1.1	8.0	0.9	0.7	1.0	0.7	8.0	0.7	0.7	0.5	0.5	0.4	0.5	0.4	0.4	0.4	0.3	0.3	0.2	0.3	0.3	0.3	0.3	0.2	0.1	-0.1
12th Grade	0.7	0.6	0.7	8.0	1.0	1.0	0.9	1.0	1.1	1.0	1.1	1.2	0.9	1.0	1.0	0.9	0.9	8.0	0.6	0.7	0.5	0.6	0.6	0.7	0.6	0.5	0.6	0.5	0.7	0.4	0.3	0.6	+0.3 s
Cocaine other than	Crack <sup>h</sup>																																
8th Grade	0.5	0.5	0.6	0.9	1.0	1.0	8.0	1.0	1.1	0.9	0.9	8.0	0.7	0.7	0.7	0.7	0.6	0.6	0.7	0.5	0.6	0.3	0.3	0.4	0.4	0.3	0.3	0.3	0.2	0.1	0.1	0.2	+0.1
10th Grade	0.6	0.6	0.7	1.0	1.4	1.3	1.6	1.8	1.6	1.6	1.2	1.3	1.1	1.5	1.3	1.3	1.1	1.0	8.0	0.7	0.6	0.7	0.7	0.5	0.7	0.3	0.4	0.5	0.6	0.3	0.3	0.1	-0.2
12th Grade	1.2	1.0	1.2	1.3	1.3	1.6	2.0	2.0	2.5	1.7	1.8	1.9	1.8	2.2	2.0	2.4	1.7	1.7	1.1	1.1	1.0	1.0	0.9	0.9	1.1	0.6	1.1	1.0	0.9	1.0	0.1	8.0	+0.7 ss
Heroin <sup>I,j</sup>																																	
8th Grade	0.3	0.4	0.4	0.6	0.6	0.7	0.6	0.6	0.6	0.5	0.6	0.5	0.4	0.5	0.5	0.3	0.4	0.4	0.4	0.4	0.4	0.2	0.3	0.3	0.1	0.2	0.2	0.1	0.1	0.2	0.1	0.2	+0.1
10th Grade	0.2	0.2	0.3	0.4	0.6	0.5	0.6	0.7	0.7	0.5	0.3	0.5	0.3	0.5	0.5	0.5	0.4	0.4	0.4	0.4	0.4	0.4	0.3	0.4	0.2	0.2	0.1	0.1	0.2	0.1	0.1	0.2	+0.1
12th Grade	0.2	0.3	0.2	0.3	0.6	0.5	0.5	0.5	0.5	0.7	0.4	0.5	0.4	0.5	0.5	0.4	0.4	0.4	0.4	0.4	0.4	0.3	0.3	0.4	0.3	0.2	0.3	0.2	0.3	0.3	0.1	0.3	+0.2 s
Narcotics other than	Heroin <sup>l</sup>	k,l																															
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	1.1	1.2	1.3	1.5	1.8	2.0	2.3	2.4	2.6	2.9	3.0‡	4.0	4.1	4.3	3.9	3.8	3.8	3.8	4.1	3.6	3.6	3.0	2.8	2.2	2.1	1.7	1.6	1.1	1.0	0.7	0.3	0.7	+0.4
Amphetamines k,m																																	
8th Grade	2.6	3.3	3.6	3.6	4.2	4.6	3.8	3.3	3.4	3.4	3.2	2.8	2.7	2.3	2.3	2.1	2.0	2.2	1.9	1.8	1.8	1.3‡	2.3	2.1	1.9	1.7	1.7	1.8	2.2	2.2	1.7	1.9	+0.2
10th Grade	3.3	3.6	4.3	4.5	5.3	5.5	5.1	5.1	5.0	5.4	5.6	5.2	4.3	4.0	3.7	3.5	4.0	2.8	3.3	3.3	3.1	2.8‡	3.3	3.7	3.1	2.7	2.5	2.4	2.4	1.9	1.4	1.3	0.0
12th Grade	3.2	2.8	3.7	4.0	4.0	4.1	4.8	4.6	4.5	5.0	5.6	5.5	5.0	4.6	3.9	3.7	3.7	2.9	3.0	3.3	3.7	3.3‡	4.2	3.8	3.2	3.0	2.6	2.4	2.0	1.7	1.0	1.3	+0.2

(Table continued on next page.)

# TABLE 5-5c (cont.) Trends in 30-Day Prevalence of Use of Various Drugs in Grades 8, 10, and 12

														Per	centag	e who	used ir	ı last 3	0 days														2021–
	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	2021	2022	2022 change
Methamphetamine	n,o																																
8th Grade	_	_	_	_	_	_	_	_	1.1	0.8	1.3	1.1	1.2	0.6	0.7	0.6	0.6	0.7	0.5	0.7	0.4	0.5	0.4	0.2	0.3	0.3	0.2	0.1	0.1	0.1	0.0	0.1	0.0
10th Grade	_	_	_	_	_	_	_	_	1.8	2.0	1.5	1.8	1.4	1.3	1.1	0.7	0.4	0.7	0.6	0.7	0.5	0.6	0.4	0.3	0.3	0.2	0.1	0.1	0.3	0.2	0.1	0.1	0.0
12th Grade	_	_	_	_	_	_	_	_	1.7	1.9	1.5	1.7	1.7	1.4	0.9	0.9	0.6	0.6	0.5	0.5	0.6	0.5	0.4	0.5	0.4	0.3	0.3	0.3	0.3	0.8	0.1	0.4	+0.3
Crystal Methamphe	etamine	(Ice) °																															
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	0.6	0.5	0.6	0.7	1.1	1.1	8.0	1.2	8.0	1.0	1.1	1.2	8.0	8.0	0.9	0.7	0.6	0.6	0.5	0.6	0.6	0.4	8.0	0.4	0.3	0.4	0.5	0.4	0.4	0.0	0.2	0.3	+0.1
Sedatives (Barbitura	ites) k,p																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	1.4	1.1	1.3	1.7	2.2	2.1	2.1	2.6	2.6	3.0	2.8	3.2	2.9‡	2.9	3.3	3.0	2.7	2.8	2.5	2.2	1.8	2.0	2.2	2.0	1.7	1.5	1.4	1.2	1.2	1.2	0.9	1.1	+0.3
Tranquilizers b,k																																	
8th Grade	8.0	8.0	0.9	1.1	1.2	1.5	1.2	1.2	1.1	1.4‡	1.2	1.2	1.4	1.2	1.3	1.3	1.1	1.2	1.2	1.2	1.0	8.0	0.9	8.0	8.0	8.0	0.7	0.9	1.2	1.1	0.4	0.6	+0.2
10th Grade	1.2	1.5	1.1	1.5	1.7	1.7	2.2	2.2	2.2	2.5‡	2.9	2.9	2.4	2.3	2.3	2.4	2.6	1.9	2.0	2.2	1.9	1.7	1.6	1.6	1.7	1.5	1.5	1.3	1.3	0.7	0.5	0.6	0.0
12th Grade	1.4	1.0	1.2	1.4	1.8	2.0	1.8	2.4	2.5	2.6‡	2.9	3.3	2.8	3.1	2.9	2.7	2.6	2.6	2.7	2.5	2.3	2.1	2.0	2.1	2.0	1.9	2.0	1.3	1.3	1.0	0.4	0.7	+0.3 s
Any Prescription Dru	ıg <sup>q</sup>																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.6	8.1	7.8	7.2	7.3	6.9	7.2	7.0‡	7.1	6.4	5.9	5.4	4.9	4.2	3.6	3.3	2.1	2.6	+0.5
Rohypnol <sup>r</sup>																																	
8th Grade	_	_	_	_	_	0.5	0.3	0.4	0.3	0.3	0.4	0.2	0.1	0.2	0.2	0.4	0.3	0.1	0.2	0.2	0.6	0.1	0.1	0.2	0.1	0.2	0.1	0.3	0.4	§	0.1	0.2	+0.2
10th Grade	_	_	_	_	_	0.5	0.5	0.4	0.5	0.4	0.2	0.4	0.2	0.3	0.2	0.2	0.2	0.2	0.3	0.3	0.3	0.2	0.1	0.4	0.1	0.3	0.0	0.1	0.2	§	0.1	0.0	-0.1
12th Grade	_	_	_	_	_	0.5	0.3	0.3	0.3	0.4	0.3	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Alcohol s,nn																																	
Any Use																																	
8th Grade	25.1	26.1‡	24.3	25.5	24.6	26.2	24.5	23.0	24.0	22.4	21.5	19.6	19.7	18.6	17.1	17.2	15.9	15.9	14.9	13.8	12.7	11.0	10.2	9.0	9.7	7.3	8.0	8.2	7.9	9.9	7.3	6.0	-1.3
10th Grade	42.8	39.9‡	38.2	39.2	38.8	40.4	40.1	38.8	40.0	41.0	39.0	35.4	35.4	35.2	33.2	33.8	33.4	28.8	30.4	28.9	27.2	27.6	25.7	23.5	21.5	19.9	19.7	18.6	18.4	20.3	13.1	13.6	+0.5
12th Grade	54.0	51.3‡	48.6	50.1	51.3	50.8	52.7	52.0	51.0	50.0	49.8	48.6	47.5	48.0	47.0	45.3	44.4	43.1	43.5	41.2	40.0	41.5	39.2	37.4	35.3	33.2	33.2	30.2	29.3	33.6	25.8	28.4	+2.5
Been Drunk °																																	
8th Grade	7.6	7.5	7.8	8.7	8.3	9.6	8.2	8.4	9.4	8.3	7.7	6.7	6.7	6.2	6.0	6.2	5.5	5.4	5.4	5.0	4.4	3.6	3.5	2.7	3.1	1.8	2.2	2.1	2.6	3.4	2.0	1.5	-0.5
10th Grade	20.5	18.1	19.8	20.3	20.8	21.3	22.4	21.1	22.5	23.5	21.9	18.3	18.2	18.5	17.6	18.8	18.1	14.4	15.5	14.7	13.7	14.5	12.8	11.2	10.3	9.0	8.9	8.4	8.8	9.3	5.4	5.7	+0.3
12th Grade	31.6	29.9	28.9	30.8	33.2	31.3	34.2	32.9	32.9	32.3	32.7	30.3	30.9	32.5	30.2	30.0	28.7	27.6	27.4	26.8	25.0	28.1	26.0	23.5	20.6	20.4	19.1	17.5	17.5	19.8	15.5	16.8	+1.3

(Table continued on next page.)

# TABLE 5-5c (cont.) Trends in 30-Day Prevalence of Use of Various Drugs in Grades 8, 10, and 12

														Per	centaç	je who	used ii	ı last 3	0 days														2021–
	<u>1991</u>	1992	1993	1994	1995	<u>1996</u>	<u>1997</u>	<u>1998</u>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	2021	2022	2022 change
Flavored Alcoholic																																	
Beverages e,n																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	14.6		13.1			9.5	9.4	8.6	7.6	6.3	5.7	5.5	4.0	4.4	4.9	4.5	6.6	4.6	3.9	-0.8
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_			24.7				19.4		16.3		14.0		11.0	12.9	11.8	11.1	12.5	7.8	9.7	+1.9
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	31.1	30.5	29.3	29.1	27.4	27.4	24.1	23.1	21.8	21.0	19.9	20.8	18.3	20.2	18.1	18.5	§	15.3	21.2	+5.9 ss
Cigarettes																																	
Any Use																																	
8th Grade	14.3	15.5	16.7	18.6	19.1	21.0	19.4	19.1	17.5	14.6	12.2	10.7	10.2	9.2	9.3	8.7	7.1	6.8	6.5	7.1	6.1	4.9	4.5	4.0	3.6	2.6	1.9	2.2	2.3	2.2	1.1	8.0	-0.3
10th Grade	20.8	21.5	24.7	25.4	27.9	30.4	29.8	27.6	25.7	23.9	21.3	17.7	16.7	16.0	14.9	14.5	14.0	12.3	13.1	13.6	11.8	10.8	9.1	7.2	6.3	4.9	5.0	4.2	3.4	3.2	1.8	1.7	-0.2
12th Grade	28.3	27.8	29.9	31.2	33.5	34.0	36.5	35.1	34.6	31.4	29.5	26.7	24.4	25.0	23.2	21.6	21.6	20.4	20.1	19.2	18.7	17.1	16.3	13.6	11.4	10.5	9.7	7.6	5.7	7.5	4.1	4.0	-0.1
Smokeless Tobacco	t																																
8th Grade	6.9	7.0	6.6	7.7	7.1	7.1	5.5	4.8	4.5	4.2	4.0	3.3	4.1	4.1	3.3	3.7	3.2	3.5	3.7	4.1	3.5	2.8	2.8	3.0	3.2	2.5	1.7	2.1	2.5	2.3	1.6	1.2	-0.5
10th Grade	10.0	9.6	10.4	10.5	9.7	8.6	8.9	7.5	6.5	6.1	6.9	6.1	5.3	4.9	5.6	5.7	6.1	5.0	6.5	7.5	6.6	6.4	6.4	5.3	4.9	3.5	3.8	3.9	3.2	3.5	1.7	2.5	+0.8 s
12th Grade	_	11.4	10.7	11.1	12.2	9.8	9.7	8.8	8.4	7.6	7.8	6.5	6.7	6.7	7.6	6.1	6.6	6.5	8.4	8.5	8.3	7.9	8.1	8.4	6.1	6.6	4.9	4.2	3.5	§	2.2	3.2	+1.0
Large Cigars <sup>ii</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.9	2.4	1.5	1.5	1.7	1.3	1.5	1.1	0.5	-0.6
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.9	3.4	2.3	2.6	2.8	2.1	1.2	1.3	8.0	-0.5
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.4	7.0	6.5	5.6	5.2	5.3	§	2.3	2.3	0.0
Flavored Little Cigar	s <sup>ii</sup>																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.1	4.1	2.8	2.6	2.6	2.2	2.3	1.0	0.7	-0.3
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.9	6.1	4.9	4.0	5.3	3.7	3.0	1.5	1.4	-0.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	11.9	11.4	9.5	10.1	8.9	7.7	§	1.9	2.2	+0.2
Regular Little Cigars	ii																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.5	3.3	1.9	1.6	1.6	1.6	1.4	0.8	0.8	-0.1
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.4	3.8	3.0	3.0	3.1	2.6	2.4	1.2	1.1	-0.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	7.0	7.8	6.1	6.6	5.8	4.9	§	1.8	1.6	-0.2
Any Vaping bb,cc																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.0	6.2‡	6.6	10.4	12.2	12.5	8.9	8.9	0.0
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_				21.7	25.0	23.5	15.6	17.3	+1.7
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	16.3	12.5‡	16.6	26.7	30.9	28.2	24.0	25.6	+1.6
Vaping Nicotine bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.5	6.1	9.6	10.5	7.6	7.1	-0.5
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.2		19.9	19.3	13.1	14.2	+1.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_			25.5			20.7	

(Table continu**ps o**n next page.)

### TABLE 5-5c (cont.)

## Trends in 30-Day Prevalence of Use of Various Drugs in Grades 8, 10, and 12

														Per	centag	e who	used in	ı last 3	0 days														2021–
	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	2021	2022	2022 change
Vaping Marijuana bb																																	
8th Grade		_	_	_	_	_	_	_	_	_	_	_		_	_	_	_	_	_	_	_	_	_	_	_	_	1.6	2.6	3.9	4.2	2.9	4.2	+1.3 s
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.3	7.0	12.6	11.3	8.4	10.3	+1.9
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.9	7.5	14.0	12.2	12.4	14.8	+2.3 s
Vaping Just Flavorin	g <sup>bb</sup>																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	5.3	8.1	7.7	6.8	4.6	4.9	+0.3
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	9.2	13.1	10.5	10.4	6.3	7.4	+1.0
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	9.7	13.5	10.7	8.4	7.4	8.3	+0.9
Flavoring Vaping wit																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.7	3.6	1.9	1.2	0.9	0.9	0.0
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.8	4.1	2.0	2.0	0.7	8.0	+0.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	10.1	7.6	2.3	8.0	0.7	1.1	+0.3 s
Tobacco Using a Ho	okah <sup>ii</sup>																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.8	2.5	1.6	1.3	0.7	1.1	1.0	-0.1
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.0	3.0	2.4	2.4	1.0	0.7	1.0	+0.2
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.1	5.0	4.4	4.0	§	1.0	1.8	+0.8
Any Nicotine Use e,ge	9																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	12.3	11.2	9.4	8.7	-0.7
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	24.0	18.8	15.7	15.1	-0.5
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	25.6	32.5	33.6	§	24.6	24.8	+0.2
Any Nicotine Use other than Vaping <sup>e</sup>	,hh																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	5.9	4.7	3.2	2.7	-0.5
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.3	6.6	4.2	4.2	+0.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	20.6	18.5	15.7	§	7.7	8.3	+0.6
Steroids k,u																																	
8th Grade	0.4	0.5	0.5	0.5	0.6	0.4	0.5	0.5	0.7	8.0	0.7	8.0	0.7	0.5	0.5	0.5	0.4	0.5	0.4	0.3	0.4	0.3	0.3	0.2	0.3	0.3	0.3	0.3	0.3	0.3	0.2	0.5	+0.4 ss
10th Grade	0.6	0.6	0.5	0.6	0.6	0.5	0.7	0.6	0.9	1.0	0.9	1.0	0.8	8.0	0.6	0.6	0.5	0.5	0.5	0.5	0.5	0.4	0.4	0.4	0.4	0.3	0.3	0.4	0.4	0.5	0.1	0.3	+0.2 s
12th Grade	8.0	0.6	0.7	0.9	0.7	0.7	1.0	1.1	0.9	8.0	1.3	1.4	1.3	1.6	0.9	1.1	1.0	1.0	1.0	1.1	0.7	0.9	1.0	0.9	1.0	0.7	8.0	8.0	0.7	1.2	0.5	1.3	+0.8 sss
Legal Use of Over-	the-Cou	unter S	Stimula	ints																													
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	3.7	4.0	3.8	4.2	3.8	4.3	4.6	4.8	5.4	5.8	6.3	9.2	6.5	5.6	4.4	5.3	3.8	3.7	2.6	2.1	2.4	3.4	2.4	3.6	2.1	2.1	2.4	1.9	1.9	§	1.1	1.1	0.0

# TABLE 5-5c (cont.) Trends in 30-Day Prevalence of Use of Various Drugs in Grades 8, 10, and 12

														Per	centag	e who	used ir	ı last 3	0 days														2021–
	1991	1992	1993	1994	<u>1995</u>	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>kk</sup>	2020	2021	2022	2022 change
Stay-Awake Pills <sup>e</sup>																													-010				
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	6.8	7.2	7.0	6.3	7.3	7.5	7.8	7.4	6.8	7.3	7.2	5.8	5.0	4.5	4.2	4.2	3.3	2.6	2.3	1.6	2.2	1.9	1.5	1.7	1.2	1.7	1.6	1.2	1.1	§	0.5	8.0	+0.3
Look-Alikes <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	2.1	2.4	2.7	2.4	3.0	3.1	2.7	2.7	2.4	2.6	3.3	2.8	2.4	2.5	1.9	2.3	1.1	1.6	1.0	8.0	1.2	8.0	0.7	0.7	0.9	0.9	8.0	_	_	_	_	_	_
<b>Legal Use of Presc</b> Stimulant-Type <sup>n,dd</sup>		ADHD	Drugs	;																													
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.9	3.5	3.1	3.5	3.7	3.4	3.3	3.5	3.4	3.2	3.6	3.7	3.4	3.7	2.8	2.0	4.2	4.2	0.0
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.4	2.8	2.8	2.9	3.3	3.1	2.8	3.8	3.7	3.4	4.2	3.0	3.0	3.9	2.9	2.5	3.6	4.3	+0.7
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.9	2.3	2.6	2.9	2.9	3.0	3.3	3.8	4.4	3.8	4.0	3.9	3.4	3.5	3.2	3.1	3.4	5.6	+2.2 s
Non-Stimulant-Typ	e <sup>n,dd,ee</sup>																																
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.2	1.9	1.4	1.6	1.2	1.4	1.5	1.2	1.4	1.2	1.2	2.0	1.1	1.2	1.4	1.4	0.9	1.3	+0.4
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.3	2.3	1.6	1.7	1.9	1.6	1.3	1.3	1.3	1.4	1.7	1.2	1.0	1.4	1.8	1.8	1.5	1.3	-0.2
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.6	1.6	1.7	1.9	1.5	2.3	1.9	1.8	1.8	2.2	1.5	2.1	2.5	2.6	2.3	1.7	2.3	3.5	+1.2
Either Type n,dd,ee																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.1	5.2	4.5	5.1	4.9	4.7	4.9	4.7	5.0	4.6	4.9	5.6	4.7	5.2	3.8	2.7	5.5	5.4	-0.1
10th Grade	_	_	_	_	_	_	_	_		_	_	_	_	_	5.6	4.8	4.2	4.5	5.0	4.6	4.2	5.1	5.0	4.8	5.8	4.3	4.0	5.1	4.4	4.0	4.8	5.3	+0.4
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.5	3.7	4.1	4.4	4.3	5.2	5.1	5.5	6.0	5.5	5.3	5.6	5.7	5.9	5.0	4.2	5.2	8.4	+3.2 s
Previously surveye	ed drugs	s that	have b	een di	ropped	l.																											
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	0.4	0.3	0.6	0.4	0.4	0.7	0.7	1.0	0.4	0.3	0.5	0.6	0.7	0.7	0.5	0.3	0.5	0.3	0.6	_	_	_	_	_	_	_	_	_	_	_	_	_	_
PCP °																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	0.5	0.6	1.0	0.7	0.6	1.3	0.7	1.0	8.0	0.9	0.5	0.4	0.6	0.4	0.7	0.4	0.5	0.6	0.5	8.0	8.0	0.5	0.4	_	_	_	_	_	_	_	_	_	_
Heroin With a Needl	e <sup>j</sup>																																
8th Grade	_	_	_	_	0.4	0.5	0.4	0.5	0.4	0.3	0.4	0.3	0.3	0.3	0.3	0.2	0.3	0.3	0.3	0.3	0.2	0.2	0.2	0.2	0.1	0.1	0.2	0.1	0.1	0.2	0.0	_	_
10th Grade	_	_	_	_	0.3	0.3	0.3	0.4	0.3	0.3	0.2	0.3	0.2	0.3	0.3	0.3	0.3	0.2	0.3	0.2	0.2	0.2	0.2	0.3	0.1	0.2	0.1	0.1	0.2	0.1	0.1	_	_
12th Grade	_	_	_	_	0.3	0.4	0.3	0.2	0.2	0.2	0.2	0.3	0.3	0.2	0.3	0.3	0.2	0.2	0.1	0.4	0.4	0.3		0.3	0.2	0.2	0.2	0.2	0.3	0.1	0.1	_	_

(Table continues 20 n next page.)

# TABLE 5-5c (cont.) Trends in 30-Day Prevalence of Use of Various Drugs in Grades 8, 10, and 12

																2021-																	
	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	2004	2005	2006	2007	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	2020	2021	2022	2022 <u>change</u>
Heroin Without a Nee	edle <sup>j</sup>																																
8th Grade	_	_	_	_	0.3	0.4	0.4	0.3	0.4	0.3	0.4	0.3	0.3	0.3	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.1	0.2	0.1	0.1	0.1	0.2	0.1	0.1	0.2	0.0	_	_
10th Grade	_	_	_	_	0.3	0.3	0.4	0.5	0.5	0.4	0.2	0.4	0.2	0.3	0.3	0.3	0.2	0.3	0.2	0.3	0.2	0.2	0.2	0.2	0.2	0.1	0.1	0.0	0.2	0.1	0.0	_	_
12th Grade	_	_	_	_	0.6	0.4	0.6	0.4	0.4	0.7	0.3	0.5	0.4	0.3	0.5	0.3	0.4	0.2	0.3	0.4	0.4	0.2	0.2	0.4	0.3	0.1	0.2	0.1	0.2	0.1	0.1	_	_
Methaqualone <sup>e,k</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	0.2	0.4	0.1	0.4	0.4	0.6	0.3	0.6	0.4	0.2	0.5	0.3	0.4	0.5	0.5	0.4	0.4	0.2	0.3	0.2	0.2	0.3	_	_	_	_	_	_	_	_	_	_	_
JUUL <sup>jj</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.5	6.3	3.3	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	18.5	12.3	4.6	_	_
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	20.8	12.9	6.8		_

Source. The Monitoring the Future study, the University of Michigan.

Note: See footnotes following Table 5-5e.

TABLE 5-5d
Trends in 30-Day Prevalence of <u>Daily</u> Use of Various Drugs and <u>Binge Drinking</u> in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	<u>2004</u>	<u>2005</u>	2006	2007	2008	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	2020	2021	<u>2022</u>	2021- 2022 <u>change</u>
Marijuana/Hashish Used Daily in Past 30	Days <sup>aa,</sup>	11																															
8th Grade	0.2	0.2	0.4	0.7	0.8	1.5	1.1	1.1	1.4	1.3	1.3	1.2	1.0	8.0	1.0	1.0	8.0	0.9	1.0	1.2	1.3	1.1	1.1	1.0	1.1	0.7	8.0	0.7	1.3	1.1	0.6	0.7	+0.1
10th Grade	8.0	8.0	1.0	2.2	2.8	3.5	3.7	3.6	3.8	3.8	4.5	3.9	3.6	3.2	3.1	2.8	2.8	2.7	2.8	3.3	3.6	3.5	4.0	3.4	3.0	2.5	2.9	3.4	4.8	4.4	3.2	2.1	-1.0
12th Grade	2.0	1.9	2.4	3.6	4.6	4.9	5.8	5.6	6.0	6.0	5.8	6.0	6.0	5.6	5.0	5.0	5.1	5.4	5.2	6.1	6.6	6.5	6.5	5.8	6.0	6.0	5.9	5.8	6.4	6.9	5.8	6.3	+0.6
Ever Used Daily for M	onth or I	More in	Lifetin	ne <sup>e</sup>																													
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
12th Grade	9.0	8.4	9.6	11.3	12.1	15.7	18.8	18.0	17.9	17.0	18.0	15.5	16.4	17.8	14.5	16.6	15.7	15.1	14.9	15.5	17.4	18.2	15.8	13.7	12.4	14.3	13.9	12.3	14.9	§	12.4	13.6	+1.2
Alcohol s,aa,nn																																	
Any Daily Use																																	
8th Grade	0.5	0.6‡	1.0	1.0	0.7	1.0	8.0	0.9	1.0	0.8	0.9	0.7	8.0	0.6	0.5	0.5	0.6	0.7	0.5	0.5	0.4	0.3	0.3	0.3	0.2	0.2	0.2	0.1	0.2	0.4	0.3	0.1	-0.1
10th Grade	1.3	1.2‡	1.8	1.7	1.7	1.6	1.7	1.9	1.9	1.8	1.9	1.8	1.5	1.3	1.3	1.4	1.4	1.0	1.1	1.1	0.8	1.0	0.9	8.0	0.5	0.5	0.6	0.5	0.6	1.0	0.4	0.4	0.0
12th Grade	3.6	3.4‡	3.4	2.9	3.5	3.7	3.9	3.9	3.4	2.9	3.6	3.5	3.2	2.8	3.1	3.0	3.1	2.8	2.5	2.7	2.1	2.5	2.2	1.9	1.9	1.3	1.6	1.2	1.7	2.7	0.9	1.5	+0.6 s
Been Drunk Daily <sup>o,aa</sup>																																	
8th Grade	0.1	0.1	0.2	0.3	0.2	0.2	0.2	0.3	0.4	0.3	0.2	0.3	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.2	0.1	0.1	0.1	0.1	0.1	0.0	0.0	0.0	0.1	0.2	0.1	0.0	0.0
10th Grade	0.2	0.3	0.4	0.4	0.6	0.4	0.6	0.6	0.7	0.5	0.6	0.5	0.5	0.4	0.4	0.5	0.5	0.3	0.4	0.3	0.2	0.4	0.3	0.3	0.1	0.1	0.2	0.2	0.2	0.3	0.1	0.2	0.0
12th Grade	0.9	8.0	0.9	1.2	1.3	1.6	2.0	1.5	1.9	1.7	1.4	1.2	1.6	1.8	1.5	1.6	1.3	1.4	1.1	1.6	1.3	1.5	1.3	1.1	8.0	8.0	1.1	0.7	1.1	8.0	0.4	8.0	+0.4
5+ Drinks in a Row																																	
in Last 2 Weeks																																	
8th Grade	10.9	11.3	11.3	12.1	12.3	13.3	12.3	11.5	13.1	11.7	11.0	10.3	9.8	9.4	8.4	8.7	8.3	8.1	7.8	7.2	6.4	5.1	5.1	4.1	4.6	3.4	3.7	3.7	3.8	4.5	2.8	2.2	-0.5
10th Grade	21.0	19.1	21.0	21.9	22.0	22.8	23.1	22.4	23.5	24.1	22.8	20.3	20.0	19.9	19.0	19.9	19.6	16.0	17.5	16.3	14.7	15.6	13.7	12.6	10.9	9.7	9.8	8.7	8.5	9.6	5.9	5.9	+0.1
12th Grade	29.8	27.9	27.5	28.2	29.8	30.2	31.3	31.5	30.8	30.0	29.7	28.6	27.9	29.2	27.1	25.4	25.9	24.6	25.2	23.2	21.6	23.7	22.1	19.4	17.2	15.5	16.6	13.8	14.4	16.8	11.8	12.6	+0.8

(Table continued on next page.)

# TABLE 5-5d (cont.) Trends in 30-Day Prevalence of <u>Daily</u> Use of Various Drugs and <u>Binge Drinking</u> in Grades 8, 10, and 12

(Entries are percentages.)

10+ Drinks in a Row	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	<u>2020</u>	<u>2021</u>	2022	2021– 2022 <u>change</u>
in Last 2 Weeks <sup>e,ff</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.2	1.1	1.1	1.7	0.9	1.0	0.6	-0.4
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.0	3.6	3.3	3.3	2.5	2.1	1.9	
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	10.6	12.9	11.1	10.4	10.6	9.9	9.8	10.4	8.1	7.1	6.1	4.4	6.0	4.6	5.3	§	3.2		+1.1
15+ Drinks in a Row in Last 2 Weeks <sup>e</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
10th Grade 12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	 	_ 7.0	<del></del> 5.6	— 5.6	6.0	_	_	— 5.5	44	_	_	_	_	_	_	_	_	_	_
12th Grade	_	_	_	_	_	_	_	_	_		_	_	_	_	5.7	7.2	5.6	5.0	6.0	6.3	4.6	5.5	4.4	4.1	3.5	2.3	3.1	2.5	3.2	§	1.3	2.4	+1.1
Cigarettes																																	
Any Daily Use																																	
8th Grade	7.2	7.0	8.3	8.8	9.3	10.4	9.0	8.8	8.1	7.4	5.5	5.1	4.5	4.4	4.0	4.0	3.0	3.1	2.7	2.9	2.4	1.9	1.8	1.4	1.3	0.9	0.6	0.8	0.8	0.8	0.4	0.3	-0.1
10th Grade	12.6	12.3	14.2	14.6	16.3	18.3	18.0	15.8	15.9	14.0	12.2	10.1	8.9	8.3	7.5	7.6	7.2	5.9	6.3	6.6	5.5	5.0	4.4	3.2	3.0	1.9	2.2	1.8	1.3	1.2	0.8	0.7	-0.1
12th Grade	18.5	17.2	19.0	19.4	21.6	22.2	24.6	22.4	23.1	20.6	19.0	16.9	15.8	15.6	13.6	12.2	12.3	11.4	11.2	10.7	10.3	9.3	8.5	6.7	5.5	4.8	4.2	3.6	2.4	3.1	2.0	1.6	-0.4
1/2 Pack+/Day																																	
8th Grade	3.1	2.9	3.5	3.6	3.4	4.3	3.5	3.6	3.3	2.8	2.3	2.1	1.8	1.7	1.7	1.5	1.1	1.2	1.0	0.9	0.7	0.6	0.7	0.5	0.4	0.3	0.2	0.3	0.2	0.1	0.2	0.1	0.0
10th Grade	6.5	6.0	7.0	7.6	8.3	9.4	8.6	7.9	7.6	6.2	5.5	4.4	4.1	3.3	3.1	3.3	2.7	2.0	2.4	2.4	1.9	1.5	1.5	1.2	1.0	0.6	0.7	0.7	0.5	0.6	0.3	0.3	0.0
12th Grade	10.7	10.0	10.9	11.2	12.4	13.0	14.3	12.6	13.2	11.3	10.3	9.1	8.4	8.0	6.9	5.9	5.7	5.4	5.0	4.7	4.3	4.0	3.4	2.6	2.1	1.8	1.7	1.5	0.9	1.4	8.0	0.9	+0.1
Vaping Nicotine bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.0‡	0.8	1.1	1.2	+0.1
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.8‡	3.0	2.5	3.3	+0.8
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	11.6‡	5.2	5.4	6.2	+0.8
Vaping Marijuana bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	0.8‡	0.2	0.4	0.6	+0.2
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.0‡	0.9	1.2	1.3	+0.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.5‡	1.6	1.7	2.1	+0.4
Vaping Just Flavoring bb																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.2‡	0.4	0.5	0.6	+0.1
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.0‡	1.2	0.9	1.0	+0.1
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.8‡	1.4	8.0	1.7	+0.9 sss

(Table continued on next page.)

### TABLE 5-5d (cont.)

## Trends in 30-Day Prevalence of <u>Daily</u> Use of Various Drugs and <u>Binge Drinking</u> in Grades 8, 10, and 12

(Entries are percentages.)

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	<u>2002</u>	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	<u>2008</u>	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>kk</sup>	<u>2020</u>	<u>2021</u>	<u>2022</u>	2021– 2022 <u>change</u>
Smokeless Tobacco Daily <sup>t</sup>																																	
8th Grade	1.6	1.8	1.5	1.9	1.2	1.5	1.0	1.0	0.9	0.9	1.2	8.0	8.0	1.0	0.7	0.7	8.0	0.8	8.0	0.9	8.0	0.5	0.5	0.5	8.0	0.6	0.4	0.3	0.5	0.5	0.4	0.3	-0.2
10th Grade	3.3	3.0	3.3	3.0	2.7	2.2	2.2	2.2	1.5	1.9	2.2	1.7	1.8	1.6	1.9	1.7	1.6	1.4	1.9	2.5	1.7	2.0	1.9	1.8	1.6	1.0	0.6	1.0	0.9	0.7	0.4	0.7	+0.4 s
12th Grade	_	4.3	3.3	3.9	3.6	3.3	4.4	3.2	2.9	3.2	2.8	2.0	2.2	2.8	2.5	2.2	2.8	2.7	2.9	3.1	3.1	3.2	3.0	3.4	2.9	2.7	2.0	1.6	1.1	§	0.7	1.1	+0.5
Legal Use of Stimulan	ts																																
Energy Drinks 1 or More Daily <sup>e,z</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	18.6	17.7	16.3	14.2	12.8	12.1	11.3	10.1	10.3	10.5	§	13.8	15.0	+1.1
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	13.6	11.4	10.8	10.3	9.6	7.8	9.2	8.8	9.1	10.5	§	12.6	16.2	+3.6 ss
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	12.3	9.5	9.2	8.2	8.3	7.8	9.8	9.4	10.1	11.6	§	13.1	16.5	+3.4
Energy Shots 1 or More Daily <sup>e,z</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	6.4	6.8	5.7	5.6	4.2	5.3	4.4	4.0	3.7	4.6	§	3.7	4.5	+0.8
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.3	4.6	4.0	4.0	3.4	2.6	3.3	3.3	3.8	4.1	§	2.6	4.7	+2.1 sss
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	4.3	4.0	2.7	2.5	2.1	3.1	4.1	3.8	4.2	4.1	§	2.9	3.3	+0.4
Either Energy Drinks																																	
or Energy Shots 1 or More Daily <sup>e,z</sup>																																	
8th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	19.5	18.9	17.2	15.4	13.5	13.0	12.3	11.1	11.4	11.7	§	14.5	16.1	+1.6
10th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_				11.3	10.1	8.4	10.0	9.5	9.9	11.6	8	13.2		+4.3 ss
12th Grade	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	13.5		9.9	9.1	9.3				11.2		§	14.3		

Source. The Monitoring the Future study, the University of Michigan.

Note. See footnotes following Table 5-5e.

#### Footnotes for Tables 5-5a through 5-5d

#### **Approximate**

Weighted Ns	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007
8th Graders	17,500	18,600	18,300	17,300	17,500	17,800	18,600	18,100	16,700	16,700	16,200	15,100	16,500	17,000	16,800	16,500	16,100
10th Graders	14,800	14,800	15,300	15,800	17,000	15,600	15,500	15,000	13,600	14,300	14,000	14,300	15,800	16,400	16,200	16,200	16,100
12th Graders	15,000	15,800	16,300	15,400	15,400	14,300	15,400	15,200	13,600	12,800	12,800	12,900	14,600	14,600	14,700	14,200	14,500

#### **Approximate**

Weighted Ns	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2017	2018	2019	2020	2021	2022
8th Graders	15,700	15,000	15,300	16,000	15,100	14,600	14,600	14,400	16,900	15,300	15,300	14,000	13,600	3,100	10,700	9,300
10th Graders	15,100	15,900	15,200	14,900	15,000	12,900	13,000	15,600	14,700	13,500	13,500	14,300	14,000	4,800	11,000	11,200
12th Graders	14,000	13,700	14,400	14,100	13,700	12,600	12,400	12,900	11,800	12,600	12,600	13,300	12,900	3,500	8,300	8,900

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. '‡' indicates that the question changed in the following year. See relevant footnote for that drug. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§ Insufficient data for 2020 estimate, due to curtailed data collection during the COVID-19 pandemic.

<sup>a</sup>For 12th graders only: Use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of narcotics other than heroin, amphetamines, sedatives (barbiturates), or tranquilizers not under a doctor's orders. For 8th and 10th graders only: The use of narcotics other than heroin and sedatives (barbiturates) has been excluded because these younger respondents appear to overreport use (perhaps because they include the use of nonprescription drugs in their answers). Due to changes in the amphetamines questions 2013 data for all grades for any illicit drug use, any illicit drug use other than marijuana and 8th and 10th grade any illicit drug use including inhalants are based on one half of theV indicated. 12th grade any illicit drug use including inhalants data are based on one form; *N* is one sixth of *N* indicated. 2014 data are based on all forms. See the amphetamine note for details.

bln 2001 the question text was changed on half of the questionnaire forms for each age group. Other psychedelics was changed to other hallucinogens and shrooms was added to the list of examples. For the tranquilizer list of examples, Miltown was replaced with Xanax. For 8th, 10th, and 12th graders: The 2001 data presented here are based on the changed forms only N is one half of N indicated. In 2002 the remaining forms were changed to the new wording. The data are based on all forms beginning in 2002. Data for any illicit drug other than marijuana and data for hallucinogens are also affected by these changes and have been handled in a parallel manner. Hallucinogens, LSD, and hallucinogens other than LSD are based on five of six forms beginning in 2014N is five sixths of N indicated.

<sup>c</sup>For 12th graders only: Data based on five of six forms in 1991–1998; *N* is five sixths of *N* indicated. Data based on three of six forms beginning in 1999; *N* is three sixths of *N* indicated. For 8th and 10th graders only, beginning in 2014 data based on two thirds on indicated.

<sup>e</sup>For 12th graders only: Data based on one of six forms; *N* is one sixth of *N* indicated. In 2011 for flavored alcoholic beverages Skyy Blue and Zima were dropped from the list of examples. An examination of the data did not show any effect from the wording change. In 2014 the PCP use questions were dropped; annual PCP use was moved to another form. In 2016 a question on use of tobacco using a hookah was added to two additional forms; *N* is three sixths of *N* indicated.

fHallucinogens are unadjusted for underreporting of PCP.

<sup>9</sup>For 8th and 10th graders only: Data based on one of two forms in 1996; *N* is one half of *N* indicated. Data based on one third of *N* indicated in 1997–2001 due to changes in the questionnaire forms. Data based on two of four forms beginning in 2002; *N* is one half of *N* indicated. In 2014 a revised question on use of ecstasy (MDMA) including "Molly" was added to one form. The 2013 and 2014 "Original wording" data reported here are for only the questionnaires using the original question wording *N* is one half of *N* indicated. Beginning in 2014 data

(Footnote continued on next page.)

<sup>&</sup>lt;sup>d</sup>Inhalants are unadjusted for underreporting of amyl and butyl nitrites.

#### Footnotes for Tables 5-5a through 5-5d (cont.)

reported here for the "Revised wording" are for only the questionnaires which include "Molly;N is two sixths of N indicated in 2014 and five sixths of the N indicated in 2015. For 12th graders only: Data based on one of six forms in 1996–2001;N is one sixth of N indicated Data based on two of six forms beginning in 2002;N is two sixths of N indicated. In 2014 a revised question on use of ecxtasy (MDMA) including "Molly" was added to one form. The 2013 and 2014 "Original wording" data reported here are for only the questionnaires using the original question wording; N is two sixths of N indicated. Beginning in 2014 data reported for the "Revised wording" are for only the questionnaires which include "Molly.";N is one sixth of the N indicated in 2014 and three sixths of the N indicated in 2015.

<sup>h</sup>For 12th graders only: Data based on four of six forms; N is four sixths of N indicated.

in 1995 the heroin question was changed in one of two forms for 8th and 10th graders and in three of six forms for 12th graders. Separate questions were asked for use with and without injection. In 1996, the heroin question was changed in the remaining 8th-and 10th-grade forms. Data presented here represent the combined data from all forms.

<sup>j</sup>For 8th and 10th graders only: Data based on one of two forms in 1995;*N* is one half of *N* indicated. Data based on all forms in 1996 through 2014. In 2015 the question was dropped from 1 form;*N* is four sixths of *N* indicated. For 12th graders only: Data based on three of six forms: *N* is three sixths of *N* indicated.

<sup>k</sup>Only drug use not under a doctor's orders is included here.

In 2002 the question text was changed in half of the questionnaire forms. The list of examples of narcotics other than heroin was updated: Talwin, laudanum, and paregoric—all of which had negligible rates of use by 2001—were replaced with Vicodin, OxyContin, and Percocet. The 2002 data presented here are based on the changed forms onlyN is one half of N indicated. In 2003, the remaining forms were changed to the new wording. The data are based on all forms beginning in 2003. In 2013 the list of examples was changed on one form: MS Contin, Roxycodone, Hydrocodone (Lortab, Lorcet, Norco), Suboxone, Tylox, and Tramadol were added to the list. An examination of the data did not show any effect from the wording change.

<sup>m</sup>For 8th, 10th, and 12th graders: In 2009, the question text was changed slightly in half of the forms. An examination of the data did not show any effect from the wording change. In 2010 the remaining forms were changed in a like manner. In 2011 the question text was changed slightly in one form; bennies, Benzedrine and Methadrine were dropped from the list of examples. An examination of the data did not show any effect from the wording change. In 2013 the question wording was changed slightly in two of the 8th and 10th grade questionnaires and in three of the 12th grade questionnaires. The new wording in 2013 asked "On how many occasions (if any) have taken amphetamines or other prescription stimulant drugs..." In contrast, the old wording did not include the text highlighted in red.

Results in 2013 indicated higher prevalence in questionnaires with the new wording as compared to the old wording; it was proportionally 61% higher in 8th grade, 34% higher in 10th grade, and 21% higher in 12th grade. 2013 data are based on the changed forms only; for 8th, 10th, and 12th graders N is one half of N indicated. Beginning in 2014 all questionnaires included the new, updated wording.

<sup>n</sup>For 8th and 10th graders only: Data based on one of four forms; *N* is one third of *N* indicated. See text for detailed explanation. In 2011 for flavored alcoholic beverages: Skyy Blue and Zima were dropped from the list of examples. An examination of the data did not show any effect from the wording change. Annual synthetic marijuana use questions asked of one third of *N* indicated.

<sup>o</sup>For 12th graders only: Data based on two of six forms; N is two sixths of N indicated. Bidis and kreteks based on one of six forms beginning in 2009; N is one sixth N indicated.

PFor 12th graders only: In 2004 the barbiturate question text was changed on half of the questionnaire forms. Barbiturates was changed to sedatives including barbiturates, and "have you taken barbiturates..." was changed to "have you taken sedatives..." In the list of examples downs, downers, goofballs, yellow, reds, blues, rainbows were changed to downs, or downers, and include Phenobarbital, Tuinal, Nembutal, and Seconal. An examination of the data did not show any effect from the wording change. In 2005 the remaining forms were changed in a like manner. In 2013 the question text was changed in all forms: Tuinal, Nembutal, and Seconal were replaced with Ambien, Lunesta, and Sonata. In one form the list of examples was also changed: Tuinal was dropped from the list and Dalmane, Restoril, Halcion, Intermezzo, and Zolpimist were added. An examination of the data did not show any effect from the wording change.

#### Footnotes for Tables 5-5a through 5-5d (cont.)

<sup>q</sup>The use of any prescription drug includes use of any of the following: amphetamines, sedatives (barbiturates), narcotics other than heroin, or tranquilizers "...without a doctor telling you to use them."

For 8th and 10th graders only: Data based on one of two forms in 1996; *N* is one half of *N* indicated. Data based on three of four forms in 1997–1998; *N* is two thirds of *N* indicated. Data based on two of four forms in 1999–2001; *N* is one third of *N* indicated. Data based on one of four forms beginning in 2002; *N* is one sixth of *N* indicated. See text for detailed explanation. For 12th graders only: Data based on one of six forms in 1996–2001; *N* is one sixth of *N* indicated. Data based on two of six forms in 2002–2009; *N* is two sixths of *N* indicated. Data for 2001 and 2002 are not comparable due to changes in the questionnaire forms. Data based on one of six forms beginning in 2010; *N* is one sixth of *N* indicated.

<sup>s</sup>For 8th, 10th, and 12th graders: In 1993, the question text was changed slightly in half of the forms to indicate that a drink meant more than just a few sips. The 1993 data are based on the changed forms only; *N* is one half of *N* indicated for these groups. In 1994 the remaining forms were changed to the new wording. The data are based on all forms beginning in 1994. In 2004, the question text was changed slightly in half of the forms. An examination of the data did not show any effect from the wording change. The remaining forms were changed in 2005.

<sup>t</sup>For 8th and 10th graders only. Data based on one of two forms for 1991–1996 and on two of four forms beginning in 1997*N* is one half of *N* indicated. For 12th graders only. Data based on one of six forms; *N* is one sixth of *N* indicated. For all grades in 2011: snus and dissolvable tobacco were added to the list of examples. An examination of the data did not show any effect from the wording change.

"For 8th and 10th graders only: In 2006, the question text was changed slightly in half of the questionnaire forms. An examination of the data did not show any effect from the wording change. In 2007 the remaining forms were changed in a like manner. In 2008 the question text was changed slightly in half of the questionnaire forms. An examination of the data did not show any effect from the wording change. In 2009 the remaining forms were changed in a like manner. For 12th graders only: Data based on two of six forms in 1991–2005 and; again beginning in 2019; N is two sixths of N indicated. Data based on three of six forms in 2006-2018; N is three sixths of N indicated. In 2006 a slightly altered version of the question was added to a third form. An examination of the data did not show any effect from the wording change. In 2007 the remaining forms were changed in a like manner. In 2008 the question text was changed slightly in two of the questionnaire forms. An examination of the data did not show any effect from the wording change. In 2009 the remaining form was changed in a like manner.

<sup>v</sup>For 12th graders only: Data based on two of six forms in 2002–2005; *N* is two sixths of *N* indicated. Data based on three of six forms beginning in 2006; *N* is three sixths of *N* indicated.

\*For 12th graders only: Data based on two of six forms in 2000; *N* is two sixths of *N* indicated. Data based on three of six forms in 2001; *N* is three sixths of *N* indicated. Data based on one of six forms beginning in 2002; *N* is one sixth of *N* indicated.

<sup>x</sup>For 12th graders only: Data based on two of six forms in 2000; *N* is two sixths of *N* indicated. Data based on three of six forms in 2001–2009; *N* is three sixths of *N* indicated. Data based on two of six forms beginning in 2010; *N* is two sixths of *N* indicated.

<sup>y</sup>The 2003 flavored alcoholic beverage data were created by adjusting the 2004 data to reflect the change in the 2003 and 2004 alcopops data.

<sup>2</sup>For 8th and 10th graders only: Data based on one of four forms; *N* is one third of *N* indicated. See text for detailed explanation. For 12th graders only: Data based on two of six forms; *N* is two sixths of *N* indicated. For all grades: In 2011 the question text was "...had an alcoholic beverage containing caffeine (like Four Loko or Joose)." In 2012 the question text was changed to "...had an alcoholic beverage mixed with an energy drink (like Red Bull)." An examination of the data did not show any effect from the wording changes.

aa Daily use is defined as use on 20 or more occasions in the past 30 days except for cigarettes and smokeless tobacco, for which actual daily use is measured, and for 5+ drinks, for which the prevalence of having five or more drinks in a row in the last two weeks is measured.

bb8th and 10th grade data based on one third of *N* indicated until 2019. In 2019, data based on two thirds of *N* indicated. 12th grade data based on two of six forms until 2019; N is two sixths of N indicated. In 2019, data based on four of six forms; *N* is four sixths of *N* indicated. Beginning in 2020, data based on all available forms for 8th, 10th, and 12th graders except for daily use. Daily use based on two thirds of *N* indicated in 2020 and all forms beginning in 2021.

For androstenedione, beginning in 2016, data based on one form. N is one sixth of N indicated.

<sup>cc</sup>In 2017, the surveys switched from asking about vaping in general to asking separately about vaping nicotine, marijuana, and just flavoring. Beginning in 2017, data presented for any vaping are based on these new questions.

<sup>dd</sup>In 2005, data omitted for one of the questionnaire forms due to an error in the skip pattern in the questionnaire. In 2005, data based on one of six forms and *N* is one sixth of *N* indicated. Beginning in 2006, data based on two of six forms and *N* is two sixths of *N* indicated.

#### Footnotes for Tables 5-5a through 5-5d (cont.)

eeFor the use of prescription ADHD drugs, the question is asked differently than that for other drugs presented here. Therefore, the estimates indicate youth who reported "Yes, I take them now."

<sup>II</sup>For 8th and 10th graders only: In 2019, data based on one sixth of N indicated. In 2020, data based on two thirds of N indicated. Beginning in 2021, data based on one half of N indicated. For 12th graders only: In 2019, data based on one sixth of N indicated. In 2020, data based on all forms. In 2021, data based on two thirds of N indicated. Beginning in 2022, data based on one sixth of N indicated.

kth Drug prevalence results in 2019 combine results from paper-and-pencil surveys with those completed using electronic tablets. In 2019, students in a randomly-selected half of schools completed MTF surveys on paper-and-pencil and students in the other half completed the surveys using electronic tablets. Analysis of this randomized controlled trial demonstrated that these results did not significantly differ across survey mode (Miech, R.A., Couper, M.P., Heeringa, S.G., and Patrick, M.E. The Impact of Survey Mode on US National Estimates of Adolescent Drug Prevalence: Results from a Randomized Controlled Study, Addiction). Results for student attitudes and beliefs in 2019 are based on answers from paper-and-pencil surveys only because these appear more susceptible to survey mode effects.

<sup>II</sup>For 8th and 10th graders only: Beginning in 2021, the question on marijuana use was changed in half of the questionnaire forms to include smoking, vaping, and edibles in the list of examples. Data presented here for 2021-forward based on the forms that included the original question wording. N is one half of N indicated. Any illicit drug use, any illicit drug use including inhalants, and abstainers were also impacted by this change.

<sup>&</sup>lt;sup>ff</sup>For 8th and 10th graders only: Data based on two of four forms; N is one third of N indicated.

<sup>&</sup>lt;sup>99</sup>Includes use of any of the following: cigarettes, large cigars, flavored small cigars, regular small cigars, tobacco using a hookah, smokeless tobacco, or vaping nicotine.

hh Includes use of any of the following: cigarettes, large cigars, flavored small cigars, regular small cigars, tobacco using a hookah, or smokeless tobacco.

<sup>&</sup>lt;sup>ii</sup>For 8th and 10th graders only: Data based on one third of *N* indicated. For 12th graders only: Data based on one of six forms; *N* is one sixth of *N* indicated.

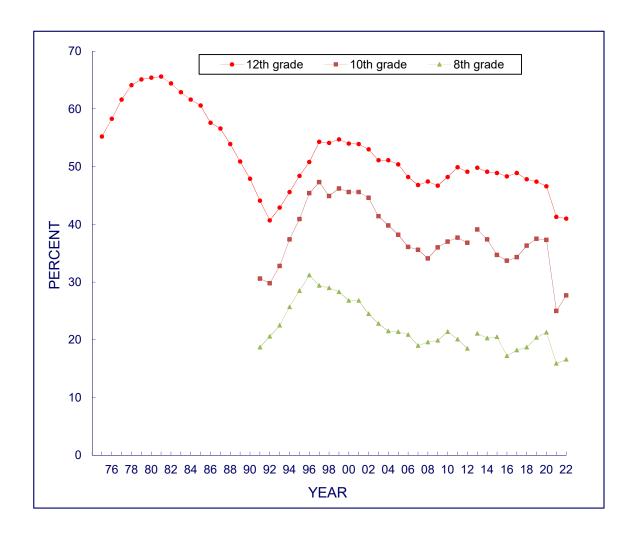
mmRespondents who report no use of alcohol, marijuana, or nicotine (either vaping or cigarettes).

<sup>&</sup>lt;sup>nn</sup>A survey change that removed a skip pattern in 2022 resulted in higher levels of inconsistent responses for alcohol use among 8th and 10th grade students. Specifically, as a result of the change adolescents were more likely to indicate an inconsistent pattern (i.e., report lifetime alcohol use early in the survey but then later report that they had never used alcohol). These inconsistent responders were coded as missing in 2022; the skip pattern will be reintroduced into the survey in 2023.

### FIGURE 5-1a

### **Any Illicit Drug Use**

### Trends in **Lifetime** Prevalence by Grade



Source. The Monitoring the Future study, the University of Michigan.

Notes.

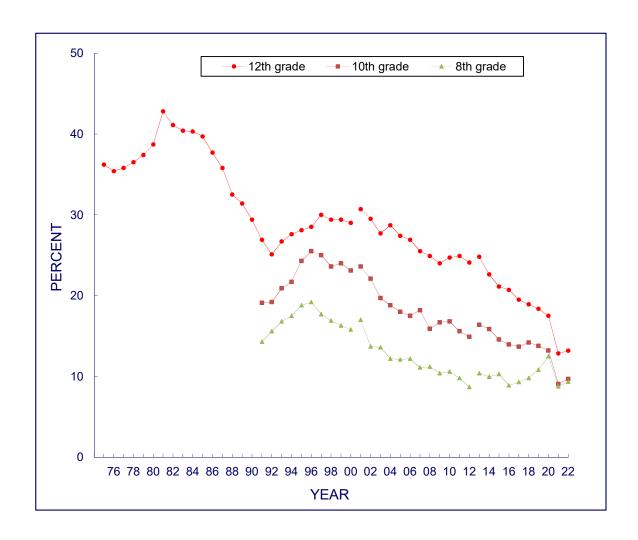
For 12th graders, use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of other narcotics, stimulants, sedatives (barbiturates), methaqualone (excluded since 1990), or tranquilizers which are not under a doctor's orders.

For 8th and 10th graders, use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of stimulants or tranquilizers which are not under a doctor's orders.

Beginning in 2013, revised sets of questions on amphetamine use were introduced, which affected data for any illicit drug use.

### FIGURE 5-1b

# **Any Illicit Drug Use other than Marijuana Trends in Lifetime Prevalence by Grade**



Source. The Monitoring the Future study, the University of Michigan.

Notes.

For 12th graders, use of any illicit drug other than marijuana includes any use of LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of other narcotics, stimulants, sedatives (barbiturates), methaqualone (excluded since 1990), or tranquilizers which are not under a doctor's orders.

For 8th and 10th graders, use of any illicit drug other than marijuana includes any use of LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of stimulants or tranquilizers which are not under a doctor's orders.

Beginning in 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced.

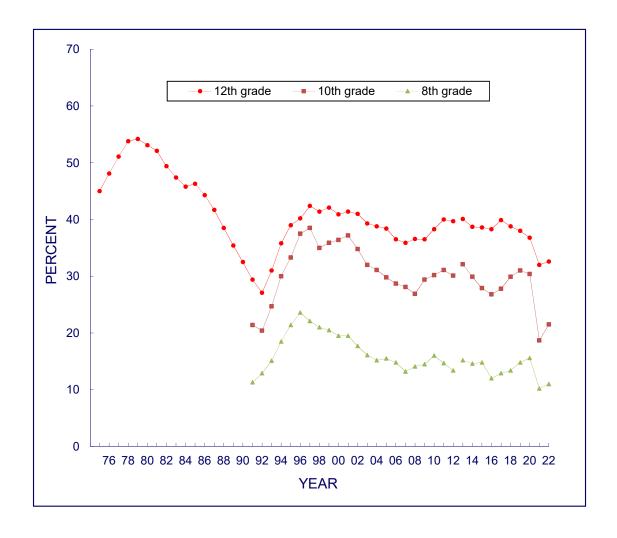
Data for any illicit drug other than marijuana are affected by these changes.

Beginning in 2013, revised sets of questions on amphetamine use were introduced, which affected data for any illicit drug use other than marijuana.

### FIGURE 5-2a

### **Any Illicit Drug Use**

### Trends in **Annual** Prevalence by Grade



Source. The Monitoring the Future study, the University of Michigan.

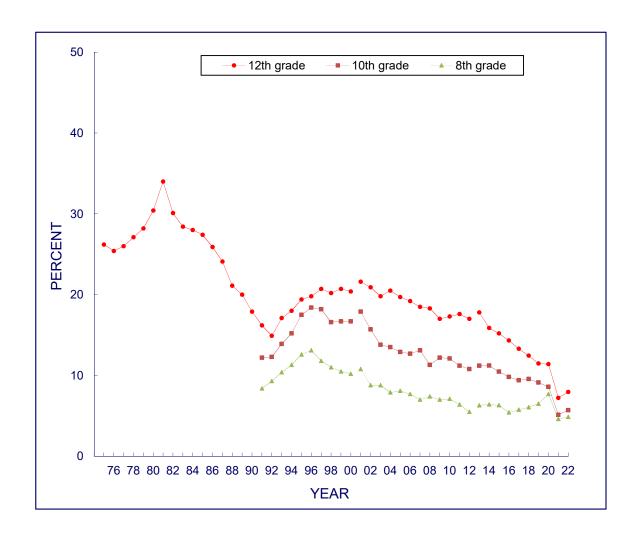
Notes. For 12th graders, use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of other narcotics, stimulants, sedatives (barbiturates), methaqualone (excluded since 1990), or tranquilizers which are not under a doctor's orders.

For 8th and 10th graders, use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of stimulants or tranquilizers which are not under a doctor's orders.

Beginning in 2013, revised sets of questions on amphetamine use were introduced, which affected data for any illicit drug use.

### FIGURE 5-2b

# **Any Illicit Drug Use other than Marijuana Trends in <u>Annual</u> Prevalence by Grade**



Source. The Monitoring the Future study, the University of Michigan.

Notes.

For 12th graders, use of any illicit drug other than marijuana includes any use of LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of other narcotics, stimulants, sedatives (barbiturates), methaqualone (excluded since 1990), or tranquilizers which are not under a doctor's orders.

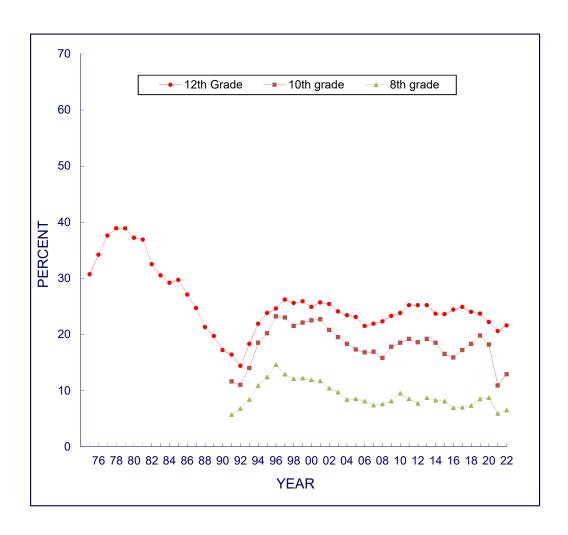
For 8th and 10th graders, use of any illicit drug other than marijuana includes any use of LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of stimulants or tranquilizers which are not under a doctor's orders.

Beginning in 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced.

Data for any illicit drug other than marijuana are affected by these changes.

Beginning in 2013, revised sets of questions on amphetamine use were introduced, which affected data for any illicit drug use other than marijuana.

# FIGURE 5-3a Any Illicit Drug Use Index Trends in 30-Day Prevalence by Grade



Source.

The Monitoring the Future study, the University of Michigan.

Notes.

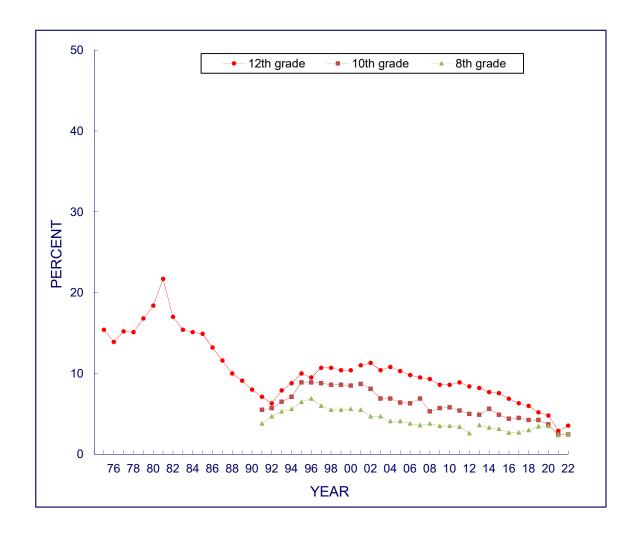
For 12th graders, use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of other narcotics, stimulants, sedatives (barbiturates), methaqualone (excluded since 1990), or tranquilizers which are not under a doctor's orders.

For 8th and 10th graders, use of any illicit drug includes any use of marijuana, LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of stimulants or tranquilizers which are not under a doctor's orders.

Beginning in 2013, revised sets of questions on amphetamine use were introduced, which affected data for any illicit drug use.

### FIGURE 5-3b

# **Any Illicit Drug Use other than Marijuana Trends in 30-Day Prevalence by Grade**



Source. The Monitoring the Future study, the University of Michigan.

Notes. For 12

For 12th graders, use of any illicit drug other than marijuana includes any use of LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of other narcotics, stimulants, sedatives (barbiturates), methaqualone (excluded since 1990), or tranquilizers which are not under a doctor's orders.

For 8th and 10th graders, use of any illicit drug other than marijuana includes any use of LSD, other hallucinogens, crack, cocaine other than crack, or heroin; or any use of stimulants or tranquilizers which are not under a doctor's orders.

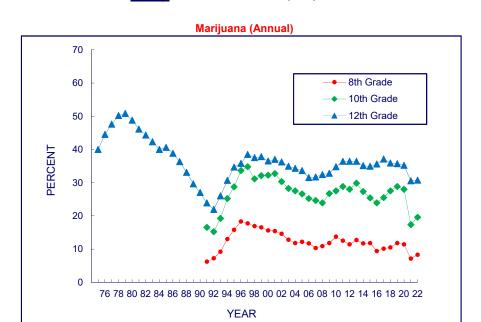
Beginning in 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced.

Data for any illicit drug other than marijuana are affected by these changes.

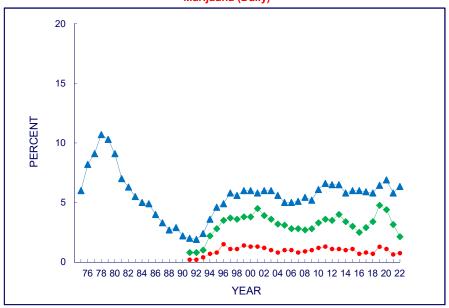
Beginning in 2013, revised sets of questions on amphetamine use were introduced, which affected data for any illicit drug use other than marijuana.

### FIGURE 5-4a MARIJUANA

# Trends in <u>Annual Prevalence and 30-Day Prevalence of</u> <u>Daily Use in Grades 8, 10, and 12</u>



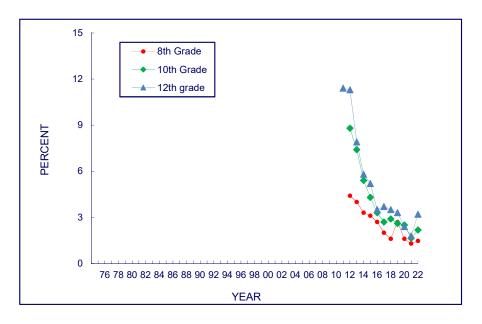
#### Marijuana (Daily)



### FIGURE 5-4b

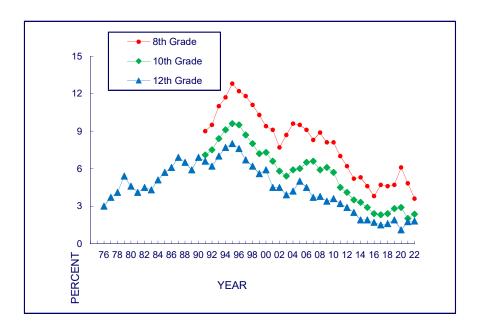
### Synthetic Marijuana

# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12



# FIGURE 5-4c INHALANTS

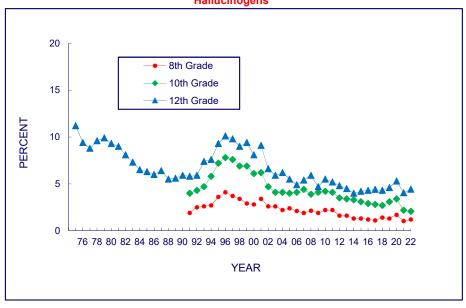
# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12



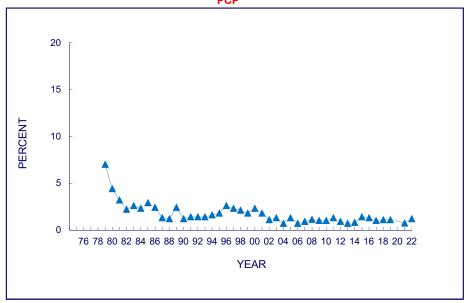
### FIGURE 5-4d HALLUCINOGENS AND PCP

# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12

Hallucinogens a



PCP b,c



Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>In 2001, a revised set of questions on other hallucinogen use was introduced. Other psychedelics was changed to other hallucinogens and shrooms was added to the list of examples. Data for hallucinogens were affected by these changes. From 2001 on, data points are based on the revised question.

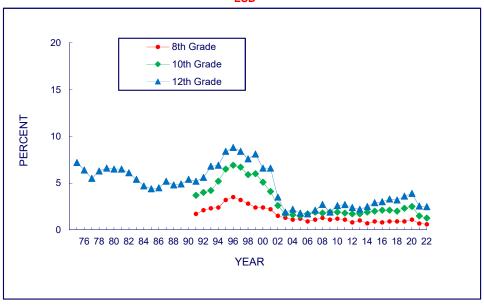
<sup>&</sup>lt;sup>b</sup>Eighth and 10th graders are not asked about PCP use.

<sup>&</sup>lt;sup>c</sup>This estimate not presented in 2020 due to insufficient data.

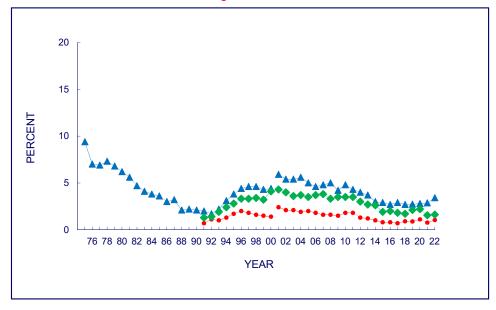
### FIGURE 5-4e LSD AND HALLUCINOGENS OTHER THAN LSD

# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12

LSD



#### Hallucinogens other than LSD <sup>a</sup>

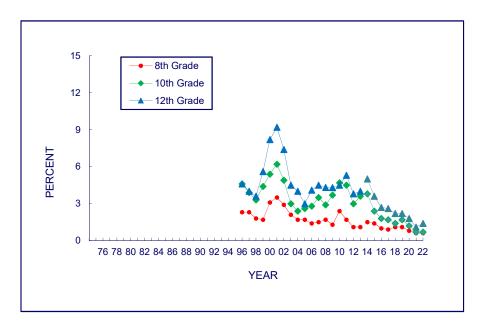


Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>In 2001, a revised set of questions on other hallucinogen use was introduced. Other psychedelics was changed to other hallucinogens and shrooms was added to the list of examples. From 2001 on data points are based on the revised question.

### FIGURE 5-4f ECSTASY (MDMA)

# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12



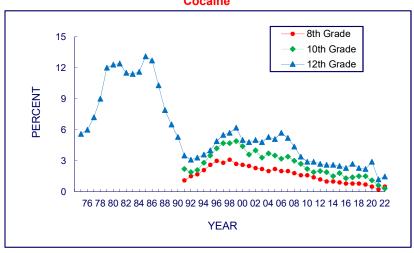
Source: The Monitoring the Future study, the University of Michigan.

Notes. In 2014, the text was changed on one of the questionnaire forms for 8th, 10th, and 12th graders to include "molly" in the description. The remaining forms were changed in 2015.

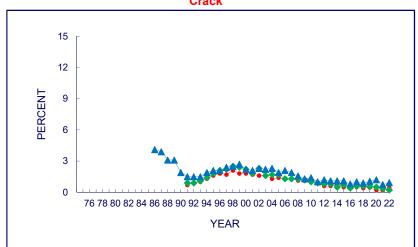
### FIGURE 5-4g COCAINE, CRACK, AND COCAINE OTHER THAN CRACK

### **Trends in Annual Prevalence** in Grades 8, 10, and 12

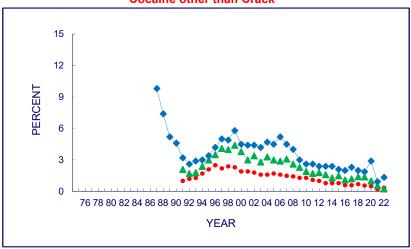
#### Cocaine



#### Crack



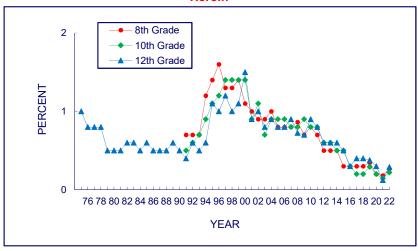
#### **Cocaine other than Crack**



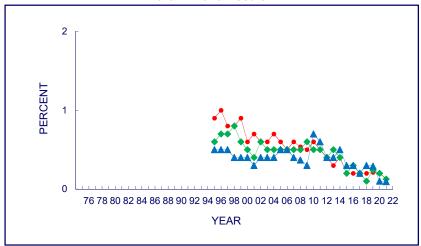
### FIGURE 5-4h HEROIN

# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12

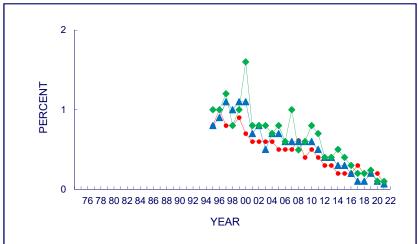
#### Heroin



#### Heroin with a Needle

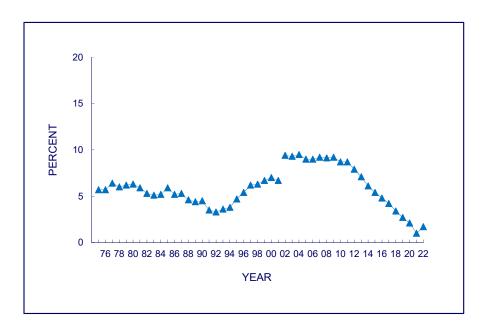


#### **Heroin without a Needle**



### FIGURE 5-4i NARCOTICS OTHER THAN HEROIN <sup>a</sup>

# Trends in <u>Annual Prevalence</u> in <u>Grade 12</u>

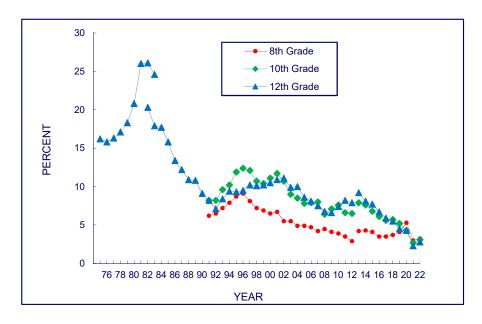


Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>Data for 8th and 10th graders are not reported for use of narcotics other than heroin. In 2002, a revised set of questions on other narcotic use was introduced. Talwin, laudanum, and paregoric were replaced with Vicodin, OxyContin, and Percocet in the list of examples. From 2002 on, data points are based on the revised question.

### FIGURE 5-4j AMPHETAMINES <sup>a</sup>

# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12



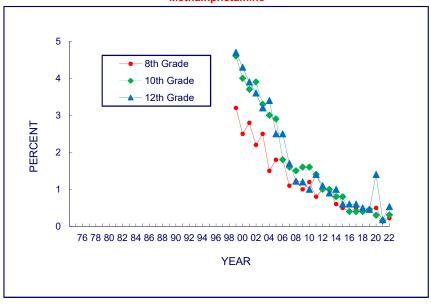
Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>Beginning in 1982, the lines connect percentages that result if nonprescription stimulants are excluded. In 2013, the text was changed on some of the questionnaire forms for all three grades, with the remaining forms changed in 2014. Data presented here include only the changed forms.

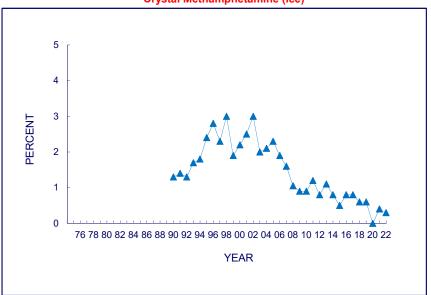
# FIGURE 5-4k METHAMPHETAMINE AND CRYSTAL METHAMPHETAMINE (ICE)

### Trends in **Annual Prevalence** in Grades 8, 10, and 12

#### Methamphetamine



#### Crystal Methamphetamine (Ice) <sup>a</sup>



Source. The Monitoring the Future study, the University of Michigan.

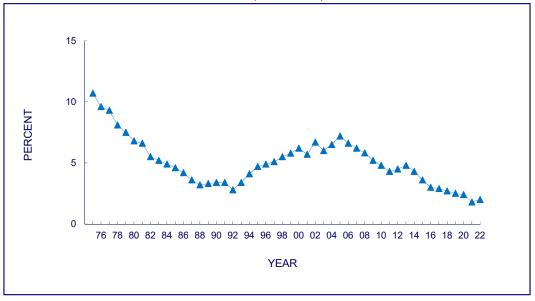
<sup>a</sup>Eighth and 10th graders are not asked about crystal methamphetamine use.

### FIGURE 5-41

### **SEDATIVES (BARBITURATES)**

# Trends in <u>Annual</u> Prevalence in <u>Grade 12</u>

Sedatives (Barbiturates) <sup>a</sup>



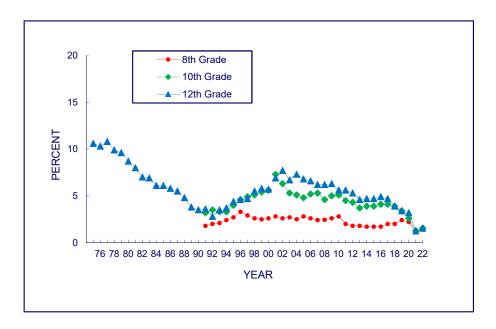
Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>In 2004 the question text was changed. Goofballs, yellows, reds, blues, and rainbows were deleted from the list of examples. Phenobarbital, Tuinal, and Seconal were added. An examination of the data did not show any effect from the wording change.

### FIGURE 5-4m

### TRANQUILIZERS<sup>a</sup>

# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12

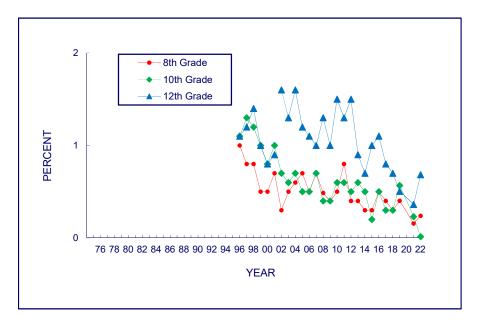


Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>Beginning in 2001, a revised set of questions on tranquilizer use was introduced in which Xanax replaced Miltown in the list of examples. From 2001 on data points are based on the revised question.

## FIGURE 5-4n ROHYPNOL<sup>a,b</sup>

# Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12



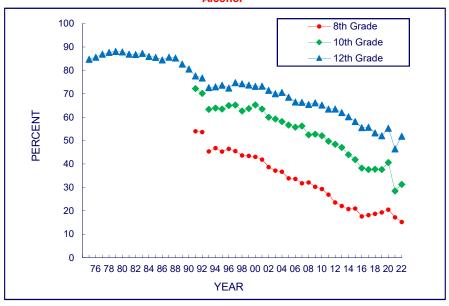
<sup>&</sup>lt;sup>a</sup>For 12th graders only, Rohypnol data for 2001 are not comparable with data for 2002 due to changes in the questionnaire forms.

<sup>&</sup>lt;sup>b</sup>Estimates not presented in 2020 due to insufficient data.

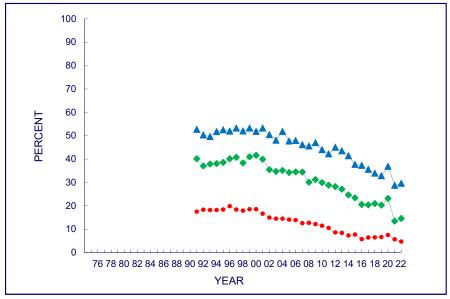
### FIGURE 5-40 ALCOHOL AND BEEN DRUNK

## Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12





#### **Been Drunk**

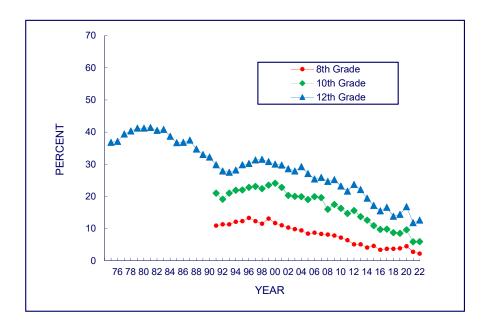


Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>In 1993, a revised set of questions on alcohol use was introduced indicating that a drink meant more than a few sips. From 1993 on, data points are based on the revised question.

### FIGURE 5-4p FIVE OR MORE DRINKS IN A ROW

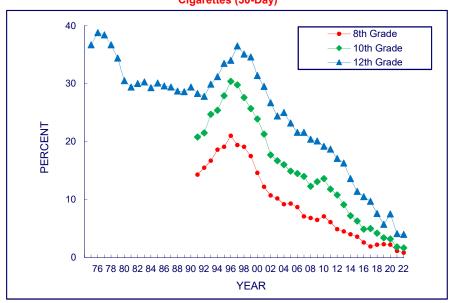
## Trends in <u>2-Week</u> Prevalence in Grades 8, 10, and 12



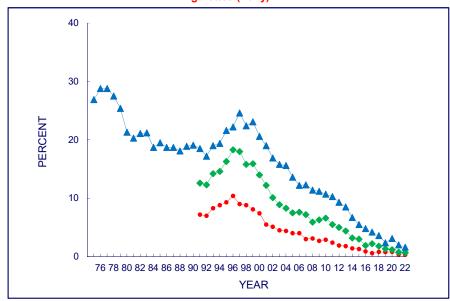
## FIGURE 5-4q CIGARETTES

## Trends in <u>30-Day</u> Prevalence and 30-Day Prevalence of <u>Daily</u> Use in Grades 8, 10, and 12

### Cigarettes (30-Day)



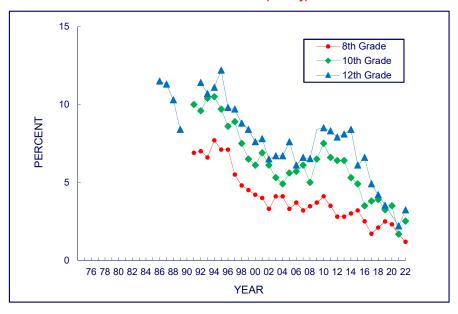
### **Cigarettes (Daily)**



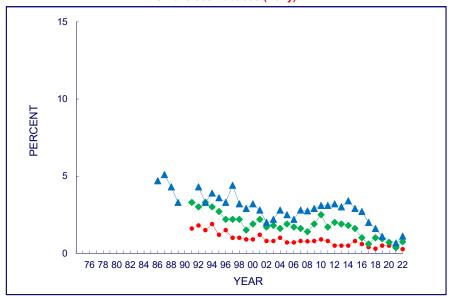
### FIGURE 5-4r SMOKELESS TOBACCO

## Trends in <u>30-Day</u> Prevalence and 30-Day Prevalence of <u>Daily</u> Use in Grades 8, 10, and 12

### Smokeless Tobacco (30-Day) b



### Smokeless Tobacco (Daily) a,b

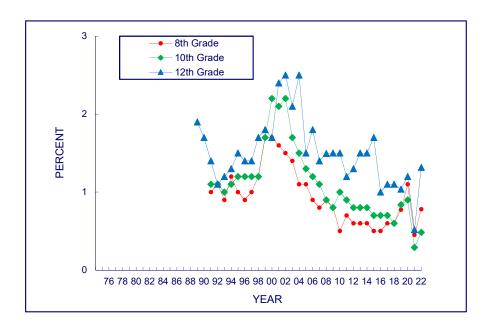


<sup>&</sup>lt;sup>a</sup>Twelfth graders: Smokeless tobacco data not available in 1990 or 1991.

<sup>&</sup>lt;sup>b</sup>This estimate not presented for 12th graders in 2020 due to insufficient data.

### FIGURE 5-4s STEROIDS

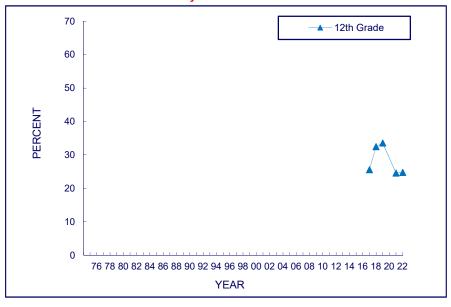
## Trends in <u>Annual</u> Prevalence in Grades 8, 10, and 12



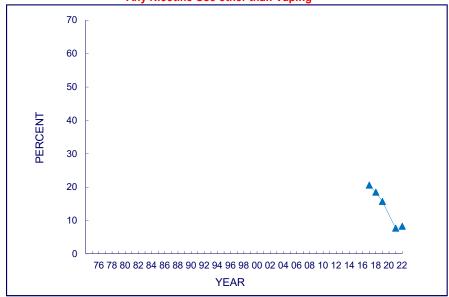
# FIGURE 5-4t ANY NICOTINE USE AND ANY NICOTINE USE OTHER THAN VAPING

## Trends in <u>30-Day</u> Prevalence in Grade 12

### Any Nicotine Use a,c



#### Any Nicotine Use other than Vaping b,c



<sup>&</sup>lt;sup>a</sup>Includes use of any of the following: cigarettes, large cigars, flavored small cigars, regular small cigars, tobacco using a hookah, smokeless tobacco, or vaping nicotine.

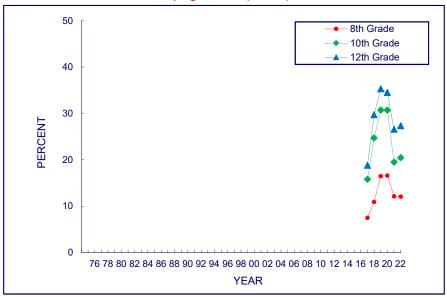
<sup>&</sup>lt;sup>b</sup>Includes use of any of the following: cigarettes, large cigars, flavored small cigars, regular small cigars, tobacco using a hookah, or smokeless tobacco.

<sup>&</sup>lt;sup>c</sup>This estimate not presented in 2020 due to insufficient data.

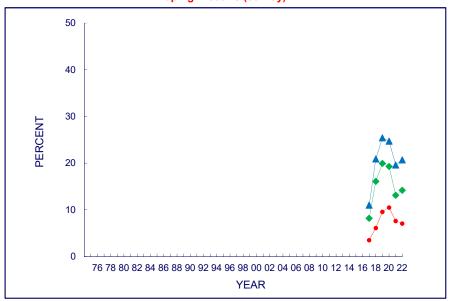
### FIGURE 5-4u VAPING NICOTINE

## Trends in <u>Annual</u> and <u>30-Day</u> Prevalence in Grades 8, 10, and 12

### **Vaping Nicotine (Annual)**



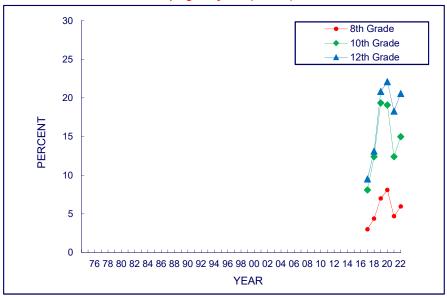
#### Vaping Nicotine (30-Day)



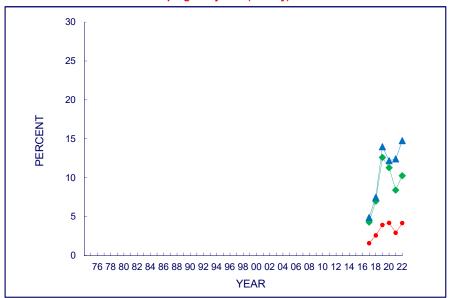
### FIGURE 5-4v VAPING MARIJUANA

## Trends in <u>Annual</u> and <u>30-Day</u> Prevalence in Grades 8, 10, and 12

#### Vaping Marijuana (Annual)

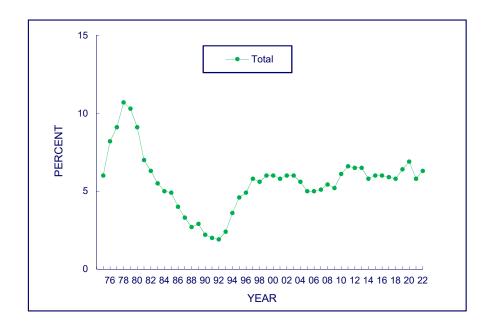


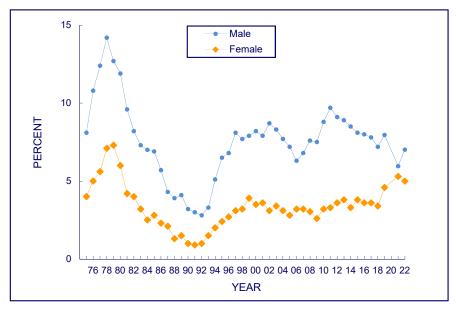
#### Vaping Marijuana (30-Day)



## FIGURE 5-5a MARIJUANA

## Trends in 30-Day Prevalence of <u>Daily</u> Use in <u>Grade 12</u> by Total and by Gender <sup>a</sup>





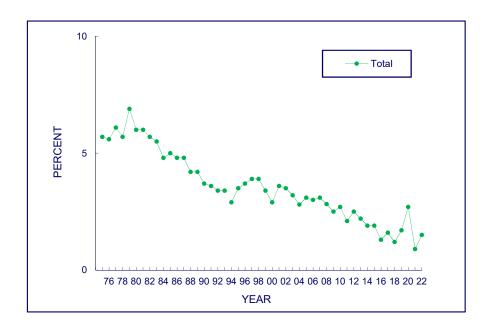
Source. The Monitoring the Future study, the University of Michigan.

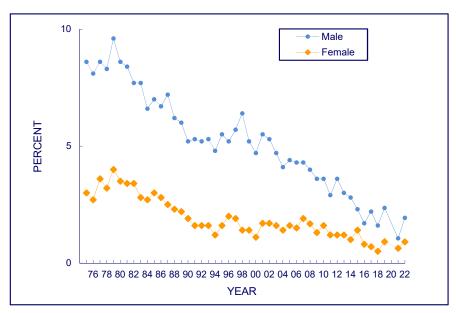
Note. Daily use for marijuana is defined as use on 20 or more occasions in the last 30 days.

<sup>a</sup>Estimates not presented by gender in 2020 due to insufficient data.

### FIGURE 5-5b ALCOHOL <sup>a</sup>

## Trends in 30-Day Prevalence of <u>Daily</u> Use in <u>Grade 12</u> by Total and by Gender b





Source. The Monitoring the Future study, the University of Michigan.

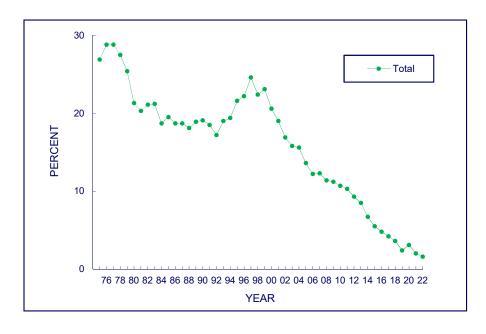
Note. Daily use for alcohol is defined as use on 20 or more occasions in the last 30 days.

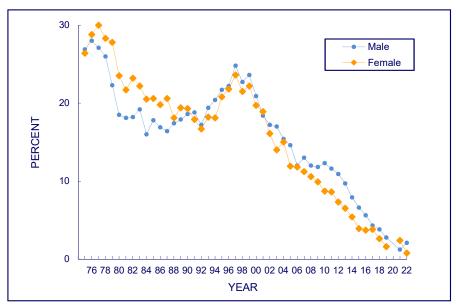
<sup>a</sup>In 1993, a revised set of questions on alcohol use was introduced indicating that a drink meant more than a few sips. From 1993 on, data points are based on the revised question.

<sup>b</sup>Estimates not presented by gender in 2020 due to insufficient data.

## FIGURE 5-5c CIGARETTES

## Trends in 30-Day Prevalence of <u>Daily</u> Use in <u>Grade 12</u> by Total and by Gender <sup>a</sup>



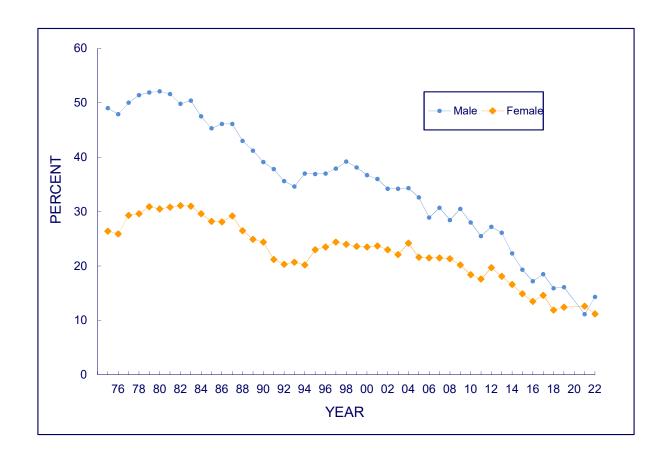


Source. The Monitoring the Future study, the University of Michigan.

Note. Daily use for cigarettes is defined as smoking one or more cigarettes per day in the last 30 days.

<sup>a</sup>Estimates not presented by gender in 2020 due to insufficient data.

FIGURE 5-6a
ALCOHOL
Trends in 2-Week Prevalence of Heavy Drinking in Grade 12
by Gender a

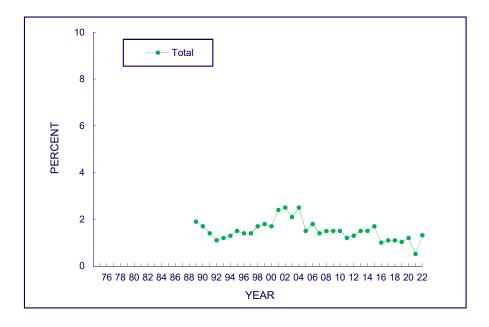


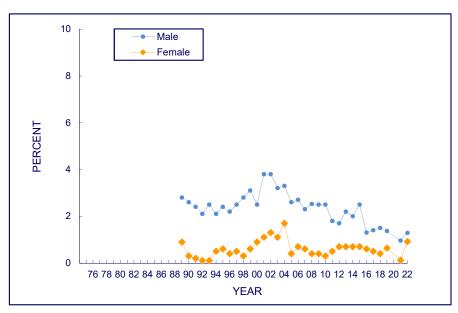
Source. The Monitoring the Future study, the University of Michigan. 
<sup>a</sup>Estimates not presented by gender in 2020 due to insufficient data.

### FIGURE 5-6b STEROIDS

## Trends in **Annual** Prevalence in **Grade 12**

by Total and by Gender <sup>a</sup>





Source. The Monitoring the Future study, the University of Michigan.

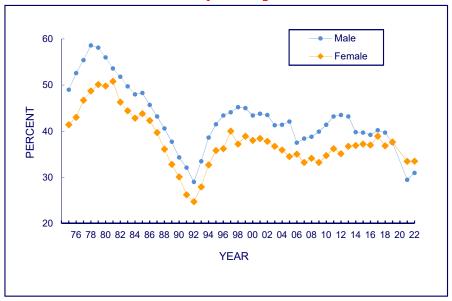
Note. Daily use for marijuana is defined as use on 20 or more occasions in the last 30 days.

<sup>a</sup>Estimates not presented by gender in 2020 due to insufficient data.

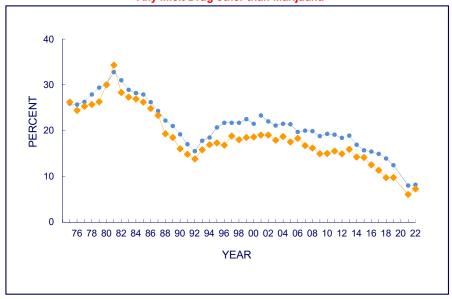
## FIGURE 5-7 AN ILLICIT DRUG USE INDEX

## Trends in <u>Annual</u> Prevalence in <u>Grade 12</u> by Gender b

### Any Illicit Drug <sup>a</sup>



### Any Illicit Drug other than Marijuana <sup>a</sup>



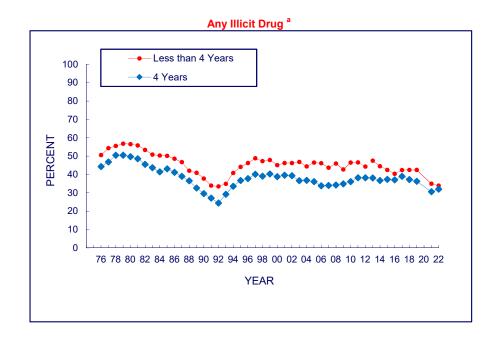
Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>Beginning in 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced. Data for any illicit drug other than marijuana are affected by these changes. In 2013, revised sets of questions on amphetamine use were introduced. Any illicit drug and any illicit drug other than marijuana are affected by this change.

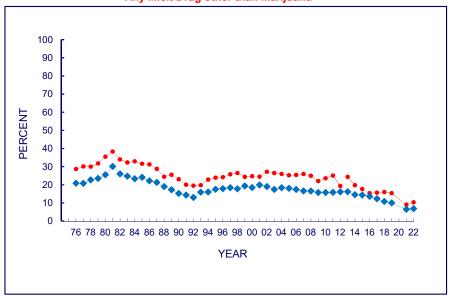
<sup>&</sup>lt;sup>b</sup>Estimates not presented by gender in 2020 due to insufficient data.

## FIGURE 5-8 AN ILLICIT DRUG USE INDEX

## Trends in <u>Annual</u> Prevalence in <u>Grade 12</u> by College Plans b



#### Any Illicit Drug other than Marijuana a



Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>Beginning in 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced. Data for any illicit drug other than marijuana are affected by these changes. In 2013, revised sets of questions on amphetamine use were introduced. Any illicit drug and any illicit drug other than marijuana are affected by this change.

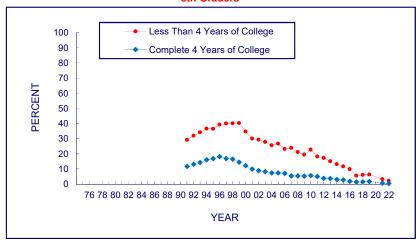
<sup>b</sup>Estimates not presented by college plans in 2020 due to insufficient data.

## FIGURE 5-9

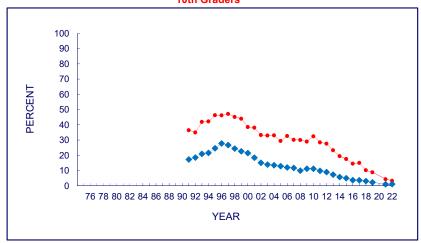
### **CIGARETTES**

## Trends in <u>30-Day</u> Prevalence in Grades 8, 10, and 12 by College Plans <sup>a</sup>

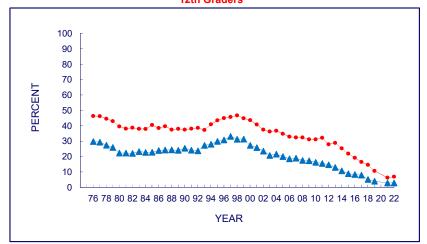
#### 8th Graders



#### 10th Graders



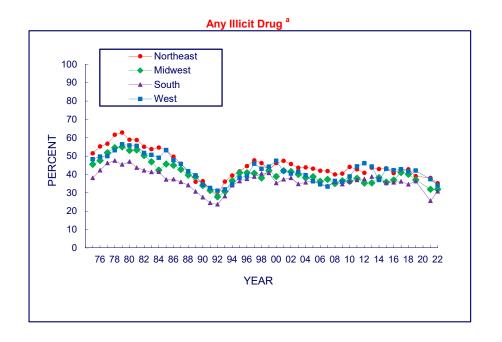
### 12th Graders

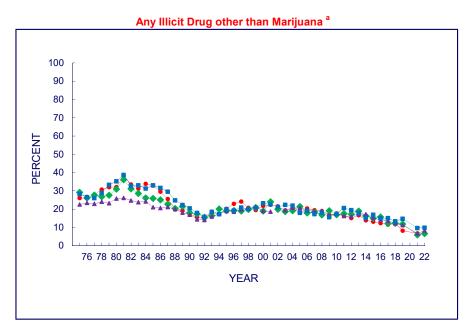


<sup>&</sup>lt;sup>a</sup>Estimates not presented by college plans in 2020 due to insufficient data.

### FIGURE 5-10a AN ILLICIT DRUG USE INDEX

## Trends in <u>Annual</u> Prevalence in <u>Grade 12</u> by Region of the Country b





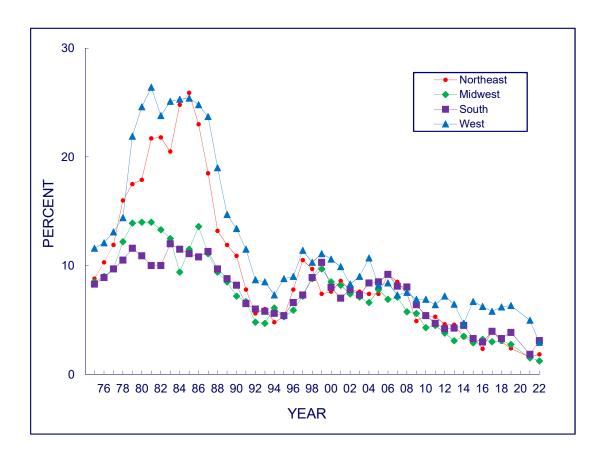
<sup>&</sup>lt;sup>a</sup>Beginning in 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced. Data for any illicit drug other than marijuana are affected by these changes. In 2013, revised sets of questions on amphetamine use were introduced. Any illicit drug and any illicit drug other than marijuana are affected by this change.

<sup>&</sup>lt;sup>b</sup>Estimates not presented by geographic region in 2020 due to insufficient data.

### FIGURE 5-10b COCAINE

## Trends in Lifetime Prevalence in Grade 12

by Region of the Country <sup>a</sup>



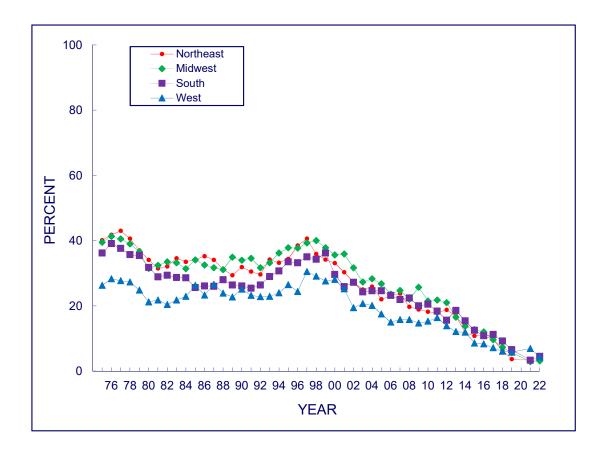
Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>Estimates not presented by geographic region in 2020 due to insufficient data.

## FIGURE 5-10c CIGARETTES

## Trends in 30-Day Prevalence in Grade 12

by Region of the Country <sup>a</sup>

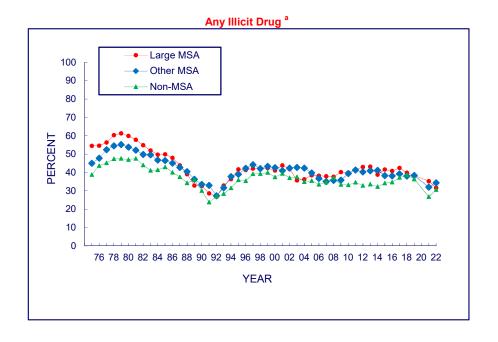


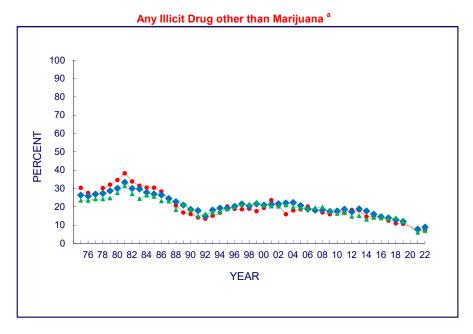
Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>Estimates not presented by geographic region in 2020 due to insufficient data.

### FIGURE 5-11a AN ILLICIT DRUG USE INDEX

## Trends in <u>Annual Prevalence in Grade 12</u> by Population Density b





Source. The Monitoring the Future study, the University of Michigan.

<sup>a</sup>Beginning in 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced. Data for any illicit drug other than marijuana are affected by these changes. In 2013, revised sets of questions on amphetamine use were introduced. Any illicit drug and any illicit drug other than marijuana are affected by this change.

<sup>b</sup>Estimates not presented by population density in 2020 due to insufficient data.

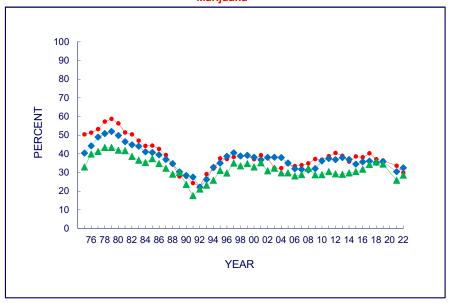
### FIGURE 5-11b ALCOHOL AND MARIJUANA

## Trends in <u>Annual Prevalence in Grade 12</u> by Population Density b

#### Alcohol a



#### Marijuana



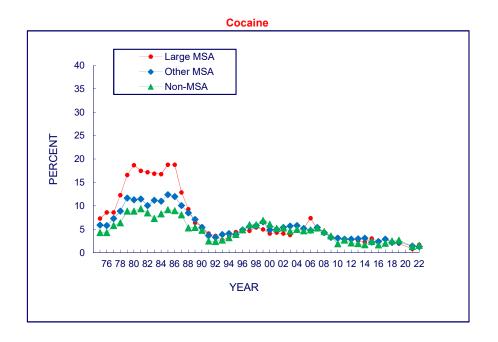
Source. The Monitoring the Future study, the University of Michigan.

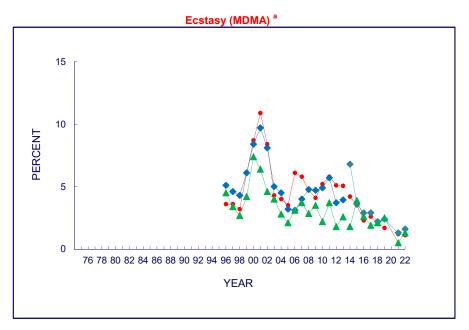
<sup>a</sup>In 1993, a revised set of questions on alcohol use was introduced indicating that a drink meant more than a few sips. From 1993 on, data points are based on the revised question.

<sup>b</sup>Estimates not presented by population density in 2020 due to insufficient data.

## FIGURE 5-11c COCAINE AND ECSTASY (MDMA)

## Trends in <u>Annual Prevalence in Grade 12</u> by Population Density b





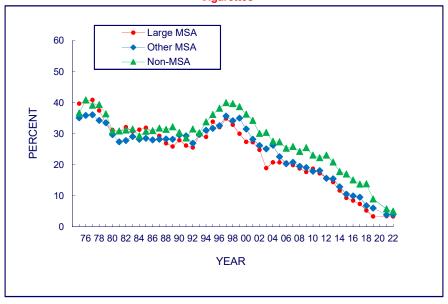
<sup>&</sup>lt;sup>a</sup>In 2014, the text was changed on one of the questionnaire forms for 8th, 10th, and 12th graders to include "molly" in the description. The remaining forms were changed in 2015. Data for both versions of the question are presented here.

<sup>&</sup>lt;sup>b</sup>Estimates not presented by population density in 2020 due to insufficient data.

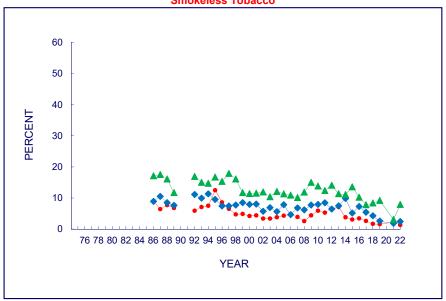
### FIGURE 5-11d CIGARETTES AND SMOKELESS TOBACCO

## Trends in <u>30-Day</u> Prevalence in <u>Grade 12</u> by Population Density <sup>b</sup>

#### **Cigarettes**



#### Smokeless Tobacco<sup>a</sup>



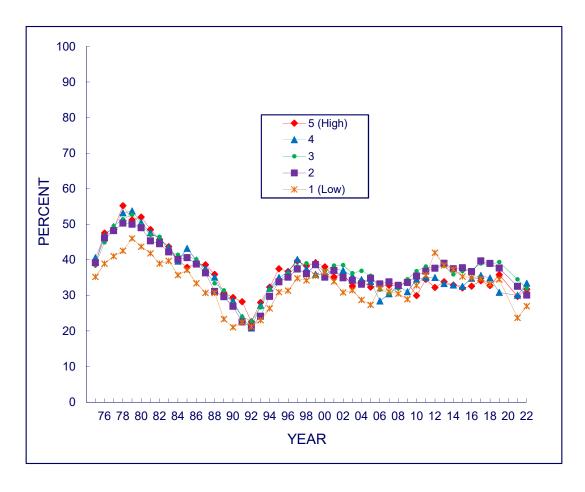
<sup>&</sup>lt;sup>a</sup>The question on smokeless tobacco was not asked in 1990 or 1991.

<sup>&</sup>lt;sup>b</sup>Estimates not presented by population density in 2020 due to insufficient data.

### FIGURE 5-12a MARIJUANA

## Trends in **Annual** Prevalence in **Grade 12**

by Average Education of Parents <sup>a</sup>

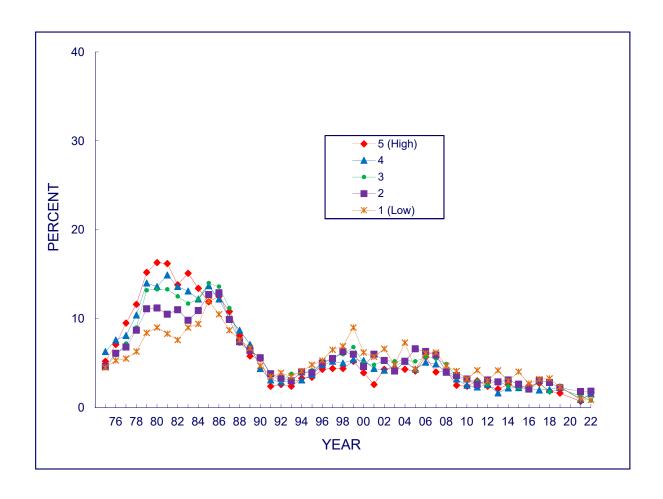


Source. The Monitoring the Future study, the University of Michigan.

### FIGURE 5-12b COCAINE

## Trends in **Annual** Prevalence in **Grade 12**

by Average Education of Parents <sup>a</sup>

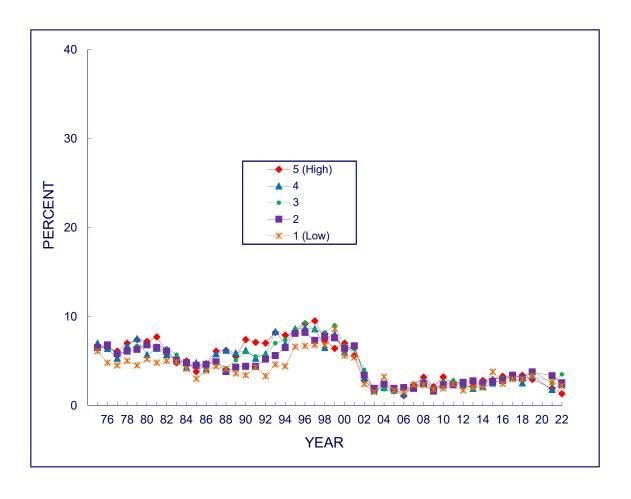


Source. The Monitoring the Future study, the University of Michigan.

FIGURE 5-12c LSD

## Trends in **Annual** Prevalence in **Grade 12**

by Average Education of Parents <sup>a</sup>



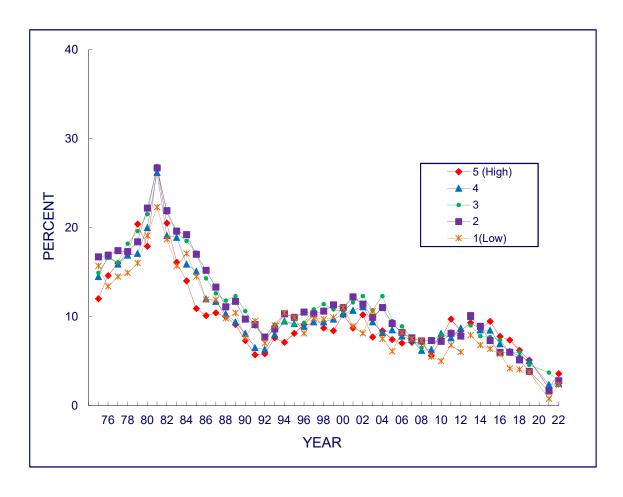
Source. The Monitoring the Future study, the University of Michigan.

### FIGURE 5-12d

### **AMPHETAMINES**<sup>a</sup>

### Trends in **Annual** Prevalence in **Grade 12**

by Average Education of Parents b



Source. The Monitoring the Future study, the University of Michigan.

Note. Beginning in 1982, the question about stimulant use (i.e., amphetamines) was revised to get respondents to exclude the inappropriate reporting of nonprescription stimulants. The prevalence rate dropped slightly as a result of this methodological change.

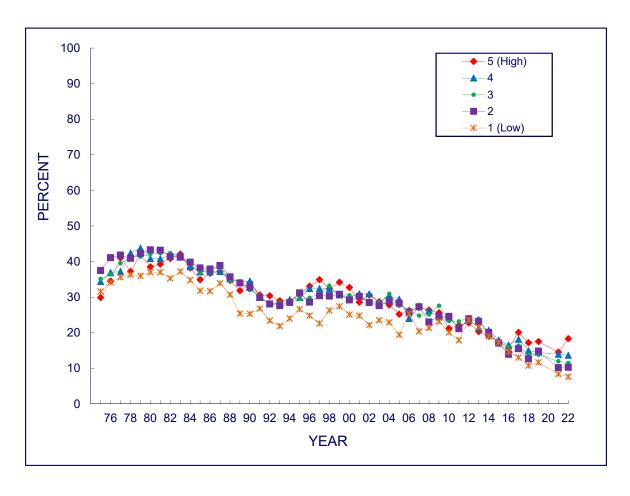
<sup>a</sup>In 2013, the text was changed on some of the questionnaire forms for all three grades, with the remaining

forms changed in 2014. Data presented here include only the changed forms.

### FIGURE 5-12e ALCOHOL

## Trends in <u>2-Week</u> Prevalence of 5 or More Drinks in a Row in <u>Grade 12</u>

by Average Education of Parents <sup>a</sup>

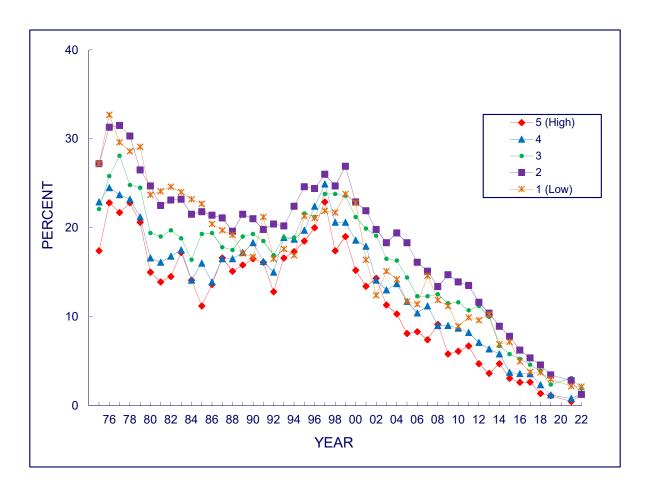


Source. The Monitoring the Future study, the University of Michigan.

## FIGURE 5-12f CIGARETTES

## Trends in **Daily** Prevalence in **Grade 12**

by Average Education of Parents <sup>a</sup>



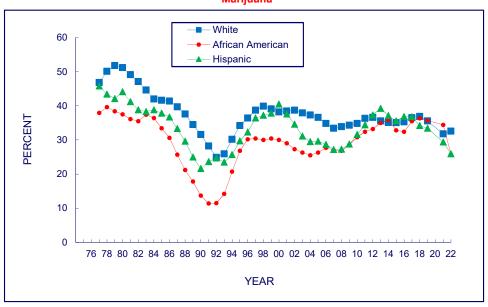
Source. The Monitoring the Future study, the University of Michigan.

### FIGURE 5-13a MARIJUANA AND COCAINE

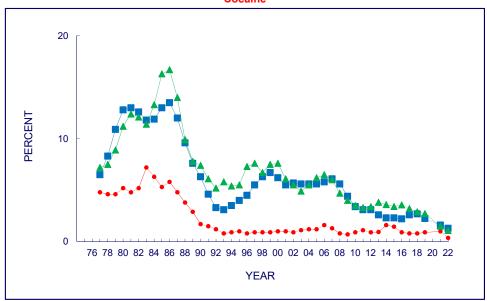
## Trends in <u>Annual Prevalence in Grade 12</u> by Race/Ethnicity b

(Two-year moving average <sup>a</sup>)

### Marijuana



#### Cocaine



 ${\it Source}. \quad {\it The Monitoring the Future study, the University of Michigan}.$ 

<sup>&</sup>lt;sup>a</sup>Each point plotted here is the mean of the specified year and the previous year.

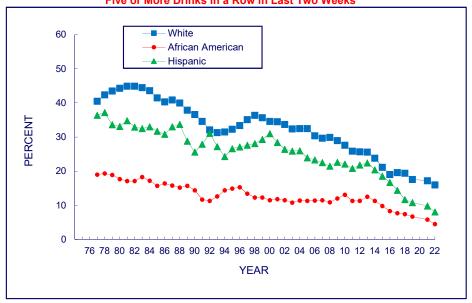
<sup>&</sup>lt;sup>b</sup>Estimates not presented by race/ethnicity in 2020 due to insufficient data.

### FIGURE 5-13b ALCOHOL AND CIGARETTES

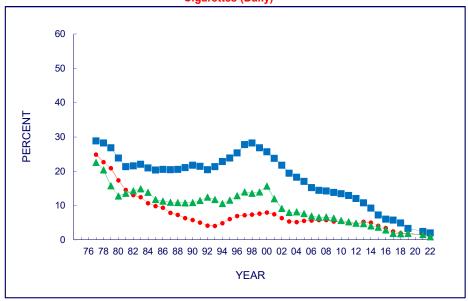
## Trends in Prevalence in <u>Grade 12</u> by Race/Ethnicity <sup>b</sup>

(Two-year moving average <sup>a</sup>)

Five or More Drinks in a Row in Last Two Weeks



#### **Cigarettes (Daily)**



<sup>&</sup>lt;sup>a</sup>Each point plotted here is the mean of the specified year and the previous year.

<sup>&</sup>lt;sup>b</sup>Estimates not presented by race/ethnicity in 2020 due to insufficient data.

### FIGURE 5-13c

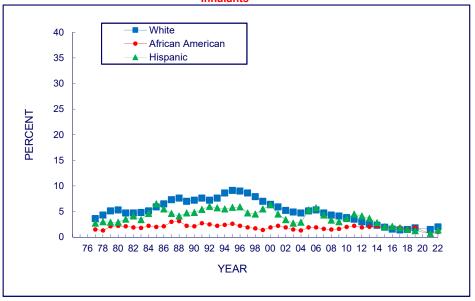
### **INHALANTS AND LSD**

## Trends in **Annual** Prevalence in **Grade 12**

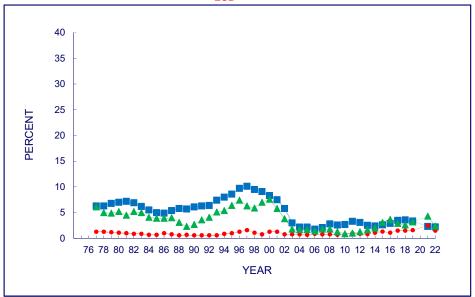
by Race/Ethnicity b

(Two-year moving average <sup>a</sup>)

### Inhalants



#### LSD



<sup>&</sup>lt;sup>a</sup>Each point plotted here is the mean of the specified year and the previous year.

<sup>&</sup>lt;sup>b</sup>Estimates not presented by race/ethnicity in 2020 due to insufficient data.

### **Chapter 6**

## INITIATION AND NONCONTINUATION: PREVALENCE AND TRENDS

#### SUBSTANCE USE INITIATION

Knowing when young people begin to use various drugs helps us better understand the etiology of substance use and provides a guide to the timing and nature of various interventions, which are likely most effective when administered prior to the grades of peak initiation. We know that grades of peak initiation vary according to drug and tend to progress from drugs perceived as the least risky, deviant, or illegal toward those perceived as more so.

One way to estimate when use of a particular drug is initiated is to ask respondents to self report when they first used a drug. In the MTF study we ask about initiation in terms of grade levels rather than age, because we believe that adolescents' memories are more likely to be organized in those terms. It also could be argued that social experiences and risk taking opportunities are organized more by grade than age. Given that each grade level is composed of students who are about the same age, grade can be readily translated into modal ages.

MTF has been collecting grade of initiation data from 12<sup>th</sup> graders since 1975, and from 8<sup>th</sup> and 10<sup>th</sup> graders since 1991, when those grades were added to the study. The results reported in this chapter provide a retrospective view of trends in lifetime prevalence of use at earlier grade levels. These retrospective reports provide information on drug use at grade levels not directly surveyed by MTF (i.e., 11<sup>th</sup> grade, 9<sup>th</sup> grade, and every grade below 8<sup>th</sup>). We present a series of tables of reports from 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders, with accompanying figures for 8<sup>th</sup> and 12<sup>th</sup> graders.

One would not necessarily expect a particular year's 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders to give the same retrospective prevalence level for a drug, even for a given grade, because the three groups differ in a number of important ways:

- The 8<sup>th</sup> and 10<sup>th</sup> grade samples include eventual school dropouts, whereas 12<sup>th</sup> grade samples (completing the survey late in the school year) include almost none. In addition, the lower grades also have lower absentee rates. For any given year, both of these factors should cause the prevalence of use levels derived contemporaneously from a particular class cohort of 8<sup>th</sup> graders to be higher (for any specified grade level up through 8<sup>th</sup> grade) than the retrospectively reported prevalence rates derived from that same class cohort of young people who are still in school near the end of 10<sup>th</sup> or 12<sup>th</sup> grades.
- Because each class cohort experienced 8<sup>th</sup> grade in a different year, any broad historical or secular trend in the use of a drug could contribute substantially to differences in respondents' reports of their experiences when they were in 8<sup>th</sup> grade.
- Because 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders are in three different class cohorts, any lasting differences among cohorts could contribute to differences in reported use at any specified grade level.

In addition, two types of method artifacts could also explain observed differences:

- Memory errors for early years are more likely to occur for older respondents (who are, of course, further removed in time from the initiation experience). They may forget that an event ever occurred (although this may be unlikely for use of drugs), or they may not accurately remember *when* an event occurred. For example, events may be remembered as having occurred more recently than they actually did—a kind of forward telescoping of the recalled timing of events.<sup>1</sup>
- The definition of the eligible event may change as a respondent gets older. Thus, an older student may be less likely to include an occasion of taking a sip from someone's beer as an alcohol use event, or an older student may be more likely to appropriately exclude an over the counter stimulant when asked about amphetamine use. While we attempt to ask the questions as clearly as possible, some of these drug definitions are fairly subtle and may be more difficult for younger respondents. Indeed, we have omitted from this report 8<sup>th</sup> and 10<sup>th</sup> graders' data on their use of sedatives (barbiturates) and narcotics other than heroin because we judged them to contain erroneous information.<sup>2</sup>

#### INCIDENCE OF USE BY GRADE LEVEL

Tables 6-1 through 6-3 provide retrospective initiation levels for various types of drug use as reported by students surveyed in 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grades.<sup>3</sup> Obviously, the older students have a longer age span over which they can report initiation. Table 6-4 shows the retrospective initiation rates from all three grades separately to allow comparison by grade levels.

The questions from which the data are derived have a common stem: "When (if ever) did you FIRST do each of the following things? Don't count anything you took because a doctor told you to." Various drug-using behaviors are asked about, for example, "smoke your first cigarette," "smoke cigarettes on a daily basis," "try an alcoholic beverage—more than just a few sips," etc. The answer alternatives list grade levels.

• In general, drug use by the end of 6<sup>th</sup> grade is very low (Table 6-4). With the exception of alcohol, 5% or less of the 2022 respondents in all grades reported use of any drug by 6<sup>th</sup> grade. Drugs with this low level of use by 6<sup>th</sup> grade include the common drug of *marijuana* and *nicotine vaping*, as well as *hallucinogens*, *LSD*, *hallucinogens other than LSD*, *MDMA* (ecstasy, Molly), cocaine in general, crack cocaine, cocaine other than crack, heroin, amphetamines, and tranquilizers.

<sup>&</sup>lt;sup>1</sup> See Bachman, J. G., & O'Malley, P. M. (1981). When four months equal a year: Inconsistencies in students' reports of drug use. Public Opinion Quarterly, 45, 536–548; Jabine, T. B., Straf, M. L., Tanur, J. M., & Tourangeau, R. (Eds.). (1984). Cognitive aspects of survey methodology: Building a bridge between disciplines. Washington DC: National Academy Press.

<sup>&</sup>lt;sup>2</sup> We have found that young adult follow-up surveys of 12th graders yield higher recanting rates for the psychotherapeutic drugs, in contrast to the illegal drugs. We interpret this discrepancy as reflecting, in part, a better understanding of the distinctions between prescription and nonprescription drugs in young adulthood. See Johnston, L. D., & O'Malley, P. M. (1997). The recanting of earlier reported drug use by young adults. In L. Harrison & A. Hughes (Eds.), *The validity of self-reported drug use: Improving the accuracy of survey estimates* (pp. 59–80) (NIDA Research Monograph No. 167). Rockville, MD: National Institute on Drug Abuse.

<sup>&</sup>lt;sup>3</sup> Prevalence levels in Chapter 6 tables and figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly selected subsample of respondents. Previous to 2019 the prevalence levels in Chapter 6 tables and figures were adjusted to match the estimates in Chapters 4 and 5. In 2019 and later the estimates in Chapter 6 tables and figures are not adjusted.

- As reported by respondents from all three grade levels, *alcohol* is the drug most likely to have been initiated by the end of 6<sup>th</sup> grade (Table 6-4)
- Among 8<sup>th</sup> and 10<sup>th</sup> grade respondents in 2022, 2.1% and 2.3%, respectively, said they had tried *marijuana* by the end of 6<sup>th</sup> grade (Table 6-4). Among 12<sup>th</sup> grade students only 0.7% reported use by 6<sup>th</sup> grade. As noted at the beginning of this chapter, these differences by grade may reflect a number of factors, including higher levels of marijuana use among 8<sup>th</sup> grade students who will later drop out of high school.
- Patterns of *nicotine vaping* initiation reflect its recent and rapid uptake among adolescents. In 2022 nicotine vaping was one of the most common forms of substance use among adolescents, after rapid acceleration from much lower prevalence levels in 2017. The 12<sup>th</sup> graders of 2022 were in 6<sup>th</sup> grade in 2016 when vaping was rare, and accordingly initiation of vaping by 6<sup>th</sup> grade for this cohort was low (1.1%). The 10<sup>th</sup> graders of 2022 were in 6<sup>th</sup> grade in 2018 when vaping prevalence increased dramatically, which is reflected in the 3.3% level of initiation by 6<sup>th</sup> grade that is three times higher than it had been among the 12<sup>th</sup> graders. The 8<sup>th</sup> graders of 2022 were in 6<sup>th</sup> grade in 2020, after vaping had risen rapidly, and initiation by 6<sup>th</sup> grade was 4.5%, behind only alcohol.

Twelfth grade students in future years would be expected to have much higher levels of early initiation of vaping, and consequently a longer history of vaping. As a result, any influence of nicotine vaping on progression to use of other substances, such as regular cigarettes, would be expected to appear stronger in the coming cohorts.

• *Cigarette* smoking tends to be initiated particularly early. Based on data from the 2022 8<sup>th</sup> graders (Table 6-1), the peak grade for initiation of cigarette smoking was the 7<sup>th</sup> grade (1.4%)—or modal ages 12 through 13—but a considerable number initiated smoking even earlier. Indeed, in 2022 1.7% of 8<sup>th</sup> grade respondents reported having had their first cigarette in 5<sup>th</sup> grade or earlier.

Note that in 2022, 8<sup>th</sup> graders' reports of smoking initiation by the end of 6<sup>th</sup> grade were higher (2.8%) than 12<sup>th</sup> graders' reports of initiation by the end of 6<sup>th</sup> grade (1.2%). Several factors noted earlier in this chapter could contribute to this difference; however, it seems likely that much of the difference occurs because the 8<sup>th</sup> grade samples include nearly all those who will eventually drop out, a group that has markedly higher levels of cigarette smoking (see Table A-1 in Appendix A).<sup>4</sup>

• *Smokeless tobacco* use also tends to be initiated early, as Tables 6-1 through 6-3 illustrate, with the highest rates of initiation found in grades 7 through 10. Of the 8<sup>th</sup> grade respondents in 2022, 1.5% reported trying smokeless tobacco by 6<sup>th</sup> grade, and another 1.5% by 8<sup>th</sup> grade (for a total of 3.0%). These rates are based on boys and girls combined—initiation rates are substantially higher among boys.

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<sup>&</sup>lt;sup>4</sup> Bachman, J. G., O'Malley, P. M., Schulenberg, J. E., Johnston, L. D., Freedman-Doan, P., & Messersmith, E. E. (2008). *The education-drug use connection: How successes and failures in school relate to adolescent smoking, drug use, and delinquency*. New York: Lawrence Erlbaum Associates/Taylor & Francis Group.

- *Inhalant* use tends to begin early, according to responses from 8<sup>th</sup> graders; inhalants have the third highest initiation by 6<sup>th</sup> grade (2.8%, tied with cigarette smoking) after alcohol (10.8%) and nicotine vaping (4.5%). Based on the responses from 10<sup>th</sup> graders, most inhalant initiation appears to have occurred by the end of 9<sup>th</sup> grade with the highest initiation occurring in 8<sup>th</sup> and 9<sup>th</sup> grades.
- *Alcohol* use by the end of 6<sup>th</sup> grade was reported by 10.8% of 8<sup>th</sup> grade respondents in 2022, but by only 3.9% of 12<sup>th</sup> grade respondents that year (Table 6-4). At least two factors noted earlier may contribute to this difference. One is that students who eventually drop out are much more likely than average to drink at an early age.<sup>4</sup> A second one is related to the issue of what is meant by "first use." The questions for all grades refer specifically to the first use of "an alcoholic beverage—more than just a few sips," but we believe that the 12<sup>th</sup> graders are more likely to report only use that is not adult approved and not count having a small amount (more than a few sips) with parents or for religious or celebratory purposes. Note that data from the three groups of respondents tend to converge as we ask about lifetime alcohol use by the time they reach higher grade levels (Table 6-4).

For these reasons, we rely more on 12<sup>th</sup> grade data to examine changes in initiation of alcohol use across age, and these data suggest that the peak years of alcohol initiation are 7<sup>th</sup> through 11<sup>th</sup> grades. The first occasion of *drunkenness* is most likely to occur in grades 9 through 11.

• The *illicit drugs other than marijuana* generally do not reach peak initiation rates until the high school years (in grades 9 through 11 for most drugs).

### TRENDS IN LIFETIME PREVALENCE AT EARLIER GRADE LEVELS

Using the retrospective data provided by members of each 12<sup>th</sup> grade class concerning their grade of first use, it is possible to reconstruct lifetime prevalence of use trend lines for lower grade levels over many earlier years as the 12<sup>th</sup> graders passed through those grades prior to their participation in MTF. Obviously, data from school dropouts are not included in these trends. Figures 6-1 through 6-23 present the reconstructed lifetime prevalence curves (reflecting any use in lifetime) for most drugs. Starting with Figure 6-3, retrospective prevalence curves are also presented for 8<sup>th</sup> graders, who have been included in the annual MTF surveys since 1991. These trends include data from some students who will later drop out of school.

When comparing the retrospective prevalence curves for 12<sup>th</sup> versus 8<sup>th</sup> grade respondents, the reader should keep in mind that the trends are often plotted on different scales on the vertical axis to improve the clarity of the 8<sup>th</sup> grade figures, which have lower prevalence levels.

We have chosen to report initiation rates in terms of trends in lifetime prevalence attained by each class of students as they reach different grade levels. Although average age of initiation is another way to discuss this type of data, we think it could be misleading. For example, the average age of initiation could be lower in more recent classes because fewer students are initiating use at later ages (perhaps due to a recent downward secular trend) rather than because more students are starting at younger ages. Yet many readers may interpret a decline in average age of initiation as

reflecting a downward shift in the propensity to use at younger ages, independent of any secular trends, and therein lies the potential confusion.

• Based on retrospective data provided by successive 12<sup>th</sup> grade classes, Figure 6-1 shows trends at each grade level for lifetime use of *any illicit drug*. Very few 12<sup>th</sup> graders report initiation of drug use by the end of 6<sup>th</sup> grade, a finding that persists throughout all forty plus years of the study. These results indicate that the vast majority of initiation begins after elementary school.

Grades 7 through 10 are a key developmental period for the initiation of illicit drug use. More than half of 12<sup>th</sup> graders who report having ever used an illicit drug had done so while in grades 7 through 10 (see Table 6-3).

- As we discuss in more detail below, the inclusion of marijuana in the composite measure of "any illicit drug use" has a substantial influence on findings for initiation. Marijuana has high initiation levels in middle school. In contrast, first use of illicit drugs other than marijuana typically occurs in high school (Figure 6-2 and later).
- In all years, more than half of 12<sup>th</sup> graders who reported using *marijuana* said they had done so by 10<sup>th</sup> grade. This is visually depicted in Figure 6-3 by trend lines for retrospective accounts of their use by 10<sup>th</sup> grade that are higher than half the lifetime prevalence for each cohort when it was in 12<sup>th</sup> grade (2 to 3 years later).

The historical increases and decreases in 12<sup>th</sup> grade lifetime prevalence of marijuana use are also present in 8<sup>th</sup> grade. Parallel trends for 8<sup>th</sup> and 12<sup>th</sup> grade are seen in the top panel of Figure 6-3 and are present for the near constant level of lifetime marijuana prevalence since the mid 1990s, the substantial increase during the 1990s relapse, the decline in lifetime prevalence through the 1980s, as well as the increase in the late 1970s. These results indicate that the social influences that led to changes in adolescent marijuana use extended as far down as 8<sup>th</sup> grade.

In fact, the historical variation in marijuana use observed among 12<sup>th</sup> grade students is seen as far down as 7<sup>th</sup> grade, as indicated in the lower panel of Figure 6-3. This panel depicts retrospective reports by 8<sup>th</sup> graders on their lifetime marijuana use. It shows a marked increase in lifetime marijuana prevalence during the 1990s drug relapse in both 8<sup>th</sup> grade and 7<sup>th</sup> grade. While there is a slight increase present in 6<sup>th</sup> grade, prevalence does not rise much above 5% in this grade in any year. Taken as a whole, these results suggest that the behaviors of middle school students may be particularly sensitive to the changing norms and mores about marijuana use in the general population.

• Questions on grade of first *marijuana vaping* were added to the 12<sup>th</sup> grade survey in 2020 (Figure 6-4). By 12<sup>th</sup> grade most initiation took place in the high school years, starting in grade 9. A comparison with Figure 6-3 shows that overall marijuana use by any method has plateaued and then declined since 2017, which suggests that increased incidence of marijuana vaping is not bringing new initiates to marijuana use. Vaping may instead serve

as a substitute or supplemental form of marijuana use among those who do use or would otherwise have used combustible marijuana.

Initiation of *marijuana vaping* by 6<sup>th</sup> grade is near negligible, at least in the results up to 2022. Students in 12<sup>th</sup> grade between 2020 and 2022 were in 6<sup>th</sup> grade in between 2014 and 2016, when levels of marijuana vaping were low before the <u>sharp increases</u> in 2018 and 2019. In future years initiation levels of marijuana vaping by 6<sup>th</sup> grade may increase.

- Variation in lifetime prevalence of *any illicit drug other than marijuana* over the course of the study has been driven primarily by initiation in high school (Figure 6-2), that is, 9<sup>th</sup> grade and after. The lifetime prevalence level for 8<sup>th</sup> grade students is relatively flat over the course of the study, with a slight, overall decline since the late 1990s. In contrast, the trends for high school students show much more variation, especially before the mid-1990s.
- The majority of 12<sup>th</sup> grade *inhalant* initiation has taken place by 9<sup>th</sup> grade. This is depicted in Figure 6-6 and Table 6-3 by the finding that lifetime prevalence in 9<sup>th</sup> grade is half or more of the lifetime prevalence for the same cohort in 12<sup>th</sup> grade (three years later). As a result, lifetime inhalant trends over time in 12<sup>th</sup> grade are in large part a reflection of initiation trends that took place by 9<sup>th</sup> grade. This result is consistent with the finding that inhalants are considered a "kids' drug" and are the only class of drugs with prevalence of current use that declines markedly with rising grade level (discussed in more detail in Chapters 4 and 5). It is clear from Figure 6-6 that inhalant initiation rates for adolescents have fallen substantially since the late 1990s.

The lower panel of Figure 6-6 presents reports from 8<sup>th</sup> grade students on their past use of inhalants. It shows that their initiation levels are quite high in 7<sup>th</sup> grade, again pointing to the importance of the middle school years as a key age of initiation for use of inhalants.

Lifetime prevalence levels as reported by  $8^{th}$  grade students are substantially higher than lifetime prevalence levels in  $8^{th}$  grade as reported by  $12^{th}$  grade students. This is, in part, because the surveys of  $8^{th}$  graders include students who will later drop out of school and, consequently, not be included in  $12^{th}$  grade reports of earlier inhalant use.

• Of 12<sup>th</sup> grade students who have used *hallucinogens*, about half initiated use by 10<sup>th</sup> grade. This is depicted in Figure 6-7 with a lifetime prevalence level for students in 10<sup>th</sup> grade that is about half or more than their lifetime prevalence in 12<sup>th</sup> grade, two years later. Lifetime prevalence of students when in 6<sup>th</sup> grade is near zero in all forty plus years of the study and for 8<sup>th</sup> and 9<sup>th</sup> grade students is typically less than 5%. Throughout the life of the study, a substantial jump in lifetime prevalence occurs when students are in 10<sup>th</sup> and 11<sup>th</sup> grade, indicating that these are key years of initiation. Since 2012, hallucinogen initiation (and therefore use) plateaued in all grades. The apparent upturn in the class of 2001 is an artifact of a change in question wording; when the term "shrooms" (a commonly used term for hallucinogenic mushrooms containing psilocybin) was added to the list of examples in the question about use of *hallucinogens other than LSD*; the absolute level of reported

hallucinogen use increased somewhat that year, but thereafter the trend lines continued to show declines.

- Lifetime prevalence trends for *hallucinogens other than LSD* (Figure 6-9) decreased somewhat in 2022, after a slight upturn that started in 2018.
  - Initiation trends for *LSD* (Figure 6-8) show a decrease from 2020 to 2022 in 12<sup>th</sup> grade that countered a 2019–2020 spike and returned lifetime prevalence levels to the 2019 level. A similar one-year spike and subsequent decrease is apparent a year earlier in 11<sup>th</sup> grade and two years earlier in 10<sup>th</sup> grade, again consistent with a cohort effect. A decrease in lifetime prevalence is also apparent in 8<sup>th</sup> grade.
- Trends in lifetime prevalence of *cocaine* use at various grade levels, as estimated from the retrospective grade of initiation data, are displayed in Figure 6-10. For the 12<sup>th</sup> grade classes, about half of cocaine initiation takes place in grades 10 through 12. Fluctuations in the use of this drug have been greatest in the high school grades, with very low lifetime prevalence (below 5%) in grades 6 through 9. Initiation has been decreasing since the mid-2000s, as indicated by a declining lifetime prevalence in all grades. The data reported by our 8<sup>th</sup> grade respondents (bottom panel of Figure 6-10) show a little more variation in 7<sup>th</sup> and 8<sup>th</sup> grade but still show lifetime cocaine prevalence to be below 5% since 1989 for 8<sup>th</sup> graders.
- Similarly, much of the initiation of *crack cocaine* (Figure 6-11) takes place during the high school years. In 2022 all lifetime prevalence by 12<sup>th</sup> grade had been initiated in 12<sup>th</sup> grade. In early years of the study most crack use was initiated after 10<sup>th</sup> grade, and particularly in 10<sup>th</sup> grade.
- Little initiation of *heroin*, *narcotics other than heroin*, *amphetamines*, *sedatives* (*barbiturates*), *and tranquilizers* has taken place in recent years, as indicated by lifetime prevalence near zero in 2022 in all grades (Figures 6-13 through 6-17). In earlier years when initiation was higher, more than half of lifetime prevalence for each of these drugs had been initiated by 10<sup>th</sup> grade. This finding is indicated by a lifetime prevalence for 10<sup>th</sup> grade cohorts that in most years is half or more of what it is for the same cohort when it is in 12<sup>th</sup> grade (2 years later).
- About half of all 12<sup>th</sup> graders who have ever used *alcohol* initiated use by 10<sup>th</sup> grade (Figure 6-18). This is indicated by lifetime prevalence in all years of the study for 10<sup>th</sup> grade cohorts that are at half or more of the levels when those same cohorts were in 12<sup>th</sup> grade (two years later). From the early 1970s to mid 1980s, the trends lines were fairly steady in grade 12 and increased modestly in grades 8 through 10. Since the mid 1980s, all grades have shown steady declines in initiation. Because the results from the classes since 1993 are based on the revised question about alcohol use—which qualifies the question with the phrase "more than just a few sips"—these data are not strictly comparable to earlier trend data, though the trend lines before and after 1993 align fairly closely. (A break in the trend lines shows the rather modest decline in the initiation rates that this change produced.) The lower panel of Figure 6-18, based on data from 8<sup>th</sup> grade respondents, also shows a gradual, steady, and

substantial decline in lifetime prevalence of alcohol use that has taken place over the life of the study, at least until recent years. A slight increase in lifetime prevalence by 8<sup>th</sup> grade in 2022 was preceded by a slight increase in 7<sup>th</sup> grade in 2021, in 6<sup>th</sup> grade in 2020 and so on down the grades, suggesting a cohort effect.

• In 1986, we began asking 12<sup>th</sup> graders about the first time they drank "enough to feel *drunk* or very high" (Figure 6-19). In all years, the trend lines for being drunk show a substantial gap in lifetime prevalence between 8<sup>th</sup> and 9<sup>th</sup> grades, as well as between 9<sup>th</sup> and 11<sup>th</sup> grades. These gaps reflect substantial increases in the initiation of drinking alcohol to the point of drunkenness between 8<sup>th</sup> and 10<sup>th</sup> grades and even into 11<sup>th</sup> grade. In fact, among 12<sup>th</sup> grade students who had ever been drunk, about half first became drunk between 8<sup>th</sup> and 10<sup>th</sup> grade, as indicated by the distance between the 8<sup>th</sup> and 10<sup>th</sup> grades encompassing half or more of the total lifetime prevalence recorded at 12<sup>th</sup> grade (two to four years later). Since the late 1980s the overall trends in initiation for all grades have been downward, with the exception of a short period in the relapse phase of the drug epidemic in the 1990s when initiation rates rose slightly and then leveled.

A substantial decline in drunkenness has taken place for 8<sup>th</sup> grade students over the course of the survey. This decline was interrupted by a slight rise from 2016 to 2019, but has since resumed.

• Of all substances considered in the survey, *cigarette smoking* has one of the lowest ages of initiation (Figure 6-20). The gaps between the trend lines for lifetime smoking in 6<sup>th</sup> and 8<sup>th</sup> grade have been one of the largest for all drugs, indicating substantial initiation at these ages. Although lifetime prevalence of cigarette smoking has declined very substantially over the course of the study, still 5% of 8<sup>th</sup> grade students report having smoked a cigarette in 2022 (Table 6-1). After 8<sup>th</sup> grade, lifetime prevalence increases by about 2 percentage points at each grade until it reaches a prevalence of 13.1% among 12<sup>th</sup> grade students in 2022 (Table 6-3).

The important decline in teen smoking initiation that began in the late 1990s can be seen in the lower panel of Figure 6-20, based on responses from 8<sup>th</sup> grade students. This figure also shows evidence of a secular trend, in that the sharp decline since 1996 at 8<sup>th</sup> grade is not much reflected in the retrospective data for earlier grades until the 8<sup>th</sup> grade class of 2002. After a sharp drop, the rate of decline in smoking initiation by 8<sup>th</sup> grade decelerated across about five classes until both the 8<sup>th</sup> and 12<sup>th</sup> grade classes of 2011 showed a sharper decline, likely due at least in part to an increase in federal tobacco taxes in 2009. After 2015 cigarette use plateaued across all grades, with a fleeting increase from 2019 to 2020, and the long term decline appears to have resumed afterwards. This lower panel shows that historically the rate of initiation by 8<sup>th</sup> grade has been largely due to initiation prior to 7<sup>th</sup> grade, particularly between 5<sup>th</sup> and 7<sup>th</sup> grades. This suggests that late elementary school and early middle school may be strategic times to focus smoking prevention efforts.

• Figure 6-21 presents the lifetime prevalence of cigarette smoking "on a daily basis," a measure included since the beginning of MTF in 1975. Substantial historical variation in *daily smoking* is seen starting in 7<sup>th</sup> grade, but for 6<sup>th</sup> grade students prevalence has

remained fairly consistently low (less than 5%) and steady throughout the study. These results suggest that the historical/social influences that alter the prevalence of lifetime daily smoking reach down to about 7<sup>th</sup> grade. For the past two decades, historical change has consisted of a decline in all grades. The decline seen in the early 1970s among younger teens—which was subsequently evident at increasingly higher grades indicative of a cohort effect—may well have reflected the effects of the Federal Communications Commission's "fairness doctrine," which had the effect of greatly diminishing cigarette advertising on television for some time, followed by the Congressional ban on all cigarette advertising on television and radio starting in January, 1971. The data from 8<sup>th</sup> graders in the lower panel show that the transition from smoking to daily smoking is particularly great between 6<sup>th</sup> and 7<sup>th</sup> grade, which is when many students transition out of elementary school into middle school or junior high school.

- Initiation of *nicotine vaping* since 2020 has taken place primarily in the high school years of grades 9 and later (Figure 6-23). Among more recent cohorts of 12<sup>th</sup> grade students initiation by 8<sup>th</sup> grade has been increasing. The lower levels of initiation by 8<sup>th</sup> grade in 2015 and 2016 occurred when vaping technology was not widely available and predate the surge of nicotine vaping that took place in 2018. It is possible that initiation by 8<sup>th</sup> grade will remain at its elevated level in the last year assessed (2017) and perhaps even increase further in the years to come.
- Questions about *smokeless tobacco* initiation (Figure 6-22) were first asked of 12<sup>th</sup> graders in the class of 1986. These prevalence questions were dropped from the 1990 and 1991 surveys of 12<sup>th</sup> graders, but reinstated in 1992. The 1986–1989 survey questions were located near the end of one questionnaire form; the questions since 1992 have been relocated so they appear early in the form. As a result, estimates based on two versions are not strictly comparable, and it may be misleading, therefore, to connect the two trend lines.

Most initiation of smokeless tobacco has taken place by 10<sup>th</sup> grade, with little further increase in 11<sup>th</sup> grade and even less in 12<sup>th</sup> grade.

Initiation patterns are similar to those for cigarette smoking (discussed above), with the earliest grades showing both substantial initiation and historical variation in levels of initiation (even in 4<sup>th</sup> grade), a large jump in lifetime prevalence between 6<sup>th</sup> and 8<sup>th</sup> grade during the earlier years of the study, and a substantial decline in initiation in all grades over the course of the study. One important difference between trends in smokeless tobacco and cigarettes is that for all grades the decline in smokeless tobacco paused in the late 2000s. This pause actually turned to a slight upswing beginning in the lower grades around 2005 and continuing through 2010 in 12<sup>th</sup> grade (again suggesting a cohort effect). Initiation rates have since declined, with the exception of a slight, one-year upsurge present among 9<sup>th</sup> graders in 2013 that followed the cohort as it aged and has since moved out of the high school years. The introduction of new products and advertising may have played a role in the resurgence in lifetime prevalence seen in the early to mid 2000s.

# DRUGS NO LONGER ANNUALLY TRACKED FOR INITIATION DUE TO LOW LEVELS OF USE

- The study reported the use of *nitrite* inhalants from 1975 until 2009, when prevalence fell to such a low level that questions on nitrites were dropped and replaced with questions on other drugs. For a discussion of nitrite initiation, see the 2014 version of this monograph that reports data through 2013.
- Retrospective questions about grade of first use for *PCP* were added in 1980 and discontinued in 2009 because very low prevalence made it strategic for the survey to ask questions about other drugs. For a discussion of initiation trends for this drug see the 2014 version of this volume that reports data through 2013.
- The study tracked the initiation of *methaqualone* use (brand name Quaalude) from 1975 to 2013, when items were deleted due to low prevalence. A full discussion of initiation trends for this drug is available in the 2014 version of this volume that reports data through 2013.
- The study reported initiation of *steroid* use among 12<sup>th</sup> grade students from 1989 to 2019 and for 8<sup>th</sup> and 10<sup>th</sup> grade students from 1991 to 2015. Due to low prevalence, these questions have been removed to make room for questions on other drugs. For information on steroid use initiation among 12<sup>th</sup> grade students see the <u>version</u> of this volume that reports data through 2019 (published in 2020), and for 8<sup>th</sup> and 10<sup>th</sup> grade students see the <u>version</u> that reports data through 2014 (published in 2015).

#### **NONCONTINUATION RATES**

One indication of the proportion of people who try a drug but do not continue to use it can be derived from calculating the percentage of those who ever used a drug in their lifetime (once or more) but did *not* use it in the 12 months preceding the survey.<sup>5</sup> We use the word "noncontinuation" rather than "discontinuation" to describe this situation because the latter term might imply discontinuing an established pattern of use, whereas our current operational definition includes noncontinuation by experimental users as well as established users. Figure 6-24 provides these noncontinuation rates for most drug classes for each of the three grades in 2022; drugs are ordered from highest to lowest rates based on the ranking shown for 12<sup>th</sup> graders. This set of three figures shows that noncontinuation rates vary widely by drug.

• Among 12<sup>th</sup> grade students, some of the lowest noncontinuation rates are observed for *alcohol* (16%), *marijuana* (20%), and *vaping nicotine* (30%). These low noncontinuation rates indicate that the majority of youth who have started using these drugs continue to use them. These are also the drugs with the highest levels of prevalence in 12<sup>th</sup> grade. At the same time, it is important to recognize that substantial proportions of students who try the various illicit drugs do not continue use, even into later adolescence.

<sup>&</sup>lt;sup>5</sup> This operationalization of noncontinuation has an inherent limitation in that users of a given drug who initiated use *during* the past year by definition cannot be noncontinuers. Thus, the definition tends to understate the noncontinuation rate, particularly for drug use initiated late in high school rather than in earlier years or for newly popular drugs.

- The noncontinuation rate of 31% for *nicotine vaping* is among the lower levels of all substances assessed (above crack, vaping marijuana, marijuana, been drunk, and alcohol). Likely contributing to the low noncontinuation level is the low level of perceived risk for nicotine vaping (discussed in Chapter 8).
- In contrast to illicit drugs, noncontinuation rates for *licit* drugs are extremely low. Among 12<sup>th</sup> grade students *alcohol* has a lifetime prevalence of 62% and an annual prevalence of 52%, yielding a noncontinuation rate of only 16% (1 52%/62%).
- Noncontinuation had to be defined differently for *cigarettes* because respondents are not asked to report on their cigarette use in the past year. The noncontinuation rate is thus defined as the percentage of those who say they had ever smoked who also reported not smoking at all during the *past 30 days* rather than the past year. Of the 12<sup>th</sup> graders who said they were ever regular smokers, 76% have ceased active use.
- Noncontinuation is defined for *smokeless tobacco* much the same way as for cigarettes. In 2022, 69% of lifetime regular users did not use in the past 30 days.
- In addition to providing 12<sup>th</sup> grade data, Figure 6-24 presents comparable data on noncontinuation rates based on responses of 8<sup>th</sup> and 10<sup>th</sup> graders. The drugs have been left in the same order as the rank ordered drugs in 12<sup>th</sup> grade to facilitate comparison across grades.
- The noncontinuation rates for *inhalants* are very high, at 63%, 68%, and 69% in grades 8, 10, and 12, respectively.

#### TRENDS IN NONCONTINUATION RATES: 12th GRADERS

Table 6-5a shows how the noncontinuation rates observed for the various classes of drugs have changed over time among 12<sup>th</sup> graders. "Noncontinuation" refers to not using a drug in the prior 12 months after having used it at some earlier time in one's life. In other words, the noncontinuation rate is the percent of lifetime users who did not report using the drug in the past 12 months (or in the case of cigarettes, in the past 30 days). These rates and the changes in them over the years are shown in Table 6-5a for lifetime users; in Table 6-5b the noncontinuation rates are based on 12<sup>th</sup> graders who are "experienced users" (i.e., used the drug 10 or more times in their lifetime). An important caution is that these estimates are based on students who have ever used specific drugs, and the estimates can vary substantially from year to year for drugs with lower prevalence and thus small numbers of cases.

• The noncontinuation rate for *nicotine vaping* in 2022 was 30%, similar to where it was in 2021 at 31%. This level represents more than a doubling since 2019, when it was 14%. Since 2019 the prevalence of nicotine vaping plateaued and then began to decline. These results suggest that in recent years the decline in adolescent nicotine vaping partly stems from the increasing percentage of adolescents who discontinued use after initiating use.

- Noncontinuation had to be defined differently for *cigarettes* because respondents are not asked to report on their cigarette use in the past year. The noncontinuation rate is thus defined as the percentage of those who say they ever smoked in their lifetime who also reported not smoking at all during the *past 30 days* rather than the past year. In 2022 noncontinuation of cigarettes continued its long term increase and was at 76%, a level second only to 2021 when it was 77%.
- Noncontinuation of *smokeless tobacco* was near its highest recorded level in 2022 at 69%.
   One possibility is that nicotine vaping is displacing teen use of cigarettes and smokeless tobacco, a hypothesis that warrants close consideration.
- The noncontinuation rate for *marijuana vaping* has more than doubled in the past four years, from 12% in 2019 to 25% in 2022. Part of the reason for these increased rates may be the outbreak of vaping related lung injury in 2020, which was <u>linked</u> to marijuana vaping. Since 2019 the prevalence of marijuana vaping has plateaued after marked increases in 2018 and 2019. As with nicotine vaping, these results suggest that in recent years the decline in adolescent marijuana vaping partly stems from the increasing percentage of adolescents who discontinued use after initiating use.
- *Marijuana* use overall—that is, without the question specifying any specific method of use—has one of the lowest rates of noncontinuation of all drugs (Table 6-5a). In 2022, the noncontinuation rate was only 20%, and has hovered in a narrow window between 18% and 26% over the last two decades.

During the 1990s, marijuana noncontinuation rates fell by half, from a high of 35% in 1991 to a low of 17% in 1995, indicating that the substantial increase in prevalence during this period represented not only an increase in youth adopting marijuana use, but also sharply lower levels of users desisting from it. Previous to 1992, noncontinuation had gradually increased since the early 1980s, and with these higher rates of noncontinuation came a decrease in marijuana prevalence during those same years.

• In 2022 among the 2.4% of 12<sup>th</sup> graders who had ever used *cocaine*, 40% of them did not use (i.e., were noncontinuers) in the past 12 months. This level has not trended over the past decade and has hovered at about 40%, with the highest level during the past decade at 52% in 2021, and the lowest level at 31% in 2020.

Noncontinuation has played a substantial role in the changing prevalence of cocaine use over the life of the survey. The noncontinuation rate decreased from 38% in 1976 to 22% in 1979, corresponding to, as well as contributing to, a period of increase in the annual prevalence of its use. It then remained fairly stable through 1986, corresponding to a period of stability in prevalence of use. After 1986, the noncontinuation rate rose very substantially—from 25% in 1986 to 55% in 1991—as the annual prevalence of use fell dramatically. This pattern strongly suggests that the sharp increase in perceived risk, which began in 1986, influenced both the initiation rate and the noncontinuation rate. After 1991, during the relapse phase in the epidemic, the noncontinuation rate began declining fairly rapidly once again, reaching 31% by 1996. (The prevalence of cocaine use overall was

increasing during that period.) After 1996, the noncontinuation rate rose again—corresponding to a period of leveling in overall use—reaching 42% by 2000. In sum, the prevalence of cocaine use over three decades demonstrates that both noncontinuation and initiation play important roles in driving prevalence trends in drug use.

Noncontinuation of past-year *amphetamine* use outside of medical supervision was 47% in 2022. It has been steadily increasing since 2015, when it was 29%. Prevalence of amphetamines has declined while fewer 12<sup>th</sup> grade students have continued use since 2015.

This increase in recent years marks the end of a two decade period from 1995 to 2015 when both noncontinuation and amphetamine prevalence showed little systematic variation. Previous to 1995, amphetamine noncontinuation showed considerably more variation and had greater influence on amphetamine prevalence. It rose between 1982 (27%) and 1992 (49%) as use declined. Between 1992 and 1996, when overall use was rising, noncontinuation fell from 49% to 38% then remained fairly level, corresponding to a period of leveling in use.

• Noncontinuation of *sedative* (*barbiturate*) use outside of medical supervision was 44% in 2022, near the highest level recorded since 1992. Levels have increased systematically since 2017, during which time prevalence has declined.

Prior to 2017 sedative noncontinuation hovered in the low to mid 30% range since 1995. Prior to 1995 noncontinuation showed more variation and exerted a substantial influence on sedative prevalence. Much of the decline in sedative use during the 1980s was accounted for by increasing rates of noncontinuation for the specific substances in this class. For example, in the case of *barbiturates*, the noncontinuation rate rose from 36% in 1979 to 52% in 1988. It then declined in the 1990s—as use rose—to 37% by 1995, after which it leveled for several years and then declined further to 30% in 2002. The noncontinuation rate for *methaqualone* was 29% in 1979, rising dramatically to 70% by 1990. Since 1990, use levels have been very low among 12<sup>th</sup> graders. Because of the very low numbers of cases upon which to base such estimates, methaqualone has been omitted from the tables and figures showing noncontinuation rates, and in 2013 that drug was dropped altogether from the questionnaire.

Noncontinuation of *tranquilizer* use outside of medical supervision was near an all-time high at 53% in 2022, when its 12-month and 30-day prevalence was also near an all-time low among 12<sup>th</sup> grade students. Previously, noncontinuation of tranquillizer use had fluctuated between 29% and 45% since 1995. Prior to 1995 it showed more variation and exerted a substantial influence on tranquilizer prevalence. As overall use of tranquilizers declined during the 1970s and through the 1980s, 12<sup>th</sup> grade lifetime users also showed a steady, gradual increase in their noncontinuation rates between 1975 and 1982, from 38% to 50%. This rate changed little for a decade until, in the period of the 1990s drug relapse, noncontinuation of tranquilizers declined from 53% in 1992 to 36% in 1996 and prevalence increased. The rate has remained fairly level since then, reflecting a period of relatively high, but gradually declining use.

• *Alcohol* has had the lowest rate of noncontinuation in every year of the survey and in 2022 it was 16%. In previous years it increased gradually from about 1988 (when it was 7%) to 1993 (when it was 12%), perhaps reflecting the changed norms regarding its use (see Chapter 8). These norms, in turn, may have reflected both the influence of a number of states changing the legal drinking age and a greater emphasis being placed on the dangers of drunk driving.

Table 6-5b provides noncontinuation rates for 12<sup>th</sup> graders who were "experienced users" of the various drugs, here defined as those who reported having used a drug on 10 or more occasions during their lifetime. It shows that noncontinuation is far less likely among more experienced users than among less experienced users of a given drug, often three times lower or more. Further, while the direction of the trends in noncontinuation rates among all users have been similar to trends observed in the same drugs for experienced users, the degree of fluctuation in noncontinuation has tended to be considerably smaller among more experienced users.

The numbers of cases upon which each percentage in Table 6-5b is based are considerably smaller than in most other tables, because there are fewer experienced users, and particularly when overall use of a drug is low to start with; therefore, the trend data are somewhat uneven. The following are some important trends we have seen for noncontinuation rates of experienced users:

- The noncontinuation rate for experienced *marijuana* users has been very low throughout the past 45 years, ranging from a low of 4% in 1975 to a high of only 12% in 1990. In 2022 it was at a near historic low level at 6%.
- Noncontinuation had to be defined differently for *cigarettes* because respondents are not asked to report on their cigarette use in the past year. The noncontinuation rate for experienced users is thus defined as the percentage of those who say they ever smoked "regularly" who also reported not smoking at all during the *past 30 days* rather than in the past year.

In 2022 the noncontinuation rate was 38%, the second highest level recorded by the survey since 1975. The previous high was in 2019, at 43%. These high levels of noncontinuation of "experienced users" in recent years contribute to the lowest prevalence levels of 12<sup>th</sup> grade cigarette use recorded by the study in recent years.

The noncontinuation level in 2022 is almost triple the nadir of 13% that was reached in 1997, at the height of the drug relapse. Increases in noncontinuation rates suggest that it is possible for many youth who have smoked regularly to stop before they develop a lifelong dependence on cigarettes and the associated health consequences. Nevertheless, even today the vast majority of youth who develop a smoking habit early do not stop by 12<sup>th</sup> grade, highlighting cigarette use as a particularly addictive behavior.

#### IMPLICATIONS OF NONCONTINUATION FOR PREVENTION

Wherever prevention programs take place—whether for schools, families, communities, or the media—questions arise as to what *should* be prevented and what *can* be prevented. While efforts to reduce adolescent initiation of substance use have received wide support and considerable

resources, there has been considerably less consensus as to whether the discontinuation of use is a realistic goal for prevention efforts. We believe the results just presented here help to inform that debate.

The findings show that whatever social forces brought about the large declines in drug use during the 1980s and the substantial increases during the 1990s operated through effects on *both* initiation and noncontinuation rates. Put another way, the decreases and subsequent increases in annual and 30-day prevalence of use were considerably larger than could be explained by fluctuations in initiation rates alone. These findings show that noncontinuation *can* and *does* change appreciably and, therefore, that any comprehensive prevention strategy should include increasing cessation—that is, preventing continuation and escalation among users—as one of its objectives, particularly cessation from early stage use.

The findings show the importance of distinguishing among users at different levels of involvement. A comparison of the noncontinuation rates in Table 6-5a, based on all previous users, and Table 6-5b, based on only experienced users (those who reported having used a given drug 10 or more times) is highly instructive. Clearly, 12<sup>th</sup> graders in the early stages of use were appreciably more likely to discontinue their use than their counterparts who had greater involvement with the drug. This makes early intervention in terms of turning initial experimental use into nonuse not only a viable goal for prevention, but also a particularly important one.

TABLE 6-1 Incidence of Use of Various Drugs by Grade for 8th Graders, 2022

(Entries are percentages.)

				dens		kiesta e	and the state of t			e other traff	Clack	dines	No.		*		Daily	Jees Tobacco Hirodire
	Mariju	and Inhala	nts Halluci	inoders	Halluci	nos Lestas	y Cocair	ie Clack	Cocair	le o Heroin	AMPH	atanine's	illize Alcoho	) Assur	Drunk Cigare	ites cidal	attes (Daily)	Vaping Hicdine
Grade in which drug was first used:		-			•					·	·		·	-				
4th (or below)	0.4	1.4	0.1	0.1	0.0	0.1	0.1	0.0	0.1	0.2	0.2	0.1	3.9	0.4	1.1	0.0	0.4	0.7
5th	0.4	8.0	0.0	0.0	0.1	0.0	0.1	0.0	0.1	0.0	0.0	0.1	2.7	0.3	0.6	0.0	0.3	1.2
6th	1.3	0.6	0.1	0.1	0.1	0.2	0.1	0.1	0.1	0.1	0.2	0.2	4.2	0.9	1.1	0.2	8.0	2.6
7th	2.9	0.9	0.2	0.2	0.2	0.1	0.2	0.1	0.1	0.0	0.1	0.1	7.0	2.4	1.4	0.2	0.5	5.6
8th	3.9	0.6	0.3	0.0	0.2	0.7	0.2	0.1	0.1	0.1	0.4	0.4	5.1	2.8	8.0	0.2	1.0	5.1
Never used	91.2	95.7	99.3	99.6	99.4	99.0	99.5	99.6	99.6	99.6	99.1	99.2	77.0	93.2	95.0	99.4	97.0	84.8

Source. The Monitoring the Future study, the University of Michigan.

Notes. Questions on marijuana, inhalants, cocaine, crack, cocaine other than crack, alcohol, been drunk, cigarettes, and daily cigarettes included on all surveys. Questions on vaping included in randomly-selected five-sixths of surveys. Questions on hallucinogens, LSD, hallucinogens other than LSD, heroin, amphetamines, tranquilizers, and smokeless tobacco included in randomly-selected one-half of surveys. Questions on ecstasy (MDMA) included in randomly-selected one-third of surveys.

Prevalence levels in these tables do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

<sup>&</sup>lt;sup>a</sup>Data based on the percentage of regular smokers (ever).

TABLE 6-2 Incidence of Use of Various Drugs by Grade for 10th Graders, 2022

(Entries are percentages.)

				ens		ens other	arthan LSD Mendman			e office from	Crack	ines	√e,		<b>\</b>		Daily	Less Tobacco Hichire
	Mariju	ana Inhala	its Halluc	inogens iso	Halluci	Woda Cicata	Cocair	ie Clack	Cocair	le or	Amph	starnines Trand	dilize alcohol	heen (	Drunk Cidale	cidat	sites Daily	Japing Alcoline
Grade in which drug was first used:		`	`	·	,	·				,	,	·	,	·				<u> </u>
4th (or below)	0.3	1.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.1	0.0	3.0	0.5	1.1	0.1	0.4	0.5
5th	0.6	0.6	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.1	0.0	1.7	0.2	0.6	0.0	0.4	8.0
6th	1.4	0.4	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3.6	0.9	0.9	0.1	0.4	2.0
7th	2.9	0.5	0.2	0.1	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.1	5.1	1.6	1.1	0.2	0.5	4.7
8th	4.7	0.4	0.4	0.3	0.3	0.2	0.1	0.1	0.1	0.1	0.4	0.3	9.7	4.2	1.6	0.2	0.7	6.5
9th	6.0	0.3	0.9	0.7	0.4	0.3	0.1	0.0	0.1	0.1	0.4	0.4	11.5	7.6	1.7	0.3	1.2	6.9
10th	5.6	0.2	0.5	0.2	0.5	0.3	0.2	0.1	99.6	0.1	0.4	0.1	7.2	5.4	1.2	0.2	8.0	4.7
Never used	78.5	96.2	98.0	98.6	98.7	99.2	99.6	99.7		99.5	98.5	99.1	58.2	79.7	91.8	98.8	95.6	73.9

Source. The Monitoring the Future study, the University of Michigan.

Notes. Questions on marijuana, inhalants, cocaine, crack, cocaine other than crack, alcohol, been drunk, cigarettes, and daily cigarettes included on all surveys. Questions on vaping included in randomly-selected five-sixths of surveys. Questions on hallucinogens, LSD, hallucinogens other than LSD, heroin, amphetamines, tranquilizers, and smokeless tobacco included in randomly-selected one-half of surveys. Questions on ecstasy (MDMA) included in randomly-selected one-third of surveys.

Prevalence levels in these tables do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

<sup>&</sup>lt;sup>a</sup>Data based on the percentage of regular smokers (ever).

TABLE 6-3 Incidence of Use of Various Drugs by Grade for <u>12th Graders</u>, 2022

(Entries are percentages.)

	ger <sup>4</sup>	llicit Drug Any	Mail of Mail	other that	, Marijiani Jana Dajiv	of Month	or More	Halli	cinodens Ecst	other than	ine Crad	⊁ <sub>Yeld</sub>	ir Harc	dics differ	tranteron de la constante de l	jin Silves (Badi	dulikats dulikats	io pee	, Orunik Ciga	Cidi	alettes (Or	Keless Loy	acconice Maili
Grade in which drug was first used:	•	·	·		·	·	·	·	·			·	·	•			•	·					
6th (or below)	1.5	1.0	0.7	0.5	0.4	0.3	0.2	0.2	0.1	0.1	0.0	0.0	0.0	0.3	0.2	0.0	3.9	0.5	1.2	0.1	1.1	1.1	0.8
7th-8th d	6.0	8.0	5.5	4.7	0.3	0.1	0.1	0.1	0.0	0.1	0.0	0.2	0.3	0.2	0.3	0.3	9.5	4.3	3.1	0.3	2.8	9.1	3.5
9th	10.3	2.0	9.5	2.9	0.1	0.9	0.9	0.7	0.5	0.0	0.0	0.0	0.4	0.6	0.3	1.0	12.8	7.9	2.2	0.4	1.6	10.1	7.5
10th	7.3	1.6	7.2	2.9	0.1	1.3	1.0	8.0	8.0	0.1	0.0	0.0	0.2	0.4	0.2	0.3	13.1	8.9	2.3	0.2	1.2	7.1	6.3
11th	7.5	1.9	7.2	0.9	0.0	1.5	1.1	0.7	0.4	0.3	0.1	0.0	0.1	0.3	0.2	0.6	10.4	6.3	3.1	0.3	1.3	4.3	5.6
12th	4.7	1.5	4.3	0.0	0.6	0.9	0.4	0.7	0.3	0.6	0.3	0.0	0.2	0.4	0.2	0.2	9.0	6.4	1.3	0.1	0.5	3.2	4.4
Never used	62.6	91.2	65.6	88.2	98.5	95.0	96.2	96.9	98.1	98.8	99.7	99.7	98.7	97.8	98.6	97.7	41.3	65.7	86.9	98.6	91.4	65.2	72.1

Source. The Monitoring the Future study, the University of Michigan.

Notes. Questions on marijuana daily for month or more, inhalants, crack, and ecstasy (MDMA) included in randomly-selected one-sixth of surveys. Questions on vaping included in randomly-selected two-thirds of surveys. Questions on any illicit drug, any illicit drug other than marijuana, marijuana, hallucinogens, LSD, hallucinogens other than LSD, cocaine, heroin, narcotics other than heroin, amphetamines, sedatives (barbiturates), tranquilizers, alcohol, been drunk, and smokeless tobacco included in randomly-selected one-third of surveys. Questions on cigarettes and daily cigarettes included in randomly-selected one-half of surveys.

Prevalence levels in these tables do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

<sup>&</sup>lt;sup>a</sup>Unadjusted for known underreporting of certain drugs. See text for details.

<sup>&</sup>lt;sup>b</sup>Based on data from the revised question, which attempts to exclude the inappropriate reporting of nonprescription amphetamines.

<sup>&</sup>lt;sup>c</sup>Data based on the percentage of regular smokers (ever).

<sup>&</sup>lt;sup>d</sup>For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about initiation in each grade separately. For consistency, those 12th graders reporting initiation of use in 7th or 8th grade are combined on the chapter 6 tables and figures.

TABLE 6-4
Incidence of Use of Various Drugs: A Comparison of Responses from 8th, 10th, and 12th Graders, 2022

	â	litara d	gants in	lluinogene <sup>®</sup>	NI NI	Licinogene of	ine than is	o dine	÷ .á	ire other th	an Crack	phetamines Training	Redillers	nol been	n Drunk	aleite <sup>s</sup>	nettes (Dall	He Valid
e level of indents:	No	Intr	40	inc, Ed	48.	₹ <sub>C</sub>	C <sub>O</sub> C	Cke	<u> </u>	46.	Þu.	<	Allo	� <sup>®</sup>	Ç <sub>irə</sub>	, Cira	' Sn'	734
									who used									
8th	2.1	2.8	0.2	0.2	0.2	0.3	0.2	0.1	0.2	0.3	0.3	0.3	10.9	1.6	2.8	0.2	1.5	4.5
10th	2.3	2.5	0.0	0.0	0.0	0.0	0.1	0.0	0.1	0.2	0.2	0.0	8.3	1.6	2.6	0.2	1.2	3.3
12th	0.7	0.4	0.3	0.2	0.2	0.1	0.1	0.0	_	0.0	0.3	0.0	3.9	0.5	1.2	0.1	1.1	1.1
							Perc	entage	who used	by end	of 8th gr	rade						
8th	8.8	4.3	0.7	0.4	0.6	1.0	0.5	0.4	0.4	0.4	0.9	8.0	23.0	6.8	5.0	0.6	3.0	15.2
10th	9.9	3.3	0.6	0.5	0.4	0.2	0.2	0.1	0.3	0.3	0.7	0.4	23.1	7.3	5.3	0.7	2.4	14.5
12th	6.2	0.7	0.4	0.4	0.3	0.1	0.2	0.0	_	0.3	0.5	0.3	13.4	4.8	4.3	0.4	3.9	10.2
							Porce	entage v	vho used	by end o	of 10th a	ırade						
							FEIU	ciliage v	ino acca	<i>~</i> , ~	,, , o g							
10th	21.5	3.8	2.0	1.4	1.3	0.8	0.4	0.3	100.0	0.5	1.5	0.9	41.8	20.3	8.2	1.2	4.4	26.1

Source. The Monitoring the Future study, the University of Michigan.

Notes. For 8th and 10th graders only: Questions on marijuana, inhalants, cocaine, crack, cocaine other than crack, alcohol, been drunk, cigarettes, and daily cigarettes included on all surveys. Questions on vaping included in randomly-selected five-sixths of surveys. Questions on hallucinogens, LSD, hallucinogens other than LSD,

heroin, amphetamines, tranquilizers, and smokeless tobacco included in randomly-selected one-half of surveys. Questions on ecstasy (MDMA) included in randomly-selected one-third of surveys.

For 12th graders only: Questions on marijuana daily for month or more, inhalants, crack, and ecstasy (MDMA) included in randomly-selected one-sixth of surveys. Questions on vaping included in randomly-selected two-thirds of surveys. Questions on any illicit drug, any illicit drug other than marijuana, marijuana, hallucinogens, LSD, hallucinogens other than LSD, cocaine, heroin, narcotics other than heroin, amphetamines, sedatives (barbiturates), tranquilizers, alcohol, been drunk, and smokeless tobacco included in randomly-selected one-third of surveys. Questions on cigarettes and daily cigarettes included in randomly-selected one-half of surveys.

Prevalence levels in these tables do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

§ Insufficient data for 2020 estimate.

<sup>&</sup>lt;sup>a</sup>Unadjusted for underreporting of certain drugs. See text for details.

<sup>&</sup>lt;sup>b</sup>Based on data from the revised question, which attempts to exclude the inappropriate reporting of nonprescription amphetamines.

<sup>&</sup>lt;sup>c</sup>Data based on the percentage of regular smokers (ever).

TABLE 6-5a
Trends in Noncontinuation Rates among 12th Graders
Who Ever Used Drug in Lifetime

Percentage who did not use in last 12 months

	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	1982	<u>1983</u>	<u>1984</u>	1985	<u>1986</u>	<u>1987</u>	<u>1988</u>	1989	<u>1990</u>	<u>1991</u>	1992	1993	<u>1994</u>	1995	<u>1996</u>	<u>1997</u>	<u>1998</u>
Marijuana/Hashish	15.4	15.7	15.6	15.2	15.9	19.1	22.5	24.5	25.8	27.1	25.1	23.8	27.7	29.9	32.3	33.7	34.9	32.8	26.3	19.6	16.8	20.3	22.4	23.6
Inhalants	_	70.9	66.7	65.8	57.5	61.3	66.7	64.8	68.4	64.6	63.0	61.6	59.4	61.1	66.5	61.7	62.5	62.7	59.8	56.5	54.0	54.2	58.4	59.2
Inhalants, Adjusted	_	_	_	_	50.8	55.7	65.5	63.3	64.4	58.4	59.8	55.7	56.5	59.4	62.9	59.5	61.7	62.4	58.2	55.2	52.8	51.4	56.8	57.0
Amyl/Butyl Nitrites	_	_	_	_	41.4	48.6	63.4	63.3	57.1	50.6	49.4	45.3	44.7	46.9	48.5	33.3	†	†	†	†	†	†	t	†
Hallucinogens <sup>a</sup>	31.3	37.7	36.7	32.9	29.8	30.1	32.3	35.2	38.7	39.3	38.8	38.1	37.9	38.2	40.4	37.2	39.6	35.9	32.1	33.3	26.8	27.9	35.1	36.2
Hallucinogens, Adjusted <sup>a</sup>	_	_	_	_	31.2	32.5	35.7	38.0	36.7	40.6	36.9	36.1	36.8	37.0	37.4	38.1	39.0	34.0	31.0	33.3	26.0	26.2	35.1	36.1
LSD	36.3	41.8	43.9	35.1	30.5	30.1	33.7	36.5	39.3	41.3	41.3	37.5	38.1	37.7	41.0	37.9	40.9	34.9	34.0	34.3	28.2	30.2	38.2	39.7
Hallucinogens other than LSD <sup>a</sup>	33.3	42.1	38.4	37.1	36.4	36.7	38.5	41.3	43.8	42.4	44.6	47.4	40.7	48.8	48.8	48.8	45.9	48.5	43.6	36.7	29.6	35.3	38.7	35.2
PCP	_	_	_	_	45.3	54.2	59.0	63.3	53.6	54.0	40.8	50.0	56.7	58.6	38.5	57.1	51.7	41.7	51.7	42.9	33.3	35.0	41.0	46.2
Ecstasy (MDMA)	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	24.6	42.0	37.9
Cocaine	37.8	38.1	33.3	30.2	22.1	21.7	24.8	28.1	29.6	28.0	24.3	24.9	32.2	34.7	36.9	43.6	55.1	49.2	45.9	39.0	33.3	31.0	36.8	38.7
Crack	_	_	_	_	_	_	_	_	_	_	_	_	27.8	35.4	34.0	45.7	51.6	42.3	42.3	36.7	30.0	36.4	38.5	43.2
Cocaine other than Crack	_	_	_	_	_	_	_	_	_	_	_	_	30.0	38.8	38.8	46.5	54.3	50.9	46.3	42.3	33.3	34.4	39.0	41.7
Heroin <sup>b</sup>	54.5	55.6	55.6	50.0	54.5	54.5	54.5	50.0	50.0	61.5	50.0	54.5	58.3	54.5	53.8	61.5	55.6	50.0	54.5	50.0	31.3	44.4	42.9	50.0
With a needle	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	28.6	37.5	44.4	50.0
Without a needle	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	28.6	41.2	42.9	50.0
Narcotics other than Heroin c,d	36.7	40.6	37.9	39.4	38.6	35.7	41.6	44.8	45.7	46.4	42.2	42.2	42.4	46.5	47.0	45.8	47.0	45.9	43.8	42.4	34.7	34.2	36.1	35.7
Amphetamines c,e	27.4	30.1	29.1	25.3	24.4	21.2	19.3	27.2	33.5	36.6	39.7	42.7	43.5	44.9	43.5	48.0	46.8	48.9	44.4	40.1	39.2	37.9	38.2	38.4
Methamphetamine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Crystal Methamphetamine (Ice)	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	51.9	57.6	55.2	45.2	47.1	38.5	36.4	47.7	43.4
Sedatives (Barbiturates) c,f	36.7	40.7	40.4	40.9	36.4	38.2	41.6	46.6	47.5	50.5	50.0	50.0	51.4	52.2	49.2	50.0	45.2	49.1	46.0	41.4	36.5	35.5	37.0	36.8
Sedatives, Adjusted	35.7	39.5	37.9	38.1	32.2	30.9	34.4	40.1	45.1	50.4	50.8	50.0	52.9	52.6	50.0	_	_	_	_	_	_	_	_	_
Methaqualone <sup>c</sup>	37.0	39.7	38.8	38.0	28.9	24.2	28.3	36.4	46.5	54.2	58.2	59.6	62.5	60.6	51.9	69.6	t	t	t	t	t	t	†	t
Tranquilizers c,g	37.6	38.7	40.0	41.8	41.1	42.8	45.6	50.0	48.1	50.8	48.7	46.8	49.5	48.9	50.0	51.4	50.0	53.3	45.3	43.9	38.0	36.1	39.7	35.3
Rohypnol	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	t	†	53.3
Alcohol h	6.2	6.7	5.9	5.8	5.3	5.7	6.0	6.5	5.7	7.1	7.2	7.4	7.0	7.3	8.8	9.9	11.7	12.2‡	9.1	9.2	8.7	8.5	8.4	8.7
Been Drunk	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	19.4	20.7	20.6	17.8	16.9	16.0	17.1	16.7
Cigarettes <sup>j</sup>	50.1	48.5	49.2	51.3	53.4	57.0	58.6	57.1	57.1	57.9	56.2	56.2	56.2	56.7	56.4	54.4	55.1	55.1	51.7	49.6	47.7	46.4	44.1	46.3
Vaping Nicotine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping Marijuana	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Smokeless Tobacco j	_	_	_	_	_	_	_	_	_	_	_	63.4	64.9	66.1	71.2	_	_	64.7	65.6	63.4	60.4	67.3	61.7	66.5
Steroids i	_	_	_	_	_	_	_	_	_	_	_	_	_	_	36.7	41.4	33.3	47.6	40.0	45.8	34.8	26.3	41.7	37.0

(Table continued on next page.)

### TABLE 6-5a (cont.)

## Trends in Noncontinuation Rates among 12th Graders

#### **Who Ever Used Drug in Lifetime**

#### Percentage who did not use in last 12 months

	<u>1999</u>	2000	2001	2002	2003	2004	2005	<u>2006</u>	2007	2008	2009	<u>2010</u>	<u>2011</u>	2012	2013	2014	<u>2015</u>	2016	2017	<u>2018</u>	2019	2020	2021	2022
Marijuana/Hashish	23.9	25.2	24.5	24.3	24.3	24.9	25.0	25.6	24.1	24.0	21.9	20.5	20.1	19.5	20.0	20.9	21.8	20.0	17.6	17.6	18.4	19.4	20.8	19.7
Inhalants	63.6	58.5	65.4	61.5	65.2	61.5	55.6	59.4	65.1	62.0	63.8	59.7	60.8	63.6	63.7	70.1	66.6	67.0	68.8	63.9	64.1	70.5	64.6	69.1
Inhalants, Adjusted	62.5	57.5	64.5	60.5	63.1	59.6	54.6	58.7	63.2	60.7	60.1	_	_	_	_	_	_	_	_	_	_	_	_	_
Amyl/Butyl Nitrites	t	t	†	t	t	t	t	t	t	t	t	_	_	_	_	_	_	_	_	_	_	_	_	_
Hallucinogens <sup>a</sup>	31.4	37.7‡	34.4	45.0	44.3	36.1	38.2	41.3	35.4	32.3	36.7	35.9	38.0	36.5	41.4	36.9	34.5	35.4	33.9	35.0	34.0	29.0	42.6	37.7
Hallucinogens, Adjusted <sup>a</sup>	31.0	36.0‡	32.8	43.8	40.4	35.4	35.8	39.8	34.9	31.6	35.6	34.5	34.3	35.7	39.9	_	_	_	_	_	_	_	_	_
LSD <sup>a</sup>	33.6	40.5	39.4	58.3	67.8	52.2	48.8	49.0	38.6	31.4	40.9	35.6	33.0	37.5	44.5	33.3	32.5	38.7	33.6	37.7	35.8	33.8	48.7	44.3
Hallucinogens other than LSD <sup>a</sup>	35.8	36.2‡	37.1	41.3	40.0	35.6	38.6	41.4	37.5	35.3	37.7	38.1	41.4	38.7	42.2	40.3	39.5	42.2	38.8	39.6	37.1	40.6	45.6	39.4
PCP	47.1	32.4	48.6	64.5	48.0	t	t	t	t	t	t	t	t	t	t	_	_	_	_	_	_	_	_	_
Ecstasy (MDMA)	30.0	25.5	21.4	29.5	45.8	46.7	44.0	36.8	30.2	30.3	34.8	38.8	33.7	47.5	43.7	35.7‡	39.3	45.4	47.2	46.4	34.3	48.5	59.3	53.7
Cocaine	36.7	41.9	41.5	35.9	37.7	34.6	36.8	32.6	33.0	39.6	44.2	46.2	44.7	43.9	41.8	38.4	36.9	38.2	34.5	40.1	40.7	30.7	51.5	39.2
Crack	41.3	43.6	43.2	39.5	38.9	41.0	43.9	41.7	40.1	43.2	45.4	42.1	45.4	42.5	41.6	37.5	38.6	41.9	39.4	39.5	37.0	25.9	51.5	27.3
Cocaine other than Crack	34.1	41.6	40.5	37.1	37.3	35.6	36.6	34.6	34.3	38.0	44.1	49.0	46.0	46.2	43.5	42.0	36.9	37.7	34.2	41.5	42.0	27.1	57.4	31.6
Heroin <sup>b</sup>	45.0	37.5	50.0	41.2	46.7	40.0	43.9	45.6	39.9	43.1	39.8	45.1	46.4	41.3	42.9	38.9	40.6	55.7	42.2	53.3	37.1	t	72.7	t
With a needle	55.6	†	†	†	42.9	42.9	46.7	37.7	48.6	t	t	40.0	33.6	t	t	36.9	48.0	t	†	t	†	t	t	48.1
Without a needle	44.4	33.3	46.7	50.0	55.6	50.0	39.9	48.1	30.7	53.6	30.9	40.0	46.4	50.0	51.0	t	†	t	t	t	t	t	t	_
Narcotics other than Heroin c,d	34.3	34.0	32.3‡	30.7	29.5	29.6	29.4	32.5	30.1	30.8	30.2	33.2	33.0	35.4	36.3	36.0	36.5	38.9	37.8	43.6	49.3	60.3	57.5	48.1
Amphetamines c,e	37.4	32.7	32.7	33.9	31.3	33.3	34.5	35.1	34.7	35.8	32.9	33.7	33.2	34.3‡	29.3	32.7	28.8	33.1	36.1	36.5	41.9	42.1	52.4	46.9
Methamphetamine	42.7	45.6	43.5	46.3	48.4	45.2	43.3	43.5	44.3	55.6	50.0	53.7	34.1	37.9	38.6	50.5	42.8	t	t	t	t	t	†	t
Crystal Methamphetamine (Ice)	60.4	45.0	39.0	36.2	48.7	47.5	41.9	46.0	52.0	62.6	54.0	50.9	45.1	49.1	43.0	39.9	54.4	t	t	t	t	t	t	t
Sedatives (Barbiturates) c,f	34.8	32.6	34.5	29.5	31.8	34.3	31.8	35.7	33.3	31.5	36.2	35.5	38.4	34.8	36.0	37.6	38.2	41.6	34.8	37.0	41.4	45.0	48.7	43.6
Sedatives, Adjusted	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Methaqualone <sup>c</sup>	t	t	†	†	t	t	t	t	t	t	t	t	t	t	_	_	_	_	_	_	_	_	_	_
Tranquilizers c,g	37.6	36.0‡	29.3	32.5	34.3	31.1	31.5	35.5	35.2	30.4	32.5	34.5	35.5	37.1	39.4	36.0	31.7	36.1	37.8	41.5	45.3	55.0	61.9	52.7
Rohypnol	t	t	t	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Alcohol h	7.8	8.8	8.0	8.8	8.5	8.1	8.7	8.5	8.0	9.0	8.5	8.2	9.3	8.5	9.2	8.8	9.0	9.2	9.4	8.9	11.0	10.1	14.1	15.8
Been Drunk	14.6	16.9	16.7	18.2	17.4	14.1	17.0	15.1	16.3	16.7	16.7	18.6	17.4	17.0	16.9	16.8	19.5	19.3	21.5	21.0	19.5	11.4	26.1	19.3
Cigarettes <sup>j</sup>	46.4	49.7	51.6	53.3	54.5	52.6	53.5	54.2	53.2	54.3	53.7	54.5	53.2	56.5	57.3	60.4	63.3	62.8	63.7	67.9	74.2	68.8	76.9	76.4
Vaping Nicotine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	24.7	12.6	13.5	22.1	31.3	29.6
Vaping Marijuana	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	19.8	16.2	12.2	20.9	28.8	25.1
Smokeless Tobacco <sup>j</sup>	64.4	67.0	60.3	64.6	61.1	60.3	56.7	60.2	56.4	58.1	48.7	51.5	50.9	54.6	52.8	44.3	53.2	53.2	54.7	58.8	64.5	§	74.3	68.8
Steroids i	37.9	32.0	35.1	37.5	40.0	26.5	44.2	35.6	35.5	31.5	32.3	27.1	32.5	30.2	31.5	23.7	27.1	37.0	35.5	28.9	33.7	†	38.7	†

(Table continued on next page.)

#### TABLE 6-5a (cont.)

## Trends in Noncontinuation Rates among <u>12th Graders</u> Who Ever Used Drug in Lifetime

Source. The Monitoring the Future study, the University of Michigan.

Notes. '—' indicates data not available. '†' indicates that the cell entry was omitted because it was based on fewer than 50 twelfth graders who ever used drug in lifetime.

All other cells are based on more than 50 cases. '‡' indicates that the question changed in the following year. See relevant footnote for that drug.

§This estimate is not presented in 2020 due to small sample size. The survey question for this estimate appears on a randomly-selected 1/6 of the questionnaires, and the number of responses is uniquely small in 2020 when the COVID-19 pandemic halted MTF data collection prematurely and the resulting sample size was only 25% of the target.

<sup>a</sup>In 2001 the question text was changed in half of the questionnaire forms. Other psychedelics was changed to other hallucinogens and shrooms was added to the list of examples. The 2001 data are based on the changed forms only. In 2002 the remaining forms were changed. Beginning in 2002, the data are based on all forms. Data for hallucinogens are also affected by these changes and have been handled in a parallel manner. Beginning in 2014 hallucinogens, LSD and hallucinogens other than LSD were based on five of six forms.

<sup>b</sup>In 1995, the heroin question was changed in three of six forms. Separate questions were asked for use with and without injection. Data presented here represent the combined data from all forms.

<sup>c</sup>Only drug use not under a doctor's orders is included here.

<sup>d</sup>In 2002 the question text was changed in half of the questionnaire forms. In the list of examples of narcotics other than heroin, Talwin, laudanum, and paregoric were replaced with Vicodin, OxyContin, and Percocet. The 2002 data are based on the changed forms only. In 2003, the remaining forms were changed to the new wording. Beginning in 2003, the data are based on all forms. In 2013 the list of examples was changed on one form: MS Contin, Roxycodone, Hydrocodone (Lortab, Lorcet, Norco), Suboxone, Tylox, and Tramadol were added to the list. An examination of the data did not show any effect from the wording change.

<sup>e</sup>In 2009, the question text was changed slightly in half of the questionnaire forms. An examination of the data did not show any effect from the wording change. The remaining forms where changed in 2010. In 2011 the introduction to the question was changed slightly in one of six forms. An examination of the data did not show any effect from the wording change. In 2013 the question wording was chanaged in three of the questionnaires. The new wording in 2013 asked "On how many occasions (if any) have you taken amphetamines or other prescription stimulant drugs..." In contrast, the old wording did not include the text highlighted in red. Results in 2013 indicated higher prevalence in questionnaires with the new as compared to the old wording; it was 21% higher in 12th grade. 2013 data are based on the changed forms only; *N* is one half of *N* indicated. In 2014 all questionnaires included the new, updated wording.

For 12th graders only: In 2004 the question text was changed in half of the questionnaire forms. Barbiturates was changed to sedatives, including barbiturates. Goofballs, yellows, reds, blues, and rainbows were deleted from the list of examples; Phenobarbital, Tuinal, Nembutal, and Seconal were added. An examination of the data did not show any effect from the wording change. In 2005 the remaining forms were changed in a like manner. In 2013 the question text was changed in all forms: Tuinal, Nembutal, and Seconal were replaced with Ambien, Lunesta, and Sonata. In one form the list of examples was also changed: Tuinal was dropped from the list and Dalmane, Restoril, Halcion, Intermezzo, and Zolpimist were added. An examination of the data did not show any effect from the wording change.

<sup>9</sup>In 2001, for the tranquilizer list of examples, Miltown was replaced with Xanax in half of the questionnaire forms. The 2001 data are based on the changed forms only. In 2002 the remaining forms were changed. Beginning in 2002, the data are based on all forms.

<sup>h</sup>In 1993, the question text was changed slightly in half of the questionnaire forms to indicate that a drink meant more than a few sips. The 1993 data are based on the changed forms only. In 1994 the remaining forms were changed to the new wording. Beginning in 1994, the data are based on all forms. In 2004, the question text was changed slightly in half of the forms. An examination of the data did not show any effect from the wording change. The remaining forms were changed in 2005.

In 2006, the question text was changed slightly in one of the questionnaire forms. An examination of the data did not show any effect from the wording change. The remaining forms were changed in 2007. In 2008 the question text was changed slightly. An examination of the data did not show any effect from the wording change. In 2009 the remaining forms were changed. Numbers presented here represent percent of lifetime users who have not used in the past 30 days.

TABLE 6-5b
Trends in Noncontinuation Rates among 12th Graders
Who Used Drug 10 or More Times in Lifetime

#### Percentage who did not use in last 12 months

	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>
Marijuana/Hashish	4.0	4.0	4.1	3.7	4.6	5.4	7.2	7.6	8.3	8.8	7.8	7.9	9.2	9.9	10.6	12.3	10.5	10.9	7.8	5.0	4.7	6.6	7.7	8.2
Inhalants <sup>a</sup>	_	48.9	42.6	34.6	23.8	25.2	23.8	27.2	23.1	23.4	25.8	15.3	21.1	21.5	25.9	24.0	23.7	28.6	21.8	26.4	21.6	24.8	25.2	28.0
Amyl/Butyl Nitrites	_	_	_	_	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†
Hallucinogens <sup>b</sup>	10.8	16.1	15.2	10.8	8.1	8.4	7.7	7.5	13.0	14.1	12.2	11.1	11.9	16.6	21.8	16.5	17.4	11.5	12.1	14.3	10.6	9.0	12.2	16.4
LSD b,c	15.2	17.3	18.0	12.2	7.4	6.4	7.1	7.5	15.3	12.1	12.6	12.2	11.5	16.0	21.2	16.0	18.5	11.4	11.9	15.3	11.5	10.5	16.8	20.3
Hallucinogens other than LSD <sup>b</sup>	_	16.6	14.4	13.3	11.5	13.1	7.7	8.2	8.5	14.5	13.7	16.0	15.8	20.1	19.5	22.6	29.3	19.6	16.2	16.0	10.1	15.5	15.9	17.5
PCP	_	_	_	_	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†	†
Ecstasy (MDMA) <sup>d</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	†	†	t
Cocaine	7.7	8.2	6.2	3.8	3.1	3.1	3.1	2.9	6.2	3.1	2.5	3.5	7.6	11.4	11.3	19.6	25.3	20.2	14.1	22.9	9.6	8.8	12.0	12.4
Crack <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	13.4	2.1	5.2	26.2	31.1	15.3	16.4	16.8	6.3	8.3	17.4	19.5
Cocaine other than Crack	_	_	_	_	_	_	_	_	_	_	_	_	10.2	6.1	16.2	18.5	24.3	23.2	14.7	24.1	15.5	13.9	14.6	17.1
Heroin <sup>f</sup>	†	†	†	†	†	†	†	t	†	†	†	†	t	t	t	†	†	†	†	t	†	†	†	†
With a needle	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	t	t	†	t
Without a needle	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	t	t	†	t
Narcotics other than Heroin g,h	9.6	11.6	9.7	9.9	8.7	10.8	10.1	13.5	16.4	15.4	12.2	13.8	15.6	19.3	15.2	15.9	16.1	16.8	16.7	16.8	12.6	11.5	10.1	12.4
Amphetamines g,i	8.0	9.8	7.6	7.4	6.1	4.1	4.4	8.4	10.7	12.7	17.5	17.6	17.5	16.0	17.4	18.1	17.2	19.8	13.5	13.8	11.9	10.2	10.8	15.0
Methamphetamine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Crystal Methamphetamine (Ice) j	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	†	†	†	†	t	t	t	†	t
Sedatives (Barbiturates) g,k	13.4	16.5	12.9	13.5	11.2	11.7	8.9	12.6	17.7	22.8	20.6	19.7	20.7	23.4	18.0	19.8	19.7	23.4	11.0	14.9	10.9	8.3	11.1	12.5
Sedatives, Adjusted	13.6	16.2	12.4	12.8	8.6	10.5	7.6	8.6	16.4	20.8	23.6	19.7	23.1	25.2	17.3	_	_	_	_	_	_	_	_	_
Methaqualone <sup>g</sup>	13.5	15.9	11.9	13.1	6.1	6.0	4.9	8.0	16.3	23.3	26.7	24.9	32.2	29.8	18.6	_	_	_	_	_	_	_	_	_
Tranquilizers <sup>g,l</sup>	12.0	13.0	11.1	14.4	14.1	14.3	16.3	16.0	14.8	18.8	19.2	15.0	17.1	15.8	11.7	19.3	13.1	21.0	6.7	13.8	6.2	6.9	13.9	13.6
Rohypnol	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	t	†	t
Alcohol m	0.6	0.8	0.6	0.9	0.7	0.8	1.0	0.9	0.9	1.1	1.2	1.0	1.1	1.2	1.5	1.9	1.9	2.3‡	2.5	2.1	2.0	1.6	1.9	1.9
Been Drunk	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	3.3	4.1	4.6	3.3	2.8	2.1	3.6	2.8
Cigarettes °	16.0	16.7	16.2	17.9	19.6	21.4	20.8	19.1	18.6	18.5	15.9	17.0	17.1	18.2	18.5	18.2	17.4	18.6	16.9	15.9	14.6	13.5	13.1	14.3
Smokeless Tobacco °	_	_	_	_	_	_	_	_	_	_	_	21.8	18.4	25.7	26.2	_	_	29.6	25.5	33.1	26.5	27.3	26.2	17.9
Steroids <sup>n</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	t	t	t	t	t	t	t	t	t	t

(Table continued on next page.)

### TABLE 6-5b (cont.)

#### **Trends in Noncontinuation Rates among 12th Graders**

### **Who Used Drug 10 or More Times in Lifetime**

#### Percentage who did not use in last 12 months

	<u>1999</u>	<u>2000</u>	<u>2001</u>	2002	2003	2004	<u>2005</u>	<u>2006</u>	2007	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019</u>	<u>2020</u>	2021	2022
Marijuana/Hashish	8.5	9.0	8.7	9.4	8.4	8.9	8.8	9.2	8.8	7.2	7.7	7.7	6.4	6.6	6.8	7.1	6.6	7.0	4.2	4.2	5.1	5.9	5.1	5.8
Inhalants <sup>a</sup>	27.8	23.0	30.8	25.7	23.8	30.1	12.2	26.3	24.8	19.3	20.7	26.4	23.2	24.4	31.7	33.8	20.7	†	t	41.7	t	†		
Amyl/Butyl Nitrites	†	†	†	†	†	t	t	†	†	†	†	_	_	_	_	_	_	_	_	_	_	_	_	_
Hallucinogens <sup>b</sup>	12.8	12.9‡	12.3	20.0	21.5	12.1	14.3	19.1	13.3	7.3	13.1	12.7	5.4	8.8	14.6	16.6	9.9	4.4	7.4	10.6	7.5	†	39.3	11.3
LSD °	14.3	15.7	14.6	28.6	47.8	23.0	16.3	23.4	14.9	5.9	15.8	11.6	4.8	5.5	8.0	7.9	10.6	†	15.2	3.6	13.7	†	47.8	14.2
Hallucinogens other than LSD <sup>b</sup>	13.4	6.2‡	10.8	11.0	18.4	9.7	13.1	17.7	15.3	7.7	15.7	12.9	7.6	8.7	15.2	21.6	12.5	†	8.4	6.5	11.7	†	61.3	†
PCP	†	†	†	†	†	†	†	†	†	†	†	_	_	_	_	_	_	_	_	_	_	_	_	_
Ecstasy (MDMA) <sup>d</sup>	t	†	2.5	8.3	33.2	17.7	12.2	t	18.9	6.8	7.7	18.2	15.5	15.4	†‡	7.8	7.8	†	t	t	t	†	†	†
Cocaine	12.3	18.1	15.6	11.3	11.8	13.2	10.5	11.9	15.0	14.7	16.3	20.1	21.9	14.9	18.0	11.4	17.8	14.3	11.9	11.7	10.2	t	9.6	4.9
Crack <sup>e</sup>	16.0	13.5	7.1	10.9	12.1	13.7	7.5	18.5	18.4	17.9	14.6	21.9	19.9	15.2	13.2	8.7	17.4	†	t	t	7.2	†	†	†
Cocaine other than Crack	13.1	22.5	14.9	11.7	11.0	15.6	12.4	14.5	11.8	17.5	18.4	19.5	24.8	14.8	17.6	13.5	t	t	15.6	13.6	12.0	t	†	†
Heroin <sup>f</sup>	t	t	t	t	t	t	t	t	t	t	13.5	21.4	14.5	25.5	t	t	t	t	t	t	t	t	t	†
With a needle	t	†	t	†	t	t	t	t	†	†	†	†	t	t	†	†	†	†	t	t	t	t	†	_
Without a needle	t	†	†	†	t	t	t	t	t	†	†	t	t	t	†	†	†	†	t	t	t	†	†	_
Narcotics other than Heroin <sup>g,h</sup>	12.2	10.8	9.7‡	8.3	9.2	8.2	8.4	12.2	9.0	9.0	11.1	12.4	9.2	14.2	14.5	13.8	11.5	19.2	16.2	20.3	22.1	†	†	39.8
Amphetamines <sup>g,i</sup>	12.7	11.2	7.7	10.0	8.9	12.9	13.0	11.3	13.8	17.7	13.3	11.2	17.2	16.3‡	9.7	11.9	11.8	13.6	13.4	18.2	21.3	25.9	42.4	52.4
Methamphetamine	12.4	22.8	19.2	23.9	29.1	13.5	21.5	16.9	†	†	t	†	t	t	t	t	t	†	†	t	t	t	†	†
Crystal Methamphetamine (Ice) j	t	†	t	11.2	t	23.1	t	t	t	t	t	t	t	t	t	t	t	t	20.0	t	t	t	t	t
Sedatives (Barbiturates) g,k	10.7	7.0	5.6	5.7	6.9	8.5	10.4	11.4	11.9	10.0	11.6	10.3	16.8	10.4	12.2	9.4	14.9	10.6	9.8	10.4	17.3	t	15.5	10.0
Sedatives, Adjusted	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Methaqualone <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Tranquilizers <sup>g,l</sup>	9.9	5.3‡	8.1	5.8	11.2	7.9	9.8	12.3	10.7	8.7	8.8	10.6	14.4	12.9	15.7	18.1	10.2	14.0	13.6	14.4	19.8	t	34.4	28.1
Rohypnol	t	†	t	†	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Alcohol <sup>m</sup>	1.7	1.7	1.3	1.9	1.5	1.3	1.6	1.4	1.2	1.5	1.6	1.6	1.8	1.4	1.7	1.5	1.5	1.2	1.3	1.2	1.6	2.5	2.1	1.7
Been Drunk	1.8	2.6	2.3	2.0	2.9	2.1	2.9	3.1	2.2	2.6	2.9	3.0	2.4	2.0	2.0	2.4	2.3	2.4	1.7	2.8	2.7	5.0	3.9	4.0
Cigarettes °	16.1	16.3	17.5	17.3	17.2	15.9	16.7	18.9	17.9	17.9	17.8	18.3	20.0	20.4	21.4	22.8	22.1	24.0	24.0	29.8	42.6	32.2	36.0	37.6
Smokeless Tobacco °	20.7	15.1	18.9	20.4	16.2	15.3	15.4	25.1	17.4	16.0	15.6	14.8	18.2	17.6	15.3	7.5	13.9	15.6	22.0	32.2	t	t	35.2	†
Steroids <sup>n</sup>	t	t	t	t	t	t	t	11.9	t	t	t	0.0	t	t	t	t	t	t	t	t	t	t	t	t

(Table continued on next page.)

#### TABLE 6-5b (cont.)

## Trends in Noncontinuation Rates among 12th Graders

#### Who Used Drug 10 or More Times in Lifetime

Source. The Monitoring the Future study, the University of Michigan.

Notes. '—' indicates data not available. '†' indicates that the cell entry was omitted because it was based on fewer than 50 twelfth graders who used 10 or more times.

All other cells are based on more than 50 cases. ' ‡' indicates that the question changed in the following year. See relevant footnote for that drug.

<sup>a</sup>Inhalants are unadjusted for underreporting of amyl and butyl nitrites.

bln 2001 the question text was changed in half of the questionnaire forms. Other psychedelics was changed to other hallucinogens, and shrooms was added to the list of examples.

The 2001 data are based on the changed forms only. In 2002 the remaining forms were changed. Beginning in 2002, the data are based on all forms. Data for hallucinogens are also affected by these changes and have been handled in a parallel manner. Hallucinogens are unadjusted for underreporting of PCP. Beginning in 2014 hallucinogens, LSD and hallucinogens other than LSD were based on five of six forms.

<sup>c</sup>Based on 55 cases in 2009

<sup>d</sup>Based on 54 cases in 2005, 55 cases in 2009, 56 cases in 2010, and 57 cases in 2012.

<sup>e</sup>Based on 85 cases in 1987, 54 cases in 1988, and 56 cases in 1989. Crack was included in all six questionnaire forms beginning in 1990. Based on 56 cases in 2013.

In 1995, the heroin question was changed in three of six forms. Separate questions were asked for use with and without injection. Data presented here represent the combined data from all forms. Based on 54 cases in 2009.

<sup>9</sup>Only drug use not under a doctor's orders is included here.

<sup>h</sup>In 2002 the question text was changed in half of the questionnaire forms. In the list of examples of narcotics other than heroin, Talwin, laudanum, and paregoric were replaced with Vicodin, OxyContin, and Percocet. The 2002 data are based on the changed forms only. In 2003, the remaining forms were changed to the new wording. Beginning in 2003, the data are based on all forms. In 2013 the list of examples was changed on one form: MS Contin, Roxycodone, Hydrocodone (Lortab, Lorcet, Norco), Suboxone, Tylox, and Tramadol were added to the list. An examination of the data did not show any effect from the wording change.

In 2009, the question text was changed slightly in half of the forms. An examination of the data did not show any effect from the wording change. In 2010 the remaining forms. were changed. In 2011 the introduction to the question was changed slightly in one of six forms. An examination of the data did not show any effect from the wording change. In 2013 the question wording was chanaged in three of the questionnaires. The new wording in 2013 asked "On how many occasions (if any) have you taken amphetamines or other prescription stimulant drugs..." In contrast, the old wording did not include the text highlighted in red. Results in 2013 indicated higher prevalence in questionnaires with the new as compared to the old wording; it was 21% higher in 12th grade. 2013 data are based on the changed forms only; *N* is one half of *N* indicated. In 2014 all questionnaires included the new, updated wording.

Based on 55 cases in 2002 and 56 cases in 2004.

<sup>k</sup>For 12th graders only: In 2004 the question text was changed in half of the questionnaire forms. Barbiturates was changed to sedatives, including barbiturates. Goofballs, yellows, reds, blues, and rainbows were deleted from the list of examples; Phenobarbital, Tuinal, Nembutal, and Seconal were added. An examination of the data did not show any effect from the wording change. In 2005 the remaining forms were changed in a like manner. In 2013 the question text was changed in all forms: Tuinal, Nembutal, and Seconal were replaced with Ambien, Lunesta, and Sonata. In one form the list of examples was also changed: Tuinal was dropped from the list and Dalmane, Restoril, Halcion, Intermezzo, and Zolpimist were added. An examination of the data did not show any effect from the wording change.

In 2001, for the tranquilizer list of examples, Miltown was replaced with Xanax in half of the questionnaire forms. The 2001 data are based on the changed forms only. In 2002 the remaining forms were changed. Beginning in 2002, the data are based on all forms.

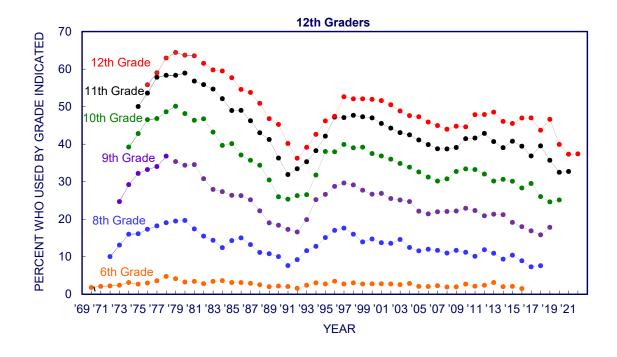
<sup>m</sup>In 1993, the question text was changed slightly in half of the questionnaire forms to indicate that a drink meant more than a few sips. The 1993 data are based on the changed forms only. In 1994 the remaining forms were changed to the new wording. Beginning in 1994, the data are based on all forms. In 2004, the question text was changed slightly in half of the forms. An examination of the data did not show any effect from the wording change. The remaining forms were changed in 2005.

<sup>n</sup>In 2006, the question text was changed slightly in one of the questionnaire forms. An examination of the data did not show any effect from the wording change. Based on 62 cases in 2006. The remaining forms were changed in 2007. In 2008 the question text was changed slightly. An examination of the data did not show any effect from the wording change. In 2009 the remaining forms were changed in a like manner. Based on 51 cases in 2010.

°Percentage of regular users (ever) who did not use at all in the last 30 days.

### FIGURE 6-1 Any Illicit Drug

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th Graders



Source. The Monitoring the Future study, the University of Michigan.

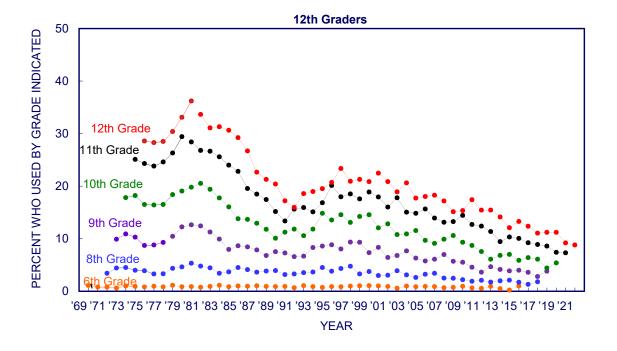
*Notes.* The dashed lines connect percentages that result if nonprescription stimulants are excluded. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

### FIGURE 6-2

### Any Illicit Drug other than Marijuana

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th Graders



Source. The Monitoring the Future study, the University of Michigan.

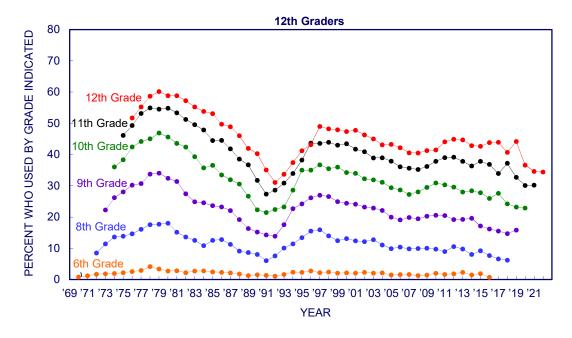
*Notes.* The dashed lines connect percentages that result if nonprescription stimulants are excluded. Beginning in 2001, revised sets of questions on other hallucinogens use were introduced. Data for any illicit drug other than marijuana are affected by these changes.

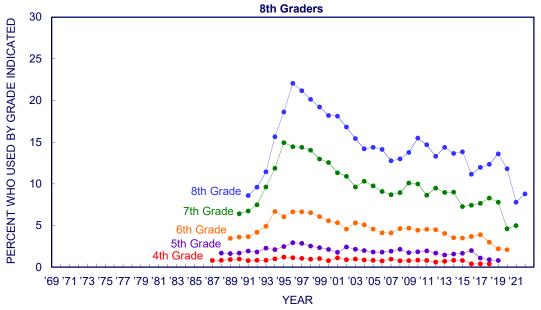
Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

### FIGURE 6-3 Marijuana

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





Source. The Monitoring the Future study, the University of Michigan.

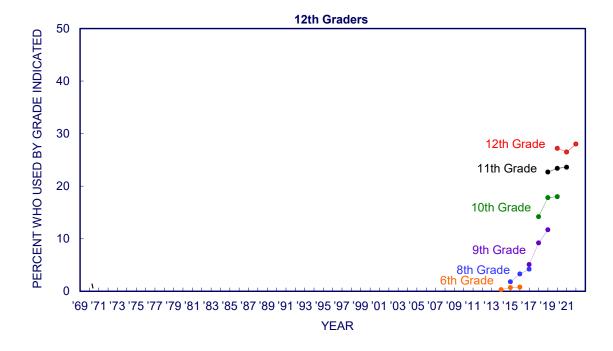
Note. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

#### FIGURE 6-4

### Vaping Marijuana

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th Graders



Source. The Monitoring the Future study, the University of Michigan.

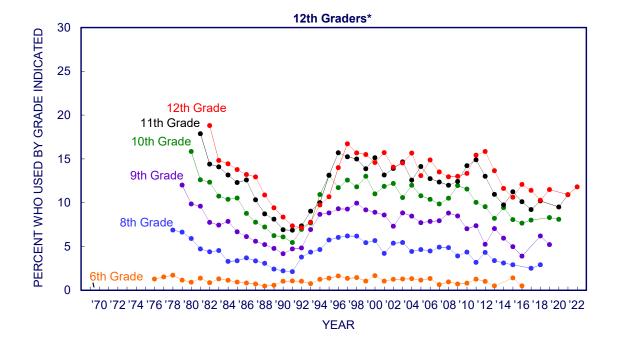
Note. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

FIGURE 6-5

## Daily Marijuana Use for a Month or More

Trends in Lifetime Prevalence for Earlier Grade Levels based on Retrospective Reports from 12th Graders



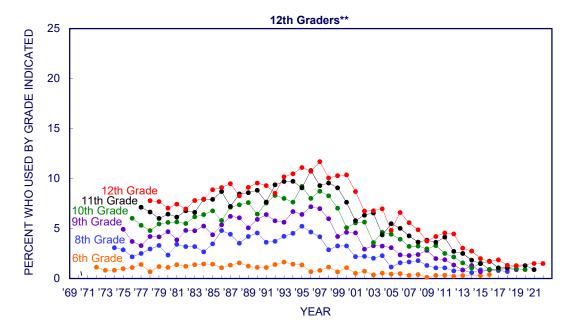
Source. The Monitoring the Future study, the University of Michigan.

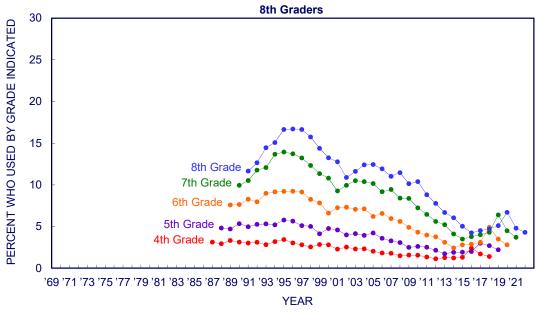
 ${\it Notes.}$  Prevalence levels in these figures do not necessarily match the prevalence levels reported in

Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

<sup>\*</sup>These estimates not presented in 2020 due to insufficient data.

FIGURE 6-6
Inhalants
Trends in Lifetime Prevalence for Earlier Grade Levels\*
based on Retrospective Reports from 12th and 8th Graders





### FIGURE 6-6 (cont.)

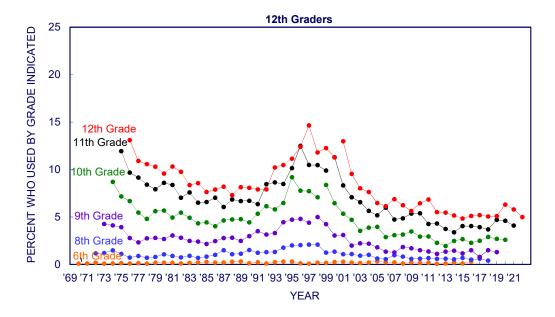
Source. The Monitoring the Future study, the University of Michigan.

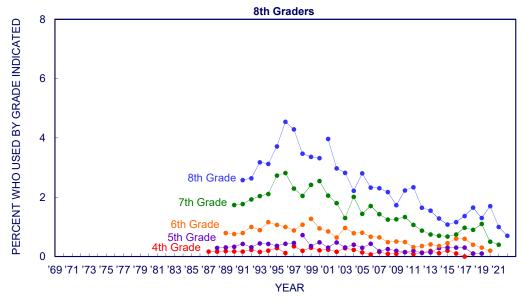
*Note.* Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures. \*\*These estimates not presented in 2020 due to insufficient data.

#### FIGURE 6-7 Hallucinogens

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





Source. The Monitoring the Future study, the University of Michigan.

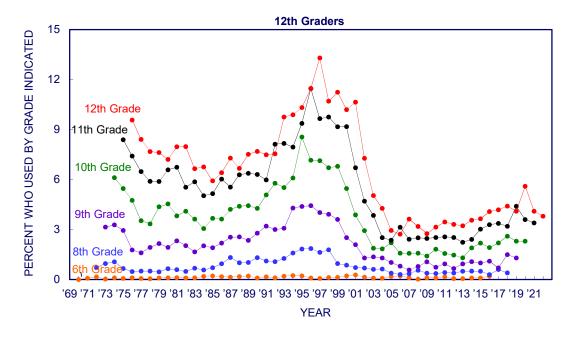
*Notes.* Beginning in 2001, revised sets of questions on other hallucinogens use were introduced. Data for hallucinogens are affected by these changes.

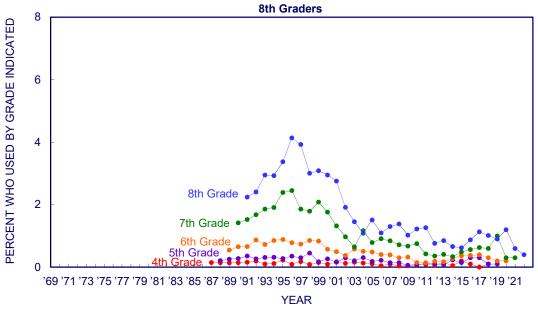
Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

FIGURE 6-8

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





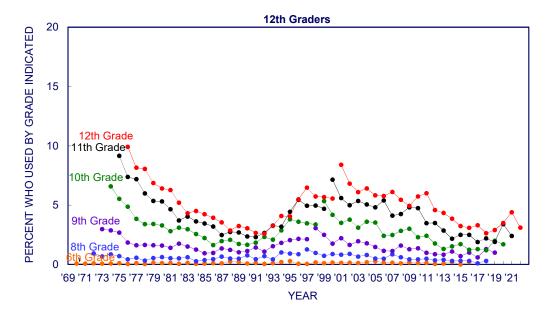
Source. The Monitoring the Future study, the University of Michigan.

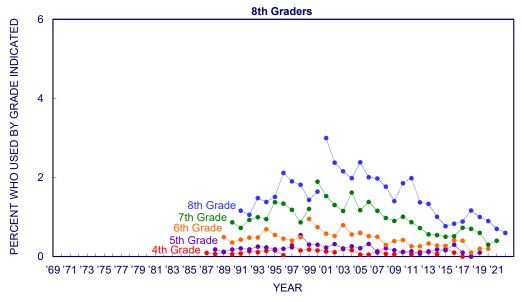
Note. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

# FIGURE 6-9 Hallucinogens other than LSD

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





Source. The Monitoring the Future study, the University of Michigan.

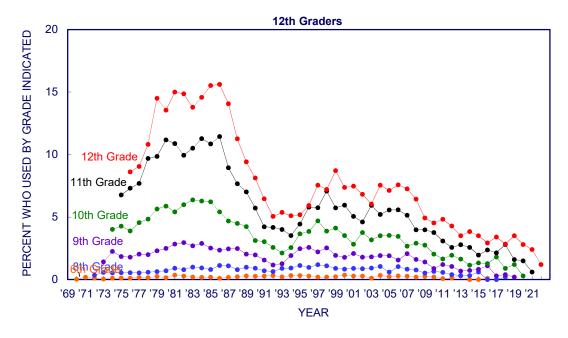
*Notes.* Beginning in 2001, revised sets of questions on other hallucinogens use were introduced, in which other psychedelics was replaced with other hallucinogens and shrooms was added to the list of examples. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

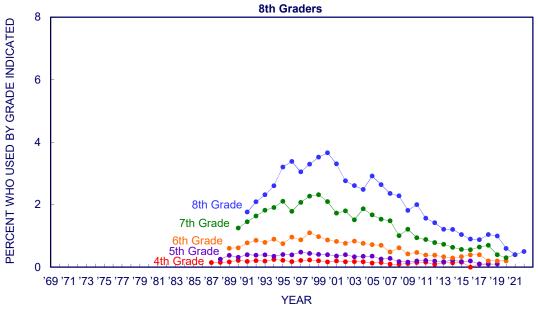
\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

## FIGURE 6-10

## Cocaine

Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders



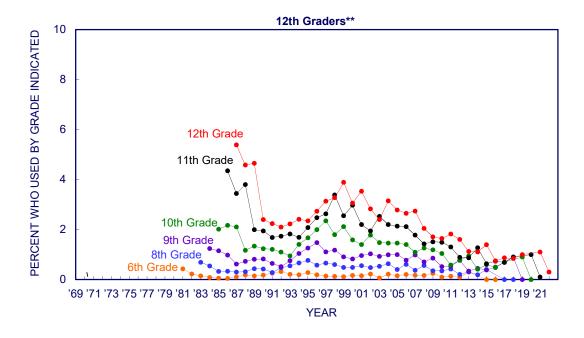


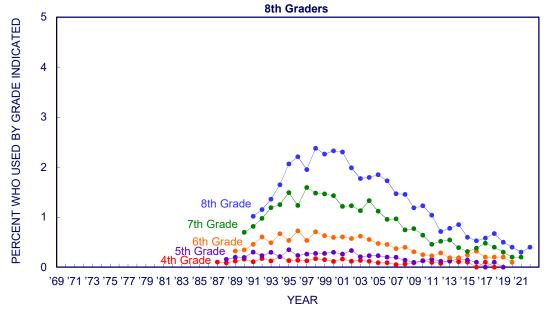
Source. The Monitoring the Future study, the University of Michigan.

Note. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

FIGURE 6-11
Crack Cocaine
Trends in Lifetime Prevalence for Earlier Grade Levels\*
based on Retrospective Reports from 12th and 8th Graders





### FIGURE 6-11 (cont.)

Source. The Monitoring the Future study, the University of Michigan.

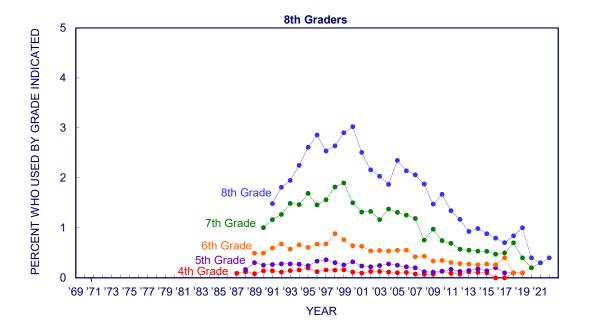
*Note.* Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

\*\*These estimates not presented in 2020 due to insufficient data.

### FIGURE 6-12 Other Forms of Cocaine

# Trends in Lifetime Prevalence for Earlier Grade Levels based on Retrospective Reports from 8th Graders



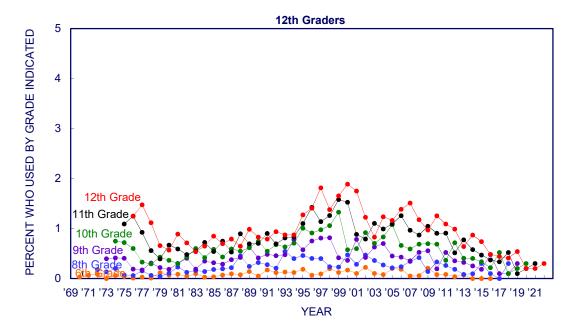
Source. The Monitoring the Future study, the University of Michigan.

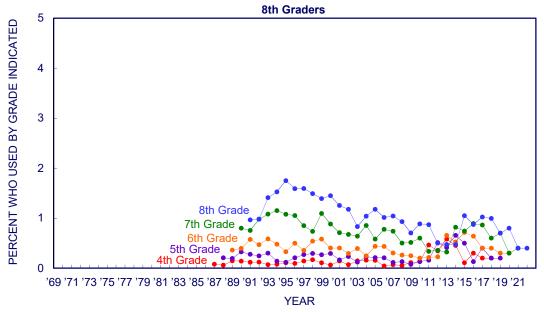
*Note.* Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

### FIGURE 6-13

#### Heroin

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





Source. The Monitoring the Future study, the University of Michigan.

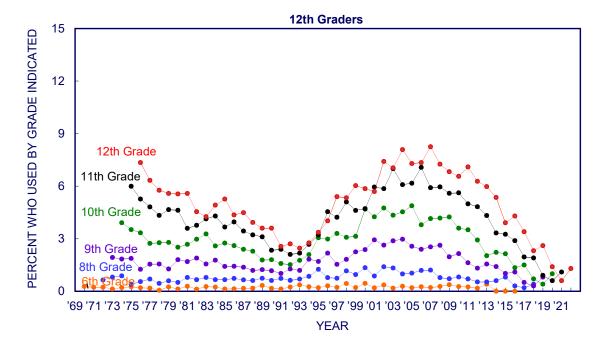
Note. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

\*For 12th graders, the question about grade of initiation of use originally asked about initiation in grade 7 or grade 8 combined. Beginning in 1990, the question asked about each grade separately. For consistency, those 12th graders reporting initiation in 7th or 8th grade are combined on the chapter 6 tables and figures.

#### **FIGURE 6-14**

#### **Narcotics other than Heroin**

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th Graders

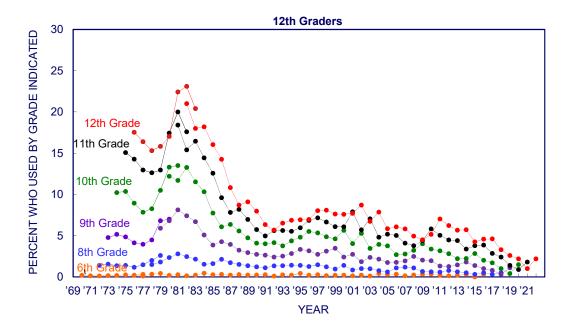


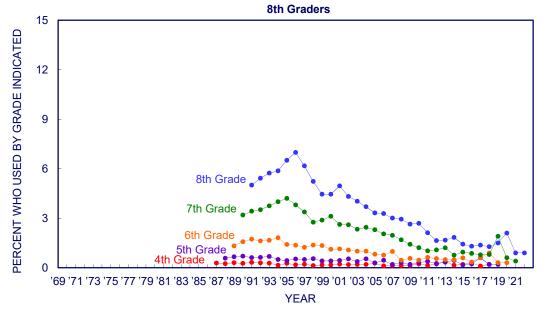
Source. The Monitoring the Future study, the University of Michigan.

*Notes.* Beginning in 2002, revised sets of questions on narcotics other than heroin use were introduced. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

#### FIGURE 6-15 Amphetamines

## Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





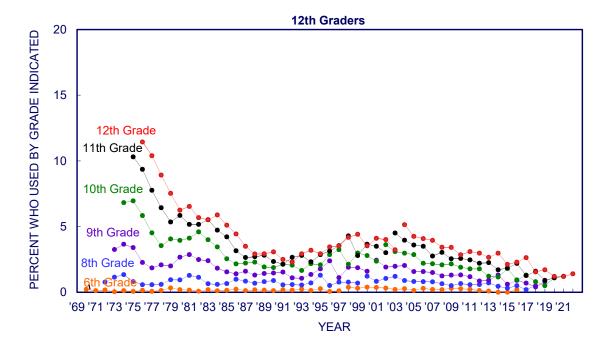
Source. The Monitoring the Future study, the University of Michigan.

*Notes.* The dashed lines connect percentages that result if nonprescription stimulants are excluded. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

#### **FIGURE 6-16**

#### **Sedatives (Barbiturates)**

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th Graders

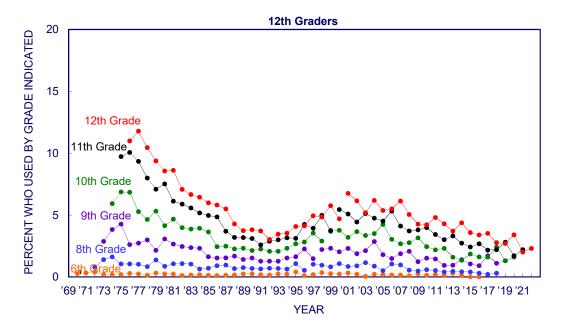


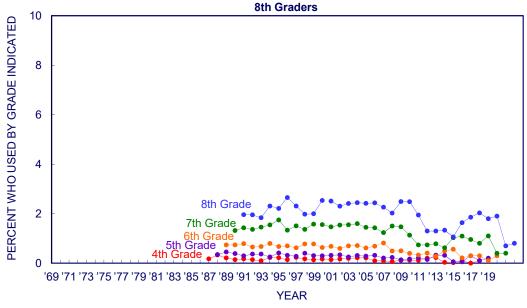
Source. The Monitoring the Future study, the University of Michigan.

*Notes.* Beginning in 2004, revised sets of questions on use of sedatives (barbiturates) were introduced. Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

#### FIGURE 6-17 Tranquilizers

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





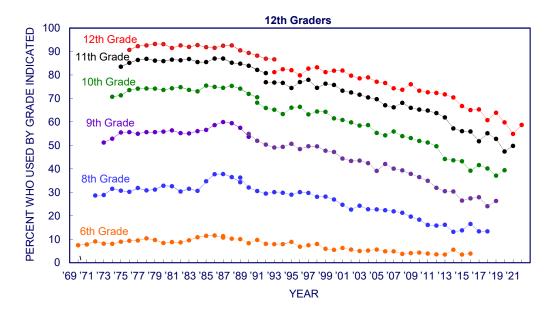
Source. The Monitoring the Future study, the University of Michigan.

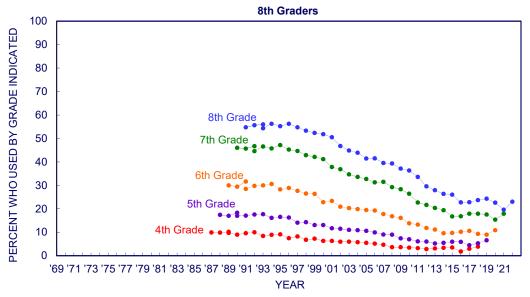
Notes. Beginning in 2001, revised sets of questions on tranquilizer use were introduced.

Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

#### FIGURE 6-18 Alcohol

## Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





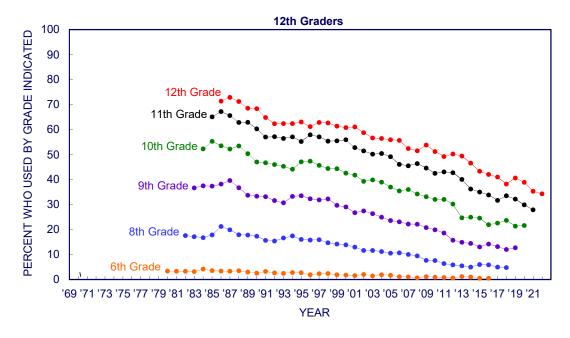
Source. The Monitoring the Future study, the University of Michigan.

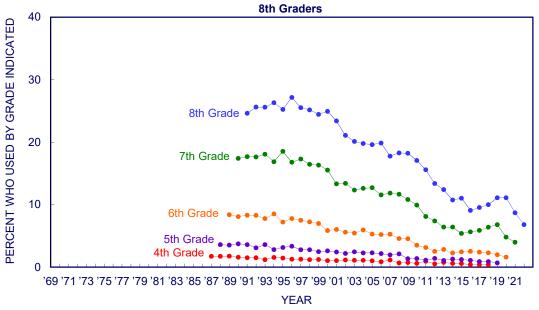
*Notes.* Beginning in 1993, revised sets of questions on alcohol use were introduced in which respondents were told that an occasion of use meant more than just a few sips. The dashed lines connect percentages that are based on data from the revised questions.

Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

FIGURE 6-19 Been Drunk

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders

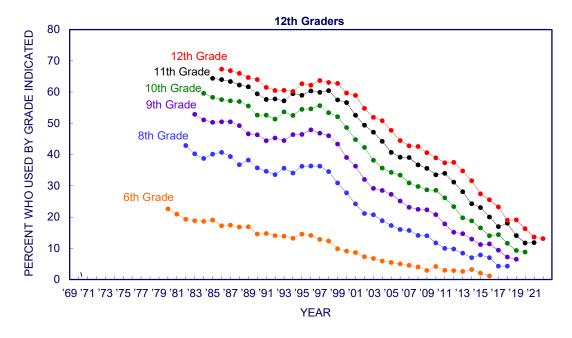


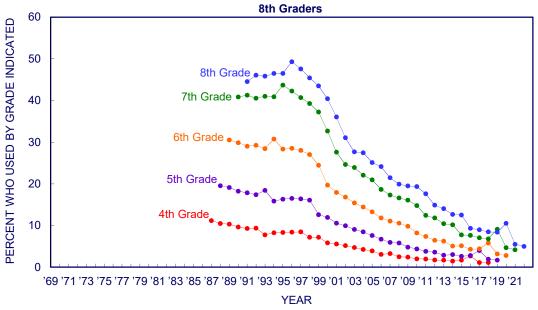


Source. The Monitoring the Future study, the University of Michigan.

#### FIGURE 6-20 Cigarettes

## Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders

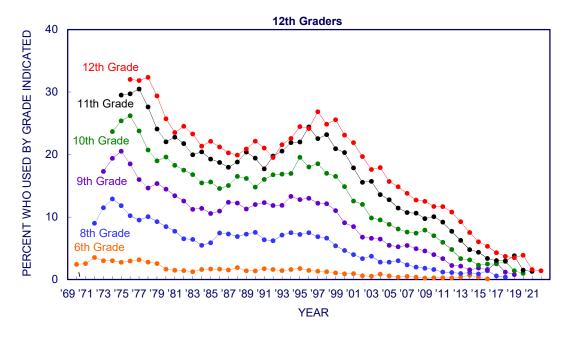


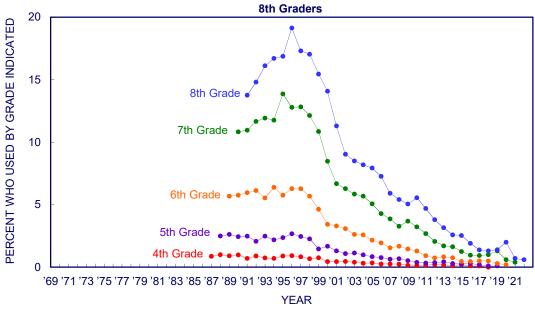


Source. The Monitoring the Future study, the University of Michigan.

#### FIGURE 6-21 Cigarette Smoking on a Daily Basis

Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders



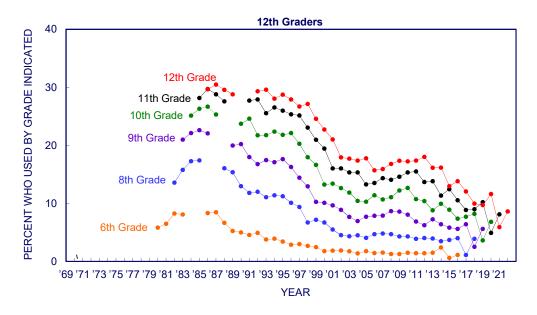


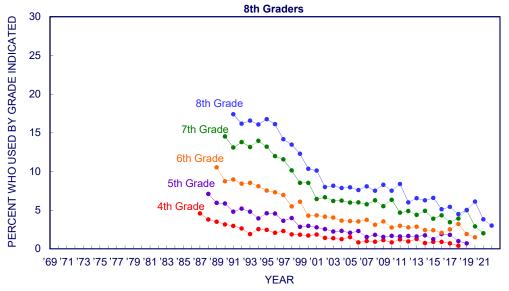
Source. The Monitoring the Future study, the University of Michigan.

#### **FIGURE 6-22**

#### **Smokeless Tobacco**

## Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders





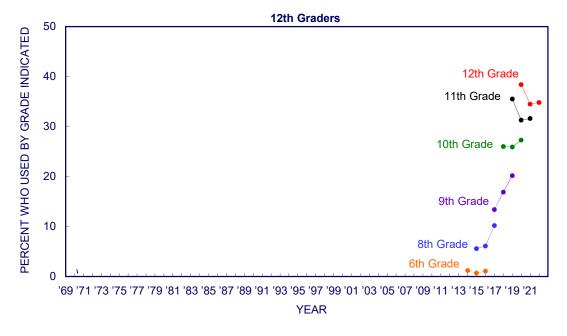
Source. The Monitoring the Future study, the University of Michigan.

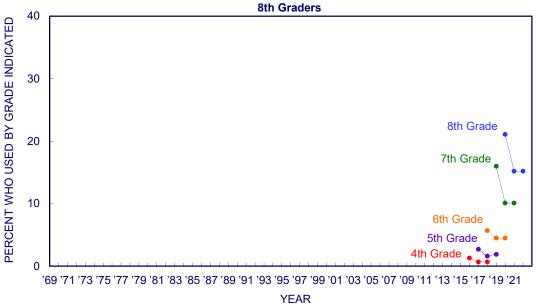
*Notes.* Prevalence of smokeless tobacco was not asked of 12th graders in 1990 or 1991. Prior to 1990, the prevalence question on smokeless tobacco was located near the end of one 12th grade questionnaire form, after 1991 the question was placed earlier and in a different form. This shift could explain any discontinuity between the corresponding lines for each grade.

Prevalence levels in these figures do not necessarily match the prevalence levels reported in Chapters 4 and 5, which are based on a larger, randomly-selected subsample of respondents.

## FIGURE 6-23 Vaping Nicotine

# Trends in Lifetime Prevalence for Earlier Grade Levels\* based on Retrospective Reports from 12th and 8th Graders



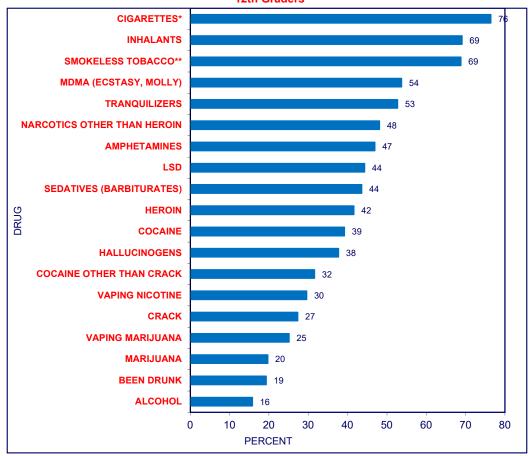


Source. The Monitoring the Future study, the University of Michigan.

**FIGURE 6-24** 

# Noncontinuation Rates: Percentage of Lifetime Users Who Did Not Use in Last 12 Months in Grades 8, 10, and 12 2022

#### 12th Graders



Source. The Monitoring the Future study, the University of Michigan.

(Figure continued on next page.)

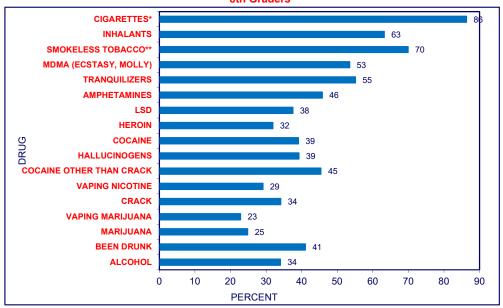
<sup>\*</sup>Percent of lifetime smokers (ever) who did not smoke at all in the last 30 days.

<sup>\*\*</sup>Percent of lifetime smokeless tobacco users (ever) who did not use smokeless tobacco in the last 30 days.

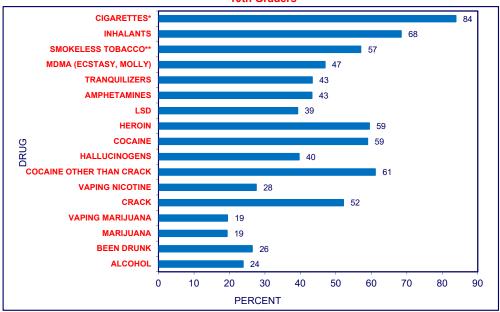
#### FIGURE 6-24 (cont.)

# Noncontinuation Rates: Percentage of Lifetime Users Who Did Not Use in Last 12 Months in Grades 8, 10, and 12 2022

#### 8th Graders



#### 10th Graders



Source. The Monitoring the Future study, the University of Michigan.

<sup>\*</sup>Percent of lifetime smokers (ever) who did not smoke at all in the last 30 days.

<sup>\*\*</sup>Percent of lifetime smokeless tobacco users (ever) who did not use smokeless tobacco in the last 30 days.

#### **Chapter 7**

#### INTENSITY OF DRUG USE

#### Frequency of Lifetime, Annual, and 30-Day Use

While this volume focuses largely on *prevalence* of use for different time periods, more detailed information about the *frequency* with which various drugs have been used is important for understanding severity of substance use. Table 7-1a provides data on frequency of use of various drugs for lifetime, 12-month, and 30-day time periods. Tables 7-1b, 7-1c, and 7-1d provide additional frequency of use estimates for vaping, binge drinking, cigarette use, and use of other tobacco products. As shown in these tables, considerable proportions of lifetime users of many drugs could best be characterized as experimental users, reporting use on only one or two occasions.

Certain drugs stand out for their high frequency of use:

- The percentage of adolescents who reported they had ever *vaped nicotine regularly* in 2022 was 4.7% for 8<sup>th</sup> grade students, 8.7% for 10<sup>th</sup> grade students, and 15.0% for 12<sup>th</sup> grade students. Nicotine vaping ranks among the most frequently used of all substances in these grades.
- The percentage of adolescents who reported they had ever *vaped "just flavoring" regularly* by 2022 was 2.9% for 8<sup>th</sup> grade students, 4.2% for 10<sup>th</sup> grade students, and 5.2% for 12<sup>th</sup> grade students.
- The percentage of adolescents who reported they had ever regularly vaped "just flavoring" and never regularly vaped nicotine in 2022 was 0.6% for 8<sup>th</sup> grade students, 0.5% for 10<sup>th</sup> grade students, and 0.6% for 12<sup>th</sup> grade students (results not tabled). These results indicate that it is a small portion of adolescents who have vaped only for flavors and never nicotine—or at least believe they have avoided vaping nicotine. Most adolescents who have vaped "just flavoring" have done so in addition to nicotine vaping and not as a substitute for it.
- The percentage of adolescents who report they had ever *vaped marijuana regularly* in 2022 was 2.1% for 8<sup>th</sup> grade students, 5.5% for 10<sup>th</sup> grade students, and 9.2% for 12<sup>th</sup> grade students.
- One measure of heavy drinking called *binge drinking* asks respondents to report how many times during the previous *two-week* period they had consumed *five or more drinks in a row*. Table 7-1b shows that in 2022 about half of students in each grade who had engaged in this behavior had done so more than once during the past two weeks.
- *Marijuana* shows some of the highest proportions reporting more than experimental use, with 3.0%, 8.1% and 16.5%, of 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders, respectively, reporting use on 20 or more occasions in their lifetime in 2022.

Most other drugs have far lower frequencies of using on 20 or more occasions. However, young people may tend to underestimate the frequency with which they have engaged in these behaviors in their lifetime or over a 12-month period, so the extent of frequent use may be somewhat underestimated.<sup>1</sup>

#### **Prevalence of Current Daily Use**

Frequent use of illicit or licit drugs is a great concern for the health and safety of adolescents. Table 7-1a and Table 5-4 in Chapter 5 show the prevalence of current daily or near daily use of the various classes of illicit drugs. Table 7-1a shows levels of daily use for marijuana, alcohol, and other drugs, for which daily use is defined as use on 20 or more occasions in the preceding 30 days. Table 7-1c shows levels of daily use for cigarettes, smokeless tobacco, and nicotine vaping. Daily use is defined for cigarettes and nicotine vaping as use on 30 days in the preceding 30 days. For smokeless tobacco daily use is defined by the response "about once a day" or more often in the past 30 days.

- *Nicotine vaping* has high levels of daily use. The proportion reporting use every day in the last 30 days in 8<sup>th</sup> grade was 1.2%, in 10<sup>th</sup> grade was 3.3%, and in 12<sup>th</sup> grade was 6.2%.
- The percentages who reported using one or more *cigarettes* per day in the last 30 days were 0.1%, 0.8%, and 1.5% in grades 8, 10, and 12, respectively.
- Levels of daily use of *smokeless tobacco* are about the same as daily use of cigarettes, at 0.1%, 0.7%, and 1.1% for 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade, respectively. The levels among males are quite a bit higher, however, as discussed in Chapter 4.
- Daily use of *marijuana* was high in 2022 with use on 20 more occasions during the past 30 days at 0.7%, 2.1% and 6.3% across 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade, respectively. Thus about one in 16 high school seniors is a current daily marijuana user.
- The percentage of 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade students who reported that they used *alcohol* "daily" in 2022 were 0.1%, 0.4%, and 1.5%, respectively.
- Daily use of each of the *other illicit drugs*, as indicated by use 20 or more occasions during the past 30 days, is reported by 0.2% or less of 12<sup>th</sup> grade respondents (Table 7-1a). While low, these figures are not inconsequential, because 1% of the high school class of 2022, for example, represents in excess of 20,000 individuals nationwide.
- Between 15 and 17 percent of students in 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade reported daily use of an *energy drink* (Table 7-1e), defined as consuming one or more energy drinks per day. Use of energy drinks is assessed with the question "Energy drinks' are non-alcoholic beverages that usually contain high amounts of caffeine, including such drinks as Red Bull, Full Throttle, Monster, and Rockstar" and respondents are asked to report how many such drinks they consume daily.

<sup>&</sup>lt;sup>1</sup> Bachman, J. G., & O'Malley, P. M. (1981). When four months equal a year: Inconsistencies in student reports of drug use. *Public Opinion Quarterly*, 45, 536–548. Reprinted in E. Singer & S. Presser (Eds.), 1989, *Survey research methods*. Chicago: University of Chicago Press.

Unlike most substances that MTF surveys energy drinks are legal for adolescents to purchase and consume (as are energy 'shots,' below). Caffeine is the primary active ingredient in these products, and they are not considered addictive stimulants because they do not produce large surges in dopamine such as those caused by other stimulants like methamphetamine. Nevertheless, use of the high levels of caffeine in these products may cause dependency and result in mild withdrawal symptoms with reductions in use. MTF tracks the extent to which adolescents use these products daily, a high level of use that may have adverse effects and may negatively interact with use of other drugs.

Three to five percent of 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade students reported daily use of an *energy shot*, defined as consuming one or more energy shots per day. These typically come in containers that are just two or three ounces.

#### **Degree and Duration of Drug Highs**

Among the reasons given by adolescents for using different drugs, <sup>2,3,4,5</sup> achieving an altered state of consciousness or "getting high" is a central objective for many. MTF assesses 12<sup>th</sup> graders' self-reported degree or duration of highs, both as trends at the population level and in terms of variation from drug to drug. Measuring these subjective experiences and monitoring changes in them over time, as MTF has done for many years, can be helpful from epidemiological and policy perspectives. Although these data do not address the many qualitative differences in the experience of being high, they provide a useful description of two important dimensions: degree and duration. Twelfth grade respondents are asked in one of the six questionnaire forms to indicate how high they usually get and how long they usually stay high when using marijuana and when using alcohol. The term "high" is not defined for the respondent, but we assume that people interpret it as the degree to which normal cognitive functioning and affective states are altered by taking the drug.

We present estimates for 2019 and afterwards only for *marijuana* and *alcohol*. These substances met our requirement of at least 50 respondents for estimates of degree and duration of highs; sample sizes are limited because these survey questions appear on only a randomly selected one-sixth of the 12<sup>th</sup> grade questionnaires and only users of a drug in the past 12 months are asked to report on degree and duration of highs associated with using it. For many drugs decreases in prevalence over time have reduced the numbers of cases available for analysis.

#### DEGREE AND DURATION OF HIGHS AMONG 12th GRADERS IN 2022

Table 7-2 and 7-8 show the percentages of 12<sup>th</sup> graders who reported getting high to varying degrees and duration from marijuana and alcohol in 2022.

<sup>&</sup>lt;sup>2</sup> Patrick, M. E., Evans-Polce, R., Kloska, D. & Maggs, J.L. (2019). <u>Reasons high school students use marijuana: Prevalence and correlations with use over four decades</u>. *Journal of Studies on Alcohol and Drugs*, 80, 15-25.

<sup>&</sup>lt;sup>3</sup> Terry-McElrath, Y. M., Stern, S. A., & Patrick, M. E. (2017). <u>Do alcohol use reasons and contexts differentiate adolescent high-intensity drinking?</u> <u>Data for U.S. high school seniors, 2005-2016</u>. *Psychology of Addictive Behaviors, 31,* 775-785.

<sup>&</sup>lt;sup>4</sup> Patrick, M. E., Schulenberg, J. E., O'Malley, P. M., Johnston, L. D., & Bachman, J. G. (2011). <u>Adolescents' reported reasons for alcohol and marijuana use as predictors of substance use and problems in adulthood</u>. *Journal of Studies on Alcohol and Drugs*, 72(1), 106-116.

<sup>&</sup>lt;sup>5</sup> Johnston, L. D., & O'Malley, P. M. (1986). Why do the nation's students use drugs and alcohol? Self-reported reasons from nine national surveys. *Journal of Drug Issues*, 16, 29–66.

- *Marijuana* produces a strong high, with 21% of users reporting that they usually get "very high" when they used it in 2022 and another 49% saying they usually get "moderately high". In past years marijuana has ranked near the top of substances that make 12<sup>th</sup> grade users "very high"—above cocaine, tranquilizers, narcotics other than heroin, amphetamines, and alcohol, but below hallucinogens (including LSD).
- In 2022 only a relatively few of the large proportion of 12<sup>th</sup> graders who use *alcohol* said that they usually get very high when drinking (9%), although a fair portion (39%) said they usually get moderately or very high.

Tables 7-2 and 7-8 present in their lower panels trend data on the *duration* of the highs experienced by the users of the same drugs.

- In 2022 about half of *marijuana* users (45%) said they usually stay high one to two hours, almost two out of five users (39%) reported usually staying high three to six hours, and another 5% said they usually stayed high for seven hours or more, so there is considerable variability among users in how long they stay high.
- A fair proportion of *alcohol* users—32% in 2022—said that they usually do not get high when using alcohol.

#### TRENDS IN THE DEGREE AND DURATION OF DRUG HIGHS

In what follows we interpret trends up to 2022 for marijuana and alcohol. We present trends up to 2018 for users of *hallucinogens other than LSD*, *cocaine*, *narcotics other than heroin*, *amphetamines*, and *tranquilizers*. (In 2019 and later sample sizes were too small to produce reliable estimates.) Results are provided in Tables 7-2 through 7-8. Each of these tables presents trends in two ways. First, the results are shown as a percentage of *past-year users* of each drug in order to indicate any changes in the experiences among fairly recent users and to provide some indication of changes in the quantity of the active ingredient consumed by users. Results are also displayed as a percentage of *all* respondents answering that questionnaire form, thereby indicating experiences of drug-induced highs as proportions of the entire population under study.

• The *degree* of highs usually attained by *marijuana* users remains at high levels first established in the early 2000s, and has not shown any consistent increase or decline since then (Table 7-2). The proportion of marijuana users usually getting "moderately" or "very" high has fluctuated around 74% for the last decade and a half (it was 70% in 2022), a level higher than any other period covered by the survey. Prior to the early 2000s, the degree of highs experienced by adolescents tracked loosely with overall marijuana prevalence, with degree of highs increasing as prevalence increased and vice versa. During the 1990s drug relapse, the percentage of 12<sup>th</sup> grade students getting moderately or very high increased from around 65% at the start of the 1990s to 75% at the end, at a time when marijuana prevalence increased. Previous to the relapse, from the late 1970s through the 1980s, the degree of highs obtained showed an overall decline and leveling, as prevalence declined and leveled during this period.

The trend in *duration* of highs from marijuana use is similar to that for degree. The proportion of users saying they stay high three or more hours was roughly level over the past 16 years, fluctuating around 43% (in 2022 it was 46%). Prior to the early 2000s, duration of highs tracked with overall prevalence of use, with increases in both during the 1990s relapse and decreases in both from the late 1970 through the 1980s. The decreases were likely due in part to the increasing number of 12<sup>th</sup> graders using marijuana and using it lightly, and in part due to a general shift toward less intense use, even within the segment most prone toward marijuana use. The proportion of users staying high three or more hours reached a low of 35% in 1988, in contrast to a high of 52% at the very start of the survey in 1975. Importantly, duration of highs from marijuana use in 2019 were not the highest recorded, a distinction that belongs to the mid 1970s.

Both degree and duration of highs from marijuana track only weakly, if at all, with the substantial increase in THC (tetrahydrocannabinol) content of marijuana over the four decades of the survey. The Marijuana Potency Program, sponsored in part by the National Institute on Drug Abuse (NIDA), has analyzed tens of thousands of cannabis preparations confiscated by U.S. law enforcement. In 1975 the average concentration of THC in seized samples was 0.74% and steadily climbed thereafter to 2.82% in 1985, 3.75% in 1995, 7.2% in 2005, and nearly 13% in 2013. 7.8,9,10,11 As shown above, no such 15-fold increase is present in the degree and duration of marijuana highs reported by adolescents. Taken as a whole, these results suggest that adolescent marijuana users self-titrate their intake to achieve a degree and duration of high that has changed little over the course of the survey despite substantial changes in marijuana potency over the years.

- The proportion of 12<sup>th</sup> grade users who usually stayed high on *alcohol* for seven hours or more was 3.4% in 2022, where it has hovered over the past two decades (Table 7-8). The proportion of all 12<sup>th</sup> grade alcohol users who reported usually getting very high on alcohol was 8.9% in 2022, which falls within the 6% to 13% range seen throughout the life of the study.
- For *hallucinogens other than LSD*, 2018 marked the lowest level ever recorded in the percentage of users who reported getting moderately or very high, at 71%. A decline overall in this degree of high is apparent starting around the year 2000 when it was 94%, although year to year changes fluctuate considerably due to small sample sizes. Duration of highs also declined: in 2018, 79% of users reported staying high three or more hours, compared to 88% in 2000. This decline in duration over the prior two decades has also fluctuated considerably year to year due to small sample sizes. These declines in both

<sup>&</sup>lt;sup>6</sup> For detailed interpretations of the data for these years, please refer to Johnston, L. D., O'Malley, P. M., & Bachman, J. G. (1984). <u>Drugs and American high school students: 1975-1983</u> (DHHS Publication No. [ADM] 85-1374). Rockville, MD: National Institute on Drug Abuse, pp. 82-83

<sup>&</sup>lt;sup>7</sup> National Institute on Drug Abuse. (2020). <u>Cannabis (Marijuana) research report: Is marijuana addictive?</u>

<sup>&</sup>lt;sup>8</sup> National Institute on Drug Abuse. (2022). Cannabis (Marijuana) potency.

<sup>&</sup>lt;sup>9</sup> Mehmedic, Z., Chandra, S., Slade, D., Denham, H., Foster, S., Patel, A. S., & ElSohly, M. A. (2010). <u>Potency trends of delta 9-THC and other cannabinoids in confiscated cannabis preparations from 1993 to 2008</u>. *Journal of Forensic Sciences*, 55(5), 1209-1217.

<sup>&</sup>lt;sup>10</sup> Hellerman, C. (2013, August 9). <u>Is super weed, super bad?</u> CNN.

<sup>&</sup>lt;sup>11</sup> The Marijuana Potency Program has stopped analyzing samples due to lack of funding but continues to collect samples that it will analyze if funding is renewed.

- degree and duration could be partly due to the practice of microdosing, or taking small amounts, to try to enhance experiences without getting very high.
- Both degree and duration of highs associated with *cocaine* use in 2018 were at the lowest levels ever recorded by the survey (Table 7-4). Nineteen percent of 12<sup>th</sup> graders who used cocaine in the prior 12 months reported that they usually stayed high three or more hours. This compares with a level of 45% in 2000. The low level in 2018 should be interpreted with caution because of considerable year to year variation due to small sample sizes that result from a prevalence of less than 3% over the past decade. Although the trend is somewhat noisy, duration of cocaine highs shows an overall decline from 2000 to 2018, as has overall prevalence. In 2018 about half (49%) of 12<sup>th</sup> grade students who used cocaine in the prior 12 months reported getting moderately or very high from cocaine use, the lowest level recorded for this measure. Levels of degree for highs from cocaine were also a record low in 2018, which may mark the beginning of a downward trend in this outcome if low levels continue in future years. Previous to the mid 1980s, when cocaine was at its height of popularity, the reported degree of the high from cocaine use was greater, and the duration longer. The degree and duration of highs after the mid 1980s may have decreased as growing concerns about the dangers of cocaine use led the declining numbers of users to become more moderate in their use for fear of it leading to addiction.
- The proportion of 12<sup>th</sup> grade students reporting that they get very high from the use of narcotics other than heroin has typically been between 10% and 20% since 2002 and in 2018 was 12% (Table 7-5). Duration over the same time period has not moved in any consistent direction, and the proportion reporting a high lasting seven hours or more was 6% in 2018. Previously, over a 17 year period from 1975 through 1992, a substantial decline occurred in both the degree and duration of highs. In 1975, 39% of past-year users said they usually got "very high" compared to only 12% in 1992. The proportion usually staying high for seven or more hours dropped from 28% in 1975 to 11% in 1992. This shift was due, in part, to a substantial increase in the proportion of users who said they do not take these drugs "to get high" (4% in 1975, increasing to 28% by 1992). Because the actual prevalence of narcotic use dropped only modestly over that interval, these findings suggest that an increase in use for self medication may have masked a larger decrease in recreational use than is apparent from the prevalence data. During the 1990s, the percent of users of narcotics other than heroin who said that they "usually don't get high" declined some (from 39% in 1990 to 23% in 2000), while somewhat more said that they get high for three to six hours (29% in 1990, 43% in 2000).
- Degree and duration of highs from *amphetamines* have tracked closely with trends in overall prevalence, and in 2018 both stood at levels in between the lows established in the early 1990s and the highs present at the beginning of the MTF annual surveys in 1975 (Table 7-6). The proportion of 12<sup>th</sup> grade users who reported getting "moderately" or "very" high was about one-third (35%) in 2018. The proportion of users reporting a high

270

<sup>&</sup>lt;sup>12</sup> In 1982, the questionnaire form containing the questions on degree and duration of highs clarified the amphetamine usage questions in order to eliminate the inappropriate inclusion of nonprescription stimulants, including "look-alikes". One might have expected this change to have increased the degree and duration of highs being reported, given that real amphetamines would be expected to have greater psychological impact on average, but the trends still continued downward that year.

lasting seven hours or longer has fluctuated widely around 25% since 2000 (the variability results in part from the small sample sizes of users). As with degree of high, this proportion was lowest in the early 1990s (it was 9.9% in 1993) and highest at the start of the survey in 1975 (when it was 41%).

• Both degree and duration of highs achieved by *tranquilizer* use were at or near the highest levels recorded by the survey in 2018 (Table 7-7). In 2018 the percentage who used tranquilizers outside of a doctor's orders and reported getting moderately or very high tied the record set in 2009, at 62%. This high estimate is likely a result of random sampling fluctuation, given the absence of any strong upward trend since 2000 and no increase in tranquilizer use over the past ten years. In the past this proportion has varied over time with use levels. It reached a record low of 18% in 1991, when use levels for most drugs were approaching historic lows in the late 1980s. The proportion then increased substantially during the 1990s drug relapse, reaching a level of 59% in 1999. The proportion getting moderately or very high has averaged around 54% since then, with considerable variability from year to year. (Since 2004 there has been a considerable decline in the numbers of cases on which estimates are based. In 2018 the N was 58 cases.)

Duration has followed a similar trend. The percentage of users who reported getting high for one to six hours reached a low of 38% in 1992 when use was low and then reached a record high of 80% in 2000 when use levels were peaking. Since then overall use has decreased and the percentage of users reporting getting high for one to six hours has hovered near 60%, again with substantial variability in the estimates as a result of the relatively small number of users.

• Given low prevalence levels, questions on the degree and duration of highs from LSD were discontinued in 2015 to make room for other survey questions. Detailed estimates up to 2014 can be found in the 2014 edition of this monograph. In sum, no clearly discernible long term pattern were present in the degree of highs reported by LSD users—substantial proportions of users every year reported intense highs—but the average duration of highs declined considerably after the late 1990s. After 2001, the prevalence of LSD use declined sharply, which in turn is reflected in the decreased proportion of all respondents saying that they got high at all on LSD. The average duration of LSD highs declined some from the mid 1990s to 2014.

TABLE 7-1a
Frequency of Use of Various Drugs: Lifetime, Annual, and 30-Day for 8th, 10th, and 12th Graders, 2022

																На	ıllucinoge	ens			
	<u> </u>	<u> Marijuan</u>	<u>a</u> 1	Synthe	etic Marij	uana <sup>a,b</sup>	1	nhalants	c,k	<u>Hal</u>	lucinoge	ns <sup>d,j</sup>		LSD <sup>j</sup>		othe	er than L	SD <sup>j</sup>		PCP e	
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Lifetime Frequency																					
No occasions	89.0	75.8	61.7	_	_	_	90.2	92.5	94.2	98.0	96.6	92.9	99.0	97.9	95.6	98.3	97.3	94.4	_	_	_
1–2 occasions	4.5	7.2	9.0	_	_	_	6.5	5.1	3.8	1.1	1.7	3.0	0.5	1.4	2.1	1.2	1.9	3.2	_		
3–5 occasions	1.7	3.8	5.1	_	_	_	1.7	1.2	1.3	0.5	1.1	1.8	0.2	0.3	1.0	0.2	0.4	1.4	_	_	_
6–9 occasions	0.6	2.1	3.6	_	_	_	0.5	0.4	0.2	0.1	0.1	1.0	*	0.1	0.4	0.1	0.2	0.6	_	_	_
10-19 occasions	1.1	2.9	4.3	_	_	_	0.3	0.3	0.2	0.1	0.3	0.6	0.1	0.1	0.4	0.1	0.1	0.2	_	_	_
20-39 occasions	8.0	2.0	3.7	_	_	_	0.3	0.1	0.1	*	*	0.1	*	*	0.1	*	*	0.1	_	_	_
40 or more	2.2	6.1	12.8	_	_	_	0.5	0.5	0.2	0.1	0.2	0.5	*	0.1	0.4	0.1	0.1	0.2	_	_	_
Annual Frequency																					
No occasions	91.7	80.5	69.3	98.5	97.8	96.8	96.4	97.6	98.2	98.8	97.9	95.6	99.4	98.7	97.5	99.0	98.4	96.6	_	_	98.8
1–2 occasions	3.4	6.3	8.6	0.6	1.1	1.4	2.2	1.4	1.2	0.6	1.0	2.3	0.4	0.9	1.5	8.0	1.2	2.2	_	_	0.4
3–5 occasions	1.3	2.8	4.1	0.2	0.5	0.8	0.7	0.3	0.3	0.3	0.7	1.3	0.1	0.1	0.4	0.1	0.3	0.7	_	_	0.2
6-9 occasions	0.8	2.6	3.3	0.1	0.2	0.3	0.3	0.2	0.1	*	0.1	0.3	*	0.1	0.2	0.1	*	0.2	_	_	0.3
10-19 occasions	0.8	2.5	3.6	0.3	0.1	0.2	0.2	0.1	0.2	0.1	0.1	0.3	*	*	0.1	*	*	0.1	_	_	0.2
20-39 occasions	0.8	2.0	2.8	0.1	*	0.1	0.1	0.1	*	*	*	0.1	*	*	0.1	*	*	0.1	_	_	0.1
40 or more	1.2	3.5	8.4	0.1	*	0.6	0.1	0.2	0.1	0.1	0.1	0.2	*	0.1	0.1	*	*	*	_	_	
30-Day Frequency																					
No occasions	95.0	87.9	79.8	_	_	_	98.1	98.8	99.3	99.5	99.3	98.6	99.8	99.6	99.2	99.6	99.5	98.9	_	_	_
1–2 occasions	1.8	4.3	6.1	_	_	_	1.3	0.7	0.4	0.2	0.4	0.7	0.1	0.2	0.3	0.2	0.4	0.6	_	_	_
3–5 occasions	0.9	2.2	3.4	_	_	_	0.4	0.1	0.2	0.1	0.1	0.2	0.1	*	0.2	0.1	0.1	0.2	_	_	_
6–9 occasions	1.0	1.8	2.1	_	_	_	0.1	0.1	*	*	*	0.2	*	*	0.2	0.1	*	0.2	_	_	_
10-19 occasions	0.6	1.7	2.2	_	_	_	*	0.1	*	0.1	*	0.2	*	*	0.1	*	*	*	_	_	_
20-39 occasions	0.4	0.9	2.1	_	_	_	0.1	*	*	*	0.1	*	*	0.1	*	*	*	*	_	_	_
40 or more	0.3	1.2	4.2	_	_	_	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.0	0.1	0.0	0.0	*	_	_	_

TABLE 7-1a (cont.)
Frequency of Use of Various Drugs: Lifetime, Annual, and 30-Day for 8th, 10th, and 12th Graders, 2022

													Co	caine ot	her				Н	leroin wi	ith
	<u>Ecsta</u>	sy (MDN	<u>//А)</u> <sup>с,к</sup>		Salvia a	,b		Cocaine	<u> </u>		Crack		<u>th</u>	an Cracl	<u>k</u> <sup>g</sup>		Heroin k		<u>a</u>	Needle	c,k
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Lifetime Frequency																					
No occasions	98.8	98.6	97.0	_	_	_	99.2	99.2	97.6	99.3	99.6	98.7	99.3	99.4	98.0	99.6	99.5	99.5	99.8	99.8	99.7
1–2 occasions	0.8	1.0	1.6	_	_	_	0.3	0.3	1.1	0.4	0.2	0.5	0.3	0.4	1.0	0.2	0.3	0.2	0.1	0.1	0.1
3–5 occasions	0.2	0.2	0.5	_	_	_	0.3	0.2	0.5	0.1	0.1	0.2	0.2	0.1	0.5	0.1	0.1	0.1	0.1	*	0.1
6–9 occasions	0.1	0.1	0.2	_	_	_	*	0.1	0.2	*	0.1	0.2	0.1	0.1	0.2	*	*	0.1	*	*	*
10-19 occasions	0.1	0.1	0.2	_	_	_	0.1	0.1	0.2	0.1	*	0.1	*	*	0.2	0.1	*	0.1	*	0.1	*
20-39 occasions	*	0.1	0.3	_	_	_	*	*	0.1	*	*	0.1	*	*	*	0.0	0.1	*	0.0	0.0	0.1
40 or more	*	*	0.2	_	_	_	0.1	0.1	0.3	0.1	*	0.2	*	*	0.1	0.0	*	0.1	0.0	0.0	
Annual Frequency																					
No occasions	99.4	99.3	98.6	99.2	*	99.2	99.5	99.7	98.5	99.6	99.8	99.1	99.6	99.8	98.7	99.7	99.8	99.7	99.8	99.8	99.7
1–2 occasions	0.3	0.6	0.6	0.2	0.4	0.2	0.2	0.1	0.6	0.2	0.1	0.3	0.2	0.2	0.7	0.1	0.1	0.1	0.1	0.1	0.1
3–5 occasions	0.2	0.1	0.2	0.2	*	0.2	0.2	0.1	0.3	0.1	0.1	0.2	0.1	*	0.3	0.1	0.1	0.1	0.1	*	0.1
6-9 occasions	*	*	0.1	0.2	0.1	0.1	0.1	*	0.2	*	*	0.1	*	*	0.2	*	*	0.1	*	*	*
10-19 occasions	*	*	0.2	0.2	0.1	0.3	0.1	*	0.2	*	*	0.1	*	*	0.1	*	*	*	*	0.1	*
20-39 occasions	*	*	0.2	0.0	*		0.1	*	*	*	*	0.1	*	0.0	*	0.0	0.1	0.1	0.0	0.0	0.1
40 or more	*	*		0.0	0.1		0.0	0.0	0.2	*	0.0	0.1	0.0	0.0		0.0	0.0		0.0	0.0	
30-Day Frequency																					
No occasions	99.8	99.7	99.1	_	_	_	99.7	99.8	99.2	99.7	99.9	99.4	99.8	99.9	99.2	99.8	99.8	99.7	99.8	99.8	99.7
1–2 occasions	0.1	0.3	0.5	_	_	_	0.1	0.1	0.2	0.1	*	0.2	0.1	0.1	0.5	0.1	0.1	0.1	0.1	0.1	0.1
3–5 occasions	0.1	*	0.2	_	_	_	0.1	0.1	0.2	*	0.1	0.2	0.1	*	0.2	0.1	*	0.1	0.1	*	0.1
6–9 occasions	0.1	*	0.1	_	_	_	*	*	0.1	*	*	0.1	0.1	*	0.1	*	*	*	*	*	*
10-19 occasions	*	*	0.1	_	_	_	0.1	*	*	*	*	*	0.0	*	0.1	*	0.1	*	*	0.1	*
20-39 occasions	*	*		_	_	_	*	*	0.2	*	0.0	0.1	0.0	0.0	*	0.0	0.0	0.1	0.0	*	0.1
40 or more	0.0	0.0		_	_	_	0.0	0.0		0.0	0.0		0.0	0.0		0.0	0.0		0.0	0.0	

TABLE 7-1a (cont.)
Frequency of Use of Various Drugs: Lifetime, Annual, and 30-Day for 8th, 10th, and 12th Graders, 2022

		roin with			rcotics o							a.b.			E.			L			. h. h
		Needle			an Hero			<u>kyContin</u>		_	<u>'icodin</u> a,			hetamin			Ritalin <sup>a,b</sup>			dderall a	
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Lifetime Frequency																					
No occasions	99.8	99.8	99.7	_	_	96.8	_	_	_	_	_	_	94.0	94.6	94.7	_	_	_	_	_	_
1–2 occasions	0.1	0.1	0.1	_	_	1.6	_	_	_	_	_	_	3.5	2.6	2.0	_	_	_	_	_	
3–5 occasions	0.1	*	0.1	_	_	0.7	_	_	_	_	_	_	0.9	1.3	1.1	_	_	_	_	_	_
6–9 occasions	*	*	*	_	_	0.3	_	_	_	_	_	_	0.3	0.4	0.6	_	_	_	_	_	_
10-19 occasions	*	0.1	*	_	_	0.2	_	_	_	_	_	_	0.4	0.4	0.4	_	_	_	_	_	_
20-39 occasions	0.0	*	0.1	_	_	0.3	_	_	_	_	_	_	0.1	0.2	0.3	_	_	_	_	_	_
40 or more	0.0	0.0		_	_	0.2	_	_	_	_	_	_	0.7	0.6	1.0	_	_	_	_	_	_
Annual Frequency																					
No occasions	99.8	99.8	99.7	_	_	98.3	99.3	99.1	98.1	99.3	99.0	98.7	96.8	96.9	97.2	99.3	99.3	98.9	97.7	97.1	96.6
1–2 occasions	0.1	0.1	0.1	_	_	1.0	0.2	*	1.0	0.3	0.3	0.3	1.8	1.7	1.2	0.4	0.3	0.4	1.0	*	1.3
3–5 occasions	0.1	*	0.1	_	_	0.2	0.2	0.2	0.4	0.1	0.1	0.5	0.5	0.5	0.6	0.2	0.2	0.1	0.7	0.7	0.8
6–9 occasions	*	*	*	_	_	0.2	0.2	0.2	0.2	0.1	0.4	0.2	0.3	0.2	0.3	*	0.1	0.3	0.3	0.2	0.7
10-19 occasions	*	0.1	*	_	_	0.2	0.1	*	0.1	0.2	*	0.1	0.2	0.2	0.2	*	*	0.3	0.1	0.1	0.3
20-39 occasions	0.0	0.0	0.1	_	_	*	0.0	*	*	0.0	*	*	0.2	0.2	0.1	*	*	0.1	0.1	*	0.2
40 or more	0.0	0.0		_	_	0.1	0.0	0.1	0.2	0.0	0.1	0.1	0.3	0.2	0.3	0.0	*	*	0.1	0.3	0.1
30-Day Frequency																					
No occasions	99.8	99.8	99.7	_	_	99.3	_	_	_	_	_	_	98.1	98.7	98.7	_	_	_	_	_	_
1–2 occasions	0.1	0.1	0.1	_	_	0.5	_	_	_	_	_	_	1.0	0.8	0.6	_	_	_	_	_	_
3–5 occasions	0.1	*	0.1	_	_	0.1	_	_	_	_	_	_	0.3	0.2	0.2	_	_	_	_	_	_
6–9 occasions	*	*	*	_	_	0.1	_	_	_	_	_	_	0.2	0.1	0.1	_	_	_	_		_
10–19 occasions	*	0.1	*	_	_	*	_	_	_	_	_	_	0.1	0.1	0.1	_	_	_	_	_	_
20–39 occasions	0.0	0.0	0.1	_		*	_		_	_		_	0.1	0.1	*	_	_	_	_		
40 or more	0.0	0.0	0.1	_		*	_	_		_		_	0.1	0.1	0.2	_					

TABLE 7-1a (cont.)
Frequency of Use of Various Drugs: Lifetime, Annual, and 30-Day for 8th, 10th, and 12th Graders, 2022

																	r-the-Co				
					Crysta			Bath Sal	_		Sedative						ough/Co				
	<u>Metha</u>	mphetan	nine <sup>a,b</sup>		nphetam	ne (Ice) b			<u>ılants)</u> <sup>a,b</sup>	<u>(Ba</u>	rbiturate	es) <sup>h</sup>	<u>Tra</u>	anquilize	rs <sup>h</sup>		<u>ledicine</u>	a,b	<u>R</u>	ohypnol	a,e
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Lifetime Frequency																					
No occasions	99.5	99.4	98.9	_	_	99.2	_	_	_	_	_	96.4	96.9	97.3	96.7	_	_	_	0.3	99.8	_
1–2 occasions	0.4	0.3	0.2		_	0.4		_	_	_	_	1.6	2.2	*	1.5	_	_	_	*	0.2	
3–5 occasions	*	0.1	0.4	_	_	0.1	_	_	_	_	_	0.9	0.4	0.5	8.0	_	_	_	0.1	0.0	_
6–9 occasions	*	*	0.1	_	_	0.1	_	_	_	_	_	0.4	0.1	0.3	0.4	_	_	_	0.0	0.0	_
10-19 occasions	0.0	*	0.2	_	_	0.1	_	_	_	_	_	0.2	0.1	0.2	0.3	_	_	_	0.0	0.0	_
20-39 occasions	0.0	*	0.1	_	_	*	_	_	_	_	_	0.2	0.1	0.1	0.1	_	_	_	0.0	0.0	_
40 or more	0.0	0.1	0.1	_	_	*	_	_	_	_	_	0.3	0.1	0.2	0.2	_	_	_	0.0	0.0	_
Annual Frequency																					
No occasions	99.8	99.7	99.5	_	_	99.7	_	_	_	_	_	98.0	98.6	98.5	98.5	96.8	96.1	97.6	0.1	100.0	99.3
1–2 occasions	0.2	0.2	0.2	_	_	0.1	_	_	_	_	_	1.0	0.9	0.9	0.6	1.5	2.1	0.7	0.1	*	0.2
3–5 occasions	*	*	0.1	_	_	0.1	_	_	_	_	_	0.6	0.3	0.2	0.6	0.9	0.9	0.5	0.0	0.0	*
6-9 occasions	*	*	0.1	_	_	0.1	_	_	_	_	_	0.2	0.1	0.2	0.2	0.3	0.5	0.7	0.0	0.0	0.1
10-19 occasions	0.0	0.0	0.1	_	_	*	_	_	_	_	_	0.1	*	0.1	*	0.2	0.2	0.3	0.0	0.0	0.1
20-39 occasions	0.0	0.0	*	_	_	*	_	_	_	_	_	0.1	0.1	*	0.1	0.1	0.1	*	0.0	0.0	*
40 or more	0.0	0.0		_	_		_	_	_	_	_	0.1	*	*	*	0.2	*	0.1	0.0	0.0	0.3
30-Day Frequency																					
No occasions	99.9	99.9	99.6	_	_	99.7	_	_	_	_	_	98.9	99.4	99.4	99.3	_	_	_	0.1	100.0	_
1–2 occasions	0.1	*	0.1	_	_	0.1	_	_	_	_	_	0.6	0.3	0.4	0.4	_	_	_	0.1	*	_
3–5 occasions	*	*	0.2	_	_	*	_	_	_	_	_	0.3	0.1	0.1	0.2	_	_	_	0.0	0.0	_
6–9 occasions	0.0	*	0.1	_	_	0.1	_	_	_	_	_	0.1	0.1	0.1	0.1	_	_	_	0.0	0.0	_
10–19 occasions	0.0	0.0	*	_	_	*	_	_	_	_	_	0.1	*	*	*	_	_	_	0.0	0.0	_
20–39 occasions	0.0	0.0		_	_	*	_	_	_	_		*	*	*	*	_	_	_	0.0	0.0	_
40 or more	0.0	0.0		_	_		_	_	_	_	_	0.1	*	*		_	_	_	0.0	0.0	_

TABLE 7-1a (cont.)
Frequency of Use of Various Drugs: Lifetime, Annual, and 30-Day for 8th, 10th, and 12th Graders, 2022

													Flavo	ored Alco	oholic	Alcoh	olic Beve	erages	To	bacco u	sing
		GHB e		<u> </u>	Ketamine	<u>b</u>		Alcohol	<u>.</u>	Be	en Drur	ı <u>k</u> <sup>b</sup>	<u>Be</u>	verages	a,e	contair	ning Caff	eine a,b	<u>a</u>	Hookal	<u>ı</u> e
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Lifetime Frequency																					
No occasions	_	_	_	_	_	_	76.9	58.9	38.4	92.0	80.2	63.3	83.8	71.0	53.6	_	_	_	_	_	_
1–2 occasions	_	_	_	_	_	_	10.0	12.8	14.9	5.4	10.0	10.7	9.0	11.3	11.9	_	_	_	_	_	_
3–5 occasions	_	_	_	_	_	_	5.1	9.7	11.5	1.3	4.0	7.1	3.2	7.6	8.1	_	_	_	_	_	_
6–9 occasions	_	_	_	_	_	_	3.2	6.2	8.2	0.4	2.4	5.0	1.5	3.7	7.2	_	_	_	_	_	_
10-19 occasions	_	_	_	_	_	_	2.5	5.4	9.6	0.5	1.7	4.6	1.3	3.0	7.2	_	_	_	_	_	_
20-39 occasions	_	_	_	_	_	_	1.1	3.2	6.2	0.2	0.9	3.6	0.6	1.6	5.3	_	_	_	_	_	
40 or more	_	_	_	_	_	_	1.1	3.9	11.2	0.2	0.9	5.7	0.6	1.8	6.7	_	_	_	_	_	_
Annual Frequency																					
No occasions	_	_	99.5	_	_	98.8	84.8	68.7	48.1	84.8	85.4	70.4	89.9	78.0	62.5	95.3	92.9	88.4	_	_	96.7
1–2 occasions	_	_	0.3	_	_	0.5	9.0	14.4	18.4	9.0	8.3	10.4	6.2	11.0	13.4	2.4	4.2	5.5	_	_	1.6
3–5 occasions	_	_	0.1	_	_	0.4	3.3	7.3	11.4	3.3	3.1	7.1	1.9	5.0	8.6	1.2	1.4	1.8	_	_	0.9
6–9 occasions	_	_	0.1	_	_	0.1	1.5	4.0	7.3	1.5	1.4	4.7	0.8	2.7	4.9	0.5	0.5	1.6	_	_	0.1
10-19 occasions	_	_	*	_	_	0.1	0.9	3.2	6.5	0.9	1.0	3.4	0.8	1.9	5.4	0.6	0.4	1.4	_	_	0.4
20-39 occasions	_	_	*	_	_	*	0.4	1.5	4.2	0.4	0.4	2.4	0.2	0.8	3.1	0.1	0.2	0.5	_	_	0.3
40 or more	_	_		_	_	0.1	0.2	1.0	3.9	0.2	0.3	1.7	0.4	0.7	2.0	0.1	0.3	8.0	_	_	•
30-Day Frequency																					
No occasions	_	_	_	_	_	_	94.0	86.4	71.6	98.5	94.3	83.2	96.1	90.3	78.8	_	_	_	_	_	_
1–2 occasions	_	_	_	_	_	_	4.4	9.1	16.0	1.1	4.3	9.1	2.5	6.0	12.3	_	_	_	_	_	_
3–5 occasions	_	_	_	_	_	_	1.0	2.6	6.3	0.2	0.7	4.0	0.8	2.0	4.5	_	_	_	_	_	_
6–9 occasions	_	_	_	_	_	_	0.3	0.9	2.8	*	0.4	2.2	0.2	0.8	2.2	_	_	_	_	_	_
10-19 occasions	_	_	_	_	_	_	0.2	0.6	1.8	0.1	0.1	0.8	0.1	0.5	1.1	_	_	_	_	_	_
20-39 occasions	_	_	_	_	_	_	0.1	0.2	0.6	*	0.1	0.2	0.2	0.2	0.2	_	_	_	_	_	_
40 or more	_	_		_	_	_	0.1	0.3	1.0	*	0.1	0.5	0.1	0.3	1.0		_	_	_	_	_

# TABLE 7-1a (cont.) Frequency of Use of Various Drugs: Lifetime, Annual, and 30-Day for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

					Dissolvab							
		all Ciga			cco Prod			Snus a,e			Steroids	
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Lifetime Frequency												
No occasions	_	_	_	_	_	_	_	_	_	98.4	99.1	98.5
1–2 occasions	_	_	_	_	_	_		_	_	1.0	0.6	0.3
3–5 occasions	_	_	_	_	_	_	_	_	_	0.2	0.1	0.3
6–9 occasions	_	_	_	_	_	_	_	_	_	0.1	*	0.3
10-19 occasions	_	_	_	_	_	_	_	_	_	0.1	*	0.1
20-39 occasions	_	_	_	_	_	_	_	_	_	0.1	*	0.1
40 or more	_	_	_	_	_	_	_	_	_	0.2	0.1	0.4
Annual Frequency												
No occasions	_	_	94.4	99.2	99.1	98.3	99.0	98.5	97.6	99.2	99.5	98.7
1–2 occasions	_	_	3.0	0.4	0.4	0.4	0.4	0.9	1.1	0.4	0.3	0.3
3–5 occasions	_	_	1.9	0.1	0.2	0.3	0.2	*	0.2	0.1	*	0.3
6–9 occasions	_	_	0.2	0.1	0.1	0.2	0.2	0.1	0.2	*	*	0.3
10-19 occasions	_	_	0.2	0.1	*	0.3	0.1	0.1	0.2	*	*	*
20-39 occasions	_	_	0.1	0.1	0.1	0.1	*	0.1	0.1	0.1	*	0.1
40 or more	_	_	0.3	*	*	0.4	0.1	0.1	0.5	0.1	0.0	0.4
30-Day Frequency												
No occasions	_	_	_	_	_	_	_	_	_	99.5	99.7	98.7
1–2 occasions	_	_	_	_	_	_	_	_	_	0.3	0.2	0.4
3–5 occasions	_	_	_	_	_	_	_	_	_	*	*	0.1
6–9 occasions	_	_	_	_	_	_	_	_	_	0.1	*	0.3
10-19 occasions	_	_	_	_	_	_	_	_	_	*	*	0.1
20-39 occasions	_	_	_	_	_	_	_	_	_	*	*	*
40 or more	_	_	_	_	_	_	_	_	_	*	0.1	0.4

#### TABLE 7-1a (cont.)

# Frequency of Use of Various Drugs: Lifetime, Annual, and 30-Day 8th, 10th, and 12th Graders, 2022

Source. The Monitoring the Future study, the University of Michigan.

Notes. '—' indicates data not available. '\*' indicates less than 0.05% but greater than 0%.

<sup>a</sup>8th and 10th grades only: Data based on one of four forms.

<sup>b</sup>12th grade only: Data based on two of six forms.

<sup>c</sup>12th grade only: Data based on three of six forms.

<sup>d</sup>Unadjusted for known underreporting of PCP. See text for details.

<sup>e</sup>12th grade only: Data based on one of six forms.

<sup>f</sup>8th and 10th grades only: Data based on two of four forms.

<sup>g</sup>12th grade only: Data based on four of six forms.

<sup>h</sup>Only drug use not under a doctor's orders is included here.

Based on data from the revised question, which attempts to exclude the inappropriate reporting of nonprescription stimulants.

<sup>1</sup>12th grade only: Data based on five of six forms.

<sup>k</sup>8th and 10th grades only: Data based on three of four forms.

For 8th and 10th graders only: In 2021, the question on marijuana use was changed in half of the questionnaire forms to include smoking, vaping, and edibles in the list of examples and the multiple versions of the question text continued in 2022. Data presented here for 2022 based on the forms that included the original question wording.

## **TABLE 7-1b**

# Frequency of Occasions of Heavy Drinking, for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

	8th Grade	10th Grade	12th Grade
Think back over the LAST TWO WEEKS. How many			
times have you had five or more drinks in a row?			
None	97.8	94.1	87.4
Once	1.4	3.2	5.7
Twice	0.5	1.5	3.7
3 to 5 times	0.2	0.7	2.2
6 to 9 times	0.1	0.3	0.6
10 or more times	*	0.2	0.5
During the last two weeks, how many times (if any)			
have you had 10 or more drinks in a row?			
None	99.4	98.1	95.7
Once	0.3	1.0	1.8
Twice	0.1	0.4	1.0
3 to 5 times	0.1	0.3	0.7
6 to 9 times	0.1	0.2	0.4
10 or more times	*	0.0	0.4
During the last two weeks, how many times (if any)			
have you had 15 or more drinks in a row?			
None	_	_	97.6
Once	_	_	0.4
Twice	_	_	0.9
3 to 5 times	_	_	0.5
6 to 9 times	_	_	0.2
10 or more times			0.4

Source. The Monitoring the Future study, the University of Michigan.

Notes. '—'indicates data not available.'\*'indicates less than 0.05% but greater than 0%.

#### **TABLE 7-1c**

# Frequency of Use for Selected Tobacco and Vaping Outcomes

## for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

	8th Grade	10th Grade	12th Grade
Have you ever smoked cigarettes?			
Never	4.8	89.8	83.2
Once or twice	0.6	7.4	10.7
Occasionally but not regularly	0.5	1.5	3.5
Regularly in the past	0.2	0.9	1.6
Regularly now	0.0	0.4	1.0
How frequently have you smoked cigarettes			
during the past 30 days?			
Not at all (includes "never" category from question above)	0.5	98.3	96.0
Less than one cigarette per day	0.2	1.0	2.4
One to five cigarettes per day	*	0.4	0.6
About one-half pack per day	*	0.1	0.3
About one pack per day	0.1	0.1	0.2
About one and one-half packs per day	*	0.1	0.1
Two packs or more per day	0.0	0.1	0.3
Have you ever taken or used smokeless tobacco (snuff, plug, dipping tobacco, chewing tobacco)?			
Never	2.6	97.5	89.7
Once or twice	0.7	1.0	6.2
Occasionally but not regularly	0.4	0.4	2.3
Regularly in the past	0.2	0.4	0.9
Regularly now	0.0	0.4	1.1
How frequently have you taken smokeless			
tobacco during the past 30 days?			
Not at all (includes "never" category from question above)	0.4	97.5	96.8
Once or twice	0.2	1.0	1.8
			1.0
Once or twice per week	0.3	0.4	0.2
Once or twice per week Three to five times per week	0.3 0.2	0.4	
			0.2

## TABLE 7-1c (cont.)

## **Frequency of Use for Selected**

## **Tobacco** and **Vaping** Outcomes

### for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

In your LIFETIME, how often have you vaped nicotine?	8th Grade	10th Grade	12th Grade
Never	83.0	71.8	61.2
Once or twice	7.8	11.2	13.4
Occasionally but not regularly	4.5	8.3	10.5
Regularly in the past	2.5	4.0	6.1
Regularly now	2.2	4.7	8.9
On how many DAYS (if any) during the LAST 30 DAYS have you vaped nicotine?			
No days	92.9	85.8	79,3
1–2 days	2.3	4.7	5.0
3–5 days	1.3	1.9	2.5
6–9 days	0.6	1.5	1.8
10–19 days	0.9	1.5	2.4
20–29 days	0.9	1.4	2.7
30 days	1.2	3.3	6.2
In your LIFETIME, how often have you vaped marijuana?			
Never	92.3	81.4	72.6
Once or twice	3.5	7.0	9.5
Occasionally but not regularly	2.1	6.2	8.8
Regularly in the past	0.9	2.4	4.6
Regularly now	1.2	3.1	4.6
On how many DAYS (if any) during the LAST 30 DAYS have you vaped marijuana?			
No days	95.8	89.7	85.2
1–2 days	1.3	3.2	4.9
3–5 days	0.9	2.1	2.5
6–9 days	0.6	1.4	1.7
10–19 days	0.6	1.4	2.3
20–29 days	0.2	0.0	1.4
30 days	0.6	1.3	2.2

## TABLE 7-1c (cont.)

## Frequency of Use for Selected

## **Tobacco** and **Vaping** Outcomes

#### for 8th, 10th, and 12th Graders, 2022

(Entries are percentages.)

	8th Grade	10th Grade	12th Grade
In your LIFETIME, how often have you vaped just flavoring?			
Never	87.2	81.5	76.3
Once or twice	7.0	9.8	12.5
Occasionally but not regularly	2.9	4.5	6.1
Regularly in the past	1.6	2.2	2.6
Regularly now	1.3	2.0	2.6
On how many DAYS (if any) during the LAST 30 DAYS			
have you vaped just flavoring?			
No days	95.1	92.6	91.7
1–2 days	2.0	2.9	2.8
3–5 days	0.9	1.3	1.5
6–9 days	0.6	0.8	0.8
10–19 days	0.5	0.9	8.0
20–29 days	0.5	0.5	0.7
30 days	0.6	1.0	1.7

Source. The Monitoring the Future study, the University of Michigan.

Notes. '—' indicates data not available. '\*' indicates less than 0.05% but greater than 0%.

TABLE 7-1d
Frequency of Days Used in the Past 30 Days for Various Tobacco and Other
Substances for 8th, 10th, and 12th Graders, 2022

										Tol	bacco Us	sing
	<u>La</u>	arge Ciga	<u>ars</u>	Flavoi	red Little	Cigars	Regu	lar Little	<u>Cigars</u>	<u>.</u>	a Hookal	<u>1</u>
	8th	10th	12th	8th	10th	12th	8th	10th	12th	8th	10th	12th
Number of days used												
in past 30 days												
No days	0.3	99.2	97.7	0.2	98.6	97.8	0.2	98.9	98.4	0.7	99.0	98.2
1–2 days	0.1	0.6	1.5	0.1	1.2	1.0	0.2	8.0	0.9	0.2	0.6	0.6
3–5 days	0.1	*	0.3	*	0.1	0.7	0.1	0.1	0.5	*	0.1	0.5
6–9 days	0.0	0.1	0.1	0.1	*	0.2	0.2	0.1	0.1	*	0.1	0.3
10–19 days	0.0	*	*	0.3	*	*	0.0	*	0.1	0.1	0.1	0.1
20–30 days	0.0	0.0	0.3	0.0	0.1	0.3	0.0	0.1	0.1	0.0	0.1	0.2

Source. The Monitoring the Future study, the University of Michigan.

Notes. '—'indicates data not available.'\*'indicates less than 0.05% but greater than 0%.

TABLE 7-1e Frequency of Use Per Day for Energy Drinks and Energy Shots for 8th, 10th, and 12th Graders, 2022

	<u>En</u>	ergy Drir	<u>nks</u>	<u>Er</u>	nergy Sh	<u>ots</u>
	8th	10th	12th	8th	10th	12th
Number of drinks/shots						
per day						
None	69.7	64.9	61.8	91.0	91.3	93.1
Less than 1	15.3	18.8	21.7	4.5	4.0	3.6
One	8.2	9.2	10.5	1.7	2.0	1.5
Two	3.8	3.9	3.6	0.9	0.7	0.5
Three	1.5	1.2	1.4	0.8	0.6	0.4
Four	0.5	8.0	0.4	0.3	0.5	0.7
Five or six	0.5	0.3	0.3	0.4	0.5	*
7 or more	0.5	0.8	0.4	0.3	0.5	0.2

Source. The Monitoring the Future study, the University of Michigan.

Notes. '—' indicates data not available. '\*' indicates less than 0.05% but greater than 0%.

#### TABLE 7-2 MARIJUANA

#### Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

																					(Years	s cont.)	$\rightarrow$	
When you use marijuana or hashish																								
how high do you usually get? <sup>a</sup>	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	1982	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>	<u>1991</u>	1992	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>
% of Recent Users																								
Not at all high	6.9	5.7	7.5	6.3	6.0	6.3	4.9	4.6	6.6	6.8	7.2	5.1	6.8	6.6	7.6	5.8	7.2	7.8	9.0	7.0	8.1	5.7	5.4	6.1
A little high	22.1	20.9	22.5	20.3	22.5	23.5	29.0	26.3	29.4	29.0	27.2	27.6	29.5	30.2	22.8	23.2	21.6	25.9	19.4	21.7	22.3	17.9	18.6	22.0
Moderately high	45.5	47.7	43.5	46.8	47.5	47.7	45.7	45.6	41.9	36.9	41.8	43.8	40.9	40.3	44.1	40.8	42.8	39.3	45.9	40.6	40.8	47.5	45.1	43.6
Very high	25.5	25.7	26.5	26.6	24.0	22.6	20.4	23.5	22.0	27.4	23.8	23.5	22.9	22.9	25.5	30.3	28.4	27.0	25.8	30.7	28.8	28.9	30.9	28.4
Approximate weighted N = % of All Respondents	1,142	1,266	1,448	1,873	1,606	1,495	1,607	1,588	1,366	1,264	1,298	1,177	1,174	1,142	782	694	591	605	669	779	916	788	998	944
No use in last 12 months	60.0	55.5	52.4	49.8	49.4	52.4	53.2	54.7	58.2	59.9	59.0	61.2	63.5	64.9	71.6	72.7	76.2	76.8	74.8	69.6	64.1	66.5	61.2	62.6
Not at all high	2.8	2.5	3.6	3.2	3.0	3.0	2.3	2.1	2.8	2.7	2.9	2.0	2.5	2.3	2.2	1.6	1.7	1.8	2.3	2.1	2.9	1.9	2.1	2.3
A little high	8.8	9.3	10.7	10.2	11.4	11.2	13.6	11.9	12.3	11.6	11.2	10.7	10.7	10.6	6.5	6.3	5.1	6.0	4.9	6.6	8.0	6.0	7.2	8.2
Moderately high	18.2	21.2	20.7	23.5	24.0	22.7	21.4	20.6	17.5	14.8	17.2	17.0	14.9	14.1	12.5	11.1	10.2	9.1	11.6	12.4	14.7	15.9	17.5	16.3
Very high	10.2	11.4	12.6	13.4	12.2	10.8	9.6	10.6	9.2	11.0	9.8	9.1	8.4	8.1	7.2	8.3	6.7	6.3	6.5	9.3	10.4	9.7	12.0	10.6
Approximate weighted N =	2,855	2,845	3,042	3,731	3,175	3,143	3,437	3,506	3,268	3,154	3,163	3,033	3,219	3,250	2,755	2,542	2,487	2,614	2,655	2,558	2,549	2,355	2,570	2,526
When you use marijuana or hashish how long do you usually stay high? a % of Recent Users																								
Usually don't get high	8.5	8.0	9.5	8.0	8.4	8.5	7.6	7.0	9.9	9.6	9.3	8.2	11.1	9.6	10.8	7.8	8.5	9.5	10.9	9.5	8.7	6.4	6.1	7.4
One to two hours	39.7	43.2	42.6	47.4	48.7	51.7	52.5	53.8	55.6	51.7	52.4	55.0	52.9	56.0	51.9	53.3	49.5	47.2	48.6	47.4	46.0	46.9	49.6	51.4
Three to six hours	45.4	43.7	42.7	39.0	37.4	35.0	35.7	34.2	30.4	33.1	34.0	32.9	32.2	30.2	33.3	33.1	34.4	37.7	36.8	36.1	37.6	39.3	37.1	35.7
Seven to 24 hours	5.9	4.9	4.7	5.1	5.0	4.1	4.0	4.5	3.5	5.0	3.9	3.3	3.7	3.8	3.3	5.4	6.9	4.9	3.2	5.5	6.7	6.2	6.0	5.1
More than 24 hours	0.5	0.2	0.6	0.5	0.5	0.7	0.2	0.5	0.6	0.7	0.4	0.6	0.1	0.4	0.8	0.4	0.8	0.8	0.4	1.4	1.0	1.2	1.1	0.4
Approximate weighted N =	1,141	1,261	1,449	1,873	1,619	1,500	1,607	1,593	1,357	1,268	1,295	1,176	1,172	1,147	787	694	589	602	666	774	911	789	996	945
% of All Respondents																								
No use in last 12 months	60.0	55.5	52.4	49.8	49.2	52.3	53.2	54.6	58.4	59.9	59.0	61.2	63.6	64.8	71.5	72.7	76.3	76.9	74.9	69.7	64.2	66.5	61.2	62.6
Usually don't get high	3.4	3.6	4.5	4.0	4.3	4.0	3.6	3.2	4.1	3.8	3.8	3.2	4.0	3.4	3.1	2.1	2.0	2.2	2.7	2.9	3.1	2.1	2.4	2.8
One to two hours	15.9	19.2	20.3	23.8	24.7	24.6	24.5	24.4	23.1	20.7	21.5	21.3	19.3	19.7	14.8	14.6	11.7	10.9	12.2	14.4	16.5	15.7	19.3	19.2
Three to six hours	18.2	19.4	20.3	19.6	19.0	16.7	16.7	15.5	12.7	13.3	13.9	12.8	11.7	10.7	9.5	9.0	8.1	8.7	9.2	11.0	13.5	13.2	14.4	13.4
Seven to 24 hours	2.4	2.2	2.2	2.6	2.5	2.0	1.9	2.0	1.4	2.0	1.6	1.3	1.3	1.3	0.9	1.5	1.6	1.1	0.8	1.7	2.4	2.1	2.3	1.9
More than 24 hours	0.2	0.1	0.3	0.3	0.2	0.3	0.1	0.2	0.3	0.3	0.2	0.2	0.0	0.1	0.2	0.1	0.2	0.2	0.1	0.4	0.4	0.4	0.4	0.2
Approximate weighted N =	2,853	2,834	3,044	3,731	3,188	3,149	3,437	3,511	3,259	3,158	3,160	3,032	3,218	3,255	2,760	2,542	2,485	2,611	2,652	2,553	2,544	2,356	2,568	2,527

### TABLE 7-2 (cont.)

#### **MARIJUANA**

#### Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

When you use marijuana or hashish																								
how high do you usually get? a	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	<u>2010</u>	<u>2011</u>	2012	2013	2014	<u>2015</u>	<u>2016</u>	2017	2018	2019 b	2020	2021	2022
% of Recent Users																								
Not at all high	6.8	6.3	5.4	5.4	5.1	5.4	6.4	5.2	5.7	4.6	5.2	4.4	5.0	4.9	5.0	6.4	6.7	6.7	6.2	5.7	6.1	§	3.1	7.1
A little high	19.8	22.6	18.7	23.2	17.7	19.2	21.1	18.8	21.8	20.9	18.5	22.1	18.8	22.3	19.5	21.9	21.8	18.0	18.7	18.8	19.2	§	28.2	23.1
Moderately high	43.7	39.6	42.8	41.7	44.6	42.6	42.7	44.3	42.8	44.7	45.6	43.9	43.4	41.3	43.8	44.6	44.6	48.2	47.7	50.2	47.3	§	43.4	48.8
Very high	29.8	31.4	33.1	29.7	32.7	32.8	29.9	31.8	29.7	29.8	30.7	29.6	32.9	31.5	31.8	27.2	26.9	27.2	27.4	25.4	27.4	§	25.3	21.2
Approximate weighted N =	812	809	776	713	809	851	811	772	737	740	724	812	860	817	740	698	689	693	766	754	347	§	404	388
% of All Respondents																								
No use in last 12 months	63.6	61.8	63.0	66.3	66.6	65.2	66.7	66.9	69.3	67.7	67.9	65.6	63.0	63.7	64.9	66.1	67.5	63.9	63.1	65.7	65.2	§	71.4	71.8
Not at all high	2.5	2.4	2.0	1.8	1.7	1.9	2.1	1.7	1.8	1.5	1.7	1.5	1.8	1.8	1.7	2.2	2.2	2.4	2.3	2.0	2.1	§	0.9	2.0
A little high	7.2	8.6	6.9	7.8	5.9	6.7	7.0	6.2	6.7	6.8	5.9	7.6	7.0	8.1	6.8	7.4	7.1	6.5	6.9	6.4	6.7	§	8.1	6.5
Moderately high	15.9	15.1	15.8	14.1	14.9	14.8	14.2	14.7	13.1	14.4	14.7	15.1	16.1	15.0	15.4	15.2	14.5	17.4	17.6	17.2	16.5	§	12.4	13.7
Very high	10.8	12.0	12.2	10.0	10.9	11.4	9.9	10.5	9.1	9.6	9.9	10.2	12.2	11.4	11.2	9.2	8.7	9.8	10.1	8.7	9.5	§	7.2	6.0
Approximate weighted N =	2,231	2,121	2,098	2,114	2,423	2,447	2,440	2,333	2,403	2,291	2,253	2,362	2,322	2,254	2,109	2,056	2,122	1,920	2,077	2,199	999	§	1,412	1,377
When you use marijuana or hashish how long do you usually stay high? <sup>a</sup> % of Recent Users																								
Usually don't get high	7.6	8.7	5.8	6.9	6.3	6.1	7.6	6.3	7.3	6.7	6.6	5.5	5.9	7.1	5.5	8.2	8.2	7.9	7.5	7.5	6.6	§	5.0	9.3
One to two hours	51.8	52.0	48.3	55.5	51.2	52.5	52.6	49.2	50.5	48.3	52.4	50.9	49.5	49.7	51.8	46.8	49.9	46.7	41.6	48.2	46.4	§	52.2	45.0
Three to six hours	33.5	34.9	38.2	32.4	37.2	35.3	34.7	37.3	37.3	38.2	35.6	38.2	36.8	35.9	37.9	38.6	36.0	38.7	44.8	37.1	39.8	§	36.8	39.1
Seven to 24 hours	5.9	3.6	6.0	5.1	4.8	4.3	3.7	6.2	4.3	5.7	4.1	4.4	5.6	6.1	2.7	5.7	5.2	5.1	5.0	5.4	5.6	§	5.4	5.1
More than 24 hours	1.2	0.9	1.6	0.1	0.6	1.9	1.3	1.0	0.7	1.1	1.4	1.1	2.2	1.2	2.2	0.9	8.0	1.6	1.2	1.8	1.7	§	0.6	1.5
Approximate weighted N =	814	807	781	713	812	848	814	772	732	750	721	813	859	807	739	705	691	693	758	753	347	§	404	386
% of All Respondents																						_		
No use in last 12 months	63.6	61.9	62.9	66.3	66.5	65.3	66.7	66.9	69.5	67.4	68.0	65.6	63.0	64.0	65.0	65.8	67.5	63.9	63.4	65.7	65.3	§	71.4	72.0
Usually don't get high	2.8	3.3	2.2	2.3	2.1	2.1	2.5	2.1	2.2	2.2	2.1	1.9	2.2	2.6	1.9	2.8	2.7	2.9	2.7	2.6	2.3	§	1.4	2.6
One to two hours	18.9	19.8	17.9	18.7	17.1	18.2	17.5	16.3	15.4	15.8	16.8	17.5	18.3	17.9	18.1	16.0	16.3	16.9	15.2	16.5	16.1	§	14.9	12.6
Three to six hours	12.2	13.3	14.2	10.9	12.5	12.2	11.6	12.4	11.4	12.5	11.4	13.1	13.6	12.9	13.3	13.2	11.7	14.0	16.4	12.7	13.8	§	10.5	11.0
Seven to 24 hours	2.1	1.4	2.2	1.7	1.6	1.5	1.2	2.1	1.3	1.9	1.3	1.5	2.1	2.1	1.0	1.9	1.7	1.8	1.8	1.9	1.9	§	1.5	1.4
More than 24 hours	0.4	0.3	0.6	0.1	0.2	0.6	0.4	0.3	0.2	0.4	0.4	0.4	8.0	0.4	8.0	0.3	0.3	0.6	0.4	0.6	0.6	§	0.2	0.4
Approximate weighted N =	2,233	2,119	2,103	2,114	2,426	2,444	2,442	2,334	2,398	2,302	2,249	2,364	2,321	2,243	2,107	2,063	2,124	1,920	2,070	2,198	998	Ş	1,412	1,375

Source. The Monitoring the Future study, the University of Michigan.

<sup>§</sup> Insufficient data for estimate.

<sup>&</sup>lt;sup>a</sup>These questions appear in just one form. They are asked only of respondents who report use of the drug in the prior 12 months (i.e., recent users).

<sup>&</sup>lt;sup>b</sup>Results in following years may not be directly comparable due to survey mode effects; the 2021 survey was administered via a web questionnaire and in 2019 and earlier results are from paper-and-pencil surveys.

#### **TABLE 7-3**

#### HALLUCINOGENS OTHER THAN LSD

#### Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

Miles very take bally sing some others than																				(Y	ears cor	ıt.)		
When you take hallucinogens other than LSD how high do you usually get? a	1975	1976	1977	1978	1979	1980	1981	1982	1983	1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998
% of Recent Users	1973	1970	1911	1970	1979	1900	1901	1902	1903	1904	1900	1900	1901	1900	1909	1990	1991	1992	1993	1994	1993	1990	1991	1990
Not at all high	2.4	1.2	1.2	1.2	2.1	0.9	2.3	2.5	4.0	4.9	3.2	3.4	5.6	3.1	1.0	2.5	5.0	1.0	7.6	8.8	3.1	4.0	3.1	1.9
A little high	7.9	9.6	8.4	8.3	9.6	10.4	12.9	10.3	8.2	10.8	9.5	13.6	13.6	8.8	8.2	5.8	9.9	18.2	10.8	12.6	4.4	7.9	10.7	5.3
Moderately high	35.5	39.6	40.8	36.3	37.7	38.9	37.9	35.9	36.6	38.0	36.1	36.8	32.1	28.7	33.4	41.2	41.0	32.0	37.4	25.5	24.5	26.9	20.4	38.0
Very high	54.1	49.7	49.6	54.3	50.6	49.9	46.9	51.3	51.2	46.3	51.3	46.3	48.6	59.5	57.4	50.5	44.1	48.8	44.2	53.1	68.1	61.2	65.9	54.8
Approximate weighted N =	322	237	246	326	253	255	246	201	170	153	134	114	115	85	53	58	39	47	62	67	86	103	120	110
% of All Respondents	022	207	210	020	200	200	270	201	770	700	707		7.70	00	00	00	00		02	0,	00	700	720	110
No use in last 12 months	90.4	93.0	93.0	92.7	91.9	91.8	92.8	94.2	94.7	95.1	95.7	96.2	96.4	97.4	98.1	97.7	98.4	98.2	97.6	97.3	96.6	95.6	95.2	95.6
Not at all high	0.2	0.1	0.1	0.1	0.2	0.1	0.2	0.1	0.2	0.2	0.1	0.1	0.2	0.1	0.0	0.1	0.1	0.0	0.2	0.2	0.1	0.2	0.2	0.1
A little high	0.8	0.7	0.6	0.6	0.8	0.9	0.9	0.6	0.4	0.5	0.4	0.5	0.5	0.2	0.2	0.1	0.2	0.3	0.3	0.3	0.1	0.4	0.5	0.2
Moderately high	3.4	2.8	2.9	2.6	3.0	3.2	2.7	2.1	1.9	1.9	1.5	1.4	1.2	0.8	0.6	1.0	0.6	0.6	0.9	0.7	0.8	1.2	1.0	1.7
Very high	5.2	3.5	3.5	4.0	4.1	4.1	3.4	3.0	2.7	2.3	2.2	1.8	1.8	1.6	1.1	1.2	0.7	0.9	1.0	1.4	2.3	2.7	3.2	2.4
Approximate weighted N =	3.354	3,386	3.514	4.466	3.127	3.098	3.407	3.466	3.235	3.129	3.142	3.004	3.182	3.220	2,734	2.498	2.472	2.591	2.629	2.523	2.515	2.319	2,500	2,480
LSD how long do you usually stay high? a % of Recent Users																								
Usually don't get high	2.0	1.2	1.1	1.3	2.5	1.3	2.8	3.6	4.8	4.0	0.9	5.2	7.2	3.9	4.2	2.5	7.6	6.1	3.6	7.2	3.1	2.4	4.3	2.1
One to two hours	8.5	9.4	7.0	8.4	8.3	7.8	8.3	6.6	7.9	8.9	12.9	9.1	9.8	7.8	16.5	13.8	12.3	15.3	6.9	11.5	6.2	8.8	5.3	2.6
Three to six hours Seven to 24 hours	41.3	46.1	45.5	47.7	48.2	49.1	47.1 38.7	52.6 34.4	54.1 30.5	48.7 36.0	46.7 37.1	43.3	46.0 35.8	46.2	35.3	46.8 25.8	25.9	38.9	51.9	41.5	35.0	55.6	57.9 30.6	56.0
More than 24 hours	45.6	39.9	44.1 2.3	41.1	37.2	39.6				2.5		40.6		40.5	42.1		52.4	33.3	37.7	39.8	50.2	29.5	2.0	37.3
Approximate weighted $N =$	2.7	3.4 238	2.3	1.5 326	3.8 249	254	3.1 246	2.8 203	2.7	2.5 153	2.5 132	1.9	1.3	1.6 84	1.9 <i>55</i>	11.2 <i>60</i>	1.8 <i>40</i>	6.4 48	0.0	0.0 68	5.5 86	3.6		1.9
**Market weighted N = % of All Respondents	322	230	243	320	249	254	240	203	171	153	132	115	116	04	55	60	40	40	59	00	00	101	118	110
No use in last 12 months	90.4	93.0	93.0	92.7	92.0	91.8	92.8	94.1	94.7	95.1	95.8	96.2	96.4	97.4	98.0	97.6	98.4	98.1	97.8	97.3	96.6	95.6	95.3	95.6
Usually don't get high	0.2	0.1	0.1	0.1	0.2	0.1	0.2	0.2	0.3	0.2	0.0	0.2	0.3	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.1	0.1	0.2	0.1
One to two hours	0.2	0.7	0.1	0.6	0.2	0.6	0.2	0.4	0.3	0.4	0.5	0.2	0.3	0.1	0.1	0.1	0.1	0.1	0.1	0.2	0.1	0.1	0.2	0.1
	0.0	0.7	0.5	0.0	0.7	0.0	0.0	0.4		0.4	0.0								0.2	0.5	0.2	0.4		
I hree to six hours	4 N	3.2	32	3.5	3.8	4 0	3.4	3 1	20	24	2.0	17	17	12	0.7	1 1	0.4	0.7	12	11	12	24	27	25
Three to six hours	4.0 4.4	3.2	3.2	3.5	3.8	4.0	3.4	3.1	2.9	2.4	2.0	1.7	1.7	1.2	0.7	1.1	0.4	0.7	1.2	1.1	1.2	2.4	2.7	
Seven to 24 hours  More than 24 hours	4.0 4.4 0.3	3.2 2.8 0.2	3.2 3.1 0.2	3.5 3.0 0.1	3.8 3.0 0.3	4.0 3.2 0.2	3.4 2.8 0.2	3.1 2.0 0.2	2.9 1.6 0.1	2.4 1.8 0.1	2.0 1.6 0.1	1.7 1.6 0.1	1.7 1.3 0.0	1.2 1.1 0.0	0.7	1.1 0.6 0.3	0.4 0.8 0.0	0.7 0.6 0.1	1.2 0.8 0.0	1.1 1.1 0.0	1.2 1.7 0.2	2.4 1.3 0.2	2.7 1.4 0.1	2.5 1.7 0.1

#### TABLE 7-3 (cont.)

#### HALLUCINOGENS OTHER THAN LSD

#### Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

When you take hallucinogens other than LSD how high do you usually get? a	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 <sup>b</sup>	2020	2021	2022
% of Recent Users																								
Not at all high	2.8	1.7	5.1	0.6	0.9	5.0	5.2	4.1	2.2	2.0	3.6	5.1	4.3	4.4	0.9	9.3	1.8	4.8	15.2	11.9	§	§	§	§
A little high	7.2	4.5	5.6	5.4	2.8	10.0	7.9	5.3	10.9	10.6	1.9	10.0	7.5	2.1	10.5	8.5	8.4	8.8	0.0	16.7	§	§	§	§
Moderately high	16.1	26.4	31.3	39.5	25.2	31.7	16.6	22.5	28.9	35.8	34.0	26.8	27.9	24.6	27.9	22.8	21.1	19.6	29.7	18.0	§	§	§	§
Very high	73.8	67.5	58.1	54.6	71.0	53.3	70.3	68.2	58.0	51.7	60.5	58.0	60.2	69.0	60.7	59.4	68.7	66.8	55.1	53.4	§	§	§	§
Approximate weighted N =	98	97	126	108	129	151	132	101	121	106	102	110	109	107	67	63	56	52	61	70	§	§	§	§
% of All Respondents																								
No use in last 12 months	95.6	95.3	93.9	94.9	94.6	93.7	94.4	95.6	94.9	95.3	95.4	95.2	95.2	95.1	96.7	96.8	97.3	97.3	97.0	96.8	§	§	§	§
Not at all high	0.1	0.1	0.3	0.0	0.1	0.3	0.3	0.2	0.1	0.1	0.2	0.2	0.2	0.2	0.0	0.3	0.1	0.1	0.5	0.4	§	§	§	§
A little high	0.3	0.2	0.3	0.3	0.2	0.6	0.4	0.2	0.6	0.5	0.1	0.5	0.4	0.1	0.3	0.3	0.2	0.2	0.0	0.5	§	§	§	§
Moderately high	0.7	1.2	1.9	2.0	1.4	2.0	0.9	1.0	1.5	1.7	1.6	1.3	1.4	1.2	0.9	0.7	0.6	0.5	0.9	0.6	§	§	§	§
Very high	3.3	3.2	3.6	2.8	3.9	3.4	3.9	3.0	3.0	2.4	2.8	2.8	2.9	3.4	2.0	1.9	1.8	1.8	1.6	1.7	§	§	§	§
Approximate weighted N =	2,213	2,079	2,058	2,116	2,385	2,394	2,374	2,291	2,354	2,242	2,210	2,303	2,259	2,180	2,030	1,957	2,115	1,914	2,067	2,176	§	§	§	§
When you take hallucinogens other than LSD how long do you usually stay high? a % of Recent Users																								
Usually don't get high	2.8	2.1	3.8	2.0	2.1	2.3	5.3	3.6	3.0	5.6	5.4	7.3	8.2	5.6	2.2	12.4	4.2	8.0	12.9	15.0	§	§	§	§
One to two hours	7.1	10.0	8.0	7.9	3.8	14.4	3.3	6.9	8.4	16.4	21.0	11.9	5.9	7.5	10.6	19.9	8.3	16.3	6.1	6.0	§	§	§	§
Three to six hours	44.9	52.0	49.5	57.2	49.9	54.0	52.7	49.4	53.1	45.5	34.7	46.6	44.0	44.1	54.4	36.5	45.1	33.1	55.1	34.8	§	§	§	§
Seven to 24 hours	42.2	32.7	35.5	32.9	42.0	28.4	37.2	36.9	35.4	27.4	34.5	28.2	31.8	40.2	31.1	29.7	34.2	41.1	22.2	37.9	§	§	§	§
More than 24 hours	3.1	3.2	3.1	0.0	2.1	1.0	1.6	3.3	0.0	5.1	4.4	5.8	10.1	2.7	1.7	1.5	8.2	1.5	3.7	6.3	§	§	§	§
Approximate weighted N =	98	97	125	108	131	149	131	101	122	104	103	111	109	105	66	61	56	52	61	67	§	§	§	§
% of All Respondents																								
No use in last 12 months	95.6	95.3	93.9	94.9	94.5	93.8	94.5	95.6	94.8	95.4	95.3	95.2	95.2	95.2	96.8	96.9	97.4	97.3	97.1	96.9	§	§	§	§
Usually don't get high	0.1	0.1	0.2	0.1	0.1	0.1	0.3	0.2	0.2	0.3	0.3	0.4	0.4	0.3	0.1	0.4	0.1	0.2	0.4	0.5	§	§	§	§
One to two hours	0.3	0.5	0.5	0.4	0.2	0.9	0.2	0.3	0.4	8.0	1.0	0.6	0.3	0.4	0.3	0.6	0.2	0.4	0.2	0.2	§	§	§	§
Three to six hours	2.0	2.4	3.0	2.9	2.7	3.4	2.9	2.2	2.8	2.1	1.6	2.2	2.1	2.1	1.8	1.1	1.2	0.9	1.6	1.1	§	§	§	§
Seven to 24 hours	1.9	1.5	2.2	1.7	2.3	1.8	2.1	1.6	1.8	1.3	1.6	1.4	1.5	1.9	1.0	0.9	0.9	1.1	0.7	1.2	§	§	§	§
More than 24 hours	0.1	0.1	0.2	0.0	0.1	0.1	0.1	0.2	0.0	0.2	0.2	0.3	0.5	0.1	0.1	0.1	0.2	0.0	0.1	0.3	§	§	§	§
Approximate weighted N =	2,213	2,079	2,057	2,117	2,387	2,392	2,373	2,291	2,355	2,240	2,212	2,304	2,259	2,178	2,029	1,955	2,114	1,913	2,067	2,172	§	§	§	§

Source. The Monitoring the Future study, the University of Michigan.

<sup>§</sup> Insufficient data for estimate.

<sup>&</sup>lt;sup>a</sup>These questions appear in just one form. They are asked only of respondents who report use of the drug in the prior 12 months (i.e., recent users).

<sup>&</sup>lt;sup>b</sup>No estimates provided in 2019+ because of small sample size (*n*<50). All estimates in this chapter based on paper-based responses, the number of which were halved in 2019 due to an experiment in which a randomly assigned half of the students recorded their answers on paper and the other half on electronic tablets.

# TABLE 7-4 COCAINE

## Trends in Degree and Duration of Feeling High in **Grade 12**

(Entries are percentages.)

% of Recent Users I don't take it to get high 1 Not at all high 3	975 1.1 3.5 8.8	1976 0.8 2.9	<u>1977</u> 0.3	<u>1978</u>	<u>1979</u>	<u>1980</u>	1981	1982																
% of Recent Users I don't take it to get high 1 Not at all high 3	1.1 3.5 8.8	0.8	0.3		<u>1979</u>	<u>1980</u>	1981	1000																
I don't take it to get high 1 Not at all high 3	3.5 8.8			0.0				1902	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>
Not at all high 3	3.5 8.8			0.0																				
	8.8	2.9		0.0	2.1	1.9	0.6	2.1	1.9	2.8	3.1	4.1	3.6	4.9	4.6	3.9	2.7	3.1	7.7	2.6	4.6	9.5	4.6	7.6
A little high 18			4.5	5.5	3.6	3.6	7.4	6.4	10.1	6.0	6.8	4.6	5.9	5.7	7.9	10.2	11.3	6.4	12.1	10.5	8.9	5.1	5.1	10.8
•		11.8	17.9	17.6	19.6	22.9	22.1	22.7	25.7	23.5	24.5	24.6	18.8	19.1	12.1	18.1	13.2	22.1	19.7	16.3	12.9	13.2	15.4	16.6
Moderately high 40	0.1	45.1	45.9	38.2	50.6	43.7	42.4	44.5	37.0	39.3	43.1	43.4	44.0	43.3	39.7	36.1	45.1	31.8	33.6	33.0	27.8	46.7	30.6	35.2
Very high 36	6.6	39.5	31.4	38.6	24.2	27.9	27.5	24.3	25.3	28.4	22.5	23.5	27.7	27.0	35.7	31.8	27.8	36.5	27.0	37.5	45.8	25.4	44.3	29.8
Approximate weighted $N = 12$	24	166	223	335	394	360	434	421	343	362	409	407	329	264	156	109	71	66	89	79	85	76	127	119
% of All Respondents																								
No use in last 12 months 94	4.4	94.0	92.8	91.0	87.5	88.4	87.2	87.9	89.4	88.4	87.0	86.4	89.5	91.7	94.2	95.6	97.1	97.4	96.5	96.8	96.5	96.6	94.8	95.1
I don't take it to get high 0	0.1	0.0	0.0	0.0	0.3	0.2	0.1	0.3	0.2	0.3	0.4	0.6	0.4	0.4	0.3	0.2	0.1	0.1	0.3	0.1	0.2	0.3	0.2	0.4
Not at all high 0	0.2	0.2	0.3	0.5	0.5	0.4	0.9	8.0	1.1	0.7	0.9	0.6	0.6	0.5	0.5	0.5	0.3	0.2	0.4	0.3	0.3	0.2	0.3	0.5
A little high 1	1.1	0.7	1.3	1.6	2.5	2.7	2.8	2.7	2.7	2.7	3.2	3.3	2.0	1.6	0.7	8.0	0.4	0.6	0.7	0.5	0.4	0.4	0.8	8.0
Moderately high 2	2.2	2.7	3.3	3.4	6.3	5.1	5.4	5.4	3.9	4.6	5.6	5.9	4.6	3.6	2.3	1.6	1.3	8.0	1.2	1.1	1.0	1.6	1.6	1.7
Very high 2	2.0	2.4	2.3	3.5	3.0	3.2	3.5	2.9	2.7	3.3	2.9	3.2	2.9	2.2	2.1	1.4	8.0	0.9	0.9	1.2	1.6	0.9	2.3	1.5
Approximate weighted $N = 2,2$	214	2,767	3,097	3,722	3,142	3,105	3,400	3,473	3,235	3,114	3,142	2,992	3,130	3,179	2,685	2,480	2,420	2,560	2,550	2,473	2,463	2,261	2,452	2,424
When you take cocaine how																								
long do you usually stay high? a																								
% of Recent Users																								
	3.4	2.8	3.6	5.8	5.8	7.2	8.2	8.2	14.5	9.7	9.2	8.7	9.8	12.8	11.3	11.6	21.5	6.6	16.9	10.4	13.0	6.3	10.5	14.1
, 0	1.0	27.6	31.9	33.2	43.3	38.2	45.9	43.2	41.3	43.7	48.6	55.2	44.7	49.3	52.6	52.0	34.0	41.8	42.7	52.8	41.4	51.8	51.3	44.4
	7.5	46.8	49.4	39.6	36.5	36.0	33.8	34.5	34.1	33.6	31.8	27.7	29.2	25.6	20.9	25.9	32.3	25.0	24.2	20.1	18.7	22.9	24.9	29.6
	4.4	19.6	13.1	20.9	14.1	17.3	9.8	13.3	8.7	11.8	8.5	7.1	13.0	10.1	9.8	8.1	10.4	20.2	12.9	12.8	21.1	11.5	13.2	6.7
	3.7	3.1	1.9	0.5	0.3	1.3	2.3	0.8	1.4	1.1	1.9	1.3	3.3	2.3	5.3	2.5	1.7	6.5	3.3	3.9	5.7	7.5	0.0	5.2
	25	165	220	331	392	357	432	419	344	360	403	408	329	262	151	108	72	64	92	74	83	69	128	115
% of All Respondents					002	00.	.02		•				020					•		•				
•	4.4	94.0	92.8	91.0	87.5	88.5	87.3	87.9	89.4	88.4	87.1	86.4	89.5	91.7	94.4	95.6	97.0	97.5	96.4	97.0	96.6	96.9	94.8	95.2
•	0.2	0.2	0.3	0.5	0.7	0.8	1.0	1.0	1.5	1.1	1.2	1.2	1.0	1.1	0.6	0.5	0.6	0.2	0.6	0.3	0.4	0.2	0.5	0.7
, , ,	1.7	1.7	2.3	3.0	5.4	4.4	5.8	5.2	4.4	5.1	6.2	7.5	4.7	4.1	3.0	2.3	1.0	1.0	1.5	1.6	1.4	1.6	2.7	2.1
	2.7	2.8	3.6	3.6	4.6	4.2	4.3	4.2	3.6	3.9	4.1	3.8	3.1	2.1	1.2	1.1	1.0	0.6	0.9	0.6	0.6	0.7	1.3	1.4
	0.8	1.2	0.9	1.9	1.8	2.0	1.2	1.6	0.9	1.4	1.1	1.0	1.4	0.8	0.6	0.4	0.3	0.5	0.5	0.4	0.7	0.4	0.7	0.3
	0.2	0.2	0.1	0.0	0.0	0.1	0.3	0.1	0.2	0.1	0.2	0.2	0.3	0.2	0.3	0.1	0.0	0.2	0.1	0.1	0.2	0.2	0.0	0.2
Approximate weighted $N = 2.2$			3.056		3.140	3.102	3.398	3.471	3.235	3.112	3.137	2.993	3.130	3,178	2.680	2.479	2.420			2.468				

(Table continued on next page.)

## TABLE 7-4 (cont.) COCAINE

## Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

										1	0	,												
When you take cocaine																								
how high do you usually get? <sup>a</sup>	<u>1999</u>	2000	<u>2001</u>	2002	<u>2003</u>	2004	<u>2005</u>	<u>2006</u>	2007	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>b</sup>	<u>2020</u>	<u>2021</u>	2022
% of Recent Users																								
I don't take it to get high	5.1	5.1	11.7	4.6	2.4	5.1	3.6	3.3	0.0	7.5	6.6	8.3	12.2	3.3	3.5	9.6	9.3	3.9	5.2	2.6	§	§	§	§
Not at all high	7.1	8.6	8.9	8.9	12.8	12.2	12.7	4.0	6.3	11.1	8.5	7.6	5.2	6.9	17.3	9.1	10.2	14.8	26.6	29.0	§	§	§	§
A little high	12.0	29.1	14.4	14.3	12.6	17.9	14.8	17.4	15.5	14.9	22.4	24.9	18.9	12.7	17.6	14.9	19.8	9.9	14.1	19.0	§	§	§	§
Moderately high	45.9	29.0	32.2	42.9	41.8	35.8	33.6	40.3	40.5	32.9	26.9	20.8	33.2	46.9	38.6	36.3	35.7	52.6	40.6	34.1	§	§	§	§
Very high	29.9	28.2	32.7	29.3	30.5	29.0	35.3	35.0	37.6	33.7	35.5	38.3	30.5	30.2	23.1	30.1	25.0	18.7	13.4	15.3	§	§	§	§
Approximate weighted N = % of All Respondents	126	99	99	90	97	124	119	118	113	107	66	65	67	55	47	49	40	43	58	49	§	§	§	§
No use in last 12 months	94.2	95.1	95.1	95.6	95.8	94.6	94.9	94.8	95.1	95.1	97.0	97.1	97.0	97.4	97.7	97.5	98.0	97.6	97.1	97.6	§	§	§	§
I don't take it to get high	0.3	0.3	0.6	0.2	0.1	0.3	0.2	0.2	0.0	0.4	0.2	0.2	0.4	0.1	0.1	0.2	0.2	0.1	0.2	0.1	§	§	§	§
Not at all high	0.4	0.4	0.4	0.4	0.5	0.7	0.7	0.2	0.3	0.5	0.3	0.2	0.2	0.2	0.4	0.2	0.2	0.4	0.8	0.7	§	§	§	§
A little high	0.7	1.4	0.7	0.6	0.5	1.0	8.0	0.9	8.0	0.7	0.7	0.7	0.6	0.3	0.4	0.4	0.4	0.2	0.4	0.5	§	§	§	§
Moderately high	2.7	1.4	1.6	1.9	1.8	1.9	1.7	2.1	2.0	1.6	8.0	0.6	1.0	1.2	0.9	0.9	0.7	1.3	1.2	0.5	§	§	§	§
Very high	1.7	1.4	1.6	1.3	1.3	1.6	1.8	1.8	1.8	1.6	1.1	1.1	0.9	8.0	0.5	8.0	0.5	0.5	0.4	0.4	§	§	§	§
Approximate weighted N =	2,169	2,024	2,020	2,053	2,308	2,318	2,319	2,269	2,311	2,208	2,165	2,225	2,217	2,136	2,006	1,927	2,017	1,789	1,955	2,059	§	§	§	§
When you take cocaine how long do you usually stay high? a % of Recent Users																								
Usually don't get high	9.8	15.0	12.1	7.3	14.1	16.0	15.8	13.1	8.7	15.1	17.0	18.0	15.4	10.9	13.3	17.3	7.1	18.7	34.7	23.9	§	§	§	§
One to two hours	39.7	39.8	40.9	48.9	39.6	50.1	46.7	54.9	51.6	52.6	61.9	41.8	44.3	53.3	44.5	47.3	46.6	47.7	33.1	57.1	§	§	§	§
Three to six hours	36.1	28.5	25.0	29.1	32.1	22.3	22.2	22.1	26.1	20.6	15.2	16.5	24.8	22.4	28.2	28.0	30.4	25.4	21.2	16.4	§	§	§	§
Seven to 24 hours	12.9	11.4	18.2	10.8	11.0	8.8	13.0	9.1	10.7	8.5	4.5	19.2	12.3	12.2	11.6	5.1	13.1	6.3	11.0	2.6	§	§	§	§
More than 24 hours	1.5	5.3	3.9	3.9	3.3	2.9	2.4	8.0	2.9	3.3	1.4	4.4	3.3	1.3	2.4	2.3	2.8	2.0	0.0	0.0	§	§	§	§
Approximate weighted N = % of All Respondents	126	98	99	86	93	124	116	114	111	100	67	63	66	57	46	50	42	41	59	49	§	§	§	§
No use in last 12 months	94.2	95.2	95.1	95.8	96.0	94.7	95.0	95.0	95.2	95.5	96.9	97.2	97.0	97.3	97.7	97.4	97.9	97.7	97.0	97.6	§	§	§	§
Usually don't get high	0.6	0.7	0.6	0.3	0.6	0.9	0.8	0.7	0.4	0.7	0.5	0.5	0.5	0.3	0.3	0.4	0.2	0.4	1.0	0.6	8	§	§	§
One to two hours	2.3	1.9	2.0	2.1	1.6	2.7	2.3	2.8	2.5	2.4	1.9	1.2	1.3	1.4	1.0	1.2	1.0	1.1	1.0	1.4	§	§	§	§
Three to six hours	2.1	1.4	1.2	1.2	1.3	1.2	1.1	1.1	1.3	0.9	0.5	0.5	0.7	0.6	0.7	0.7	0.6	0.6	0.6	0.4	§	§	§	§
Seven to 24 hours	0.7	0.6	0.9	0.5	0.4	0.5	0.7	0.5	0.5	0.4	0.1	0.5	0.4	0.3	0.3	0.1	0.3	0.2	0.3	0.1	§	§	§	§
More than 24 hours	0.1	0.3	0.2	0.2	0.1	0.2	0.1	0.0	0.1	0.2	0.0	0.1	0.1	0.0	0.1	0.1	0.1	0.1	0.0	0.0	§	§	§	§
Approximate weighted N =	2,168	2,022	2,020	2,048	2,305	2,317	2,315	2,266	2,310	2,200	2,166	2,224	2,216	2,138	2,004	1,928	2,019	1,788	1,956	2,059	§	§	§	§
<u></u>	_	_	_	_	_	_	_	_	_	_	_	_	_		_	_	_	_		_				

Source. The Monitoring the Future study, the University of Michigan.

<sup>§</sup> Insufficient data for estimate.

<sup>&</sup>lt;sup>a</sup>These questions appear in just one form. They are asked only of respondents who report use of the drug in the prior 12 months (i.e., recent users).

<sup>&</sup>lt;sup>b</sup>No estimates provided in 2019+ because of small sample size (*n*<50). All estimates in this chapter based on paper-based responses, the number of which were halved in 2019 due to an experiment in which a randomly assigned half of the students recorded their answers on paper and the other half on electronic tablets.

#### **TABLE 7-5**

## NARCOTICS OTHER THAN HEROIN

## Trends in Degree and Duration of Feeling High in **Grade 12**

(Entries are percentages.)

Miles and the second se																				(Y	ears cor	nt.)	$\rightarrow$	
When you take narcotics other than	4075	4070	4077	4070	4070	4000	4004	4000	4000	4004	4005	4000	4007	4000	4000	4000	4004	4000	4000	4004	4005	4000	4007	4000
heroin how high do you usually get? a % of Recent Users	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>
	11	7.6	7.0	10.4	10.0	0.6	115	17.0	24.0	22 E	24.2	10.6	20.0	24 5	20.6	26.6	20.5	27.7	2E 1	22.7	12.7	22.4	12.0	10.6
I don't take them to get high	4.1 3.6	7.6 6.1	7.8 2.8	10.4 5.9	10.0	8.6 10.5	14.5	17.8 3.8	21.9 9.9	22.5 7.5	21.3 12.1	19.6	28.8 19.1	24.5 7.9	29.6 12.2	36.6 10.1	20.5 9.9	27.7 26.7	25.1	22.7	13.7	23.4	12.8 5.0	12.6 9.8
Not at all high A little high	8.8	18.3	25.9	17.5	8.1 24.3	21.6	11.6 30.0	26.6	17.9	29.4	28.5	12.1 25.2	18.7	19.3	15.1	18.5	20.6	19.2	18.0 12.8	10.8	13.0 13.9	12.3	27.4	27.5
		40.4	37.5	41.4	40.1		29.4	34.0		28.1	27.7	24.3		31.8	27.5		36.9		27.9	29.0	34.0			26.0
Moderately high	45.0		26.0	24.8	17.5	41.2 18.2	14.5	17.7	34.3 16.0	12.5	10.4	18.8	15.5 17.8	16.6		19.5 15.3		14.2 12.1	16.3		25.5	23.4	43.0	24.1
Very high	38.5 78	27.5 130	124	179	17.5	16.2	182	116	94	12.5	126	10.0	11.0	84	15.6 <i>66</i>	71	12.1 <i>4</i> 6	74	56	14.8 58	25.5 51	82	11.8 96	113
Approximate weighted N = % of All Respondents	70	130	124	179	156	105	102	110	94	125	120	104	112	04	00	71	40	74	30	30	31	02	90	113
No use in last 12 months	94.3	94.3	93.6	94.0	94.9	94.5	94.4	96.5	97.0	95.9	95.9	96.4	96.4	97.3	97.5	97.1	98.1	97.1	97.8	97.7	97.9	96.4	96.0	95.3
I don't take them to get high	0.2	0.4	0.5	0.6	0.5	0.5	0.8	0.6	0.7	0.9	0.9	0.7	1.0	0.7	0.7	1.1	0.4	8.0	0.6	0.5	0.3	0.8	0.5	0.6
Not at all high	0.2	0.3	0.2	0.4	0.4	0.6	0.6	0.1	0.3	0.3	0.5	0.4	0.7	0.2	0.3	0.3	0.2	8.0	0.4	0.3	0.3	0.4	0.2	0.5
A little high	0.5	1.0	1.7	1.1	1.2	1.2	1.7	0.9	0.5	1.2	1.2	0.9	0.7	0.5	0.4	0.5	0.4	0.6	0.3	0.5	0.3	0.7	1.1	1.3
Moderately high	2.6	2.3	2.4	2.5	2.1	2.3	1.6	1.2	1.0	1.2	1.1	0.9	0.6	8.0	0.7	0.6	0.7	0.4	0.6	0.7	0.7	0.9	1.7	1.2
Very high	2.2	1.6	1.7	1.5	0.9	1.0	8.0	0.6	0.5	0.5	0.4	0.7	0.6	0.4	0.4	0.4	0.2	0.4	0.4	0.3	0.5	8.0	0.5	1.1
Approximate weighted N =	1,368	2,281	1,938	2,983	3,045	2,983	3,277	3,353	3,115	3,048	3,065	2,911	3,091	3,144	2,655	2,465	2,410	2,538	2,553	2,492	2,442	2,261	2,407	2,409
When you take narcotics other than hero how long do you usually stay high? a % of Recent Users	oin																							
Usually don't get high	6.8	15.4	7.4	24.6	17.8	15.7	24.2	17.0	23.9	23.2	25.1	24.7	41.4	23.7	38.8	38.5	31.3	36.8	36.3	31.7	22.4	27.8	20.6	18.8
One to two hours	8.8	16.7	32.5	19.3	24.6	29.5	30.4	36.4	26.7	29.3	30.9	30.9	25.9	26.6	18.2	24.0	23.0	26.7	18.1	31.6	23.8	22.7	35.7	26.1
Three to six hours	56.5	44.1	46.2	50.2	44.3	42.1	33.2	34.0	38.6	38.1	29.9	35.3	24.9	41.4	22.6	29.1	38.2	26.0	29.9	35.2	36.2	32.5	36.1	37.8
Seven to 24 hours	24.5	20.5	11.1	15.9	12.1	12.4	9.8	12.0	8.4	8.8	13.3	9.2	5.8	7.5	15.6	5.7	7.5	5.6	13.0	0.7	15.4	14.2	7.6	14.4
More than 24 hours	3.4	3.2	2.8	0.0	1.2	0.2	2.3	0.6	2.4	0.6	0.8	0.0	2.0	0.8	4.8	2.7	0.0	5.0	2.7	0.9	2.3	2.7	0.0	2.9
Approximate weighted N = % of All Respondents	78	130	124	173	151	164	180	116	94	121	128	102	112	79	65	69	49	76	57	60	49	82	96	111
No use in last 12 months	94.3	94.3	93.6	94.0	95.0	94.5	94.5	96.5	97.0	96.0	95.8	96.5	96.4	97.5	97.5	97.2	98.0	97.0	97.8	97.6	98.0	96.4	96.0	95.4
Usually don't get high	0.4	0.9	0.5	0.9	0.9	0.9	1.3	0.6	0.7	0.9	1.0	0.9	1.5	0.6	1.0	1.1	0.6	1.1	0.8	0.8	0.5	1.0	0.8	0.9
One to two hours	0.5	1.0	2.1	1.2	1.2	1.6	1.7	1.3	0.8	1.2	1.3	1.1	0.9	0.7	0.4	0.7	0.5	0.8	0.4	0.8	0.5	0.8	1.4	1.2
Three to six hours	3.2	2.5	3.0	3.0	2.2	2.3	1.8	1.2	1.2	1.5	1.2	1.2	0.9	1.0	0.6	0.8	0.8	0.8	0.7	0.8	0.7	1.2	1.4	1.7
Seven to 24 hours	1.4	1.2	0.7	1.0	0.6	0.7	0.5	0.4	0.3	0.3	0.6	0.3	0.2	0.2	0.4	0.2	0.2	0.2	0.3	0.0	0.3	0.5	0.3	0.7
More than 24 hours	0.2	0.2	0.2	0.0	0.1	0.0	0.1	0.0	0.1	0.0	0.0	0.0	0.1	0.0	0.1	0.1	0.0	0.1	0.1	0.0	0.0	0.1	0.0	0.1
Approximate weighted N =	1,368	2,281	1,938	2,883	3,040	2,982	3,275	3,353	3,116	3,043	3,067	2,908	3,092	3,139	2,654	2,463	2,413	2,540	2,554	2,493	2,441	2,261	2,407	2,406

(Table continued on next page.)

### TABLE 7-5 (cont.)

## NARCOTICS OTHER THAN HEROIN

#### Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

When you take narcotics other than																								
heroin how high do you usually get? <sup>a</sup>	<u>1999</u>	2000	<u>2001</u>	2002	<u>2003</u>	2004	<u>2005</u>	2006	2007	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019 <sup>b</sup>	<u>2020</u>	<u>2021</u>	2022
% of Recent Users																								
I don't take them to get high	14.2	19.6	18.6	15.4	19.4	7.4	15.1	10.7	15.0	15.6	17.6	13.3	11.2	12.0	8.5	12.9	21.1	19.3	22.5	16.1	§	§	§	§
Not at all high	10.6	9.0	0.0	11.6	4.6	8.9	8.5	7.2	7.7	9.6	6.0	9.9	8.9	12.3	11.6	8.9	8.6	6.1	17.2	10.9	§	§	§	§
A little high	14.7	20.8	27.8	23.0	21.2	23.9	28.4	25.9	26.3	24.1	23.7	21.9	25.1	23.2	24.3	30.5	21.6	19.9	11.4	13.5	§	§	§	§
Moderately high	38.3	30.2	31.6	35.3	40.3	42.3	34.7	37.0	39.5	37.5	39.1	38.6	37.5	36.7	36.0	31.3	38.4	32.9	33.1	47.4	§	§	§	§
Very high	22.3	20.4	21.9	14.8	14.5	17.5	13.3	19.2	11.6	13.1	13.7	16.2	17.4	15.9	19.6	16.4	10.3	21.9	15.8	12.1	§	§	§	§
Approximate weighted N =	89	102	82	133	158	182	168	144	186	174	152	147	143	140	107	110	88	88	61	53	§	§	§	§
% of All Respondents																								
No use in last 12 months	95.9	94.9	95.9	93.5	93.1	92.2	92.7	93.6	91.9	92.0	93.0	93.3	93.5	93.5	94.6	94.3	95.8	95.2	96.9	97.5	§	§	§	§
I don't take them to get high	0.6	1.0	0.8	1.0	1.3	0.6	1.1	0.7	1.2	1.3	1.2	0.9	0.7	0.8	0.5	0.7	0.9	0.9	0.7	0.4	§	§	§	§
Not at all high	0.4	0.5	0.0	8.0	0.3	0.7	0.6	0.5	0.6	8.0	0.4	0.7	0.6	0.8	0.6	0.5	0.4	0.3	0.5	0.3	§	§	§	§
A little high	0.6	1.1	1.1	1.5	1.5	1.9	2.1	1.7	2.1	1.9	1.7	1.5	1.6	1.5	1.3	1.7	0.9	1.0	0.4	0.3	§	§	§	§
Moderately high	1.6	1.5	1.3	2.3	2.8	3.3	2.5	2.4	3.2	3.0	2.8	2.6	2.4	2.4	1.9	1.8	1.6	1.6	1.0	1.2	§	§	§	§
Very high	0.9	1.0	0.9	1.0	1.0	1.4	1.0	1.2	0.9	1.1	1.0	1.1	1.1	1.0	1.1	0.9	0.4	1.1	0.5	0.3	§	§	§	§
Approximate weighted N =	2,167	2,001	1,996	2,035	2,299	2,334	2,305	2,258	2,304	2,177	2,162	2,202	2,203	2,141	1,983	1,917	2,066	1,820	1,967	2,067	§	§	§	§
When you take narcotics other than hero	oin																							
how long do you usually stay high? <sup>a</sup>																								
% of Recent Users																								
Usually don't get high	21.5	23.1	15.2	22.8	17.6	15.1	17.4	12.5	17.8	19.3	18.4	19.7	17.6	20.6	20.4	20.2	22.5	24.2	33.0	26.8	§	§	§	§
One to two hours	30.1	25.9	36.7	29.7	34.4	35.4	35.3	36.8	33.1	32.1	37.7	24.0	27.3	29.8	36.5	39.9	19.8	29.8	11.8	18.9	§	§	§	§
Three to six hours	29.2	42.9	40.2	33.0	36.8	42.0	33.3	40.1	42.1	37.3	36.1	40.6	48.4	42.1	34.1	26.5	49.2	31.2	45.3	48.6	§	§	§	§
Seven to 24 hours	17.4	3.9	7.8	14.5	10.0	6.7	11.5	9.3	6.4	9.0	6.4	14.7	6.7	7.5	7.8	12.4	8.5	14.8	9.9	4.1	§	§	§	§
More than 24 hours	1.7	4.2	0.0	0.0	1.2	8.0	2.6	1.3	0.7	2.4	1.6	1.1	0.0	0.0	1.3	1.1	0.0	0.0	0.0	1.6	§	§	§	§
Approximate weighted N =	89	97	84	136	156	182	166	144	185	174	153	150	145	139	108	110	86	85	58	53	§	§	§	§
% of All Respondents																								
No use in last 12 months	95.9	95.1	95.8	93.3	93.2	92.2	92.8	93.6	92.0	92.0	92.9	93.2	93.4	93.5	94.6	94.3	95.8	95.3	97.0	97.4	§	§	§	§
Usually don't get high	0.9	1.1	0.6	1.5	1.2	1.2	1.3	8.0	1.4	1.5	1.3	1.3	1.2	1.3	1.1	1.2	0.9	1.1	1.0	0.7	§	§	§	§
One to two hours	1.2	1.3	1.5	2.0	2.3	2.8	2.5	2.4	2.7	2.6	2.7	1.6	1.8	1.9	2.0	2.0	0.8	1.4	0.4	0.5	§	§	§	§
Three to six hours	1.2	2.1	1.7	2.2	2.5	3.3	2.4	2.6	3.4	3.0	2.6	2.8	3.2	2.7	1.9	1.5	2.1	1.5	1.4	1.3	§	§	§	§
Seven to 24 hours	0.7	0.2	0.3	1.0	0.7	0.5	0.8	0.6	0.5	0.7	0.5	1.0	0.4	0.5	0.4	0.7	0.4	0.7	0.3	0.1	§	§	§	§
More than 24 hours	0.1	0.2	0.0	0.0	0.1	0.1	0.2	0.1	0.1	0.2	0.1	0.1	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.0	§	§	§	§
Approximate weighted N =	2,167	1,996	1,998	2,037	2,297	2,334	2,303	2,258	2,302	2,177	2,164	2,205	2,205	2,140	1,985	1,917	2,064	1,816	1,964	2,068	§	§	§	§

Source. The Monitoring the Future study, the University of Michigan.

<sup>§</sup> Insufficient data for estimate.

<sup>&</sup>lt;sup>a</sup>These questions appear in just one form. They are asked only of respondents who report use of the drug in the prior 12 months (i.e., recent users).

<sup>&</sup>lt;sup>b</sup>No estimates provided in 2019+ because of small sample size (*n*<50). All estimates in this chapter based on paper-based responses, the number of which were halved in 2019 due to an experiment in which a randomly assigned half of the students recorded their answers on paper and the other half on electronic tablets.

## **TABLE 7-6**

## **AMPHETAMINES**

## Trends in Degree and Duration of Feeling High in **Grade 12**

(Entries are percentages.)

																				(Y	ears cor	nt.)	$\rightarrow$	
When you take amphetamines																								
how high do you usually get? <sup>a</sup>	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>
% of Recent Users																								
I don't take them to get high	9.3	10.7	15.1	14.7	16.8	17.1	20.2	21.0	24.2	22.8	20.4	18.7	20.7	23.9	19.3	15.8	24.7	15.8	18.6	19.9	16.1	30.6	18.1	18.9
Not at all high	4.6	5.0	7.5	6.2	7.7	8.9	11.5	9.1	11.9	9.3	12.8	10.8	12.2	14.2	14.0	18.8	10.8	19.2	20.5	12.0	17.0	9.3	16.0	12.4
A little high	26.4	26.1	24.0	25.9	26.5	34.0	31.4	36.8	33.0	34.8	36.7	42.6	40.0	29.1	30.8	30.0	35.5	28.6	30.6	29.1	27.5	25.4	27.3	27.3
Moderately high	44.6	43.8	39.2	40.2	36.4	30.8	30.6	28.5	27.0	29.5	24.9	23.3	20.6	24.8	24.4	24.9	16.8	23.0	19.9	26.8	28.1	18.3	23.2	25.1
Very high	15.1	14.4	14.1	13.0	12.6	9.3	6.3	4.6	3.9	3.5	5.2	4.6	6.6	8.0	11.5	10.5	12.1	13.4	10.3	12.2	11.3	16.4	15.3	16.3
Approximate weighted N = % of All Respondents	410	406	449	542	507	575	788	622	463	418	380	305	265	196	153	131	107	105	127	144	145	138	183	198
No use in last 12 months	83.8	84.2	83.7	82.9	83.6	81.2	76.5	82.0	85.6	86.7	87.9	89.8	91.7	93.9	94.4	94.8	95.7	96.0	95.2	94.3	94.2	94.0	92.6	92.0
I don't take them to get high	1.5	1.7	2.5	2.5	2.8	3.2	4.8	3.8	3.5	3.0	2.5	1.9	1.7	1.5	1.1	0.8	1.1	0.6	0.9	1.1	0.9	1.8	1.3	1.5
Not at all high	0.7	8.0	1.2	1.1	1.3	1.7	2.7	1.6	1.7	1.2	1.6	1.1	1.0	0.9	8.0	1.0	0.5	8.0	1.0	0.7	1.0	0.6	1.2	1.0
A little high	4.3	4.1	3.9	4.4	4.3	6.4	7.4	6.6	4.8	4.6	4.5	4.3	3.3	1.8	1.7	1.6	1.5	1.1	1.5	1.7	1.6	1.5	2.0	2.2
Moderately high	7.2	6.9	6.4	6.9	6.0	5.8	7.2	5.1	3.9	3.9	3.0	2.4	1.7	1.5	1.4	1.3	0.7	0.9	1.0	1.5	1.6	1.1	1.7	2.0
Very high	2.4	2.3	2.3	2.2	2.1	1.7	1.5	8.0	0.6	0.5	0.6	0.5	0.5	0.5	0.6	0.5	0.5	0.5	0.5	0.7	0.6	1.0	1.1	1.3
Approximate weighted N =	2,531	2,570	2,755	3,170	3,098	3,055	3,354	3,455	3,211	3,129	3,131	2,994	3,170	3,217	2,741	2,513	2,473	2,609	2,634	2,538	2,514	2,300	2,490	2,482
When you take amphetamines how long do you usually stay high? a % of Recent Users																								
Usually don't get high	10.7	11.2	11.9	14.5	15.4	17.9	24.4	17.5	22.7	25.3	26.1	21.3	24.4	29.3	25.3	30.0	38.8	31.3	33.7	34.6	27.9	32.7	29.0	23.1
One to two hours	11.4	12.1	15.3	17.0	18.7	19.9	20.3	25.2	23.2	27.0	31.4	36.8	37.4	30.4	36.9	33.2	23.4	32.2	31.5	28.7	23.8	25.1	26.7	26.5
Three to six hours	37.0	48.4	38.4	39.5	40.1	43.4	38.2	45.5	42.6	35.7	31.2	31.0	23.3	26.0	26.5	22.5	19.0	11.0	25.0	20.7	29.7	27.2	29.8	28.0
Seven to 24 hours	37.0	26.1	31.6	27.1	23.8	17.7	16.3	11.0	9.7	11.9	10.8	10.1	12.9	13.1	7.2	12.9	12.8	18.1	6.9	10.7	13.6	11.6	12.6	16.9
More than 24 hours	3.8	2.1	2.9	1.9	2.0	1.1	0.8	0.8	1.8	0.2	0.6	0.8	2.0	1.1	4.2	1.4	6.0	7.5	3.0	5.3	4.9	3.4	1.9	5.5
Approximate weighted N = % of All Respondents	412	413	446	546	521	583	810	627	478	424	392	309	267	202	154	131	109	102	125	146	147	136	178	195
No use in last 12 months	83.8	84.2	83.7	82.9	83.3	81.0	76.0	81.9	85.2	86.5	87.5	89.7	91.6	93.7	94.4	94.8	95.6	96.1	95.3	94.3	94.2	94.1	92.8	92.1
Usually don't get high	1.7	1.8	1.9	2.5	2.6	3.4	5.8	3.2	3.4	3.4	3.3	2.2	2.0	1.8	1.4	1.6	1.7	1.2	1.6	2.0	1.6	1.9	2.1	1.8
One to two hours	1.8	1.9	2.5	2.9	3.1	3.8	4.9	4.6	3.4	3.7	3.9	3.8	3.1	1.9	2.1	1.7	1.0	1.3	1.5	1.6	1.4	1.5	1.9	2.1
Three to six hours	6.0	7.6	6.3	6.7	6.7	8.3	9.2	8.2	6.3	4.8	3.9	3.2	2.0	1.6	1.5	1.2	0.8	0.4	1.2	1.2	1.7	1.6	2.1	2.2
Seven to 24 hours	6.0	4.1	5.1	4.6	4.0	3.4	3.9	2.0	1.4	1.6	1.3	1.0	1.1	0.8	0.4	0.7	0.6	0.7	0.3	0.6	0.8	0.7	0.9	1.3
More than 24 hours	0.6	0.3	0.5	0.3	0.3	0.2	0.2	0.2	0.3	0.0	0.1	0.1	0.2	0.1	0.2	0.1	0.3	0.3	0.1	0.3	0.3	0.2	0.1	0.4
Approximate weighted N =	2,543	2,614	2,736	3,193	3,111	3,063	3,375	3,460	3,227	3,135	3,142	2,998	3,172	3,223	2,742	2,513	2,475	2,607	2,633	2,539	2,516	2,298	2,485	2,479

(Table continued on next page.)

## TABLE 7-6 (cont.)

## **AMPHETAMINES**

## Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

When you take amphetamines																								
how high do you usually get? <sup>a</sup>	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	<u>2015</u>	<u>2016</u>	2017	2018	2019 <sup>b</sup>	2020	2021	2022
% of Recent Users																								
I don't take them to get high	19.6	17.3	22.4	27.4	20.3	18.8	18.5	12.7	18.5	18.8	17.2	18.5	25.9	24.6	24.9	28.3	31.7	28.8	26.3	23.8	§	§	§	§
Not at all high	12.9	11.4	11.8	15.3	13.7	14.2	11.4	11.4	17.0	14.5	21.2	14.9	10.2	13.9	9.5	9.4	9.8	18.9	18.0	18.0	§	§	§	§
A little high	26.9	23.5	15.9	23.9	22.6	29.4	23.7	22.7	18.9	22.0	14.7	23.6	27.6	19.0	19.5	24.8	26.4	16.8	13.8	23.5	§	§	§	§
Moderately high	25.9	28.2	27.4	18.6	29.9	24.6	31.5	35.3	33.4	30.7	28.3	24.0	25.3	31.3	26.8	18.6	16.7	20.3	30.6	23.1	§	§	§	§
Very high	14.6	19.6	22.5	14.8	13.5	13.1	14.9	17.9	12.2	14.0	18.6	18.9	11.0	11.3	19.3	18.9	15.4	15.3	11.3	11.6	§	§	§	§
Approximate weighted N =	141	126	145	146	177	206	135	147	149	124	122	121	170	121	104	119	95	98	90	88	§	§	§	§
% of All Respondents																								
No use in last 12 months	93.7	93.9	92.9	93.0	92.6	91.4	94.3	93.6	93.7	94.5	94.5	94.8	92.6	94.5	94.9	94.0	95.5	94.9	95.6	96.0	§	§	§	§
I don't take them to get high	1.2	1.1	1.6	1.9	1.5	1.6	1.1	8.0	1.2	1.0	1.0	1.0	1.9	1.4	1.3	1.7	1.4	1.5	1.2	1.0	§	§	§	§
Not at all high	8.0	0.7	8.0	1.1	1.0	1.2	0.7	0.7	1.1	8.0	1.2	8.0	8.0	8.0	0.5	0.6	0.4	1.0	8.0	0.7	§	§	§	§
A little high	1.7	1.4	1.1	1.7	1.7	2.5	1.3	1.4	1.2	1.2	8.0	1.2	2.0	1.1	1.0	1.5	1.2	0.9	0.6	1.0	§	§	§	§
Moderately high	1.6	1.7	1.9	1.3	2.2	2.1	1.8	2.2	2.1	1.7	1.6	1.3	1.9	1.7	1.4	1.1	8.0	1.0	1.3	0.9	§	§	§	§
Very high	0.9	1.2	1.6	1.0	1.0	1.1	8.0	1.1	8.0	8.0	1.0	1.0	8.0	0.6	1.0	1.1	0.7	8.0	0.5	0.5	§	§	§	§
Approximate weighted N =	2,233	2,058	2,053	2,101	2,383	2,404	2,381	2,313	2,374	2,253	2,227	2,316	2,293	2,199	2,043	1,980	2,109	1,901	2,042	2,167	§	§	§	§
When you take amphetamines																								
how long do you usually stay high? a																								
% of Recent Users																								
Usually don't get high	21.7	24.1	30.1	36.4	27.2	29.5	28.1	20.6	28.0	26.6	30.1	27.4	19.6	30.4	25.5	26.2	31.0	33.9	33.6	28.4	§	§	§	§
One to two hours	29.0	26.9	27.8	18.2	25.0	21.8	17.3	14.3	21.6															
Three to six hours	37.5	34.2	23.9	22.3	04.5				21.0	20.7	12.7	14.8	17.6	15.5	17.0	18.0	17.0	16.1	8.3	18.4	§	§	§	§
Seven to 24 hours			_0.0	22.5	24.5	27.0	24.6	30.9	24.7	33.7	12.7 32.5	14.8 26.0	17.6 34.1	15.5 35.1	17.0 26.7	18.0 34.0	17.0 30.4	16.1 28.5	8.3 34.1	18.4 25.7	§ §	§ §	§ §	§
More than 24 hours	8.6	14.2	17.0	18.1	18.4	27.0 21.0	24.6 20.1	30.9 30.4																
Wore than 24 nours	8.6 3.2	14.2 0.6							24.7	33.7	32.5	26.0	34.1	35.1	26.7	34.0	30.4	28.5	34.1	25.7	§	§	§	§
Approximate weighted N =			17.0	18.1	18.4	21.0	20.1	30.4	24.7 18.4	33.7 16.3	32.5 23.1	26.0 24.6	34.1 23.9	35.1 15.2	26.7 25.9	34.0 15.4	30.4 13.4	28.5 20.4	34.1 19.1	25.7 20.8	§ §	§ §	§ §	§ §
	3.2	0.6	17.0 1.1	18.1 5.0	18.4 5.0	21.0	20.1 9.9	30.4 3.8	24.7 18.4 7.4	33.7 16.3 2.7	32.5 23.1 1.7	26.0 24.6 7.3	34.1 23.9 4.9	35.1 15.2 3.7	26.7 25.9 4.9	34.0 15.4 6.4	30.4 13.4 8.2	28.5 20.4 1.1	34.1 19.1 4.9	25.7 20.8 6.8	§ § §	§ §	\$ \$ \$	§ § §
Approximate weighted N =	3.2	0.6	17.0 1.1	18.1 5.0	18.4 5.0	21.0	20.1 9.9	30.4 3.8	24.7 18.4 7.4	33.7 16.3 2.7	32.5 23.1 1.7	26.0 24.6 7.3	34.1 23.9 4.9	35.1 15.2 3.7	26.7 25.9 4.9	34.0 15.4 6.4	30.4 13.4 8.2	28.5 20.4 1.1	34.1 19.1 4.9	25.7 20.8 6.8	§ § §	§ §	\$ \$ \$	§ § §
Approximate weighted N = % of All Respondents	3.2 134	0.6 123	17.0 1.1 143	18.1 5.0 143	18.4 5.0 172	21.0 0.8 206	20.1 9.9 133	30.4 3.8 147	24.7 18.4 7.4 148	33.7 16.3 2.7 121	32.5 23.1 1.7 119	26.0 24.6 7.3 117	34.1 23.9 4.9 165	35.1 15.2 3.7 119	26.7 25.9 4.9 105	34.0 15.4 6.4 116	30.4 13.4 8.2 96	28.5 20.4 1.1 99	34.1 19.1 4.9 85	25.7 20.8 6.8 90	<i>\$</i>	<i>S S S</i>	\$ \$ \$ \$	\$ \$ \$ \$
Approximate weighted N = % of All Respondents No use in last 12 months	3.2 134 94.0	0.6 123 94.0	17.0 1.1 143 93.0	18.1 5.0 143 93.2	18.4 5.0 172 92.8	21.0 0.8 206	20.1 9.9 133 94.4	30.4 3.8 147 93.7	24.7 18.4 7.4 148	33.7 16.3 2.7 121 94.6	32.5 23.1 1.7 119 94.7	26.0 24.6 7.3 117	34.1 23.9 4.9 165	35.1 15.2 3.7 119 94.6	26.7 25.9 4.9 105	34.0 15.4 6.4 116 94.1	30.4 13.4 8.2 96	28.5 20.4 1.1 99	34.1 19.1 4.9 85 95.8	25.7 20.8 6.8 90 95.8	<i>S S S</i>	<i>\$ \$ \$</i>	\$ \$ \$ \$	\$ \$ \$ \$
Approximate weighted N = % of All Respondents No use in last 12 months Usually don't get high	3.2 134 94.0 1.3	0.6 123 94.0 1.4	17.0 1.1 143 93.0 2.1	18.1 5.0 143 93.2 2.5	18.4 5.0 172 92.8 2.0	21.0 0.8 206 91.4 2.5	20.1 9.9 133 94.4 1.6	30.4 3.8 147 93.7 1.3	24.7 18.4 7.4 148 93.8 1.8	33.7 16.3 2.7 121 94.6 1.4	32.5 23.1 1.7 119 94.7 1.6	26.0 24.6 7.3 117 94.9 1.4	34.1 23.9 4.9 165 92.8 1.4	35.1 15.2 3.7 119 94.6 1.6	26.7 25.9 4.9 105 94.9 1.3	34.0 15.4 6.4 116 94.1 1.5	30.4 13.4 8.2 96 95.5 1.4	28.5 20.4 1.1 99 94.8 1.8	34.1 19.1 4.9 85 95.8 1.4	25.7 20.8 6.8 90 95.8 1.2	\$ \$ \$ \$	\$ \$ \$ \$	8 8 8	
Approximate weighted N = % of All Respondents No use in last 12 months Usually don't get high One to two hours	3.2 134 94.0 1.3 1.7	0.6 123 94.0 1.4 1.6	17.0 1.1 143 93.0 2.1 1.9	18.1 5.0 143 93.2 2.5 1.2	18.4 5.0 172 92.8 2.0 1.8	21.0 0.8 206 91.4 2.5 1.9	20.1 9.9 133 94.4 1.6 1.0	30.4 3.8 147 93.7 1.3 0.9	24.7 18.4 7.4 148 93.8 1.8 1.4	33.7 16.3 2.7 121 94.6 1.4 1.1	32.5 23.1 1.7 119 94.7 1.6 0.7	26.0 24.6 7.3 117 94.9 1.4 0.7	34.1 23.9 4.9 165 92.8 1.4 1.3	35.1 15.2 3.7 119 94.6 1.6 0.8	26.7 25.9 4.9 105 94.9 1.3 0.9	34.0 15.4 6.4 116 94.1 1.5 1.1	30.4 13.4 8.2 96 95.5 1.4 0.8	28.5 20.4 1.1 99 94.8 1.8 0.8	34.1 19.1 4.9 85 95.8 1.4 0.3	25.7 20.8 6.8 90 95.8 1.2 0.8	\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$	\$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$ \$		
Approximate weighted N = % of All Respondents No use in last 12 months Usually don't get high One to two hours Three to six hours	3.2 134 94.0 1.3 1.7 2.3	0.6 123 94.0 1.4 1.6 2.0	17.0 1.1 143 93.0 2.1 1.9	18.1 5.0 143 93.2 2.5 1.2 1.5	18.4 5.0 172 92.8 2.0 1.8 1.8	21.0 0.8 206 91.4 2.5 1.9 2.3	20.1 9.9 133 94.4 1.6 1.0	30.4 3.8 147 93.7 1.3 0.9 2.0	24.7 18.4 7.4 148 93.8 1.8 1.4	33.7 16.3 2.7 121 94.6 1.4 1.1	32.5 23.1 1.7 119 94.7 1.6 0.7 1.7	26.0 24.6 7.3 117 94.9 1.4 0.7 1.3	34.1 23.9 4.9 165 92.8 1.4 1.3 2.5	35.1 15.2 3.7 119 94.6 1.6 0.8 1.9	26.7 25.9 4.9 105 94.9 1.3 0.9	34.0 15.4 6.4 116 94.1 1.5 1.1 2.0	30.4 13.4 8.2 96 95.5 1.4 0.8 1.4	28.5 20.4 1.1 99 94.8 1.8 0.8 1.5	34.1 19.1 4.9 85 95.8 1.4 0.3 1.4	25.7 20.8 6.8 90 95.8 1.2 0.8 1.1				

Source. The Monitoring the Future study, the University of Michigan.

<sup>§</sup> Insufficient data for estimate.

<sup>&</sup>lt;sup>a</sup>These questions appear in just one form. They are asked only of respondents who report use of the drug in the prior 12 months (i.e., recent users).

<sup>&</sup>lt;sup>b</sup>No estimates provided in 2019+ because of small sample size (*n*<50). All estimates in this chapter based on paper-based responses, the number of which were halved in 2019 due to an experiment in which a randomly assigned half of the students recorded their answers on paper and the other half on electronic tablets.

## **TABLE 7-7**

## **TRANQUILIZERS**

## Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

14/1																				(Y	ears con	t.)		
When you take tranquilizers how high do you usually get? a	1975	1976	1977	1978	1979	1980	1981	1982	1983	1984	1985	1986	1987	1988	1989	1990	1991	1992	1993	1994	1995	1996	1997	1998
% of Recent Users	1973	1970	1911	1970	1979	1900	1901	1902	1903	1904	1905	1900	1901	1900	1909	1990	1991	1992	1993	1994	1993	1990	1997	1990
I don't take them to get high	17.9	18.5	23.6	23.0	16.8	14.7	19.1	25.3	20.2	24.3	21.7	30.7	30.4	42.7	34.8	34.5	48.3	31.0	29.0	30.5	26.6	18.3	19.3	19.6
Not at all high	11.1	16.2	12.4	14.0	15.0	17.6	17.0	17.3	17.1	16.7	17.6	24.0	20.8	12.9	22.6	11.5	13.9	18.6	29.5	19.2	18.6	9.4	13.4	8.0
A little high	30.1	24.1	29.5	27.0	27.0	27.5	28.7	30.0	27.7	29.9	37.5	19.2	18.4	22.4	16.6	26.1	19.7	16.1	19.0	22.0	18.9	34.0	25.2	24.9
Moderately high	28.9	31.4	25.8	29.1	30.5	29.8	22.9	18.5	26.0	21.4	19.8	17.3	18.2	14.1	21.5	18.2	17.3	21.2	14.6	24.4	24.0	28.1	23.9	37.9
Very high	11.9	9.8	8.7	6.8	10.8	10.5	12.4	8.8	9.0	7.7	3.4	8.9	12.2	7.9	4.5	9.8	0.8	13.2	7.8	4.0	11.8	10.2	18.2	9.5
Approximate weighted N = % of All Respondents	159	213	243	267	218	205	223	154	128	115	144	122	125	99	68	75	51	57	68	58	67	54	83	80
No use in last 12 months	89.4	89.7	89.2	90.1	92.9	93.2	93.3	95.5	96.0	96.3	95.4	95.9	96.0	96.9	97.5	97.0	97.9	97.8	97.4	97.7	97.3	97.6	96.6	96.8
I don't take them to get high	1.9	1.9	2.5	2.3	1.2	1.0	1.3	1.1	0.8	0.9	1.0	1.3	1.2	1.3	0.9	1.0	1.0	0.7	0.8	0.7	0.7	0.4	0.6	0.6
Not at all high	1.2	1.7	1.3	1.4	1.1	1.2	1.1	0.8	0.7	0.6	8.0	1.0	0.8	0.4	0.6	0.3	0.3	0.4	0.8	0.4	0.5	0.2	0.5	0.3
A little high	3.2	2.5	3.2	2.7	1.9	1.9	1.9	1.4	1.1	1.1	1.7	0.8	0.7	0.7	0.4	0.8	0.4	0.4	0.5	0.5	0.5	0.8	0.9	0.8
Moderately high	3.1	3.2	2.8	2.9	2.2	2.0	1.5	0.8	1.0	0.8	0.9	0.7	0.7	0.4	0.5	0.6	0.4	0.5	0.4	0.6	0.6	0.7	0.8	1.2
Very high	1.3	1.0	0.9	0.7	8.0	0.7	8.0	0.4	0.4	0.3	0.2	0.4	0.5	0.2	0.1	0.3	0.0	0.3	0.2	0.1	0.3	0.2	0.6	0.3
Approximate weighted N =	1,500	2,068	2,250	2,697	3,073	3,040	3,330	3,420	3,186	3,074	3,119	2,963	3,141	3,199	2,710	2,509	2,448	2,571	2,598	2,523	2,500	2,292	2,469	2,468
When you take tranquilizers																								
how long do you usually stay high? a																								
% of Recent Users																								
Usually don't get high	29.9	33.0	31.6	32.7	27.8	27.9	31.1	31.9	38.8	36.9	36.8	46.0	50.4	48.3	45.3	35.8	47.2	48.7	50.2	43.6	34.0	30.6	22.1	25.1
One to two hours	17.6	24.1	22.5	26.0	21.3	25.4	27.2	25.0	21.6	25.7	24.7	25.3	20.0	19.3	19.9	20.7	20.5	19.1	19.1	18.7	25.4	22.6	35.2	31.4
Three to six hours	42.9	35.6	38.8	32.3	40.2	32.4	32.1	33.3	32.5	27.8	33.5	22.4	21.8	23.7	28.5	31.1	25.0	18.9	19.1	31.3	28.5	32.7	35.7	36.0
Seven to 24 hours	9.5	6.5	6.1	8.7	9.4	14.2	9.5	9.8	6.3	9.5	3.5	4.4	7.3	8.0	3.0	9.7	5.6	12.2	11.6	3.0	8.9	11.5	6.1	4.7
More than 24 hours	0.0	0.7	1.0	0.4	1.3	0.0	0.0	0.0	8.0	0.0	1.6	1.9	0.4	8.0	3.3	2.8	1.6	1.2	0.0	3.5	3.2	2.6	1.0	2.9
Approximate weighted N = % of All Respondents	158	214	242	269	221	200	221	151	132	114	134	121	129	95	65	67	48	55	72	51	62	54	79	81
No use in last 12 months	89.4	89.7	89.2	90.1	92.8	93.4	93.4	95.6	95.9	96.3	95.7	95.9	95.9	97.0	97.6	97.3	98.0	97.9	97.2	98.0	97.5	97.7	96.8	96.7
Usually don't get high	3.2	3.4	3.4	3.2	2.0	1.8	2.1	1.4	1.6	1.4	1.6	1.9	2.1	1.4	1.1	1.0	0.9	1.0	1.4	0.9	8.0	0.7	0.7	8.0
One to two hours	1.9	2.5	2.4	2.6	1.5	1.7	1.8	1.1	0.9	1.0	1.1	1.0	8.0	0.6	0.5	0.6	0.4	0.4	0.5	0.4	0.6	0.5	1.1	1.0
Three to six hours	4.5	3.7	4.2	3.2	2.9	2.1	2.1	1.5	1.3	1.0	1.4	0.9	0.9	0.7	0.7	0.8	0.5	0.4	0.5	0.6	0.7	0.8	1.1	1.2
Seven to 24 hours	1.0	0.7	0.7	0.9	0.7	0.9	0.6	0.4	0.3	0.4	0.1	0.2	0.3	0.2	0.1	0.3	0.1	0.3	0.3	0.1	0.2	0.3	0.2	0.2
More than 24 hours	0.0	0.1	0.1	0.0	0.1	0.0	0.0	0.0	0.0	0.0	0.1	0.1	0.0	0.0	0.1	0.1	0.0	0.0	0.0	0.1	0.1	0.1	0.0	0.1
Approximate weighted N =	1,491	2,078	2,241	2,717	3,075	3,034	3,328	3,417	3,190	3,072	3,110	2,962	3,144	3,196	2,707	2,501	2,446	2,570	2,602	2,516	2,495	2,291	2,465	2,468

(Table continued on next page.)

## TABLE 7-7 (cont.) TRANQUILIZERS

#### Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

When you take tranquilizers																								
how high do you usually get? a	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	<u>2010</u>	2011	2012	<u>2013</u>	2014	2015	2016	2017	2018	2019 <sup>b</sup>	2020	2021	2022
% of Recent Users																								
I don't take them to get high	11.3	9.4	20.1	16.6	16.1	14.3	13.4	10.3	11.7	14.1	11.0	15.2	14.0	13.5	18.5	14.9	22.0	15.5	15.7	9.8	§	§	§	§
Not at all high	7.9	10.9	11.8	10.4	7.5	13.4	10.3	3.2	7.8	10.4	6.7	8.4	13.6	10.8	11.1	13.5	17.0	9.0	19.3	15.0	§	§	§	§
A little high	22.1	35.2	21.4	17.2	23.2	24.1	18.0	31.5	22.3	18.5	19.9	15.0	21.8	18.0	17.5	17.0	15.8	27.0	13.6	12.8	§	§	§	§
Moderately high	39.7	33.7	29.4	34.2	32.0	32.3	36.7	39.0	41.5	34.4	34.7	31.5	22.7	32.6	26.2	37.5	29.8	32.2	21.8	39.1	§	§	§	§
Very high	19.1	10.9	17.3	21.6	21.2	16.0	21.6	16.0	16.7	22.6	27.7	29.9	27.9	25.2	26.7	17.0	15.3	16.4	29.5	23.3	§	§	§	§
Approximate weighted N =	77	69	95	98	110	126	111	96	119	115	93	103	97	93	70	84	80	66	75	58	§	§	§	§
% of All Respondents																								
No use in last 12 months	96.5	96.6	95.3	95.3	95.4	94.7	95.3	95.8	94.9	94.8	95.8	95.4	95.7	95.7	96.5	95.8	96.1	96.5	96.2	97.2	§	§	§	§
I don't take them to get high	0.4	0.3	0.9	8.0	8.0	8.0	0.6	0.4	0.6	0.7	0.5	0.7	0.6	0.6	0.6	0.6	0.9	0.6	0.6	0.3	§	§	§	§
Not at all high	0.3	0.4	0.6	0.5	0.4	0.7	0.5	0.1	0.4	0.5	0.3	0.4	0.6	0.5	0.4	0.6	0.7	0.3	0.7	0.4	§	§	§	§
A little high	8.0	1.2	1.0	8.0	1.1	1.3	0.9	1.3	1.1	1.0	8.0	0.7	0.9	8.0	0.6	0.7	0.6	1.0	0.5	0.4	§	§	§	§
Moderately high	1.4	1.1	1.4	1.6	1.5	1.7	1.7	1.6	2.1	1.8	1.5	1.4	1.0	1.4	0.9	1.6	1.2	1.1	8.0	1.1	§	§	§	§
Very high	0.7	0.4	8.0	1.0	1.0	0.9	1.0	0.7	0.9	1.2	1.2	1.4	1.2	1.1	0.9	0.7	0.6	0.6	1.1	0.6	§	§	§	§
Approximate weighted N =	2,205	2,046	2,033	2,088	2,356	2,363	2,353	2,292	2,334	2,217	2,208	2,255	2,258	2,176	2,033	1,966	2,066	1,859	1,990	2,106	§	§	§	§
When you take tranquilizers																								
how long do you usually stay high? a																								
% of Recent Users																								
Usually don't get high	11.5	13.4	25.2	23.8	22.6	20.9	21.8	7.2	19.0	17.1	16.7	14.8	23.4	19.5	24.0	26.5	28.5	11.6	28.7	21.5	§	§	§	§
One to two hours	36.4	34.3	19.0	27.6	27.8	27.8	25.0	28.8	27.0	24.4	20.6	24.1	19.2	13.1	22.3	29.7	32.1	26.8	19.8	15.6	§	§	§	§
Three to six hours	41.9	45.8	38.6	35.1	38.1	38.5	40.3	55.2	41.7	40.3	47.4	42.9	40.1	46.4	34.9	29.0	31.0	46.0	28.6	45.2	§	§	§	§
Seven to 24 hours	9.0	4.6	11.0	12.6	11.5	10.8	11.8	7.4	10.4	18.3	15.2	15.8	12.2	18.3	17.3	10.4	7.6	10.6	19.1	16.1	§	§	§	§
More than 24 hours	1.3	1.9	6.3	1.0	0.0	2.0	1.1	1.4	1.8	0.0	0.0	2.3	5.1	2.7	1.6	4.6	1.0	5.0	3.9	1.6	§	§	§	§
Approximate weighted N =	74	70	95	98	106	128	111	97	118	112	95	99	97	92	70	83	76	66	65	57	§	§	§	§
% of All Respondents																								
No use in last 12 months	96.6	96.6	95.3	95.3	95.5	94.6	95.3	95.8	94.9	94.9	95.7	95.6	95.7	95.8	96.6	95.8	96.3	96.5	96.7	97.3	§	§	§	§
Usually don't get high	0.4	0.5	1.2	1.1	1.0	1.1	1.0	0.3	1.0	0.9	0.7	0.7	1.0	8.0	8.0	1.1	1.1	0.4	0.9	0.6	§	§	§	§
One to two hours	1.2	1.2	0.9	1.3	1.3	1.5	1.2	1.2	1.4	1.2	0.9	1.1	8.0	0.6	8.0	1.3	1.2	1.0	0.7	0.4	§	§	§	§
Three to six hours	1.4	1.6	1.8	1.7	1.7	2.1	1.9	2.3	2.1	2.0	2.0	1.9	1.7	2.0	1.2	1.2	1.1	1.6	0.9	1.2	§	§	§	§
Seven to 24 hours	0.3	0.2	0.5	0.6	0.5	0.6	0.6	0.3	0.5	0.9	0.7	0.7	0.5	0.8	0.6	0.4	0.3	0.4	0.6	0.4	§	§	§	§
More than 24 hours	0.0	0.1	0.3	0.1	0.0	0.1	0.1	0.1	0.1	0.0	0.0	0.1	0.2	0.1	0.1	0.2	0.0	0.2	0.1	0.0	§	§	§	§
Approximate weighted N =	2 202	2,047	2.032	2,088	2.352	2,365	2,353	2.293	2.333	2.214	2.209	2.252	2.258	2.174	2.033	1.965	2.062	1.859	1.980	2.105	8	8	8	8

Source. The Monitoring the Future study, the University of Michigan.

<sup>§</sup> Insufficient data for estimate.

<sup>&</sup>lt;sup>a</sup>These questions appear in just one form. They are asked only of respondents who report use of the drug in the prior 12 months (i.e., recent users).

<sup>&</sup>lt;sup>b</sup>No estimates provided in 2019+ because of small sample size (*n* <50). All estimates in this chapter based on paper-based responses, the number of which were halved in 2019 due to an experiment in which a randomly assigned half of the students recorded their answers on paper and the other half on electronic tablets.

## TABLE 7-8 ALCOHOL

## Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

																				()	ears cor	nt.)		
When you drink alcoholic beverages how drunk or high do you usually get? a	1075	1976	1977	1978	1070	1980	1001	1982	1983	1004	1005	1006	1007	1000	1000	1000	1001	1000	1002	1994	1995	1996	1007	1000
% of Recent Users	<u>1975</u>	1970	1977	1976	<u>1979</u>	1900	<u>1981</u>	1902	1903	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>	<u>1991</u>	<u>1992</u>	<u>1993</u>	1994	1995	1990	<u>1997</u>	<u>1998</u>
Not at all high	23.6	21.6	20.6	19.1	19.6	20.7	18.9	18.9	18.8	19.0	19.7	18.5	18.8	20.0	22.1	23.0	20.6	24.2	23.8	19.7	20.7	23.2	22.0	20.6
A little high	33.8	32.3	32.8	33.9	33.6	32.6	33.8	32.6	35.8	34.0	34.8	34.7	34.4	34.2	34.4	32.3	36.8	32.5	32.2	32.7	32.6	29.9	28.9	29.8
Moderately high	35.9	38.0	39.6	39.9	38.7	39.7	41.4	40.9	38.8	39.2	38.5	39.8	38.8	38.2	35.9	36.2	34.0	35.6	36.5	38.3	36.5	35.5	37.5	37.5
Very high	6.6	8.1	7.0	7.1	8.1	7.0	5.8	7.5	6.7	7.8	7.1	7.1	8.0	7.6	7.6	8.5	8.6	7.7	7.5	9.2	10.1	11.4	11.6	12.1
Approximate weighted N =		2.368	2,578	3.124	2,764	2,709	2,912	2,958	2,808	2,601	2,618	2,531	2,718		2,211	1.965	1,898	1.965	1,960	1.866	1.867	1,664	1,915	1.874
% of All Respondents	2,410	2,000	2,070	0,124	2,704	2,700	2,512	2,300	2,000	2,001	2,010	2,007	2,770	2,700	2,211	1,500	1,000	1,500	1,500	1,000	1,001	1,004	1,510	1,014
No use in last 12 months	15.2	14.3	13.0	12.3	12.5	13.2	14.7	14.1	14.1	17.1	16.1	16.0	14.6	14.8	18.8	21.2	22.7	23.6	25.4	26.4	25.7	28.2	24.7	25.6
Not at all high	20.0	18.5	17.9	16.8	17.2	18.0	16.2	16.2	16.2	15.8	16.5	15.5	16.0	17.0	18.0	18.1	15.9	18.5	17.8	14.5	15.4	16.6	16.6	15.3
A little high	28.7	27.7	28.5	29.7	29.4	28.3	28.9	28.0	30.7	28.2	29.2	29.1	29.4	29.2	28.0	25.5	28.5	24.8	24.0	24.1	24.2	21.5	21.8	22.2
Moderately high	30.4	32.6	34.5	35.0	33.8	34.4	35.3	35.2	33.3	32.5	32.3	33.4	33.1	32.6	29.2	28.5	26.3	27.2	27.2	28.2	27.1	25.5	28.2	27.9
Very high	5.6	6.9	6.1	6.2	7.1	6.1	5.0	6.5	5.7	6.5	5.9	6.0	6.8	6.5	6.1	6.7	6.7	5.9	5.6	6.8	7.5	8.2	8.7	9.0
Approximate weighted N =	2,853	2,763	2,963	3,562	3,159	3,122	3,413	3,443	3,268	3,137	3,120	3,011	3,183	3,232	2,721	2,493	2,454	2,572	2,627	2,533	2,514	2,318	2,542	2,517
When you drink alcoholic beverages																								
how long do you usually stay drunk or high	gh? °																							
% of Recent Users																								
Usually don't get high	25.7	24.6	22.6	21.3	21.7	22.7	20.9	20.5	21.4	20.3	21.5	20.9	20.8	22.9	24.2	24.7	23.0	27.0	26.1	22.5	23.2	25.3	23.5	22.6
One to two hours	40.5	38.5	38.8	39.8	41.9	39.5	40.3	41.3	40.8	42.2	41.5	40.6	43.8	42.0	41.3	39.4	40.1	37.3	38.8	40.5	36.7	33.1	33.6	36.8
Three to six hours	30.1	33.8	34.8	35.7	32.7	33.8	35.6	34.4	33.7	33.1	33.5	34.9	31.5	32.1	31.6	31.7	31.7	30.7	30.4	32.2	34.2	35.7	36.9	34.5
Seven to 24 hours	3.4	3.0	3.5	3.1	3.4	3.8	3.1	3.4	3.9	4.0	3.1	3.2	3.7	2.9	2.8	4.0	4.6	4.7	4.3	4.2	5.4	5.3	5.2	5.7
More than 24 hours	0.2	0.2	0.3	0.1	0.2	0.2	0.1	0.4	0.3	0.3	0.4	0.4	0.2	0.1	0.2	0.3	0.6	0.3	0.3	0.6	0.6	0.5	0.9	0.5
Approximate weighted N =	2,403	2,358	2,547	3,098	2,746	2,697	2,892	2,947	2,792	2,588	2,608	2,509	2,711	2,748	2,202	1,949	1,884	1,951	1,950	1,857	1,849	1,657	1,897	1,853
% of All Respondents																								
No use in last 12 months	15.2	14.3	13.0	12.3	12.6	13.3	14.8	14.1	14.1	17.1	16.1	16.1	14.7	14.8	18.8	21.3	22.8	23.7	25.5	26.4	25.9	28.3	24.8	25.8
Usually don't get high	21.8	21.1	19.7	18.7	19.0	19.7	17.8	17.6	18.3	16.9	18.0	17.5	17.8	19.5	19.6	19.4	17.8	20.6	19.5	16.5	17.2	18.2	17.6	16.8
One to two hours	34.3	33.0	33.8	34.9	36.6	34.2	34.3	35.5	35.0	35.0	34.8	34.1	37.4	35.8	33.5	31.0	31.0	28.5	28.9	29.8	27.2	23.7	25.3	27.3
Three to six hours	25.5	29.0	30.3	31.3	28.6	29.3	30.4	29.6	28.9	27.4	28.1	29.3	26.9	27.3	25.6	24.9	24.4	23.4	22.7	23.7	25.3	25.6	27.7	25.6
Seven to 24 hours	2.9	2.6	3.0	2.7	3.0	3.3	2.7	2.9	3.3	3.4	2.6	2.7	3.2	2.5	2.2	3.2	3.5	3.6	3.2	3.1	4.0	3.8	3.9	4.2
More than 24 hours	0.2	0.2	0.3	0.1	0.2	0.2	0.1	0.3	0.2	0.2	0.3	0.4	0.2	0.1	0.2	0.2	0.5	0.2	0.2	0.4	0.4	0.4	0.7	0.4
Approximate weighted N =	2,834	2,751	2,928	3,532	3,142	3,109	3,393	3,431	3,252	3,124	3,110	2,990	3,177	3,226	2,712	2,477	2,441	2,558	2,616	2,525	2,496	2,311	2,524	2,497

(Table continued on next page.)

## TABLE 7-8 (cont.)

## **ALCOHOL**

## Trends in Degree and Duration of Feeling High in Grade 12

(Entries are percentages.)

When you drink alcoholic beverages																								
how drunk or high do you usually get? a	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	<u>2010</u>	2011	2012	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	2017	<u>2018</u>	2019 b	2020	2021	2022
% of Recent Users																								
Not at all high	21.1	22.4	20.5	23.2	21.0	23.5	23.6	25.0	28.0	29.7	26.0	31.4	30.0	31.2	27.5	27.3	30.6	26.7	29.0	28.4	27.2	§	26.6	32.6
A little high	27.3	26.1	26.7	30.1	28.6	25.8	25.3	27.6	26.9	27.7	30.3	26.0	26.8	26.3	23.5	27.4	26.9	31.0	29.8	29.8	26.3	§	33.3	28.9
Moderately high	41.7	38.8	40.9	35.1	37.6	37.6	38.7	35.2	33.9	32.8	33.6	32.1	34.3	33.1	38.6	36.6	33.2	34.3	32.7	32.0	36.7	§	34.2	29.6
Very high	10.0	12.7	11.8	11.7	12.9	13.1	12.4	12.2	11.2	9.8	10.0	10.4	9.0	9.5	10.4	8.7	9.4	8.0	8.4	9.8	9.8	§	5.9	8.9
Approximate weighted N = % of All Respondents	1,619	1,567	1,591	1,530	1,691	1,785	1,712	1,629	1,676	1,608	1,565	1,617	1,546	1,502	1,365	1,308	1,291	1,183	1,221	1,313	548	§	698	722
No use in last 12 months	27.0	26.2	24.2	28.7	30.1	26.5	29.9	30.0	30.1	30.4	30.5	31.9	33.7	33.1	35.3	36.6	39.8	39.3	40.9	40.7	43.7	§	50.9	47.8
Not at all high	15.4	16.6	15.6	16.5	14.7	17.3	16.5	17.5	19.6	20.7	18.1	21.4	19.9	20.9	17.8	17.3	18.4	16.2	17.2	16.8	15.3	§	13.1	17.0
A little high	19.9	19.3	20.2	21.4	20.0	18.9	17.8	19.3	18.8	19.3	21.1	17.7	17.7	17.6	15.2	17.4	16.2	18.8	17.6	17.7	14.8	§	16.4	15.1
Moderately high	30.5	28.6	31.0	25.1	26.3	27.7	27.1	24.6	23.7	22.8	23.4	21.9	22.7	22.2	25.0	23.2	20.0	20.8	19.3	19.0	20.7	§	16.8	15.4
Very high	7.3	9.4	9.0	8.3	9.0	9.7	8.7	8.6	7.8	6.8	7.0	7.1	6.0	6.3	6.7	5.5	5.6	4.9	5.0	5.8	5.5	§	2.9	4.7
Approximate weighted N =	2,217	2,123	2,099	2,145	2,418	2,427	2,441	2,328	2,399	2,311	2,252	2,373	2,331	2,244	2,109	2,064	2,145	1,948	2,065	2,216	973	§	1,420	1,384
how long do you usually stay drunk or hig % of Recent Users																								
% of Recent Users																								
Usually don't get high	22.5	24.6	21.5	24.9	22.3	24.6	25.2	27.0	30.2	32.3	28.0	31.2	32.0	31.7	26.6	27.6	30.4	29.3	30.0	31.9	29.5	§	27.9	32.4
One to two hours	32.3	32.2	33.7	33.7	32.7	31.5	31.0	32.1	28.9	27.4	33.4	28.4	28.5	31.3	28.7	33.4	31.0	31.8	34.6	28.1	33.6	§	37.7	36.1
Three to six hours	39.6	37.0	38.5	35.7	39.1	36.5	37.4	34.7	34.3	33.9	32.9	33.6	33.7	31.9	38.0	33.9	34.7	35.1	30.2	34.5	32.9	§	29.9	28.1
Seven to 24 hours	5.1	5.4	5.6	5.1	5.4	6.7	5.5	5.7	5.8	6.0	4.9	5.8	5.0	4.5	6.0	4.6	3.1	3.4	4.5	4.5	3.3	§	4.3	2.7
More than 24 hours	0.5	0.9	0.7	0.6	0.6	0.6	0.9	0.5	8.0	0.4	8.0	1.0	0.9	0.7	0.7	0.6	8.0	0.4	0.7	1.0	0.7	§	0.2	0.7
Approximate weighted N = % of All Respondents	1,614	1,552	1,586	1,523	1,681	1,775	1,698	1,625	1,664	1,601	1,561	1,606	1,535	1,498	1,361	1,304	1,286	1,176	1,213	1,315	547	§	692	723
No use in last 12 months	27.0	26.4	24.3	28.8	30.2	26.6	30.1	30.1	30.3	30.5	30.6	32.0	33.8	33.1	35.3	36.7	39.9	39.4	41.0	40.7	43.7	§	51.1	47.8
Usually don't get high	16.4	18.1	16.3	17.7	15.5	18.1	17.7	18.8	21.0	22.5	19.4	21.2	21.4	21.2	17.2	17.5	18.3	17.8	17.7	18.9	16.6	§	13.7	16.9
One to two hours	23.6	23.7	25.5	24.0	22.8	23.2	21.7	22.5	20.2	19.0	23.2	19.3	18.8	20.9	18.6	21.1	18.6	19.3	20.4	16.7	18.9	§	18.5	18.9
Three to six hours	28.9	27.2	29.2	25.5	27.3	26.8	26.2	24.2	23.9	23.6	22.9	22.8	22.3	21.3	24.6	21.5	20.9	21.2	17.8	20.5	18.5	§	14.6	14.7
Seven to 24 hours	3.7	3.9	4.2	3.6	3.8	4.9	3.8	4.0	4.1	4.2	3.4	3.9	3.3	3.0	3.9	2.9	1.9	2.1	2.7	2.7	1.9	§	2.1	1.4
More than 24 hours	0.4	0.7	0.5	0.4	0.4	0.5	0.6	0.4	0.6	0.3	0.5	0.7	0.6	0.5	0.5	0.4	0.5	0.3	0.4	0.6	0.4	§	0.1	0.4
Approximate weighted N =	0.044	2,108	2.095	2.138	2,408	2,418	2,427	2,324	2,387	2,304	2.248	2,362	2.320	2,241	2.105	2.060	2.140	1.941	2.058	2.218	972	_	1,414	1,384

Source. The Monitoring the Future study, the University of Michigan.

<sup>§</sup> Insufficient data for estimate.

<sup>&</sup>lt;sup>a</sup>These questions appear in just one form. They are asked only of respondents who report use of the drug in the prior 12 months (i.e., recent users).

bResults in following years may not be directly comparable due to survey mode effects; the 2021 survey was administered via a web questionnaire and in 2019 and earlier results are from paper-and-pencil surveys.

## Chapter 8

#### ATTITUDES AND BELIEFS ABOUT DRUG USE

Guided by its theoretical framework regarding historical variation in substance use behaviors, attitudes and beliefs, MTF measures key factors that have proved to be central to the explanation of historical differences and changes in drug use. These factors include perceived risk of harm and personal disapproval. Indeed, one of MTF's most important theoretical and empirical contributions to the general understanding of young people's drug use has been to demonstrate that changes in beliefs and attitudes about drugs are important determinants of historical trends, both upward and downward, in the use of many drugs.

This chapter focuses on three of these attitude and belief measures: (a) student beliefs about how much risk of *harm* various kinds of drug use have for the user, (b) the degree to which students personally *disapprove* of various kinds of drug use, and (c) attitudes about various forms of *legal prohibitions* to using drugs (for 12<sup>th</sup> grade students only). In the next chapter, we present results on the closely related topics of parents' and friends' attitudes about drugs, as students perceive them, as well as on various other aspects of the social context, including perceived availability and the extent of the respondent's exposure to people using drugs.

The data presented in this chapter show many inverse relationships at the aggregate level between the level of reported use of a drug and the levels of perceived risk and disapproval of using that drug. For example, among 10<sup>th</sup> and 12<sup>th</sup> graders, marijuana has a high level of use and one of the lowest levels of perceived risk and disapproval. These relationships suggest that individuals who believe that the use of a particular drug involves risk of harm, and/or who disapprove of its use, are less likely to use that drug; indeed, strong correlations also exist at the individual level between use of a drug and attitudes and beliefs about that drug.<sup>2,3</sup> Students who use a given drug are less likely to disapprove of its use or to see its use as dangerous.

Many attitudes and beliefs about specific drugs have changed dramatically during the life of the study, as have actual drug-using behaviors. Beginning in 1979, scientists, policymakers, and the media gave considerable attention to young people's increasing level of regular marijuana use as reported by this study and to the potential hazards associated with such use. As discussed later in this chapter, 12<sup>th</sup> graders' attitudes and beliefs about the regular use of marijuana shifted in a more conservative direction after 1979—a shift that coincided with a reversal in the previous, rapid rise of daily use and that very likely reflected the impact of the increased public attention and a greater focus on adverse consequences. Between 1986 and 1987, a similar and even more dramatic shift occurred for cocaine use and continued for some years. During much of the 1990s, however, there was an important turnaround or "relapse" in these attitudes, accompanied by an increased use of

<sup>&</sup>lt;sup>1</sup> Johnston, L. D., O'Malley, P. M., Schulenberg, J. E., Bachman, J. G., Miech, R. A., & Patrick, M. E. (2016). <u>The objectives and theoretical foundation of the Monitoring the Future study</u> (Monitoring the Future Occasional Paper No. 84). Ann Arbor, MI: Institute for Social Research, University of Michigan.

<sup>&</sup>lt;sup>2</sup> Johnston, L. D. (2003). Alcohol and illicit drugs: The role of risk perceptions. In D. Romer (Ed.), *Reducing adolescent risk: Toward an integrated approach* (pp. 56–74). Thousand Oaks, CA: Sage.

<sup>&</sup>lt;sup>3</sup> Miech, R. A., Johnston, L. D., & O'Malley P. M. (2017). <u>Prevalence and attitudes regarding marijuana use among adolescents over the past decade</u>. *Pediatrics*, 140(6).

numerous illicit drugs, in particular marijuana. In the early 2000s, increased recognition of the hazards of ecstasy use appeared to contribute to a sharp downturn in use of that particular drug, as we had predicted. More recently, levels of nicotine vaping ranked near the bottom of all substances, having low levels of perceived risk and disapproval, and it has since rapidly become one of the most commonly used substances among teens.

#### Trends and the Year 2019

The year 2019 requires special consideration when evaluating trends for the measures of this chapter. All 2019 estimates are presented in two columns. The first, in column "2019p," is based on student responses in a randomly selected half of schools that completed the MTF survey with traditional paper-and-pencil questionnaires. The second, in column "2019e," is based on students responses in the other half of schools that completed the MTF survey with electronic data collection, using tablets connected to the internet (after 2019 all surveys used electronic data collection). In some cases the estimates in the two columns are similar, while in others they are substantially different.

Attitudes and behaviors appear especially vulnerable to differences in estimates across survey mode, in part because many of these questions required substantial modification for the electronic survey mode. When the survey used paper-and-pencil forms questions on topics such as disapproval appeared on one page, with each line listing a specific drug and then the associated response categories (e.g., strongly disapprove, disapprove, etc.). In the conversion to an electronic format many of these questions were split across multiple screens so that they would fit on an electronic display. (These same groupings were carried forward in all subsequent years.) The questions groupings on the screens introduced potential question-context effects. In essence, the items that accompanied a question in screen grouping could affect prevalence levels.

In what follows we compare estimates in 2021 and 2022 with the "2019e" estimates, all of which were collected with an electronic survey mode using the same screen groupings. In cases where the 2019 estimates are similar across survey modes the 2021 and 2022 estimates are directly comparable to all previous years. In contrast, when the 2019 estimates substantially differ across survey mode then the comparisons of 2021 and 2022 estimates with years before 2019 require consideration of the change in prevalence attributable to survey mode effects in 2019 and afterwards. (Estimates for 2020 are not presented because curtailed data collection resulted in a sample size too small to produce reliable estimates for most attitude and behavior measures, which appeared on a randomly-selected subset of questionnaires).

#### PERCEIVED HARMFULNESS OF DRUG USE IN 2022

#### Beliefs About Harmfulness Among 12th Graders

For many drugs, the level of risk attributed to use varies considerably with the intensity of use being considered. Expecting this to be the case, we structured the questions to differentiate among experimental, occasional, and regular drug use. (Questions about the harmfulness of alcohol and tobacco use specify different levels of use appropriate to those substances.) The respondent is asked, "How much do you think people risk harming themselves (physically or in other ways), if they . . .?" The sentence is completed with a series of phrases asking about increasing levels of

drug use, such as the series ". . . try marijuana once or twice," ". . . use marijuana occasionally," and ". . . use marijuana regularly."

#### **Risk From Regular Use**

- A majority of 12<sup>th</sup> graders perceive that regular use of many drugs entails a great risk of harm for the user. In 2022, as Table 8-3 shows, 84% of 12<sup>th</sup> graders perceive a great risk of harm from regular use of *heroin*, and 77% for *cocaine*. More than half (60%) of 12<sup>th</sup> graders attribute great risk to regular use of *LSD*, and about half (52%) do so for regular use of *amphetamines*. About half (54%) of all 12<sup>th</sup> graders think that regular use of *sedatives* (*barbiturates*) involves a great risk of harm to the user. The perceived risk of *marijuana* is relatively much lower, with a little more than one in four 12<sup>th</sup> graders (28%) ascribing great risk to regular use.
- Almost three out of four 12<sup>th</sup> graders (72%) judge smoking one or more packs of *cigarettes* per day as entailing a great risk of harm for the user in 2022. This level of perceived risk is not much lower than the same perceived risk level for regular use of cocaine (77%).
- Levels of perceived risk for regular *nicotine vaping* are substantially less than the levels for regular cigarette use of one or more packs a day. In 2022, 45% of 12<sup>th</sup> graders perceived a great risk from regular nicotine vaping, compared to 72% for regular cigarette use.
- *Marijuana vaping* ranks as having a relatively lower risk for regular use among 12<sup>th</sup> grade students in comparison to nicotine vaping. In 2022, 36% considered it to involve "great risk."
- Regular use of *alcohol* is more explicitly defined in several questions providing specificity on the amount and frequency of use. About one in five 12<sup>th</sup> graders (23%) associate great risk of harm with having one or two drinks nearly every day, about 1 in 3 (35%) think there is great risk involved in having five or more drinks once or twice each weekend, and about 2 in 3 (67%) think the user takes a great risk in having four or five drinks nearly every day. Still, it is noteworthy that about 1 in 3 (33%) do *not* view having four or five drinks nearly every day as entailing great risk. None of these measures significantly changed from 2021 to 2022.

#### **Risk From Experimental Use**

• Far fewer respondents believe that a person runs a great risk of harm by trying a drug once or twice, which we refer to here as *experimental use*. Still, substantial proportions of 12<sup>th</sup> graders view even experimenting with most of the illicit drugs as risky. The 2022 percentages associating great risk with experimental use rank as follows:

Crystal methamphetamine (ice)	64%
Heroin	60%
Heroin without using a needle	60%
Steroids	51%
MDMA (ecstasy, Molly)	46%

PCP	44%
Narcotics other than heroin	43%
Amphetamines	37%
Sedatives (barbiturates)	34%
Adderall	32%
LSD	27%
Synthetic marijuana	20%
Alcohol	10%
Marijuana	10%
Salvia	10%

Note that the *prescription-type drugs* (e.g., Adderall, amphetamines, sedatives, narcotics other than heroin) tend to have lower levels of risk than most of the illicit drugs. That may help explain the relatively high levels of use of the prescription-type drugs. (Perceived risk of tranquilizers, another prescription-type drug, is not asked.)

- Only 10% of 12<sup>th</sup> graders see experimenting with *marijuana* as entailing great risk.
- Just 10% of 12<sup>th</sup> graders believe there is great risk involved in trying one or two drinks of an *alcoholic beverage* (Table 8-3).

## Beliefs About Harmfulness Among 8th and 10th Graders

An abbreviated set of the same questions on perceived harmfulness has been asked of 8<sup>th</sup> and 10<sup>th</sup> graders since they were first surveyed by MTF in 1991. Perceived harmfulness of *inhalant* use is not asked of 12<sup>th</sup> graders but is included in the 8<sup>th</sup> and 10<sup>th</sup> grade questionnaires.

- Less than half of 8<sup>th</sup> and 10<sup>th</sup> grade students see great risk in *smoking one to five cigarettes per day* (36% of 8<sup>th</sup> graders and 46% of 10<sup>th</sup> graders). (Twelfth graders are not asked this question.) These low proportions seeing great risk suggest that many students are not taking into account that this level of use places smokers at substantial risk of becoming heavy, dependent users.
- Perceived risk levels of *vaping nicotine* regularly are 53% in 8<sup>th</sup> grade, 52% in 10<sup>th</sup> grade, and 45% in 12<sup>th</sup> grade. These levels of perceived risk are substantially below those for regular cigarette use.
- Younger students, particularly 8<sup>th</sup> graders, are more likely than 12<sup>th</sup> graders to see *marijuana* use as dangerous. In 2022, 8<sup>th</sup> graders (36%) were about three times more likely than 12<sup>th</sup> graders (13%) to see occasional marijuana use as entailing great risk of harm. Tenth graders fall in between at 23%.
- Eighth and 10<sup>th</sup> graders are more likely than 12<sup>th</sup> graders to see *weekend binge drinking* as dangerous: 52% for 8<sup>th</sup> graders, 51% for 10<sup>th</sup> graders, and 35% for 12<sup>th</sup> graders in 2022.

• Experimentation with *inhalants* is seen as dangerous by relatively low proportions of 8<sup>th</sup> and 10<sup>th</sup> graders (20% and 28%, respectively); these younger students are the ones most likely to use inhalants.

#### TRENDS IN PERCEIVED HARMFULNESS OF DRUG USE THROUGH 2022

#### 12th Grade Students

In what follows we present trends in perceived harmfulness up to 2022. Several very important trends in student beliefs about the dangers associated with using various drugs have occurred over the life of the study. (See the upper panels of the "a" versions of Figures 8-1 through 8-3 and Figures 8-7 through 8-13, e.g., Figure 8-1a. See also Table 8-3 for tabular data on 12<sup>th</sup> graders.) For most of the drugs discussed here, the *Overview of Key Findings* monograph for the 2022 survey results has trends in use, risk, disapproval, and perceived availability all graphed on the same page, making it easier to see connections between use and these other variables.

#### Perceived Risk and Marijuana Use

Some of the most important trends in perceived risk have involved *marijuana* (see Figures 8-1a and 8-4). Since 2015 the proportion of 12<sup>th</sup> graders who perceived great risk of harm from regular use has hovered around 30%. In 2022 it was 28%, after a one-year dip to 22% in 2021.

The levels of 30% or lower in every year since 2017 are some of the lowest recorded by the survey, and represent the continuation of a steady decline that started in 1991 when the level was 79%. The long term decrease is concerning in light of the fact that declines in perceived risk in the past have predicted future increases in use, a pattern that we interpret as reflecting a causal connection. The trend line for the *perceived availability* of marijuana is included in Figure 8-4 to show its relative stability (particularly from 1975 to 1992) and, thus, its inability to explain the substantial fluctuations in usage levels over that time period.

From the beginning of the study in 1975 through 1978, the degree of harmfulness perceived to be associated with all levels of marijuana use declined as use increased sharply (see Figure 8-4). In 1979, for the first time, the proportion of 12<sup>th</sup> graders seeing risk to the user increased. This increase in perceived risk *preceded* an appreciable downturn in use (which began a year later in 1980) and continued fairly steadily through 1991, as use fell dramatically. However, in 1992 perceived risk began to drop again, which presaged a sharp increase in use beginning in 1993. As Figures 8-1a and 8-4 illustrate, perceived risk continued to drop and use continued to rise until 1997. This clear and consistent concordance in trends supports our contention that changes in beliefs about the harmfulness of marijuana use played a critical role in causing both the downturn and the subsequent upturn in use. In both cases, the reversal in perceived risk preceded the reversal in actual use by a year. This pattern became evident again in 2003, as perceived risk for marijuana

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<sup>&</sup>lt;sup>4</sup> Some time ago we addressed an alternate hypothesis—that a general shift toward a more conservative lifestyle might have accounted for the shifts in both attitudes and behaviors. The empirical evidence tended to contradict that hypothesis. See Bachman, J. G., Johnston, L. D., O'Malley, P. M., & Humphrey, R. H. (1988). Explaining the recent decline in marijuana use: Differentiating the effects of perceived risks, disapproval, and general lifestyle factors. *Journal of Health and Social Behavior*, 29, 92–112. Johnston also showed that an increasing proportion of the quitters of and abstainers from marijuana use reported concern over the physical and psychological consequences of use as reasons for their non-use. See Johnston, L. D. (1982). A review and analysis of recent changes in marijuana use by American young people. In *Marijuana: The national impact on education* (pp. 8–13). New York: American Council on Marijuana. The role of perceived risk in the period of increased marijuana use in the 1990s is addressed in Bachman, J. G., Johnston, L. D., & O'Malley, P. M. (1998). Explaining the recent increases in students' marijuana use: The impacts of perceived risks and disapproval from 1976 through 1996. *American Journal of Public Health*, 88, 887–892.

increased until 2006 while use declined, and between 2006 and 2012, when perceived risk of regular use declined while use rose a year later.

For two time periods this inverse association did not hold, in part because of a confounding influence of cigarette smoking. Specifically, from 1997 to 2002 and from 2006 to 2015 perceived risk of marijuana use declined but an increase in marijuana use did not take place (see Figure 8-4). In both these periods a substantial decline occurred in the percentage of adolescents who had ever smoked a cigarette, from 65% in 1997 to 57% in 2002, and from 47% in 2011 to 31% in 2015. Marijuana use is much higher among youth who have tried a cigarette, in part because these youth have overcome the psychological barriers involved in inhaling smoke into the lungs. As increasing numbers of 12<sup>th</sup> graders fall into the category of youth who have never smoked a cigarette in their life, they move into a category that has historically had a very low level of marijuana use. If adolescent cigarette smoking had not declined during these periods then we believe the expected increase in marijuana use would likely have been observed; in fact, if cigarette use had not declined since 2011 we project marijuana use levels today would be at or near record highs.<sup>5</sup>

What accounts for changes in perceived risk of marijuana use, given the key role this factor plays in marijuana use? In the earlier years of MTF, the largest increase (in absolute terms) in perceived risk occurred for regular marijuana use. The proportion of 12<sup>th</sup> graders who viewed regular marijuana use as involving a great risk doubled in just seven years from 35% to 70% between 1978 and 1985. Subsequently, the proportion increased more slowly, reaching 79% by 1991. This dramatic change occurred during a period when a substantial amount of scientific and media attention was devoted to the potential dangers of heavy marijuana use. Young people also had ample opportunity for vicarious learning about the effects of heavy use through observation, because such use was widespread among their peers. (In 1978, one in nine 12<sup>th</sup> graders was an active, daily marijuana user.) Concerns about the harmfulness of occasional and experimental use also increased, and those increases were even larger in proportional terms, though not in absolute terms. For example, the proportion of 12<sup>th</sup> graders seeing great risk in *trying marijuana* rose from 8% in 1978 to 27% in 1991, and for *occasional marijuana use* perceived risk rose from 12% to 41% over the same interval.

There are several possible and interconnected explanations for the turnaround and decline in perceived risk of marijuana use during the early 1990s. First, some of the forces that gave rise to the earlier increases in perceived risk became less influential: (a) because of lower use levels overall, fewer students had opportunities for vicarious learning by observing firsthand the effects of heavy marijuana use among their peers; (b) media coverage of the harmful effects of drug use, as well as of incidents resulting from drug use (particularly marijuana), decreased substantially in the early 1990s (as has been documented by media surveys of national news programs); (c) media coverage of the antidrug advertising campaign of the Partnership for a Drug-Free America also declined appreciably (as documented by both the Partnership and our own data from 12<sup>th</sup> graders on their levels of recalled exposure to such ads)<sup>6</sup>; (d) congressional funding for drug abuse prevention programs and curricula in the schools was cut appreciably in the early 1990s; and (e)

<sup>&</sup>lt;sup>5</sup> Miech, R. A., Johnston, L. D., & O'Malley P. M. (2017). <u>Prevalence and attitudes regarding marijuana use among adolescent over the past decade</u>. *Pediatrics*, 140(6).

<sup>&</sup>lt;sup>6</sup> Terry-McElrath, Y. M., Emery, S., Szczypka, G., & Johnston, L. D. (2011). <u>Potential exposure to anti-drug advertising and drug-related attitudes, beliefs, and behaviors among United States youth, 1995-2006</u>. *Addictive Behaviors, 36*, 116-124.

the first Gulf War in 1990–1991 diverted attention from domestic concerns, including drug use, among both policy makers and the media. In addition, forces encouraging use became more visible; in particular, a number of rap, grunge, and rock groups started to sing the praises of using marijuana (and sometimes other drugs), perhaps influencing young people to think that using drugs might not be so dangerous after all. Finally, the drug experiences of many parents may have inhibited them from discussing drugs with their children, and may have caused them uncertainty in knowing how to handle the apparent hypocrisy of telling their children not to do what they themselves had done as teens. We believe that all of these factors may have contributed to the resurgence of marijuana use in the 1990s—a period which we have referred to as the "relapse period" in the epidemic.

By the mid 1990s, many of these sources of influence had reversed direction, laying the groundwork for an end to the rise in marijuana use (and illicit drug use more generally). First, because there was considerably more use among young people and among many of their public role-model groups, the opportunity for vicarious learning by observing the consequences of use began to increase. And as MTF and other studies began to call the public's attention to the resurgence of the drug epidemic among youth, news stories on the subject increased substantially. Other institutions also changed their ways. The recording industry appeared to be producing fewer pro-drug lyrics and messages, in large part because of growing concern about overdose deaths among their own artists. (A similar dynamic seems to have occurred in the fashion industry with the resulting demise of "heroin chic.") Various government initiatives to prevent drug use by young people were launched, including the Department of Health and Human Services (DHHS) Secretary's Marijuana Use Prevention Initiative, which was launched at the 1994 annual national press conference reporting the MTF results. Federal funding for drug prevention in schools also increased appreciably.

In addition, parents were repeatedly exhorted to talk to their children about drugs, and it appears from other surveys that more of them did so. In the late 1990s, a federally sponsored media campaign involving paid advertising was initiated. MTF data indicate that the campaign reached increasing numbers of young people over a period of several years.<sup>7</sup>

Since 2012, perceived risk of marijuana use has fallen substantially as the movement to legalize recreational marijuana use has attained both substantial media coverage as well as success in increasing numbers of states legalizing it. A key message of this movement is that marijuana use is safe and does not pose much danger to health, a message that appears to be gaining traction with today's youth. This recent decline in perceived risk, which in the past has played a substantial role in reversing declines in use, has not yet been accompanied by an increase in marijuana use, likely in part because of the decline in youth cigarette use (discussed above).

One newer mode of use is *marijuana vaping*, for which questions on perceived risk were first added to the survey in 2020. Its level of perceived risk ranks higher than the survey's long-standing, more general question on "use marijuana regularly" that does not specify a mode of use;

Campaign, held by the Treasury and General Government Subcommittee on Appropriations of the U.S. Senate Appropriations Committee. *The Congressional Record*.

<sup>&</sup>lt;sup>7</sup> For example, see Johnston, L. D. (2002, June 19). Written and oral testimony presented at hearings on the National Youth Anti-Drug Media

in 2022 the levels were 36% and 28%, respectively. It is possible that media attention in 2020 to lung injuries and deaths that were attributed to vaping marijuana solutions with vitamin E acetate<sup>8</sup> raised levels of concern among students.

#### Perceived Risk for Substances Other than Marijuana

- Despite all that is known today about the health consequences of *cigarette smoking*, about one fourth (28%) of 12<sup>th</sup> graders in 2022 still did not believe that there is a great risk in smoking a pack or more of cigarettes per day (see Figure 8-12a). This level has hovered around 25% since the year 2000. One exception is that in 2021 it jumped to 34%, but this large increase did not last.
- Historically, the number of 12th graders who thought smoking a pack or more a day involved great risk to the user increased from 51% in 1975 to 64% in 1980. This shift corresponded to, and to some degree preceded, the downturn in current smoking found in this age group (compare Figures 5-4q and 8-12a). Between 1980 and 1984, both perceived risk and use leveled. Then, from 1984 to 1993 perceived risk inched up from 64% to 70% while use remained quite stable. Perceived risk then declined a bit in 1994 and 1995 (as it did in the lower grades) and use rose through 1997. Between 1995 and 1998, perceived risk rose about five percentage points, presaging a decline in smoking that began in 1998. Overall, in the 13-year interval between 1984 and 1997, the percentage of 12<sup>th</sup> graders perceiving great risk in regular smoking rose only about five percentage points, whereas use actually rose by seven percentage points. Clearly, influences other than perceived risk were at work during this period. Between 1997 and 2006, perceived risk rose by another nine percentage points from 69% to 78%, while use fell by 15 percentage points (from 37%) in 1997 to 22% in 2006). Thus, changes in perceived risk may well have contributed to the decline in use during this period. Perceived risk of smoking one or more packs per day among 12<sup>th</sup> graders has held steady since 2006 and hovered at around 75% (it stood at 72%) in 2022). In contrast, the 30-day prevalence of use continued to decline and was at 4% in 2022—the lowest level in the life of the study. It seems likely that increases in cigarette prices also played an important role in the decline during this period, including the increase in the federal tobacco tax passed in 2009.
- Levels of perceived risk for regular *nicotine vaping* have plateaued in recent years, after a period of rapid increases. In the last two years perceived risk has stayed steady, with the percentage of 12<sup>th</sup> grade students who ascribed "great risk" at 45% in 2022 and 44% in 2021.

Overall, perceived risk of nicotine vaping has increased substantially since first measured in 2017. Long term comparisons require an adjustment for a survey mode effect for this measure, in which estimates are about six points lower when students used electronic devices as compared to paper-and-pencil questionnaires to answer the survey questions (compare columns '2019p' and '2019e' in Table 8-3). Taking into account this survey mode effect, the 45% level in 2022 would be about 39% if assessed with paper-and-pencil (39%=45% - 6%), which compares to the 27% in 2017 (when the survey used paper-and-pencil questionnaires).

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<sup>&</sup>lt;sup>8</sup> Centers for Disease Control. (2020, Feb 25). Outbreak of lung injury associated with the use of e-cigarette, or vaping, products.

Perceived risk levels for nicotine vaping are substantially lower than they are for regular cigarette use (72%). Regular nicotine vaping continues to rank near the lowest of all substances in perceived risk.

Like marijuana, *cocaine* has shown a pattern of closely corresponding trends between perceived risk and actual use among 12<sup>th</sup> graders (see Figure 8-5). In 2022, the proportion of 12<sup>th</sup> graders who perceive great risk in trying cocaine once or twice was 48%, about where it has hovered for the past two decades. Use levels have also changed little during this period. The tight, mirror image correspondence between perceived risk and levels of use is illustrated most clearly in the 1970s and 1980s. First, the percentage who perceived great risk in *trying cocaine* once or twice dropped steadily from 43% to 31% between 1975 and 1980, corresponding to a period of rapidly increasing annual prevalence of use. However, rather than reversing sharply, as did perceived risk for marijuana use, perceived risk for experimental cocaine use moved rather little from 1980 to 1986, corresponding to a fairly stable period in actual use. Then, from 1986 to 1987, perceived risk for experimenting with cocaine jumped abruptly from 34% to 48% in a single year, and in that year the first significant decline in use took place. From 1987 to 1990, perceived risk continued to rise sharply as use fell sharply.

Correspondence between perceived risk of trying cocaine and levels of actual use can also be seen in the 1990s, although the changes are smaller. An increase in perceived risk of cocaine use ended in 1991, similar to the trend for marijuana. Perceived risk began to fall in 1992, and a year later actual use began rising among 12<sup>th</sup> graders (see Figure 8-5). The significant reversal of trends in beliefs set the stage for a resurgence in use, particularly when combined with the fact that the proportions of students using two of the so-called "gateway drugs"—cigarettes and marijuana—had also been rising. From 1992 to 1999, the proportion of 12<sup>th</sup> graders using cocaine in the prior 12 months rose steadily and doubled from 3.1% to 6.2% before decreasing significantly to 5.0% in 2000, with little change for some years after that.

Levels of actual cocaine use track more closely with trends in perceived risk of experimental cocaine use than they with perceived risk of regular cocaine use. As we had predicted earlier, it was not until 12<sup>th</sup> graders' attitudes about behaviors they saw as relevant to themselves began to change (i.e., attitudes about experimental and occasional cocaine use) that the behaviors also began to shift.<sup>9,10</sup>

We believe the large changes in both perceived risk of experimental and occasional use as well in changes in actual levels of use from 1986 to 1991 resulted from three factors: (a) the greatly increased media coverage of cocaine use and its dangers that occurred in that

<sup>&</sup>lt;sup>9</sup> See Bachman, J. G., Johnston, L. D., & O'Malley, P. M. (1990). Explaining the recent decline in cocaine use among young adults: Further evidence that perceived risks and disapproval lead to reduced drug use. Journal of Health and Social Behavior, 31, 173–184. For a discussion of perceived risk in the larger set of factors influencing trends, and for a consideration of the forces likely to influence perceived risk, see Johnston, L. D. (1991). Toward a theory of drug epidemics. In R. L. Donohew, H. Sypher, & W. Bukoski (Eds.), Persuasive communication and drug abuse prevention (pp. 93–131). Hillsdale, NJ: Lawrence Erlbaum.

<sup>&</sup>lt;sup>10</sup> Our belief in the importance of perceived risk of experimental and occasional cocaine use led us to include in 1986 for the first time the question about the dangers of occasional cocaine use. The very next year proved to have a sharp rise on this measure.

interval (particularly in 1986); (b) an increasing number of antidrug, and specifically, anticocaine media campaigns; and (c) the widely publicized 1986 deaths, publicly attributed to cocaine use, of sports stars Len Bias and Don Rogers. The deaths of the sports stars, we believe, helped to bring home the notions, first, that no one—regardless of age or physical condition—is invulnerable to being killed by cocaine, and second, that one does not have to be an addict or regular user to suffer such adverse consequences. In the media coverage that occurred during that period, the addictive potential of cocaine was heavily emphasized. The initial reporting of Don Rogers' death indicated that it was his first time to use, which made the story even more powerful; but that reporting was reversed subsequently.

- The proportion of 12<sup>th</sup> grade students perceiving great harm in regular use of *amphetamines* remained between 60% and 70% throughout most of the survey, but since 2009 has shown a considerable drop, and was 52% in 2022 (Figure 8-7a). This drop is underestimated somewhat because perceived risk of regular amphetamine use is about six points higher when students used electronic devices as compared to paper-and-pencil questionnaires to answer the survey questions (compare columns '2019p' and '2019e' in Table 8-3). Consequently the 52% level in 2022 would be expected to be closer to 46% if the survey had been conducted with paper-and-pencil surveys, as it had been in 2018 and all previous years.
- The proportion of 12<sup>th</sup> graders perceiving harm from regular use of *sedatives* (*barbiturates*) has ranged from 45% to 55% since 2002 and in 2022 was at 54%. Because of a survey mode effect (compare columns '2019p' and '2019e' in Table 8-3), the 54% in 2022 would be expected to be about 9 points lower at 45% if the survey had been conducted using paper-and-pencil questionnaires.

A substantial decline took place between 1992 and 2002 during, continuing on beyond, the relapse phase in drug use generally. In 1992 perceived risk levels were at 70%, where they had been since the start of the survey in 1975.

- The percentage of 12<sup>th</sup> grade students who ascribed great risk to use of a narcotic other than heroin (aka prescription opioids, such as OxyContin or Vicodin) has changed little since the items was first added to the survey in 2010. Levels of risk for experimental use have ranged from 38% to 44%, and for occasional use have varied from 54% to 59%. For regular use, levels varied between 71% and 76% before 2020, and between 63% and 67% afterwards. The dramatic decline in prevalence since 2011, with past 12-month prevalence steadily falling from 9% in 2011 to 2% in 2022 does not track with changes in perceived risk (although it does track with decreases in perceived availability).
- *Heroin* has consistently been seen as one of the most dangerous drugs—in particular regular heroin use, which no doubt accounts at least in part for the low prevalence levels observed throughout the life of the study. In all years of the study more than 80% of 12<sup>th</sup> grade students perceive a great risk to regular heroin use.

More variation has been observed for experimental or occasional use of heroin (Figure 8-9a). Perceived risk of experimental use declined gradually between 1975 and 1986 (perhaps as the result of generational forgetting of the dangers of heroin), even though use dropped and then stabilized in that interval. There was then an upward shift in perceived risk in 1987 (the same year in which there was a dramatic rise in perceived risk for cocaine) to a new level, where it held for four years. In 1992 risk dropped to a lower plateau again, a year or two before use started to rise. As perceived risk fell in the early 1990s, heroin use by 12<sup>th</sup> graders rose, with annual prevalence of use nearly tripling from 0.4% in 1991 to 1.1% by 1995. (Use also rose in the lower grades.) From 1995 through 1998, there was some increase in perceived risk (an increase that was also observed in the lower grades; see Tables 8-1 and 8-2 and Figure 8-9a). Usage levels then generally stabilized. Perhaps not entirely coincidentally, the Partnership for a Drug-Free America launched a media campaign aimed at deglamorizing heroin in 1996. While the intended target audience was young adults, many secondary school students undoubtedly saw the ads as well. Annual use of heroin by 12<sup>th</sup> graders decreased from 1.5% in 2000 to 0.8% by 2003 subsequent to the upturn in perceived risk between 1995 and 1998. Neither perceived risk nor use of heroin has changed a great deal since.

• The proportion of 12<sup>th</sup> graders who saw great risk in regular use of *LSD* was 60% in 2022 (Table 8-3 and Figure 8-8a). This value would be expected to be about nine points lower if the 2022 survey had used paper-and-pencil questionnaires, given the survey mode effect documented in 2019 (compare column '2019p' with '2019e' in Table 8-3). The resulting value of 51% represents a long, gradual decline since the 84% level recorded in 1991.

Perceived risk of experimental use of LSD also declined during the 1990s to about 35% in 2000; it remained at that level until about 2014 but has since dropped to 27% in 2022. Given the survey mode effect noted in 2019, this 27% would be about 6 points lower and register at 21% if the 2022 survey had used paper-and-pencil questionnaires.

The sharp decline in 12<sup>th</sup> graders' perceived risk of LSD use between 1991 and 1997 was particularly noteworthy, confirming our concerns about generational forgetting—that attitudes and beliefs of the newer generation of young people were not influenced by the direct and vicarious learning experiences that helped to make their predecessors more cautious about using LSD. In the late 1960s and early 1970s, young people became aware of the risks of bad trips, uncontrollable flashbacks, dangerous behaviors under the influence, etc. Since then, those who have come into their teens likely know much less about such risks.

Despite the fact that perceived risk of LSD use declined some prior to 2001 (while disapproval was fairly steady), use had been falling. Obviously, this decline in use cannot be explained by a change in attitudes, and thus raises the question of whether there was any substitution by another drug. As it happens, another drug popular in the club scene and also used for its hallucinogenic properties, *MDMA* (ecstasy, and more recently Molly), had been in ascent and may have had some substitution effect. From 1998 to 2001, MDMA use more than doubled as LSD use was in decline. However, after 2001 both drugs declined, suggesting that there may no longer have been a displacement effect. Indeed, after 2001

there was a sharp decline in availability of LSD, which may well have played a key role in its further sharp drop in use. The historically low levels of perceived risk for LSD reached in recent years suggest that young people today are not well prepared to resist resurgences in the popularity and availability of that drug, should those occur.

• The proportion of 12<sup>th</sup> graders who saw potential harm in trying *MDMA* (also known as ecstasy or more recently as Molly) "once or twice" was 46% in 2022 (Table 8-3 and Figure 8-6). This level would be expected to be about six points lower and register at 40% if the 2022 survey had been conducted with paper-and-pencil questionnaires, due to a survey mode effect documented in 2019 (compared columns '2019p' and '2019e' in Table 8-3). At 40%, this 2022 level would be the lowest since 2000, when it was 38%.

As documented in the next chapter and in Figure 8-6, there was a dramatic rise in the availability of MDMA (ecstasy and, later, Molly) to American teens up to 2001, which may well help to explain its spread (Figure 8-6). The significant increases in perceived risk (for all three grades) in 2000 through 2003 were encouraging. We stated in the 2001 report in this series that we believed the use of this drug would not decline until more young people came to see its use as dangerous. In 2002, use of MDMA decreased some for all three grades, and in 2003 use decreased significantly for all three grades, presumably driven by the sharp increases in the perceptions of risk already underway.

We believe that the unusually rapid changes in perceptions of risk about MDMA reflect the effects of several factors: much media coverage of adverse events associated with ecstasy use; the substantial efforts of the National Institute on Drug Abuse to gather and disseminate information about the adverse consequences associated with ecstasy use; and efforts by the Partnership for a Drug-Free America and the Office of National Drug Control Policy to discourage ecstasy use through an ad campaign, begun in 2002, that addressed the hazards of use. Despite the dramatic increase in perceived risk up through 2005, the gradual erosion in the level of perceived risk since 2005 raises the possibility that a process of generational forgetting of the hazards of MDMA use had been taking place. Declining levels of perceived risk for MDMA are especially concerning because some manufacturers mix MDMA with dangerous adulterants, such as stimulants found in "bath salts," as well as cocaine and heroin. (More recently the synthetic opioid Fentanyl has become a particularly dangerous adulterant added to many drugs.)

• The proportion of 12<sup>th</sup> grade students associating great risk with experimental use of *crystal methamphetamine* (*ice*) reached the highest level recorded by the survey in 2013, at 72%, and has declined slightly since then, to 64% by 2022 (Table 8-3). The current level of perceived risk is higher than risk of experimental use of any other drug including heroin, which stood at 59%. Consistent with the high levels of perceived risk, levels of use are extremely low, and in 2022 the prevalence of past-year use was 0.3%. A drop in prevalence occurred after increases in perceived risk from 1999–2014, consistent with perceived risk being a leading indicator and cause of changes in drug use.

<sup>&</sup>lt;sup>11</sup> Campo-Flores, A. & Elinson, Z. (September 24, 2013). <u>Club drug takes deadly toll; billed as pure ecstasy, "Molly" often gets laced with more dangerous substances</u>. *The Wall Street Journal*.

- The proportion of 12<sup>th</sup> graders who perceived a great risk of harm in trying *PCP* (phencyclidine) was 44% in 2022, which is the lowest level recorded over the life of the survey (Table 8-3). Since first measured in 1991, it has varied between 44% and 55%. Actual use has remained low since about 2003, with past 30-day use less than 1% (Chapter 5).
- In 2022, 49% of 12<sup>th</sup> grade students saw a great risk in taking anabolic *steroids* (Table 8-3). This level would be expected to be about eight points lower and register at 41% if the 2022 survey had been conducted with paper-and-pencil questionnaires, due to a survey mode effect documented in 2019 (compared columns '2019p' and '2019e' in Table 8-3). This 41% level would be the lowest recorded by the life of the survey since first tracked in 1989.

Use of steroids is very low, despite moderate levels of perceived risk, with a past-year prevalence of 1% in 2022 (see Chapter 5). These results suggest factors other than perceived harmfulness are driving the prevalence of steroids; availability likely plays a role because in recent years availability is at the lowest levels ever recorded by the survey in all three grades (see Chapter 9). The scheduling of many steroids by the DEA in 1990, with updates in 2004 making their use and possession illegal, has likely contributed heavily to both to the decline in perceived availability and in use.

The history of perceived risk of steroids and adolescent use of them bears some resemblance to the situation regarding cocaine use. A noteworthy change in steroids occurred in 1992, when perceived risk rose by five percentage points (from 66% to 71%) among 12<sup>th</sup> graders. (Similar changes occurred for 8<sup>th</sup> and 10<sup>th</sup> graders.) That change suggested that the widely publicized experience of professional football player Lyle Alzado, who died of a brain tumor in 1992 that he believed resulted from his steroid use, had an important effect on young people's beliefs regarding the harmfulness of this drug. The effect of this "unfortunate role model" was similar to the effect of Len Bias' death on beliefs about the dangers of cocaine use, except that in Lyle Alzado's case he intentionally set about making his experience an object lesson for young people. Unfortunately, levels of perceived risk of steroids have since declined.

This decline accelerated in 1999, with an unusually sharp drop of six percentage points in 12<sup>th</sup> graders' perceived risk of steroid use; this coincided with a slight rise in use among 12<sup>th</sup> graders and a sharp rise in use among 8<sup>th</sup> and 10<sup>th</sup> graders. (Since 1995 perceived risk has been measured only among 12<sup>th</sup> graders, so their answers serve as the best estimate we have of how this belief was changing among secondary school students more generally. For this reason, we comment in this section on 8<sup>th</sup> and 10<sup>th</sup> graders as well as 12<sup>th</sup> graders.) We believe it likely that a highly visible baseball player (Mark McGwire), whose use of the steroid precursor androstenedione in the year that he hit a new home run record was widely reported in 1998, served unwittingly as a role model that year, this time associating the use of steroids with athletic success and physical prowess. In 2000 there was a

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<sup>&</sup>lt;sup>12</sup> The July 8, 1991, issue of *Sports Illustrated* magazine had an article by Lyle Alzado entitled "I Lied." For a discussion of the importance of vicarious learning from unfortunate role models, see Johnston, L. D. (1991). Toward a theory of drug epidemics. In R. L. Donohew, H. Sypher, & W. Bukoski (Eds.), *Persuasive communication and drug abuse prevention* (pp. 93–131). Hillsdale, NJ: Lawrence Erlbaum.

continued sharp decline in perceived risk of steroid use among 12<sup>th</sup> graders. After 2000 perceived risk did not change a great deal until there was a significant drop in 2013, a leveling, and another significant drop in 2017.

A cohort effect is suggested by the pattern of declining steroid use across the grades since 1999; 8<sup>th</sup> graders were first to show a downturn beginning in about 2001, followed by 10<sup>th</sup> graders in 2003, and then by 12<sup>th</sup> graders in about 2005. Those staggered decreases followed somewhat staggered increases in the prior years, though both 8<sup>th</sup> and 10<sup>th</sup> graders began to increase in the same year (1999). In 2004 perceived risk began to rise in 12<sup>th</sup> grade (again, the only grade in which it is measured), and use continued to decline in all grades. Some might ask why use has not increased in the past few years as stories of widespread steroid use in professional baseball have hit the headlines. The answer may lie in the amount of negative publicity and negative outcomes that have emerged for some of these players. Mark McGwire eventually admitted in 2010 that he had used steroids and that he regretted their use. Baseball player Roger Clemens had denied using steroids, but in 2010 he was indicted by a grand jury, charged with lying to Congress about his use of these drugs. He was tried on six felony counts and, following a long and damaging trial process, was found not guilty.

• The proportion perceiving great risk of harm in having *one or two drinks nearly every day* was 23% in 2022 among 12<sup>th</sup> graders, about the same level as it had been during the first year of the survey in 1975, when it was 22% (Figure 8-11a).

Over the course of the survey this measure gradually increased to a peak of 33% in 1991, when use of many drugs reached a nadir, and subsequently leveled at about 21–22%. The earlier decline in perceived risk may have been due in part to publicity about the possible value of moderate alcohol consumption in protecting against cardiovascular disease.

• The proportion of 12<sup>th</sup> graders perceiving great risk in having *four or five drinks nearly every day* was 67% in 2022 (Figure 8-11a), close to where it was during the first year of the survey in 1975, when it was 64%.

These levels rose to a peak in the early 1990s (of 71%), and subsequently declined some to its 2022 level.

• The percentage of 12<sup>th</sup> grade students who perceived "great risk" in *binge drinking* (having five or more drinks in a row in a single occasion each weekend) was 35% in 2022 (Table 8-3 and Figure 8-11a). This percentage differs little from its 2021 level (34%) and its 2019 level as measured with electronic data collection (36% in column '2019e'). It also changed little from 1987 to 2019, and ranged within a window of 42% to 48%. It has remained steady and fluctuated within a small window over the past three and a half decades.

Actual prevalence of binge drinking declined appreciably between 1981 and 1993, from 41% to 28%, after which it rose slightly during the relapse phase in drug use and reached 32% by 1998. The increase in perceived risk during the 1980s may have been due in large part to the many efforts aimed at discouraging drunk driving—a point discussed in more

detail elsewhere.<sup>13</sup> Since 1998, perceived risk has increased only slightly overall while binge drinking has declined to historic lows in recent years (13% in 2022), suggesting the influence of factors other than perceived risk for this time period.

#### 8th and 10th Grade Students

The 8<sup>th</sup> and 10<sup>th</sup> grade surveys ask about perceived risk for fewer drugs than the 12<sup>th</sup> grade surveys. (See the lower panels of the "a" versions of Figures 8-1, 8-2, 8-3, 8-8, and 8-11. See also Table 8-3 for the tabular data.)

• The proportions of 8<sup>th</sup> and 10<sup>th</sup> grade students who see great risk in pack-a-day *cigarette smoking* were near the highest levels recorded by the survey up to 2022, at 62% and 71%, respectively (see Figure 8-12a).

After 1995, perceived risk rose in all three grade levels, including significant increases for 8<sup>th</sup> and 10<sup>th</sup> graders in 2000. Levels of smoking began to drop in 1997 for grades 8 and 10, and a year later among 12<sup>th</sup> graders; thus, an increase in perceived risk presaged, and very likely helped to drive, this important decline. Since 2000 perceived risk of smoking has increased somewhat further while actual cigarette use has declined precipitously. The increases in perceived risk since 2000 are not large enough to account for the dramatic decline in cigarette smoking in the following years, suggesting that other forces are at work.

A number of factors in the late 1990s may well have contributed to the decline in teen smoking. A series of public events, such as highly visible lawsuits against the tobacco industry, brought considerable adverse publicity to the product and the industry, eventually leading to the widely publicized Tobacco Master Settlement Agreement in November 1998 between the states' Attorneys General and the major tobacco companies. Additional deterrents included increased cigarette prices, increased tobacco taxes, substantial tobacco prevention efforts in several large states, a nationwide antismoking ad campaign funded by the American Legacy Foundation (an entity created and funded under the tobacco settlement), the withdrawal of advertising from billboards, and the elimination of the Joe Camel ads. Monitoring the Future called widespread national attention in the early 1990s to sharp increases in smoking among teens, which may have played a role in instigating many of these efforts.

• The proportions of students who see great risk in regular use of *smokeless tobacco* in 2022 was 37% in 8<sup>th</sup> grade (Figure 8-13a and Table 8-1). This level would be expected to be about four points lower and register at 33% if the 2022 survey had been conducted with paper-and-pencil questionnaires, due to a survey mode effect documented in 2019 (compared columns '2019p' and '2019e' in Table 8-1). The 33% level is within a small window of 33% to 37% where this measure has hovered since 2013 (adjusting estimates to paper-and-pencil levels).

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<sup>&</sup>lt;sup>13</sup> O'Malley, P. M. & Johnston, L. D. (1999). <u>Drinking and driving among American high school seniors: 1984–1997</u>. *American Journal of Public Health*, 89, 678–684.

In 10<sup>th</sup> grade level of risk had small, long-term increases starting in 1995 that lasted for a decade and resulted in increases of about 10 percentage points for 10<sup>th</sup> graders (Table 8-2). During the period of substantial increase in perceived risk between 1995 and 2000, a considerable decline in the use of smokeless tobacco took place. The gains in perceived risk lasted through about 2011 before receding and then leveling between 40% and 45%.

• The proportions of 8<sup>th</sup> and 10<sup>th</sup> grade students who perceive great risk in *vaping nicotine occasionally* changed little from 2021 to 2022 and were similar in both grades (Table 8-3). In 8<sup>th</sup> grade it was 23% in 2021 and 24% in 2022, while in 10<sup>th</sup> grade it was 23% in both years.

Regular nicotine vaping was ascribed great risk by 53% of 8<sup>th</sup> graders in 2022, as compared to 55% in 2021. Similarly, in 10<sup>th</sup> grade the levels were 52% in 2022 and 53% in 2021. These levels increased substantially from 2019 to 2021. In 8<sup>th</sup> grade the 15 point increase from 40% to 55% during the two-year period of 2019 to 2021 continues the large increase seen the previous year from 32% to 40%. Similarly, in 10<sup>th</sup> grade the 12 point increase from 41% to 53% continues the large increase seen the previous year from 31% to 41%. The increases from 2019 to 2021 took place at a time when vaping related deaths due to the "EVALI" outbreak received considerable media attention<sup>14</sup> and national education campaigns warned of the dangers of vaping.

Lack of change from 2021 to 2022 suggests a plateauing of recent, large increases. The increases that took place from 2018 to 2019 are some of the largest ever recorded by MTF.

• For 8<sup>th</sup> and 10<sup>th</sup> grade students, the 2022 proportion who see great risk in experimental use of *marijuana* was near the lowest level recorded by the survey, at 21% and 17%, respectively (Tables 8-1 and 8-2, also Figure 8-1a). These levels are slight increases from 2021, when they were at record lows.

It is possible that youth throughout the country interpret the recent trends permitting medical marijuana in many states and legalization of recreational marijuana for adult use in some states as signals that the drug is not dangerous and does not pose great risk of harm. Perceived risk has been in a steady decline since the mid 2000s. We had expected that a larger increase in marijuana use would have occurred by now in light of the decrease in perceived risk, but this increase was likely offset as a consequence of the decline in cigarette smoking (discussed above). 15

Before the late 2000s, the trend in perceived risk resembled a U curve (Figure 8-1a), in which it was at its highest level during the first two years when the survey measured it in 1991–1992 (40% for 8<sup>th</sup> graders and 32% for 10<sup>th</sup> graders), declined during the 1990s relapse, and then rebounded until the mid 2000s. In both 8<sup>th</sup> and 10<sup>th</sup> grades, marijuana

<sup>&</sup>lt;sup>14</sup> Perrine, C. G., Pickens, C. M., Boehmer, T. K., King, B. A., Jones, C. M., DeSisto, C. L., Duca, L. M., Lekiachvili, A., Kenemer, B., Shamout, M., Landen, M. G., Lynfield, R., Ghinai, I., Heinzerling, A., Lewis, N., Pray, I. W., Tanz, L. J., Patel, A., Briss, P. A., & Lung Injury Response Epidemiology/Surveillance Group (2019). Characteristics of a multistate outbreak of lung injury associated with e-cigarette use, or vaping - United States, 2019. Morbidity and Mortality Weekly Report, 68(39), 860–864.

<sup>&</sup>lt;sup>15</sup> Miech, R. A., Johnston, L. D., & O'Malley P. M. (2017). Prevalence and attitudes regarding marijuana use among adolescents over the past decade. *Pediatrics*, 140(6).

prevalence followed a mirror image of these trends, with prevalence increasing during the 1990s (when perceived risk decreased), decreasing from the late 1990s through the mid-2000s (when perceived risk increased), and then increasing through 2010 (when perceived risk decreased).

Perceived harm of *regular marijuana use* follows the same trends, although overall levels of perceived risk are higher as would be expected. In 2022 the proportions of 8<sup>th</sup> and 10<sup>th</sup> graders who saw great risk in regular use of marijuana were near the lowest levels ever recorded by the survey at 54% and 42%, respectively.

- A newer mode of cannabis use is *marijuana vaping*, for which questions on perceived risk were first added to survey in 2020. In 8<sup>th</sup> and 10<sup>th</sup> grade the levels for occasional and regular use are similar to perceived risk for the survey's long-standing question on marijuana use that does not specify a mode (i.e. "use marijuana occasionally" and "use marijuana regularly").
- In both 8<sup>th</sup> and 10<sup>th</sup> grade the percentage of students who perceived great risk of harm of *experimental cocaine* use did not significantly change from 2021 to 2022, when it was at 46% and 57%, respectively (Tables 8-1 and 8-2, and Figure 8-2a). It also showed little trending in the years 2000 to 2019 for both grades.

Comparisons of prevalence levels before and after 2020 are complicated by a survey mode effect in 2019 that resulted in higher levels for students who answered using electronic devices in comparison to paper and pencil questionnaires. A further complication is that the question wording changed in 2020 and afterwards to read "try cocaine once or twice" from "try cocaine in powder form once or twice" in previous years. While these methodological issues affect comparisons across the year 2020, they do not affect trending in the periods beforehand or afterwards.

- The percentage of students who perceived great risk in *occasional cocaine use* decreased from 2021 to 2022 in both grades (Tables 8-1 and 8-2, and Figure 8-2a). In 8<sup>th</sup> grade it declined from 64% to 60% and in 10<sup>th</sup> grade from 74% to 70%. The question wording changed in 2020 to ask about "take cocaine occasionally" from "take cocaine powder occasionally." These changes affect comparisons across 2020, but not trending in the periods beforehand or afterwards.
- Perceived risk for *LSD* use among 8<sup>th</sup> and 10<sup>th</sup> grade students has changed little in the past decade and a half. In 8<sup>th</sup> grade levels for *experimental* use varied between 20% to 24% from 2007–2019, and between 16% and 18% in 2021 and 2022. In 10<sup>th</sup> grade these levels varied between 32% and 35% from 2007-2019, and between 28% and 27% in 2021 and 2022, respectively.

Perceived risk of *regular* LSD use varied within a small window of 36% and 39% from 2007–2022 in 8<sup>th</sup> grade (with no evidence of a survey mode effect). In 10<sup>th</sup> grade for the same time period it varied between 52% and 58%.

Before the 2000s perceived risk had been substantially higher with levels 50% to 100%+ higher in the early 1990s. As we pointed out earlier, the substantial decrease in LSD use over the course of the survey cannot be explained by parallel changes in perceived risk, because perceived risk was itself falling, not rising. As discussed in the next chapter, the drop in LSD prevalence may be better explained by the decline in the reported availability of LSD since the mid 1990s.

Despite the low levels of LSD use at present, we note that the overall drop in perceived risk for LSD over the history of the survey leaves today's cohorts of teens potentially vulnerable to resurgence in LSD use, should the drug become widely available again. Likely today's youth are less aware of the consequences of using this drug—due to a process we have called "generational forgetting."

• Questions about the perceived risk of *inhalant* use have been asked only of 8<sup>th</sup> and 10<sup>th</sup> graders, where use is most concentrated (Tables 8-1 and 8-2). The percentage of 8<sup>th</sup> grade students who attributed great harm to experimental inhalant use was 20% in 2022 and 18% in 2021, which are about a six point drop from the 2019 levels based on electronic data collection (column '2019e' in Tables 8-1 and 8-2).

In 8<sup>th</sup> grade a long-term decline has been ongoing since the early 2000s. Prior to the 2000s, levels of perceived risk jumped in 1996, after the Partnership for a Drug-Free America launched a media campaign in 1995 to increase adolescents' awareness of the dangers associated with inhalant use. The data here are consistent with the notion that their efforts were successful, because the increase in perceived risk occurred during the years of this intervention; most of the other drugs had not yet begun to show an increase in perceived risk at that point, and actual prevalence of inhalant use declined in all grades. In 2001, perceived risk of inhalant use again jumped significantly in both grades, and use declined some. During the period of declining perceived risk, since 2001, there were some small changes in use, but by 2009 use was very close to 2002 levels. After a decrease in use for both grades after 2011, use is now (in 2022) at or near its lowest level in all three grades. The declines in perceived risk imply that generational forgetting of the dangers of inhalant use may have been taking place, which suggests that it may be time for another advertising and public information campaign on the subject (among other potential interventions) should there be any indication of an increase in the prevalence of youth inhalant use.

• The proportions of 8<sup>th</sup> and 10<sup>th</sup> graders who perceive great risk in having five or more drinks of *alcohol* once or twice each weekend ("weekend binge drinking") have stayed within the narrow range of 51%–59% in all years measured up to 2022 for both 8<sup>th</sup> and 10<sup>th</sup> graders.

Perceived risk levels dropped from 59% in 1991 to 52% in 1996 for 8<sup>th</sup> graders, and for 10<sup>th</sup> graders from 56% in 1992 to 51% in 1996. During the same interval, self-reported *binge drinking* rose gradually. Since that time, levels of perceived risk have slightly increased and then decreased in both grades, with a peak in 2012 for 8<sup>th</sup> graders (58%) and a peak in 2008 for 10<sup>th</sup> grade students (57%), while actual use has steadily declined, quite possibly driven down by other factors in the past few years.

#### PERSONAL DISAPPROVAL OF DRUG USE IN 2022

Since the beginning of the MTF study, we have included a set of questions to measure the judgement students attach to various types of drug use among 12th graders. The question wording is, "Do you disapprove of people (who are 18 or older) doing each of the following?" The answer alternatives are "don't disapprove," "disapprove," and "strongly disapprove." For 8th and 10th grades, a fourth response, "can't say, drug unfamiliar," is included, and the parenthetical phrase "who are 18 or older" is omitted from the question stem. Responses of "disapprove" or "strongly disapprove" are combined and reported here as "disapproval." For 8<sup>th</sup> and 10<sup>th</sup> graders, "can't say, drug unfamiliar" is included in calculating the percentages, so that what is represented (in all three grades) is the proportion of all respondents who hold a disapproving attitude. Each question specifies a level involvement for each drug, such as "trying marijuana," "using marijuana occasionally," or "using marijuana regularly," similar to the questions about perceived risk.

#### Extent of Disapproval Among 12th Graders

- The majority of 12<sup>th</sup> graders disapprove of *regular use* of any of the illicit drugs (see Table 8-6). Among 12th graders in 2022, 62% disapprove (including strongly disapprove) of regular marijuana use and between 90% and 97% disapprove of regular use of each of the other illicit drugs.
- For each of the drugs included in this set of questions, fewer respondents indicate disapproval of experimental or occasional use than of regular use, as might be expected. However, the differences are not great for the use of illicit drugs other than marijuana, because nearly all 12<sup>th</sup> graders disapprove of even experimenting with them. For example, in 2022 the proportions disapproving of experimental use are 93% for heroin, 89% for cocaine, 73% for LSD, and 87% for MDMA (ecstasy, Molly). The extent of disapproval of illicit drug use by peers is no doubt underestimated by adolescents and, as we have written for some time, the extent of disapproval that actually does exist could be widely publicized and provide the basis for some potentially powerful prevention messages in the form of normative education.<sup>16</sup>
- Disapproval of *marijuana* by 12<sup>th</sup> graders increases substantially for more regular levels of use. In 2022 the percentage who disapprove of marijuana use is 35% for trying it once or twice, 42% for occasional use, and 62% for regular use. Looked at another way, almost four out of ten 12<sup>th</sup> graders (38%) say they do not disapprove of regular marijuana use.
- Smoking a pack (or more) of *cigarettes* per day now meets with disapproval by almost eight out of nine (86%) 12<sup>th</sup> grade students—a level comparable to the level of disapproval for many of the illicit drugs and substantially higher than disapproval of regular marijuana use.
- The lowest levels of disapproval for regular use among 12<sup>th</sup> grade students in 2022 are regular marijuana use at 62%, regular marijuana vaping at 68%, daily alcohol drinking at

<sup>&</sup>lt;sup>16</sup> Johnston, L. D. (1991). Contributions of drug epidemiology to the field of drug abuse prevention. In C. Leukefeld & W. Bukoski (Eds.), Drug abuse prevention research: Methodological issues (pp. 57-80) (NIDA Research Monograph No. 107). Washington, DC: National Institute on Drug Abuse.

71%, and regular nicotine vaping at 76%. Regular marijuana vaping has a slightly lower level of disapproval than does daily alcohol drinking.

• Having *one or two drinks nearly every day* meets with the disapproval of 71% of 12<sup>th</sup> graders in 2022. Curiously, fewer 12<sup>th</sup> graders (67%) disapprove of *weekend binge drinking* (five or more drinks once or twice each weekend), despite the fact that more of them see a great risk in weekend binge drinking (35%) than in having one or two drinks nearly every day (23%). This divergence between the perceived risk associated with the two behaviors and the corresponding levels of disapproval helps to illustrate their differences.

#### Extent of Disapproval Among 8th and 10th Graders

- Attitudes about *inhalant* use have been asked only of 8<sup>th</sup> and 10<sup>th</sup> graders, and in 2022 the great majority (65% and 73%, respectively) said they disapprove of even trying inhalants.
- *Marijuana* use shows the greatest grade related difference in disapproval—the lower the grade, the higher the level of disapproval. Specifically, in 2022, 62% of the 8<sup>th</sup> graders said they disapprove of trying marijuana compared to 48% of 10<sup>th</sup> graders and 35% of 12<sup>th</sup> graders (see Tables 8-4 through 8-6). There is now considerable evidence that these attitudes do shift with age—that there is an age effect common to all cohorts. For example, the 8<sup>th</sup> graders of 1991 for the most part constituted the 10<sup>th</sup> graders of 1993 and the 12<sup>th</sup> graders of 1995, and their disapproval of trying marijuana fell from 85% in 8<sup>th</sup> grade in 1991, to 70% by 10<sup>th</sup> grade (in 1993), and to 57% by 12<sup>th</sup> grade (in 1995). This age-related drop far exceeds the secular trend at any given grade level, and would likely be even more pronounced were it not for the loss of dropouts between 8<sup>th</sup> and 12<sup>th</sup> grades. (It is also possible that, in addition to any age effects, there are also cohort effects—i.e., lasting differences between class cohorts.)

Another possible explanation for this decrease in disapproval with age is that secondary school students' attitudes about use are age-graded—that is, they may disapprove more of an 8<sup>th</sup> grader using marijuana, less so for a 10<sup>th</sup> grader, and still less for a 12<sup>th</sup> grader. The question stem used at the lower grades does not specify the age of the person about whom they are answering, and the respondents may simply assume that the question is about people their age. The question asked of 12<sup>th</sup> graders over the years specifies people "who are 18 or older," and that lower limit corresponds closely to their current age.

- Disapproval of vaping marijuana decreases at higher grades, with a sharp drop off in 12<sup>th</sup> grade. Specifically, disapproval levels of regular marijuana vaping are 80% in 8<sup>th</sup> grade, 73% in 10<sup>th</sup> grade, and 68% in 12<sup>th</sup> grade. For occasional marijuana vaping the levels are 74%, 63%, and 53%, respectively.
- Disapproval of *alcohol* use is also somewhat higher at the lower grade levels than among 12<sup>th</sup> graders. For example, in 2022, 81% of 8<sup>th</sup> graders, 78% of 10<sup>th</sup> graders, and 67% of 12<sup>th</sup> graders said they disapprove *weekend binge drinking*.

- For *cigarette* use, the differences between grades are negligible at present: 85% of 8<sup>th</sup> graders, 86% of 10<sup>th</sup> graders, and 86% of 12<sup>th</sup> graders said they disapprove of someone smoking one or more packs per day in 2022. Oddly enough, the 8<sup>th</sup> graders, who are least likely to see regular smoking as dangerous (as summarized earlier in this chapter), are just as likely as students in the other grades to disapprove of it. This disparity may help to explain why many do begin to smoke. In the absence of an underlying belief that smoking really represents a hazard to them, many may not be deterred by the predominant peer norms alone.
- Disapproval of *nicotine vaping* is similar across all three grades. The proportion disapproving of occasional use is 71% in 8<sup>th</sup> grade, 68% in 10<sup>th</sup> grade, and 65% in 12<sup>th</sup> grade. For regular use the levels are, respectively, 78%, 77%, and 76% in 2022. As with cigarette smoking, these levels of disapproval for regular nicotine vaping are substantially higher than levels of perceived risk, which in 2022 range between 53% and 45% (in 8<sup>th</sup> and 12<sup>th</sup> grade, respectively).

#### TRENDS IN DISAPPROVAL OF DRUG USE THROUGH 2022

As illustrated in a separate section below, while the perceived risk associated with a drug often reverses course a year *prior* to a change in the actual use of that drug, disapproval tends to move in a way more synchronous with use. In other words, disapproval tends to rise in the same year that use falls, and tends to fall in the same year that use rises. We have hypothesized that this is due in part to both disapproval and use being influenced by perceived risk, for which the inflection point often occurs a year earlier. For the long-term trends in 12<sup>th</sup> graders disapproval see the upper panel in the "b" versions of Figures 8-1 through 8-3 and Figures 8-7 through 8-13 (e.g., the upper panel in Figure 8-1b). See also Table 8-6, which provides the underlying tabular data.

The year 2019 requires special consideration when evaluating trends for the measures of this chapter. All 2019 estimates are presented in two columns. The first, in column "2019p," is based on student responses in a randomly-selected half of schools that completed the MTF survey with traditional paper-and-pencil questionnaires. The second, in column "2019e," is based on students responses in the other half of schools that completed the MTF survey with electronic data collection, using tablets connected to the internet (after 2019 all surveys used electronic data collection). In some cases the estimates in the two columns are similar, while in others they are substantially different (discussed in more detail at the start of this chapter).

#### 12th Grade Students

• In 2022, levels of disapproval for marijuana use were near their lowest ever for experimental, occasional, and regular use (see Figure 8-1b and Table 8-6). All three outcomes have gradually and steadily declined since at least 2014. From 2021 to 2022 disapproval increased for experimental, occasional, and regular use, but these increases were not statistically significant and 2022 levels remained some of the lowest recorded.

Today's low levels are similar to those that occurred near the beginning of the MTF study in 1977, when disapproval of regular use among high school seniors was 66%. This was undoubtedly a continuation of longer-term trends that began in the late 1960s, as the norms

of American young people against illicit drug use seriously eroded. Between 1977 and 1990, however, there was a substantial reversal of that trend as disapproval of regular use increased by 26 percentage points and reached the highest level recorded by the study in the early 1990s. While disapproval increased to this historic high, annual prevalence of marijuana hit a historic low. Since that time disapproval slipped during the 1990s drug relapse, while marijuana prevalence increased. Note that a sharp drop in disapproval is first apparent in 1993, a year *after* perceived risk began to decline. Changes in disapproval paused from 1995 to 2005, as did prevalence, and then disapproval continued its decline until it reached its current level. Trends in disapproval of occasional and experimental use follow a similar pattern, although at lower levels.

• Levels of disapproval for *regular cigarette smoking* in 2022 are close to the highest ever recorded by the survey, with 86% of 12<sup>th</sup> graders disapproving (Figure 8-12b). The levels have varied little in recent years and ranged from 86% to 89% from 2017 to 2022.

Despite the large changes that were taking place in adult use of cigarettes and presumably in adult attitudes about smoking, young people's disapproval (of a pack or more per day) changed surprisingly little throughout much of the early and middle life of this study. The overall trend has been a very gradual increase from a level of 68% during the first year of the survey in 1975. The one exception is a sustained decline in disapproval during the 1990s drug relapse, from 1992 to 1997. Since 1997 disapproval has increased fairly steadily and prevalence of cigarette smoking has declined. The earlier lack of appreciable change in students' disapproval of smoking is surprising because many antismoking laws and policies had been enacted during the 1980s and 1990s. Very likely, the tobacco industry's promotion and advertising efforts helped to account for this lack of change in disapproval, as did the widespread portrayal of smoking by characters—often the lead characters—in movies and on television. But by the mid- to late-1990s the tobacco industry's advertising efforts were curtailed and its product received so much adverse publicity that disapproval finally rose substantially.

- Disapproval of regular *nicotine vaping* (added in 2017) did not change systematically between 2017 and 2022 (Table 8-6), and has hovered between 70% and 76%.
- The proportion of 12<sup>th</sup> graders who disapproved of experimental use of *amphetamines* has gradually, but only slightly, increased over the course of the study. Levels of disapproval for experimental use varied between 79% and 84% between 2011 and 2022 (see Figure 8-7b and Table 8-6).

Overall levels of disapproval of experimental use increased from 75% at the start of the study in 1975 to 88% in in 2010, before dropping to 84% in 2022. Most of the increase in this measure occurred during the 1980s. Prevalence tracks with these changes in disapproval and decreased or levelled over the course of the survey, with the exception of increases at the start of the 1980s and the start of the 1990s. A revision of the amphetamine question in 2011 that updated the list of examples of specific amphetamines led to a slight, artifactual drop in the disapproval measure that year and thereafter, indicating that levels of disapproval today would be slightly higher were it not for this change. Levels of

disapproval of regular use of amphetamines have bumped up against the ceiling of the measure and have been at 92% or higher in all years.

- The proportion of 12<sup>th</sup> grade students who disapprove of experimental *cocaine* use was 89% in 2022, and has been near 90% in every year since 1988 (in 2020 it fell to 82% but this decline appears anomalous, see Figure 8-2b and Table 8-6). It reached a nadir in the early 1980s, when cocaine use was more popular and experimental use was not considered as dangerous as it is today. This is the same period when prevalence was near its highest levels recorded. There was a sharp rise in disapproval of experimental use between 1986 and 1987, the same interval in which perceived risk rose dramatically (closing the gap between the percent disapproving of experimental use and regular use). This jump in disapproval was accompanied by a sharp drop in use that has persisted ever since. Disapproval of *regular* cocaine use has always been 91% or higher throughout the life of the survey. Disapproval of *crack cocaine* use, whether experimental, occasional, or regular, has always been higher than 85% (see Figure 8-3b), and disapproval of regular crack use in 2022 was 89%.
- The proportion of 12<sup>th</sup> grade students who disapprove of trying *MDMA* (ecstasy, and more recently Molly) has been above 80% in all years since first assessed in 1997, and above 85% since 2017 (Table 8-6). In 2021 and 2022 it was 86% and 87%, respectively. The question was modified to include "Molly" as an example street name for MDMA, which appears to have had only a slight influence on overall levels of disapproval (in 2014 disapproval was 1.8 percentage points lower than the previous year when the question was not yet changed). It is worth noting that in 2002 disapproval increased significantly to 84% from 80% the previous year, at the same time that use decreased and perceived risk continued its increase. Increases in perceived risk may have contributed to the subsequent increase in personal disapproval, albeit with a fair amount of lag.
- Disapproval of *having one or two drinks nearly every day* had hovered at around 72% over the prior decade, and in 2022 was 71% (Table 8-6 and Figure 8-11b). It fell to a record low of 67% in 2021, but this drop proved temporary.

Disapproval of **weekend binge drinking** ranged between 70% and 75% over the prior decade and fell outside of this range in 2022 at 67%. The 2022 level is an increase from the 2021 level of 58%, which is the lowest level since 1983.

Disapproval of regular heavy alcohol use, as measured by *having four or five drinks nearly every day*, has ranged between 90% and 92% over the past decade, and was at 92% in both 2021 and 2022.

• With regard to abstention, the proportions of 12<sup>th</sup> graders who disapproved of even *trying* one or two drinks of alcohol have varied between 22% and 31% from 1989 to 2022, and was 27% in 2022. A substantial increase took place between 1981 and 1989, when disapproval gradually increased from a survey-low of 16% in 1981. It seems likely that the increased minimum drinking age in many states between 1981 and 1987 contributed to these changes in attitude about abstention, because all subsequent senior classes grew up

under the higher minimum drinking age.<sup>17</sup> If so, this illustrates the considerable capacity of laws to influence informal norms. It also seems likely that the activities of Mothers Against Drunk Driving (MADD), which peaked in 1984, and of the designated driver effort, which occurred mostly from 1989 to 1992, helped to influence these attitudes.<sup>18</sup> While these ad campaigns dealt specifically with drinking and driving, we believe the negative connotations may well have generalized to heavy drinking under any circumstance, and contributed to the appreciable decline in weekend binge drinking.

#### 8th and 10th Grade Students

The lower panels in most of the 'b' figures in this chapter, starting with Figure 8-1b, show trends in disapproval graphically with regard to using each of the individual drugs. Tables 8-4 and 8-5 provide the tabular data for the trends in disapproval by 8<sup>th</sup> and 10<sup>th</sup> graders since 1991 (when the survey first started tracking these grades).

- The proportions of 8<sup>th</sup> and 10<sup>th</sup> graders who disapprove of experimental *marijuana* use were near the lowest levels recorded by the survey in 2022, at 62% and 48% respectively (Figure 8-1b). As with 12<sup>th</sup> grade students, levels of disapproval fell during the 1990s relapse, to lows of 68% and 54% in 1997 among 8<sup>th</sup> and 10<sup>th</sup> graders, respectively. Thereafter disapproval steadily increased for a decade and then steadily declined in the next decade to return to the low levels set in the late 1990s. In all years 8<sup>th</sup> grade students report the highest levels of disapproval, followed by 10<sup>th</sup> graders and then 12<sup>th</sup> graders. Trends in annual marijuana prevalence track inversely with levels of disapproval (that is, use is higher when disapproval is lower), with use levels lowest among 8<sup>th</sup> grade students, higher among 10<sup>th</sup> graders, and highest among 12<sup>th</sup> graders.
- Disapproval of *vaping nicotine* has increased among 8<sup>th</sup> and 10<sup>th</sup> grade students since first tracked in 2017 (Table 8-4 and 8-5). In 8<sup>th</sup> grade the disapproval level in 2022 for occasional use stood at 71%, which was up from 63% in 2017. For regular use the level in 2022 was 78%, up from 70% in 2017.

In 10<sup>th</sup> grade the 2022 disapproval levels for occasional use increased from 59% in 2017 to 68% in 2022. A survey mode effect for occasional use in this grade indicates that responses based on electronic data collection would be about six points higher if assessed with paper-and-pencil questionnaires (compare columns '2019p' and '2019e' in Table 8-5). Adjusting for this survey mode effect would make the increase in this measure over the course of the survey even larger, from 59% in 2017 to an estimated 74% in 2022 (74%=6%+68%). Disapproval of regular nicotine vaping was not subject to survey mode effect and increased from 68% in 2017 to 77% in 2022.

<sup>&</sup>lt;sup>17</sup> O'Malley, P. M. & Wagenaar, A. C. (1991). Effects of minimum drinking age laws on alcohol use, related behaviors, and traffic crash involvement among American youth: 1976–1987. Journal of Studies on Alcohol, 52, 478–491.

<sup>&</sup>lt;sup>18</sup> O'Malley, P. M., & Johnston, L. D. (2013). <u>Driving after drug or alcohol use by American high school seniors</u>, 2001-2011. *American Journal of Public Health*, 102(11), 2027-34. See also O'Malley, P. M., & Johnston, L. D. (1999). <u>Drinking and driving among U.S. high school seniors</u>, 1984–1997. *American Journal of Public Health*, 89, 678-684.

Neither trends in disapproval nor trends in perceived risk of nicotine vaping correspond well with the very large prevalence increases in all grades since 2017. These findings suggest that other factors currently exert a relatively stronger influence on population prevalence. One candidate is the flavors that are currently available to teen vapers, such as mint, fruit, and candy varieties. No other drug we study comes in such flavors, which are very popular among youth. Another candidate is social media, which allows vaping companies to reach youth and shape their behaviors and attitudes in unprecedented ways. Still a third might be modeling by peers, including their being able to use in school without detection.

- Disapproval of both experimental and regular inhalant use in 8<sup>th</sup> grade continued long term declines and in 2022, and were at 65% and 75%, respectively (Table 8-4). Both have been declining since 2007, when disapproval of experimental use was at 84% and disapproval of regular use was at 90%. This decline accelerated after the onset of the pandemic in 2020. Tenth grade shows a similar pattern of long-term declines in disapproval of experimental and regular use since 2007 that accelerated after the pandemic onset.
- The proportions of 8<sup>th</sup> and 10<sup>th</sup> grade students who disapprove of regular *LSD* use have hovered over the past decade between 55% and 60% in 8<sup>th</sup> grade and between 70% and 77% in 10<sup>th</sup> grade (Figure 8-8b and Tables 8-4 and 8-5). Disapproval of *occasional* LSD use changed little in the decade before 2020 or in the years after.
- Disapproval levels of *MDMA* (ecstasy, Molly) use among 8<sup>th</sup> grade students dropped by about 4 points in 2021 and retained these decreases in 2022, when levels were 59% for experimental use and 64% for occasional use (Table 8-4 and Figure 8-10b). These levels had changed little since 2015 (when question was modified to introduce "Molly" as an example street name of the drug) to 2019. In 10<sup>th</sup> grade disapproval followed a similar pattern as in 8<sup>th</sup> grade, with about a seven point drop in 2021 that persisted into 2022. As in 10<sup>th</sup> grade, this drop contrasted with very little variation in the levels from 2015 to 2019.
- The proportions of 8<sup>th</sup> and 10<sup>th</sup> grade students who disapprove of experimental use of *cocaine* has been high throughout the study and has exceeded 82% in every year since 1991, when it was first assessed (Figure 8-2b and Tables 8-4 and 8-5).
- The proportion of 8<sup>th</sup> grade students who disapprove of *weekend binge drinking* held steady at 81% in 2022, where is has hovered since first assessed in 1991 (Figure 8-11b).

In 10<sup>th</sup> grade, the disapproval levels have been between 78% and 81% for the past decade, and was at 78% in 2022. A survey mode effect in 2019 (compared columns '2019p' and '2019e' in Table 8-5) indicates that the 78% level in 2022 would be three points higher at 81% if it were assessed with paper-and-pencil questionnaires.

• Disapproval of *smoking one or more packs of cigarettes per day* has hovered between 85% and 90% for the past two decades in both grades 8 and 10 (Figure 8-12b). In 2022

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<sup>&</sup>lt;sup>19</sup> Leventhal, A.M., Miech, R.A., Barrington-Trimis, J., Johnston, L.D., O'Malley, P. M., Patrick, M.E. (2019). <u>Flavors of e-cigarettes used by youths in the United States</u>. *JAMA*, 322, 2132-2134.

levels were 85% in 8<sup>th</sup> grade and 86% in 10<sup>th</sup> grade. With the exception of a decline in disapproval during the 1990s drug relapse, disapproval of smoking has overall increased throughout the life of the survey. During the long period of increasing disapproval since the mid-1990s, and an even longer period of increase in perceived risk, actual smoking levels fell appreciably. These changes in attitudes may well have been brought about by the Tobacco Master Settlement Agreement of 1998, which resulted in extremely adverse publicity for the tobacco industry, the end of the Joe Camel advertising campaign, a prohibition on billboard advertising of cigarettes, increases in the price of cigarettes, the initiation of antismoking campaigns aimed at youth that continue today. Additional policies that have reduced smoking prevalence include state-level prohibitions on where smoking is allowed, as well as increased efforts at reducing sales to underage youth.

#### TRENDS IN ATTITUDES REGARDING THE LEGALITY OF DRUG USE

At the beginning of the study in 1975, legal restraints on drug use appeared likely to be in a state of flux for some time. Therefore, we decided to measure attitudes about legal sanctions. As it turns out, there have been some dramatic changes in these attitudes as well as in related policies, particularly in recent years. Table 8-7 presents a set of questions on this subject, along with the answers provided by each 12<sup>th</sup> grade class. The set lists a sampling of illicit and licit drugs and asks respondents whether the use of each should be prohibited by law. A distinction was made between use in public and use in private—a distinction that has proven quite important. (These questions have not been asked of 8<sup>th</sup> and 10<sup>th</sup> grade respondents.) The answer alternatives are "no," "yes," and "not sure." This section includes marijuana along with the other illicit drugs, and a subsequent section deals specifically with the legal status of marijuana.

In what follows we present trends in attitudes on legality of drug use up to 2022. In our interpretation of the trends below we consider the possibility that a survey mode effect may have influenced the estimates in 2019 and later. In addition, in 2022 another change that may have affected the estimates is that the question text changed to asking about legality of drug use for adults 21 and over, while in previous year the question asked about legality of use for adults age 18 and over.

• Support for laws prohibiting consumption of *marijuana* in private has been in substantial decline since 1990 and has fallen by nearly three fourths from a high of 56% (in 1990) to 15% in 2022. The decline is consistent with the increasing acceptability of marijuana use, which both drives and is driven by the legalization of recreational marijuana use in U.S. states. The two point decline from 2021 to 2022 is consistent with the long-term decline in this measure, and likely not an artifact of the change in question wording that changed the reference group to adults age 21+ from adults age 18+.

This trend in marijuana legality is almost a mirror image of the pattern before 1990, when the proportion who believed private marijuana use should be prohibited more than doubled, from 25% in 1978 to its level of 56% in 1990—also a dramatic shift.

The trend for prohibition of marijuana use in *public* follows very closely the same overall pattern seen for private use, with support for prohibition of public use running about 20 to

30 percentage points higher than support for use in private in every year. In 2022 it was 39%.

• The proportions of 12<sup>th</sup> grade students agreeing that use of *LSD* and *amphetamines* should be prohibited by law in private and in public continued their ongoing declines in 2021 and 2022 (Table 8-7).

Estimates in 2022 appear to have been lowered somewhat by a change in the question text. In 2022 the question asked about use of substances among people age 21 and over, while in all previous years the question asked about people age 18 and over. This change would be expected to lower disapproval levels because it removes from consideration young adults not legally allowed to drink alcohol, an age group that some may believe should not be allowed to use other substances as well. The large drops from 2021 to 2022 in the percentage of 12<sup>th</sup> grade students who favored prohibiting LSD and amphetamine use, both for private use and also for public use, likely reflects, in part, an artifact stemming from this change in the question text.

- The percentage of 12<sup>th</sup> grade students who favor prohibiting use of *heroin* remained high in 2022 at 65% for private use and 75% for public use (Table 8-7). Levels were similar in 2019 and 2021, indicating little to no survey mode effect as a result of the switch to a webbased questionnaire in 2021. Levels were also similar in 2021 and 2022, when the question asked about use among people age 21+, which was a switch from all previous years when the question asked about people age 18+. Lack of large changes from 2021 to 2022 suggests that students who favor prohibiting heroin use favor prohibitions for all people in this age range regardless of age.
- The proportion of 12<sup>th</sup> graders who said *smoking cigarettes* "in certain specified public places" should be prohibited by law was 31% in 2022 (Table 8-7). The four point decline to 31% from 35% in 2021 is consistent with and continues an overall downward trend since 2017, suggesting that the change in reference population to age 21+ in 2022 (from 18+ in previous years) did not have a large impact on estimates. A survey mode effect in 2019 (compared columns '2019p' and '2019e' in Table 8-7) indicates that 2021 and 2022 estimates would be about eight points lower if they had been assessed using paper-and-pencil questionnaires.
- The percentage of 12<sup>th</sup> grade students who favored prohibitions of *drunkenness* in public hovered at about 40% from 2018 to 2022 (Table 8-7).

The percentage who favored prohibitions against private drunkenness has fluctuated within a narrow window of 14% to 24% over the course of the survey, and was at 15% in 2022.

#### THE LEGAL STATUS OF MARIJUANA

In what follows we present trends in attitudes on legality of marijuana use up to 2022. These questions were asked only of 12<sup>th</sup> grade students.

- In 2022 a majority of 12<sup>th</sup> graders favored *legalization* of marijuana (Table 8-8). Support for legalization has been steadily and rapidly increasing since 2008, when it was near 30%. Prior to 2008, support followed a U-shape curve, in which support levels near 30% were present at the beginning of the survey, in 1975, then dipped by half to a nadir of 15% in 1986–1988, only to redouble and return to around 30% by 1995, where it hovered for a decade before rising to a majority for the first time in 2019. The percentage support was 51% in 2019, 2021, and also 2022. This consistency indicates that a change in question text in 2022 did not result in a major shift in prevalence in 2022, when students were asked "do you favor" instead of the wording "would you favor" that was used in all previous years.
- The proportion of 12<sup>th</sup> grade students who favor treating *marijuana use as a crime* was at the lowest level ever recorded by the survey up to 2022 (7%), and its trend is a mirror image of the pattern seen for support of marijuana legalization. Back around 1990 as many as 50% thought its use should be a crime. Support has dropped by 1% to 2% in every year since 2012. The same levels of 7% in 2021 and 2022 suggest no major changes resulted from the change in question text in 2022, when students were asked "do you favor" instead of the wording "would you favor" that was used in all previous years.
- Given higher levels of support for legalization among adults, <sup>20</sup> tolerance for legalization appears to increase after the high school years.

Past <u>editions</u> of this monograph reported trends in 12<sup>th</sup> grade responses to the question "If it were legal for people to USE marijuana, should it also be legal to SELL marijuana?" and also a question on whether students would be more inclined to use marijuana if it were legalized. These questions were discontinued in 2022.

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<sup>&</sup>lt;sup>20</sup> Daniller (2019, November 14) Two-Thirds of American Support Marijuana Legalization. Washington, DC: Pew Research Center

TABLE 8-1
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>8th Graders</u>

How much do you think people risk harming							Pe	ercentag	e saying	great ris	K <sup>a</sup>							
themselves (physically or in other ways), if																		•
they	<u>1991</u>	1992	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	2007	
Use marijuana once or twice b	40.4	39.1	36.2	31.6	28.9	27.9	25.3	28.1	28.0	29.0	27.7	28.2	30.2	31.9	31.4	32.2	32.8	
Use marijuana occasionally <sup>b</sup>	57.9	56.3	53.8	48.6	45.9	44.3	43.1	45.0	45.7	47.4	46.3	46.0	48.6	50.5	48.9	48.9	50.2	
Use marijuana regularly <sup>b</sup>	83.8	82.0	79.6	74.3	73.0	70.9	72.7	73.0	73.3	74.8	72.2	71.7	74.2	76.2	73.9	73.2	74.3	
Try synthetic marijuana once or twice °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take synthetic marijuana occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try inhalants once or twice <sup>d</sup>	35.9	37.0	36.5	37.9	36.4	40.8	40.1	38.9	40.8	41.2	45.6	42.8	40.3	38.7	37.5	35.8	35.9	
Take inhalants regularly <sup>d</sup>	65.6	64.4	64.6	65.5	64.8	68.2	68.7	67.2	68.8	69.9	71.6	69.9	67.4	66.4	64.1	62.1	61.9	
Take LSD once or twice <sup>e</sup>	_	_	42.1	38.3	36.7	36.5	37.0	34.9	34.1	34.0	31.6	29.6	27.9	26.8	25.8	23.8	22.8	
Take LSD regularly <sup>e</sup>	_	_	68.3	65.8	64.4	63.6	64.1	59.6	58.8	57.5	52.9	49.3	48.2	45.2	44.0	40.0	38.5	
Try ecstasy (MDMA, Molly) once or twice <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	35.8	38.9	41.9	42.5	40.0	32.8	30.4	
Take ecstasy (MDMA, Molly) occasionally <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	55.5	61.8	65.8	65.1	60.8	52.0	48.6	
Try salvia once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	Table
Take salvia occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	on nex
Try crack once or twice d	62.8	61.2	57.2	54.4	50.8	51.0	49.9	49.3	48.7	48.5	48.6	47.4	48.7	49.0	49.6	47.6	47.3	
Take crack occasionally <sup>d</sup>	82.2	79.6	76.8	74.4	72.1	71.6	71.2	70.6	70.6	70.1	70.0	69.7	70.3	70.4	69.4	68.7	68.3	
Try cocaine once or twice d,o	55.5	54.1	50.7	48.4	44.9	45.2	45.0	44.0	43.3	43.3	43.9	43.2	43.7	44.4	44.2	43.5	43.5	
Take cocaine occasionally d,o	77.0	74.3	71.8	69.1	66.4	65.7	65.8	65.2	65.4	65.5	65.8	64.9	65.8	66.0	65.3	64.0	64.2	
Try heroin once or twice without using																		
a needle <sup>e</sup>	_	_	_	_	60.1	61.3	63.0	62.8	63.0	62.0	61.1	62.6	62.7	61.6	61.4	60.4	60.3	
Take heroin occasionally without using																		
a needle <sup>e</sup>	_	_	_	_	76.8	76.6	79.2	79.0	78.9	78.6	78.5	78.5	77.8	77.5	76.8	75.3	76.4	
Try OxyContin once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take OxyContin occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try Vicodin once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take Vicodin occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try Adderall once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take Adderall occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	

TABLE 8-1 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>8th Graders</u>

How much do you think people risk harming							Pe	ercentag	e saying	great ris	k <sup>a</sup>							
themselves (physically or in other ways), if they	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	<u>2002</u>	<u>2003</u>	2004	<u>2005</u>	<u>2006</u>	<u>2007</u>	
Try bath salts (synthetic stimulants) once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take bath salts (synthetic stimulants) occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try cough/cold medicine once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take cough/cold medicine occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try one or two drinks of an alcoholic beverage (beer, wine, liquor) b	11.0	12.1	12.4	11.6	11.6	11.8	10.4	12.1	11.6	11.9	12.2	12.5	12.6	13.7	13.9	14.2	14.9	
Take one or two drinks nearly every day <sup>b</sup>	31.8	32.4	32.6	29.9	30.5	28.6	29.1	30.3	29.7	30.4	30.0	29.6	29.9	31.0	31.4	31.3	32.6	
Have five or more drinks once or twice each weekend <sup>b</sup>	59.1	58.0	57.7	54.7	54.1	51.8	55.6	56.0	55.3	55.9	56.1	56.4	56.5	56.9	57.2	56.4	57.9	
Smoke one to five cigarettes per day c	_	_	_	_	_	_	_	_	26.9	28.9	30.5	32.8	33.4	37.0	37.5	37.0	38.6	Table continued
Smoke one or more packs of cigarettes																		on next page.
per day <sup>g</sup>	51.6	50.8	52.7	50.8	49.8	50.4	52.6	54.3	54.8	58.8	57.1	57.5	57.7	62.4	61.5	59.4	61.1	
Use electronic cigarettes (e-cigarettes) regularly <sup>h</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape marijuana occasionally <sup>m</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape marijuana regularly <sup>m</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape an e-liquid with nicotine occasionally c,j	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape an e-liquid with nicotine regularly <sup>c,j</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use JUUL occasionally k	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use JUUL regularly k	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Smoke little cigars or cigarillos regularly <sup>c</sup>		_	_	_		_	_	_	_		_	_	_	_		_	_	
Use smokeless tobacco regularly	35.1	35.1	36.9	35.5	33.5	34.0	35.2	36.5	37.1	39.0	38.2	39.4	39.7	41.3	40.8	39.5	41.8	
Take dissolvable tobacco regularly <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take snus regularly <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take steroids <sup>i</sup>	64.2	69.5	70.2	67.6	_	_	_	_	_	_	_	_	_	_	_	_	_	
Approximate weighted N =	17,400	18,700	18,400	17,400	17,500	17,900	18,800	18,100	16,700	16,700	16,200	15,100	16,500	17,000	16,800	16,500	16,100	

TABLE 8-1 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>8th Graders</u>

How much do you think people risk harming							Perce	ntage sa	ying grea	at risk <sup>a</sup>								
themselves (physically or in other ways), if																	2021-2022	
they	2008	2009	<u>2010</u>	<u>2011</u>	2012	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>l</sup>	<u>2019e<sup>l</sup></u>	<u>2020</u>	2021 n	2022	<u>change</u>	
Use marijuana once or twice b	31.1	29.5	29.5	28.2	26.0	24.1	23.0	23.0	22.8	22.0	20.3	19.6	22.2	§	18.8*	20.6	+1.8	
Use marijuana occasionally <sup>b</sup>	48.1	44.8	44.1	43.4	41.7	37.2	36.7	36.8	36.8	34.0	32.1	28.8	31.9	§	28.2*	31.1	+2.9	
Use marijuana regularly <sup>b</sup>	72.0	69.8	68.0	68.3	66.9	61.0	58.9	58.0	57.5	54.8	52.9	51.4	53.1	§	51.6*	53.6	+2.1	
Try synthetic marijuana once or twice <sup>c</sup>	_	_	_	_	24.4	24.2	23.9	26.0	27.5	23.0	22.2	20.4	26.5	§	24.2*	23.0	-1.2	
Take synthetic marijuana occasionally <sup>c</sup>	_	_	_	_	36.8	36.2	32.4	33.5	35.4	30.4	28.8	28.5	31.1	§	31.4*	28.6	-2.8	
Try inhalants once or twice d	33.9	34.1	35.5	34.7	34.2	33.7	34.5	33.7	32.0	31.5	29.6	27.9	25.4	§	18.2*	20.0	+1.8	
Take inhalants regularly <sup>d</sup>	59.2	58.1	60.6	59.0	59.0	56.7	55.3	54.1	52.1	50.0	46.8	45.5	43.1	§	37.1*	37.1	0.0	
Take LSD once or twice <sup>e</sup>	21.9	21.4	23.6	21.7	19.9	19.6	20.0	22.2	22.6	23.1	20.8	21.8	22.7	§	16.1*	17.9	+1.8	
Take LSD regularly <sup>e</sup>	36.9	37.0	38.6	37.8	35.0	34.5	33.7	37.0	36.8	37.9	36.4	38.1	40.0	§	36.7*	35.9	-0.8	
Try ecstasy (MDMA, Molly) once or twice <sup>f</sup>	28.6	26.0	27.0	25.4	23.6	24.1‡	46.1	45.5	42.5	43.3	41.9	39.0	42.7	§	33.2*	36.2	+3.0	
Take ecstasy (MDMA, Molly) occasionally <sup>f</sup>	46.8	43.9	45.0	43.7	41.0	42.1‡	59.7	58.5	54.0	54.6	53.6	50.2	53.7	§	48.0*	48.7	+0.6	
Try salvia once or twice <sup>c</sup>	_	_	_	_	9.5	8.5	_	_	_	_	_	_	_	_	_	_	_	Table continued
Take salvia occasionally <sup>c</sup>	_	_		_	16.1	14.6	_		_	_	_	_	_	_		_	_	on next page.
Try crack once or twice <sup>d</sup>	47.1	46.6	49.6	48.1	47.0	47.1	48.3	49.6	48.9	49.3	47.7	49.1	47.2	_	_	_	_	
Take crack occasionally <sup>d</sup>	67.9	66.6	68.4	67.7	67.8	66.5	65.5	65.7	65.7	66.9	65.3	64.7	64.5	_	_	_	_	
Try cocaine once or twice d,o	42.7	42.3	45.7	43.3	42.8	43.5	43.9	44.3	44.3	44.5	42.6	43.4‡	52.7‡	§	43.8*	46.0	+2.2	
Take cocaine occasionally do	62.7	62.3	64.2	63.5	63.3	62.7	61.8	61.6	62.4	62.7	61.0	60.8‡	63.8‡	§	63.9*	59.5	-4.4 sss	
Try heroin once or twice without using																		
a needle <sup>e</sup>	60.8	60.0	62.3	61.7	59.1	59.8	60.9	61.4	59.2	62.9	59.5	59.0	61.0	§	53.4*	53.8	+0.4	
Take heroin occasionally without using																		
a needle <sup>e</sup>	75.5	74.0	76.7	75.9	75.1	73.4	73.2	72.7	70.3	74.7	72.1	69.1	70.5	§	67.8*	66.6	-1.3	
Try OxyContin once or twice <sup>c</sup>	_	_	_	_	21.9	19.9	22.1	20.2	21.3	21.0	20.8	19.2	22.4	§	17.7*	17.2	-0.5	
Take OxyContin occasionally <sup>c</sup>	_	_		_	35.3	32.6	34.4	32.5	33.5	32.6	32.5	31.0	35.5	§	29.6*	29.1	-0.5	
Try Vicodin once or twice <sup>c</sup>	_	_	_	_	17.5	15.0	18.4	16.9	18.3	17.1	16.1	16.0	21.8	§	18.0*	18.3	+0.3	
Take Vicodin occasionally <sup>c</sup>	_	_	_	_	29.4	26.2	28.2	26.7	28.8	26.7	25.9	25.3	30.6	§	23.9*	22.9	-1.0	
Try Adderall once or twice <sup>c</sup>	_	_	_	_	17.6	16.5	20.7	19.2	21.4	20.4	20.1	20.6	24.7	§	20.9*	20.5	-0.5	
Take Adderall occasionally <sup>c</sup>	_				29.9	28.3	32.5	32.0	35.9	33.8	34.0	35.2	32.0	§	30.0*	28.1	-1.9	

TABLE 8-1 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>8th Graders</u>

How much do you think people risk harming							Pe	ercentag	e saying	great ris	k <sup>a</sup>							
themselves (physically or in other ways), if they	2008	2009	<u>2010</u>	<u>2011</u>	2012	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>l</sup>	<u>2019e<sup>l</sup></u>	2020	2021 <sup>n</sup>	2022	2021-2022 <u>change</u>	
Try bath salts (synthetic stimulants) once or twice <sup>c</sup>	_	_	_	_	24.9	39.3	36.8	33.9	31.8	32.0	30.1	_	_	_	_	_	_	
Take bath salts (synthetic stimulants) occasionally $^{\circ}$	_	_	_	_	38.8	51.9	49.1	45.5	42.5	43.1	41.2	_	_	_	_	_	_	
Try cough/cold medicine once or twice <sup>c</sup> Take cough/cold medicine occasionally <sup>c</sup>	_	_	_	_	21.2 38.8	20.1 37.3	22.9 37.9	20.9 37.3	23.5 38.6	21.2 35.2	19.5 34.5	20.7 37.8	26.8 36.8	§ §	22.8* 34.1*	24.5 33.7	+1.7 -0.3	
Try one or two drinks of an alcoholic beverage (beer, wine, liquor) b	13.5	14.4	14.9	14.5	13.9	13.7	14.8	15.3	14.7	14.2	13.6	13.4	15.6	§	10.1*	12.1	+2.0	
Take one or two drinks nearly every day b	31.5	31.5	32.3	31.8	31.4	30.6	31.0	30.9	30.7	30.0	28.7	26.9	33.2	§	27.2*	29.5	+2.3	
Have five or more drinks once or twice each weekend <sup>b</sup>	57.0	55.8	57.2	58.4	58.2	55.7	54.3	53.9	53.4	53.7	52.3	50.7	55.6	§	51.8*	51.9	+0.2	
Smoke one to five cigarettes per day <sup>c</sup> Smoke one or more packs of cigarettes	38.6	38.6	38.2	37.4	40.4	42.8	41.9	41.7	43.2	41.9	40.8	39.8	38.8	§	39.5*	35.5	-4.1	Table continued on next page.
per day <sup>g</sup>	59.8	59.1	60.9	62.5	62.6	62.4	62.1	63.0	61.2	62.1	61.3	63.3	65.6	§	64.0*	61.9	-2.0	en nem pager
Use electronic cigarettes (e-cigarettes) regularly <sup>h</sup>	_	_	_	_	_	_	14.5	18.5	21.3	20.3	22.1	_	_	_	_	_	_	
Vape marijuana occasionally <sup>m</sup> Vape marijuana regularly <sup>m</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	§ §	33.8* 52.7*	36.2 53.0	+2.4 +0.3	
Vape an e-liquid with nicotine occasionally c, j	_	_	_	_	_	_	_	_	_	18.3	16.9	21.7	21.3	§	23.2*	24.1	+0.8	
Vape an e-liquid with nicotine regularly c, j  Use JUUL occasionally k	_	_	_	_	_	_	_	_	_	32.7	32.4	40.2 22.6	43.6 23.0	§ §	55.1* 27.1*	53.2	-1.9 —	
Use JUUL regularly k	_	_	_	_	_	_	_	_	_	_	_	36.2	37.9	§	48.8*	_	_	
Smoke little cigars or cigarillos regularly <sup>c</sup> Use smokeless tobacco regularly	— 41.0	— 40.8	— 41.8	40.8	— 37.8	36.2	28.8 34.5	31.0 36.6	32.5 35.1	30.8 34.8	30.5 34.3	35.9 37.1	37.2 40.9	§ §	42.8* 37.6*	31.6 36.5	-11.2 sss	
Take dissolvable tobacco regularly °	<del>-</del>	-	—	-	34.8	32.2	33.5	33.0	34.3	31.9	31.3	32.0	37.4	§	36.7*	34.0	-2.7	
Take snus regularly <sup>c</sup> Take steroids <sup>i</sup>	_	_	_	_	42.2	38.9	38.3	37.7	37.9	36.4	34.2	36.0	38.3	§	36.4*	33.7	-2.6	
Approximate weighted N =	15,700	15,000	15,300	16,000	15,100	14,600	14,600	14,400	16,900	15,300	14,000	6,800	6,800	§	10,700	9,300	_	1

#### TABLE 8-1 (cont.)

## Trends in **Harmfulness** of Drugs as Perceived by 8th Graders

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. ' — ' indicates data not available. Any apparent inconsistency between

the change estimate and the prevalence estimates for the two most recent years is due to rounding. "‡' indicates that the question changed the following year.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between

the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires

(used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>Answer alternatives were: (1) No risk, (2) Slight risk, (3) Moderate risk, (4) Great risk, and (5) Can't say, drug unfamiliar.

<sup>b</sup>Beginning in 2012 data based on two thirds of *N* indicated.

<sup>c</sup>Data based on one third of N indicated.

<sup>d</sup>Beginning in 1997, data based on two thirds of N indicated.

Data based on one of two forms in 1993–1996; N is one half of N indicated. Beginning in 1997, data based on one third of N indicated due to changes in questionnaire forms.

<sup>f</sup> Beginning in 2014 data are based on the revised question which included "Molly," *N* is one third of *N* indicated in 2014 and two thirds of *N* indicated in 2015. 2014 and 2015 data are not comparable to earlier years due to the revision of the question text.

<sup>9</sup>Beginning in 1999, data based on two thirds of N indicated due to changes in questionnaire forms.

<sup>h</sup>E-cigarette data based on two thirds of *N* indicated. Little cigars or cigarillos data based on one third *N* indicated.

Data based on two forms in 1991 and 1992. Data based on one of two forms in 1993 and 1994; N is one half of N indicated.

<sup>1</sup> Percentages for all years reported here include respondents who replied "can't say, drug unfamiliar" in the denominator. The percentage for 2017 published in late 2017 and early

2018 did not include these respondents in the denominator.

<sup>k</sup>Data based on two thirds of N indicated.

The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

<sup>m</sup>Data based on one half of N indicated.

<sup>n</sup>Sample is decreased by as much as 50% for the following drugs due to survey question experiments: alcohol, inhalants, heroin, LSD, OxyContin, Vicodin, and cough/cold medicine.

<sup>o</sup>In 2019 and previous years the survey question asked about 'cocaine powder' and in 2020 forward it asked about 'cocaine'.

TABLE 8-2
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>10th Graders</u>

How much do you think people risk harming							Pe	ercentage	e saying	great risl	ζ <sup>a</sup>							_
themselves (physically or in other ways), if	400:	4005			1005													
they	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	<u>2002</u>	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	
Use marijuana once or twice <sup>b</sup>	30.0	31.9	29.7	24.4	21.5	20.0	18.8	19.6	19.2	18.5	17.9	19.9	21.1	22.0	22.3	22.2	22.2	
Use marijuana occasionally <sup>b</sup>	48.6	48.9	46.1	38.9	35.4	32.8	31.9	32.5	33.5	32.4	31.2	32.0	34.9	36.2	36.6	35.6	36.0	
Use marijuana regularly <sup>b</sup>	82.1	81.1	78.5	71.3	67.9	65.9	65.9	65.8	65.9	64.7	62.8	60.8	63.9	65.6	65.5	64.9	64.5	
Try synthetic marijuana once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take synthetic marijuana occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try inhalants once or twice d	37.8	38.7	40.9	42.7	41.6	47.2	47.5	45.8	48.2	46.6	49.9	48.7	47.7	46.7	45.7	43.9	43.0	
Take inhalants regularly <sup>d</sup>	69.8	67.9	69.6	71.5	71.8	75.8	74.5	73.3	76.3	75.0	76.4	73.4	72.2	73.0	71.2	70.2	68.6	
Take LSD once or twice <sup>e</sup>	_	_	48.7	46.5	44.7	45.1	44.5	43.5	45.0	43.0	41.3	40.1	40.8	40.6	40.3	38.8	35.4	
Take LSD regularly <sup>e</sup>	_	_	78.9	75.9	75.5	75.3	73.8	72.3	73.9	72.0	68.8	64.9	63.0	63.1	60.8	60.7	56.8	
Try ecstasy (MDMA, Molly)) once or twice f	_	_	_	_	_	_	_	_	_	_	39.4	43.5	49.7	52.0	51.4	48.4	45.3	
Take ecstasy (MDMA, Molly) occasionally <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	64.8	67.3	71.7	74.6	72.8	71.3	68.2	
Try salvia once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	Table continue
Take salvia occasionally <sup>c</sup>	_		_	_	_			_	_	_			_			_	_	on next page.
Try crack once or twice <sup>d</sup>	70.4	69.6	66.6	64.7	60.9	60.9	59.2	58.0	57.8	56.1	57.1	57.4	57.6	56.7	57.0	56.6	56.4	
Take crack occasionally <sup>d</sup>	87.4	86.4	84.4	83.1	81.2	80.3	78.7	77.5	79.1	76.9	77.3	75.7	76.4	76.7	76.9	76.2	76.0	
Try cocaine once or twice d,o	59.1	59.2	57.5	56.4	53.5	53.6	52.2	50.9	51.6	48.8	50.6	51.3	51.8	50.7	51.3	50.2	49.5	
Take cocaine occasionally d,o	82.2	80.1	79.1	77.8	75.6	75.0	73.9	71.8	73.6	70.9	72.3	71.0	71.4	72.2	72.4	71.3	70.9	
Try heroin once or twice without using																		
a needle <sup>e</sup>	_	_	_	_	70.7	72.1	73.1	71.7	73.7	71.7	72.0	72.2	70.6	72.0	72.4	70.0	70.5	
Take heroin occasionally without using																		
a needle <sup>e</sup>	_	_	_	_	85.1	85.8	86.5	84.9	86.5	85.2	85.4	83.4	83.5	85.4	85.2	83.6	84.2	
Try OxyContin once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take OxyContin occasionally <sup>c</sup>	_	_		_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try Vicodin once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take Vicodin occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try Adderall once or twice <sup>c</sup>	_		_	_	_	_		_					_	_	_	_	_	
Take Adderall occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_		_	

# TABLE 8-2 (cont.) Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>10th Graders</u>

How much do you think people risk harming							Percer	ntage sa	ying grea	ıt risk <sup>a</sup>								
themselves (physically or in other ways), if they	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	<u>2002</u>	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	
Try bath salts (synthetic stimulants) once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take bath salts (synthetic stimulants) occasionally $^{\circ}$	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try cough/cold medicine once or twice c	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take cough/cold medicine occasionally <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try one or two drinks of an alcoholic beverage (beer, wine, liquor) b	9.0	10.1	10.9	9.4	9.3	8.9	9.0	10.1	10.5	9.6	9.8	11.5	11.5	10.8	11.5	11.1	11.6	
Take one or two drinks nearly every day <sup>b</sup>	36.1	36.8	35.9	32.5	31.7	31.2	31.8	31.9	32.9	32.3	31.5	31.0	30.9	31.3	32.6	31.7	33.3	
Have five or more drinks once or twice each weekend "	54.7	55.9	54.9	52.9	52.0	50.9	51.8	52.5	51.9	51.0	50.7	51.7	51.6	51.7	53.3	52.4	54.1	
Smoke one to five cigarettes per day <sup>c</sup>	_	_	_	_	_	_	_	_	28.4	30.2	32.4	35.1	38.1	39.7	41.0	41.3	41.7	Table continued
Smoke one or more packs of cigarettes per day <sup>g</sup>	60.3	59.3	60.7	59.0	57.0	57.9	59.9	61.9	62.7	65.9	64.7	64.3	65.7	68.4	68.1	67.7	68.2	on next page.
Use electronic cigarettes (e-cigarettes) regularly <sup>h</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape marijuana occasionally <sup>m</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape marijuana regularly <sup>m</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape an e-liquid with nicotine occasionally c,j	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape an e-liquid with nicotine regularly <sup>c,j</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use JUUL occasionally k	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use JUUL regularly k	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Smoke little cigars or cigarillos regularly <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use smokeless tobacco regularly	40.3	39.6	44.2	42.2	38.2	41.0	42.2	42.8	44.2	46.7	46.2	46.9	48.0	47.8	46.1	45.9	46.7	
Take dissolvable tobacco regularly <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take snus regularly °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take steroids <sup>i</sup>	67.1	72.7	73.4	72.5	_	_	_	_	_	_	_	_	_	_	_	_	_	
Approximate weighted N =	14,700	14,800	15,300	15,900	17,000	15,700	15,600	15,000	13,600	14,300	14,000	14,300	15,800	16,400	16,200	16,200	16,100	

TABLE 8-2 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>10th Graders</u>

How much do you think people risk harming							Perce	ntage sa	ying grea	ıt risk <sup>a</sup>								
themselves (physically or in other ways), if																2021-	2022	
they	2008	2009	<u>2010</u>	<u>2011</u>	2012	2013	<u>2014</u>	<u>2015</u>	<u>2016</u>	2017	<u>2018</u>	2019p <sup>l</sup>	<u>2019e<sup>l</sup></u>	2020	2021 n	2022	change	
Use marijuana once or twice b	23.1	20.5	19.9	19.3	17.2	15.7	15.2	15.8	16.4	14.8	13.9	14.1	15.2	§	16.9*	16.8	-0.2	
Use marijuana occasionally <sup>b</sup>	37.0	32.9	30.9	30.1	26.8	25.1	23.9	24.7	24.4	21.9	21.4	20.6	21.0	§	22.6*	23.4	+0.8	
Use marijuana regularly <sup>b</sup>	64.8	59.5	57.2	55.2	50.9	46.5	45.4	43.2	44.0	40.6	38.1	39.5	39.6	§	41.0*	42.2	+1.2	
Try synthetic marijuana once or twice <sup>c</sup>	_	_	_	_	24.6	24.1	25.0	26.3	26.8	25.1	24.3	22.4	30.2	§	24.7*	26.1	+1.4	
Take synthetic marijuana occasionally <sup>c</sup>	_	_	_	_	34.9	32.8	30.7	31.7	31.8	29.2	28.8	27.2	32.5	§	28.3*	29.0	+0.7	
Try inhalants once or twice <sup>d</sup>	41.2	42.0	42.5	42.4	42.4	43.0	43.1	43.1	40.7	37.9	38.6	39.7	36.1	§	30.4*	27.6	-2.8	
Take inhalants regularly <sup>d</sup>	66.8	66.8	67.1	66.2	66.1	65.9	64.7	63.1	59.7	57.7	57.6	57.5	55.0	§	52.3*	47.1	-5.2 sss	
Take LSD once or twice <sup>e</sup>	34.6	34.9	33.9	34.2	34.7	34.7	34.5	36.4	34.4	31.6	33.8	32.9	33.3	§	27.6*	26.6	-1.1	
Take LSD regularly <sup>e</sup>	55.7	56.7	56.1	54.9	56.4	55.9	54.8	58.3	55.2	53.0	54.1	52.4	57.8	§	55.2*	51.5	-3.7	
Try ecstasy (MDMA, Molly)) once or twice <sup>f</sup>	43.2	38.9	36.3	37.2	36.2	36.0‡	53.2	54.8	54.2	55.4	54.5	53.0	58.3	§	53.0*	47.8	-5.1 s	
Take ecstasy (MDMA, Molly) occasionally <sup>f</sup>	66.4	62.1	59.2	60.8	59.8	58.6‡	69.0	70.1	69.3	68.6	67.6	66.1	67.4	§	66.5*	59.8	-6.7 ss	
Try salvia once or twice <sup>c</sup>	_	_	_	_	12.2	10.7	_	_	_	_	_	_	_	_	_	_	_	Table continued
Take salvia occasionally <sup>c</sup>	_		_	_	20.3	17.1	_			_	_	_	_	_	_	_	_	on next page.
Try crack once or twice d	56.5	57.7	58.1	59.5	59.0	60.2	61.4	62.5	61.3	60.7	60.4	62.5	61.9	_	_	_	_	
Take crack occasionally <sup>d</sup>	76.5	75.9	76.2	76.5	76.7	77.8	76.4	77.5	75.2	75.1	75.0	76.0	75.2	_	_	_	_	
Try cocaine once or twice d,o	49.8	50.8	52.9	53.0	53.4	54.5	54.1	54.8	54.6	52.5	52.6	53.7‡	62.3‡	§	55.3*	56.7	+1.4	
Take cocaine occasionally d,o	71.1	71.0	72.2	72.0	72.6	72.8	71.7	72.6	70.9	70.4	70.2	71.0‡	72.9‡	§	74.0*	70.2	-3.8 ss	
Try heroin once or twice without using																		
a needle <sup>e</sup>	70.8	72.2	73.0	72.9	72.6	73.2	72.6	74.1	73.3	72.2	71.4	73.6	75.6	§	73.2*	66.1	-7.1 ss	
Take heroin occasionally without using																		
a needle <sup>e</sup>	83.1	83.3	84.8	83.4	84.4	84.0	82.5	83.3	82.2	81.4	81.0	82.6	81.8	§	81.8*	77.0	-4.8 s	
Try OxyContin once or twice °	_	_	_	_	30.9	29.4	29.7	29.9	28.7	27.8	29.6	25.0	31.4	§	27.6*	29.7	+2.1	
Take OxyContin occasionally <sup>c</sup>	_	_	_	_	48.3	44.7	44.4	43.7	41.4	41.3	43.9	41.5	45.8	§	41.3*	43.5	+2.2	
Try Vicodin once or twice <sup>c</sup>	_	_	_	_	23.2	21.0	22.5	24.1	21.8	22.1	23.2	19.7	28.2	§	26.1*	27.5	+1.4	
Take Vicodin occasionally <sup>c</sup>	_	_	_	_	40.3	36.0	36.4	35.4	32.6	32.0	34.8	30.5	38.6	§	32.6*	35.2	+2.6	
Try Adderall once or twice <sup>c</sup>	_	_	_	_	19.7	17.6	22.2	22.9	22.5	21.6	23.2	22.3	29.4	§	25.9*	28.5	+2.6	
Take Adderall occasionally <sup>c</sup>	_	_	_	_	34.3	30.5	37.0	37.0	35.8	36.4	39.8	39.1	38.8	§	38.1*	37.6	-0.4	

TABLE 8-2 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>10th Graders</u>

How much do you think people risk harming							Percei	ntage sa	ying grea	t risk <sup>a</sup>								
themselves (physically or in other ways), if they	2008	2009	2010	<u>2011</u>	<u>2012</u>	2013	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>l</sup>	<u>2019e<sup>l</sup></u>	<u>2020</u>	2021 <sup>n</sup>	2022	2021-2022 <u>change</u>	
Try bath salts (synthetic stimulants) once or twice <sup>c</sup>	_	_	_	_	32.3	50.1	49.6	49.1	42.7	42.5	41.1	_	_	_	_	_	_	
Take bath salts (synthetic stimulants) occasionally °	_	_	_	_	44.9	61.8	61.1	60.4	53.0	51.5	51.4	_	_	_	_	_	_	
Try cough/cold medicine once or twice <sup>c</sup> Take cough/cold medicine occasionally <sup>c</sup>	_	_	_	_	23.6 40.4	21.6 37.3	22.9 38.3	24.0 38.2	24.0 37.6	21.8 36.4	22.1 37.2	22.3 37.9	31.1 39.3	§ §	27.9* 37.0*	29.3 38.7	+1.4 +1.7	
Try one or two drinks of an alcoholic beverage (beer, wine, liquor) b	12.6	11.9	11.9	12.3	11.3	11.3	11.6	12.4	13.3	12.5	13.0	13.6	13.4	§	13.2*	12.2	-1.0	
Take one or two drinks nearly every day b	35.0	33.8	33.1	32.9	31.8	30.6	31.3	31.2	32.2	30.9	30.3	31.0	33.7	§	34.7*	31.4	-3.3	
Have five or more drinks once or twice each weekend <sup>b</sup>	56.6	54.2	54.6	55.5	52.8	52.3	54.0	54.5	54.5	52.0	51.8	52.6	53.3	§	54.2*	51.4	-2.8	
Smoke one to five cigarettes per day <sup>c</sup> Smoke one or more packs of cigarettes	43.5	42.8	41.4	44.8	49.1	47.7	52.0	52.9	53.0	50.0	49.9	50.0	47.7	§	45.8*	45.7	-0.1	Table continued on next page.
per day <sup>g</sup>	69.1	67.3	67.2	69.8	71.6	70.8	72.0	72.9	71.5	69.8	69.6	73.2	72.8	§	72.7*	71.0	-1.7	
Use electronic cigarettes (e-cigarettes) regularly <sup>h</sup>	_	_	_	_	_	_	14.1	17.0	19.1	19.4	22.8	_	_	_	_	_	_	
Vape marijuana occasionally <sup>m</sup> Vape marijuana regularly <sup>m</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	§ §	28.7* 42.9*	30.0 43.1	+1.3 +0.2	
Vape an e-liquid with nicotine occasionally <sup>c,j</sup>	_	_	_	_	_	_	_	_	_	17.0	17.9	22.7	18.4	§	22.8*	22.7	-0.1	
Vape an e-liquid with nicotine regularly <sup>c,j</sup> Use JUUL occasionally <sup>k</sup>	_	_	_	_	_	_	_	_	_	30.0	31.3	40.7 22.8	39.2 22.0	§ §	52.6* 27.4*	51.5 —	-1.1 —	
Use JUUL regularly <sup>k</sup>	_	_	_	_	_	_	_	_	_	_	_	35.6	36.5	§	49.2*	_	_	
Smoke little cigars or cigarillos regularly c	_	_	_	_	_	_	31.0	34.9	35.3	34.0	34.9	39.1	45.3	§	45.6*	36.6	-9.1 sss	
Use smokeless tobacco regularly  Take dissolvable tobacco regularly c	48.0	44.7 —	43.7	45.7 —	42.9 33.3	40.0 31.3	39.9 32.0	42.5 35.6	43.0 34.2	40.7 32.7	41.0 33.2	44.5 32.9	45.4 41.7	§ §	43.8* 38.6*	44.1 37.5	+0.2 -1.1	
Take snus regularly <sup>c</sup>	_	_	_	_	41.0	38.9	38.8	41.8	39.9	38.1	39.8	39.0	43.2	§	38.8*	37.8	-1.0	
Take steroids <sup>1</sup> Approximate weighted N =	 15,100	 15,900	 15,200	— 14,900	 15,000	— 12,900	— 13,000	<u> </u>	— 14,700	— 13,500	<u> </u>	— 7,000	— 7,000	<u> </u>	— 11,000	 11,200	0.0 0	

### TABLE 8-2 (cont.)

### Trends in **Harmfulness** of Drugs as Perceived by 10th Graders

Source. The Monitoring the Future study, the University of Michigan.

Votes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding. '‡' indicates that the question changed the following year.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between

the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires

(used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>Answer alternatives were: (1) No risk, (2) Slight risk, (3) Moderate risk, (4) Great risk, and (5) Can't say, drug unfamiliar.

<sup>D</sup>Beginning in 2012 data based on two thirds of N indicated.

<sup>c</sup>Data based on one third of N indicated.

<sup>d</sup>Beginning in 1997, data based on two thirds of N indicated

eData based on one of two forms in 1993–1996; N is one half of N indicated. Beginning in 1997, data based on one third of N indicated due to changes in questionnaire forms.

Beginning in 2014 data are based on the revised question which included "Molly," N is one third of N indicated in 2014 and two thirds of N indicated in 2015. 2014 and 2015 data are not comparable to earlier years due to the revision of the question text.

<sup>g</sup>Beginning in 1999, data based on two thirds of *N* indicated due to changes in questionnaire forms.

<sup>h</sup>E-cigarette data based on two thirds of *N* indicated. Little cigars or cigarillos data based on one third *N* indicated.

Data based on two forms in 1991 and 1992. Data based on one of two forms in 1993 and 1994; N is one half of N indicated.

Percentages for all years reported here include respondents who replied "can't say, drug unfamiliar" in the denominator. The percentage for 2017 published in late 2017 and early

2018 did not include these respondents in the denominator.

<sup>k</sup>Data based on two thirds of N indicated.

The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in

schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

<sup>m</sup>Data based on one half of N indicated.

<sup>n</sup>Sample is decreased by as much as 50% for the following drugs due to survey question experiments: alcohol, inhalants, heroin, LSD, OxyContin, Vicodin, and cough/cold medicine.

°In 2019 and previous years the survey question asked about 'cocaine powder' and in 2020 forward it asked about 'cocaine'.

TABLE 8-3
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>12th Graders</u>

							Percer	ntage say	ing grea	t risk <sup>a</sup>						
How much do you think people risk harming themselves (physically or in other ways), if they	1975	1976	1977	1978	1979	1980	1981	1982	1983	1984	1985	1986	1987	1988	1989	1990
e marijuana once or twice	15.1	11.4	9.5	8.1	9.4	10.0	13.0	11.5	12.7	14.7	14.8	15.1	18.4	19.0	23.6	23.1
e marijuana occasionally	18.1	15.0	13.4	12.4	13.5	14.7	19.1	18.3	20.6	22.6	24.5	25.0	30.4	31.7	36.5	36.9
marijuana regularly	43.3	38.6	36.4	34.9	42.0	50.4	57.6	60.4	62.8	66.9	70.4	71.3	73.5	77.0	77.5	77.8
synthetic marijuana once or twice	43.3	30.0	30.4	34.9	42.0	50.4	37.0	00.4	02.0	00.9	70.4	11.3	73.5	11.0	11.5	11.0
•	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
synthetic marijuana occasionally SD once or twice	<u> </u>	<u>-</u> 45.7	43.2	42.7	41.6	43.9	<del></del> 45.5	44.9	<u> </u>	<u>-</u> 45.4	43.5	42.0	44.9	<u>-</u> 45.7	46.0	44.7
LSD regularly	81.4	80.8	79.1	81.1	82.4	83.0	83.5	83.5	83.2	83.8	82.9	82.6	83.8	84.2	84.3	84.5
PCP once or twice	01.4	80.8	79.1	01.1	62.4	63.0	63.5	63.5	63.2	03.0	62.9	82.0	55.6	58.8	56.6	55.2
ecstasy (MDMA, Molly) once or twice <sup>b</sup>	_		_		_			_	_	_	_		55.6	30.0		
salvia once or twice °	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
e salvia occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
•	42.6	39.1	35.6	33.2	31.5	31.3	32.1	32.8	33.0	35.7	34.0	33.5	— 47.9	<u></u> 51.2	<del></del> 54.9	<del></del> 59.4
ocaine once or twice	42.0	39.1	33.0	33.2	31.3	31.3	32.1	32.0	33.0	33.7	34.0			69.2	71.8	
cocaine occasionally	70.4	— 72.3	— 68.2	— 68.2	— 69.5	— 69.2	— 71.2	— 73.0	— 74.3	— 78.8	— 79.0	54.2 82.2	66.8 88.5	89.2	90.2	73.9
cocaine regularly	73.1	12.3	00.2	00.2	69.5	09.2	/1.2	73.0	74.3	70.0	79.0	02.2				91.1
ack once or twice					_			_		_			57.0	62.1	62.9	64.3
crack occasionally					_			_					70.4	73.2	75.3	80.4
crack regularly	_	_	_	_	_	_	_	_	_	_	_		84.6	84.8	85.6	91.6
ocaine powder once or twice	_	_	_	_	_	_	_	_	_	_	_	_	45.3	51.7	53.8	53.9
cocaine powder occasionally	_	_	_	_	_	_	_	_	_	_	_	_	56.8	61.9	65.8	71.1
e cocaine powder regularly	_	_	_	_	_	_	_		_	_	_	_	81.4	82.9	83.9	90.2
neroin once or twice	60.1	58.9	55.8	52.9	50.4	52.1	52.9	51.1	50.8	49.8	47.3	45.8	53.6	54.0	53.8	55.4
e heroin occasionally	75.6	75.6	71.9	71.4	70.9	70.9	72.2	69.8	71.8	70.7	69.8	68.2	74.6	73.8	75.5	76.6
e heroin regularly	87.2	88.6	86.1	86.6	87.5	86.2	87.5	86.0	86.1	87.2	86.0	87.1	88.7	88.8	89.5	90.2
eroin once or twice without using a needle	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
neroin occasionally without using a needle									_							_
y narcotic other than heroin (codeine, Vicodin,																
Contin, Percocet, etc.) once or twice	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
any narcotic other than heroin occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
any narcotic other than heroin regularly			_	_	_	_	_	_			_		_			

TABLE 8-3 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>12th Graders</u>

							Perce	ntage sa	ying grea	t risk <sup>a</sup>							
How much do you think people risk harming themselves (physically or in other ways), if they	1975	1976	1977	1978	1979	1980	1981	1982	1983	1984	1985	1986	1987	1988	<u>1989</u>	1990	
Try amphetamines once or twice d	35.4	33.4	30.8	29.9	29.7	29.7	26.4	25.3	24.7	25.4	25.2	25.1	29.1	29.6	32.8	32.2	
Take amphetamines regularly <sup>d</sup>	69.0	67.3	66.6	67.1	69.9	69.1	66.1	64.7	64.8	67.1	67.2	67.3	69.4	69.8	71.2	71.2	
Try Adderall once or twice <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try Adderall occasionally <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try crystal methamphetamine (ice) once or twice	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try bath salts (synthetic stimulants)																	
once or twice	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take bath salts (synthetic stimulants)																	
occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try sedatives (barbiturates) once or twice <sup>†</sup>	34.8	32.5	31.2	31.3	30.7	30.9	28.4	27.5	27.0	27.4	26.1	25.4	30.9	29.7	32.2	32.4	
Take sedatives (barbiturates) regularly <sup>†</sup>	69.1	67.7	68.6	68.4	71.6	72.2	69.9	67.6	67.7	68.5	68.3	67.2	69.4	69.6	70.5	70.2	
Try one or two drinks of an alcoholic beverage																	
(beer, wine, liquor)	5.3	4.8	4.1	3.4	4.1	3.8	4.6	3.5	4.2	4.6	5.0	4.6	6.2	6.0	6.0	8.3	Table continued on next page
Take one or two drinks nearly every day	21.5	21.2	18.5	19.6	22.6	20.3	21.6	21.6	21.6	23.0	24.4	25.1	26.2	27.3	28.5	31.3	
Take four or five drinks nearly every day	63.5	61.0	62.9	63.1	66.2	65.7	64.5	65.5	66.8	68.4	69.8	66.5	69.7	68.5	69.8	70.9	
Have five or more drinks once or twice																	
each weekend	37.8	37.0	34.7	34.5	34.9	35.9	36.3	36.0	38.6	41.7	43.0	39.1	41.9	42.6	44.0	47.1	
Smoke one or more packs of cigarettes per day	51.3	56.4	58.4	59.0	63.0	63.7	63.3	60.5	61.2	63.8	66.5	66.0	68.6	68.0	67.2	68.2	
Use electronic cigarettes (e-cigarettes)																	
regularly <sup>9</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape marijuana occasionally <sup>1</sup>	_	_	_	_	_	_	_	_	_	_		_	_	_	_	_	
Vape marijuana regularly <sup>i</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape an e-liquid with nicotine occasionally <sup>9</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape an e-liquid with nicotine regularly <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use JUUL occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use JUUL regularly	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Smoke little cigars or cigarillos regularly	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use smokeless tobacco regularly			_	_		_	_		_	_	_	25.8	30.0	33.2	32.9	34.2	
Take steroids	_	_	_	_	_	_	_	_	_	_	_	_	_	_	63.8	69.9	
Approximate weighted N =	2,804	2,918	3,052	3,770	3,250	3,234	3,604	3,557	3,305	3,262	3,250	3,020	3,315	3,276	2,796	2,553	

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TABLE 8-3 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>12th Graders</u>

							Percei	ntage say	ying grea	t risk <sup>a</sup>							
How much do you think people risk harming																	_
themselves (physically or in other ways), if they	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006	
Use marijuana once or twice	27.1	24.5	21.9	19.5	16.3	15.6	14.9	16.7	15.7	13.7	15.3	16.1	16.1	15.9	16.1	17.8	
Use marijuana occasionally	40.6	39.6	35.6	30.1	25.6	25.9	24.7	24.4	23.9	23.4	23.5	23.2	26.6	25.4	25.8	25.9	
Use marijuana regularly	78.6	76.5	72.5	65.0	60.8	59.9	58.1	58.5	57.4	58.3	57.4	53.0	54.9	54.6	58.0	57.9	
Try synthetic marijuana once or twice	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take synthetic marijuana occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try LSD once or twice	46.6	42.3	39.5	38.8	36.4	36.2	34.7	37.4	34.9	34.3	33.2	36.7	36.2	36.2	36.5	36.1	
Take LSD regularly	84.3	81.8	79.4	79.1	78.1	77.8	76.6	76.5	76.1	75.9	74.1	73.9	72.3	70.2	69.9	69.3	
Try PCP once or twice	51.7	54.8	50.8	51.5	49.1	51.0	48.8	46.8	44.8	45.0	46.2	48.3	45.2	47.1	46.6	47.0	
Try ecstasy (MDMA, Molly) once or twice <sup>b</sup>	_	_	_	_	_	_	33.8	34.5	35.0	37.9	45.7	52.2	56.3	57.7	60.1	59.3	
Try salvia once or twice <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Γake salvia occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try cocaine once or twice	59.4	56.8	57.6	57.2	53.7	54.2	53.6	54.6	52.1	51.1	50.7	51.2	51.0	50.7	50.5	52.5	
Take cocaine occasionally	75.5	75.1	73.3	73.7	70.8	72.1	72.4	70.1	70.1	69.5	69.9	68.3	69.1	67.2	66.7	69.8	Table continued on ne
Take cocaine regularly	90.4	90.2	90.1	89.3	87.9	88.3	87.1	86.3	85.8	86.2	84.1	84.5	83.0	82.2	82.8	84.6	
ry crack once or twice	60.6	62.4	57.6	58.4	54.6	56.0	54.0	52.2	48.2	48.4	49.4	50.8	47.3	47.8	48.4	47.8	
Take crack occasionally	76.5	76.3	73.9	73.8	72.8	71.4	70.3	68.7	67.3	65.8	65.4	65.6	64.0	64.5	63.8	64.8	
Take crack regularly	90.1	89.3	87.5	89.6	88.6	88.0	86.2	85.3	85.4	85.3	85.8	84.1	83.2	83.5	83.3	82.8	
Try cocaine powder once or twice	53.6	57.1	53.2	55.4	52.0	53.2	51.4	48.5	46.1	47.0	49.0	49.5	46.2	45.4	46.2	45.8	
Take cocaine powder occasionally	69.8	70.8	68.6	70.6	69.1	68.8	67.7	65.4	64.2	64.7	63.2	64.4	61.4	61.6	60.8	61.9	
Fake cocaine powder regularly	88.9	88.4	87.0	88.6	87.8	86.8	86.0	84.1	84.6	85.5	84.4	84.2	82.3	81.7	82.7	82.1	
Fry heroin once or twice	55.2	50.9	50.7	52.8	50.9	52.5	56.7	57.8	56.0	54.2	55.6	56.0	58.0	56.6	55.2	59.1	
Take heroin occasionally	74.9	74.2	72.0	72.1	71.0	74.8	76.3	76.9	77.3	74.6	75.9	76.6	78.5	75.7	76.0	79.1	
Take heroin regularly	89.6	89.2	88.3	88.0	87.2	89.5	88.9	89.1	89.9	89.2	88.3	88.5	89.3	86.8	87.5	89.7	
Try heroin once or twice without using a needle	_	_		_	55.6	58.6	60.5	59.6	58.5	61.6	60.7	60.6	58.9	61.2	60.5	62.6	
Take heroin occasionally without using a needle		_		_	71.2	71.0	74.3	73.4	73.6	74.7	74.4	74.7	73.0	76.1	73.3	76.2	
Fry any narcotic other than heroin (codeine, Vicodin,																	
OxyContin, Percocet, etc.) once or twice	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Fake any narcotic other than heroin occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take any narcotic other than heroin regularly	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	

TABLE 8-3 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>12th Graders</u>

							Perce	ntage sa	ying grea	at risk <sup>a</sup>							_
How much do you think people risk harming themselves (physically or in other ways), if they	<u>1991</u>	<u>1992</u>	<u>1993</u>	1994	<u>1995</u>	<u>1996</u>	<u>1997</u>	1998	1999	2000	<u>2001</u>	2002	2003	2004	2005	2006	•
Try amphetamines once or twice <sup>d</sup>	36.3	32.6	31.3	31.4	28.8	30.8	31.0	35.3	32.2	32.6	34.7	34.4	36.8	35.7	37.7	39.5	
Take amphetamines regularly <sup>d</sup>	74.1	72.4	69.9	67.0	65.9	66.8	66.0	67.7	66.4	66.3	67.1	64.8	65.6	63.9	67.1	68.1	
Try Adderall once or twice <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try Adderall occasionally <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Try crystal methamphetamine (ice) once or twice	61.6	61.9	57.5	58.3	54.4	55.3	54.4	52.7	51.2	51.3	52.7	53.8	51.2	52.4	54.6	59.1	
Try bath salts (synthetic stimulants)																	
once or twice	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take bath salts (synthetic stimulants)																	
occasionally	<u> </u>	_	_	_	_	-	_	_	-	_	— 05.7	_	-	_	-	_	
Try sedatives (barbiturates) once or twice <sup>f</sup> Take sedatives (barbiturates) regularly <sup>f</sup>	35.1 70.5	32.2 70.2	29.2 66.1	29.9 63.3	26.3 61.6	29.1 60.4	26.9 56.8	29.0 56.3	26.1 54.1	25.0 52.3	25.7 50.3	26.2 49.3	27.9‡ 49.6‡	24.9 54.0	24.7 54.1	28.0 56.8	
. , , , ,	70.5	70.2	00.1	03.3	01.0	60.4	50.6	50.3	54.1	52.3	50.3	49.3	49.61	54.0	54.1	50.8	
Try one or two drinks of an alcoholic beverage																	
(beer, wine, liquor)	9.1	8.6	8.2	7.6	5.9	7.3	6.7	8.0	8.3	6.4	8.7	7.6	8.4	8.6	8.5	9.3	Table continued on next pa
Take one or two drinks nearly every day	32.7	30.6	28.2	27.0	24.8	25.1	24.8	24.3	21.8	21.7	23.4	21.0	20.1	23.0	23.7	25.3	
Take four or five drinks nearly every day	69.5	70.5	67.8	66.2	62.8	65.6	63.0	62.1	61.1	59.9	60.7	58.8	57.8	59.2	61.8	63.4	
Have five or more drinks once or twice																	
each weekend	48.6	49.0	48.3	46.5	45.2	49.5	43.0	42.8	43.1	42.7	43.6	42.2	43.5	43.6	45.0	47.6	
Smoke one or more packs of cigarettes per day	69.4	69.2	69.5	67.6	65.6	68.2	68.7	70.8	70.8	73.1	73.3	74.2	72.1	74.0	76.5	77.6	
Use electronic cigarettes (e-cigarettes)																	
regularly <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape marijuana occasionally i	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape marijuana regularly <sup>i</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape an e-liquid with nicotine occasionally <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vape an e-liquid with nicotine regularly <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use JUUL occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use JUUL regularly	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Smoke little cigars or cigarillos regularly	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Use smokeless tobacco regularly	37.4	35.5	38.9	36.6	33.2	37.4	38.6	40.9	41.1	42.2	45.4	42.6	43.3	45.0	43.6	45.9	
Take steroids	65.6	70.7	69.1	66.1	66.4	67.6	67.2	68.1	62.1	57.9	58.9	57.1	55.0	55.7	56.8	60.2	
Approximate weighted N =	2,549	2,684	2,759	2,591	2,603	2,449	2,579	2,564	2,306	2,130	2,173	2,198	2,466	2,491	2,512	2,407	

TABLE 8-3 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>12th Graders</u>

							Perce	ntage sa	ying grea	at risk <sup>a</sup>							i		
	2007	2008	2009	<u>2010</u>	<u>2011</u>	2012	<u>2013</u>	2014	<u>2015</u>	<u>2016</u>	<u>2017</u>	2018	2019p <sup>h</sup>	2019e <sup>h</sup>	<u>2020</u>	<u>2021</u>	2022	2021 – 2022 <u>change</u>	
Use marijuana once or twice	18.6	17.4	18.5	17.1	15.6	14.8	14.5	12.5	12.3	12.9	11.9	12.1	10.7	12.4	§	10.0*	10.0	0.0	
Use marijuana occasionally	27.1	25.8	27.4	24.5	22.7	20.6	19.5	16.4	15.8	17.1	14.1	14.3	13.5	15.3	§	12.7*	12.7	+0.1	
Use marijuana regularly	54.8	51.7	52.4	46.8	45.7	44.1	39.5	36.1	31.9	31.1	29.0	26.7	30.5	30.2	§	21.6*	27.6	+6.0	
Try synthetic marijuana once or twice	_	_	_	_	_	23.5	25.9	32.5	33.0	35.6	33.0	30.4	28.4	32.8	§	23.0*	20.3	-2.7	
Take synthetic marijuana occasionally	_	_	_	_	_	32.7	36.2	39.4	40.9	43.9	40.0	37.1	35.4	36.5	§	28.7*	25.3	-3.4	
Try LSD once or twice	37.0	33.9	37.1	35.6	34.7	33.1	34.9	35.5	33.2	31.7	30.0	29.0	28.3	33.8	§	28.2*	27.4	-0.8	
Take LSD regularly	67.3	63.6	67.8	65.3	65.5	66.8	66.8	62.7	60.7	58.2	56.1	55.2	57.9	67.4	§	54.7*	60.1	+5.4	
Try PCP once or twice	48.0	47.4	49.7	52.4	53.9	51.6	53.9	53.8	54.4	55.1	53.6	51.7	52.6	52.9	§	42.9*	44.3	+1.4	
Try ecstasy (MDMA, Molly) once or twice <sup>b</sup>	58.1	57.0	53.3	50.6	49.0	49.4	47.5‡	47.8	49.5	48.8	49.1	48.2	46.3	52.1	§	40.6*	46.1	+5.5	
Try salvia once or twice <sup>c</sup>	_	_	_	39.8	36.7‡	13.8	12.9	14.1	13.1	13.0	10.2	9.8	10.0	13.0	§	10.3*	10.4	+0.1	
Take salvia occasionally	_	_	_	_	_	23.1	21.3	20.0	17.6	16.3	13.8	12.0	12.7	16.7	§	14.3*	15.2	+0.8	
Try cocaine once or twice	51.3	50.3	53.1	52.8	54.0	51.6	54.4	53.7	51.1	52.7	49.5	47.9	47.7	48.2	§	52.0*	48.1	-3.9	
Take cocaine occasionally	68.8	67.1	71.4	67.8	69.7	69.0	70.2	68.1	66.3	68.6	64.6	62.1	64.2	67.7	§	60.2*	65.1	+4.9	Table continued
Take cocaine regularly	83.3	80.7	84.4	81.7	83.8	82.6	83.3	80.6	79.1	78.3	74.9	75.2	74.7	78.8	§	72.2*	77.1	+4.9	on next page.
Try crack once or twice	47.3	47.5	48.4	50.2	51.7	52.0	55.6	54.5	53.6	53.9	51.6	51.3	50.2	46.2	_	_	_	_	
Take crack occasionally	63.6	65.2	64.7	64.3	66.2	66.5	69.5	68.5	67.8	66.2	65.3	64.4	62.7	60.5	_	_	_	_	
Take crack regularly	82.6	83.4	84.0	83.8	83.9	84.0	85.4	82.0	81.2	81.9	79.8	79.8	79.0	72.4	_	_	_	_	
Try cocaine powder once or twice	45.1	45.1	46.5	48.2	48.0	48.1	49.9	49.9	49.0	49.3	45.1	44.9	45.4	43.4	_	_	_	_	
Take cocaine powder occasionally	59.9	61.6	62.6	62.6	64.2	62.6	65.4	64.8	62.8	62.9	60.1	59.8	59.9	55.4	_	_	_	_	
Take cocaine powder regularly	81.5	82.5	83.4	81.8	83.3	83.3	83.9	81.5	80.1	80.7	78.8	77.6	77.4	72.1	_	_	_	_	
Try heroin once or twice	58.4	55.5	59.3	58.3	59.1	59.4	61.7	62.8	64.0	64.5	63.0	61.8	62.6	59.7	§	60.9*	59.4	-1.5	
Take heroin occasionally	76.2	75.3	79.7	74.8	77.2	78.0	78.2	77.9	78.0	78.7	74.6	75.0	75.7	75.5	§	74.4*	75.8	+1.4	
Take heroin regularly	87.8	86.4	89.9	85.5	87.9	88.6	87.6	85.7	84.8	85.4	83.3	81.4	81.2	83.9	§	82.4*	84.1	+1.6	
Try heroin once or twice without using a needle	60.2	60.8	61.5	63.8	61.1	63.3	64.5	65.3	62.5	66.1	64.6	63.1	60.5	68.9	§	64.7*	60.0	-4.7	
Take heroin occasionally without using a needle	73.9	73.2	74.8	76.2	74.7	76.1	76.4	73.6	71.1	74.6	72.7	69.6	69.4	75.5	§	73.8*	69.4	-4.4	
Try any narcotic other than heroin (codeine, Vicodin,																			
OxyContin, Percocet, etc.) once or twice	_	_	_	40.4	39.9	38.4	43.1	42.7	44.1	43.6	42.0	43.2	45.0	43.1	§	44.0*	42.9	-1.1	
Take any narcotic other than heroin occasionally	_	_	_	54.3	54.8	53.8	57.3	59.0	58.5	55.7	55.5	56.7	56.7	57.3	§	53.8*	52.9	-1.0	
Take any narcotic other than heroin regularly	_	_	_	74.9	75.5	73.9	75.8	72.7	73.9	72.4	70.8	71.6	73.1	69.1	§	62.8*	67.4	+4.6	

TABLE 8-3 (cont.)
Trends in <u>Harmfulness</u> of Drugs as Perceived by <u>12th Graders</u>

							Percei	ntage sa	ying grea	ıt risk <sup>a</sup>									
	2007	2008	2009	2010	<u>2011</u>	2012	2013	2014	<u>2015</u>	<u>2016</u>	2017	2018	2019p <sup>h</sup>	2019e <sup>h</sup>	2020	2021	2022	2021 – 2022 <u>change</u>	
Try amphetamines once or twice <sup>d</sup>	41.3	39.2	41.9	40.6‡	34.8	34.3	36.3	34.1	34.0	31.1	31.9	29.2	29.7	38.5	§	38.7*	36.7	-2.1	
Take amphetamines regularly <sup>d</sup>	68.1	65.4	69.0	63.6‡	58.7	60.0	59.5	55.1	54.3	51.3	50.0	51.1	48.4	53.9	§	45.9*	51.5	+5.6	
Try Adderall once or twice <sup>e</sup>	_	_	_	33.3	31.2	27.2	31.8	33.6	34.3	32.5	32.0	34.0	34.3	34.5	§	30.2*	31.8	+1.6	
Try Adderall occasionally <sup>e</sup>	_	_	_	41.6	40.8	35.3	38.8	41.5	41.6	40.9	40.6	40.1	41.8	45.0	§	41.7*	39.6	-2.1	
Try crystal methamphetamine (ice) once or twice	60.2	62.2	63.4	64.9	66.5	67.8	72.2	70.2	70.0	70.0	69.3	67.1	67.1	68.3	§	64.3*	63.5	-0.7	
Try bath salts (synthetic stimulants)																			
once or twice	_	_	_	_	_	33.2	59.5	59.2	57.5	54.9	51.3	50.7	_	_	_	_	_	_	
Take bath salts (synthetic stimulants)																			
occasionally	_	_	_	_	_	45.0	69.9	68.8	67.4	64.2	61.5	60.7	_	_	_	_	_	_	
Try sedatives (barbiturates) once or twice f	27.9	25.9	29.6	28.0	27.8	27.8	29.4	29.6	28.9	27.4	26.9	26.3	25.2	36.7	§	30.9*	34.0	+3.1	
Take sedatives (barbiturates) regularly <sup>f</sup>	55.1	50.2	54.7	52.1	52.4	53.9	53.3	50.5	50.6	47.0	44.0	45.1	45.0	56.3	§	49.6*	53.7	+4.1	
Try one or two drinks of an alcoholic beverage																			
(beer, wine, liquor)	10.5	10.0	9.4	10.8	9.4	8.7	9.9	8.6	10.3	9.5	9.3	10.2	9.7	10.8	§	9.7*	10.0	+0.2	Table continued
Take one or two drinks nearly every day	25.1	24.2	23.7	25.4	24.6	23.7	23.1	21.1	21.5	21.6	21.6	22.8	21.0	23.8	§	21.9*	23.3	+1.4	on next page.
Take four or five drinks nearly every day	61.8	60.8	62.4	61.1	62.3	63.6	62.4	61.2	59.1	59.1	58.7	59.1	59.7	66.2	§	64.3*	66.6	+2.3	
Have five or more drinks once or twice																			
each weekend	45.8	46.3	48.0	46.3	47.6	48.8	45.8	45.4	46.9	48.4	45.7	44.7	46.4	36.3	§	34.4*	34.9	+0.5	
Smoke one or more packs of cigarettes per day	77.3	74.0	74.9	75.0	77.7	78.2	78.2	78.0	75.9	76.5	74.9	73.9	75.6	75.3	§	66.0*	71.6	+5.6	
Use electronic cigarettes (e-cigarettes)																			
regularly <sup>g</sup>	_	_	_	_	_	_	_	14.2	16.2	18.2	16.1	18.0	_	_	_	_	_	_	
Vape marijuana occasionally <sup>i</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	§	16.0*	19.8	+3.7 s	
Vape marijuana regularly <sup>i</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	§	30.9*	35.9	+5.0 s	
Vape an e-liquid with nicotine occasionally <sup>9</sup>	_	_	_	_	_	_	_	_	_	_	16.4	15.8	17.7	24.6	§	22.7*	25.3	+2.6	
Vape an e-liquid with nicotine regularly <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	27.0	27.7	35.2	40.5	§	43.7*	45.2	+1.6	
Use JUUL occasionally	_	_	_	_	_	_	_	_	_	_	_	_	16.8	19.3	§	18.4*	_	_	
Use JUUL regularly	_	_	_	_	_	_	_	_	_	_	_	_	32.9	35.9	§	37.1*	_	_	
Smoke little cigars or cigarillos regularly	_	_	_	_	_	_	_	38.3	39.7	39.5	38.2	42.5	41.3	45.9	_	_	_	_	
Use smokeless tobacco regularly	44.0	42.9	40.8	41.2	42.6	44.3	41.6	40.7	38.5	38.1	38.4	40.2	39.9	43.9	_	_	_	_	
Take steroids	57.4	60.8	60.2	59.2	61.1	58.6	54.2	54.6	54.4	54.5	49.1	50.1	50.8	58.5	§	45.8*	48.6	+2.7	
Approximate weighted N =	2,450	2,389	2,290	2,440	2,408	2,331	2,098	2,067	2,174	1,988	1,919	1,976	891	1,103	§	580	1,333		

# TABLE 8-3 (cont.) Trends in Harmfulness of Drugs as Perceived by 12th Graders

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. '‡' indicates that the question changed the following year. See relevant footnote for that drug. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019p' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>Answer alternatives were: (1) No risk, (2) Slight risk, (3) Moderate risk, (4) Great risk, and (5) Can't say, drug unfamiliar.

<sup>c</sup>In 2011 the question on perceived risk of using salvia once or twice appeared at the end of a form. In 2012 the question was moved to an earlier section of the same form. A question on perceived risk of using salvia occasionally was also added following the question on perceived risk of trying salvia once or twice. These changes likely explain the discontinuity in the 2012 results.

dln 2011 the list of examples was changed from uppers, pep pills, bennies, speed to uppers, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2011 results.

<sup>e</sup>In 2014 "(without a doctor's orders)" added to the questions on perceived risk of using Adderall.

In 2004 the question text was changed from barbiturates to sedatives/barbiturates and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

<sup>9</sup>Based on two of six forms in 2017 and 2018; N is two times the N indicated. Beginning in 2019, data based on three of six forms; N is three times the N indicated.

<sup>h</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

Based on two of six forms; N is two times the N indicated.

<sup>&</sup>lt;sup>b</sup> Beginning in 2014 data are based on the revised question which included "Molly." 2014 and 2015 data are not comparable to earlier years due to the revision of the question text.

TABLE 8-4
Trends in Disapproval of Drug Use in Grade 8

					F	Percenta	ge who d	disappro	ve or stro	ongly dis	approve	а				
Do you disapprove of people who	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006
Use marijuana once or twice <sup>b</sup>	84.6	82.1	79.2	72.9	70.7	67.5	67.6	69.0	70.7	72.5	72.4	73.3	73.8	75.9	75.3	76.0
Use marijuana occasionally <sup>b</sup>	89.5	88.1	85.7	80.9	79.7	76.5	78.1	78.4	79.3	80.6	80.6	80.9	81.5	83.1	82.4	82.2
Use marijuana regularly <sup>b</sup>																
Try inhalants once or twice <sup>c</sup>	92.1	90.8	88.9	85.3	85.1	82.8	84.6	84.5	84.5	85.3	84.5	85.3	85.7	86.8	86.3	86.1
Take inhalants regularly <sup>c</sup>	84.9	84.0	82.5	81.6	81.8	82.9	84.1	83.0	85.2	85.4	86.6	86.1	85.1	85.1	84.6	83.4
Take LSD once or twice d	90.6	90.0	88.9 77.1	88.1 75.2	88.8 71.6	89.3 70.9	90.3	89.5 69.1	90.3	90.2	90.5 64.6	90.4	89.8 61.0	90.1 58.1	89.8	89.0 53.9
Take LSD regularly <sup>d</sup>	_	_	77.1	78.4	71.6	70.9 75.3	76.3	72.5	72.5	69.3	67.0	65.5	63.5	60.5	58.5 60.7	55.8
Try ecstasy (MDMA, Molly) once or twice <sup>e</sup>	_	_	79.0	70.4	75.6	75.5	70.3	12.5	12.5	09.3	69.0			76.3	75.0	66.7
Take ecstasy (MDMA, Molly) occasionally e	_	_	_	_	_	_	_	_	_	_	73.6	74.3 78.6	77.7 81.3	76.3 79.4	75.0 77.9	69.8
Try crack once or twice <sup>c</sup>	91.7	90.7	<del></del> 89.1	-	85.9	85.0	05.7	85.4	86.0	85.4	86.0	86.2	86.4	87.4	87.6	87.2
Take crack occasionally °	93.3	90.7	91.7	86.9 89.9	89.8	89.3	85.7 90.3	89.5	89.9	88.8	89.8	89.6	89.8	90.3	90.5	90.0
Try cocaine once or twice c,k	93.3	89.6	88.5	86.1	85.3	83.9	85.1	84.5	85.2	84.8	85.6	85.8	85.6	86.8	87.0	86.5
Take cocaine occasionally c,k	93.1	92.4	91.6	89.7	89.7	88.7	90.1	89.3	89.9	88.8	89.6	89.9	89.8	90.3	90.7	90.2
Try heroin once or twice without using	93.1	92.4	91.0	89.7	69.7	00.7	90.1	89.3	89.9	00.0	89.6	89.9	09.0	90.3	90.7	90.2
a needle <sup>d</sup>	_	_	_	_	85.8	85.0	87.7	87.3	88.0	87.2	87.2	87.8	86.9	86.6	86.9	87.2
Take heroin occasionally without using a needle <sup>d</sup>	_	_	_	_	88.5	87.7	90.1	89.7	90.2	88.9	88.9	89.6	89.0	88.6	88.5	88.5
Try one or two drinks of an alcoholic																
beverage (beer, wine, liquor) b	51.7	52.2	50.9	47.8	48.0	45.5	45.7	47.5	48.3	48.7	49.8	51.1	49.7	51.1	51.2	51.3
Take one or two drinks nearly every day <sup>b</sup>	82.2	81.0	79.6	76.7	75.9	74.1	76.6	76.9	77.0	77.8	77.4	78.3	77.1	78.6	78.7	78.7
Have five or more drinks once or twice																
each weekend <sup>b</sup>	85.2	83.9	83.3	80.7	80.7	79.1	81.3	81.0	80.3	81.2	81.6	81.9	81.9	82.3	82.9	82.0
Smoke one to five cigarettes per day <sup>e</sup>	_	_	_	_	_	_	_	_	75.1	79.1	80.4	81.1	81.4	83.1	82.9	83.5
Smoke one or more packs of cigarettes																
per day <sup>f</sup>	82.8	82.3	80.6	78.4	78.6	77.3	80.3	80.0	81.4	81.9	83.5	84.6	84.6	85.7	85.3	85.6
Use electronic cigarettes (e-cigarettes)																
regularly <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vape marijuana occasionally <sup>b</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vape marijuana regularly <sup>b</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vape an e-liquid with nicotine occasionally <sup>e,h</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vape an e-liquid with nicotine regularly <sup>e,h</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Use JUUL occasionally <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Use JUUL regularly <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Use smokeless tobacco regularly <sup>b</sup>	79.1	77.2	77.1	75.1	74.0	74.1	76.5	76.3	78.0	79.2	79.4	80.6	80.7	81.0	82.0	81.0
Take steroids <sup>g</sup>	89.8	90.3	89.9	87.9	_	_	_	_	_	_	_	_	_	_	_	_
Approximate weighted N =	17,400	18,500	18,400	17,400	17,600	18,000	18,800	18,100	16,700	16,700	16,200	15,100	16,500	17,000	16,800	16,500

Table continued on next page.

TABLE 8-4 (cont.)
Trends in <u>Disapproval</u> of Drug Use in <u>Grade 8</u>

					I	Percenta	ige who	disappro	ve or stro	ongly dis	approve	а							
Do you disapprove of people who	<u>2007</u>	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>i</sup>	2019e <sup>i</sup>	<u>2020</u>	2021 <sup>j</sup>	<u>2022</u>	2021–2022 <u>change</u>	
Use marijuana once or twice <sup>b</sup>	78.7	76.6	75.3	73.5	74.4	75.1	72.0	70.5	70.3	70.1	67.3	64.5	62.3	62.3	§	60.3*	62.2	+1.9	
Use marijuana occasionally <sup>b</sup>	84.5	82.6	81.9	79.9	81.1	81.6	78.8	77.7	77.5	77.5	75.5	73.1	70.9	70.3	§	69.0*	69.7	+0.8	
Use marijuana regularly <sup>b</sup>	87.7	86.8	85.9	84.3	85.7	85.6	83.8	82.2	82.2	82.3	81.2	79.3	77.5	76.0	§	75.8*	76.3	+0.5	
Try inhalants once or twice <sup>c</sup>	84.1	82.3	83.1	83.1	82.9	83.1	81.6	80.7	80.6	78.3	77.4	75.0	75.0	72.9	§	63.8*	64.8	+1.0	
Take inhalants regularly <sup>c</sup>	89.5	88.5	88.4	88.9	88.5	88.6	86.8	85.5	85.4	83.3	82.8	81.3	81.9	78.8	§	74.9*	75.0	0.0	
Take LSD once or twice d	53.5	52.6	53.2	53.7	55.4	51.8	52.0	52.8	56.0	55.2	56.1	55.9	56.7	59.4	§	52.6*	51.7	-0.9	
Take LSD regularly <sup>d</sup>	55.6	54.7	55.7	55.8	57.6	54.1	53.6	54.8	58.1	57.6	58.2	59.4	60.4	62.1	§	58.9*	56.8	-2.1	
Try ecstasy (MDMA, Molly) once or twice <sup>e</sup>	65.7	63.5	62.3	62.4	64.2	60.2	60.9	61.0‡	68.2	64.8	63.0	63.7	65.1	64.7	§	59.1*	59.0	-0.1	
Take ecstasy (MDMA, Molly) occasionally <sup>e</sup>	68.3	66.5	65.7	65.9	67.5	63.2	63.4	64.1‡	71.7	67.5	65.8	67.1	68.3	67.6	§	64.9*	63.7	-1.2	
Try crack once or twice c	88.6	87.2	88.4	89.1	88.5	89.0	88.1	88.0	87.5	87.0	87.5	86.1	87.2	84.4	_	_	_	_	
Take crack occasionally <sup>c</sup>	91.2	90.3	91.0	91.5	91.0	91.2	90.3	89.8	89.8	88.8	89.6	88.4	88.8	86.1	_	_	_	_	
Try cocaine once or twice c,k	88.2	86.8	88.1	88.4	88.3	88.6	88.0	87.7	87.5	86.8	86.8	85.6	86.4‡	83.8‡	§	82.8*	81.6	-1.2	
Take cocaine occasionally <sup>c,k</sup>	91.0	90.1	90.7	91.4	91.3	91.5	90.6	90.1	90.1	89.3	90.0	88.9	89.3‡	86.5‡	§	87.2*	85.5	-1.8	Table continued
Try heroin once or twice without using a needle <sup>d</sup>	88.4	86.9	88.6	89.5	87.5	86.8	87.2	87.1	87.1	85.6	87.9	85.5	86.7	84.6	§	82.4*	82.2	-0.2	on next page.
Take heroin occasionally without using a needle <sup>d</sup>	89.7	88.2	90.1	90.6	89.0	87.7	88.2	88.1	88.0	86.7	88.7	86.8	87.1	85.5	§	84.0*	83.1	-0.9	
Try one or two drinks of an alcoholic																			
beverage (beer, wine, liquor) b	54.0	52.5	52.7	54.2	54.0	54.1	53.3	53.3	53.7	52.6	51.0	47.4	46.2	51.0	§	40.9*	47.2	+6.3 ss	
Take one or two drinks nearly every day <sup>b</sup>	80.4	79.2	78.5	79.5	80.7	81.3	80.2	79.6	79.7	79.1	79.5	77.9	77.3	77.8	§	76.0*	76.3	+0.3	
Have five or more drinks once or twice																			
each weekend <sup>b</sup>	83.8	83.2	83.2	83.6	84.8	86.0	85.0	84.9	85.4	84.9	84.7	83.7	84.6	81.3	§	81.1*	81.3	+0.2	
Smoke one to five cigarettes per day <sup>e</sup>	85.3	85.0	83.6	84.7	86.8	_	_	_	_	_	_	_	_	_	_	_	_	_	
Smoke one or more packs of cigarettes per day <sup>f</sup>	87.0	86.7	87.1	87.0	88.0	88.8	88.0	87.5	88.8	88.1	88.8	87.6	87.8	85.5	§	85.6*	85.0	-0.7	
Use electronic cigarettes (e-cigarettes)																			
regularly <sup>e</sup>	_	_	_	_	_	_	_	58.4	65.0	66.6	_	_	_	_	_	_	_	_	
Vape marijuana occasionally <sup>b</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	§	71.7*	73.9	+2.2	
Vape marijuana regularly <sup>b</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	§	78.1*	79.8	+1.7	
Vape an e-liquid with nicotine occasionally e,h	_	_	_	_	_	_	_	_	_	_	63.2	60.8	65.6	65.0	§	70.7*	70.5	-0.2	
Vape an e-liquid with nicotine regularly <sup>e,h</sup>			_	_	_	_	_	_	_	_	69.9	68.9	74.7	73.4	§	79.0*	77.6	-1.3	
Use JUUL occasionally <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	61.1	63.0	§	68.2*	_	_	
Use JUUL regularly <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	69.9	70.4	§	75.2*	_	_	
Use smokeless tobacco regularly b	82.3	82.1	81.5	81.2	82.6	82.7	81.5	80.2	82.5	81.1	81.3	79.9	81.3	79.1	§	78.5*	78.3	-0.2	
Take steroids <sup>9</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Approximate weighted N =	16,100	15,700	15,000	15,300	16,000	15,100	14,600	14,600	14,400	16,900	15,300	14,000	6,800	6,800	§	10,700	9,300		_

# TABLE 8-4 (cont.) Trends in Disapproval of Drug Use in Grade 8

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding. '‡' indicates that the question changed the following year.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between

the estimates in the '2019p' and the '2019p' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires

(used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years)

aAnswer alternatives were: (1) Don't disapprove, (2) Disapprove, (3) Strongly disapprove, and (4) Can't say, drug unfamiliar. Percentages are shown for categories (2) and (3) combined.

<sup>b</sup>Beginning in 2012, data based on two thirds of *N* indicated.

<sup>c</sup>Beginning in 1997, data based on two thirds of N indicated.

<sup>d</sup>Data based on one of two forms in 1993–1996; N is one half of N indicated. Beginning in 1997, data based on one third of N indicated due to changes in questionnaire forms.

<sup>e</sup>Data based on one third of N indicated. For MDMA "Molly" was added to the question text in 2015; 2014 and 2015 data are not comparable due to this change.

<sup>f</sup>Beginning in 1999, data based on two thirds of N indicated due to changes in questionnaire forms.

<sup>9</sup>Data based on two forms in 1991 and 1992. Data based on one of two forms in 1993 and 1994; N is one half of N indicated.

h Percentages for all years reported here include respondents who replied "can't say, drug unfamiliar" in the denominator. The percentage for 2017 published in late 2017 and early

2018 did not include these respondents in the denominator.

The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

Sample is decreased by as much as 50% for the following drugs due to survey question experiments: alcohol, inhalants, heroin, JUUL, LSD, and ecstasy (MDMA, molly).

kIn 2019 and previous years the survey question asked about 'cocaine powder' and in 2020 forward it asked about 'cocaine'.

TABLE 8-5
Trends in Disapproval of Drug Use in Grade 10

Percentage who disapprove or strongly disapprove a Do you disapprove of people who . . . <u> 1991</u> 1992 1993 1994 1995 1996 1997 1998 1999 2000 2002 2003 2004 2005 2006 2001 Use marijuana once or twice b 74.6 74.8 70.3 62.4 59.8 55.5 54.1 56.0 56.2 54.9 54.8 57.8 58.1 60.4 61.3 62.5 Use marijuana occasionally b 83.7 83.6 79.4 72.3 70.0 66.9 66.2 67.3 68.2 67.2 66.2 68.3 68.4 70.8 71.9 72.6 Use marijuana regularly b 90.0 87.4 82.2 81.1 79.7 79.7 80.1 79.8 79.1 78.0 78.6 78.8 81.3 82.0 82.5 Try inhalants once or twice c 84.8 84.5 86.0 85.6 88.4 87.5 87.8 88.6 87.7 88.5 88.1 85.2 85.6 84.9 86.9 88.1 Take inhalants regularly<sup>c</sup> 90.9 92.4 91.3 92.3 92.2 91.0 91.5 90.9 91.0 91.7 91.7 91.1 91.8 91.8 91.0 91.9 Take LSD once or twice d 71.2 82.1 79.3 77.9 76.8 76.6 76.7 77.8 77.0 75.4 74.4 72.4 71.8 74.6 Take LSD regularly<sup>d</sup> 80.8 79.4 86.8 85.6 84.8 84.5 83.4 82.9 84.3 82.1 77.6 75.9 75.0 74.9 Try ecstasy (MDMA, Molly) once or twice e 72.6 77.4 81.0 83.7 83.1 81.6 Take ecstasy (MDMA, Molly) occasionally e 81.0 84.6 86.3 88.0 87.4 86.0 Try crack once or twice c 92.5 92.5 91.4 89.9 88.7 88.2 87.4 87.1 87.8 87.1 86.9 88.0 87.6 88.6 88.8 89.5 Take crack occasionally<sup>c</sup> 94.3 93.6 91.7 90.9 90.6 92.0 94.4 92.5 91.9 91.0 90.6 91.5 91.0 91.0 91.8 91.8 Try cocaine once or twice c,k 87.3 90.8 91.1 90.0 88.1 86.8 86.1 85.1 84.9 86.0 84.8 85.3 86.4 85.9 86.8 86.9 Take cocaine occasionally c,k 94.0 93.2 92.1 91.4 91.1 90.4 89.7 90.7 89.9 90.2 89.9 90.4 91.2 91.2 91.4 Try heroin once or twice without using a needle d 89.7 89.5 89.1 88.6 90.1 90.1 89.1 89.2 89.3 90.1 90.3 91.1 Take heroin occasionally without using a needle d 91.6 91.7 91.4 90.5 91.8 92.3 90.8 90.7 90.6 91.8 Try one or two drinks of an alcoholic beverage (beer, wine, liquor) b 39.9 38.5 36.5 36.1 33.7 34.7 35.1 33.4 34.7 37.7 36.8 37.6 38.5 37.8 37.6 34.2 Take one or two drinks nearly every day b 81.7 78.6 75.2 75.4 73.8 75.4 74.6 75.4 73.8 73.8 74.9 74.2 75.1 76.9 76.4 Have five or more drinks once or twice each weekend b 76.7 77.6 74.7 72.3 72.2 70.7 70.2 70.5 69.9 68.2 69.2 71.5 71.6 71.8 73.7 72.9 Smoke one to five cigarettes per day 67.8 69.1 71.2 74.3 76.2 77.5 79.3 80.2 Smoke one or more packs of cigarettes per dayf 77.8 76.5 71.6 73.8 75.3 76.1 76.7 78.2 82.7 83.2 79.4 73.9 Use electronic cigarettes (e-cigarettes) regularly e Vape marijuana occasionally b Vape marijuana regularly b Vape an e-liquid with nicotine occasionally e,h Vape an e-liquid with nicotine regularly e,h Use JUUL occasionally e Use JUUL regularly e Use smokeless tobacco regularly b 75.4 74.6 73.8 71.2 71.0 71.0 72.3 73.2 75.1 75.8 76.1 78.7 79.4 80.2 80.5 80.5 Take steroids <sup>g</sup> 90.0 91.0 91.2 90.8 Approximate weighted N = 14,800 14,800 15,300 15,900 17,000 15,700 15,600 15,000 13,600 14,300 14,000 14,300 15,800 16,400 16,200 16,200

Table continued on next page.

TABLE 8-5 (cont.)
Trends in <u>Disapproval</u> of Drug Use in <u>Grade 10</u>

					I	Percenta	ge who	disappro	ve or stro	ongly dis	approve	a							
Do you disapprove of people who																		2021–2022	
	<u>2007</u>	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	2013	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019pi	<u>2019e</u> i	2020	2021 <sup>j</sup>	2022	change	
Use marijuana once or twice <sup>b</sup>	63.9	64.5	60.1	59.2	58.5	56.2	53.2	53.8	52.7	52.6	48.1	47.9	46.0	46.9	§	47.8*	48.1	+0.3	
Use marijuana occasionally <sup>b</sup>	73.3	73.6	69.2	68.0	67.9	65.7	62.1	62.9	62.6	61.9	58.1	57.4	55.0	56.0	§	56.6*	56.9	+0.3	
Use marijuana regularly <sup>b</sup>	82.4	83.0	79.9	78.7	78.8	77.3	73.8	74.6	74.3	73.5	70.2	69.7	67.4	67.7	§	70.2*	69.3	-0.9	
Try inhalants once or twice <sup>c</sup>	87.6	87.1	87.0	86.5	86.9	85.7	86.1	85.9	84.1	83.3	80.7	81.8	81.8	79.5	§	74.5*	72.5	-2.0	
Take inhalants regularly <sup>c</sup>	91.8	91.6	91.1	90.8	90.9	90.0	89.7	89.7	88.3	87.1	85.4	86.9	86.6	83.9	§	83.4*	80.6	-2.8 s	
Take LSD once or twice d	67.7	66.3	67.8	68.2	68.5	68.3	69.1	67.8	70.3	69.5	66.9	70.5	69.2	71.3	§	63.3*	63.8	+0.5	
Take LSD regularly <sup>d</sup>	71.5	69.8	72.2	72.9	72.5	73.0	74.2	73.3	76.5	74.9	74.5	76.5	75.7	79.9	§	75.3*	71.1	-4.2 s	
Try ecstasy (MDMA, Molly) once or twice <sup>e</sup>	80.0	78.1	76.5	75.5	76.1	75.3	75.4	74.4‡	78.0	76.8	74.7	75.3	76.4	76.6	§	68.6*	69.8	+1.2	
Take ecstasy (MDMA, Molly) occasionally <sup>e</sup>	84.3	83.0	81.3	81.3	82.2	81.2	81.3	80.4‡	84.0	81.7	80.0	79.5	81.8	82.4	§	75.8*	76.2	+0.5	
Try crack once or twice <sup>c</sup>	89.5	90.8	90.4	90.3	90.9	91.0	90.6	90.6	90.1	89.7	88.4	89.5	89.4	88.0	_	_	_	_	
Take crack occasionally <sup>c</sup>	92.7	92.9	92.8	92.4	93.0	93.0	92.4	92.4	92.1	91.1	90.0	91.2	91.0	90.0	_	_	_	_	
Try cocaine once or twice c,k	87.7	88.6	88.4	89.0	89.4	89.3	88.7	88.9	87.9	87.9	86.1	87.6	87.4‡	86.0‡	§	84.7*	84.1	-0.6	
Take cocaine occasionally c,k	92.0	92.1	92.1	92.2	92.5	92.4	91.8	91.9	91.8	90.8	89.9	90.9	90.9‡	89.1‡	§	89.0*	88.5	-0.5	Table continued
Try heroin once or twice without using																			on next page.
a needle <sup>d</sup>	90.7	91.4	91.6	91.4	91.6	91.9	91.3	91.9	91.7	90.2	89.7	90.6	91.5	89.0	§	89.5*	87.6	-1.9	
Take heroin occasionally without using																			
a needle <sup>d</sup>	92.5	92.5	93.0	92.4	92.4	92.9	92.3	92.7	92.7	90.9	90.5	91.2	92.1	89.3	§	90.3*	88.5	-1.8	
Try one or two drinks of an alcoholic																			
beverage (beer, wine, liquor) b	39.5	41.8	39.7	40.3	41.5	39.6	38.5	40.7	40.0	41.8	39.3	39.6	40.4	41.0	§	36.7*	37.4	+0.7	
Take one or two drinks nearly every day <sup>D</sup>	77.1	79.1	77.6	77.6	80.0	78.0	77.1	77.9	78.2	78.6	77.7	77.9	79.4	77.6	§	77.1*	77.4	+0.3	
Have five or more drinks once or twice																			
each weekend <sup>b</sup>	74.1	77.2	75.1	75.9	77.3	77.5	77.8	79.5	79.6	80.8	80.1	80.4	82.4	78.8	§	78.4*	78.4	0.0	
Smoke one to five cigarettes per day <sup>e</sup>	79.7	82.5	80.0	80.6	82.1	_	_	_	_	_	_	_	_	_	_	_	_	_	
Smoke one or more packs of cigarettes																			
per day <sup>f</sup>	84.7	85.2	84.5	83.9	85.8	86.0	86.1	88.0	88.3	88.5	87.8	88.5	89.5	87.2	§	86.5*	86.4	-0.1	
Use electronic cigarettes (e-cigarettes)																			
regularly <sup>e</sup>	_	_	_	_	_	_	_	54.6	59.9	65.0	_	_	_	_	_	_	_	_	
Vape marijuana occasionally <sup>b</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	§	65.3*	63.4	-1.9	
Vape marijuana regularly <sup>b</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	§	74.8*	73.4	-1.5	
Vape an e-liquid with nicotine occasionally <sup>e,h</sup>	_	_	_	_	_	_	_	_	_	_	59.3	58.0	65.4	58.5	§	65.8*	67.9	+2.1	
Vape an e-liquid with nicotine regularly <sup>e,h</sup>	_	_	_	_	_	_	_	_	_	_	68.3	67.8	75.5	71.2	§	76.7*	77.4	+0.7	
Use JUUL occasionally <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	59.1	59.0	§	71.4*	_	_	
Use JUUL regularly <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	70.2	69.8	§	79.2*	_	_	
Use smokeless tobacco regularly <sup>b</sup>	80.9	81.8	79.5	78.5	79.5	79.5	77.7	78.7	80.1	81.2	80.7	80.7	83.2	80.2	§	79.6*	78.9	-0.7	
Take steroids <sup>9</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Approximate weighted N =	16,100	15,100	15,900	15,200	14,900	15,000	12,900	13,000	15,600	14,700	13,500	14,300	7,000	7,000	§	11,000	11,200		<u>-</u>

# TABLE 8-5 (cont.) Trends in Disapproval of Drug Use in Grade 10

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .001. '—' indicates data not available. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding. '‡' indicates that the question changed the following year.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019p' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

\*Answer alternatives were: (1) Don't disapprove, (2) Disapprove, (3) Strongly disapprove, and (4) Can't say, drug unfamiliar. Percentages are shown for categories (2) and (3) combined.

<sup>b</sup>Beginning in 2012, data based on two thirds of N indicated.

<sup>c</sup>Beginning in 1997, data based on two thirds of N indicated due to changes in questionnaire forms.

<sup>d</sup>Data based on one of two forms in 1993–1996; N is one half of N indicated. Beginning in 1997, data based on one third of N indicated due to changes in questionnaire forms.

Data based on one third of N indicated. For MDMA "Molly" was added to the question text in 2015; 2014 and 2015 data are not comparable due to this change.

<sup>f</sup>Beginning in 1999, data based on two thirds of N indicated due to changes in questionnaire forms.

<sup>9</sup>Data based on two forms in 1991 and 1992. Data based on one of two forms in 1993 and 1994; N is one half of N indicated.

<sup>h</sup> Percentages for all years reported here include respondents who replied "can't say, drug unfamiliar" in the denominator. The percentage for 2017 published in late 2017 and early 2018 did not include these respondents in the denominator.

The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

Sample is decreased by as much as 50% for the following drugs due to survey question experiments: alcohol, inhalants, heroin, JUUL, LSD, and ecstasy (MDMA, molly).

kIn 2019 and previous years the survey question asked about 'cocaine powder' and in 2020 forward it asked about 'cocaine'.

TABLE 8-6
Trends in Disapproval of Drug Use in Grade 12

Percentage who disapprove or strongly disapprove b Do you disapprove of people (who are 18 or older) doing each of the following? 1975 1976 1977 1978 1979 1980 1981 1982 1983 1984 1985 1986 1987 1988 1989 1990 60.8 Use marijuana once or twice 47 0 38.4 33.4 33.4 34.2 39.0 40.0 45.5 46.3 49.3 51.4 54.6 56.6 64.6 67.8 Use marijuana occasionally 54.8 44.3 43.5 45.3 49.7 52.6 59.1 60.7 63.5 65.8 69.0 71.6 74.0 77.2 80.5 Use marijuana regularly 71.9 69.5 65.5 67.5 69.2 74.6 77.4 80.6 82.5 84.7 85.5 86.6 89.2 89.3 89.8 91.0 88.9 Trying LSD once or twice 82.8 84.6 83.9 85.4 86.6 87.3 86.4 88.8 89.1 89.5 89.2 91.6 89.8 89.7 89.8 Taking LSD regularly 94.1 95.3 95.8 96.4 96.9 96.7 96.8 96.7 97.0 96.8 97.0 96.6 97.8 96.4 96.4 96.3 Trying ecstasy (MDMA, Molly) once or twice of Trying cocaine once or twice 81.3 82.4 79.1 77.0 74.7 76.3 74.6 76.6 77.0 79.7 79.3 80.2 87.3 89.1 90.5 91.5 94.3 Taking cocaine regularly 93.3 93.9 92.1 91.9 90.8 91.1 90.7 91.5 93.2 94.5 93.8 96.7 96.2 96.4 96.7 Trying crack once or twice 92.3 Taking crack occasionally 94.3 Taking crack regularly 94.9 87.9 Trying cocaine powder once or twice Taking cocaine powder occasionally 92.1 Taking cocaine powder regularly 93.7 Trying heroin once or twice 92.5 92.0 93.4 93.5 93.5 94.0 94.0 96.2 95.0 95.4 95.1 96.7 Table continued Taking heroin occasionally 94.8 96 N 96.0 96.4 96.8 96.7 97.2 96.9 96.9 97.1 96.8 96.6 97.9 96.9 97.2 Taking heroin regularly 97.8 97.9 97.6 97.8 97.5 97.7 98.0 97.6 98.1 97.2 97.5 on next page. Trying heroin once or twice without using a needle Taking heroin occasionally without using a needle Trying amphetamines once or twice d 74.8 75.1 74.2 74.8 75.1 75.4 71.1 72.6 72.3 72.8 74.9 76.5 80.7 82.5 83.3 85.3 Taking amphetamines regularly d 92.1 92.8 92.5 93.5 94.4 93.0 91.7 92.0 92.6 93.6 93.3 93.5 95.4 94.2 94.2 95.5 Trying sedatives (barbiturates) once or twice e 77.7 81.3 81.1 82.4 84.0 83.9 82.4 84.4 83.1 84.1 84.9 86.8 89.6 89.4 89.3 90.5 Taking sedatives (barbiturates) regularly e 93.3 93.6 93.0 94.3 95.2 95.4 94.2 94.4 95.1 95.5 96.4 Trying one or two drinks of an alcoholic beverage (beer, wine, liquor) 21.6 18.2 15.6 15.6 15.8 16.0 17.2 18.2 18.4 17.4 20.3 20.9 21.4 22.6 27.3 29.4 Taking one or two drinks nearly every day 67.6 68.9 66.8 67.7 68.3 69.0 69.1 69.9 68.9 72.9 70.9 72.8 74.2 75.0 76.5 91.0 92.0 91.6 Taking four or five drinks nearly every day 88 7 90.7 88.4 90.2 91.7 90.8 91.8 90.9 90.0 91.4 92.2 92.8 91.9 Having five or more drinks once or twice each weekend 60.3 58.6 57.4 56.2 56.7 55.6 55.5 58.8 56.6 59.6 60.4 62.4 62.0 65.3 66.5 68.9 Smoking one or more packs of cigarettes per day 67.5 65.9 66.4 67.0 70.8 69.9 69.4 70.8 73.0 72.3 75.4 74.3 73.1 72.4 72.8 70.3 Vape marijuana occasionally f Vape marijuana regularly <sup>1</sup> Vape an e-liquid with nicotine occasionally f Vape an e-liquid with nicotine regularly f Use JUUL occasionally f Use JUUL regularly f Taking steroids 90.8

350

3,221 3,261 3,610 3,651 3,341 3,254 3,265 3,113 3,302 3,311 2,799 2,566

Approximate weighted N = 2.677 2.957 3.085 3.686

TABLE 8-6 (cont.)
Trends in <u>Disapproval</u> of Drug Use in <u>Grade 12</u>

Percentag	ie who	disapprove	or strongly	v disapprove <sup>b</sup>

Do you disapprove of people (who are 18 or older)	1001	4000	4000	1001	4005	4000	4007	4000	4000	0000	0004	0000	0000	0004	0005	0000	2007	
doing each of the following? <sup>a</sup>	1991	1992	1993	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	1999	2000	2001	2002	2003	2004	2005	2006	2007	
Use marijuana once or twice	68.7	69.9	63.3	57.6	56.7	52.5	51.0	51.6	48.8	52.5	49.1	51.6	53.4	52.7	55.0	55.6	58.6	
Use marijuana occasionally	79.4	79.7	75.5	68.9	66.7	62.9	63.2	64.4	62.5	65.8	63.2	63.4	64.2	65.4	67.8	69.3	70.2	
Use marijuana regularly	89.3	90.1	87.6	82.3	81.9	80.0	78.8	81.2	78.6	79.7	79.3	78.3	78.7	80.7	82.0	82.2	83.3	
Trying LSD once or twice	90.1	88.1	85.9	82.5	81.1	79.6	80.5	82.1	83.0	82.4	81.8	84.6	85.5	87.9	87.9	88.0	87.8	
Taking LSD regularly	96.4	95.5	95.8	94.3	92.5	93.2	92.9	93.5	94.3	94.2	94.0	94.0	94.4	94.6	95.6	95.9	94.9	
Γrying ecstasy (MDMA, Molly) once or twice <sup>c</sup>	_	_	_	_	_	_	82.2	82.5	82.1	81.0	79.5	83.6	84.7	87.7	88.4	89.0	87.8	
Γrying cocaine once or twice	93.6	93.0	92.7	91.6	90.3	90.0	88.0	89.5	89.1	88.2	88.1	89.0	89.3	88.6	88.9	89.1	89.6	
Taking cocaine regularly	97.3	96.9	97.5	96.6	96.1	95.6	96.0	95.6	94.9	95.5	94.9	95.0	95.8	95.4	96.0	96.1	96.2	
rying crack once or twice	92.1	93.1	89.9	89.5	91.4	87.4	87.0	86.7	87.6	87.5	87.0	87.8	86.6	86.9	86.7	88.8	88.8	
Faking crack occasionally	94.2	95.0	92.8	92.8	94.0	91.2	91.3	90.9	92.3	91.9	91.6	91.5	90.8	92.1	91.9	92.9	92.4	
Faking crack regularly	95.0	95.5	93.4	93.1	94.1	93.0	92.3	91.9	93.2	92.8	92.2	92.4	91.2	93.1	92.1	93.8	93.6	
Frying cocaine powder once or twice	88.0	89.4	86.6	87.1	88.3	83.1	83.0	83.1	84.3	84.1	83.3	83.8	83.6	82.2	83.2	84.1	83.5	
Taking cocaine powder occasionally	93.0	93.4	91.2	91.0	92.7	89.7	89.3	88.7	90.0	90.3	89.8	90.2	88.9	90.0	89.4	90.4	90.6	
Taking cocaine powder regularly	94.4	94.3	93.0	92.5	93.8	92.9	91.5	91.1	92.3	92.6	92.5	92.2	90.7	92.6	92.0	93.2	92.6	
Frying heroin once or twice	96.0	94.9	94.4	93.2	92.8	92.1	92.3	93.7	93.5	93.0	93.1	94.1	94.1	94.2	94.3	93.8	94.8	
aking heroin occasionally	97.3	96.8	97.0	96.2	95.7	95.0	95.4	96.1	95.7	96.0	95.4	95.6	95.9	96.4	96.3	96.2	96.8	Table continu
aking heroin regularly	97.8	97.2	97.5	97.1	96.4	96.3	96.4	96.6	96.4	96.6	96.2	96.2	97.1	97.1	96.7	96.9	97.1	on next page.
rying heroin once or twice without using a needle	_	_	_	_	92.9	90.8	92.3	93.0	92.6	94.0	91.7	93.1	92.2	93.1	93.2	93.7	93.6	
aking heroin occasionally without using a needle	_	_	_	_	94.7	93.2	94.4	94.3	93.8	95.2	93.5	94.4	93.5	94.4	95.0	94.5	94.9	
rying amphetamines once or twice <sup>d</sup>	86.5	86.9	84.2	81.3	82.2	79.9	81.3	82.5	81.9	82.1	82.3	83.8	85.8	84.1	86.1	86.3	87.3	
aking amphetamines regularly <sup>d</sup>	96.0	95.6	96.0	94.1	94.3	93.5	94.3	94.0	93.7	94.1	93.4	93.5	94.0	93.9	94.8	95.3	95.4	
Trying sedatives (barbiturates) once or twice <sup>e</sup>	90.6	90.3	89.7	87.5	87.3	84.9	86.4	86.0	86.6	85.9	85.9	86.6	87.8‡	83.7	85.4	85.3	86.5	
aking sedatives (barbiturates) regularly <sup>e</sup>	97.1	96.5	97.0	96.1	95.2	94.8	95.3	94.6	94.7	95.2	94.5	94.7	94.4‡	94.2	95.2	95.1	94.6	
rying one or two drinks of an alcoholic beverage																		
(beer, wine, liquor)	29.8	33.0	30.1	28.4	27.3	26.5	26.1	24.5	24.6	25.2	26.6	26.3	27.2	26.0	26.4	29.0	31.0	
aking one or two drinks nearly every day	76.5	75.9	77.8	73.1	73.3	70.8	70.0	69.4	67.2	70.0	69.2	69.1	68.9	69.5	70.8	72.8	73.3	
aking four or five drinks nearly every day	90.6	90.8	90.6	89.8	88.8	89.4	88.6	86.7	86.9	88.4	86.4	87.5	86.3	87.8	89.4	90.6	90.5	
Having five or more drinks once or twice																		
each weekend	67.4	70.7	70.1	65.1	66.7	64.7	65.0	63.8	62.7	65.2	62.9	64.7	64.2	65.7	66.5	68.5	68.8	
Smoking one or more packs of cigarettes per day	71.4	73.5	70.6	69.8	68.2	67.2	67.1	68.8	69.5	70.1	71.6	73.6	74.8	76.2	79.8	81.5	80.7	
/ape marijuana occasionally <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
/ape marijuana regularly <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
/ape an e-liquid with nicotine occasionally <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
/ape an e-liquid with nicotine regularly <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Jse JUUL occasionally <sup>f</sup>	_	_	_	_		_	_	_	_	_		_		_		_	_	
Jse JUUL regularly <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Faking steroids	90.5	92.1	92.1	91.9	91.0	91.7	91.4	90.8	88.9	88.8	86.4	86.8	86.0	87.9	88.8	89.4	89.2	
Approximate weighted N =	2,547	2,645	2,723	2,588	2,603	2,399	2,601	2,545	2,310	2,150	2,144	2,160	2,442	2,455	2,460	2,377	2,450	

TABLE 8-6 (cont.)
Trends in <u>Disapproval</u> of Drug Use in <u>Grade 12</u>

Percentage who disapprove or strongly disapprove b

	-						<u> </u>	- ''		3,								
Do you disapprove of people (who are 18 or olde doing each of the following? a	r) 2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019p <sup>g</sup>	2019e <sup>g</sup>	2020	2021 h	2022	2021–2022 change	
Use marijuana once or twice	55.5	54.8	51.6	51.3	48.8	49.1	48.0	45.5	43.1	39.0	41.1	34.1	39.6	§	31.2*	35.0	+3.8	
Use marijuana occasionally	67.3	65.6	62.0	60.9	59.1	58.9	56.7	52.9	50.5	46.7	49.2	41.4	46.6	§	38.6*	41.6	+3.0	
Use marijuana regularly	79.6	80.3	77.7	77.5	77.8	74.5	73.4	70.7	68.5	64.7	66.7	63.4	66.7	§	58.0*	61.6	+3.6	
Trying LSD once or twice	85.5	88.2	86.5	86.3	87.2	86.6	85.0	81.7	82.4	78.0	80.5	76.1	77.7	§	68.7*	72.8	+4.0	
Taking LSD regularly	93.5	95.3	94.3	94.9	95.2	95.3	94.7	92.5	92.4	92.7	93.4	93.8	92.8	§	90.3*	89.8	-0.6	
Trying ecstasy (MDMA, Molly) once or twice <sup>c</sup>	88.2	88.2	86.3	83.9	87.1	84.9‡	83.1	84.5	84.0	85.1	85.6	89.8	87.6	§	85.5*	86.6	+1.0	
Trying cocaine once or twice	89.2	90.8	90.5	91.1	91.0	92.3	90.0	89.0	88.4	88.0	88.9	88.5	88.8	§	81.7*	88.7	+7.1 s	
Taking cocaine regularly	94.8	96.5	96.0	96.0	96.8	96.7	96.3	95.2	94.8	94.8	95.8	96.5	95.8	§	92.6*	95.0	+2.5	
Trying crack once or twice i	89.6	90.9	89.8	91.4	92.8	91.4	89.3	90.2	90.1	89.7	90.4	88.7	85.1	§	87.4*	87.1	-0.3	
Taking crack occasionally i	93.3	94.0	92.6	93.9	95.0	93.6	91.9	92.5	92.0	91.8	92.2	91.1	85.7	§	90.1*	88.4	-1.7	
Taking crack regularly <sup>i</sup>	93.5	94.3	93.1	94.4	95.4	94.1	92.4	92.8	92.6	92.5	92.5	91.5	85.0	§	90.1*	88.9	-1.2	
Trying cocaine powder once or twice i	85.7	87.3	87.0	88.1	88.7	88.2	85.5	86.4	86.6	85.5	86.5	85.7	82.5	§	83.1*	83.4	+0.4	
Taking cocaine powder occasionally <sup>i</sup>	91.7	92.3	91.0	92.2	93.0	91.7	90.4	91.3	90.6	90.3	91.3	90.1	84.3	§	86.6*	86.1	-0.5	
Taking cocaine powder regularly <sup>i</sup>	92.8	93.9	92.6	93.8	95.0	94.1	91.7	92.4	92.0	92.2	92.0	91.2	85.6	§	89.5*	89.2	-0.3	
Trying heroin once or twice	93.3	94.7	93.9	94.3	95.8	95.6	94.7	94.2	94.1	93.7	95.0	95.7	93.9	§	92.8*	92.9	+0.1	
Taking heroin occasionally	95.3	96.9	96.2	96.3	97.0	96.9	96.6	95.3	95.5	95.5	96.4	96.7	95.9	§	94.9*	95.7	+0.8	Table continued
Taking heroin regularly	95.9	97.4	96.4	96.7	97.4	97.4	97.1	96.4	95.7	95.9	96.8	97.3	96.3	§	96.3*	96.7	+0.4	on next page.
Trying heroin once or twice without using a needl	e 94.2	94.7	93.2	92.6	95.2	93.7	92.5	92.6	93.8	93.3	93.0	95.2	95.0	§	93.4*	93.1	-0.3	
Taking heroin occasionally without using a needle	95.3	95.5	94.5	94.1	95.9	94.6	93.5	92.8	94.0	93.8	93.4	95.4	95.1	§	93.9*	93.8	0.0	
Trying amphetamines once or twice <sup>d</sup>	87.2	88.2	88.1‡	84.1	83.9	84.9	83.1	81.4	82.1	81.9	81.0	80.3	83.5	§	78.5*	84.0	+5.5	
Taking amphetamines regularly <sup>d</sup>	94.2	95.6	94.9‡	92.9	93.9	93.2	93.0	92.2	92.2	92.0	92.8	94.4	93.3	§	88.3*	91.2	+2.9	
Trying sedatives (barbiturates) once or twice <sup>e</sup>	86.1	87.7	87.6	87.3	88.2	88.9	88.5	87.4	86.5	85.9	86.9	85.6	86.1	_	_	_	_	
Taking sedatives (barbiturates) regularly <sup>e</sup>	94.3	95.8	94.7	95.1	96.1	95.8	95.0	94.7	94.8	94.4	95.3	95.1	94.6	_	_	_	_	
Trying one or two drinks of an alcoholic beverage																		
(beer, wine, liquor)	29.8	30.6	30.7	28.7	25.4	27.3	29.2	28.9	28.8	27.2	31.3	26.3	30.1	§	22.3*	26.7	+4.4	
Taking one or two drinks nearly every day	74.5	70.5	71.5	72.8	70.8	71.9	71.7	71.1	71.8	70.8	74.7	73.4	74.1	§	67.4*	71.0	+3.7	
Taking four or five drinks nearly every day	89.8	89.7	88.8	90.8	90.1	90.6	91.9	89.7	91.1	90.7	91.7	91.5	91.9	§	91.8*	92.2	+0.4	
Having five or more drinks once or twice																		
each weekend	68.9	67.6	68.8	70.0	70.1	71.6	72.6	71.9	74.2	72.5	75.8	75.0	70.2	§	57.8*	66.9	+9.1 s	
Smoking one or more packs of cigarettes per day	80.5	81.8	81.0	83.0	83.7	82.6	85.0	84.1	85.3	86.6	89.0	87.9	87.7	§	86.5*	86.3	-0.3	
Vape marijuana occasionally <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	§	48.0*	52.8	+4.8	
Vape marijuana regularly <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	§	64.5*	68.3	+3.8	
Vape an e-liquid with nicotine occasionally <sup>f</sup>	_	_	_	_	_	_	_	_	_	62.0	59.2	56.6	60.7	§	60.3*	64.9	+4.6	
Vape an e-liquid with nicotine regularly <sup>f</sup>	_	_	_	_	_	_	_	_	_	71.8	70.9	70.1	70.7	§	73.2*	76.0	+2.8	
Use JUUL occasionally <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	58.2	57.9	§	59.6*	_	_	
Use JUUL regularly <sup>f</sup>	_	_	_	_	_	_	_	_	_	_	_	69.1	69.2	§	71.7*	_	_	
Taking steroids	90.9	90.3	89.8	89.7	90.4	88.2	87.5	87.8	86.7	88.5	87.4	88.7	90.3	§	80.9*	84.5	+3.7	
Approximate weighted	1N = 2,314	2,233	2,449	2,384	2,301	2,147	2,078	2,193	2,000	1,870	1,918	876	975	§	1,441	1,539		_

#### TABLE 8-6 (cont.)

## Trends in **Disapproval** of Drug Use in **Grade 12**

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. '‡' indicates that the question

changed the following year. See relevant footnote for that drug. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>The 1975 question asked about people who are 20 or older.

<sup>b</sup>Answer alternatives were: (1) Don't disapprove, (2) Disapprove, and (3) Strongly disapprove. Percentages are shown for categories (2) and (3) combined.

<sup>c</sup>Beginning in 2014 "molly" was added to the question on disapproval of using MDMA once or twice. 2014 and 2015 data are not comparable to earlier years due to this change.

<sup>d</sup>In 2011 the list of examples was changed from upper, pep pill, bennie, speed to upper, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2011 results

en 2004 the question text was changed from barbiturates to sedatives/barbiturates and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

<sup>f</sup>Based on two of six forms; N is two times the N indicated.

<sup>9</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

<sup>h</sup>Sample is decreased by approximately 50% for the following drugs due to survey question experiments: amphetamines, cocaine, alcohol, vaping nicotine, vaping marijuana, heroin without using a needle,

Ecstasy (MDMA, molly), and JUUL.

This estimate based on a question that was placed in a different form starting in 2021. Results from each form are nationally representative by themselves, as well as when combined.

TABLE 8-7
Trends in 12th Graders' Attitudes Regarding Legality of Drug Use

Do you think that peopl should be							Perd	centage :	saying "y	es" <sup>a</sup>						
prohibited by law from doing each of the following?	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>
Smoking marijuana in private	32.8	27.5	26.8	25.4	28.0	28.9	35.4	36.6	37.8	41.6	44.7	43.8	47.6	51.8	51.5	56.0
Smoking marijuana in public places	63.1	59.1	58.7	59.5	61.8	66.1	67.4	72.8	73.6	75.2	78.2	78.9	79.7	81.3	80.0	81.9
Taking LSD in private	67.2	65.1	63.3	62.7	62.4	65.8	62.6	67.1	66.7	67.9	70.6	69.0	70.8	71.5	71.6	72.9
Taking LSD in public places	85.8	81.9	79.3	80.7	81.5	82.8	80.7	82.1	82.8	82.4	84.8	84.9	85.2	86.0	84.4	84.9
Taking heroin in private	76.3	72.4	69.2	68.8	68.5	70.3	68.8	69.3	69.7	69.8	73.3	71.7	75.0	74.2	74.4	76.4
Taking heroin in public places	90.1	84.8	81.0	82.5	84.0	83.8	82.4	82.5	83.7	83.4	85.8	85.0	86.2	86.6	85.2	86.7
Taking amphetamines or sedatives in private <sup>c</sup>	57.2	53.5	52.8	52.2	53.4	54.1	52.0	53.5	52.8	54.4	56.3	56.8	59.1	60.2	61.1	64.5
Taking amphetamines or sedatives in public places <sup>c</sup>	79.6	76.1	73.7	75.8	77.3	76.1	74.2	75.5	76.7	76.8	78.3	79.1	79.8	80.2	79.2	81.6
Getting drunk in private	14.1	15.6	18.6	17.4	16.8	16.7	19.6	19.4	19.9	19.7	19.8	18.5	18.6	19.2	20.2	23.0
Getting drunk in public places	55.7	50.7	49.0	50.3	50.4	48.3	49.1	50.7	52.2	51.1	53.1	52.2	53.2	53.8	52.6	54.6
Smoking cigarettes in certain																
specified public places	_	_	42.0	42.2	43.1	42.8	43.0	42.0	40.5	39.2	42.8	45.1	44.4	48.4	44.5	47.3
Approximate weighted N =	2,620	2,959	3,113	3,783	3,288	3,224	3,611	3,627	3,315	3,236	3,254	3,074	3,332	3,288	2,813	2,571

Table continued on next page.

TABLE 8-7 (cont.)
Trends in <u>12th Graders'</u> Attitudes Regarding Legality of Drug Use

Do you think that people should be							Perd	centage :	saying "y	es" <sup>a</sup>						
prohibited by law from doing each of the following?	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006
Smoking marijuana in private	51.6	52.4	48.0	42.9	44.0	40.4	38.8	39.8	39.3	38.8	39.1	38.4	40.3	41.4	40.7	42.3
Smoking marijuana in public places	79.8	78.3	77.3	72.5	72.9	70.0	69.4	72.2	71.5	72.1	68.3	67.6	68.6	69.2	69.6	68.5
Taking LSD in private	68.1	67.2	63.5	63.2	64.3	62.0	61.2	64.7	62.6	62.9	63.1	64.2	64.2	64.4	63.7	62.3
Taking LSD in public places	83.9	82.2	82.1	80.5	81.5	79.2	80.3	82.7	80.4	80.4	78.8	79.9	79.1	77.0	77.4	75.0
Taking heroin in private	72.8	71.4	70.7	70.1	72.2	70.8	70.6	73.9	72.9	71.1	70.6	73.6	73.1	72.0	71.3	71.6
Taking heroin in public places	85.4	83.3	84.5	82.9	84.8	82.3	84.3	86.4	84.2	83.9	81.7	83.7	83.2	80.9	82.0	80.1
Taking amphetamines or sedatives in private <sup>c</sup>	59.7	60.5	57.4	55.7	57.5	54.6	54.6	58.5	55.1	56.0	55.9	56.0	55.8‡	52.2	53.6	51.5
Taking amphetamines or sedatives in public places <sup>c</sup>	79.7	78.5	78.0	76.4	77.6	74.3	76.5	77.4	76.1	75.4	74.5	73.6	74.4‡	69.9	72.0	69.5
Getting drunk in private	22.0	24.4	22.1	21.0	21.6	21.4	20.5	20.2	20.5	21.5	22.6	21.0	21.4	22.0	22.5	23.4
Getting drunk in public places	54.3	54.1	53.6	54.3	54.5	52.8	51.7	51.2	52.8	51.9	50.6	48.6	50.1	47.7	48.2	47.3
Smoking cigarettes in certain																
specified public places	44.9	47.6	45.9	47.3	45.1	43.4	41.3	41.1	43.2	45.1	44.2	43.8	45.5	44.3	46.8	47.0
Approximate weighted N =	2,512	2,671	2,759	2,603	2,578	2,422	2,587	2,563	2,283	2,146	2,161	2,162	2,450	2,450	2,461	2,381

Table continued on next page.

# TABLE 8-7 (cont.) Trends in 12th Graders' Attitudes Regarding Legality of Drug Use

#### Percentage saying "yes" a

									, , ,								
Do you think that people should be prohibited by law from doing each of the following?	<u>2007</u>	<u>2008</u>	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>c</sup>	<u>2019e</u> °	<u>2020</u>	<u>2021</u>	<u>2022</u>
Smoking marijuana in private	38.7	39.3	36.7	32.8	34.2	33.0	32.0	28.5	26.5	23.8	22.9	21.7	20.5	23.8	§	16.9*	15.3#
Smoking marijuana in public places	69.4	70.2	67.1	62.4	63.8	64.4	61.3	57.0	55.7	57.0	50.3	47.9	49.1	51.2	§	42.0*	38.5#
Taking LSD in private	63.6	60.9	60.2	56.2	57.0	56.4	57.6	54.0	47.6	50.6	48.3	44.3	46.1	45.2	§	39.8*	31.0#
Taking LSD in public places	76.9	74.2	74.8	72.3	73.3	72.8	73.9	71.9	66.9	71.9	68.6	65.4	68.5	69.2	§	63.7*	60.6#
Taking heroin in private	72.5	72.0	71.3	70.1	68.8	68.9	71.0	68.4	64.1	69.6	68.5	66.4	67.9	67.7	§	65.2*	62.8#
Taking heroin in public places	81.7	80.6	80.5	80.0	79.1	80.6	80.6	78.7	74.1	79.2	77.3	74.8	77.2	75.5	§	74.8*	75.1#
Taking amphetamines or sedatives in private <sup>c</sup>	54.3	53.0	51.1	50.8	50.2	48.7	48.9	46.2	43.0	45.3	44.2	42.4	40.3	45.4	§	42.2*	33.8#
Taking amphetamines or sedatives in public places <sup>b</sup>	72.8	71.6	71.1	70.7	68.5	69.8	68.5	67.0	61.5	66.1	63.3	60.2	62.4	64.4	§	61.1*	56.3#
Getting drunk in private	21.3	23.2	22.1	20.3	21.4	21.6	21.8	19.5	22.0	18.8	20.3	19.7	17.1	19.8	§	16.6*	15.3#
Getting drunk in public places	47.8	49.6	49.7	47.3	49.3	48.8	47.5	47.9	46.2	48.2	43.4	41.9	41.0	41.1	§	37.7*	39.0#
Smoking cigarettes in certain																	
specified public places	46.4	45.1	45.4	41.3	42.6	43.0	40.8	39.2	39.7	41.9	38.4	37.9	35.5	43.7	§	34.6*	31.4#
Approximate weighted N =	2,459	2,356	2,306	2,410	2,339	2,304	2,101	2,070	2,170	1,976	2,117	2,234	1,038	1,225	§	1,411	1,613

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .001, ' — ' indicates data not available. ' ‡ ' indicates

that the question changed the following year. See relevant footnote. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding. The 1975 question asked about people who are 20 or older.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years). #Results may not be comparable to previous years. Beginning in 2022, question text was changed from asking about age 18 and older to asking about age 21 and older.

yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

<sup>c</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

<sup>&</sup>lt;sup>a</sup>Answer alternatives were: (1) No, (2) Not sure, and (3) Yes.

<sup>&</sup>lt;sup>b</sup>In 2004 the question text was changed from barbiturates to sedatives/barbiturates and the list of examples was changed from downers, goofballs, reds,

TABLE 8-8
Trends in 12th Graders' Attitudes Regarding Marijuana Laws

(Entries are percentages.)

There has been a great deal of public																
debate about whether marijuana use																
should be legal. Which of the following																
policies would you favor?	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>
Using marijuana should be entirely legal	27.3	32.6	33.6	32.9	32.1	26.3	23.1	20.0	18.9	18.6	16.6	14.9	15.4	15.1	16.6	15.9
It should be a minor violation like a parking																
ticket, but not a crime	25.3	29.0	31.4	30.2	30.1	30.9	29.3	28.2	26.3	23.6	25.7	25.9	24.6	21.9	18.9	17.4
It should be a crime	30.5	25.4	21.7	22.2	24.0	26.4	32.1	34.7	36.7	40.6	40.8	42.5	45.3	49.2	50.0	53.2
Don't know	16.8	13.0	13.4	14.6	13.8	16.4	15.4	17.1	18.1	17.2	16.9	16.7	14.8	13.9	14.6	13.6
Approximate weighted N =	2,600	2,970	3,110	3,710	3,280	3,210	3,600	3,620	3,300	3,220	3,230	3,080	3,330	3,277	2,812	2,570

TABLE 8-8
Trends in 12th Graders' Attitudes Regarding Marijuana Laws

(Entries are percentages.)

There has been a great deal of public																
debate about whether marijuana use																
should be legal. Which of the following																
policies would you favor?	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	2002	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>
Using marijuana should be entirely legal	18.0	18.7	22.8	26.8	30.4	31.2	30.8	27.9	27.3	31.2	29.2	30.8	29.5	30.5	27.6	27.1
It should be a minor violation like a parking																
ticket, but not a crime	19.2	18.0	18.7	19.0	18.0	21.0	20.7	24.3	23.7	23.4	24.5	24.2	25.8	26.5	27.7	27.6
It should be a crime	48.6	47.6	43.4	39.4	37.3	33.8	34.0	32.6	32.5	30.2	31.1	29.1	29.8	28.5	29.7	31.7
Don't know	14.3	15.7	15.1	14.8	14.4	13.9	14.5	15.2	16.5	15.2	15.3	15.9	14.9	14.5	15.1	13.6
Approximate weighted N =	2,515	2,672	2,768	2,597	2,574	2,426	2,585	2,566	2,285	2,143	2,160	2,150	2,444	2,461	2,466	2,383

### TABLE 8-8 (cont.)

## Trends in 12th Graders' Attitudes Regarding Marijuana Laws

(Entries are percentages.)

There has been a great deal of public debate about whether marijuana use

should be legal. Which of the following           policies do you favor?         2007         2008         2009         2010         2011         2012         2013         2014         2015         2016         2017         2018         2019e³         2019e³         2020         2021         2022           Using marijuana should be entirely legal         29.3         29.4         31.8         36.2         39.2         39.3         41.5         43.4         42.4         44.7         48.9         48.2         50.7         48.9         §         51.1*         51.2#           It should be a minor violation like a parking ticket, but not a crime         27.8         30.0         28.9         28.6         26.9         26.8         25.0         24.6         27.4         28.5         25.9         27.0         24.9         32.0         §         24.6*         26.6#           It should be a crime         30.2         27.5         26.0         21.8         21.3         21.7         20.8         17.1         15.4         13.8         12.4         10.5         9.4         9.3         §         7.1*         6.8#           Don't know         12.8         13.1         13.3         13.4         12.6         12.2	Approximate weighted N =	2.450	2.366	2.311	2.425	2.349	2.303	2.106	2.079	2.165	1.962	2.119	2.246	1.033	1.232	8	1.411	1.612
policies do you favor?         2007         2008         2009         2010         2011         2012         2013         2014         2015         2016         2017         2018         2019e³         2020         2021         2022           Using marijuana should be entirely legal         29.3         29.4         31.8         36.2         39.2         39.3         41.5         43.4         42.4         44.7         48.9         48.2         50.7         48.9         §         51.1*         51.2#           It should be a minor violation like a parking ticket, but not a crime         27.8         30.0         28.9         28.6         26.9         26.8         25.0         24.6         27.4         28.5         25.9         27.0         24.9         32.0         §         24.6*         26.6#	Don't know	12.8	13.1	13.3	13.4	12.6	12.2	12.7	14.9	14.8	13.1	12.7	14.2	15.0	9.8	§	17.1*	15.5#
policies do you favor?         2007         2008         2009         2010         2011         2012         2013         2014         2015         2016         2017         2018         2019e <sup>a</sup> 2020         2021         2022           Using marijuana should be entirely legal         29.3         29.4         31.8         36.2         39.2         39.3         41.5         43.4         42.4         44.7         48.9         48.2         50.7         48.9         §         51.1*         51.2*           It should be a minor violation like a parking	It should be a crime	30.2	27.5	26.0	21.8	21.3	21.7	20.8	17.1	15.4	13.8	12.4	10.5	9.4	9.3	§	7.1*	6.8#
policies do you favor?         2007         2008         2009         2010         2011         2012         2013         2014         2015         2016         2017         2018         2019pa 2019ea         2020         2021         2022           Using marijuana should be entirely legal         29.3         29.4         31.8         36.2         39.2         39.3         41.5         43.4         42.4         44.7         48.9         48.2         50.7         48.9         §         51.1*         51.2*	ticket, but not a crime	27.8	30.0	28.9	28.6	26.9	26.8	25.0	24.6	27.4	28.5	25.9	27.0	24.9	32.0	§	24.6*	26.6#
policies do you favor? 2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017 2018 2019 2019 2019 2020 2021 2022	It should be a minor violation like a parking																	
0007 0000 0000 0004 0004 0004 0004 0007 0000 0 0 0	Using marijuana should be entirely legal	29.3	29.4	31.8	36.2	39.2	39.3	41.5	43.4	42.4	44.7	48.9	48.2	50.7	48.9	§	51.1*	51.2#
		2007	2008	2009	<u>2010</u>	<u>2011</u>	2012	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>a</sup>	<u>2019e<sup>a</sup></u>	2020	<u>2021</u>	2022

Source. The Monitoring the Future study, the University of Michigan.

§Estimates not presented due to insufficient data this year.

the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires

(used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

#Results may not be comparable to previous years. Beginning in 2022, question text was changed from "would you favor?" to "do you favor?"

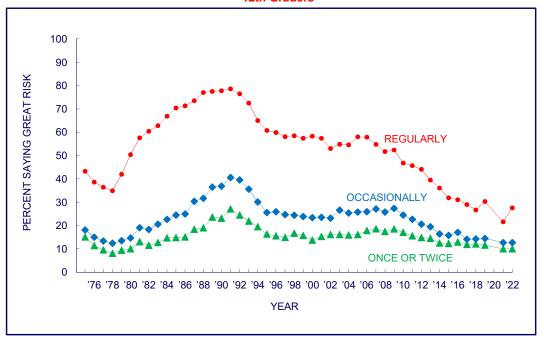
<sup>a</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

<sup>\*</sup>Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between

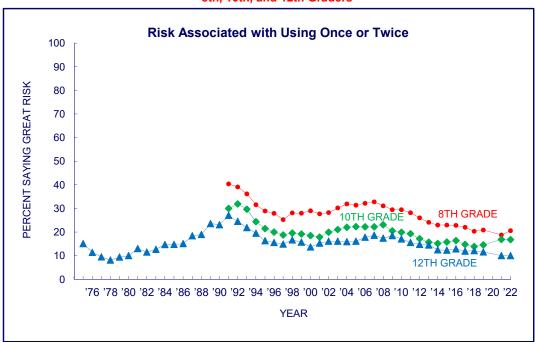
FIGURE 8-1a MARIJUANA

# Trends in Perceived <u>Harmfulness</u> for Different Levels of Use in Grades 8, 10, and 12

12th Graders



8th, 10th, and 12th Graders

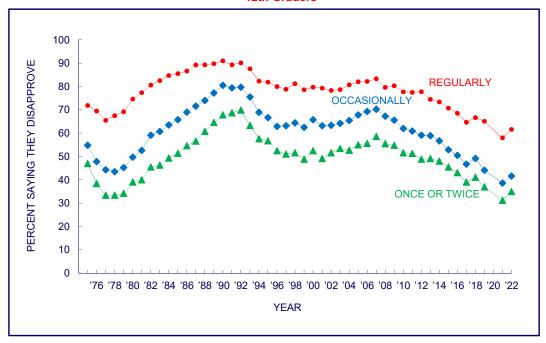


See footnotes at end of this series of Figures

## FIGURE 8-1b MARIJUANA

## Trends in <u>Disapproval</u> of Different Levels of Use in Grades 8, 10, and 12

### 12th Graders



### 8th, 10th, and 12th Graders

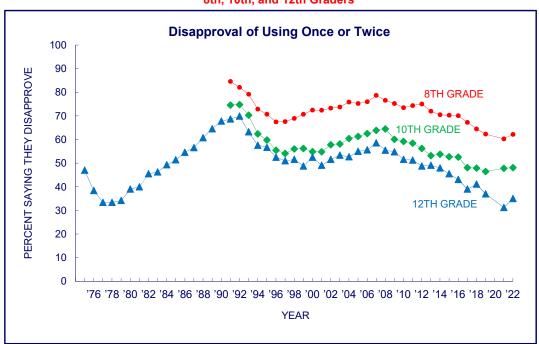
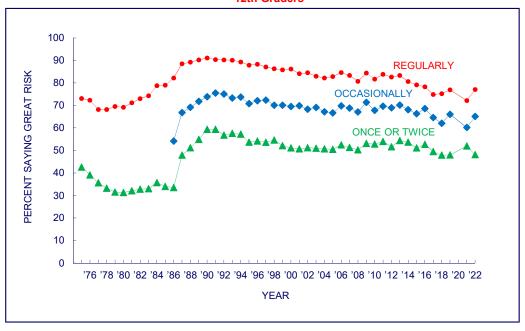


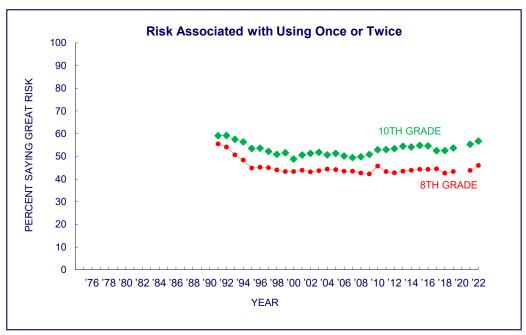
FIGURE 8-2a COCAINE<sup>a,b</sup>

## Trends in Perceived <u>Harmfulness</u> for Different Levels of Use in Grades 8, 10, and 12

#### 12th Graders



#### 8th and 10th Graders



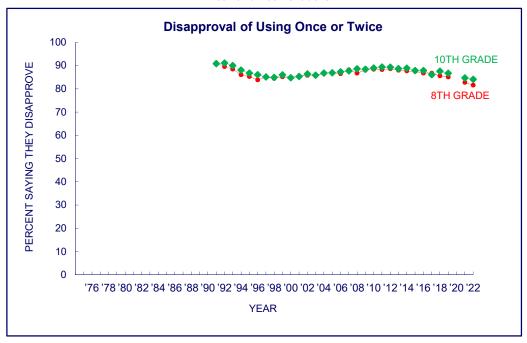
## FIGURE 8-2b COCAINE<sup>a</sup>

## Trends in <u>Disapproval</u> of Different Levels of Use in Grades 8, 10, and 12

### 12th Graders



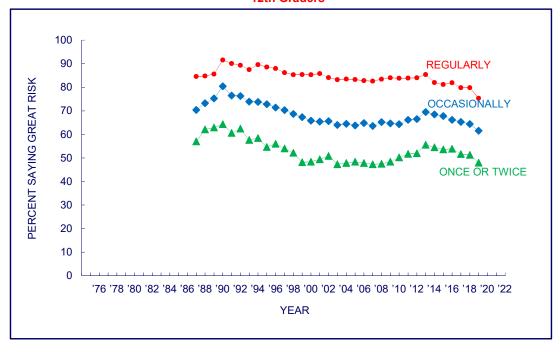
#### 8th and 10th Graders



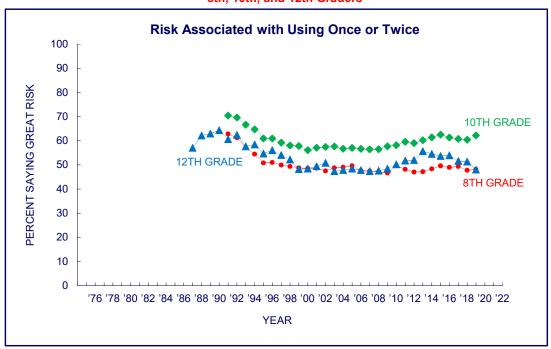
## FIGURE 8-3a CRACK<sup>c</sup>

## Trends in Perceived <u>Harmfulness</u> for Different Levels of Use in Grades 8, 10, and 12

### 12th Graders



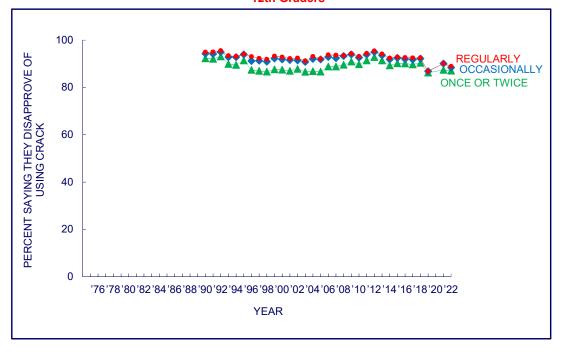
8th, 10th, and 12th Graders



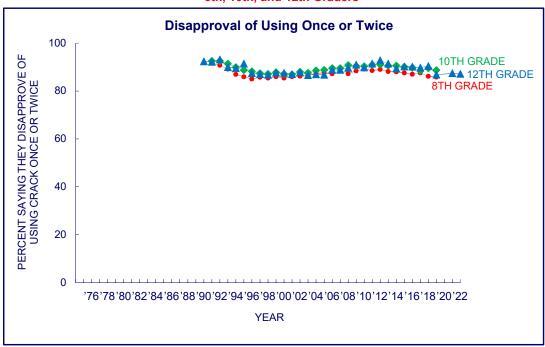
## FIGURE 8-3b CRACK<sup>c</sup>

## Trends in <u>Disapproval</u> of Different Levels of Use in Grades 8, 10, and 12

#### 12th Graders

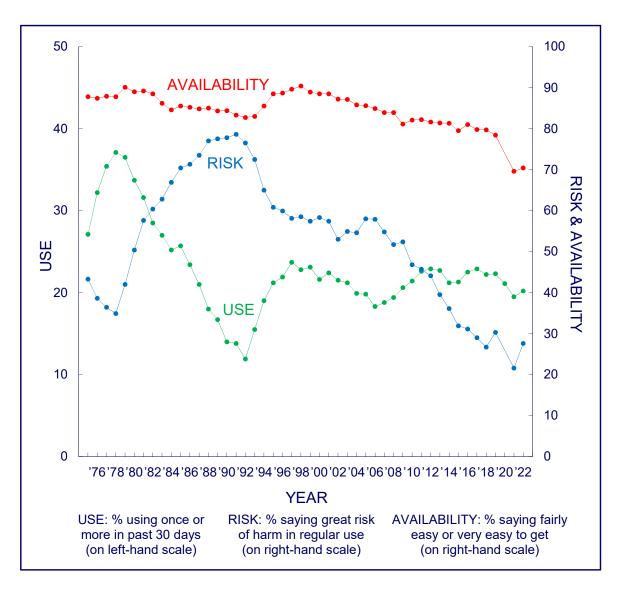


8th, 10th, and 12th Graders



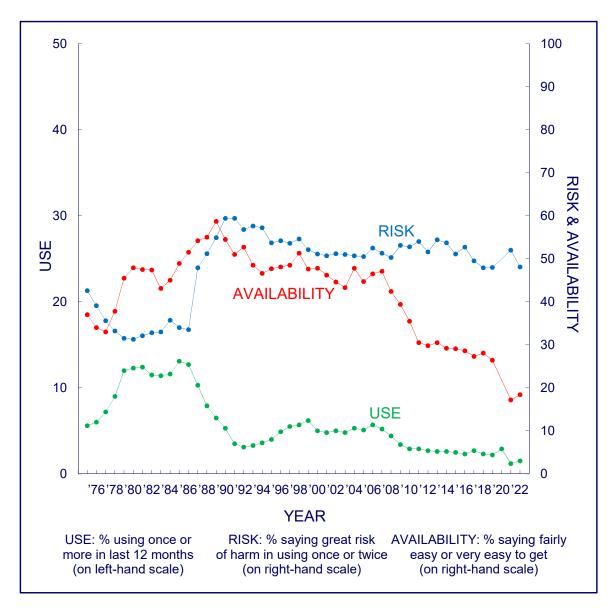
## FIGURE 8-4 MARIJUANA

# Trends in Perceived Availability, Perceived Risk of Regular Use, and Prevalence of Use in Past 30 Days in <u>Grade 12</u>



## FIGURE 8-5 COCAINE

# Trends in Perceived Availability, Perceived Risk of Trying, and Prevalence of Use in Last 12 Months in <u>Grade 12</u>



## FIGURE 8-6 ECSTASY (MDMA)<sup>d</sup>

# Trends in Perceived Availability, Perceived Risk of Trying, and Prevalence of Use in Last 12 Months in Grade 12

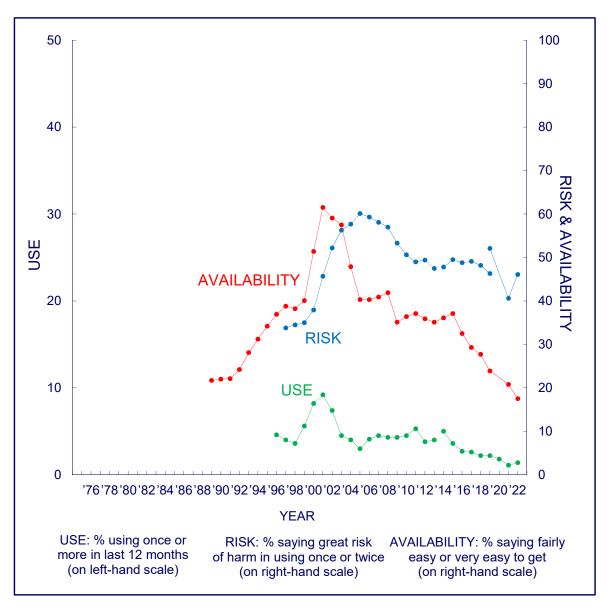
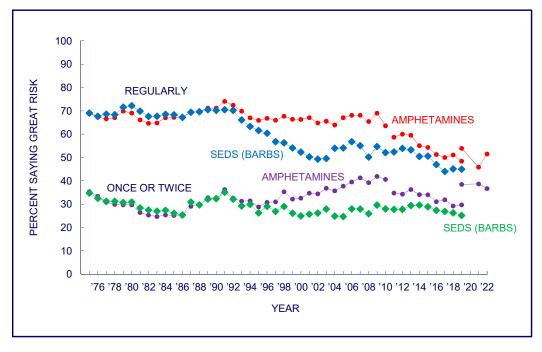


FIGURE 8-7a<sup>e</sup>

AMPHETAMINES<sup>f</sup> AND SEDATIVES (BARBITURATES)<sup>g</sup>

Trands in Parasived Harmfulness for Different Levels of Use

Trends in Perceived <u>Harmfulness</u> for Different Levels of Use in <u>Grade 12</u>



## 

## Trends in <u>Disapproval</u> of Different Levels of Use in <u>Grade 12</u>

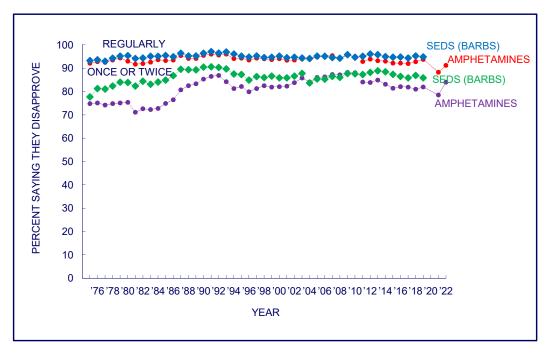
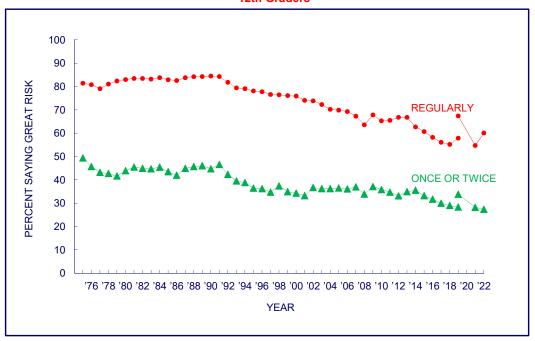


FIGURE 8-8a LSD

## Trends in Perceived <u>Harmfulness</u> for Different Levels of Use in Grades 8, 10, and 12

12th Graders



8th, 10th, and 12th Graders

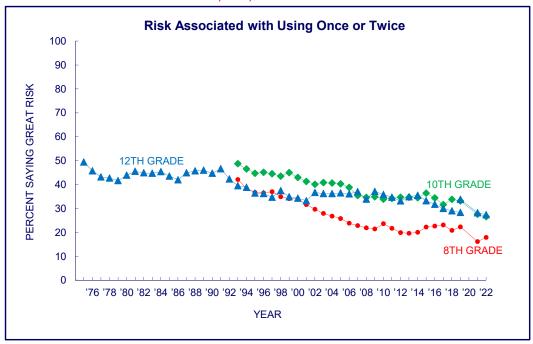
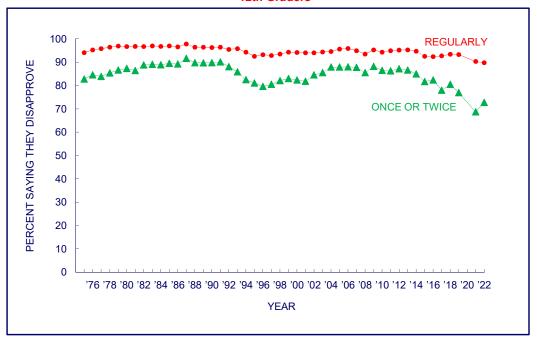


FIGURE 8-8b LSD

## Trends in <u>Disapproval</u> of Different Levels of Use in Grades 8, 10, and 12

### 12th Graders



### 8th, 10th, and 12th Graders

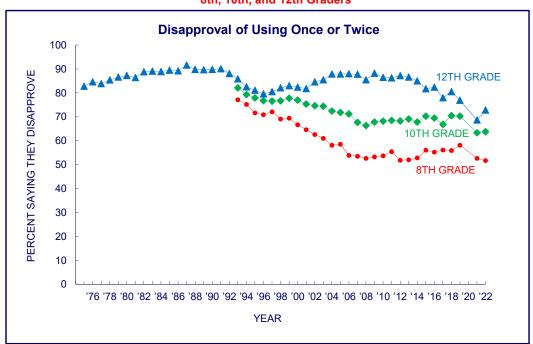
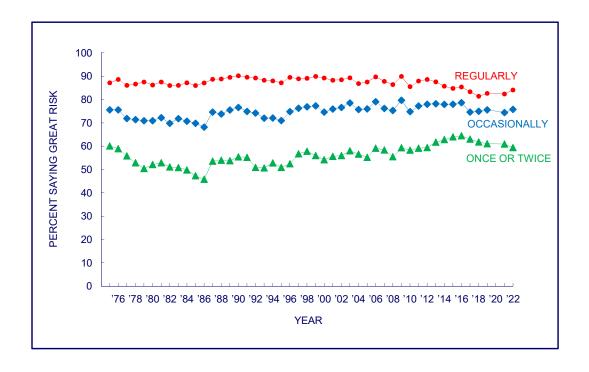


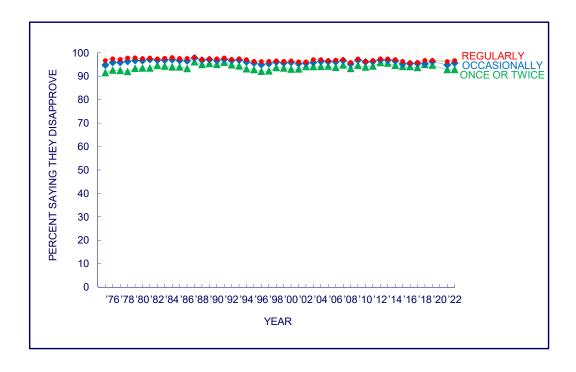
FIGURE 8-9a HEROIN<sup>h</sup>

## Trends in Perceived <u>Harmfulness</u> for Different Levels of Use in <u>Grade 12</u>



## FIGURE 8-9b HEROIN<sup>h</sup>

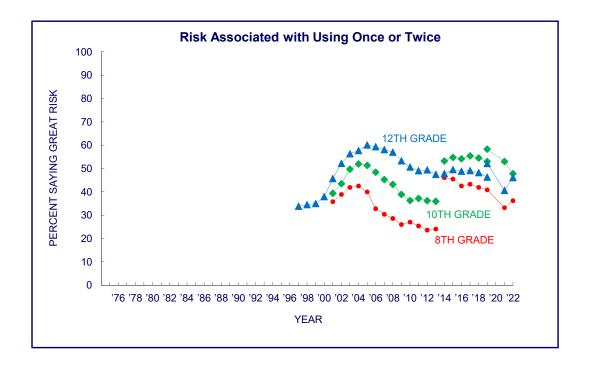
## Trends in <u>Disapproval</u> of Different Levels of Use in <u>Grade 12</u>



## FIGURE 8-10a

## MDMA (Ecstasy, Molly)<sup>i</sup>

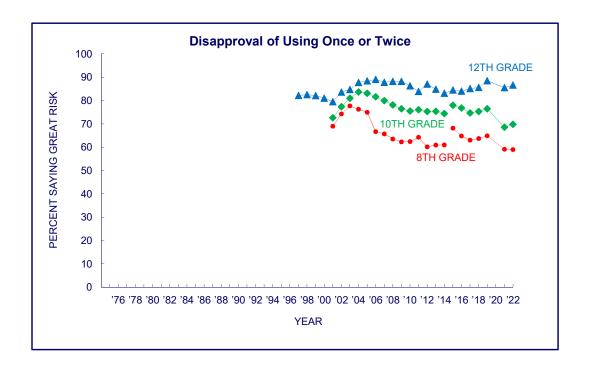
## Trends in Perceived <u>Harmfulness</u> for Experimental Use in Grades 8, 10, and 12



### FIGURE 8-10b

## MDMA (Ecstasy, Molly)<sup>j</sup>

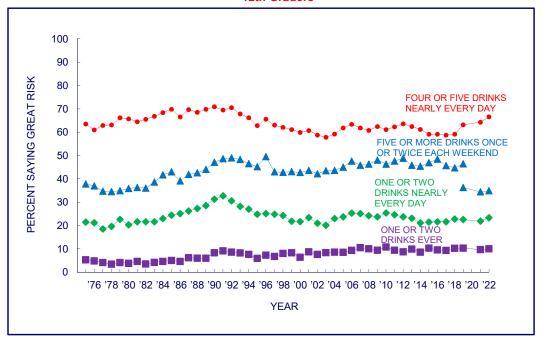
## Trends in <u>Disapproval</u> of Experimental Use in Grades 8, 10, and 12



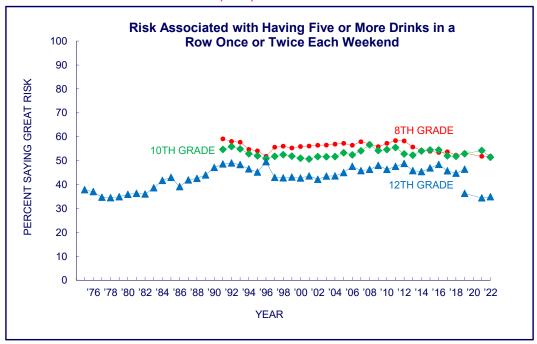
## FIGURE 8-11a ALCOHOL

## Trends in Perceived <u>Harmfulness</u> for Different Levels of Use in Grades 8, 10, and 12

#### 12th Graders



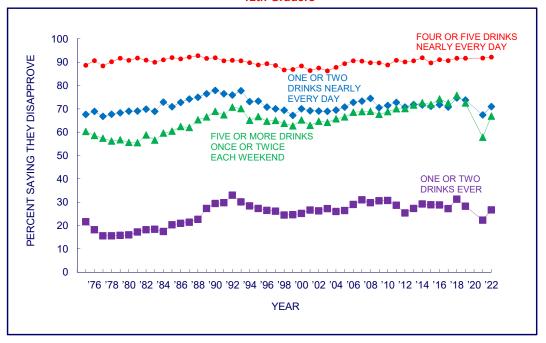
### 8th, 10th, and 12th Graders



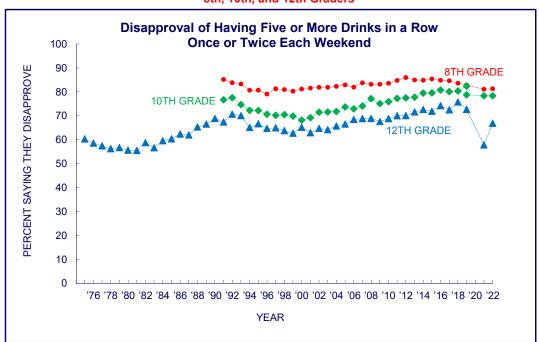
## FIGURE 8-11b ALCOHOL

## Trends in <u>Disapproval</u> of Different Levels of Use in Grades 8, 10, and 12

#### 12th Graders

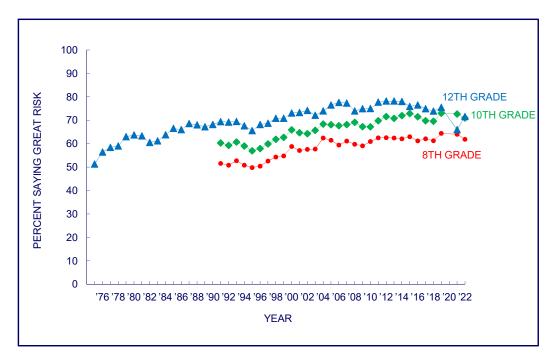


### 8th, 10th, and 12th Graders



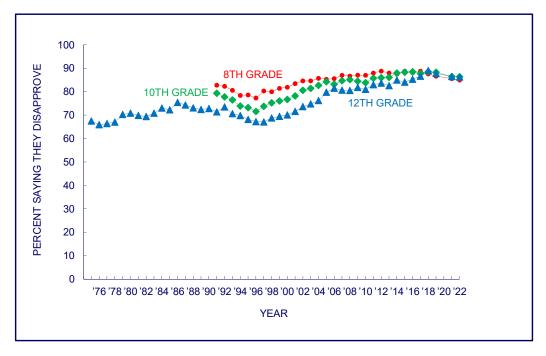
## FIGURE 8-12a CIGARETTES

## Trends in Perceived <u>Harmfulness</u> of Smoking 1 or More Packs per Day in Grades 8, 10, and 12



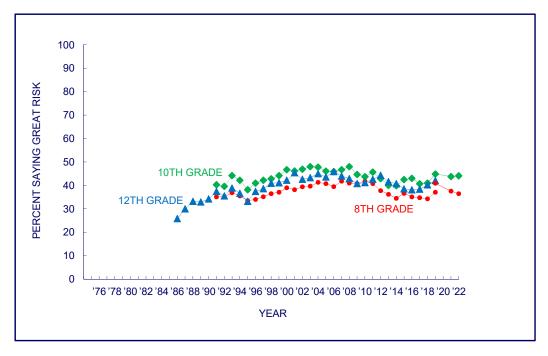
## FIGURE 8-12b CIGARETTES

## Trends in <u>Disapproval</u> of Smoking 1 or More Packs per Day in Grades 8, 10, and 12



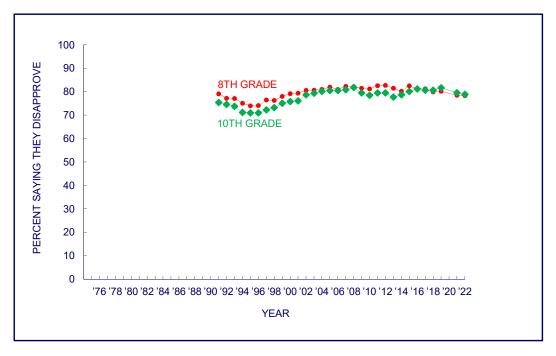
## FIGURE 8-13a SMOKELESS TOBACCO<sup>k</sup>

## Trends in Perceived <u>Harmfulness</u> of Regular Use in Grades 8, 10, and 12



## FIGURE 8-13b SMOKELESS TOBACCO<sup>1</sup>

## Trends in <u>Disapproval</u> of Regular Use in Grades 8 and 10



### Footnotes for Figures 8-1a through 8-13b

Source. The Monitoring the Future study, the University of Michigan.

*Note.* In the year 2019 students in a randomly-selected half of schools completed the MTF survey with paper-and-pencil questionnaires, and students in the other half of schools completed it electronically with tablets connected to the internet. When prevalence estimates significantly differ by survey mode the Figures present two 2019 estimates, with the paper-and-pencil estimate linked to years 2018 and earlier and the tablet estimate linked to years 2021 and later. When the estimates do not significantly differ the Figures use only one 2019 prevalence level, which is the estimate combining results from both survey modes.

#### Figures 8-2a, 8-2b

<sup>a</sup>Data presented here for 12th graders pertains to cocaine in general, while the data for 8th and 10th graders pertains specifically to cocaine in powder form until 2021. From 2021-forward, data presented for 8th and 10th graders also pertains to cocaine in general.

<sup>b</sup>No 2019 estimate is presented for 8th and 10th graders for the students who completed the surveys electronically with tablets, as that estimate is not comparable to the previous years due to potential mode effects and is not comparable with 2021-forward due to the change in question text.

#### Figures 8-3a, 8-3b

<sup>c</sup>Question discontinued in 8th, 10th, and 12th grade surveys in 2020.

#### Figure 8-6

<sup>d</sup>In 2014, the text was changed on one of the questionnaire forms to include "molly" in the description of the question on annual use. The remaining forms were changed in 2015. Data for both versions of the question are presented here. In 2014, the same change was made to the question on perceived risk. Data from 2014 on are based on the new version of the question.

#### Figures 8-7a, 8-7b

<sup>e</sup>Data not available for 8th and 10th graders.

<sup>f</sup>In 2011 the list of examples was changed from uppers, pep pills, bennies, speed to uppers, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2011 results.

<sup>9</sup>In 2004 the question text was changed from barbiturates to sedatives/barbiturates and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results. Questions on disapproval of sedatives (barbiturates) were dropped from the surveys in 2020.

#### Figures 8-9a, 8-9b

<sup>h</sup>Data not available for 8th and 10th graders.

#### Figures 8-10a, 8-10b

In 2014, the text was changed to include "molly" in the description. Data from 2014 on are based on the new version of the question. In 2014 for 12th graders and 2015 for 8th and 10th graders, the text was changed to include "molly" in the description. Data from 2014 on are based on the new version of the question.

#### Figures 8-13a, 8-13b

<sup>K</sup>Question discontinued in 12th grade surveys in 2020.

Data not available for 12th graders.

### **Chapter 9**

### THE SOCIAL CONTEXT

Substance misuse is an individual behavior, but it occurs within a social context. In this chapter we consider some of the forces in the social context that may influence adolescents' attitudes and beliefs about drugs as well as their use of them. For 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders, we report the proportions of their friends who use various drugs and the perceived availability of these drugs. In addition, for 12<sup>th</sup> graders only, we report measures of perceived parents' and friends' disapproval of drug use, the extent of their direct exposure to people using drugs, as well as sources from which respondents say they got prescription drugs. In what follows we present trends in perceived disapproval of drug use by parents and friends up to 2022.

### Trends and the Year 2019

The year 2019 requires special consideration when evaluating trends for the measures of this chapter. All 2019 estimates are presented in two columns. The first, in column "2019p," is based on student responses in a randomly selected half of schools that completed the MTF survey with traditional paper-and-pencil questionnaires. The second, in column "2019e," is based on students responses in the other half of schools that completed the MTF survey with electronic data collection, using tablets connected to the internet (after 2019 all surveys used electronic data collection). In some cases the estimates in the two columns are similar, while in others they are substantially different.

Attitudes and behaviors appear especially vulnerable to differences in estimates across survey mode, in part because many of these questions required substantial modification for the electronic survey mode. When the survey used paper-and-pencil forms, questions on topics such as disapproval appeared on one page, with each line listing a specific drug and then the associated response categories (e.g. "strongly disapprove, disapprove, etc.). In the conversion to an electronic format many of these questions were split across multiple screens so that they would fit on an electronic display. The question groupings on the screens introduced potential question-context effects. In essence, the items that accompanied a question in screen grouping could affect prevalence levels.

In what follows we compare estimates in 2021 and 2022 with the "2019e" estimates, all of which were collected with an electronic survey mode using the same screen groupings. In cases where the 2019 estimates are similar across survey modes the 2021 and 2022 estimates are directly comparable to all previous years. In contrast, when the 2019 estimates substantially differ across survey mode then the comparisons of 2021 and 2022 estimates with previous years require consideration of the change in prevalence attributable to survey mode effects in 2019 and afterwards. (Estimates for 2020 are not presented because curtailed data collection resulted in a sample size too small to produce reliable estimates for most attitude and behavior measures, which appeared on a randomly-selected subset of questionnaires.)

### PERCEIVED ATTITUDES OF PARENTS

Questions on parental disapproval of drug use were added for the first time in 2017 for 8<sup>th</sup> and 10<sup>th</sup> grade students. In this year they were also reintroduced for 12<sup>th</sup> grade students after a 38 year hiatus; they had been asked from 1975 to 1979 but were dropped afterwards because high levels of disapproval showed little trending.<sup>1</sup> However, adult attitudes toward teen substance use began to shift in the 2010s.<sup>2</sup> Today's parents may have more experience with drug use than did parents in the late 1970s, which may have changed their levels of disapproval for use of marijuana and other drugs. Similarly, the growing number of states that are legalizing recreational marijuana use suggests a historical period effect in which population attitudes toward marijuana use across all ages are becoming more lenient.

A large majority of students in all three grades reported that their parents would disapprove of their drug use (Tables 9-1 to 9-3 and Figures 9-1a to 9-2b). In 8<sup>th</sup> and 10<sup>th</sup> grade these levels are very similar, and in 2022 ranged from 77% to 89% across all drugs, which include marijuana use, binge drinking on weekends, smoking one or more packs of cigarettes per day, and vaping either nicotine or marijuana.

In 2022, 12<sup>th</sup> grade perceived parental disapproval of experimental and occasional marijuana use was lower in comparison to levels in the younger grades. Specifically, in 12<sup>th</sup> grade 68% reported their parents would disapprove of experimental marijuana use, compared to 77% in 10<sup>th</sup> grade and 81% in 8<sup>th</sup> grade. For occasional marijuana use the parental disapproval levels in 12<sup>th</sup>, 10<sup>th</sup>, and 8<sup>th</sup> grade were 75%, 82%, and 85%, respectively.

Parental disapproval levels in 12<sup>th</sup> grade were similar to those in the lower grades for all other drugs other than experimental and occasional marijuana use.

In all grades parental disapproval of regular nicotine vaping was at a similar level as parental disapproval of smoking one or more packs of cigarettes per day (the levels ranged from 85% to 91%).

### Trends in Perceived Parental Disapproval up to 2022

Large differences in perceived parental disapproval from 2017 to 2022 primarily reflect a survey mode effect in 2019. Specifically, across all three grades and for all drugs the levels of perceived parental disapproval in 2019 were 7 to 10 points lower among the random half sample of students who completed the survey electronically compared to those who completed it with pencil and paper. The one exception is parental disapproval of smoking one or more packs of cigarettes a day, which decreased by only four points with electronic data collection in 2019, although this survey mode difference was statistically significant (denoted in the Tables 9-1 through 9-3 with italicized numbers for the estimates in the 2019p and 2019e columns).

<sup>&</sup>lt;sup>1</sup> The context of the parental disapproval questions on the survey was not the same when they were reintroduced in 2017 and later. In 1975–1979 the questions were preceded by questions on perceived parental attitudes on a host of topics as well as a brief preamble transitioning from these questions to items on parental disapproval of drug use. These preceding survey questions and the preamble were not included in the 2017 and later surveys. The finding that the parental disapproval results for 2017 in comparison to 1975–1979 were higher for some substances and lower for others works against the idea that changes in question context created a general bias that affected responses for all substances.

<sup>&</sup>lt;sup>2</sup> Mehus, C. J., Patrick, M. E., Schulenberg, J., & Maggs, J. L. (2022). <u>35-year-old parents do not approve of 17-year-olds' cigarette, marijuana, or alcohol use: U.S. national data 1993-2018. *The Journal of Adolescent Health*, 70(6), 989–992.</u>

In 8<sup>th</sup> and 10<sup>th</sup> grade perceived parental disapproval of marijuana use is slightly higher by 2 to 3 percentage points in 2022 as compared to 2019 (using the "2019e" estimates) for experimental, occasional, and regular use. In 12<sup>th</sup> grade 2022 estimates are little changed from those in 2019. In all grades little systematic trending in these measures took place in the years before the pandemic, from 2017–2019.

In all grades perceived parental disapproval moved lower for drugs other than marijuana, which consist of having five or more drinks once or twice each weekend, smoking one or more packs of cigarettes per day, vaping nicotine occasionally, vaping nicotine regularly, vaping marijuana occasionally, and vaping marijuana regularly. In 8<sup>th</sup> and 12<sup>th</sup> grade these declines were small. In 10<sup>th</sup> grade the declines in the vaping measures were statistically significant.

### PERCEIVED ATTITUDES OF FRIENDS

Since the beginning of the study in 1975, a set of questions has asked 12<sup>th</sup> graders to estimate their friends' attitudes about drug use (see Table 9-4). These questions ask, "How do you think your close friends feel (or would feel) about you [using the specified drug at the specified level]?" The questions parallel the questions asked of students about their own attitudes, which are discussed in Chapter 8. Disapproval is defined here as the percentage of respondents indicating that their close friends would either "disapprove" or "strongly disapprove" of their using each drug at the specified level. Highlights of the 2022 findings include the following:

- In 2022 the percentage of 12<sup>th</sup> grade students who believe their close friends would disapprove of them trying marijuana once or twice (42%), or using marijuana occasionally (49%), was a little less than the majority. A substantially larger percentage of 63% believe their close friends would disapprove of smoking marijuana regularly (Table 9-4). However, the converse is that almost two out of five 12<sup>th</sup> grade students do not believe their close friends would disapprove of regular marijuana use.
- In 2022, overwhelming majorities of 12<sup>th</sup> graders reported that their friends would disapprove of their even experimenting with ("trying once or twice") cocaine (86%). Nearly as many indicated that their friends would disapprove of their trying *LSD* (75%), or *amphetamines* (82%). Presumably, if *heroin*, *PCP*, or *crystal methamphetamine* (*ice*) were on the list, they too would show very high peer disapproval.
- More than eight out of ten (86%) 12<sup>th</sup> graders in 2022 thought their close friends would disapprove of their *smoking a pack or more of cigarettes a day*. This is substantially higher than disapproval of regular marijuana use.
- The proportion of 2022 12<sup>th</sup> graders who perceived disapproval from friends for alcohol use varied with level of consumption: 71% for *binge drinking on weekends*, 77% for consuming *one or two drinks nearly every day*, and 88% for *having four or five drinks nearly every day*.

In sum, peer norms among 12<sup>th</sup> grade students differ considerably for various drugs and for varying degrees of involvement with those drugs, but overall they tend to be quite conservative. The

majority of 12<sup>th</sup> graders have close friends who they think would disapprove of their using illicit drugs. The one exception is marijuana, for which use by 12<sup>th</sup> graders has met with less perceived disapproval by close friends in recent years.

Although these questions are not included in the 8<sup>th</sup> and 10<sup>th</sup> grade questionnaires, there seems to be little doubt that these students would report peer norms at least as restrictive as the 12<sup>th</sup> graders, and quite likely more restrictive ones, based on the cross-grade comparisons in levels of personal disapproval (discussed in Chapter 8). Cigarette smoking might be an exception, because there is less personal disapproval of cigarette smoking at lower grades.

### A Comparison of the Attitudes of Parents, Friends, and 12th Graders

A comparison of 12<sup>th</sup> graders' perceptions of drug use disapproval by their friends versus their parents shows several other relevant findings.

- First, students' perceptions of their *parents*' attitudes shows much less variability than their perceptions of *peer* norms across drugs and across years. As mentioned previously, the great majority of 12<sup>th</sup> graders in each year indicated that their parents would disapprove of any of the drug behaviors listed. However, *peer* norms varied considerably from drug to drug and also across time, consistent with the variability in the respondents' own attitudes and use. While parental norms did not show much variance, we emphasize that this is quite different from saying that parental attitudes do not matter, or even that they matter less than peer attitudes.
- Despite differences in how students characterized parents' versus friends' disapproval of drug use, the rankings of relative degree of disapproval of specific drugs were similar for the two groups.
- A comparison with 12<sup>th</sup> graders' own attitudes regarding drug use reveals that, on average, they were much more in accord with peers than parents (see Figures 9-1a through 9-2b). The differences between 12<sup>th</sup> graders' own disapproval ratings and those attributed to their parents tended to be large, with parents seen as far more conservative overall in relation to every drug. The largest difference occurred in the case of *marijuana* experimentation, of which only 35% of 12<sup>th</sup> graders in 2022 said they disapproved, versus 68% who indicated that their parents would disapprove.

### **Trends in Perceptions of Friends' Attitudes**

Below we present trends in perceptions of friends' attitudes up to 2022. We do not include 2020 results because of insufficient sample size; in 2020 the three-quarters reduction in sample size as a result of the COVID-19 pandemic considerably reduced the analysis pool for these measures, all of which are asked only of a randomly selected subsample of students.

A number of important changes in 12<sup>th</sup> graders' perceptions of peer attitudes have taken place over the life of the study. These shifts are presented graphically in Figures 9-1a through 9-2b along with data on the respondents' own attitudes and perceived parental attitudes.<sup>3</sup>

- Friends' perceived disapproval for each level of *marijuana* use—trying once or twice, occasional use, and regular use—did not significantly change in 2022. Overall, all three levels have declined considerably since the early 1990s. Peer disapproval of using marijuana once or twice, for example, declined from a high of 73% in 1992 to 42% in 2022. Clearly, social norms regarding marijuana use among adolescents have been relaxing. Or, at least, in recent years adolescents perceive relaxing social norms, a perception that in itself can have an impact on individuals' marijuana attitudes and use.
- In general, throughout the years of the study adolescents' perceptions of disapproval from their peers have tracked closely with their own personal levels of disapproval. This close tracking is consistent with the general principle that peers exert a substantial influence on adolescent attitudes and beliefs. It is also consistent with the notion that people (including, but not limited to, adolescents) tend to think that their friends hold views similar to their own. Looking back from the latest years to earlier ones, personal and peers' disapproval both show a decline in recent years, a small overall increase from the late 1990s until the late 2000s, a marked decline during the 1990s relapse, and a substantial increase from the late 1970s to the early 1990s.
- Peer disapproval of *cocaine* use has been high and has changed little since 1988 (Figure 9-1b). The proportion of 12<sup>th</sup> graders who report that their friends disapprove of trying cocaine "once or twice" has been 87% or higher since 1988, and the proportion disapproving of "occasional" cocaine use has been 89% or higher during the same period. Questions on friends' attitudes about cocaine use were added to the study in 1986. Between 1986 and 1992, the proportion of students saying that their close friends would disapprove of their experimenting with cocaine rose from 80% to 92%. This corresponds to an even larger increase in perceived risk and also a precipitous drop in actual use, suggesting that fears of potential harm caused cocaine use to become less acceptable, 4.5 and low levels of

<sup>&</sup>lt;sup>3</sup> Adjusted trend lines have been used for data on friends' attitudes collected before 1980 for the following reason. We discovered that the deletion in 1980 of the parental attitude questions, which were located immediately preceding the questions about friends' attitudes, removed what we judged to be an artefactual depression of the ratings of friends' attitudes, a phenomenon known as a *question-context effect*. This effect was particularly evident in the trend lines dealing with friends' disapproval of alcohol use, where otherwise smooth trend lines for peer disapproval showed abrupt upward shifts in 1980. It appears that when questions about parents' attitudes were present, respondents tended to understate peer disapproval in order to emphasize the *difference* between their parents' attitudes and their peers' attitudes. In the adjusted lines, we have attempted to correct for that artefactual depression in the 1975, 1977, and 1979 scores and provide a more accurate picture of the change that took place then. Note that the question-context effect seems to have had more influence on the questions dealing with cigarettes and alcohol than on those dealing with illicit drugs.

The correction evolved as follows: We assumed that a more accurate estimate of the true change between 1979 and 1980 could be obtained by taking an average of the changes observed in the year prior and the year subsequent, rather than by taking the observed change (which we knew to contain the effect of a change in question context). We thus calculated an *adjusted* 1979–1980 change score by taking an average of one half the 1977–1979 change score (our best estimate of the 1978–1979 change) plus one half the 1980–1981 change score. This estimated change score was then subtracted from the observed change score for 1979–1980, the difference being our estimate of the amount by which peer disapproval of the behavior in question was being understated due to question context prior to 1980. The 1975, 1977, and 1979 observations were then adjusted upward by the amount of that correction factor.

<sup>&</sup>lt;sup>4</sup> Bachman, J. G., Johnston, L. D., & O'Malley, P. M. (1990). <u>Explaining the recent decline in cocaine use among young adults: Further evidence that perceived risks and disapproval lead to reduced drug use</u>. *Journal of Health and Social Behavior*, 31, 173–184.

<sup>&</sup>lt;sup>5</sup> Johnston, L. D. (1991). Toward a theory of drug epidemics. In R. L. Donohew, H. Sypher, & W. Bukoski (Eds.), Persuasive communication and drug abuse prevention (pp. 93–132). Hillsdale, NJ: Lawrence Erlbaum.

acceptability have persisted over the past three decades. (The perception of friends' disapproval of *crack cocaine*, first asked about in 1989, closely parallels the findings for cocaine in general, but at slightly higher levels of perceived disapproval.)

- Perceived peer disapproval of trying *LSD* once or twice has historically been high and stood at 75% in 2022 (Figure 9-1b). It declined by five points in the first year after the onset of the pandemic, and this lowered level continued in 2022. Over the course of the study the level of disapproval has been steady, with the exception of a decline during the 1990s drug relapse, when it dipped down to 79% in 1997. It then rebounded, and from 1998 through 2006 perceived peer disapproval increased to 90% while use decreased substantially during that interval. As with most drugs, levels of peer disapproval and personal disapproval track closely over the course of the study.
- As is true for most of the illicit drugs other than marijuana, perceived peer disapproval of trying *amphetamines* once or twice has been quite high for the entire life of the study, though there have been some important fluctuations (Figure 9-1c). The level of disapproval in 2022 was 82%, a slight decline since the peak in 2007, when it was 87%. In previous years peer disapproval followed the common pattern of a decline during the 1990s drug relapse and an increase beforehand and afterwards. Once again, peer disapproval and personal disapproval tracked very closely over the life of the study.
- *Alcohol* is depicted with three charts in Figure 9-2a: one for daily use, one for 4–5 drinks nearly every day, and one for weekend binge drinking. Perceived peer disapproval differs considerably for these three behavior patterns. In 2022 the perceived proportion of peers who disapproved of *weekend binge drinking* reached 71%, near a record high, and corresponds with historical low levels of self reported binge drinking in recent years.

Perceived disapproval of weekend binge drinking increased to current levels from lows of 51% in the early 1980s. This increase was interrupted by a pause and slight decline in levels of disapproval during the 1990s relapse in drug use. Prior to the relapse, during the 1983–1992 period, laws mandating an increase in the drinking age were enacted in a number of states, ad campaigns were launched aimed at deterring drinking and driving, and subsequent ad campaigns encouraged the use of designated drivers. Some divergence occurred when 12<sup>th</sup> graders' own attitudes became less tolerant while perceived peer norms among friends changed more slowly, suggesting some collective ignorance of the extent to which peers had come to disapprove of weekend binge drinking. In general, binge drinking has been in decline among 12<sup>th</sup> graders during the period of increased peer disapproval.

- The proportion of 12<sup>th</sup> grade students who believe that their friends disapprove of *having* four or five drinks nearly every day has been above 80% and changed little throughout the course of the study (middle panel of Figure 9-2a). Perceived peer disapproval of having one or two drinks nearly every day (top panel of Figure 9-2a) was at 77% in 2022, which is close to the record high of 79% set in 1990.
- Perceived peer disapproval of *regular cigarette smoking* has hovered around 85% for the past decade. In 2022 it was 86%. These high levels of disapproval coincide with self

reported smoking levels reaching a historical low. In general, peer disapproval of regular cigarette smoking has steadily increased over the course of the study from a low of 64% in 1975, with an exception of a slight decline during the 1990s relapse. Clearly, smoking became a less acceptable behavior among young people over the life of the study, particularly since 1996, and this corresponds to a period of a very considerable decline in adolescent smoking as is documented in Chapter 5.

• Perceived peer disapproval of nicotine vaping was first added to the survey in 2021. Levels for disapproval of occasional use were 62% in 2021 and 63% in 2022, and for regular use 72% in 2021 and 71% in 2022. Only marijuana use ranks lower.

### PERCEIVED USE OF DRUGS BY FRIENDS

It is generally acknowledged that peer influences are among the most powerful mechanisms of substance use initiation during adolescence. Much youthful drug use is initiated through a peer social-learning process, and research, including our own, has shown a high correlation between an individual's illicit drug use and that of his or her friends. Such a correlation can—and probably does—reflect several causal patterns: (a) a person with friends who use a drug will be more likely to try the drug; (b) conversely, the individual who is already using a drug will be more likely to introduce friends to the experience; and (c) users are more likely to establish friendships with other people who use (and likewise, nonusers are more likely to form friendships with other nonusers).

Given the importance of exposure to drug use by others, it is useful to monitor students' beliefs about the levels of drug use among their friends, which we report below for all three grades (Tables 9-6 to 9-8).

In addition to questions on perceived levels of drug use by friends, the MTF survey also includes questions on direct exposure to drug use. These questions asks respondents how often they have been around people—not just their friends—who were using specific drugs. In the interest of parsimony we do not present these measures because they trend closely both with measures of friends' drug use and personal use. (For previous reports on these direct exposure measures see Table 9-3 from our 2021 Secondary School Students monograph).

### Friends' Use of Drugs in 2022

- Among the substances that their friends use, nicotine vaping ranks at or near the highest in all grades. In 2022 the percentage reporting that any of their friends vaped an e-liquid with nicotine was 61% in 12<sup>th</sup> grade, 56% in 10<sup>th</sup> grade, and 40% in 8<sup>th</sup> grade.
- As would be expected, with few exceptions 10<sup>th</sup> graders are less likely than 12<sup>th</sup> graders to have friends who use most drugs, and 8<sup>th</sup> graders are less likely still (see Tables 9-6, 9-7, and 9-8). For example, 25% of 8<sup>th</sup> graders in 2022 said that they have any friends who use *marijuana*, compared with 48% of 10<sup>th</sup> graders and 60% of 12<sup>th</sup> graders. Still, that means that a quarter of 8<sup>th</sup> graders—most of whom are 13 or 14 years old—already have some friends who use marijuana.

- *Inhalants* are one important exception to the typical developmental trend. Consistent with our finding that current inhalant use is more prevalent in 8<sup>th</sup> grade than in 10<sup>th</sup> or 12<sup>th</sup> grades, 12% of 8<sup>th</sup> graders said they have some friends who use inhalants versus 9% of 10<sup>th</sup> graders and 7% of 12<sup>th</sup> graders in 2022.
- Exposure to *alcohol* use by friends is widespread even at these younger ages, with 36% of 8<sup>th</sup> graders and 59% of 10<sup>th</sup> graders reporting having friends who use alcohol. In fact, 4% of 8<sup>th</sup> graders and 14% of 10<sup>th</sup> graders said that most or all of their friends drink, and the proportions saying that most or all of their friends *get drunk* at least once a week are 2% in 8<sup>th</sup> grade and 5% in 10<sup>th</sup> grade, compared to 7% in 12<sup>th</sup> grade.
- About one out of five (18%) of 8<sup>th</sup> graders and a quarter (25%) of 10<sup>th</sup> graders saying they have at least some friends who *smoke cigarettes*.
- Smaller proportions have friends who use *smokeless tobacco*: 11% of 8<sup>th</sup> graders and 18% of 10<sup>th</sup> graders in 2022.

In sum, today's U.S. adolescents—even those in middle school—have high degrees of exposure to illicit drug use among their peers, whether or not they use illicit drugs themselves. Exposure levels are particularly high for nicotine vaping, marijuana use, drinking, and drunkenness.

### TRENDS IN PERCEIVED USE OF DRUGS BY FRIENDS

In what follows we present perceived levels of drug use among friends up to 2022. This measure has seen important changes over the past four decades, as would be expected given variability in the levels of their self reported use. Tables 9-6, 9-7, and 9-8 present trends for various drugs in each of the three grades. Figures 9-3a to 9-3t present graphs of these trends so that long term patterns are more readily discernible.

The year 2019 warrants special attention in analysis of trends in friends' drug use, as it does for all of the attitude and belief measures. The transition to electronic data collection in 2019 introduces the possibility of survey mode effects on prevalence estimates. Consequently, below we note when trends show a discontinuity in 2019, as indicated by significantly different prevalence levels across survey modes.

In general, for almost all drugs, trends in perception of friends' use of drugs move concurrently with levels of actual use and do not precede it. These results indicate that measures of friends' use serve as additional indicators of drug use, but generally do not serve as leading predictors of actual use.

Substantial decreases in drug use by friends would be expected in 2021 and 2022, given that overall prevalence of most drugs decreased during these years (see Chapter 5).

### Trends for 12th Grade Students

• The proportion of 12<sup>th</sup> graders who report that any of their friends use *marijuana* dropped markedly after the pandemic onset in 2021 and this decline has since persisted. It declined

from 76% in 2019—previous to the pandemic—to 64% in 2021 and 60% in 2022. It is currently at the lowest level recorded since the start of the survey in 1975. Previous to the pandemic, this level has been hovering between 76% and 81% since 1994. Its peak value was 88% in 1979.

This measure trends closely with personal use. It increased at the start of the MTF study in the late 1970s, declined for more than a decade starting in the 1980s, increased rapidly during the 1990s drug relapse, increased during the late 2000s, and dropped sharply after the onset of the pandemic.

- In 2022 the proportion of 12<sup>th</sup> grade students who reported that *most or all of their friends* use *marijuana* (19%) is about midway between the high set in 1979 (36%) and the nadir set at the start of the 1990s drug relapse (10%, see Figure 9-3c).
- The proportion who report that any of their friends use *cocaine* has been in steady decline since 2008, a decline that accelerated after the onset of the pandemic. Levels were 30% in 2007, 16% in 2019—previous to the pandemic—9% in 2021, and 8% in 2022 (Table 9-8). It is currently at the lowest level recorded by the survey.

These reported levels of friends' use track closely with trends in personal levels of use but do not precede it. In addition to both dropping markedly after the onset of the pandemic, they also together declined during the late 2000s, increased during the 1990s drug relapse, dropped substantially from the mid 1980s to the start of the 1990s, reached record highs in the early 1980s, and increased during the late 1970s.

The proportions of 12<sup>th</sup> grade students who report that most or all of their friends use *cocaine* have been at 2% or lower for the past decade (Figure 9-3h).

• The proportions of 12<sup>th</sup> graders who report that they have any friends who use *amphetamines* to get high was 15% in 2022, the lowest level recorded over the life of the survey (Table 9-8). This prevalence dropped 4 percentage points after the pandemic onset, from 19% in 2019 to 15% in 2021.

Likely the 15% in 2022 would have been even lower if assessed with paper-and-pencil questionnaires, considering that prevalence levels were lower for responses based on paper-and-pencil questionnaires as compared to electronic data collection in the randomized-controlled experiment in 2019.

The decrease after the pandemic onset continues a steady decline that has taken place since 2009, which includes a six point drop from 2016 to 2017 (from 27% to 21%). Today's levels are much lower than the 51% recorded in 1975. After 1975 the measure unevenly declined to 28% in 1994, where it hovered until it began a sustained decline in 2017.

Trends in the percentage of 12<sup>th</sup> grade students who say that most or all of their friends use amphetamines track closely with personal use (see Figure 9-3m).

- The proportion of 12<sup>th</sup> grade students reporting that most or all of their friends use *MDMA* (ecstasy or more recently Molly, as well) has been under 3% for the past decade and was 2% in 2022 (Table 9-8 and Figure 9-3g). Although we did not ask students about their own use of MDMA until 1996, we did ask about friends' use beginning in 1990. Prevalence of both this measure and actual use is low, and as a result the estimates are somewhat noisy. Nevertheless, both showed a substantial spike between 1999 and 2001 and a substantial decline for the following five years.
- The proportion of 12<sup>th</sup> graders who report that most or all of their friends smoke *cigarettes* has declined dramatically over the course of the survey from a high of 42% in 1975 to 2% in 2022 (Table 9-8 and Figure 9-3s). As well, the proportion who reported that *any* of their friends smoked cigarettes has declined from 95% in 1975 to 29% in 2022, which is the lowest level recorded by the survey. These declines continued at about the same pace in the years before and after the onset of the pandemic.

As these measures have declined so too has self reported prevalence of cigarette smoking. Before 1997 these measures had increased during the 1990s drug relapse.

• The proportion of 12<sup>th</sup> grade students who report that most or all of their friends use *alcohol* has declined substantially over the course of the survey from 68% in 1975 to 30% in 2022 (Table 9-8). The pace of decline in this measure has increased since 2015.

This measure tracks very closely with past 30-day prevalence of alcohol use (Figure 9-3q). It also tracks with 12<sup>th</sup> grade student reports of their own *binge drinking*, as both have declined over the life of the study.

• The percentage of 12<sup>th</sup> graders who reported that most or all of their friends got *drunk* at least once a week was at a historic low of 7% in 2022 (Figure 9-3r).

This percentage was 33% in 2001, and has since declined with levels of self reported prevalence of binge drinking. In prior years, the prevalence of self reported binge drinking was higher than the reported percentage of friends who got drunk once a week. Since the mid 1980s the prevalence of binge drinking declined at a faster rate; its level converged with the friends' measure around 1990, and the two have moved largely in parallel ever since.

### Trends for 8th and 10th Grade Students

As with 12<sup>th</sup> graders, data on friends' use among 8<sup>th</sup> and 10<sup>th</sup> graders (available since those grades were added to the study in 1991) show trends that are highly consistent with trends in self reported use. This includes substantial declines for both personal use and friends' use in 2021 and 2022.

Questions on friends' use are included in all 8<sup>th</sup> and 10<sup>th</sup> grade questionnaire forms through 1998 and on three of the four forms beginning in 1999, providing very large sample sizes. Selected trend results for these questions are discussed below, with comparisons to 12<sup>th</sup> graders when salient, and are presented in Tables 9-6 through 9-8.

• The proportions of 8<sup>th</sup> and 10<sup>th</sup> grade students reporting that most or all of their friends use *marijuana* declined by about half after the onset of the pandemic. Among 8<sup>th</sup> graders it declined from 8% in 2019 to 4% in 2021 and then partially rebounded to 6% in 2022. Among 10<sup>th</sup> graders it declined from 24% in 2019 to 13% in 2021, where it stayed in 2022.

Over the past three decades these measures have trended in parallel with major changes in personal levels of use. All measures increased substantially during the 1990s relapse, retreated from peak levels established in 1996–1997 at the end of the 1990s, increased during the late 2000s, and dropped markedly after the onset of the pandemic.

• The proportions reporting having any friends who use *inhalants* was at or near record lows for 8<sup>th</sup> and 10<sup>th</sup> graders in 2022, at 12% and 9%, respectively. These proportions have been in steady decline since 2011, and this decline continued at a similar pace before and after the onset of the pandemic.

In both grades, reported levels of having any friends who use *inhalants* have trended with own levels of use to the extent that both increased during the 1990s relapse with a peak in 1996–1997 and have overall declined since then, with some small pauses and temporary increases along the way. The low levels in 2022 correspond with self reported use, which is also at or near record lows in these grades.

• Reports that most friends *got drunk at least once a week* were at historic lows in 8<sup>th</sup> and 10<sup>th</sup> grades in 2022, at 2% and 5%, respectively (Tables 9-6 and 9-7). These measures declined at a similar pace in the years before and after the pandemic onset.

These reports correspond with the prevalence of self reported drunkenness in these grades, which also are near historic lows.

• In 2022 the proportions who reported that most or all of their friends smoke *cigarettes* was 1.1% in 8<sup>th</sup> grade and 1.6% in 10<sup>th</sup> grade, which are both record lows. These measures are approaching "floor effect," and have little room left to decline further.

Levels of reported smoking by friends has trended closely with personal levels of smoking, with both declining markedly since the late 1990s. Today's low levels accompany historic lows in personal levels of smoking in the past 30 days.

Implications for validity of self reported usage questions. We have noted a high degree of concurrence in the aggregate-level data presented in this report among students' self reports of their own drug use and that of their friends. Drug to drug comparisons in any given year across these two measures tend to be highly parallel, as are the changes from year to year. We take this consistency as additional evidence of the validity of the self report data (and of the trends in the self report data), because respondents should have little reason to distort answers about use by unidentified friends. We believe that the consistency also provides persuasive evidence that

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<sup>&</sup>lt;sup>6</sup> Those minor instances of noncorrespondence may well result from the larger sampling errors in our estimates of these context variables, which are measured on a sample size one fifth or one-sixth the size of the self reported usage measures. They may also result, of course, from a lag between a change in the reality and students' recognition of that change.

changes in the social acceptability of drug use over time have not affected the truthfulness of self reports of use.

## SOURCES OF CERTAIN PRESCRIPTION DRUGS USED WITHOUT MEDICAL SUPERVISION

The misuse of prescription drugs—that is, their use outside of a doctor's orders—reemerged as a problem in the 1990s and into the 2000s, as is documented in Chapter 5. It was previously an issue in the late 1970s and early 1980s. To understand the sources of such drugs, in 2007 we added a set of questions to one of the six randomly distributed 12<sup>th</sup> grade questionnaire forms asking about how the users got these drugs. Respondents who indicated that in the prior 12 months they used *tranquilizers*, for example, were branched to a set of more detailed questions about their tranquilizer use. One of those new questions asked them to indicate where they got the tranquilizers by marking all sources that apply out of a pre-specified set of answers. Similar measures were introduced for *narcotics other than heroin* (most of which are opioids) and *amphetamines*. (Sources of *sedatives* (*barbiturates*) were not asked.)

Table 9-9 and Figure 9-6 provide the information on sources of prescription drugs. The years 2009–2018 and 2019–2022 are combined in order to increase sample size and provide more stable estimates. Note that for the 2019–2022 combined data the weighted numbers of cases range between 74 and 100 for each of the drugs presented. For the 2009 through 2018 combined detailed data, the weighted numbers of cases range from 768 to 1081. Hence, the confidence intervals around the estimates are fairly wide.

One interesting finding is that the distribution of sources is similar for the three different types of psychotherapeutic drugs. "Given for free by a friend" and "bought from a friend" are two of the most common methods for obtaining amphetamines and tranquilizers and are considerably more frequently mentioned than "given for free by a relative" or "bought from a relative." Clearly the informal peer network is a major source of these drugs for adolescents, a far more common source than any family network.

"From a prescription I had" is a relatively common source for narcotic drugs and amphetamines, at 28% and 33%, respectively. It is relatively less prevalent for tranquilizers at 19%. The fact that a significant proportion of students who misuse prescription drugs are using leftovers from previous prescriptions has implications for the prescription practices of physicians and dentists. They might be well advised to lower the number of doses of these drugs provided in the initial prescription. It seems likely that such a change in practice could reduce diversion to non-medically supervised use.

Amphetamines and tranquilizers are more likely to be bought from a drug dealer or stranger, at 23% and 19%, respectively, than are narcotics other than heroin (10%).

Purchasing drugs online is one of the less common ways for 12<sup>th</sup> grade students to procure prescription amphetamines or tranquilizers from 2019–2022. The 6% who reported online purchases of amphetamines was second lowest, with only "bought from a relative" (5%) any lower. The 9% who reported online purchases of tranquilizers was third lowest, with only "bought from a relative" (7%) and "took from a friend without asking" (6%) any lower. Online purchases were

a relatively more common source of obtaining narcotics other than heroin, at 12% for 2019–2022, down from 2% in 2009–2018. As noted earlier, the sample sizes in the latter period are quite small, making precise estimates of change more difficult.

#### PERCEIVED AVAILABILITY OF DRUGS

One set of questions in the MTF surveys asks respondents how difficult they think it would be to obtain each of a number of different drugs if they wanted some. The answers range across five categories from "probably impossible" to "very easy." We use the term "perceived availability" in discussing the responses to these questions because it is the respondent's perception that is being measured. We recognize that availability is multidimensional, and respondents may consider a variety of factors in their answers, including knowing where to get access, the difficulty of getting to an access location, the perceived danger of getting caught, and possibly even the monetary cost. We suspect, however, that for most respondents, what we are measuring is perceived access, with little or no consideration of monetary cost.

While no systematic effort has been undertaken to directly assess the validity of these measures (because such an assessment would involve actual attempts to obtain drugs), we believe the measures do have a rather high level of face validity, particularly because it is the subjective reality of perceived availability being measured. It also seems quite reasonable to assume that, to a considerable extent, perceived availability tracks actual availability. In addition, differences across drugs in reported availability generally correspond to differences in reported prevalence of use, providing further evidence of their validity.

### Perceived Availability of Drugs: All Grades

- Substantial differences were found in perceived availability of the various drugs (Tables 9-10 to 9-12). In 2022 the percentage of 12<sup>th</sup> graders reporting it would be fairly easy or easy to get a drug varied from 12% or less for *heroin*, crack, and crystal methamphetamines to 69% and above for *alcohol*, *vaping devices*, and *marijuana*.
- In general, the more widely used drugs are reported to be available by higher proportions of the age group, as would be expected. The substances with the highest levels of use in 2022, specifically marijuana, alcohol, and vaping devices, also place in the top three in terms of perceived availability.
- Older adolescents generally perceive drugs to be more available. For example, in 2022, 26% of 8<sup>th</sup> graders said *marijuana* would be fairly easy or very easy to get (which we refer to as "readily available"), versus 49% of 10<sup>th</sup> graders and 70% of 12<sup>th</sup> graders.
- Higher availability among both the more widely used drugs and also older age groups is
  consistent with the notion that availability is largely attained through friendship circles.
  (Friends clearly are the leading source through which 12<sup>th</sup> graders obtain prescription
  drugs, as discussed above.) The differences among age groups may also reflect less

 $<sup>^{7}</sup>$  In the  $8^{th}$  and  $10^{th}$  grade questionnaires, an additional answer category of "can't say, drug unfamiliar" is offered; respondents who chose this answer are included in the calculation of percentages. Generally, fewer than 20% of respondents selected this answer.

willingness and/or motivation on the part of those who deal drugs to establish contact with younger adolescents.

- *Marijuana* appears to be readily available to the great majority of 12<sup>th</sup> graders; in 2022, 70% reported that they think it would be very easy or fairly easy to get—far higher than the proportion who reported ever having used it (38%).
- There is a considerable drop in availability after marijuana, alcohol, cigarettes, and vaping; the next most readily available class of drugs for 12<sup>th</sup> graders is amphetamines, with 33% saying these drugs would be very or fairly easy to get, followed by hallucinogens other than LSD (31%).
- Substances with the lowest availability among 12<sup>th</sup> grade students in 2022 are crystal methamphetamine (8%), crack (11%), heroin (12%), cocaine powder (12%), and steroids (16%).
- In each grade similar percentages of students reported they could fairly or very easily get a vaping device, e-liquids with nicotine, or flavored vaping solutions. In 8<sup>th</sup> grade the percentage were, respectively, 35%, 33%, and 31%. In 10<sup>th</sup> grade they were 52%, 51%, and 49%. In 12<sup>th</sup> grade they were 69%, 67%, and 66%.
- In 2022, 34% of 8<sup>th</sup> graders, 48% of 10<sup>th</sup> graders, and 54% of 12<sup>th</sup> graders thought that *cigarettes* would be fairly easy or very easy for them to get if they wanted some.
- Alcohol has the highest level of availability in each grade. The percentage saying it would be fairly easy or very easy to get in 8<sup>th</sup> grade was 42%, in 10<sup>th</sup> grade was 59%, and in 12<sup>th</sup> grade was 78%.
- Drug availability levels are lowest in 8<sup>th</sup> grade. Even so, in 2022 *marijuana* was reported as readily available by about one in four (26%) 8<sup>th</sup> grade students.
- Because many *inhalants*—such as glues, butane, and aerosols—are universally available, we do not ask about their availability. See Table 9-12 for the full list of drugs included in the questions for 12<sup>th</sup> graders; a few of these drugs were not asked of the younger students (see Tables 9-10 and 9-11).

#### **Trends in Perceived Availability for All Grades**

Trend data on availability for all grades are presented in Tables 9-10 to 9-12 and are graphed for 12<sup>th</sup> grade students in Figures 9-5a through 9-5d. The figures show some substantial fluctuations in the perceived availability of most drugs over the historical interval covered by the study. Indeed, most drugs have shown a considerably decline in availability since the mid to late 1990s. As with the other measures in this chapter, we note when the transition to electronic data collection in 2019 resulted in any discontinuities in trends, and we do not include 2020 results because of insufficient sample size.

• *Marijuana* has been one of the most consistently available drugs and has shown only small variations over the years (see Tables 9-10 through 9-12 and Figure 9-5a). The nine point drop in 12<sup>th</sup> grade after the pandemic from 79% in 2019 to 70% in 2021 stands out as the largest two-year decrease for this measure over the life of the study. This lower level persisted in 2022. Previous to the pandemic between 80% and 90% of American 12<sup>th</sup> graders since 1975 reported they could readily obtain marijuana.

While variability has been small over the course of the survey, perceived availability of marijuana is at or near historic lows in each grade. In 2022 in 8th grade it was 26% (a historic low), in 10<sup>th</sup> grade it was 49% (the second lowest level recorded by the survey, just above the 2021 low), and in 12<sup>th</sup> grade it was at 70% (the lowest level ever recorded by the survey). In 10<sup>th</sup> grade a survey mode effect resulting from the switch to electronic data collection in 2019 indicates estimates based on electronic data collection are seven points lower than those based on paper-and-pencil (see the '2019p' and '2019e' columns in Table 9-11), but even with addition of seven points to the 2021 and 2022 estimates they remain lower than any of the paper-and-pencil estimates since first measured in 1992. These declines in perceived availability are somewhat counter-intuitive and unexpected, given the widespread adoption of medical marijuana laws and recent legalizing of recreational marijuana use for adults in many states. Because most states that have legalized marijuana in some fashion have set a minimum age of 21 for purchase it would apply to the great majority of respondents in grades 8 through 12. Perhaps the emergence of legally sanctioned sale has reduced the size of the market for illicit purchases, resulting in less overall availability to minors.

- Availability of *vaping devices* has decreased substantially since the onset of the pandemic in all three grades. In 8<sup>th</sup> grade 35% of students reported they could easily get a vaping device in 2022, which compares with 41% in 2019, the year before the pandemic (using the estimate based on electronic data collection). In 10<sup>th</sup> grade the percentages were 52% in 2022 compared to 64% in 2019. In 12<sup>th</sup> grade 69% of students reported they could easily obtain a vaping device, compared to 81% in 2019.
- Although availability of *alcohol* among 12<sup>th</sup> grade students in 2022 was at its second lowest level recorded since first measured in 1999, at 78% it is still very high (Tables 9-10 through 9-12 and Figure 9-5a).

More substantial changes in the perceived availability of alcohol have taken place among 8<sup>th</sup> and 10<sup>th</sup> graders. For 8<sup>th</sup> graders availability declined from 76% in 1992 to 42% in 2022. The 2022 and 2021 levels were lowered in part by a survey mode effect in which estimates based on electronic data collection are about 7 points lower than estimates based on paper-and-pencil surveys (compare columns '2019p' and '2019e' in Table 9-10). Nevertheless, even after adjusting the 2022 estimate by adding 7 points to it, the resulting level of 49% is the lowest recorded for this measure over the life of the survey and substantially lower than the 76% level in 1992. For 10<sup>th</sup> graders availability is down from the peak level of 90% in 1996 to 59% in 2022 (there was no significant mode effect in 2019 for 10<sup>th</sup> graders). This may reflect some success in state and local efforts to reduce access by those who are

under age, as well as a decline in number of friends who use alcohol. It is worth noting, however, that even after these declines, alcohol remains available to a great many teens.

*Alcohol* has long been the substance with the highest level of availability. It has been at 78% or higher up to 2022 in all years since its addition to the 12<sup>th</sup> grade survey in 1999. Over the past decade it has declined somewhat from 92% in 2009 to 78% in 2022.

• The perceived availability of *cigarettes* continued a long term decline in 8<sup>th</sup> and 10<sup>th</sup> grade to historic low levels (Tables 9-10 and 9-12). In 2022 the percentage saying they could easily get cigarettes was 34% in 8<sup>th</sup> grade and 48% in 10<sup>th</sup> grade. After holding fairly steady at very high levels for some years, perceived availability began to decline modestly after 1996, very likely as a result of increased enforcement of laws prohibiting sale to minors under the Synar Amendment and FDA regulations. The proportion of 8<sup>th</sup> graders saying that they could get cigarettes fairly or very easily fell from 77% in 1996 to 56% in 2010, and to the 34% level in 2022 (Table 9-10). Over the same interval, the decline among 10<sup>th</sup> graders fell from a high of 91% in 1996 to 48% in 2022 (Table 9-11). These are encouraging changes and suggest that federal and local efforts to reduce accessibility to adolescents—particularly younger adolescents—seem to be working.

For 12<sup>th</sup> grade students, measures of cigarette availability were added to the survey in 2017, when policymakers considered implementing new policies to restrict cigarette access to adolescents between the ages of 18 and 20. Availability has since decreased markedly. In 2022, 54% of 12<sup>th</sup> grade students said they could easily procure cigarettes, which compares to 78% in 2017 (Table 9-12). These declines may partly reflect federal **legislation** signed into law on December 20, 2019 that makes it illegal for a retailer to sell any tobacco product to anyone under 21 years of age. The cigarette availability measures of 2017–2019 serve as a good "before" measure for future evaluations of the impact of this new law.

- The percentage of students who reported in 2022 that it would be fairly or very easy to obtain *amphetamines* has declined over the course of the study and was near historic lows in each grade, at 33% in 12<sup>th</sup> grade (the record low was in 2021 at 29%), 17% in 10<sup>th</sup> grade (tied with 2016 and 2018 for the historic low), and 11% in 8<sup>th</sup> grade (the record low was in 2017 at 11%, Figure 9-5a and Tables 9-10 to 9-12). These lows come despite a question change in 2011 that added Adderall and Ritalin to the list of examples, which slightly increased availability reports in that year and thereafter. In all grades the decline in availability has been consistent over the course of the study with the following exceptions: an increase in the late 1970s among 12<sup>th</sup> graders, possibly due to the advent of the "lookalike" drugs during that period (in these early years 8<sup>th</sup> and 10<sup>th</sup> graders were not surveyed), and an increase during the 1990s drug relapse in 10<sup>th</sup> and 12<sup>th</sup> grades along with a pause in the decline among 8<sup>th</sup> graders.
- Perceptions of the availability of *sedatives* (*barbiturates*) (Tables 9-10 to 9-12 and Figure 9-5b) were at or near the lowest levels recorded by the study in all grades in 2022. Among 12<sup>th</sup> graders the long, declining trend in availability over the course of the study was interrupted twice, once in 1981 when look-alikes were common, and again in 2004 when the question was updated with new examples of sedatives added to the question (see

footnote in Figure 9-5b). Overall, over the life of the study availability declined by more than two-thirds for 12<sup>th</sup> graders, from 68% in 1975 to 19% in 2022 (keeping in mind that the question change in 2004 led to a jump in the availability measure in that year and thereafter).

In 8<sup>th</sup> and 10<sup>th</sup> grades, availability of sedatives (barbiturates) has declined overall since first measured in 1992. In 8<sup>th</sup> grade this decline has been steady, while in 10<sup>th</sup> grade it was interrupted with a slight, short-lived increase during the 1990s drug relapse. In 2022 the percentage of students who reported it would be "fairly" or "very" easy to get sedatives was 8% in 8<sup>th</sup> grade (down from 27% in 1992), and in 10<sup>th</sup> grade it was 11% (down from 38% in 1992).

• Trends in the availability of *crack cocaine* and *cocaine powder* varied by grade (Figure 9-5a and Tables 9-10 to 9-12). Among 12<sup>th</sup> graders availability in 2022 was 11% and 12%, respectively, which are near the lowest levels recorded by the study. Earlier trends in availability resemble an inverted 'U'. Availability of cocaine increased as use increased through the 1980s, and availability reached a study high of 59% in 1989, the same year study highs were also recorded for availability of the more specific measures of powder cocaine and crack. Importantly, this peak in availability occurred after cocaine use peaked in 1985, after which use began to decline sharply. Because perceived availability increased between 1986 and 1989, we are inclined to discount reduction in supply as an explanation for the significant and important decline in cocaine use observed during that period. As discussed in Chapter 8, the sharp increase in perceived risk for cocaine seems the more compelling explanation. After 1989, availability of cocaine declined steadily, with an exception of a slight rise during the 1990s drug relapse.

In 8<sup>th</sup> and 10<sup>th</sup> grades, levels of availability of these substances in 2022 were at or near historic lows and continued a steady decline that began ten years earlier. In 2022 the percentage reporting that it would be "fairly" or "very" easy to get cocaine powder or crack in 8<sup>th</sup> grade was 7% for cocaine powder and 7% for crack (down from a high of 28% in the mid 1990s), and in 10<sup>th</sup> grade was 9% for powdered cocaine and 9% for crack (down from a high of 37% in the late 1990s). In these grades, levels of use of both these drugs have declined by more than half since the late 1990s.

• The availability of *tranquilizers* such as Xanax and Valium trended in opposite directions for 12<sup>th</sup> grade students in comparison to 8<sup>th</sup> and 10<sup>th</sup> grade students. Availability increased in 12<sup>th</sup> grade and the percentage of students who reported they could easily get tranquilizers rose by ten points from 16% in 2019 to 26% in 2021, and registered at 24% in 2022. From 2019 to 2022 prevalence of tranquilizer *use* among adolescents declined markedly (see Chapter 5), indicating that increased availability did not translate into higher levels of use.

In 8<sup>th</sup> and 10<sup>th</sup> grade availability of tranquilizers decreased after the onset of the pandemic and are at the lowest levels recorded over the life of the survey. The percentage of 8<sup>th</sup> grade students who reported they could easily obtain tranquilizers was 7%, which compares with 23% in 1992. In 10<sup>th</sup> grade the percentage was 11%, which compares with 32% in 1992.

• In 2022, the perceived availability of *LSD* was at or near historic lows in all grades with levels of 5% in 8<sup>th</sup> grade, 11% in 10<sup>th</sup> grade, and 25% in 12<sup>th</sup> grade (Figure 9-5c and Tables 9-10 to 9-12). In 12<sup>th</sup> grade, reported availability showed a gradual increase from the mid 1980s to a peak in the mid 1990s, after which all this gain receded in the following decade. Outside of these years, availability decreased sharply in the first year of the study and then followed a slight but steady decline over the life of the study. In 2022, the 25% of 12<sup>th</sup> graders reporting ready access to LSD is less than half of the of 54% in 1995. In general, attitudes and beliefs—perceived risk and disapproval of LSD use—have not moved in ways that could explain the sharp drop in use that was observed between 2000 and 2003. It seems highly likely that it was this decrease in availability that helped to drive use down—particularly the decline in the early 2000s.

In 8<sup>th</sup> and 10<sup>th</sup> grades, LSD availability increased during the 1990s drug relapse, but in recent years has since declined to record low levels. Availability of *LSD* dropped sharply in the early 2000s, coinciding with a steep decline in use among 8<sup>th</sup> and 10<sup>th</sup> graders. As stated above, because perceived risk and disapproval did not move in a way that could explain this decline in use, but availability did, we are inclined to believe that a change in availability was driving use in this case.

- The percentage of 12<sup>th</sup> grade students who reported it would be "fairly" or "very" easy to obtain hallucinogens other than LSD in 2022 was 31%, which was down substantially from the high of 49% in 2001, when the question was updated to include "shrooms" (psilocybin) as an example (Figure 9-5c and Tables 9-10 to 9-12). Availability of hallucinogens other than LSD is asked only of 12<sup>th</sup> graders. Trends in this measure followed a fairly similar trajectory to that of LSD from 1975 through 1986, but quite a different one thereafter. From 1986 to 1994, there was only a gradual rise in perceived availability of hallucinogens other than LSD, in contrast to the sharp rise for LSD. From 1995 to 2000, the availability of LSD showed a modest decline (from 54% to 47%), while the availability of other hallucinogens changed very little (from 36% to 35%). While LSD and the other hallucinogens, taken as a set, were about equally available in the late 1970s, LSD availability was substantially higher in the 1990s (note the crossover of the lines in Figure 9-5c between 2000 and 2001). The availability of LSD declined again in 2001 (to 45%), while the availability of other hallucinogens appeared to show a sharp increase, which likely was due in considerable part to a question change. (In 2001, the question text changed from "other psychedelics" to "other hallucinogens," and the term "shrooms" was added to the list of examples. After this change, this class of drugs was actually reported to be slightly more available than LSD.) Since 2001, availability of hallucinogens other than LSD has declined and now has the same level of availability as LSD.
- The proportion of 12<sup>th</sup> grade students who reported they could "fairly" or "very" easily obtain *MDMA* ("ecstasy" and later "Molly") in 2022 was 18%, a record low (see Figure 9-5d and Tables 9-10 to 9-12). Availability jumped sharply in 2000 to 51% and again in 2001 to 62%—nearly three times the 1991 level—an increase that probably played an important role in the sharp increase in use after 1998. In 2002, availability of MDMA declined for the first time in several years. But while use dropped quite sharply between 2001 and 2003, perceived availability declined only slightly in that interval and did not

show a sharp decline until 2004, when it dropped by 10 percentage points. This was followed by another significant decline in perceived availability (eight percentage points) and a nonsignificant decrease in use in 2005. This suggests that a reduction in availability was not key to the important downturn in MDMA use, though it may have been important to the rise in use; rather, the fall in perceived availability may simply have resulted from fewer 12<sup>th</sup> graders having friends who were users. In fact, friends' use of MDMA dropped significantly in 2005. The decline in the frequency of raves, at which ecstasy was a popular drug, likely played a role too.

Among 8<sup>th</sup> and 10<sup>th</sup> graders, availability levels of MDMA (ecstasy, Molly) were at record lows in 2022, at 6% and 9%, respectively. These levels compare with highs of 24% in 2001 in 8<sup>th</sup> grade, and 41% in 2001 in 10<sup>th</sup> grade. As with 12<sup>th</sup> graders, the decline in availability seemed to lag behind the decline in use for this drug, suggesting that use was driving availability and not vice versa.

In 8<sup>th</sup> grade availability of PCP has gradually declined since 2000 to a level of 4% in 2022, which is a record low; before 2000 availability hovered at around 18%. Perceived availability among 10<sup>th</sup> graders has also decreased overall since 2000 and in 2022 was at 6%, also a record low. Use of PCP is not measured in these grades. In 12<sup>th</sup> grade measures of PCP availability were discontinued after 2019.

The percentage of 12<sup>th</sup> grade students who reported that they could readily obtain *heroin* dropped markedly after the onset of the pandemic. In 2022 the percentage was 12%, which is a slight increase from the 10% level in 2021 and substantially below the 18% level assessed in 2019 before the pandemic (Figure 9-5b and Tables 9-10 to 9-12). Since 1975 it increased from 24% to a high of 35% in the mid 1990s and then steadily declined in the following years. The stability of heroin *use* during the 1980s and early 1990s, despite a substantial increase in perceived *availability*, is worthy of note. It suggests that availability alone is not sufficient to stimulate use (though it may well affect the consumption pattern of established users). It was not until the 1990s that methods for taking heroin by means other than injection began to be widely known, as purity continued to increase, and use substantially increased. The view that these methods (snorting and smoking) were less dangerous probably removed an important deterrent to use for a number of teenagers.

Among 8<sup>th</sup> and 10<sup>th</sup> graders perceived availability of heroin was near record lows in 2022, continuing an overall decrease since 1997, before which it held steady. In 8<sup>th</sup> grade a survey mode effect in 2019 indicates that using electronic data collection results in estimates about 3 points lower than paper-pencil questionnaire. Even so, adding 3 points to the 5% estimate in 2022 still results in a near-record low. As with 12<sup>th</sup> graders, trends in availability are insufficient, by themselves, to explain the increases in heroin use among 8<sup>th</sup> and 10<sup>th</sup> graders in the 1990s.

• In all grades the availability of *narcotics other than heroin* dropped markedly after the onset of the pandemic and these lower levels persisted into 2022 (Figure 9-5b, Tables 9-10 to 9-12). The percentage of 12<sup>th</sup> grade student who said they could easily obtain them dropped from 31% in 2019 (before the pandemic) to 19% in 2021 and 20% in 2022. In 10<sup>th</sup>

grade the percentage dropped from 14% in 2019 to 10% in 2021 and 9% in 2022. In 8<sup>th</sup> grade the percentage dropped from 9% in 2019 to 6% in 2021 and stayed there in 2022.

• Until 2010 the availability question for narcotics other than heroin did not address the issue of changes in the availability of specific drugs within this general class, like OxyContin and Vicodin, and Percocet. These drugs were added in the survey text to the list of examples in 2010 (methadone and opium were dropped from the list). This update in the example drugs likely explains the large change seen in the data. For this reason, 2009 and 2010 data cannot be compared.

An overall downward trend in availability after 2010, when the question was updated, seems to have continued a smaller downward trend that was present in the data from 2000 to 2009, before the question was updated. Annual prevalence of use increased from 2000 to 2004 and held steady for the next five years, making availability a poor candidate to explain this trend.

In 8<sup>th</sup> and 10<sup>th</sup> grades availability of narcotics other than heroin has declined overall since 1997, except for a jump in 2010 that resulted from the update of the question. Prevalence of *use* is not reported for narcotics other than heroin in these grades.

- Narcotics other than heroin fall into the more general class of *prescription drugs*, which are here defined as those being used outside of medical supervision (e.g. tranquilizers, sedatives, amphetamines, and narcotics). These drugs have been the subject of particular concern in the 2000s because their prevalence rose and then remained at elevated levels for some years. Substantial efforts to curb their availability to young people include "takeback" programs and efforts by various government agencies and private organizations to persuade parents and other family members not to leave any such drugs where adolescents can get them. In addition, the medical and dental communities have been alerted about the potential for the misuse of these drugs. The results reported here, showing a considerable decline in perceived availability of these drugs to adolescents, suggest that these efforts may be working.
- As illustrated in Figure 9-5b, *sedatives* (*barbiturates*) and *tranquilizers* were much more available to 12<sup>th</sup> graders in 1975 compared to 2022.<sup>8</sup>

In 2022 the availability of *anabolic steroids* increased in 10<sup>th</sup> and 12<sup>th</sup> grade, and significantly so in 12<sup>th</sup> grade (Figure 9-5d and Tables 9-11 to 9-12). These upticks accompanied significant increases in use in these grades in 2022. Steroids were one of very few drugs for which *use* increased in 2022. In 8<sup>th</sup> grade availability did not increase in 2022, nor did use.

Availability in 2022 was near a record low in all grades in 2022, despite the increases in 10<sup>th</sup> and 12<sup>th</sup> grade. Overall, availability has decreased considerably from its levels when first measured in 1991 for 12<sup>th</sup> grade students and 1992 for 10<sup>th</sup> and 8<sup>th</sup> grade students;

<sup>&</sup>lt;sup>8</sup> Figure 9-5b shows a sharp increase in the availability of sedatives (barbiturates) in 2004, but this shift likely was caused by a change in question wording.

specifically, from 47% to 16% in 12<sup>th</sup> grade, from 38% to 12% in 10<sup>th</sup> grade, and from 24% to 8% in 8<sup>th</sup> grade. A survey mode effect in 8<sup>th</sup> grade (compare columns '2019p' and '2019e' in Table 9-10) suggests the 2022 estimate would be about 1 point higher if based on paper-and-pencil; after such adjustment it would still be a record low.

The scheduling of steroids by the DEA no doubt played a role in the long term decline in availability. Anabolic steroids were placed on Schedule III of the Controlled Substances Act in 1990 to take effect in early 1991, while the scheduling of the precursor *androstenedione* went into effect in 2005.

• In 2022 perceived availability of *crystal methamphetamine* was at or near a record low in all grades (Tables 9-10 to 9-12). The percentage of students saying they could easily obtain the drug was 5% in 8<sup>th</sup> grade, 7% in 10<sup>th</sup> grade, and 8% in 12<sup>th</sup> grade. These levels contrast with a highs of 16% in 8<sup>th</sup> grade (in 1992), 23% in 10<sup>th</sup> grade (in 1997), and 30% in 12<sup>th</sup> grade (in 1998).

#### The Importance of Supply Reduction Versus Demand Reduction

Overall, supply reduction—that is, reducing the availability of drugs—does not appear to have played as major a role as many had assumed in four of the five most important downturns in illicit drug use that have occurred to date, namely, those for *marijuana*, *cocaine*, *crack*, and *MDMA* (*ecstasy*, *Molly*) (see, for example, Figures 8-4, 8-5, and 8-6). The case of cocaine is particularly striking, as perceived availability actually rose during much of the period of downturn in use that began in the mid 1980s. (These data are corroborated by data from the Drug Enforcement Administration on trends in the price and purity of cocaine on the streets.<sup>9</sup>) For *marijuana*, perceived availability has remained very high for 12<sup>th</sup> graders since 1976, while use dropped substantially from 1979 through 1992 and has fluctuated considerably thereafter. Perceived availability for MDMA did increase in parallel with increasing use in the 1990s, but the decline phase for use appears to have been driven much more by changing beliefs about the dangers of ecstasy than by any sharp downturn in availability. Similarly, *amphetamine* use declined appreciably from 1981 to 1992, with only a modest corresponding change in perceived availability. Finally, until 1995, *heroin* use had not risen among 12<sup>th</sup> graders even though availability had increased substantially.

• What did change dramatically were young peoples' beliefs about the dangers of using marijuana, cocaine, crack, and MDMA (ecstasy, and later Molly). We believe that increases in perceived risk led to a decrease in use directly through their impact on young people's demand for these drugs and indirectly through their impact on personal disapproval and, subsequently, peer norms. Because the perceived risk of amphetamine use was changing little when amphetamine use was declining substantially (1981–1986), other factors must have helped to account for the decline in demand for that class of drugs—quite conceivably some displacement by cocaine. Because three classes of drugs (marijuana, cocaine, and amphetamines) have shown different patterns of change, it is highly unlikely that a general factor (e.g., a broad shift in attitudes about drug use) can explain their various trends.

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<sup>&</sup>lt;sup>9</sup> Caulkins, J. P. (1994). *Developing price series for cocaine*. Santa Monica, CA: RAND.

- The increase in *marijuana* use in the 1990s among 12<sup>th</sup> graders added more compelling evidence to this interpretation. It was *both* preceded and accompanied by a decrease in perceived risk. (Between 1991 and 1997, the perceived risk of regular marijuana use declined 21 percentage points.) Perceived peer disapproval dropped sharply from 1993 through 1997, *after* perceived risk began to change, consistent with our interpretation that perceived risk can be an important determinant of disapproval as well as of use. Perceived availability remained fairly constant from 1991 to 1993 and then increased seven percentage points through 1998.<sup>10</sup>
- We do think that the expansion in the world supply of *heroin*, particularly in the 1990s, had the effect of dramatically raising the purity of heroin available on the streets, thus allowing for new means of ingestion, such as snorting and smoking. The advent of new forms of heroin, rather than any change in respondents' beliefs about the dangers associated with injecting heroin, very likely contributed to the fairly sharp increase in heroin use in the 1990s. Evidence from this study, showing that a significant portion of the self reported heroin users are now using by means other than injection, lends credibility to this interpretation. The dramatic decline in *LSD* use in the early to mid 2000s is also not explainable by means of concurrent changes in perceived risk or disapproval; but availability did decline sharply during this period and very likely played a key role in reducing the use of that drug.

We should also note that other factors, such as price, could play an important role for some drugs. Analyses of MTF data have shown, for example, that price probably played an important role in the decline of marijuana use in the 1980s, and in changes in cigarette use in the 1990s. 11,12 However, price does not appear to have the same influence in all periods for all drugs, as the dramatic reduction in cocaine prevalence during the late 1980s took place at the same time that the price of cocaine *decreased*, 13 contrary to the supply/demand model.

<sup>&</sup>lt;sup>10</sup> In the last decade declines in perceived risk have not predicted future increases in marijuana use as expected. This disconnect results in large part from the great decline in adolescent cigarette smoking during the past ten years. Cigarette smoking is a strong, independent predictor of marijuana use, and the decline in cigarette prevalence has offset the expected increase in marijuana use. If cigarette smoking had not declined, we project current levels of marijuana use would be at or near record levels. For details see: Miech, R. A., Johnston, L. D., & O'Malley P. M. (2017). Prevalence and attitudes regarding marijuana use among adolescents over the past decade. Pediatrics, 140(6).

<sup>&</sup>lt;sup>11</sup> Pacula, R. L., Grossman, M., Chaloupka, F. J., O'Malley, P. M., Johnston, L. D., & Farrelly, M. C. (2001). Marijuana and youth. In J. Gruber (Ed.), *Risky behavior among youths: An economic analysis* (pp. 271–326). Chicago: The University of Chicago Press. Also appears as Working Paper No. 7703, National Bureau of Economic Research, Inc. (2000).

<sup>&</sup>lt;sup>12</sup> Tauras, J. A., O'Malley, P. M., & Johnston, L. D. (2001). *Effects of price and access laws on teenage smoking initiation: A national longitudinal analysis.* (ImpacTeen/Youth, Education, and Society Research Paper No. 1.) Chicago, IL: University of Illinois at Chicago and Ann Arbor, MI: The University of Michigan, Institute for Social Research.

<sup>&</sup>lt;sup>13</sup> Office of National Drug Control Policy. (2001). The Price of Illicit Drugs: 1981 through the Second Quarter of 2000.

TABLE 9-1
Trends in Parents Disapproving of Drug Use for 8th Graders

How do you think your parents feel about		Percer	ntage sa	aying par	ents disa	pprove	а		
you doing each of the following things?	<u>1975-2016</u>	<u>2017</u>	<u>2018</u>	<u>2019p</u> b	2019e <sup>b</sup>	2020	2021	2022	2021–2022 <u>change</u>
Trying marijuana once or twice	_	90.2	90.1	87.5	78.5	§	80.4*	80.8	+0.5
Using marijuana occasionally	_	92.2	92.6	89.5	81.2	§	84.1*	84.5	+0.4
Using marijuana regularly	_	92.7	93.4	91.6	82.1	§	86.4*	85.9	-0.5
Having five or more drinks once or twice									
each weekend	_	92.1	93.1	92.1	82.8	§	85.9*	85.4	-0.4
Smoking one or more packs of cigarettes									
per day	_	93.4	93.7	93.0	84.3	§	87.8*	86.5	-1.3
Vaping nicotine occasionally	_	_	_	_	_	_	85.6	84.9	-0.7
Vaping nicotine regularly	_	_	_	_	_	_	87.0	85.9	-1.1
Vaping marijuana occasionally	_	_	_	_	_	_	85.5	84.9	-0.6
Vaping marijuana regularly	_	_	_	_	_	_	87.2	86.1	-1.1
Approximate weighted N =	_	4,300	3,600	1,700	1,700	§	3,100	2,600	

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. Any apparent

inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

See text in Chapter 9 for important details on parental disapproval survey question over the course of the survey.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>&</sup>lt;sup>a</sup>Answer alternatives were: (1) Don't disapprove, (2) Disapprove, and (3) Strongly disapprove. Percentages are shown for categories (2) and (3) combined.

<sup>&</sup>lt;sup>b</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

TABLE 9-2
Trends in Parents Disapproving of Drug Use for 10th Graders

How do you think your parents feel about		Percer	itage sa	ying par	ents disa	pprove	а		
you doing each of the following things?	<u>1975-2016</u>	2017	<u>2018</u>	2019p <sup>b</sup>	<u>2019e</u> <sup>b</sup>	2020	2021	2022	2021–2022 <u>change</u>
Trying marijuana once or twice	_	85.0	86.4	83.6	74.4	§	81.8*	77.2	-4.6 ss
Using marijuana occasionally	_	88.6	89.7	88.4	79.6	§	85.8*	82.0	-3.8 s
Using marijuana regularly	_	91.1	92.2	91.4	84.0	§	88.2*	85.5	-2.7
Having five or more drinks once or twice									
each weekend	_	90.5	92.0	92.7	85.1	§	87.8*	86.3	-1.5
Smoking one or more packs of cigarettes									
per day	_	93.5	93.9	95.6	88.0	§	91.2*	88.7	-2.5
Vaping nicotine occasionally	_	_	_	_	_	_	88.7	85.1	-3.6 ss
Vaping nicotine regularly	_	_	_	_	_	_	90.6	87.5	-3.0 s
Vaping marijuana occasionally	_	_	_	_	_	_	88.0	84.4	-3.6 ss
Vaping marijuana regularly	_	_	_	_	_	_	89.1	86.0	-3.1 s
Approximate weighted N =	_	4,200	4,000	2,000	2,000	§	3,300	3,100	

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. Any apparent

inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

See text in Chapter 9 for important details on parental disapproval survey question over the course of the survey.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>&</sup>lt;sup>a</sup>Answer alternatives were: (1) Don't disapprove, (2) Disapprove, and (3) Strongly disapprove. Percentages are shown for categories (2) and (3) combined.

<sup>&</sup>lt;sup>b</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

TABLE 9-3
Trends in Parents Disapproving of Drug Use for 12th Graders

How do you think your parents feel about					Perce	ntage saying	parents	disapp	rove a,b					
you doing each of the following things?	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980-2016</u>	<u>2017</u>	<u>2018</u>	<u>2019p</u> °	2019e <sup>c</sup>	2020	<u>2021</u>	2022	2021–2022 <u>change</u>
Trying marijuana once or twice	90.8	87.4	85.8	83.2	84.9	_	77.6	78.9	75.4	68.5	§	70.3*	68.2	-2.1
Using marijuana occasionally	95.6	93.0	92.5	90.8	93.2	_	83.0	84.5	83.5	74.9	§	75.5*	75.4	-0.1
Using marijuana regularly	98.1	96.3	96.5	95.6	97.2	_	87.3	88.2	87.9	80.6	§	85.3*	84.0	-1.3
Having five or more drinks once or twice														
each weekend	85.3	85.9	86.5	82.6	84.5	_	86.2	88.1	86.8	80.0	§	83.9*	83.9	-0.1
Smoking one or more packs of cigarettes														
per day	88.5	87.6	89.2	88.7	91.3	_	91.7	93.0	93.1	88.8	§	91.8*	91.1	-0.7
Vaping nicotine occasionally	_	_	_	_	_	_	_	_	_	_	_	86.4*	85.5	-0.8
Vaping nicotine regularly	_	_	_	_	_	_	_	_	86.6	81.8	§	89.6*	88.2	-1.4
Vaping marijuana occasionally	_	_	_	_	_	_	_	_	_		_	83.1*	81.7	-1.4
Vaping marijuana regularly	_	_	_	_	_	_	_	_	_	_	_	87.8*	87.1	-0.7
Approximate weighted N =	2,546	2,807	3,014	3,054	2,748	_	1,829	1,833	897	908	§	1,304	1,282	

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. Any apparent

inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

See text in Chapter 9 for important details on parental disapproval survey question over the course of the survey.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

trying an amphetamine once or twice, taking one or two drinks nearly every day, and taking four or five drinks every day.

°The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

<sup>&</sup>lt;sup>a</sup>Answer alternatives were: (1) Don't disapprove, (2) Disapprove, and (3) Strongly disapprove. Percentages are shown for categories (2) and (3) combined.

<sup>&</sup>lt;sup>b</sup>Questions on parental disapproval were not included in the surveys from 1980-2016. See here for levels of parental disapproval from 1975-1979 for trying LSD once or twice,

TABLE 9-4
Trends in Friends Disapproving of Drug Use for 12th Graders

Percentage saying friends disapprove <sup>a</sup> How do you think your close friends feel (or would feel) about you . . . 1975<sup>b</sup> 1977<sup>b</sup> 1979<sup>b</sup> 1976 1978 1980 1981 1982 1983 1984 1985 <u>1986</u> 1987 <u>1988</u> 1989 1990 Trying marijuana once or twice 44.3 41.8 40.9 42.6 46.4 50.3 52.0 54.1 54.7 56.7 58.0 62.9 63.7 70.3 Using marijuana occasionally 49.0 48.2 50.6 55.9 62.9 64.2 76.4 54.8 57.4 59.9 64.4 67.0 72.1 71.1 79.2 82.9 85.5 Using marijuana regularly 75.0 69.1 70.2 72.0 75.0 74.7 77.6 81.0 82.3 84.9 86.7 Trying LSD once or twice 85.6 86.6 86.5 87.8 87.6 88.6 89.0 87.9 89.5 88.4 87.9 87.6 87.4 87.8 Trying cocaine once or twice 83.9 88.1 88.9 90.5 79.6 Taking cocaine occasionally 87.3 89.7 92.1 92.1 94.2 Trying crack once or twice 94.2 95.0 Taking crack occasionally 96.5 95.7 Trying cocaine powder once or twice 93.4 Taking cocaine powder occasionally 94.0 95.0 Trying an amphetamine once or twice <sup>c</sup> 81.0 78.9 75.7 76.8 77.0 84.2 78.8 74.4 77.0 79.4 0.08 82.3 84.1 79.0 Taking one or two drinks nearly every day 67.2 71.0 71.0 70.5 69.5 71.9 73.6 75.4 75.9 71.8 74.9 76.4 Taking four or five drinks nearly every day 89.2 88.1 88.5 86.4 86.6 86.1 88.2 85.6 87.1 86.0 Having five or more drinks once or twice each weekend 50.3 51.2 51.3 55.9 55.0 51.3 50.6 Smoking one or more packs of cigarettes per day 63.6 68.3 73.4 74.4 73.8 70.3 72.2 73.9 73.7 76.2 74.2 Vape nicotine occasionally Vape nicotine regularly 2,488 Approximate weighted N = 2,615

TABLE 9-4 (cont.)
Trends in Friends Disapproving of Drug Use for 12th Graders

Percentage saying friends disapprove a	
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How do you think your close friends feel (or would feel) about you	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006
Trying marijuana once or twice	69.7	73.1	66.6	62.7	58.1	55.8	53.0	53.8	55.1	58.1	57.6	54.1	58.4	59.5	60.9	62.3
Using marijuana occasionally	75.8	79.2	73.8	69.1	65.4	63.1	59.9	60.4	61.6	63.9	64.3	60.3	64.2	65.0	67.6	68.1
Using marijuana regularly	85.9	88.0	83.5	80.6	78.9	76.1	74.1	74.7	74.5	76.1	77.8	75.3	77.0	77.3	79.5	79.8
Trying LSD once or twice	87.9	87.3	83.5	83.4	82.6	80.8	79.3	81.7	83.2	84.7	85.5	84.9	87.5	87.3	88.4	89.5
Trying cocaine once or twice	91.8	92.2	91.1	91.4	91.1	89.2	87.3	88.8	88.7	90.2	89.3	89.1	91.2	87.9	89.0	88.7
Taking cocaine occasionally	94.7	94.4	93.7	93.9	93.8	92.5	90.8	92.2	91.8	92.8	92.2	92.2	93.0	91.0	92.3	92.4
Trying crack once or twice	94.4	94.6	95.1	93.9	93.8	93.0	92.3	93.7	93.9	94.6	92.3	93.1	94.5	92.2	92.8	93.5
Taking crack occasionally	95.7	95.9	96.4	95.3	96.1	94.7	94.8	96.2	96.0	96.9	95.0	94.7	95.6	94.3	95.5	95.3
Trying cocaine powder once or twice	93.3	94.0	94.2	93.2	93.5	92.1	91.4	91.9	91.8	93.3	91.9	92.3	92.7	90.9	91.1	91.9
Taking cocaine powder occasionally	94.8	94.8	95.2	94.7	95.3	93.6	93.9	94.5	94.0	96.3	93.7	93.8	94.1	92.9	94.1	94.6
Trying an amphetamine once or twice <sup>c</sup>	85.3	85.7	83.2	84.5	81.9	80.6	80.4	82.6	83.0	84.1	83.8	83.3	85.9	84.7	86.1	86.7
Taking one or two drinks nearly every day	76.6	77.9	76.8	75.8	72.6	72.9	71.5	72.3	71.7	71.6	73.4	71.6	74.7	72.8	74.0	73.2
Taking four or five drinks nearly every day	86.4	87.4	87.2	85.2	84.1	82.6	82.5	82.8	82.2	82.8	84.4	80.1	83.1	82.9	82.7	83.3
Having five or more drinks once or twice																
each weekend	58.1	60.8	58.5	59.1	58.0	57.8	56.4	55.5	57.6	57.7	57.8	55.6	60.3	59.4	59.9	60.6
Smoking one or more packs of cigarettes																
per day	74.0	76.2	71.8	72.4	69.2	69.3	68.5	69.0	71.2	72.6	74.5	75.7	79.2	78.6	81.1	81.2
Vape nicotine occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vape nicotine regularly	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Approximate weighted N =	2,160	2,229	2,220	2,149	2,177	2,030	2,095	2,037	1,945	1,775	1,862	1,820	2,133	2,208	2,183	2,188

TABLE 9-4 (cont.)
Trends in Friends Disapproving of Drug Use for 12th Graders

Percentage saying friends disapprove <sup>a</sup>

How do you think your close friends feel (or would feel) about you	<u>2007</u>	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019p</u> °	<sup>d</sup> 2019e <sup>d</sup>	<u>2020</u>	2021 <sup>e</sup>	<u>2022</u>	2021–2022 <u>change</u>
Trying marijuana once or twice	60.4	60.8	61.4	54.9	53.0	52.9	51.2	50.4	51.0	48.6	44.3	45.8	40.9	44.7	§	44.5*	41.5	-3.0
Using marijuana occasionally	65.8	66.3	68.5	61.8	59.4	59.5	57.6	56.2	58.1	54.9	51.4	53.2	49.0	53.7	§	47.6*	49.0	+1.4
Using marijuana regularly	78.3	78.0	79.1	73.8	73.3	72.7	71.2	70.1	70.9	68.4	65.2	67.9	62.7	68.2	§	62.2*	62.7	+0.5
Trying LSD once or twice	88.4	86.3	87.2	84.5	85.6	85.0	84.9	84.6	81.9	83.3	81.3	82.7	81.3	81.3	§	76.1*	74.5	-1.6
Trying cocaine once or twice	89.6	88.7	90.2	89.7	89.7	89.2	89.2	88.6	87.0	89.1	88.5	88.7	89.3	87.3	§	87.2*	85.9	-1.3
Taking cocaine occasionally	93.1	92.0	92.7	91.8	92.9	92.8	92.5	91.4	90.6	91.5	91.7	93.1	91.6	91.5	§	89.2*	90.6	+1.4
Trying crack once or twice	93.2	93.6	94.5	93.1	93.5	95.1	94.8	92.8	92.7	92.6	92.8	92.6	93.9	92.5	§	_	_	_
Taking crack occasionally	95.0	95.4	95.7	94.7	94.7	96.2	95.9	94.5	94.5	94.9	95.2	94.8	95.1	92.9	§	_	_	_
Trying cocaine powder once or twice	91.8	92.4	93.5	92.8	92.4	94.6	94.0	91.1	91.7	92.1	92.0	92.0	93.5	91.3	§	_	_	_
Taking cocaine powder occasionally	93.9	94.2	94.6	94.3	93.7	96.2	95.4	93.6	93.8	94.3	94.5	93.4	94.9	91.4	§	_	_	_
Trying an amphetamine once or twice <sup>c</sup>	87.3	87.1	87.0	85.8	84.6	83.7	83.5	83.2	83.2	83.2	83.7	84.5	85.1	83.3	§	83.2*	82.1	-1.1
Taking one or two drinks nearly every day	74.5	75.2	75.5	75.0	74.9	74.0	75.4	74.0	76.3	76.3	77.3	77.8	76.4	76.5	§	74.8*	76.9	+2.1
Taking four or five drinks nearly every day	84.8	84.7	84.6	83.4	85.8	84.1	85.8	83.8	85.3	85.6	87.3	86.5	85.9	85.1	§	84.9*	87.5	+2.7
Having five or more drinks once or twice																		
each weekend	60.0	62.1	63.5	62.0	62.2	62.3	65.2	65.6	68.5	70.7	69.0	72.1	70.7	72.1	§	62.5*	70.7	+8.2
Smoking one or more packs of cigarettes																		
per day	81.4	82.5	81.6	81.4	81.6	83.2	84.4	84.0	85.1	87.1	85.3	87.0	88.8	86.8	§	84.2*	86.1	+1.9
Vape nicotine occasionally	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	62.8*	61.9	-0.8
Vape nicotine regularly	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	72.1*	71.4	-0.7
Approximate weighted N =	2,161	2,090	2,033	2,101	2,132	2,126	1,916	1,863	1,992	1,759	1,893	1,972	952	980	§	1,224	1,434	

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. Any apparent

inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

<sup>\*</sup>Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>&</sup>lt;sup>a</sup>Answer alternatives were: (1) Don't disapprove, (2) Disapprove, and (3) Strongly disapprove. Percentages are shown for categories (2) and (3) combined.

<sup>&</sup>lt;sup>b</sup>These numbers have been adjusted to correct for a lack of comparability of question context among administrations. (See text for discussion.)

<sup>&</sup>lt;sup>c</sup>In 2011 pep pills and bennies were replaced in the list of examples by Adderall and Ritalin.

<sup>&</sup>lt;sup>d</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

<sup>e</sup>Sample is decreased by approximately 50% for the following drugs due to survey question experiments: cocaine and alcohol.

TABLE 9-5
Trends in 12th Graders' Exposure to Drug Use

During the LAST 12 MONTHS, how often have you been around people who were taking each of the following to get high? 1975 1976 1977 1978 1979 1980 1981 1982 1983 1984 <u>1985</u> 1986 1987 1988 1989 1990 Any illicit drug a % saying not at all 32.4 17.4 16.5 15.1 15.0 15.7 17.3 18.6 20.6 22.1 22.3 24.5 26.1 28.7 % saying often 34.8 39.0 40.7 40.4 36.3 36.1 31.4 29.8 28.3 27.2 26.3 23.3 20.8 22.0 20.7 Any illicit drug other than marijuana % saying not at all 44.9 37.5 40.6 40.2 40.7 48.3 44.2 44.7 41.7 41.5 37.4 52.2 52.9 % saying often 14.1 16.6 14.2 12.9 10.2 9.2 13.5 12.1 13.7 17.1 14.6 12.1 9.6 10.7 Marijuana % saying not at all 20.5 19.0 17.3 17.0 18.0 19.8 22.1 23.8 25.6 26.5 28.0 29.6 36.6 % saying often 33.1 28.0 26.1 24.2 20.6 17.9 32.5 37.0 39.0 38.9 33.8 24.8 24.0 19.5 17.8 % saying not at all 78.8 80.0 81.9 82.8 82.6 83.9 86.2 87.5 85.1 % saving often 2.2 2.0 1.8 2.0 1.4 2.0 1.9 1.4 1.5 1.3 1.6 1.8 1.6 2.2 2.6 Other hallucinogens b % saying not at all 90.6 76.5 76.7 76.7 77.6 79.6 82.4 83.2 86.9 87.3 87.5 88.2 90.0 91.0 91.2 % saying often 3.2 2.9 2.2 2.2 2.0 2.6 1.1 1.4 1.5 1.2 1.3 1.2 3.1 1.7 1.1 Cocaine % saving not at all 77.0 73.4 64.0 62.3 63.7 65.1 66.7 64.4 61.7 62.6 % saying often 6.7 3.0 3.7 4.6 6.8 5.9 6.6 6.6 5.2 7.1 7.8 5.9 5.1 5.4 4.7 Heroin % saying not at all 91.4 90.3 91.8 92.4 92.6 93.4 92.9 94.9 94.0 94.5 94.0 94.2 94.3 93.5 94.6 % saying often 0.8 1.1 0.9 0.7 0.4 0.6 1.0 0.7 1.1 0.5 1.0 0.9 0.8 1.0 0.5 Narcotics other than heroin of % saying not at all 81.9 81.3 82.0 80.4 82.5 81.5 82.7 82.0 81.6 84.4 85.6 85.2 85.8 % saying often 1.8 2.4 2.0 1.7 1.7 1.7 2.4 2.2 2.0 1.8 2.1 1.7 1.7 1.7 1.6 Amphetamines d % saying not at all 59.6 60.3 60.9 58.1 59.2 50.5 49.8 53.9 55.0 59.0 63.5 68.3 72.1 72.6 71.7 % saying often 7.9 6.7 7.4 8.3 12.1 12.3 10.1 9.0 5.8 4.7 4.1 6.8 6.5 4.5 4.1 Sedatives (barbiturates) e % saying not at all 69.0 70.0 73.5 74.1 74.3 78.8 81.1 84.2 86.9 87.6 88.2 86.7 73.6 74.8 77.5 % saying often 5.0 3.4 3.3 3.4 4.0 4.3 3.0 2.7 1.7 2.1 1.7 1.7 4.5 1.5 1.4 Tranquilizers f % saying not at all 67.5 66.0 71.0 73.4 76.6 80.4 81.8 84.9 83.7 67.7 67.5 70.9 76.5 76.9 81.6 % saying often 4.2 5.5 6.3 4.9 4.3 3.2 3.5 2.9 2.9 2.2 2.5 2.6 2.2 2.1 1.9 Alcohol % saying not at all 5.6 5.5 5.2 5.3 6.0 6.0 6.0 6.0 6.0 5.9 6.4 6.0 6.1 6.9 77 % saying often 57.1 60.8 60.8 61.2 60.2 61.0 59.3 60.2 58.7 59.5 58.0 58.7 56.4 55.5 56.1 3,682 3,253 3,259 3,645 3,334 3,238 Approximate weighted N = 2,950 3,075 3,608 3,252 3,078 3,296 3,300 2,795 2,556

# TABLE 9-5 (cont.) Trends in 12th Graders' Exposure to Drug Use

(Entries are percentages.)

During the LAST 12 MONTHS, how often have you been around people who were taking each of the following to get high?	1991	1992	1993	1994	1995	1996	1997	1998	1999	2000	<u>2001</u>	2002	2003	2004	2005	2006
Any illicit drug <sup>a</sup>																
% saying not at all	35.8	38.7	33.9	29.2	24.7	22.0	21.2	22.8	22.1	24.0	23.5	23.5	26.4	25.7	27.0	26.3
% saying often	18.2	18.0	24.0	29.3	32.3	33.8	34.7	33.2	35.6	32.6	33.6	32.6	31.8	30.3	29.9	29.7
Any illicit drug other than marijuana <sup>a</sup>																
% saying not at all	60.0	58.4	57.4	54.7	52.8	50.3	52.1	52.7	53.5	52.8	50.1	50.7	53.7	51.7	54.1	54.7
% saying often	7.9	7.5	9.6	9.4	11.1	12.1	11.7	9.9	11.7	10.5	11.9	12.6	10.8	11.4	10.6	11.4
Marijuana																
% saying not at all	40.4	43.2	39.0	32.8	27.3	24.4	23.2	24.5	24.2	26.2	25.1	25.8	28.6	27.8	29.2	28.6
% saying often	16.0	15.6	20.9	27.6	30.7	31.8	32.9	31.4	34.4	30.3	30.8	30.7	30.4	28.0	27.0	27.8
LSD																
% saying not at all	84.3	82.2	79.0	75.8	73.9	72.4	74.1	76.9	76.4	78.0	78.4	82.8	85.8	87.6	89.2	88.4
% saying often Other hallucinogens <sup>b</sup>	2.9	3.0	3.9	4.2	6.1	4.7	5.1	3.2	4.1	3.3	2.8	2.6	1.8	1.6	1.5	1.9
% saying not at all	90.6	90.3	87.9	86.0	84.2	83.4	82.2	84.1	82.3	83.7‡	71.9	73.6	74.2	75.2	75.7	76.2
% saying often	1.3	1.1	1.9	2.3	2.5	2.7	2.8	1.7	2.7	2.1‡	3.6	4.5	3.2	3.2	2.6	4.1
Cocaine																
% saying not at all	78.7	80.2	8.08	81.2	78.4	75.0	74.4	73.4	74.2	75.8	75.5	75.1	75.2	75.6	74.3	71.8
% saying often	3.4	2.7	2.9	2.5	3.2	4.0	4.2	3.7	4.6	4.6	4.5	5.3	5.0	4.7	4.2	5.4
Heroin																
% saying not at all	94.9	94.6	94.3	92.7	92.1	91.4	90.9	91.3	91.9	90.9	91.3	91.7	92.7	93.4	92.7	91.1
% saying often	0.9	0.7	1.1	0.7	1.2	1.6	1.2	0.9	1.3	1.5	0.7	1.3	1.2	1.2	8.0	1.7
Narcotics other than heroin <sup>c</sup>																
% saying not at all	88.7	88.9	87.6	85.1	84.5	81.5	79.6	79.3	78.1	78.9	78.4	77.5	78.2	79.7	81.0	81.1
% saying often  Amphetamines <sup>d</sup>	1.4	1.3	1.7	1.7	2.1	3.4	2.5	2.8	3.9	2.9	3.0	3.8	3.0	3.3	2.6	3.4
% saying not at all	76.4	75.5	75.3	71.8	71.9	68.5	69.0	70.1	69.9	70.5	68.5	69.4	72.6	72.8	73.6	73.4
% saying often	3.1	3.0	3.9	4.1	4.5	5.6	5.2	4.7	6.3	4.4	6.0	6.4	4.9	5.3	4.1	5.6
Sedatives (barbiturates) <sup>e</sup>																
% saying not at all	90.0	89.8	88.1	87.0	85.5	84.5	83.9	83.9	82.9	83.7	82.9	82.3	85.2‡	78.5	79.6	78.7
% saying often Tranquilizers <sup>f</sup>	1.2	1.1	1.6	1.7	2.0	2.9	2.5	2.7	3.8	2.7	2.7	4.6	2.8‡	4.1	3.7	3.9
% saying not at all	85.8	87.3	86.2	83.5	84.3	82.1	81.1	82.7	81.8	82.3‡	76.2	77.3	79.0	77.9	79.1	78.2
% saying often	1.4	1.9	1.7	1.8	2.3	3.5	3.2	2.8	3.7	3.5‡	4.9	5.8	4.2	4.1	4.5	5.4
Alcohol																
% saying not at all	8.3	9.4	8.2	10.0	8.8	8.5	8.6	7.8	8.2	9.3	9.2	10.5	11.7	12.4	12.6	12.4
% saying often	54.5	53.1	51.9	54.0	54.0	54.5	53.9	54.5	53.5	50.2	52.7	50.8	49.0	48.2	49.1	47.8
Approximate weighted N =	2,525	2,630	2,730	2,581	2,608	2,407	2,595	2,541	2,312	2,153	2,147	2,162	2,454	2,456	2,469	2,372

# TABLE 9-5 (cont.) Trends in 12th Graders' Exposure to Drug Use

(Entries are percentages.)

During the LAST 12 MONTHS, how often have you been around people who were taking each of the following to get high?	2007	<u>2008</u>	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014<sup>9</sup></u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>h</sup>	2019e <sup>h</sup>	2020	<u>2021</u>	<u>2022</u>	2021–2022 <u>change</u>	
Any illicit drug <sup>a</sup>																			
% saying not at all	29.2	28.1	25.9	24.0	23.4	23.6	24.6	24.8	24.6	24.9	25.2	27.3	24.6	29.3	§	35.5*	33.4	-2.1	
% saying often	27.8	28.6	31.4	33.2	34.6	34.9	32.3	31.3	32.5	33.1	32.8	30.8	33.5	26.3	§	22.3*	25.6	+3.3	
Any illicit drug other than marijuana <sup>a</sup>																			
% saying not at all	54.6	56.2	55.7	52.8	53.4	55.0	55.8	59.0	55.7	56.2	58.3	59.9	61.9	64.5	§	74.6*	72.3	-2.4	
% saying often	10.8	8.2	9.4	10.2	11.5	11.6	9.3	9.7	9.2	10.3	10.7	7.5	7.4	6.0	§	3.7*	4.7	+1.0	
Marijuana																			
% saying not at all	31.6	30.2	28.2	25.8	25.4	24.9	26.3	26.6	26.8	26.9	26.5	29.9	26.3	31.3	§	36.2*	33.8	-2.5	
% saying often	25.1	27.0	29.3	31.3	32.3	32.2	30.6	29.2	30.5	31.2	30.4	28.0	32.0	24.6	§	21.9*	24.1	+2.1	
LSD																			
% saying not at all	87.6	87.9	88.1	85.9	86.5	87.0	86.2	87.1	84.3	84.5	82.6	84.6	84.9	85.4	§	89.0*	88.3	-0.7	
% saying often	1.7	8.0	1.3	1.4	1.4	1.6	1.5	1.5	1.9	2.1	2.4	2.0	1.9	2.0	§	1.4*	1.1	-0.3	
Other hallucinogens <sup>b</sup>																			
% saying not at all	76.5	76.4	78.0	75.0	76.2	77.3	77.7	80.2	79.6	81.4	82.5	84.5	84.3	84.2	§	87.0*	83.1	-3.9 s	
% saying often	3.0	1.9	2.7	2.2	2.5	2.7	2.4	1.9	1.9	2.4	2.5	1.8	1.6	2.6	§	1.3*	1.5	+0.3	Table continued
Cocaine																			on next page.
% saying not at all	74.8	75.9	80.0	80.0	80.7	82.6	83.3	82.4	82.0	81.8	82.4	82.9	82.9	86.1	§	91.9*	90.2	-1.7	
% saying often	4.6	3.6	2.6	2.1	2.3	2.8	2.1	2.2	2.3	3.0	3.0	1.7	2.4	1.9	§	1.2*	0.9	-0.3	
Heroin																			
% saying not at all	91.4	93.2	92.7	91.7	93.6	94.0	93.4	94.8	94.4	94.7	93.6	94.8	95.1	96.5	§	97.3*	97.1	-0.2	
% saying often	1.1	0.8	0.8	1.0	1.1	1.3	0.7	0.7	1.2	0.9	1.1	0.6	0.6	0.4	§	0.7*	0.4	-0.3	
Narcotics other than heroin <sup>c</sup>																			
% saying not at all	81.1	83.7	83.7‡	69.7	72.5	72.9	77.1	79.1	79.0	79.0	80.1	81.9	85.6	89.5	§	93.4*	92.1	-1.2	
% saying often	3.4	2.1	2.7‡	5.3	5.6	5.7	3.8	3.6	2.8	3.8	3.4	1.8	1.3	1.4	§	1.1*	0.8	-0.4	
Amphetamines <sup>d</sup>																			
% saying not at all	76.2	76.7	76.2	76.4‡	72.0	73.8	74.6	76.3	74.3	75.7	77.6	78.1	79.0	82.1	§	88.1*	85.8	-2.2	
% saying often	4.3	3.0	4.3	3.3‡	6.1	5.7	5.3	5.7	5.2	5.0	5.0	3.3	4.0	2.8	§	1.4*	2.7	+1.3	
Sedatives (barbiturates) <sup>e</sup>																			
% saying not at all	81.2	83.3	82.4	81.2	83.8	84.0	85.0	86.6	86.5	87.2	88.8	88.6	90.4	90.6	§	94.2*	94.5	+0.3	
% saying often	3.9	2.1	3.4	2.5	3.1	2.9	2.5	2.3	1.8	2.5	2.3	1.9	1.5	1.6	§	1.0*	0.9	-0.1	
Tranquilizers <sup>f</sup>															-				
% saying not at all	80.7	80.1	80.0	81.8	83.0	82.4	83.6	84.0	80.3	77.8	77.4	79.5	80.8	83.9	§	92.4*	90.2	-2.2	
% saying often	4.9	3.7	3.9	2.8	3.4	3.3	3.4	3.4	2.6	4.6	4.7	3.1	1.9	2.3	§	1.4*	1.3	-0.1	
Alcohol																			
% saying not at all	13.5	14.3	13.5	14.8	15.0	14.7	15.2	17.9	19.5	19.6	21.1	21.7	21.6	25.6	§	27.2*	27.3	+0.1	
% saying often	46.4	45.4	46.3	45.8	40.7	43.0	41.7	40.3	38.0	37.4	35.4	33.6	35.1	27.4	\$ §	26.6*	28.3	+1.8	
Approximate weighted N =															3				

#### TABLE 9-5 (cont.)

#### Trends in 12th Graders' Exposure to Drug Use

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. '‡' indicates that the question changed the following year. See relevant footnote. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires

(used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>The data presented here were derived from responses to questions on the drugs included in this table. Any illicit drug includes exposure to any of the drugs presented in this table with the exception of alcohol.

bln 2001 the question text was changed from other psychedelics to other hallucinogens and shrooms was added to the list of examples. These changes likely explain the discontinuity in the 2001 results.

ciln 2010 the list of examples for narcotics other than heroin was changed from methadone and opium to Vicodin, OxyContin, Percocet, etc. This change likely explains the discontinuity in the 2010 results.

d In 2011 pep pills and bennies were replaced in the list of examples by Adderall and Ritalin. This change likely explains the discontinuity in the 2011 results.

en 2004 the question text was changed from barbiturates to sedatives/barbiturates and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

In 2001 for tranquilizers, Xanax was added to the list of examples. This change likely explains the discontinuity in the 2001 results.

<sup>g</sup>In 2014 the phrase 'or for "kicks" was dropped from the question.

<sup>h</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

TABLE 9-6
Trends in Friends' Use of Drugs as Estimated by 8th Graders

How many of your friends would you estimate	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	2004	2005	2006
Use marijuana																
% saying any	21.9	25.1	30.8	41.1	46.1	50.8	50.8	46.7	44.4	42.6	46.1	42.3	40.9	38.3	38.7	38.1
% saying most or all	3.3	4.1	6.0	10.5	12.7	15.2	13.8	12.6	12.1	10.4	11.4	10.0	9.4	7.8	9.1	8.9
Use inhalants																
% saying any	20.5	23.1	26.3	29.2	32.1	32.3	32.9	31.9	31.0	29.0	29.3	25.7	27.8	27.4	28.1	28.8
% saying most or all	2.4	2.9	3.7	4.2	5.0	5.2	4.8	4.5	4.7	4.0	3.9	3.4	4.0	4.0	4.2	4.5
Take crack																
% saying any	8.6	10.9	12.5	15.2	17.7	18.5	19.3	19.2	18.5	18.1	18.9	17.4	17.2	15.8	16.7	17.0
% saying most or all	0.9	1.0	1.3	1.6	1.6	2.0	1.8	1.9	1.9	1.6	2.0	1.6	1.7	1.7	1.7	1.8
Take cocaine powder																
% saying any	8.4	10.7	12.1	14.3	16.2	17.4	17.6	17.1	16.7	16.1	16.3	14.8	14.9	13.8	15.0	15.6
% saying most or all	0.9	1.1	1.3	1.7	1.6	1.7	1.6	2.0	1.8	1.6	1.8	1.7	1.6	1.6	1.5	1.8
Take heroin																
% saying any	6.1	7.3	8.9	10.3	11.6	12.0	12.2	11.8	11.4	10.9	11.2	10.5	10.2	9.4	9.8	10.3
% saying most or all	0.7	0.9	0.9	1.3	1.3	1.4	1.2	1.3	1.3	1.1	1.4	1.3	1.0	1.2	1.1	1.1
Drink alcoholic																
beverages																
% saying any	72.1	76.4	75.7	77.0	75.9	77.1	75.8	74.6	73.4	72.7	72.3	68.1	65.4	65.9	63.9	64.7
% saying most or all	21.0	23.7	25.5	27.4	27.5	28.8	25.9	25.0	24.9	23.6	22.7	20.1	19.6	19.3	17.6	19.1
Get drunk at least																
once a week																
% saying any	42.8	48.0	48.0	50.3	48.7	51.2	48.3	47.6	48.7	46.6	45.5	42.3	40.6	39.8	38.4	40.5
% saying most or all	7.2	8.4	9.0	10.6	9.9	10.9	9.3	8.8	9.6	9.1	8.6	7.4	7.7	7.1	6.6	6.6
Smoke cigarettes																
% saying any	67.7	72.4	73.8	76.1	76.1	78.1	76.9	75.2	70.9	67.9	64.2	58.6	56.0	54.0	52.2	51.7
% saying most or all Vape using a JUUL <sup>a</sup>	11.8	14.4	16.7	19.0	20.5	22.5	19.7	19.4	16.4	13.0	10.6	9.0	8.9	8.1	7.5	7.5
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vape an e-liquid with nicotine c																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Use smokeless tobacco																
% saying any	36.5	37.5	37.3	38.6	37.8	37.9	34.5	32.7	30.0	28.0	27.3	24.5	25.1	24.9	23.3	25.5
% saying most or all	3.8	4.2	3.8	4.8	4.7	5.1	3.5	3.5	3.5	2.6	2.9	2.5	2.9	3.0	2.5	2.7
Approximate weighted N =	16,000	16,600	16,500	15,800	15,300	16,100	16,100	16,000	10,100	10,000	9,700	9,200	10,400	10,500	10,400	10,200

TABLE 9-6 (cont.)
Trends in Friends' Use of Drugs as Estimated by 8th Graders

How many of your friends would you estimate	<u>2007</u>	<u>2008</u>	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>b</sup>	2019e <sup>b</sup>	<u>2020</u>	<u>2021</u>	2022	2021-2022 <u>change</u>	
Use marijuana																			
% saying any	35.6	37.5	39.3	43.8	41.9	41.0	42.4	40.3	40.5	35.6	37.0	36.1	38.4	34.4	§	24.2*	25.0	+0.8	
% saying most or all	7.7	8.0	9.1	12.1	10.7	11.0	12.0	10.1	9.5	8.0	7.8	8.4	8.5	7.7	§	4.3*	5.7	+1.3	
Use inhalants																			
% saying any	25.8	27.1	27.5	27.5	25.7	22.9	19.9	18.0	17.0	15.2	15.0	16.2	15.6	14.9	§	12.0*	11.7	-0.3	
% saying most or all	3.6	3.6	4.6	4.0	3.4	3.2	2.6	2.5	2.4	1.7	1.9	2.1	2.0	2.3	§	1.7*	1.5	-0.2	
Take crack																			
% saying any	15.2	16.1	15.8	16.6	15.1	14.3	12.8	11.0	10.3	8.1	8.0	7.6	8.8	8.1	§	5.9*	5.9	0.0	
% saying most or all	1.6	1.4	1.7	1.8	1.5	1.4	1.4	1.2	1.0	0.9	0.8	0.7	1.0	1.1	§	0.8*	0.6	-0.2	
Take cocaine powder																			
% saying any	13.4	14.6	13.2	14.4	12.8	12.5	11.3	10.0	9.8	7.7	8.0	7.4	8.4	6.2	§	4.8*	4.5	-0.3	
% saying most or all	1.5	1.4	1.6	1.5	1.4	1.2	1.1	1.2	1.0	0.8	8.0	0.7	0.8	0.7	§	0.6*	0.5	-0.1	
Take heroin																			
% saying any	8.9	9.3	9.5	10.1	9.2	8.1	7.9	7.1	6.5	5.6	5.5	4.9	6.1	5.5	§	3.5*	3.4	-0.1	Table continued
% saying most or all	1.1	1.1	1.2	1.1	1.2	0.9	0.9	1.0	0.7	0.8	0.6	0.6	0.8	8.0	§	0.6*	0.5	-0.1	on next page.
Drink alcoholic																			
beverages																			
% saying any	63.7	64.1	62.8	63.7	59.8	57.2	54.7	51.7	51.5	47.9	48.9	48.6	51.1	43.9	§	37.0*	35.8	-1.2	
% saying most or all	17.6	17.9	17.8	18.0	15.3	13.9	11.8	9.4	9.5	8.3	7.7	8.0	7.9	7.3	§	5.9*	4.3	-1.7	
Get drunk at least																			
once a week																			
% saying any	39.5	39.3	38.3	39.9	34.8	33.2	30.8	26.9	27.5	24.5	24.4	25.0	27.3	24.9	§	19.5*	18.3	-1.1	
% saying most or all	6.6	6.2	6.9	6.9	5.6	5.1	4.4	3.7	3.9	3.3	2.7	2.8	3.1	3.6	§	2.2*	1.7	-0.5	
Smoke cigarettes																			
% saying any	49.7	49.6	49.5	51.6	47.3	43.9	41.8	38.3	36.9	31.1	30.4	28.4	28.6	25.3	§	18.6*	18.1	-0.6	
% saying most or all	6.1	5.7	5.7	6.3	5.1	4.5	3.9	3.0	2.8	2.2	1.5	1.5	1.8	2.1	§	1.3*	1.1	-0.2	
Vape using a JUUL <sup>a</sup>																			
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	58.4	51.8	§	_	_	_	
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	18.8	14.5	§	_	_	_	
Vape an e-liquid with nicotine <sup>c</sup>																			
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	39.7*	39.6	-0.1	
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	8.9*	9.7	+0.8	
Use smokeless tobacco																			
% saying any	24.6	25.1	26.7	27.4	26.7	23.9	23.1	23.7	23.7	20.5	18.8	17.5	18.6	17.1	§	11.2*	11.2	0.0	
% saying most or all	2.6	2.7	3.4	3.3	3.2	2.4	2.5	2.3	2.4	2.1	1.3	1.5	1.6	2.2	§	1.2*	0.9	-0.4	
Approximate weighted N =	9,900	9,600	9,200	9,600	10,200	9,400	9,000	8,700	8,900	10,400	9,300	9,200	4,200	4,200	§	5,400	5,800		

#### TABLE 9-6 (cont.)

#### Trends in Friends' Use of Drugs as Estimated by 8th Graders

Source. The Monitoring the Future study, the University of Michigan.

Notes.

Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. In 2000, this set of questions was removed from one of the four forms in which it appeared, which resulted in a slight adjustment in the average change score that year. To correct for this, although this set of questions was asked in all four forms in 1999, the data presented here for 1999 are from only the three forms in which the questions are still asked. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between

the estimates in the '2019p' and the '2019p' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires

(used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>Data based on two of four forms; N is one half of N indicated.

bThe '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes. <sup>c</sup>Data based on two-thirds of N indicated.

TABLE 9-7
Trends in Friends' Use of Drugs as Estimated by 10th Graders

How many of your friends would you estimate	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	<u>2002</u>	<u>2003</u>	2004	<u>2005</u>	<u>2006</u>
Use marijuana																
% saying any	48.3	45.9	52.7	63.4	68.5	73.5	73.4	70.4	70.5	70.6	72.8	69.6	68.0	66.2	66.2	66.3
% saying most or all	7.9	8.0	11.2	18.0	21.3	26.4	25.0	23.5	23.3	22.4	23.8	23.3	21.8	19.2	19.5	18.5
Use inhalants																
% saying any	17.3	17.8	21.1	23.6	25.3	25.7	23.7	22.8	21.4	20.6	21.4	19.3	18.8	18.4	18.7	20.6
% saying most or all	1.4	1.5	1.8	2.0	2.1	2.2	2.2	2.5	2.1	2.2	1.8	2.1	1.9	1.7	2.0	2.2
Take crack																
% saying any	13.2	13.2	15.1	17.3	19.8	21.4	22.0	22.2	21.2	21.1	21.4	21.0	19.3	18.7	19.6	20.5
% saying most or all	0.8	0.7	0.9	1.0	1.2	1.2	1.5	1.7	1.6	1.5	1.5	1.8	1.5	1.4	1.5	1.3
Take cocaine powder																
% saying any	14.7	14.1	15.4	17.3	19.7	21.7	22.5	23.0	21.0	21.2	20.9	20.5	18.5	19.0	19.8	20.9
% saying most or all	8.0	8.0	8.0	1.1	1.3	1.4	1.7	2.0	1.9	1.7	1.5	2.0	1.5	1.4	1.5	1.6
Take heroin																
% saying any	7.8	8.1	9.3	10.5	11.1	11.7	11.8	11.5	10.7	10.1	11.4	10.3	9.9	9.0	9.8	10.1
% saying most or all	0.6	0.6	0.7	0.6	0.8	0.7	0.9	1.0	1.0	8.0	0.9	1.2	1.0	0.8	1.0	0.9
Drink alcoholic																
beverages																
% saying any	92.9	91.3	91.8	92.8	92.2	92.4	92.2	91.4	91.4	92.0	91.3	89.4	87.5	87.7	88.0	88.1
% saying most or all	49.6	48.2	49.9	50.3	50.7	53.4	50.7	50.1	50.3	52.0	50.2	45.7	44.9	44.5	43.9	46.2
Get drunk at least																
once a week																
% saying any	75.1	72.6	74.5	76.9	75.3	76.7	76.2	74.9	75.9	77.3	76.4	73.1	72.1	71.1	71.1	72.8
% saying most or all	19.3	18.6	20.2	20.3	20.6	23.1	21.8	21.2	22.8	23.5	22.4	19.9	20.9	19.0	18.3	20.5
Smoke cigarettes																
% saying any	81.2	82.0	85.4	86.3	88.0	89.3	88.1	87.1	85.4	84.6	82.7	77.2	75.1	73.9	73.6	72.5
% saying most or all	18.2	18.7	22.8	24.7	27.8	32.8	29.3	27.8	25.9	21.2	19.3	15.8	14.2	13.4	12.6	13.0
Vape using a JUUL <sup>a</sup>																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vape an e-liquid with nicotine c																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Use smokeless tobacco																
% saying any	53.1	53.1	57.5	58.4	57.9	55.0	52.0	47.5	44.8	42.3	45.5	41.8	38.6	37.6	41.5	45.3
% saying most or all	7.5	7.3	7.7	7.6	7.3	6.0	6.4	5.8	4.7	4.6	5.2	5.2	4.4	4.5	5.6	5.8
Approximate weighted N =	14,300	14,000	14,600	15,000	16,100	14,800	14,700	14,400	8,700	9,100	9,000	9,100	10,100	10,500	10,400	10,500

TABLE 9-7 (cont.)
Trends in Friends' Use of Drugs as Estimated by 10th Graders

How many of your friends would you estimate	2007	2008	2009	2010	2011	<u>2012</u>	<u>2013</u>	2014	<u>2015</u>	2016	2017	2018	2019p <sup>b</sup>	2019e <sup>b</sup>	<u>2020</u>	2021	2022	2021-2022 <u>change</u>	
Use marijuana																	· <del></del>		
% saying any	66.4	64.6	67.6	70.9	70.9	70.7	71.9	69.4	66.7	65.6	66.0	66.6	66.7	62.8	§	45.3*	48.3	+3.0	
% saying most or all	17.8	18.9	22.0	23.9	25.6	26.2	27.8	25.1	21.4	21.2	22.7	23.6	25.1	22.7	§	12.8*	12.5	-0.2	
Use inhalants																			
% saying any	21.2	21.1	19.7	20.2	18.1	15.3	14.9	12.6	11.1	10.2	10.4	10.3	9.9	10.0	§	8.6*	9.0	+0.5	
% saying most or all	2.1	2.2	2.0	2.1	1.7	1.5	1.6	1.4	1.2	1.2	1.2	1.1	1.3	0.9	§	0.9*	0.8	-0.1	
Take crack																			
% saying any	20.1	19.4	18.4	19.1	17.0	15.4	14.4	12.4	11.7	11.0	10.6	10.2	9.4	10.9	§	6.7*	6.8	+0.1	
% saying most or all	1.5	1.4	1.2	1.5	1.1	1.1	1.2	1.2	1.1	1.0	0.9	0.9	1.3	1.1	§	0.6*	0.8	+0.2	
Take cocaine powder																			
% saying any	21.2	20.2	18.6	18.5	16.7	15.6	14.9	12.9	12.5	11.8	11.4	11.4	11.4	9.6	§	5.8*	5.3	-0.5	
% saying most or all	1.5	1.4	1.4	1.4	1.0	1.1	1.3	1.0	1.1	1.0	8.0	0.9	1.5	1.0	§	0.5*	0.4	-0.1	
Take heroin																			
% saying any	9.9	10.6	10.0	10.6	9.1	8.8	7.8	7.0	6.6	6.5	6.1	4.9	5.8	5.3	§	3.0*	3.6	+0.6	Table continued
% saying most or all	0.9	1.1	1.1	0.9	0.6	0.8	0.9	0.8	0.8	0.7	0.7	0.5	1.0	0.8	§	0.4*	0.4	0.0	on next page.
Drink alcoholic																			
beverages																			
% saying any	88.2	87.0	87.5	87.8	85.9	84.9	83.9	80.5	78.0	75.0	75.2	75.9	74.3	70.7	§	56.9*	59.2	+2.3	
% saying most or all	44.7	41.3	42.1	42.0	38.2	39.3	36.8	31.9	29.0	24.4	25.4	26.1	23.6	23.1	§	15.0*	14.4	-0.6	
Get drunk at least																			
once a week																			
% saying any	73.5	70.1	70.4	69.7	66.4	66.3	63.4	58.0	54.1	50.2	51.2	51.8	50.2	49.9	§	38.2*	38.4	+0.2	
% saying most or all	19.7	16.1	16.8	16.0	15.2	15.9	14.4	12.3	9.9	8.2	8.2	8.9	7.8	8.1	§	5.5*	5.0	-0.5	
Smoke cigarettes																			
% saying any	72.1	70.7	71.3	72.7	70.2	66.5	62.6	57.2	51.7	46.3	43.7	43.3	35.3	36.0	§	23.4*	24.2	+0.9	
% saying most or all	11.8	10.5	11.4	11.8	10.2	8.9	7.3	5.8	5.0	3.5	3.2	3.6	3.2	2.9	§	1.6*	1.6	0.0	
Vape using a JUUL <sup>a</sup>																			
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	70.0	71.2	§	_	_	_	
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	30.2	33.1	§	_	_	_	
Vape an e-liquid with nicotine <sup>c</sup>																			
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	53.2*	55.9	+2.7	
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	16.8*	16.2	-0.6	
Use smokeless tobacco																			
% saying any	44.5	41.6	45.6	48.8	47.1	44.2	45.1	42.6	39.0	32.8	32.2	33.1	26.3	30.9	§	16.6*	17.8	+1.2	
% saying most or all	5.1	4.8	5.7	7.3	5.5	6.0	6.1	6.1	5.2	3.9	3.0	3.7	3.2	3.5	§	1.3*	1.4	+0.1	
Approximate weighted N =	10,300	9,700	10,300	9,900	9,700	9,700	8,400	8,400	10,100	9,300	8,500	8,500	4,500	4,500	§	5,800	6,800		_

#### TABLE 9-7 (cont.)

#### Trends in Friends' Use of Drugs as Estimated by 10th Graders

Source. The Monitoring the Future study, the University of Michigan.

of the second of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. In 2000, this set of questions was removed from one of the four forms in which it appeared, which resulted in a slight adjustment in the average change scores that year. To correct for this, although this set of questions was asked in all four forms in 1999, the data presented here for 1999 are from only the three forms in which the questions are still asked. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

aData based on two of four forms; N is one half of N indicated.

<sup>b</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

<sup>c</sup>Data based on two-thirds of *N* indicated.

TABLE 9-8
Trends in Friends' Use of Drugs as Estimated by 12th Graders

How many of your friends would you estimate	1975	1976	1977	1978	1979	<u>1980</u>	1981	1982	1983	1984	1985	1986	1987	1988	1989	1990
Take any illicit drug <sup>a</sup>	1070	1570	1377	1570	1070	1500	1001	1002	1000	1304	1000	1500	1501	1000	1000	1550
% saying any	85.8	84.6	86.9	87.5	89.0	87.5	85.4	86.3	82.6	81.0	82.4	82.2	81.7	79.1	76.9	71.0
% saying most or all	31.9	31.7	33.2	36.3	37.0	32.5	29.8	26.5	23.8	20.9	22.7	21.5	18.6	15.8	15.7	11.6
Take any illicit drug other than marijuana	а															
% saying any	66.7	55.5	57.5	56.4	61.3	62.4	63.3	64.7	61.2	61.3	61.8	63.3	62.4	56.5	56.2	50.1
% saying most or all	10.6	8.9	7.7	8.5	10.4	11.1	11.9	10.9	11.0	10.3	10.4	10.3	9.2	6.9	7.7	5.1
Use marijuana																
% saying any	83.0	82.9	85.9	86.1	87.6	86.4	83.0	84.4	80.3	77.7	79.5	79.2	78.4	75.3	72.5	68.3
% saying most or all	30.3	30.6	32.3	35.3	35.5	31.3	27.7	23.8	21.7	18.3	19.8	18.2	15.8	13.6	13.4	10.1
Use inhalants																
% saying any	24.3	18.6	18.9	20.0	19.1	17.8	16.5	18.4	16.1	19.3	21.2	22.4	24.7	20.8	22.1	20.0
% saying most or all	1.1	1.1	1.0	1.1	1.1	1.2	0.9	1.3	1.1	1.1	1.5	2.0	1.9	1.2	1.9	1.0
Use nitrites																
% saying any	_	_	_	_	21.6	19.0	17.4	17.5	14.5	15.0	15.6	18.0	18.3	13.6	13.3	10.4
% saying most or all	_	_	_	_	1.9	1.3	1.2	0.9	0.7	1.2	1.0	1.2	1.3	0.7	0.9	0.6
Take LSD																
% saying any	36.5	30.6	31.9	29.9	28.9	28.1	28.5	27.8	24.0	23.9	24.4	24.5	25.3	24.1	25.2	25.0
% saying most or all	2.7	2.8	3.0	2.0	1.9	1.8	2.2	2.4	1.4	2.0	1.5	1.8	1.6	1.5	2.4	1.9
Take other hallucinogens b																
% saying any	41.2	30.3	31.4	29.2	28.2	28.2	26.3	25.6	22.1	21.3	22.0	22.3	21.7	17.8	18.1	15.9
% saying most or all	4.7	3.0	2.8	2.0	2.2	2.2	2.1	1.9	1.6	1.9	1.4	1.3	1.2	0.9	1.4	1.0
Take PCP																
% saying any	_	_	_	_	27.8	22.2	17.2	17.3	14.2	14.2	15.9	16.1	15.5	13.5	14.7	13.0
% saying most or all	_	_	_	_	1.7	1.6	0.9	0.9	1.1	1.1	1.2	1.2	1.1	0.8	1.2	0.5
Take ecstasy (MDMA) <sup>g</sup>																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	12.4
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.2
Take cocaine																
% saying any	33.6	28.8	30.1	33.2	38.9	41.6	40.1	40.7	37.6	38.9	43.8	45.6	43.7	37.7	37.4	31.7
% saying most or all	3.4	3.2	3.6	4.0	6.0	6.1	6.3	4.9	5.1	5.1	5.8	6.2	5.1	3.4	3.7	2.1
Take crack																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	27.4	25.4	26.1	19.2
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	2.2	1.1	2.1	0.6
Take cocaine powder																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	25.3	24.6
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	2.3	2.5
Approximate weighted N =	2,640	2,697	2,788	3,247	2,933	2,987	3,307	3,303	3,095	2,945	2,971	2,798	2,948	2,961	2,587	2,361

(Table continued on next page.)

TABLE 9-8 (cont.)
Trends in Friends' Use of Drugs as Estimated by 12th Graders

How many of your friends would you estimate	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	<u>2004</u>	<u>2005</u>	2006	
Take any illicit drug <sup>a</sup>																	
% saying any	69.1	67.3	71.0	78.3	78.6	80.6	83.4	84.6	82.0	82.0	82.8	81.8	80.7	81.2	79.8	78.8	
% saying most or all	11.7	12.0	15.5	20.3	21.7	23.8	23.7	25.9	25.5	24.5	25.2	23.1	23.5	23.0	20.2	20.9	
Take any illicit drug other than marijuana	a <sup>a</sup>																
% saying any	46.3	47.1	48.7	53.7	53.7	54.5	55.1	55.6	51.2	52.5	55.0	54.3	50.0	51.4	51.3	51.0	
% saying most or all	4.6	5.3	7.1	7.1	7.7	8.9	7.0	8.9	7.4	7.4	7.0	6.1	6.7	7.3	6.7	5.3	
Use marijuana																	
% saying any	65.8	63.1	67.4	75.6	76.1	78.0	81.4	83.2	80.7	80.5	81.2	79.4	78.9	79.5	77.4	76.4	
% saying most or all	10.0	10.3	13.9	18.9	20.7	22.2	22.5	23.8	24.2	23.2	24.0	21.4	21.7	21.1	17.9	19.6	
Use inhalants																	
% saying any	19.2	22.2	23.7	26.5	27.5	27.2	27.4	25.9	21.6	23.5	22.2	21.0	17.5	17.9	18.1	19.0	
% saying most or all	0.7	1.8	1.8	2.0	2.0	2.4	1.9	2.7	1.8	1.4	1.4	1.2	1.1	1.2	2.0	1.2	
Use nitrites																	
% saying any	8.9	9.0	10.7	10.0	10.7	11.2	11.9	12.9	10.9	11.0	11.9	11.2	8.5	9.4	9.1	8.1	
% saying most or all	0.4	0.7	0.7	8.0	0.8	8.0	0.7	1.0	0.7	1.0	0.6	8.0	1.0	1.2	1.0	0.5	
Take LSD																	
% saying any	23.4	28.1	31.3	34.1	36.9	37.9	36.5	36.8	32.2	31.9	32.2	28.6	21.9	23.5	19.5	18.7	
% saying most or all	1.7	2.4	3.8	4.2	4.8	5.0	3.7	4.7	3.9	3.1	2.9	1.7	1.9	1.5	1.5	8.0	Table continued on next page.
Take other hallucinogens <sup>b</sup>																	
% saying any	15.1	17.0	19.3	21.4	23.8	26.4	26.3	27.4	22.5	24.0‡	35.4	33.6	30.1	31.9	31.0	30.1	
% saying most or all	8.0	1.0	1.7	2.2	2.2	2.3	2.6	3.1	2.4	2.4‡	2.9	2.3	2.4	2.6	2.2	1.7	
Take PCP																	
% saying any	12.0	12.7	15.6	15.5	18.3	20.3	19.7	20.2	16.8	17.5	19.1	17.2	13.6	11.8	10.1	10.6	
% saying most or all	0.5	0.9	1.9	1.2	1.2	1.3	1.4	1.6	1.5	1.7	1.3	1.0	1.5	1.1	1.0	0.5	
Take ecstasy (MDMA) <sup>g</sup>																	
% saying any	11.9	10.7	12.8	15.9	20.7	24.2	27.7	24.5	26.7	37.3	41.9	38.0	34.2	28.9	23.1	23.1	
% saying most or all	1.7	2.1	1.2	1.7	2.8	3.0	2.6	2.5	2.7	4.8	5.2	3.7	2.7	3.2	2.5	1.9	
Take cocaine																	
% saying any	26.8	26.3	24.5	26.1	24.8	28.1	28.5	31.2	27.8	27.2	27.1	26.8	23.8	29.3	28.1	29.7	
% saying most or all	1.5	1.5	2.1	1.5	2.0	2.2	2.0	3.2	2.9	2.0	1.7	1.7	2.4	2.3	2.3	1.9	
Take crack																	
% saying any	17.6	17.8	17.9	20.0	19.2	21.6	22.2	24.4	19.0	21.4	23.4	21.5	18.7	22.5	22.9	22.3	
% saying most or all	0.6	0.7	0.9	1.0	1.1	0.9	1.1	1.7	1.5	1.4	0.8	8.0	1.4	1.6	1.6	1.0	
Take cocaine powder																	
% saying any	19.8	19.7	18.1	20.7	19.2	22.8	24.8	22.9	22.0	21.3	20.1	22.4	23.2	25.4	23.2	22.8	
% saying most or all	1.8	2.0	1.6	1.9	1.7	1.9	2.0	1.9	1.9	1.8	1.5	1.9	1.9	3.3	1.7	1.7	
Approximate weighted N =	2,339	2,373	2,410	2,337	2,379	2,156	2,292	2,313	2,060	1,838	1,923	1,968	2,233	2,271	2,266	2,217	_

#### TABLE 9-8 (cont.) Trends in Friends' Use of Drugs as Estimated by 12th Graders

(Entries are percentages.)

How many of your friends would you estimate	<u>2007</u>	<u>2008</u>	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>h</sup>	<u>2019e<sup>h</sup></u>	<u>2020</u>	<u>2021</u>	<u>2022</u>	2021–2022 <u>change</u>	
Take any illicit drug <sup>a</sup>																			
% saying any	77.7	80.1	79.2	80.4	81.7	78.9	80.8	80.8	78.2	79.9	79.6	78.1	77.2	73.0	§	64.5*	61.9	-2.6	
% saying most or all	21.7	21.3	22.4	25.4	29.1	26.4	26.7	24.6	28.0	24.9	26.1	26.7	25.4	22.2	§	19.7*	19.7	-0.1	
Take any illicit drug other than marijuana	a																		
% saying any	50.0	49.3	49.4	53.7	49.9	48.9	45.4	43.7	41.2	44.2	40.3	41.1	38.7	41.8	§	33.8*	31.5	-2.3	
% saying most or all	6.5	5.3	5.6	7.1	6.5	5.5	4.3	5.1	6.0	4.6	4.6	4.8	4.3	3.7	§	0.9*	2.8	+1.9 s	
Use marijuana																			
% saying any	74.8	78.2	77.2	79.7	80.6	77.7	80.2	79.3	76.9	78.9	78.2	76.5	76.4	70.8	§	63.6*	60.4	-3.2	
% saying most or all	19.2	19.9	20.9	23.6	27.3	25.0	25.7	23.4	25.9	23.8	24.3	25.7	24.9	21.2	§	18.6*	18.8	+0.2	
Use inhalants																			
% saying any	17.9	18.0	18.0	19.0	16.4	12.3	12.1	9.4	8.7	8.8	7.2	9.0	8.0	9.9	§	3.5*	6.5	+3.1 s	
% saying most or all	1.6	1.1	0.9	1.8	1.4	0.9	1.1	0.7	8.0	8.0	0.7	1.1	0.7	0.9	§	0.1*	0.4	+0.4	
Use nitrites																			
% saying any	7.7	7.3	7.7	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
% saying most or all	0.7	0.5	0.2	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take LSD																			
% saying any	18.3	20.9	21.3	22.3	22.5	21.3	17.7	18.0	18.9	22.7	20.1	21.5	21.2	24.7	§	17.7*	15.7	-2.0	Table continued
% saying most or all	1.2	1.1	1.1	1.5	1.4	1.3	1.2	1.2	1.6	1.0	1.5	2.0	1.9	1.2	§	0.2*	8.0	+0.6	on next page.
Take other hallucinogens <sup>b</sup>																			
% saying any	30.1	29.4	30.5	32.3	31.8	29.5	26.9	22.0	22.1	23.7	20.0	21.5	18.8	22.2	§	21.7*	19.8	-1.9	
% saying most or all	1.7	1.8	1.6	2.0	2.1	2.0	1.6	1.6	1.7	1.0	1.2	1.7	1.2	0.5	§	0.2*	0.6	+0.4 s	
Take PCP																			
% saying any	9.4	9.4	9.3	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
% saying most or all	8.0	0.5	0.5	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take ecstasy (MDMA) <sup>g</sup>																			
% saying any	23.6	24.7	23.5	25.9	27.5	26.8	25.6	24.3	26.3	24.4	22.4	19.4	16.3	16.4	§	14.8*	13.3	-1.5	
% saying most or all	2.1	2.4	2.2	2.1	2.7	2.7	1.8	2.3	2.0	2.6	2.1	2.0	1.8	2.1	§	2.5*	1.8	-0.6	
Take cocaine																			
% saying any	29.7	25.2	24.0	22.9	18.8	18.1	18.8	17.9	18.3	16.9	17.0	18.1	15.7	17.8	§	9.2*	8.2	-1.0	
% saying most or all	2.1	1.2	1.8	1.4	1.0	0.8	1.1	0.8	1.5	0.9	1.1	1.0	1.5	1.3	§	0.2*	0.5	+0.3	
Take crack																			
% saying any	21.8	19.1	18.8	15.2	12.1	10.4	10.3	9.0	10.1	8.0	8.0	8.6	7.5	9.3	§	2.6*	3.7	+1.1	
% saying most or all	1.3	1.1	1.1	1.5	0.9	0.8	0.9	0.8	1.0	0.7	1.0	0.8	1.1	0.8	§	0.2*	0.8	+0.6	
Take cocaine powder																			
% saying any	22.3	22.6	19.1	17.6	15.9	17.4	15.6	15.4	14.7	16.0	17.1	15.8	12.9	12.9	§	13.0*	10.2	-2.8	
% saying most or all	1.8	1.5	1.5	1.0	1.6	1.5	1.2	1.8	1.2	2.2	2.2	2.1	1.8	1.9	§	0.2*	1.9	+1.7 s	
Approximate weighted N =	2,253	2,125	2,110	2,195	2,208	2,144	1,973	1,920	2,055	1,828	1,955	2,002	946	976	§	1,398	1,339		_

(List of drugs continued)

# TABLE 9-8 (cont.) Trends in Friends' Use of Drugs as Estimated by 12th Graders

(Entries are percentages.)

How many of your friends would you estimate	4075	4070	4077	4070	4070	4000	4004	4000	4000	4004	4005	4000	4007	4000	4000	4000
Take heroin	<u>1975</u>	<u>1976</u>	<u>1977</u>	<u>1978</u>	<u>1979</u>	<u>1980</u>	<u>1981</u>	<u>1982</u>	<u>1983</u>	<u>1984</u>	<u>1985</u>	<u>1986</u>	<u>1987</u>	<u>1988</u>	<u>1989</u>	<u>1990</u>
% saying any	15.2	13.6	12.9	14.3	12.9	13.0	12.5	13.2	12.0	13.0	14.5	15.3	13.9	12.4	14.0	11.4
% saying any % saying most or all	0.7	0.8	0.7	0.9	0.5	1.0	0.5	0.7	0.8	0.8	0.9	1.1	0.9	0.7	1.1	0.4
Take other narcotics <sup>c</sup>	0.7	0.0	0.7	0.3	0.5	1.0	0.5	0.1	0.0	0.0	0.3	1.1	0.9	0.7	1.1	0.4
	28.8	24.1	23.7	23.2	23.1	22.4	23.1	23.9	20.8	21.4	22.8	21.8	23.2	19.2	19.2	17.2
% saying any	20.0	2.2	1.7	1.4	1.5	1.7	1.5	1.4	1.4	1.6	1.4	1.8	1.4	1.2	1.4	0.9
% saying most or all  Take amphetamines <sup>d</sup>	2.1	2.2	1.7	1.4	1.5	1.7	1.5	1.4	1.4	1.0	1.4	1.0	1.4	1.2	1.4	0.9
% saying any	51.0	42.2	41.3	40.7	40.7	43.9	48.8	50.6	46.1	45.1	43.3	41.8	39.5	33.4	33.5	28.7
% saying most or all	5.9	5.6	4.1	4.7	4.3	4.8	6.4	5.4	5.1	4.5	3.4	3.4	2.6	1.9	2.6	1.9
Take crystal methamphetamine (ice)																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	9.1
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.7
Take sedatives (barbiturates) <sup>e</sup>																
% saying any	45.0	36.3	34.7	32.5	30.7	30.5	31.1	31.3	28.3	26.6	27.1	25.6	24.3	19.7	20.3	17.4
% saying most or all	4.3	3.5	3.0	2.3	2.1	2.6	2.1	1.8	1.7	1.7	1.6	1.4	1.1	1.1	1.4	0.6
Take quaaludes																
% saying any	31.7	27.0	28.3	27.0	27.7	32.5	35.0	35.5	29.7	26.1	26.0	23.5	22.0	17.1	16.6	14.3
% saying most or all Take tranquilizers <sup>f</sup>	3.0	1.8	2.9	2.2	2.8	3.6	3.6	2.6	2.6	1.7	1.3	1.6	1.0	1.0	1.3	8.0
% saying any	45.6	36.3	37.8	34.8	32.0	29.7	29.5	29.9	26.7	26.6	25.8	24.2	23.3	19.9	18.0	14.9
% saying most or all	3.5	3.1	2.7	1.8	2.0	1.9	1.4	1.1	1.2	1.5	1.2	1.3	1.0	0.7	1.5	0.5
Drink alcoholic beverages																
% saying any	96.7	95.1	94.4	94.9	95.4	96.1	94.7	95.7	95.5	94.6	94.6	95.6	95.4	95.7	95.1	92.0
% saying most or all	68.4	64.7	66.2	68.9	68.5	68.9	67.7	69.7	69.0	66.6	66.0	68.0	71.8	68.1	67.1	60.5
Get drunk at least once a week																
% saying any	82.4	80.7	81.0	82.0	83.3	83.1	81.8	83.1	83.9	81.5	82.5	84.7	85.6	84.4	82.8	79.2
% saying most or all	30.1	26.6	27.6	30.2	32.0	30.1	29.4	29.9	31.0	29.6	29.9	31.8	31.3	29.6	31.1	27.5
Smoke cigarettes																
% saying any	95.2	93.7	93.7	93.1	92.1	90.6	88.5	88.3	87.0	86.0	87.0	87.8	88.3	87.7	86.5	84.9
% saying most or all	41.5	36.7	33.9	32.2	28.6	23.3	22.4	24.1	22.4	19.2	22.8	21.5	21.0	20.2	23.1	21.4
Vape an e-liquid with nicotine i																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Take steroids																
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	25.9
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	1.8
Approximate weighted N =	2,640	2,697	2,788	3,247	2,933	2,987	3,307	3,303	3,095	2,945	2,971	2,798	2,948	2,961	2,587	2,361

TABLE 9-8 (cont.)

#### Trends in Friends' Use of Drugs as Estimated by 12th Graders

(Entries are percentages.)

How many of your friends would you estimate	<u>1991</u>	<u>1992</u>	1993	1994	<u>1995</u>	1996	<u>1997</u>	1998	1999	2000	<u>2001</u>	2002	2003	2004	<u>2005</u>	<u>2006</u>
Take heroin	<u></u>		1000	<u></u>	.000		1001	1000	1000	2000	200.	2002		<u></u>	2000	2000
% saying any % saying most or all	11.4 0.4	13.2 0.7	13.3 1.1	14.3 1.0	14.5 1.1	15.6 0.9	15.6 0.8	16.5 1.3	12.7 1.0	14.9 1.1	13.1 0.9	12.9 0.7	10.3 0.9	12.7 0.9	13.1 1.1	12.8 0.8
Take other narcotics <sup>c</sup>																
% saying any	13.7	14.9	16.1	18.5	19.5	21.8	22.2	24.8	22.9	23.1	24.0	27.5	21.6	24.6	21.4	23.0
% saying most or all Take amphetamines <sup>a</sup>	0.5	1.1	1.2	1.0	1.6	1.5	1.4	2.9	1.8	2.0	2.0	2.1	2.4	2.4	1.9	1.9
% saying any	24.3	24.3	27.5	28.1	30.3	32.2	32.7	33.8	30.8	32.9	33.2	34.4	28.1	31.4	28.8	29.0
% saying most or all	1.3	1.3	2.0	1.8	2.0	2.8	2.4	3.4	2.8	3.1	2.2	2.4	2.1	2.9	2.2	2.0
Take crystal methamphetamine (ice)																
% saying any	10.2	8.9	9.4	11.8	12.9	15.9	18.6	16.8	15.7	16.9	17.0	17.5	16.2	17.8	14.3	13.4
% saying most or all Take sedatives (barbiturates) <sup>e</sup>	1.0	1.5	1.2	1.5	1.7	1.5	2.3	2.1	1.1	2.0	1.6	2.0	1.8	3.0	1.9	1.2
% saying any	14.8	16.4	17.8	18.2	17.8	21.6	20.4	22.8	20.9	21.6	22.1	25.3	18.1‡	25.2	22.3	22.5
% saying most or all	0.5	0.6	1.0	1.1	1.4	1.6	1.1	2.5	1.4	1.7	1.1	1.7	1.9‡	2.0	1.8	1.3
Take quaaludes																
% saying any	12.0	13.1	14.2	14.2	15.5	18.1	16.1	17.4	15.5	16.2	17.8	18.0	14.2	16.6	13.6	13.4
% saying most or all Take tranquilizers <sup>†</sup>	0.5	8.0	1.1	1.1	1.3	1.7	1.1	2.0	1.4	1.4	1.2	1.2	1.2	1.6	1.3	1.3
% saying any	13.5	14.6	15.5	16.5	15.8	18.1	17.9	19.7	16.4	19.4	18.6	21.2	17.2	18.3	16.9	15.3
% saying most or all	0.4	0.7	0.9	0.9	1.1	1.4	0.8	2.3	1.3	2.1	1.3	1.6	1.5	1.7	1.6	1.2
Drink alcoholic beverages																
% saying any	91.2	90.5	88.9	90.1	90.9	89.6	90.7	91.2	90.2	89.8	89.2	88.0	87.9	87.8	87.2	86.0
% saying most or all	58.6	56.9	57.0	59.6	56.4	56.4	60.9	61.0	58.2	57.2	59.2	53.7	53.1	53.9	55.3	52.4
Get drunk at least once a week																
% saying any	79.8	79.9	79.2	81.4	78.9	78.5	82.4	81.1	81.5	79.5	79.6	78.3	77.3	79.0	78.7	77.4
% saying most or all	29.7	28.6	27.6	28.4	27.4	29.0	30.9	31.7	30.1	32.4	32.7	28.3	27.1	27.6	28.5	27.7
Smoke cigarettes																
% saying any	85.7	84.4	84.8	88.1	87.9	88.3	89.9	89.5	89.3	87.2	86.8	85.4	83.3	83.7	81.8	81.4
% saying most or all Vape an e-liquid with nicotine '	21.8	21.4	25.0	25.3	27.5	30.4	34.4	33.9	31.1	28.2	25.0	23.0	19.6	20.6	16.7	15.8
% saying any	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Take steroids																
% saying any	24.7	21.5	19.0	18.1	19.5	17.9	18.9	18.3	20.0	19.8	21.7	21.6	21.1	22.8	19.1	19.8
% saying most or all	1.0	1.7	0.9	1.2	1.3	0.8	1.7	1.4	0.9	1.9	1.2	1.5	1.5	2.6	1.5	0.9
Approximate weighted N =	2,339	2,373	2,410	2,337	2,379	2,156	2,292	2,313	2,060	1,838	1,923	1,968	2,233	2,271	2,266	2,217

# TABLE 9-8 (cont.) Trends in Friends' Use of Drugs as Estimated by 12th Graders

(Entries are percentages.)

How many of your friends would you estimate	2007	2008	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>2019p</u> <sup>h</sup>	<u>2019e<sup>h</sup></u>	2020	2021 <sup>j</sup>	<u>2022</u>	2021– 2022 <u>change</u>	
Take heroin																			
% saying any	12.9	11.2	12.7	12.4	10.2	7.7	8.5	7.9	7.1	6.0	5.3	5.8	4.6	6.8	§	2.1*	4.2	+2.1 s	
% saying most or all	1.4	0.7	0.9	1.3	0.6	0.6	0.6	0.5	0.7	0.7	0.9	0.3	0.7	0.3	§	0.1*	0.5	+0.5 s	
Take other narcotics <sup>c</sup>																			
% saying any	20.7	20.6	21.5‡	36.3	31.0	28.5	25.8	22.0	20.0	20.5	18.4	14.7	14.2	17.1	§	7.6*	6.2	-1.3	
% saying most or all	2.6	1.3	1.9‡	3.8	2.6	1.8	1.9	1.8	1.5	1.7	1.7	1.3	0.9	0.9	§	0.0*	0.6	+0.6	
Take amphetamines <sup>d</sup>																			
% saying any	27.4	27.3	30.0	31.1	31.3	30.5	25.7	25.0	24.2	27.3	21.4	21.5	18.9	23.9	§	15.1*	14.6	-0.5	
% saying most or all	2.4	1.8	2.0	2.9	2.2	2.4	2.2	2.9	2.5	2.4	1.7	1.7	1.4	1.0	§	0.4*	1.2	+0.8	
Take crystal methamphetamine (ice)																			
% saying any	11.9	10.9	9.4	9.2	8.9	9.6	8.9	8.2	6.8	7.9	9.0	6.2	7.0	5.6	§	4.4*	3.9	-0.5	
% saying most or all	8.0	1.4	1.5	1.0	1.3	1.5	1.0	1.5	0.9	1.8	1.3	1.4	1.4	0.7	§	0.4*	0.7	+0.3	
Take sedatives (barbiturates) <sup>e</sup>																			
% saying any	20.8	19.8	21.0	23.5	21.1	17.3	15.5	14.2	14.5	15.1	12.9	11.9	11.3	14.6	§	8.1*	8.0	-0.1	
% saying most or all	1.6	1.3	1.3	1.5	1.3	1.5	1.2	1.1	1.4	1.4	1.0	0.8	1.3	0.4	§	0.1*	0.5	+0.4	Table continued
Take quaaludes																			on next page.
% saying any	13.6	11.2	14.3	_	_	_	_	_	_	_	_	_	_	_	_		_	_	
% saying most or all	1.6	0.8	1.1	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Take tranquilizers <sup>f</sup>																			
% saying any	15.5	15.0	15.8	16.1	13.9	13.3	11.7	10.1	11.5	12.0	11.1	10.5	9.9	8.9	§	11.9*	7.1	-4.8	
% saying most or all	1.8	1.2	1.5	1.4	0.8	0.8	1.0	1.3	1.5	1.1	1.0	0.7	0.7	0.8	§	0.0*	0.5	+0.5	
Drink alcoholic beverages																			
% saying any	85.1	85.2	83.7	83.9	82.6	82.0	82.0	79.7	75.5	77.2	75.7	74.2	71.2	70.9	§	63.6*	61.7	-1.8	
% saying most or all	52.0	51.6	50.5	51.4	50.3	49.4	46.9	46.2	42.3	39.2	39.7	38.0	35.5	32.1	§	26.4*	30.1	+3.7	
Get drunk at least once a week																			
% saying any	75.5	76.2	76.2	73.5	71.9	68.9	69.9	64.2	58.9	59.0	58.0	55.4	53.9	52.4	§	45.0*	43.8	-1.2	
% saying most or all	27.0	25.2	24.4	23.7	23.8	21.2	20.7	18.5	15.5	11.5	12.4	11.6	11.2	7.6	§	7.6*	7.4	-0.2	
Smoke cigarettes																			
% saying any	77.1	78.4	79.6	78.0	75.4	74.3	72.1	66.4	60.2	58.4	54.0	50.9	44.4	40.8	§	37.8*	29.3	-8.5 s	
% saying most or all	16.4	13.9	14.1	14.9	14.1	12.2	11.0	8.1	6.5	5.9	6.6	6.1	4.7	4.4	§	1.1*	2.3	+1.1	
Vape an e-liquid with nicotine i																			
% saying any		_	_	_	_	_	_	_	_	_	_	_	_	_	_	63.8*	60.8	-3.0	
% saying most or all	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	20.2*	21.9	+1.7	
Take steroids																			
% saying any	20.1	19.4	19.3	16.4	16.0	18.7	17.4	15.7	12.8	15.5	13.7	13.0	11.7	7.8	§	6.9*	9.8	+2.8	
% saying most or all	1.2	1.3	1.5	1.7	1.1	1.8	1.5	1.7	1.0	1.9	1.7	1.5	1.3	0.9	§	0.1*	0.7	+0.7 s	
Approximate weighted N =	2,253	2,125	2,110	2,195	2,208	2,144	1,973	1,920	2,055	1,828	1,955	2,002	946		Ş	1,398	1,339		

## TABLE 9-8 (cont.)

#### Trends in Friends' Use of Drugs as Estimated by 12th Graders

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .001. '—' indicates data not available. '‡' indicates that the quesiton changed the following year. See relevant footnote. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between

the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires

(used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>These estimates were derived from responses to the questions listed. Any illicit drug includes all drugs listed except ecstasy (MDMA), cocaine powder, crystal methamphetamine (ice), alcohol, get drunk, cigarettes, and steroids. PCP and nitrites were not included from 1975 to 1978. Crack was not included from 1975 to 1986. Methagualone was not included beginning in 2010.

bln 2001 the question text was changed from other psychedelics to other hallucinogens, and shrooms was added to the list of examples. These changes likely explain the discontinuity in the 2001 results.

ciln 2010 the list of examples for narcotics other than heroin was changed from methadone and opium to Vicodin, OxyContin, Percocet, etc. This change likely explains the discontinuity in the 2010 results.

<sup>d</sup>In 2011 pep pills and bennies were replaced in the list of examples by Adderall and Ritalin.

en 2004 the question text was changed from barbiturates to sedatives/barbiturates and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

In 2001 for tranquilizers, Xanax was added to the list of examples. This change likely explains the discontinuity in the 2001 results.

9Beginning in 2014 "molly" was added to the question on friends' use of Ecstasy (MDMA). An examination of the data did not show any effect from this wording change.

hThe '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in

schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

Data based on three of six forms. N is approximately three times N indicated.

Sample is decreased by approximately 50% for the following drugs due to survey question experiments: cigarettes, marijuana, LSD, hallucinogens other than LSD, amphetamines, sedatives (barbiturates), tranquilizers, cocaine, heroin, narcotics other than heroin, inhalants, alcohol, getting drunk, crack, cocaine powder, ecstasy (MDMA, molly), crystal methamphetamine (ice), and steroids.

#### **TABLE 9-9**

### **Source of Prescription Drugs**

# among Those Who Used in Last Year <u>Grade 12</u>, 2009–2022

(Entries are percentages.)

Where did you get the [insert dr	ug name						
here] you used without a doctor	's orders					Narcotio	cs other
during the past year? (Mark all t	hat apply.)	<u>Amphe</u>	<u>tamines</u>	<u>Tranqı</u>	<u>uilizers</u>	than I	<u>-leroin</u>
		2009-2018	2019-2022	2009-2018	2019-2022	2009-2018	2019-2022
Bought online		5.6	5.7	4.2	8.5	1.9	12.4
Took from friend/relative without	t asking	10.1	18.3	14.9	20.5	20.3	11.4
Took from a friend withou	t asking	4.1	13.1	4.0	6.4	4.1	2.1
Took from a relative without	out asking	7.9	10.1	13.0	16.3	18.7	10.5
Given for free by friend or relative	/e	56.4	42.3	59.3	51.5	55.0	39.0
Given for free by a friend		51.9	32.7	49.6	36.7	47.9	28.6
Given for free by a relative	е	9.9	15.1	17.5	17.5	14.9	15.1
Bought from friend or relative		42.7	27.8	37.3	27.7	31.5	31.4
Bought from a friend		41.9	26.3	36.1	25.1	31.0	30.8
Bought from a relative		2.8	5.2	4.1	6.7	3.4	7.6
From a prescription I had		14.7	33.2	12.2	17.2	35.5	27.5
Bought from drug dealer/strange	er	17.9	23.4	22.5	18.8	16.7	10.0
Other method		12.5	20.3	9.4	26.6	9.8	22.3
	Weighted N =	1081	100	768	99	1063	74

Source. The Monitoring the Future study, the University of Michigan.

TABLE 9-10
Trends in <u>Availability</u> of Drugs as Perceived by <u>8th Graders</u>

How difficult do you think it would be for you							Percent	age sayi	ng fairly	easy or v	very eas	y to get <sup>a</sup>						_
to get each of the following types of drugs, if you wanted some?	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	<u>2003</u>	2004	<u>2005</u>	2006	2007	
Marijuana	_	42.3	43.8	49.9	52.4	54.8	54.2	50.6	48.4	47.0	48.1	46.6	44.8	41.0	41.1	39.6	37.4	
LSD	_	21.5	21.8	21.8	23.5	23.6	22.7	19.3	18.3	17.0	17.6	15.2	14.0	12.3	11.5	10.8	10.5	
PCP <sup>b</sup>	_	18.0	18.5	17.7	19.0	19.6	19.2	17.5	17.1	16.0	15.4	14.1	13.7	11.4	11.0	10.5	9.5	
MDMA (e.g. ecstasy, "Molly") <sup>b</sup>	_	_		_	_	_	_	_	_	_	23.8	22.8	21.6	16.6	15.6	14.5	13.4	
Crack	_	25.6	25.9	26.9	28.7	27.9	27.5	26.5	25.9	24.9	24.4	23.7	22.5	20.6	20.8	20.9	19.7	
Cocaine powder	_	25.7	25.9	26.4	27.8	27.2	26.9	25.7	25.0	23.9	23.9	22.5	21.6	19.4	19.9	20.2	19.0	
Heroin	_	19.7	19.8	19.4	21.1	20.6	19.8	18.0	17.5	16.5	16.9	16.0	15.6	14.1	13.2	13.0	12.6	
Narcotics other than Heroin b,c	_	19.8	19.0	18.3	20.3	20.0	20.6	17.1	16.2	15.6	15.0	14.7	15.0	12.4	12.9	13.0	11.7	Table continued of
Amphetamines <sup>d</sup>	_	32.2	31.4	31.0	33.4	32.6	30.6	27.3	25.9	25.5	26.2	24.4	24.4	21.9	21.0	20.7	19.9	next page.
Crystal methamphetamine (ice) <sup>b</sup>	_	16.0	15.1	14.1	16.0	16.3	15.7	16.0	14.7	14.9	13.9	13.3	14.1	11.9	13.5	14.5	12.1	
Sedatives (barbiturates)	_	27.4	26.1	25.3	26.5	25.6	24.4	21.1	20.8	19.7	20.7	19.4	19.3	18.0	17.6	17.3	16.8	
Tranquilizers	_	22.9	21.4	20.4	21.3	20.4	19.6	18.1	17.3	16.2	17.8	16.9	17.3	15.8	14.8	14.4	14.4	
Alcohol	_	76.2	73.9	74.5	74.9	75.3	74.9	73.1	72.3	70.6	70.6	67.9	67.0	64.9	64.2	63.0	62.0	
Cigarettes	_	77.8	75.5	76.1	76.4	76.9	76.0	73.6	71.5	68.7	67.7	64.3	63.1	60.3	59.1	58.0	55.6	
Vaping device <sup>e,f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
E-liquid with nicotine (for vaping) e,f	_	_		_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Flavored e-liquid with nicotine (for vaping) e,j	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
E-liquid for marijuana vaping <sup>e</sup>	_	_		_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Steroids	_	24.0	22.7	23.1	23.8	24.1	23.6	22.3	22.6	22.3	23.1	22.0	21.7	19.7	18.1	17.1	17.0	
Approximate weighted N =		8,355	16,775	16,119	15,496	16,318	16,482	16,208	15,397	15,180	14,804	13,972	15,583	15,944	15,730	15,502	15,043	

TABLE 9-10 (cont.)
Trends in <u>Availability</u> of Drugs as Perceived by <u>8th Graders</u>

How difficult do you think it would be for you						Percent	age sayi	ng fairly	easy or v	ery eas	y to get <sup>a</sup>	I					_	
to get each of the following types of drugs, if																	2021–2022	
you wanted some?	<u>2008</u>	2009	<u>2010</u>	<u>2011</u>	<u>2012</u>	2013	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>h</sup>	2019e <sup>h</sup>	<u>2020</u>	2021 <sup>i</sup>	<u>2022</u>	<u>change</u>	
Marijuana	39.3	39.8	41.4	37.9	36.9	39.1	36.9	37.0	34.6	35.2	35.0	34.9	32.0	§	26.7*	26.0	-0.7	
LSD	10.9	10.0	10.0	9.3	7.5	7.4	6.9	6.6	6.9	6.3	6.5	6.9	7.9	§	6.3*	5.4	-0.9	
PCP b	10.1	9.1	8.0	7.9	6.7	5.8	5.5	5.1	4.8	4.6	4.7	5.6	6.1	§	4.4*	4.0	-0.4	
MDMA (e.g. ecstasy, "Molly") <sup>b</sup>	14.1	13.1	12.9	12.0	9.6	9.5	10.1	9.6	8.7	8.0	7.2	8.5	8.6	§	6.4*	6.0	-0.4	
Crack	20.2	18.6	17.9	15.7	14.4	13.7	12.0	11.3	11.1	10.2	9.6	9.0	8.3	§	7.5*	7.1	-0.4	
Cocaine powder	19.5	17.8	16.6	14.9	14.1	13.5	11.9	11.6	11.0	10.4	9.8	9.5	8.6	§	7.7*	7.1	-0.6	
Heroin	13.3	12.0	11.6	9.9	9.4	10.0	8.6	7.8	8.9	8.1	7.8	8.1	6.4	§	5.4*	4.8	-0.7	
Narcotics other than Heroin b,c	12.1	11.8‡	14.6	12.3	10.6	9.7	9.2	8.8	8.9	8.9	8.3	9.3	8.7	§	6.0*	5.6	-0.4	Table continued on
Amphetamines <sup>d</sup>	21.3	20.2	19.6‡	15.0	13.4	12.8	12.1	11.8	12.1	11.0	11.6	12.8	12.4	§	11.4*	10.9	-0.5	next page.
Crystal methamphetamine (ice) b	12.8	11.9	10.9	9.6	8.8	8.5	7.7	6.9	6.6	6.6	6.2	6.9	6.5	§	4.9*	4.8	-0.1	
Sedatives (barbiturates) <sup>e</sup>	17.5	15.9	15.3	12.6	11.1	10.6	10.0	9.0	9.3	9.2	8.6	9.0	10.8	§	8.1*	8.2	+0.1	
Tranquilizers	15.4	14.1	13.7	12.0	10.5	10.4	9.8	9.8	11.4	11.8	12.2	12.7	10.9	§	7.5*	7.2	-0.4	
Alcohol	64.1	61.8	61.1	59.0	57.5	56.1	54.4	53.6	52.7	53.2	53.9	53.1	46.1	§	47.9*	41.9	-6.1 ss	
Cigarettes	57.4	55.3	55.5	51.9	50.7	49.9	47.2	47.0	45.6	46.2	45.7	42.9	39.4	§	38.0*	33.8	-4.2 ss	
Vaping device e,f	_	_	_	_	_	_	_	_	_	38.6	45.7	49.1	40.9	§	37.8*	34.6	-3.3	
E-liquid with nicotine (for vaping) e,f	_	_	_	_	_	_	_	_	_	31.0	37.9	46.1	39.3	§	35.1*	32.7	-2.4	
Flavored e-liquid with nicotine (for vaping) e,j	_	_	_	_	_	_	_	_	_	_	_	_	_	§	33.8*	31.2	-2.5	
E-liquid for marijuana vaping <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	§	23.8	23.2	-0.6	
Steroids	16.8	15.2	14.2	13.3	12.5	12.9	11.8	11.6	12.6	11.6	10.9	11.4	9.6	§	9.1*	8.1	-1.0	
Approximate weighted N =	14,482	13,989	14,485	15,233	14,235	13,605	13,208	13,494	15,628	14,042	12,315	5,712	6,688	§	9,790	8,519		

## TABLE 9-10 (cont.) Trends in Availability of Drugs as Perceived by 8th Graders

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. '‡' indicates that the question changed the following year. See relevant footnote for that drug. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>Answer alternatives were: (1) Probably impossible, (2) Very difficult, (3) Fairly difficult, (4) Fairly easy, (5) Very easy, and (6) Can't say, drug unfamiliar.

<sup>b</sup>Beginning in 1993, data based on one of two of forms; *N* is one half of *N* indicated. Beginning in 2014 data based on one sixth of *N* indicated. For MDMA only: In 2014 the question text was changed in one form to include "Molly." In 2015 a second from was changed to including "Molly;" data based on one sixth of *N* indicated in 2014 and on one half of *N* indicated in 2015. An examination of the data did not show any effect from this wording change.

°In 2010 the list of examples for narcotics other than heroin was changed from methadone, opium to Vicodin, OxyContin, Percocet, etc. This change likely explains the discontinuity in the 2010 results.

<sup>d</sup>In 2011 the list of examples for amphetamines was changed from uppers, pep pills, bennies, speed to uppers, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2012 results.

<sup>e</sup>Beginning in 2017, data based on one half of N indicated.

Percentages for all years reported here include respondents who replied "can't say, drug unfamiliar" in the deniminator. The percentage for 2017 published in late 2017 and early 2018 did not include these respondents in the deniminator.

<sup>9</sup> Data based on three of four forms. N is two thirds of N indicated.

<sup>h</sup>The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

Sample is decreased by as much as 50% for the following drugs due to survey question experiments: crack, cocaine powder, heroin, narcotics other than heroin, tranquilizers, crystal methamphetamine (ice), alcohol, cigarettes, steroids, and vaping.

<sup>i</sup>Question asks specifically about "e-liquid with nicotine (for vaping) with a flavor other than tobacco or menthol, such as mint or mango."

TABLE 9-11
Trends in <u>Availability</u> of Drugs as Perceived by <u>10th Graders</u>

the different of the second state of the second							Percent	age sayi	ng fairly	easy or v	very easy	/ to get <sup>a</sup>						_
How difficult do you think it would be for you to get each of the following types of drugs, if you wanted some?	<u>1991</u>	1992	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	2004	2005	2006	2007	
Marijuana	_	65.2	68.4	75.0	78.1	81.1	80.5	77.9	78.2	77.7	77.4	75.9	73.9	73.3	72.6	70.7	69.0	
LSD	_	33.6	35.8	36.1	39.8	41.0	38.3	34.0	34.3	32.9	31.2	26.8	23.1	21.6	20.7	19.2	19.0	
PCP <sup>b</sup>	_	23.7	23.4	23.8	24.7	26.8	24.8	23.9	24.5	25.0	21.6	20.8	19.4	18.0	18.1	15.8	15.4	
MDMA (e.g. ecstasy, "Molly") <sup>c</sup>	_	_	_	_	_	_	_	_	_	_	41.4	41.0	36.3	31.2	30.2	27.4	27.7	
Crack	_	33.7	33.0	34.2	34.6	36.4	36.0	36.3	36.5	34.0	30.6	31.3	29.6	30.6	31.0	29.9	29.0	
Cocaine powder	_	35.0	34.1	34.5	35.3	36.9	37.1	36.8	36.7	34.5	31.0	31.8	29.6	31.2	31.5	30.7	30.0	
Heroin	_	24.3	24.3	24.7	24.6	24.8	24.4	23.0	23.7	22.3	20.1	19.9	18.8	18.7	19.3	17.4	17.3	
Narcotics other than Heroin <sup>b</sup>	_	26.9	24.9	26.9	27.8	29.4	29.0	26.1	26.6	27.2	25.8	25.4	23.5	23.1	23.6	22.2	21.5	Table continued o
Amphetamines <sup>d</sup>	_	43.4	46.4	46.6	47.7	47.2	44.6	41.0	41.3	40.9	40.6	39.6	36.1	35.7	35.6	34.7	33.3	next page.
Crystal methamphetamine (ice) <sup>b</sup>	_	18.8	16.4	17.8	20.7	22.6	22.9	22.1	21.8	22.8	19.9	20.5	19.0	19.5	21.6	20.8	18.8	
Sedatives (barbiturates)	_	38.0	38.8	38.3	38.8	38.1	35.6	32.7	33.2	32.4	32.8	32.4	28.8	30.0	29.7	29.9	28.2	
Tranquilizers	_	31.6	30.5	29.8	30.6	30.3	28.7	26.5	26.8	27.6	28.5	28.3	25.6	25.6	25.4	25.1	24.9	
Alcohol	_	88.6	88.9	89.8	89.7	90.4	89.0	88.0	88.2	87.7	87.7	84.8	83.4	84.3	83.7	83.1	82.6	
Cigarettes	_	89.1	89.4	90.3	90.7	91.3	89.6	88.1	88.3	86.8	86.3	83.3	80.7	81.4	81.5	79.5	78.2	
Vaping device <sup>e,f</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
E-liquid with nicotine (for vaping) e,f	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Flavored e-liquid with nicotine (for vaping) e,j	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
E-liquid for marijuana vaping <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Steroids	_	37.6	33.6	33.6	34.8	34.8	34.2	33.0	35.9	35.4	33.1	33.2	30.6	29.6	29.7	30.2	27.7	
Approximate weighted N =		7,014	14,652	15,192	16,209	14,887	14,856	14,423	13,112	13,690	13,518	13,694	15,255	15,806	15,636	15,804	15,511	

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TABLE 9-11 (cont.)
Trends in <u>Availability</u> of Drugs as Perceived by <u>10th Graders</u>

the different of the second state of the second		Percentage saying fairly easy or very easy to get <sup>a</sup>																
How difficult do you think it would be for you to get each of the following types of drugs, if you wanted some?	2008	2009	<u>2010</u>	<u>2011</u>	2012	<u>2013</u>	2014	<u>2015</u>	<u>2016</u>	2017	<u>2018</u>	<u>2019p</u> i	<u>2019e<sup>i</sup></u>	2020	2021 <sup>j</sup>	2022	2021–2022 <u>change</u>	
Marijuana	67.4	69.3	69.4	68.4	68.8	69.7	66.9	65.6	64.0	64.6	64.5	65.8	59.4	§	47.5*	48.5	+0.9	
LSD	19.3	17.8	18.3	16.6	14.9	16.3	14.8	15.5	15.2	15.9	14.9	16.2	16.7	§	13.4*	10.6	-2.8 ss	
PCP <sup>b</sup>	14.4	13.4	12.6	12.0	10.2	9.4	8.3	9.0	7.6	7.1	7.3	9.5	8.8	§	6.8*	6.4	-0.4	
MDMA (e.g. ecstasy, "Molly") °	26.7	25.6	25.7	24.8	21.0	20.7	20.4	19.3	16.3	15.0	13.9	16.0	14.3	§	11.3*	9.4	-1.9 s	
Crack	27.2	23.9	22.5	19.7	18.4	17.1	15.1	14.4	13.9	13.8	13.0	13.6	11.2	§	8.6*	8.9	+0.2	
Cocaine powder	28.2	24.7	22.6	20.6	19.2	18.3	16.4	16.1	14.9	15.0	14.7	14.8	12.9	§	9.5*	9.2	-0.3	
Heroin	17.2	15.0	14.5	13.2	11.9	11.9	10.9	11.0	10.6	10.6	9.7	10.5	8.2	§	6.3*	6.6	+0.3	
Narcotics other than Heroin b,g	20.3	18.8‡	28.7	25.0	24.3	22.5	18.8	19.2	16.8	17.7	16.8	17.1	14.4	§	9.8*	9.3	-0.5	Table continued on
Amphetamines <sup>d</sup>	32.0	31.8	32.6‡	28.5	27.3	26.5	25.2	27.3	22.9	24.2	23.4	23.0	21.4	§	16.4*	16.7	+0.4	next page.
Crystal methamphetamine (ice) <sup>b</sup>	15.8	14.0	13.3	11.8	10.7	10.0	9.8	8.9	8.2	8.0	8.0	9.9	7.8	§	6.1*	6.5	+0.3	
Sedatives (barbiturates) <sup>e</sup>	26.9	25.5	24.9	22.0	20.2	18.3	16.7	16.6	14.2	15.1	14.4	14.5	16.6	§	11.3*	11.1	-0.3	
Tranquilizers	24.1	22.3	21.6	20.8	19.7	18.3	17.5	19.4	20.5	23.3	24.2	22.6	18.1	§	11.4*	10.9	-0.5	
Alcohol	81.1	80.9	80.0	77.9	78.2	77.2	75.3	74.9	71.1	71.5	70.6	68.9	64.8	§	60.2*	58.7	-1.4	
Cigarettes	76.5	76.1	75.6	73.6	72.9	71.4	69.0	66.6	62.9	62.5	61.5	58.4	55.0	§	48.0*	47.5	-0.5	
Vaping device e,f	_	_	_	_	_	_	_	_	_	59.5	66.6	68.3	64.1	§	54.6*	51.9	-2.7	
E-liquid with nicotine (for vaping) <sup>e,f</sup>	_	_	_	_	_	_	_	_	_	52.8	60.4	64.5	64.1	§	48.5*	50.8	+2.3	
Flavored e-liquid with nicotine (for vaping) e,k	_	_	_	_	_	_	_	_	_	_	_	_	_	§	46.9*	49.4	+2.5	
E-liquid for marijuana vaping <sup>e</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	§	39.5	43.7	+4.2	
Steroids	24.5	20.8	20.3	18.8	18.0	17.2	16.5	17.0	15.3	15.0	14.5	13.7	11.9	§	10.9*	12.2	+1.3	
Approximate weighted N =	14,634	15,451	14,827	14,509	14,628	12,601	12,574	15,186	14,126	12,901	13,365	6,042	6,864	§	10,258	10,346		_

#### **TABLE 9-11 (cont.)**

#### Trends in **Availability** of Drugs as Perceived by 10th Graders

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. '—' indicates data not available. '‡' indicates that the question changed the following year. See relevant footnote for that drug. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

§Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between

the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires

(used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

<sup>a</sup>Answer alternatives were: (1) Probably impossible, (2) Very difficult, (3) Fairly difficult, (4) Fairly easy, (5) Very easy, and (6) Can't say, drug unfamiliar.

<sup>b</sup>Beginning in 1993, data based on one of two forms; N is one half of N indicated. Beginning in 2014 data based on one sixth of N indicated.

<sup>c</sup>Beginning in 1993, data based on one of two of forms; N is one half of N indicated. Beginning in 2014 data based on one sixth of N indicated for MDMA only:

In 2014 the question text was changed in one form to include "Molly." In 2015 a second from was changed to including "Molly," data based on one sixth of N

indicated in 2014 and on one half of N indicated in 2015. An examination of the data did not show any effect from this wording change.

<sup>d</sup>In 2011 the list of examples for amphetamines was changed from uppers, pep pills, bennies, speed to uppers, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2011 results.

 $^{\mathrm{e}}$ Beginning in 2017, data based on one half of N indicated.

<sup>f</sup> Percentages for all years reported here include respondents who replied "can't say, drug unfamiliar" in the deniminator. The percentage for 2017 published in late 2017 and early 2018 did not include these respondents in the deniminator.

<sup>9</sup>In 2010 the list of examples for narcotics other than heroin was changed from methadone, opium to Vicodin, OxyContin, Percocet, etc. This change likely explains the discontinuity in the 2010 results.

<sup>h</sup> Data based on three of four forms. N is two thirds of N indicated.

The '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

Sample is decreased by as much as 50% for the following drugs due to survey question experiments: crack, cocaine powder, heroin, narcotics other than heroin, tranquilizers, crystal methamphetamine (ice), alcohol, cigarettes, steroids, and vaping.

alconor, digarettes, steroids, and vaping.

kQuestion asks specifically about "e-liquid with nicotine (for vaping) with a flavor other than tobacco or menthol, such as mint or mango."

TABLE 9-12
Trends in Availability of Drugs as Perceived by 12th Graders

Percentage saying fairly easy or very easy to get a How difficult do you think it would be for you to get each of the following types of drugs, if you wanted some? 1976 1977 1979 1980 1981 1982 1983 <u>1984</u> 1985 <u>1986</u> 1987 1988 1989 1990 1975 <u> 1978</u> Marijuana 87.8 87.4 87.9 89.0 89.2 88.5 86.2 84.6 85.5 85.2 84.8 85.0 84.3 84.4 87.8 90.1 Amyl/butyl nitrites 23.9 25.9 26.8 24.4 LSD 46.2 37.4 34.5 32.2 34.2 35.3 35.0 34.2 30.9 30.6 30.5 28.5 31.4 33.3 38.3 40.7 Some other hallucinogen b 34.6 47.8 35.7 33.8 33.8 35.0 32.7 30.6 26.6 26.6 26.1 24.9 25.0 26.2 28.2 28.3 PCP 22.8 24.9 28.9 27.7 MDMA (e.g. ecstasy, "molly") c 21.7 22.0 Cocaine 34.0 33.0 37.8 47.9 47.5 47.4 43.1 45.0 48.9 51.5 54.2 55.0 58.7 54.5 37.0 45.5 Crack 41.1 42.1 47.0 42.4 52.9 50.3 49.0 Cocaine powder 53.7 Heroin 17.9 16.4 18.9 21.2 19.2 20.8 19.3 21.0 22.0 23.7 28.0 31.4 31.9 24.2 18.4 19.9 Some other narcotic (including methadone) d 32.2 38.1 34.5 26.9 27.8 26.1 28.7 29.4 29.6 30.4 30.0 32.1 33.1 33.0 35.8 38.3 Amphetamines <sup>e</sup> 67.8 61.8 58.1 58.5 59.9 61.3 69.5 70.8 68.5 68.2 66.4 64.3 64.5 63.9 64.3 59.7 Crystal methamphetamine (ice) 24.1 Sedatives (barbiturates) <sup>1</sup> 52.4 49.1 48.3 48.2 47.8 48.4 45.9 60.0 54.4 50.6 49.8 54.9 55.2 52.5 51.9 51.3 Tranquilizers 71.8 65.5 64.9 64.3 61.4 59.1 60.8 58.9 55.3 54.5 54.7 51.2 48.6 49.1 45.3 44.7 Alcohol Cigarettes <sup>g</sup> Vaping device <sup>g</sup> E-liquid with nicotine (for vaping) <sup>g</sup> Flavored e-liquid with nicotine (for vaping) g,j E-liquid for marijuana vaping <sup>g</sup> Steroids Approximate weighted N = 2,6272,865 3,065 3,598 3,172 3,240 3,578 3,602 3,385 3,269 3,274 3,077 3,271 3,231

Table continued on next page.

TABLE 9-12 (cont.)
Trends in <u>Availability</u> of Drugs as Perceived by <u>12th Graders</u>

	Percentage saying fairly easy or very easy to get <sup>a</sup>																	
How difficult do you think it would be for you to get each of the following types of drugs, if																		=
you wanted some?	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	2002	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>	<u>2007</u>	
Marijuana	83.3	82.7	83.0	85.5	88.5	88.7	89.6	90.4	88.9	88.5	88.5	87.2	87.1	85.8	85.6	84.9	83.9	
Amyl/butyl nitrites	22.7	25.9	25.9	26.7	26.0	23.9	23.8	25.1	21.4	23.3	22.5	22.3	19.7	20.0	19.7	18.4	18.1	
LSD	39.5	44.5	49.2	50.8	53.8	51.3	50.7	48.8	44.7	46.9	44.7	39.6	33.6	33.1	28.6	29.0	28.7	
Some other hallucinogen <sup>b</sup>	28.0	29.9	33.5	33.8	35.8	33.9	33.9	35.1	29.5	34.5‡	48.5	47.7	47.2	49.4	45.0	43.9	43.7	
PCP	27.6	31.7	31.7	31.4	31.0	30.5	30.0	30.7	26.7	28.8	27.2	25.8	21.9	24.2	23.2	23.1	21.0	
MDMA (e.g. ecstasy, "Molly") <sup>c</sup>	22.1	24.2	28.1	31.2	34.2	36.9	38.8	38.2	40.1	51.4	61.5	59.1	57.5	47.9	40.3	40.3	40.9	
Cocaine	51.0	52.7	48.5	46.6	47.7	48.1	48.5	51.3	47.6	47.8	46.2	44.6	43.3	47.8	44.7	46.5	47.1	
Crack	39.9	43.5	43.6	40.5	41.9	40.7	40.6	43.8	41.1	42.6	40.2	38.5	35.3	39.2	39.3	38.8	37.5	Table continue
Cocaine powder	46.0	48.0	45.4	43.7	43.8	44.4	43.3	45.7	43.7	44.6	40.7	40.2	37.4	41.7	41.6	42.5	41.2	on next page.
Heroin	30.6	34.9	33.7	34.1	35.1	32.2	33.8	35.6	32.1	33.5	32.3	29.0	27.9	29.6	27.3	27.4	29.7	
Some other narcotic (including methadone) <sup>d</sup>	34.6	37.1	37.5	38.0	39.8	40.0	38.9	42.8	40.8	43.9	40.5	44.0	39.3	40.2	39.2	39.6	37.3	
Amphetamines <sup>e</sup>	57.3	58.8	61.5	62.0	62.8	59.4	59.8	60.8	58.1	57.1	57.1	57.4	55.0	55.4	51.2	52.9	49.6	
Crystal methamphetamine (ice)	24.3	26.0	26.6	25.6	27.0	26.9	27.6	29.8	27.6	27.8	28.3	28.3	26.1	26.7	27.2	26.7	25.1	
Sedatives (barbiturates) <sup>f</sup>	42.4	44.0	44.5	43.3	42.3	41.4	40.0	40.7	37.9	37.4	35.7	36.6	35.3‡	46.3	44.4	43.8	41.7	
Tranquilizers	40.8	40.9	41.1	39.2	37.8	36.0	35.4	36.2	32.7	33.8	33.1	32.9	29.8	30.1	25.7	24.4	23.6	
Alcohol	_	_	_	_	_	_	_	_	95.0	94.8	94.3	94.7	94.2	94.2	93.0	92.5	92.2	
Cigarettes <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vaping device <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
E-liquid with nicotine (for vaping) <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Flavored e-liquid with nicotine (for vaping) <sup>g,j</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
E-liquid for marijuana vaping <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Steroids	46.7	46.8	44.8	42.9	45.5	40.3	41.7	44.5	44.6	44.8	44.4	45.5	40.7	42.6	39.7	41.1	40.1	
Approximate weighted N =	2,476	2,586	2,670	2,526	2,552	2,340	2,517	2,520	2,215	2,095	2,120	2,138	2,391	2,169	2,161	2,131	2,420	

TABLE 9-12 (cont.)
Trends in <u>Availability</u> of Drugs as Perceived by <u>12th Graders</u>

	Percentage saying "fairly easy" or "very easy" to get <sup>a</sup>														_			
How difficult do you think it would be for you to get each of the following types of drugs, if you wanted some?	<u>2008</u>	<u>2009</u>	<u>2010</u>	<u>2011</u>	<u>2012</u>	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	2019p <sup>h</sup>	<u>2019e</u> <sup>h</sup>	<u>2020</u>	2021 <sup>i</sup>	<u>2022</u>	2021–2022 <u>change</u>	
Marijuana	83.9	81.1	82.1	82.2	81.6	81.4	81.3	79.5	81.0	79.8	79.7	78.0	78.8	§	69.6*	70.4	+0.8	
Amyl/butyl nitrites	16.9	15.7	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
LSD	28.5	26.3	25.1	25.1	27.6	24.5	25.9	26.5	28.0	26.3	28.0	28.2	29.2	§	23.6*	24.7	+1.1	
Some other hallucinogen <sup>b</sup>	42.8	40.5	39.5	38.3	37.8	36.6	33.6	31.4	32.5	28.4	28.6	29.7	27.0	§	31.3*	30.6	-0.8	
PCP	20.6	19.2	18.5	17.2	14.2	15.3	11.1	13.8	12.6	10.6	10.8	11.0	9.0	§	_	_	_	
MDMA (e.g. ecstasy, "Molly") <sup>c</sup>	41.9	35.1	36.4	37.1	35.9	35.1	36.1	37.1	32.5	29.3	27.7	24.3	23.5	§	20.8*	17.5	-3.4	
Cocaine	42.4	39.4	35.5	30.5	29.8	30.5	29.2	29.1	28.6	27.3	28.1	24.2	28.4	§	17.2*	18.4	+1.2	
Crack	35.2	31.9	26.1	24.0	22.0	24.6	20.1	22.0	19.8	18.1	20.8	16.9	16.5	§	10.0*	11.3	+1.4	Table continued
Cocaine powder	38.9	33.9	29.0	26.4	25.1	28.4	22.3	25.8	22.9	21.3	23.0	19.9	18.3	§	11.4*	12.3	+0.9	on next page.
Heroin	25.4	27.4	24.1	20.8	19.9	22.1	20.2	20.4	20.0	19.1	18.4	16.1	18.1	§	9.9*	11.8	+1.9	
Some other narcotic (including methadone) d	34.9	36.1‡	54.2	50.7	50.4	46.5	42.2	39.0	39.3	35.8	32.5	31.0	30.9	§	18.7*	19.7	+1.0	
Amphetamines <sup>e</sup>	47.9	47.1	44.1‡	47.0	45.4	42.7	44.5	41.9	41.1	38.0	39.3	39.0	36.9	§	29.4*	33.2	+3.8	
Crystal methamphetamine (ice)	23.3	22.3	18.3	17.1	14.5	17.2	13.7	15.3	14.5	13.6	13.6	11.9	12.1	§	7.6*	8.0	+0.4	
Sedatives (barbiturates) <sup>f</sup>	38.8	37.9	36.8	32.4	28.7	27.9	26.3	25.0	25.7	23.4	23.0	23.6	24.0	§	16.3*	18.6	+2.4	
Tranquilizers	22.4	21.2	18.4	16.8	14.9	15.0	14.4	14.9	15.2	14.9	13.0	14.7	15.8	§	25.5*	24.1	-1.4	
Alcohol	92.2	92.1	90.4	88.9	90.6	89.7	87.6	86.6	85.4	87.1	85.5	84.4	81.4	§	76.8*	78.4	+1.6	
Cigarettes <sup>g</sup>	_	_	_	_	_	_	_	_	_	77.9	75.1	74.7	71.0	§	57.9*	54.2	-3.7	
Vaping device <sup>g</sup>	_	_	_	_	_	_	_	_	_	78.2	80.5	82.9	81.2	§	71.5*	69.3	-2.2	
E-liquid with nicotine (for vaping) <sup>g</sup>	_	_	_	_	_	_	_	_	_	75.0	77.2	81.6	79.3	§	68.4*	66.5	-1.9	
Flavored e-liquid with nicotine (for vaping) <sup>g,j</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	§	68.0*	66.0	-2.0	
E-liquid for marijuana vaping <sup>g</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	§	54.8	57.2	+2.4	
Steroids	35.2	30.3	27.3	26.1	25.0	28.5	22.0	23.7	21.3	20.1	21.1	19.2	14.1	§	12.9*	16.4	+3.5 s	
Approximate weighted N =	2,276	2,243	2,395	2,337	2,280	2,092	2,066	2,181	1,958	1,882	1,931	868	1,085	§	1,219	1,315		

#### **TABLE 9-12 (cont.)**

#### Trends in **Availability** of Drugs as Perceived by **12th Graders**

Source. The Monitoring the Future study, the University of Michigan.

Notes. Level of significance of difference between the two most recent classes: s = .05, ss = .01, sss = .001. ' — ' indicates data not available. ' ‡ ' indicates that the question changed the following year. See relevant footnote for that drug. Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

\$Estimates not presented due to insufficient data this year.

\*Comparison of 2021+ estimates with previous years may be subject to a survey mode effect in 2019. The size and direction of the mode effect (if any) is indicated by the difference between the estimates in the '2019p' and the '2019e' columns. The '2019p' column reports estimates based on students in the randomly-selected half of schools that used paper-and-pencil questionnaires (used in 2018 and all previous years). The '2019e' column reports estimates on the other half that used electronic data collection on devices connected to the internet (used in 2021 and all subsequent years).

\*Answer alternatives were: (1) Probably impossible, (2) Very difficult, (3) Fairly difficult, (4) Fairly easy, and (5) Very easy.

<sup>b</sup>In 2001 the question text was changed from other psychedelics to other hallucinogens and shrooms was added to the list of examples. These changes likely explain the discontinuity in the 2001 results.

<sup>c</sup>Beginning in 2014 "molly" was added to the question on availability of Ecstasy (MDMA). An examination of the data did not show any effect from this wording change.

<sup>d</sup>In 2010 the list of examples for narcotics other than heroin was changed from methadone, opium to Vicodin, OxyContin, Percocet, etc. This change likely explains the discontinuity in the 2010 results.

<sup>e</sup>In 2011 the list of examples was changed from uppers, pep pills, bennies, speed to uppers, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2011 results.

In 2004 the question text was changed from barbiturates to sedatives/barbiturates and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

<sup>9</sup>Data based on 2 of 6 forms. N is twice the N indicated.

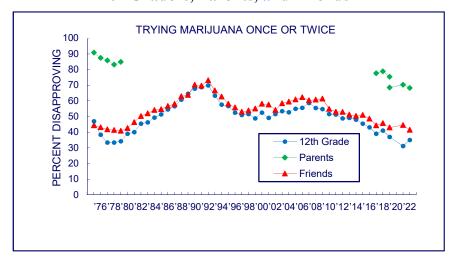
hThe '2019p' column reports estimates from students in the randomly-selected half of schools that completed the 2019 questionnaire using paper and pencil. The '2019e' column reports estimates for the other half in schools that completed the 2019 questionnaire using web-connected electronic tablets. Estimates in italics indicate statistically significant (p<.05) differences in 2019 between the two survey modes.

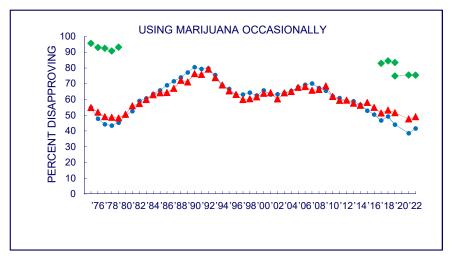
Sample is decreased by approximately 50% for the following drugs due to survey question experiments: marijuana, LSD, hallucinogens other than LSD, amphetamines, sedatives (barbiturates), tranquilizers, cocaine, heroin, and narcotics other than heroin.

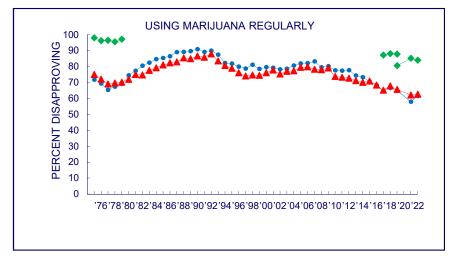
<sup>j</sup>Question asks specifically about "e-liquid with nicotine (for vaping) with a flavor other than tobacco or menthol, such as mint or mango."

#### FIGURE 9-1a MARIJUANA

### Trends in <u>Disapproval</u> 12th Graders, Parents, and Friends<sup>a</sup>

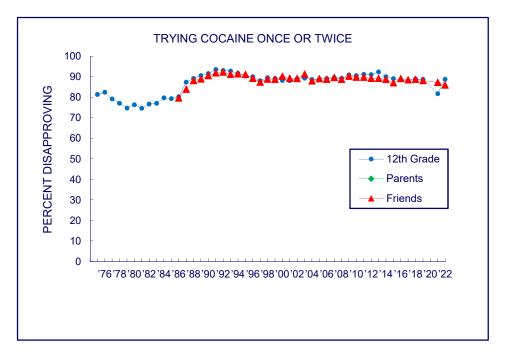






#### FIGURE 9-1b COCAINE AND LSD

### Trends in <u>Disapproval</u> 12th Graders, Parents, and Friends<sup>a</sup>



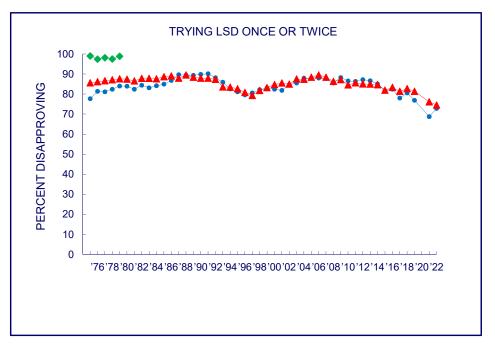
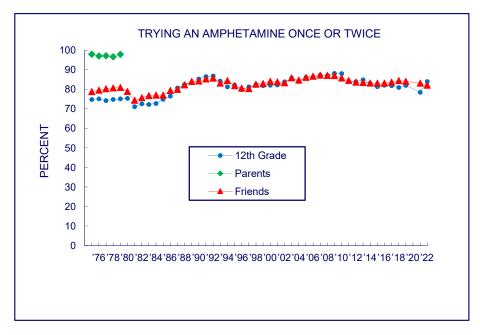
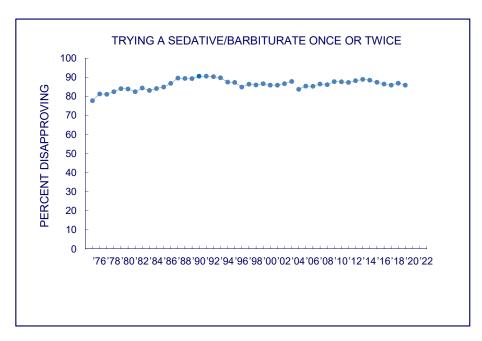


FIGURE 9-1c AMPHETAMINES<sup>b</sup> AND SEDATIVES (BARBITURATES)<sup>c</sup>

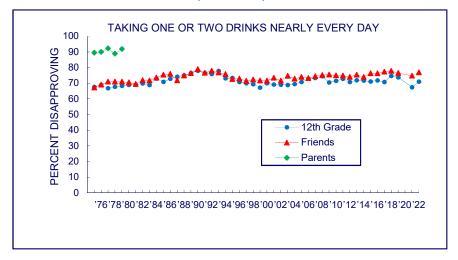
### Trends in <u>Disapproval</u> 12th Graders, Parents, and Friends<sup>a</sup>

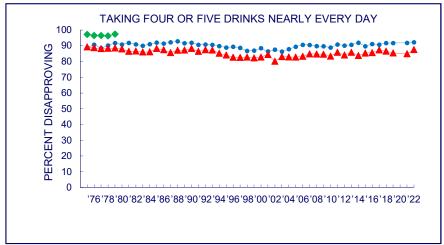


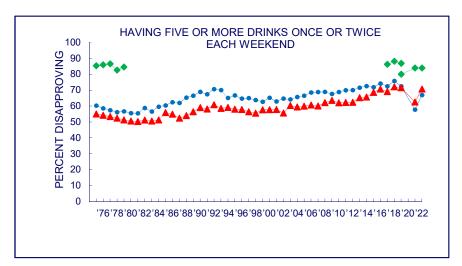


#### FIGURE 9-2a ALCOHOL

### Trends in <u>Disapproval</u> 12th Graders, Parents, and Friends

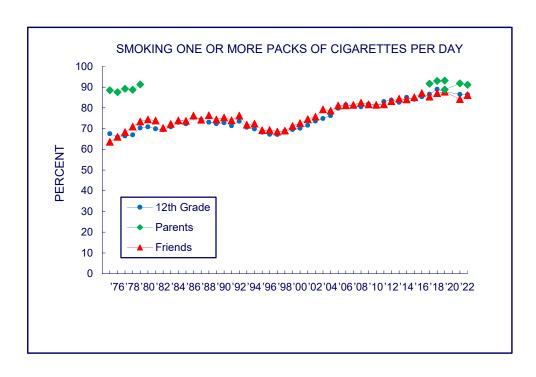






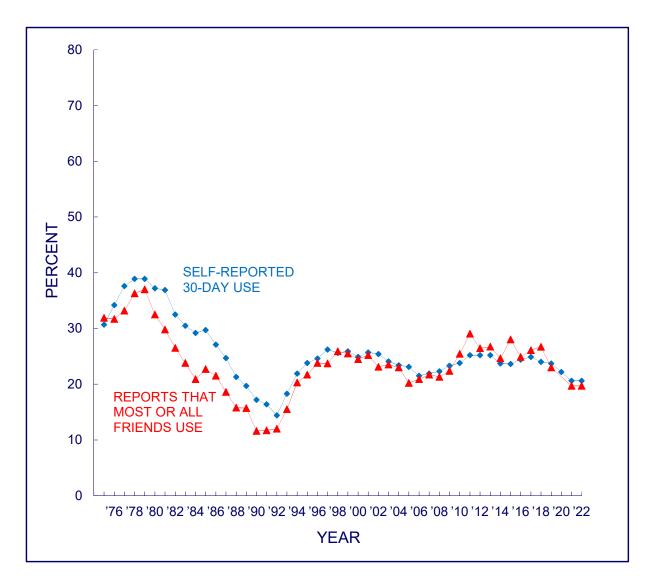
### FIGURE 9-2b CIGARETTES

# Trends in <u>Disapproval</u> 12th Graders, Parents, and Friends



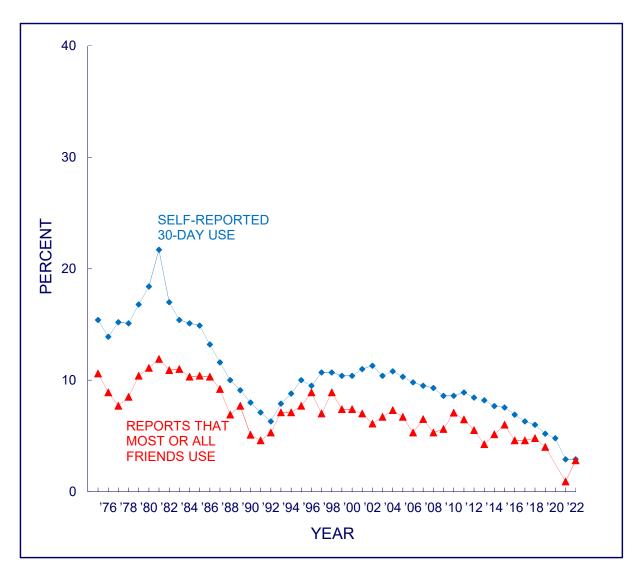
### FIGURE 9-3a ANY ILLICIT DRUG

# Trends in <u>30-Day</u> Prevalence<sup>d</sup> and Friends' Use in <u>Grade 12</u>



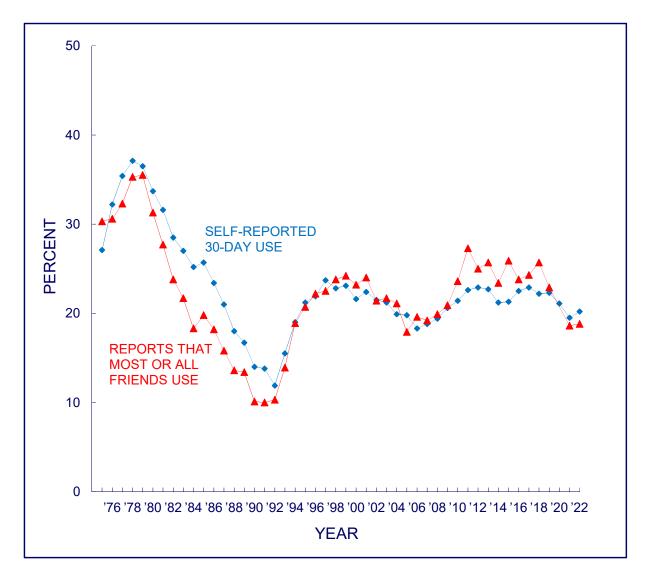
### FIGURE 9-3b ANY ILLICIT DRUG OTHER THAN MARIJUANA

# Trends in <u>30-Day</u> Prevalence<sup>d</sup> and Friends' Use in <u>Grade 12</u>



#### FIGURE 9-3c MARIJUANA

## Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



### FIGURE 9-3d INHALANTS

## Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>

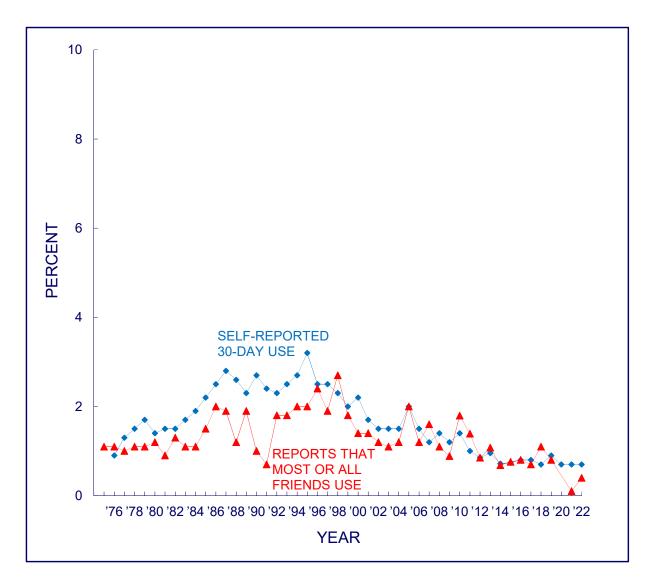
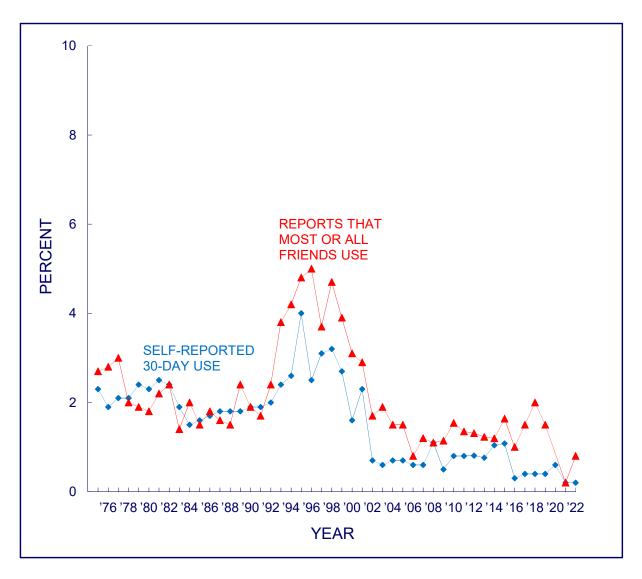
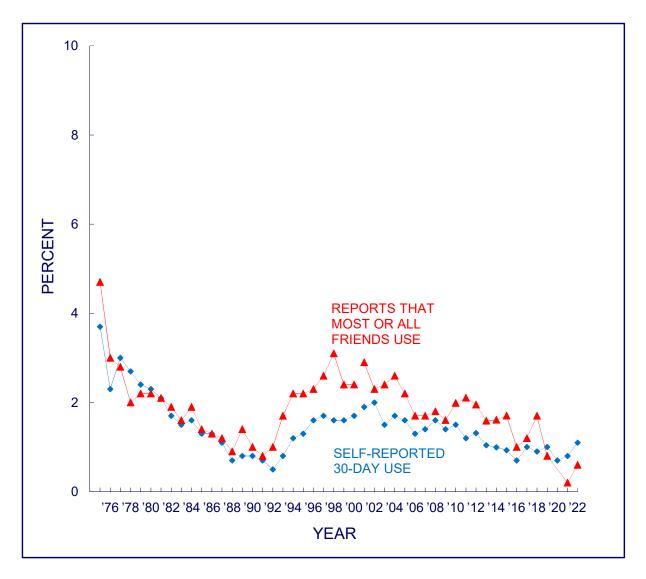


FIGURE 9-3e
LSD
Trends in 30-Day Prevalence and
Friends' Use in Grade 12



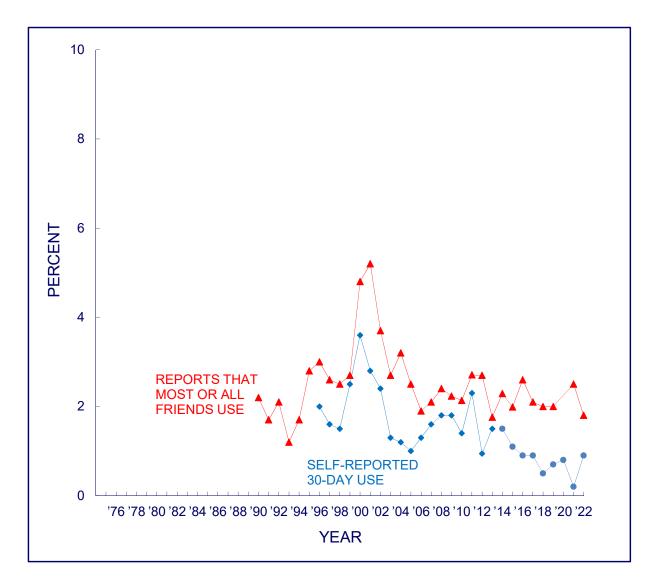
### FIGURE 9-3f HALLUCINOGENS OTHER THAN LSD

# Trends in <u>30-Day</u> Prevalence<sup>e</sup> and Friends' Use<sup>a</sup> in <u>Grade 12</u>



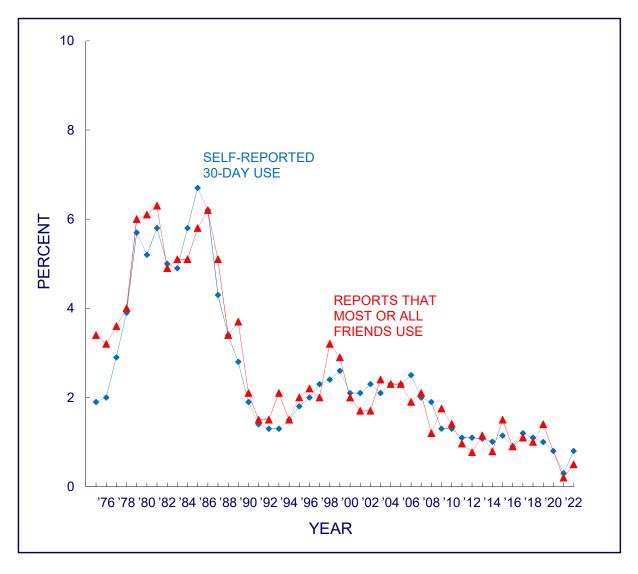
### FIGURE 9-3g MDMA (ECSTASY, MOLLY)

# Trends in <u>30-Day</u> Prevalence<sup>f</sup> and Friends' Use in <u>Grade 12</u>



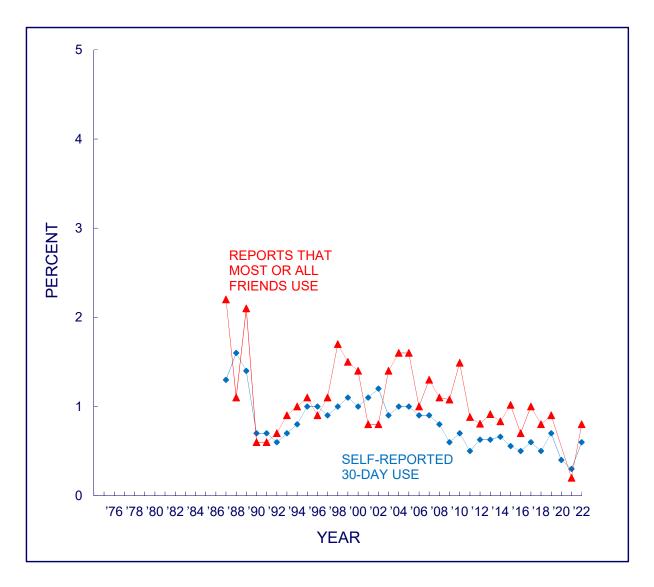
### FIGURE 9-3h COCAINE

# Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



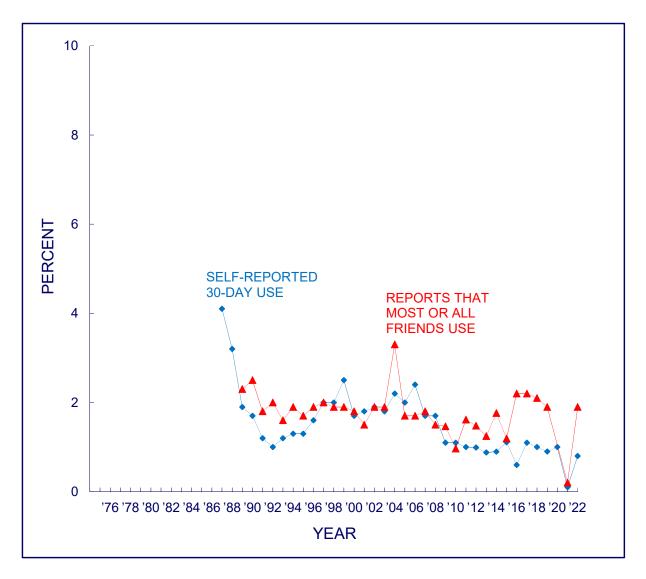
### FIGURE 9-3i CRACK

# Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



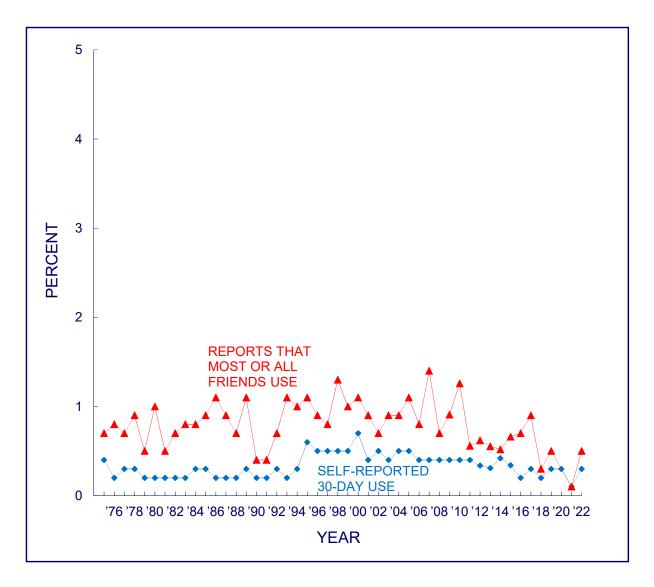
### FIGURE 9-3j COCAINE POWDER

# Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



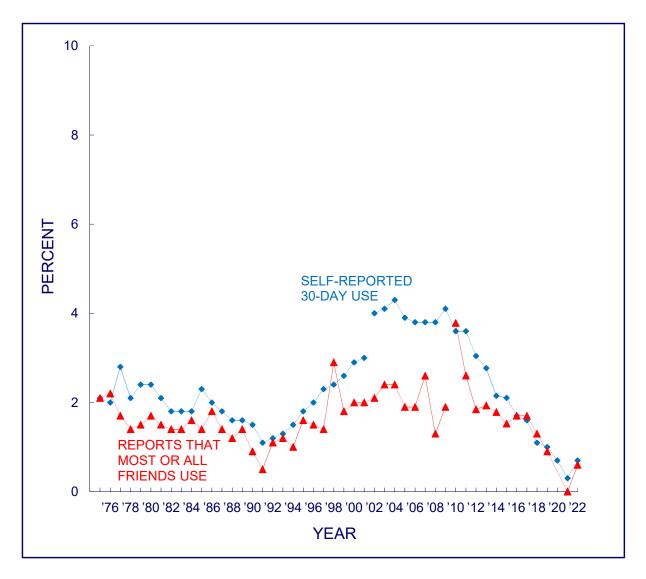
#### FIGURE 9-3k HEROIN

# Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



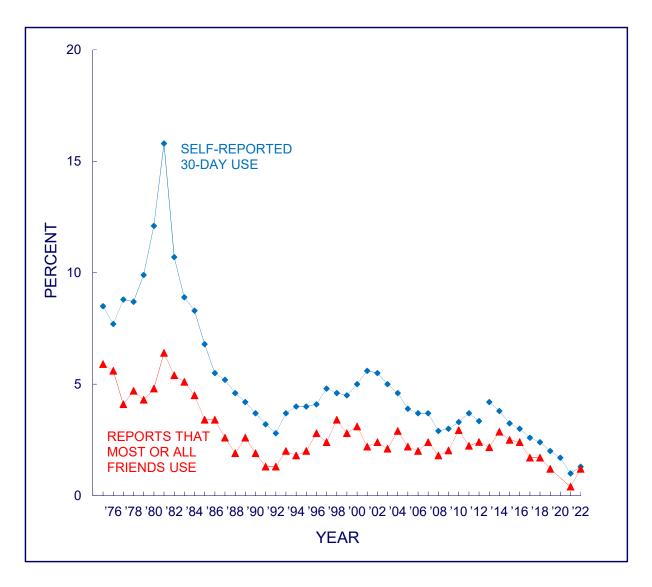
### FIGURE 9-31 NARCOTICS OTHER THAN HEROIN

Trends in <u>30-Day</u> Prevalence<sup>g</sup> and Friends' Use<sup>h</sup> in <u>Grade 12</u>



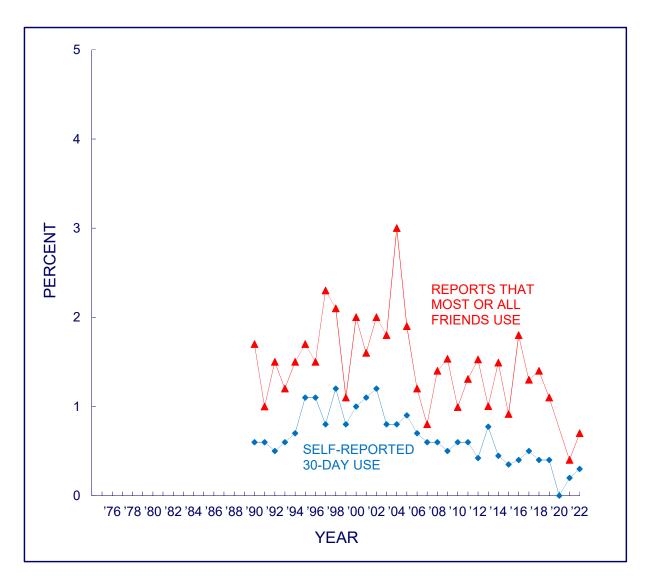
#### FIGURE 9-3m AMPHETAMINES

# Trends in <u>30-Day</u> Prevalence<sup>i</sup> and Friends' Use in <u>Grade 12</u>



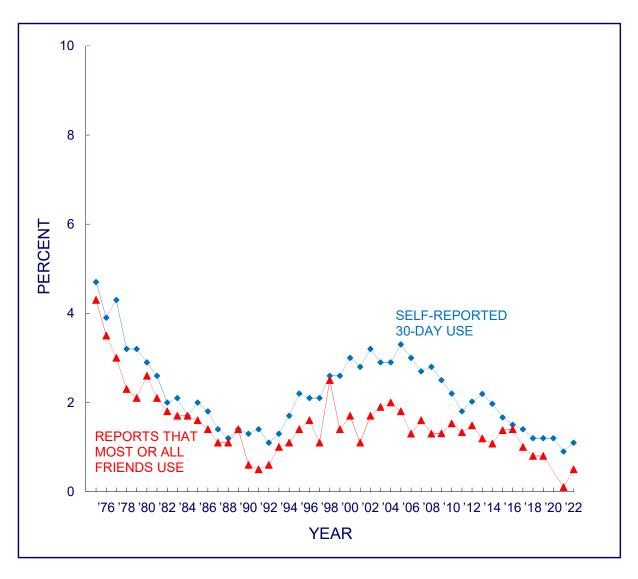
### FIGURE 9-3n CRYSTAL METHAMPHETAMINE (ICE)

# Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



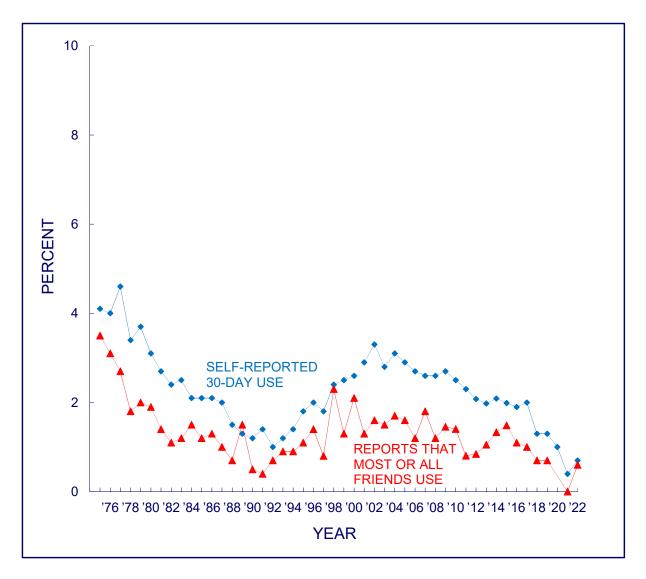
### FIGURE 9-30 SEDATIVES (BARBITURATES)

# Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



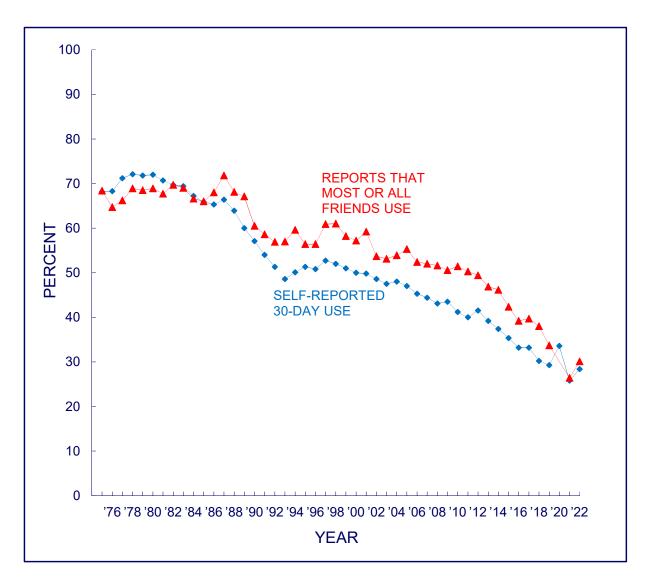
### FIGURE 9-3p TRANQUILIZERS

# Trends in <u>30-Day</u> Prevalence<sup>j</sup> and Friends' Use in <u>Grade 12</u>



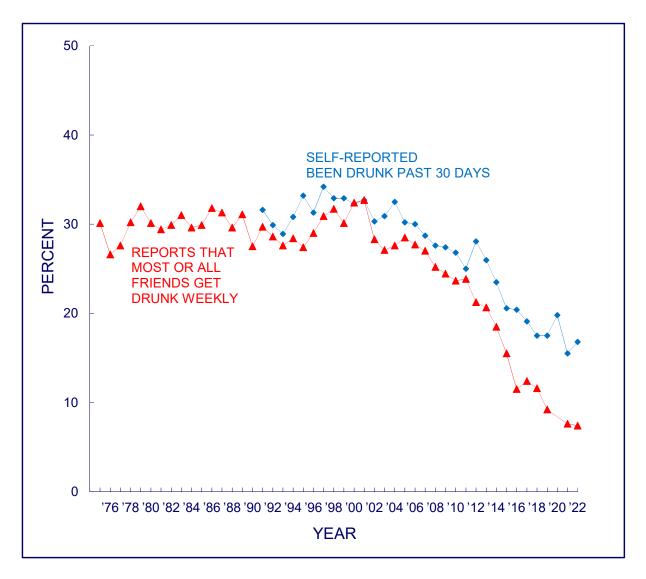
### FIGURE 9-3q ALCOHOL

# Trends in <u>30-Day</u> Prevalence<sup>k</sup> and Friends' Use in <u>Grade 12</u>



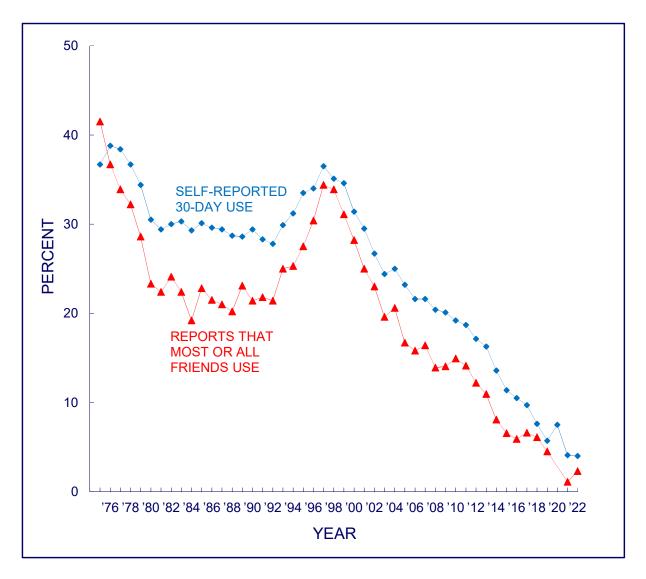
#### FIGURE 9-3r BEEN DRUNK

## Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



### FIGURE 9-3s CIGARETTES

# Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>



### FIGURE 9-3t STEROIDS

# Trends in <u>30-Day</u> Prevalence and Friends' Use in <u>Grade 12</u>

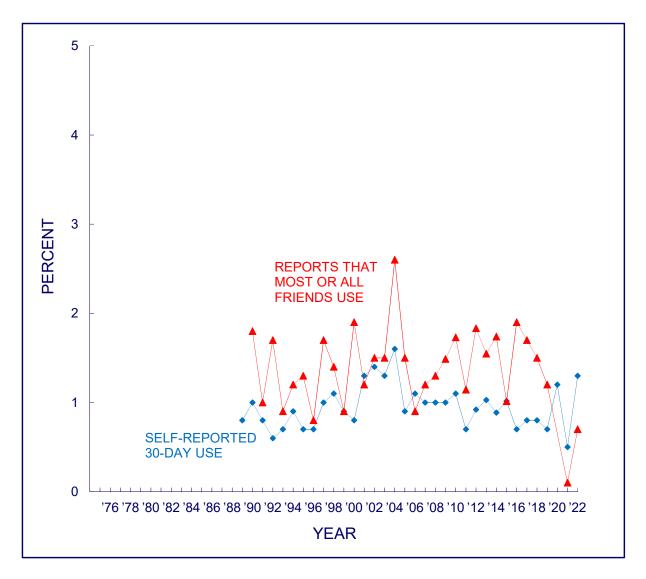
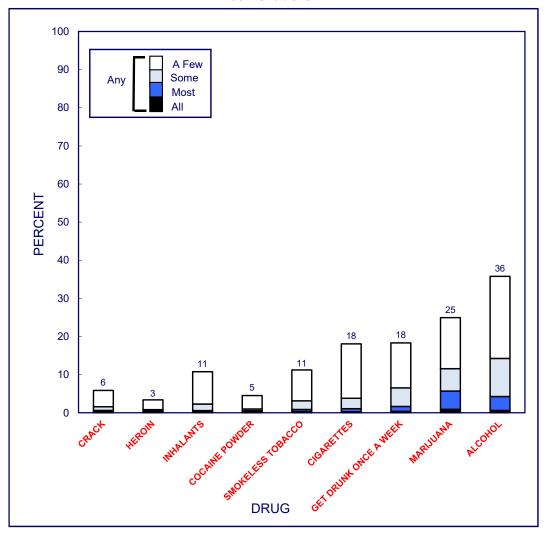


FIGURE 9-4
Proportion of <u>Friends Using</u> Each Drug
as Estimated by 8th, 10th, and 12th Graders, 2022

#### 8th Graders

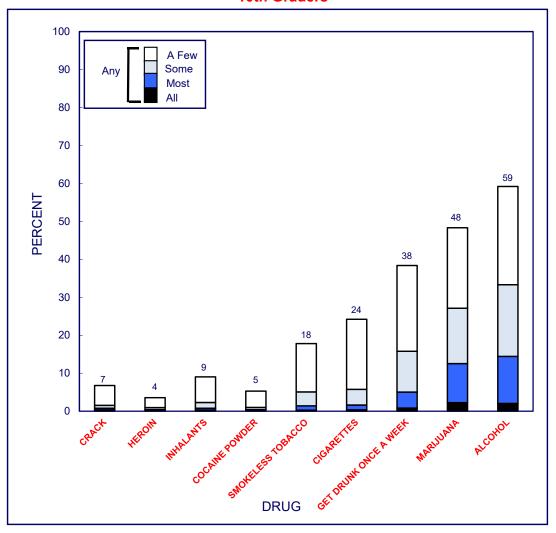


(Figure continued on next page.)
See footnotes at end of this series of Figures

FIGURE 9-4 (cont.)

### Proportion of <u>Friends Using</u> Each Drug as Estimated by 8th, 10th, and 12th Graders, 2022

#### 10th Graders



(Figure continued on next page.)
See footnotes at end of this series of Figures

FIGURE 9-4 (cont.)
Proportion of <u>Friends Using</u> Each Drug
as Estimated by 8th, 10th, and 12th Graders, 2022

#### 12th Graders

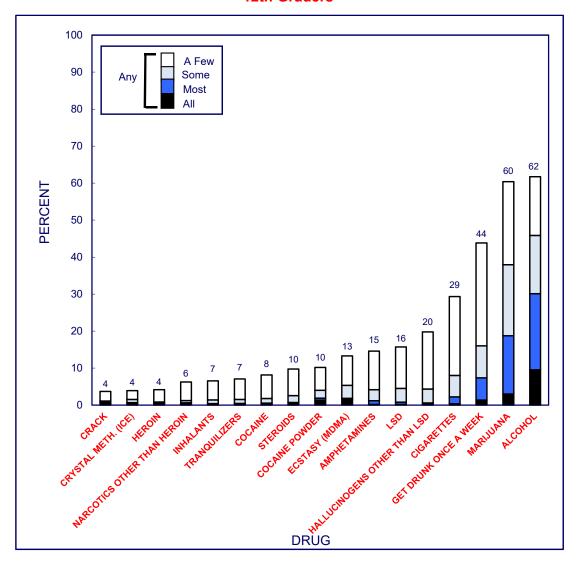


FIGURE 9-5a<sup>1</sup>
Various Drugs: Trends in Perceived <u>Availability</u> in <u>Grade 12</u>

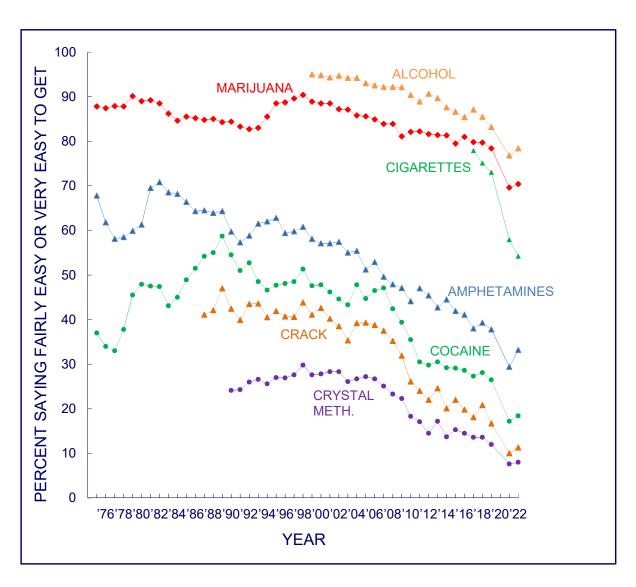
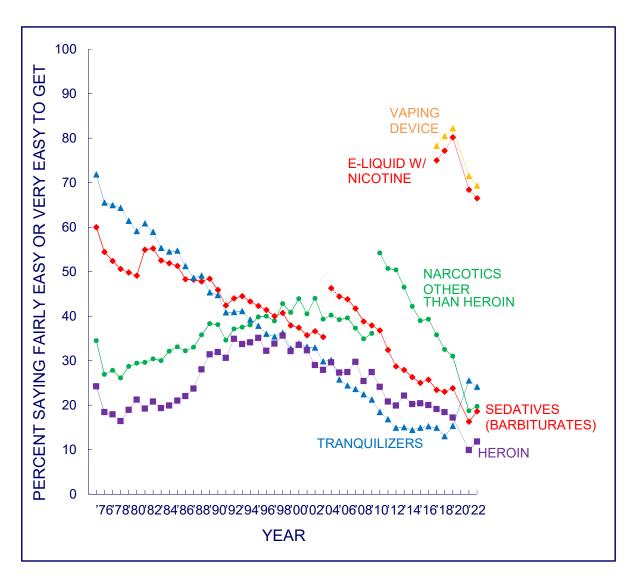
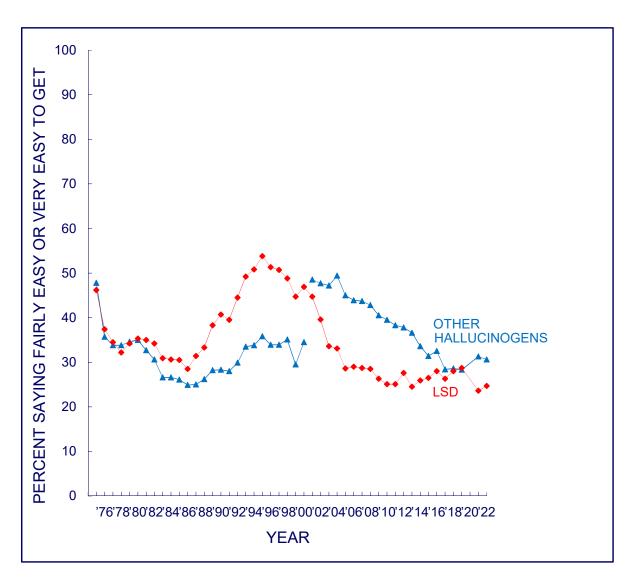


FIGURE 9-5b<sup>m,n</sup>
Various Drugs: Trends in Perceived <u>Availability</u> in <u>Grade 12</u>

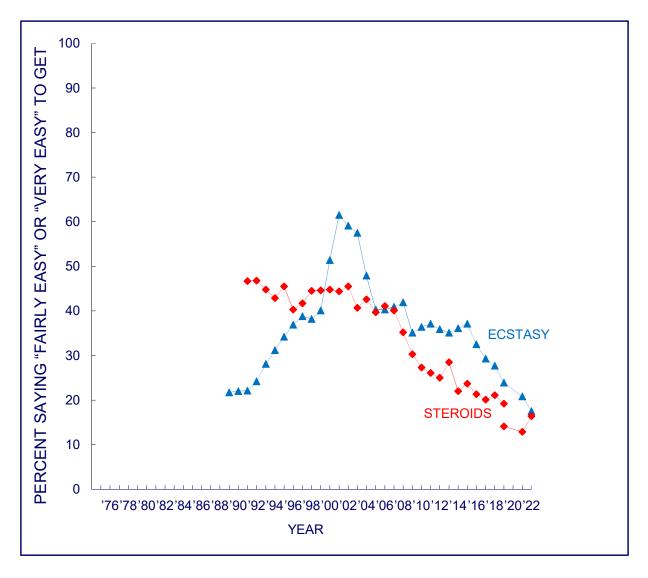


### FIGURE 9-5c<sup>o</sup> LSD AND HALLUCINOGENS OTHER THAN LSD

# Trends in Perceived <u>Availability</u> in Grade 12



# FIGURE 9-5d ECSTASY (MDMA) AND STEROIDS Trends in Perceived <u>Availability</u> in <u>Grade 12</u>

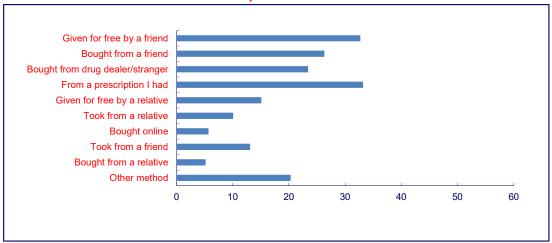


### FIGURE 9-6

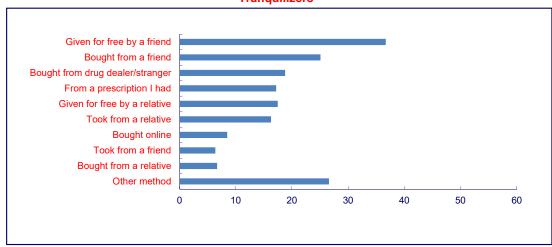
### **Source of Prescription Drugs**<sup>p</sup>

# among Those Who Used in Past Year <u>Grade 12, 2019-2022</u>

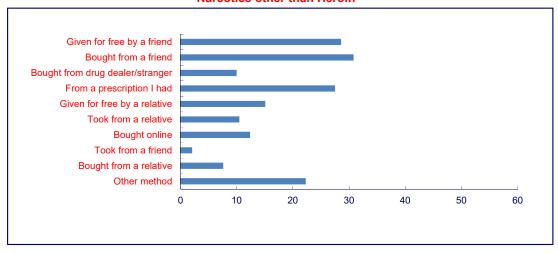
#### **Amphetamines**



#### **Tranquilizers**



#### **Narcotics other than Heroin**



### Footnotes for Figures 9-1a through 9-6

Source. The Monitoring the Future study, the University of Michigan.

*Note.* In the year 2019 students in a randomly-selected half of schools completed the MTF survey with paper-and-pencil questionnaires, and students in the other half of schools completed it electronically with tablets connected to the internet. When prevalence estimates significantly differ by survey mode the Figures present two 2019 estimates, with the paper-and-pencil estimate linked to years 2018 and earlier and the tablet estimate linked to years 2021 and later. When the estimates do not significantly differ the Figures use only one 2019 prevalence level, which is the estimate combining results from both survey modes.

#### Figures 9-1a, 9-1b, and 9-1c

<sup>a</sup>The 1975, 1977, and 1979 points indicating the percentage of 12th graders who said their friends would disapprove have been adjusted to compensate for lack of comparability of question context between administration years.

<sup>b</sup>For 12th graders only: In 2011 the list of examples was changed from uppers, pep pills, bennies, speed to uppers, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2011 results.

<sup>c</sup>In 2004 the question text was changed from barbiturates to sedatives/barbiturates, and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

#### Figures 9-3a, 9-3b

<sup>a</sup>In 2013, the question text for the use of amphetamines was changed on some of the questionnaire forms, with the remaining forms changed in 2014. This change affected the data for use of any illiict drug. Data presented here include only the changed forms.

#### Figure 9-3f

<sup>e</sup>In 2001 the question text was changed from other psychedelics to other hallucinogens, and shrooms was added to the list of examples. These changes likely explain the discontinuity in the 2001 results.

#### Figure 9-3a

<sup>1</sup>In 2014, the text was changed on one of the questionnaire forms to include "molly" in the description. The remaining forms were changed in 2015. Data for both versions of the question are presented here.

#### Figure 9-3

<sup>g</sup>In 2002, a revised set of questions on other narcotic use was introduced. Talwin, laudanum, and paregoric were replaced with Vicodin, OxyContin, and Percocet in the list of examples. From 2002 on, data points are based on the revised question.

<sup>n</sup>In 2010 the list of examples for narcotics other than heroin was changed from methadone and opium to Vicodin, OxyContin, Percocet, etc. This change likely explains the discontinuity in the 2010 results.

#### Figure 9-3m

In 2013, the question text for the use of amphetamines was changed on some of the questionnaire forms, with the remaining forms changed in 2014. Data presented here include only the changed forms.

#### Figure 9-3p

<sup>1</sup>Beginning in 2001, a revised set of questions on tranquilizer use was introduced in which Xanax replaced Miltown in the list of examples. From 2001 on data points are based on the revised question.

#### Figure 9-3d

<sup>k</sup>In 1993, a revised set of questions on alcohol use was introduced indicating that a drink meant more than a few sips. From 1993 on, data points are based on the revised question.

#### Figures 9-5a, 9-5b, and 9-5c

For 12th graders only: In 2011 the list of examples for the question on amphetamines was changed from uppers, pep pills, bennies, speed to uppers, speed, Adderall, Ritalin, etc. These changes likely explain the discontinuity in the 2011 results.

<sup>m</sup>In 2010 the list of examples for narcotics other than heroin was changed from methadone, opium to Vicodin, OxyContin, Percocet, etc. This change likely explains the discontinuity in the 2010 results.

<sup>n</sup>In 2004 the question text was changed from barbiturates to sedatives/barbiturates, and the list of examples was changed from downers, goofballs, reds, yellows, etc. to just downers. These changes likely explain the discontinuity in the 2004 results.

°In 2001 the question text was changed from other psychedelics to other hallucinogens, and shrooms was added to the list of examples. These changes likely explain the discontinuity in the 2001 results.

PRespondents were instructed to mark all answers that apply.

### **Chapter 10**

### STUDY PUBLICATIONS

MTF results are reported in a number of other types of publications, in particular peer-reviewed journals. Selected articles published in the past year or in press as of this writing are summarized below. Further details, as well as a more complete listing, may be found on the Monitoring the Future website. In this chapter we include summaries of new publications by MTF Investigators not listed in last year's Volume that used MTF data from the 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade samples, and/or the panel data.

Articles below are listed in alphabetical order by author.

### Co-substance use of nicotine vaping and non-cigarette tobacco products among U.S. grade 12 students from 2017-2019<sup>1</sup>

Background: Nicotine vaping among U.S. adolescents has risen rapidly over the past decade, particularly for youth in grade 12. While previous studies examined the relationship between nicotine vaping and combustible cigarette use, less is known about the co-occurrence between vaping and other tobacco products.

Methods: Using Monitoring the Future grade 12 data (2017-2019), we investigated associations between past 30-day nicotine vaping and non-vaping, non-cigarette tobacco use (smokeless tobacco, large cigars, cigarillos, hookah). Population prevalences of four categories were assessed: neither, vaping only, non-vaping of non-cigarette tobacco only, or both. We further investigated these relationships with logistic regressions accounting for the complex survey design (unadjusted, demographic-adjusted, and further adjusted for other substance use). Finally, analyses were stratified by combustible cigarette use.

Results: Depending on the non-cigarette tobacco product, 2.5% to 5.4% of grade 12 students vaped nicotine and used a non-cigarette tobacco product. Controlling for demographics, cigarillo use was associated with nicotine vaping (adjusted RR = 3.44, 95% CI: 3.08, 3.84), as was hookah use (aRR = 3.51, 95% CI: 2.92, 4.23), smokeless tobacco (aRR = 2.97, 95% CI: 2.51, 3.52), and cigar use (aRR = 2.90, 95% CI: 2.49, 3.37). Controlling for cannabis and all non-cigarette tobacco products simultaneously attenuated associations. Associations were stronger among students who did not use cigarettes.

Discussion: Nicotine vaping is associated with use of many non-cigarette tobacco products, including smokeless tobacco, cigarillos, cigars, and hookah. As prevalence of nicotine vaping remains high among adolescents, we should monitor co-use of vaping and other tobacco products.

The moderating role of mental health on the association between COVID-related stress,

<sup>&</sup>lt;sup>1</sup> Ankrum, H., Kreski, N. T., Cerdá, M., Chen, Q., Hasin, D. S., Martins, S. S., Miech, R., Olfson, M., & Keyes, K. M. (2022). <u>Co-substance use of nicotine vaping and non-cigarette tobacco products among U.S. grade 12 students from 2017-2019</u>. *Drug and Alcohol Dependence Reports*, 5, 100112.

### isolation, and economic hardship and using substances to cope<sup>2</sup>

Since young adulthood is a vulnerable period for adverse mental health experiences and high-risk substance use, it is critical to understand the impact of the COVID-19 pandemic on young adult mental health and substance use behaviors. Therefore, we determined whether the relationship between COVID-related stressors and using substances to cope with COVID-related social distancing and isolation was moderated by depression and anxiety among young adults. Data were from the Monitoring the Future (MTF) Vaping Supplement (total N = 1244). Logistic regressions assessed the relations between COVID-related stressors, depression, anxiety, demographic characteristics, and interactions between depression/anxiety and COVID-related stressors with vaping more, drinking more, and using marijuana to cope with COVID-related social distancing and isolation. Greater COVID-related stress due to social distancing was associated with vaping more to cope among those with more depression symptoms and drinking more to cope among those with more symptoms of anxiety. Similarly, COVID-related economic hardships were associated with using marijuana to cope among those with more symptoms of depression. However, feeling less COVID-related isolation and social distancing stress was linked to vaping and drinking more to cope, respectively, among those with more symptoms of depression. These findings suggest that the most vulnerable young adults are seeking substances to cope with the pandemic, while potentially experiencing co-occurring depression and anxiety along with COVIDrelated stressors. Therefore, intervention programs to support young adults who are struggling with their mental health in the aftermath of the pandemic as they transition into adulthood are critical.

### Party, academic, or prepped for college? School norm profiles and adolescent wellbeing using national data<sup>3</sup>

The current study examined how schoolwide norms came together into distinct profiles and how norm profile membership was linked to adolescent well-being. Using school-level (N = 786) and student-level data (N = 174,587 12<sup>th</sup> grade students; 52% female; 64% White, 13% Latino, 12% Black, 12% other) from Monitoring the Future (MTF), we identified four distinct school profiles average, academic, prepped-for-college, party—that had unique patterns of shared norms. Compared with average schools, academic schools (high academics and low substance use and social integration norms) were most advantageous for students, prepped-for-college schools (high academics, substance use, and social integration norms) had both benefits and drawbacks, and party schools (low academics and high substance use and social integration norms) were most detrimental.

### The prevalence and correlates of running away among adolescents in the United States<sup>4</sup>

Runaway youth may experience a myriad of challenges associated with significant risks to health and well-being. To examine the prevalence and correlates of running away from home among US youth. Annual US nationally representative samples of 8th and 10th graders between 2005 and 2017 from the Monitoring the Future study. Self-reports of nationally representative samples of 8<sup>th</sup> and

<sup>&</sup>lt;sup>2</sup> Arterberry, B. J., Parks, M. J., & Patrick, M. E. (2023). The moderating role of mental health on the association between COVID-related stress, isolation, and economic hardship and using substances to cope. Preventive Medicine Reports, 34, 102229.

<sup>&</sup>lt;sup>3</sup> Benner, A. D., Bakhtiari, F., Wang, Y., & Schulenberg, J. (2022). Party, academic, or prepped for college? School norm profiles and adolescent

well-being using national data. *Journal of Research on Adolescence*, 32(4), 1388–1403.

<sup>4</sup> Castillo, B., Schulenberg, J., Grogan-Kaylor, A., & Toro, P. A. (2022). The prevalence and correlates of running away among adolescents in the United States. Journal of Community Psychology. Advance online publication.

10th graders in the US Annual survey data from 8th and 10th graders spanning 2005-2017, n = 116,520. The primary outcome of this study, running away from home in the past 12 months, was examined using multivariable weighted logistic regression. Predictor measures included: parent and peer relationships, school factors (e.g., grade point average [GPA]), internalizing symptoms, externalizing behavior, and substance use (alcohol, marijuana, and cigarettes). Demographic measures in the model were grade level (8<sup>th</sup> or 10<sup>th</sup>), gender (boys or girls), parent education, and race/ethnicity. The annual prevalence of running away decreased significantly from 8.3% in 2005 to 6.1% in 2017. Demographically, running away from home was significantly lower among boys compared with girls. Multivariable logistic regression model results revealed that higher levels of parental involvement, GPA, and self-esteem are all significantly related to lower odds of running away from home. Having peers who drop out of school, going on more date nights, self-derogation, interpersonal aggression, sensation seeking, theft, and property damage, as well as past 12-month alcohol use, past 12-month marijuana use, and past 30-day cigarette use were all associated with higher odds of running away from home. Annual prevalence of running away from home has been decreasing, but still affects a large number of teens. Running away is associated with numerous challenges across social, behavioral, and health domains that can further negatively impact the health and well-being of this already vulnerable population.

### Tobacco 21 laws may reduce smoking and tobacco-related health disparities among youth in the U.S.<sup>5</sup>

The goal of our study is to understand the impact of Tobacco 21 (T21) laws on youth smoking and health equity. We conducted modified Poisson regression models using 2014–2019 Monitoring the Future data to measure the impact of attending school in a county 100% covered by a T21 law versus counties with <100% T21 coverage on past 30-day smoking participation (n = 262,632), first cigarette smoking initiation (n = 189,698), and daily smoking initiation among 8th, 10th, and 12<sup>th</sup> graders (n = 214,496), separately. Additive interactions were tested between T21 coverage and sex, race/ethnicity, parental education, and college plans. T21 coverage was associated with a lower likelihood of smoking participation among 12<sup>th</sup> graders. T21 coverage was most strongly associated with a lower likelihood of smoking participation among: Hispanic and NH (Non-Hispanic) Other/Multiracial individuals; respondents with parents who had less than a college education; and respondents who were not definitely planning on attending college. T21 laws were associated with a lower likelihood of smoking participation among 12<sup>th</sup> graders. T21 policies were most impactful for individuals disproportionately impacted by tobacco, indicating T21 laws might help reduce tobacco-related health disparities.

### Solitary alcohol use in adolescence predicts alcohol problems in adulthood: A 17-year longitudinal study in a large national sample of US high school students<sup>6</sup>

Background: Identifying risk factors for alcohol use disorder (AUD) is important for public health. The social context of drinking—such as drinking alone—may be an independent and robust early risk marker for AUD symptoms later in life. We evaluated whether solitary alcohol use in adolescence (age 18) and young adulthood (age 23/24) was concurrently associated with binge

<sup>5</sup> Colston, D. C., Xie, Y., Patrick, M. E., Thrasher, J. F., Titus, A. R., Elliott, M. R., Levy, D. T., & Fleischer, N. L. (2022). <u>Tobacco 21 laws may reduce smoking and tobacco-related health disparities among youth in the U.S. Preventive Medicine Reports</u>, 27, 101762.

<sup>&</sup>lt;sup>6</sup> Creswell, K. G., Terry-McElrath, Y. M., & Patrick, M. E. (2022). Solitary alcohol use in adolescence predicts alcohol problems in adulthood: A 17-year longitudinal study in a large national sample of US high school students. *Drug and Alcohol Dependence*, 238, 109552.

drinking and prospectively predicted age 35 AUD symptoms, and whether associations differed by sex.

Methods: Longitudinal data were from the Monitoring the Future study. Surveys were completed by adolescents in  $12^{th}$  grade at age 18 (1976–2002), young adults at age 23/24 (1981–2008), and adults at age 35 (1993–2019). Analyses included past 12-month alcohol users (n = 4464 for adolescent models; n = 4561 for young adult models). Multivariable regression analyses tested whether adolescent and young adult solitary alcohol use was associated concurrently with binge drinking frequency and prospectively with age 35 AUD symptoms.

Results: Solitary alcohol use in adolescence and young adulthood was associated (a) concurrently with binge drinking and (b) prospectively with increased risk of age 35 AUD symptoms (even after controlling for earlier binge drinking, alcohol use frequency, and sociodemographic covariates). Adolescent solitary alcohol use was associated with age 35 AUD symptoms particularly among females; no interaction was observed between sex and young adult solitary alcohol use in predicting age 35 AUD symptoms.

Conclusions: Adolescent and young adult solitary alcohol use was associated with increased adult AUD symptoms above and beyond other risk factors; adolescent female solitary alcohol users were especially at risk.

### Frequency of adolescent cannabis smoking and vaping in the US: trends, disparities, and concurrent substance use, 2017 to 2019<sup>7</sup>

Aim: To quantify the trends in frequent and occasional cannabis vaping, demographic differences and concurrent nicotine and alcohol use.

Design: Observational study. Survey-weighted multinomial logistic regression models assessed trends and disparities in past 30-day cannabis use. Trends were assessed overall and by sex, race/ethnicity, parental education and urbanicity. Multinomial logistic regression models also estimated associations of cannabis use (none, use without vaping, use with vaping) with past 2-week binge drinking and past 30-day nicotine/tobacco use.

Setting: United States, 2017–19.

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Participants: Participants in the national Monitoring the Future (n = 51 052) survey.

Measurements: Past 30-day frequent cannabis use (six or more times/30 days) and past 30-day occasional use (one to five times/30 days), with and without vaping.

Findings: Past 30-day frequent cannabis use with vaping and occasional use with vaping rose from 2017 to 2019. Past 30-day frequent and occasional cannabis use without vaping declined. Certain groups, such as Hispanic/Latino or lower socio-economic status adolescents, experienced particularly notable increases in frequent cannabis use with vaping (e.g. prevalence among Hispanic/Latino adolescents). Adolescents who reported smoking and vaping nicotine, and

<sup>&</sup>lt;sup>7</sup> Keyes, K. M., Kreski, N. T., Ankrum, H., Cerda, M., Chen, Q., Hasin, D., Martins, S., Olfson, M., & Miech, R. A. (2022). Frequency of adolescent cannabis smoking and vaping in the US: trends, disparities, and concurrent substance use, 2017 to 2019. Addiction, 117(8), 2316–2324.

10+ occasions of binge drinking, were 42.28 [95% confidence interval (CI) = 33.14-53.93] and 10.09 (95% CI = 4.51-22.53) times more likely to report past 30-day cannabis use with vaping, respectively, compared with no use.

Discussion: Cannabis use without vaping appears to be declining among adolescents in the United States, while cannabis use with vaping is accelerating; frequent cannabis vaping is especially increasing, with consistent increases across almost all adolescent demographic groups. Cannabis use among US adolescents remains highly associated with other substance use.

### Depressive and anxious symptoms among young adults in the COVID-19 pandemic: Results from Monitoring the Future<sup>8</sup>

Purpose: The severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) pandemic is associated with worsening mental health among young adults, but further research is necessary to quantify the associations with depression and anxiety.

Methods: Using Monitoring the Future data (N = 1244 young adults, modal age: 19, Fall 2020 supplement), we examined internalizing symptoms (Patient Health Questionnaire-8 and Generalized Anxiety Disorder Scale-7 separately), dividing the sample into those without clinically significant scores, significant scores but minimal pandemic-attributed symptoms, and significant scores with substantial pandemic-attributed symptoms. Logistic regression analyses linked demographic factors, pandemic-related experiences, and coping methods to symptom groups.

Results: Internalizing symptoms were highly prevalent, with many occurring among a majority at least several days over the past 2 weeks. Major changes in education, employment, and resource availability predicted elevated symptom risk (e.g., lacking a place to sleep or money for rent, gas, or food led to 4.43 [95% confidence interval: 2.59–7.55] times the risk of high depressive symptoms significantly attributed to the pandemic). High internalizing symptoms were linked to underutilization of healthy coping behaviors, substance use overutilization, and dietary changes. High depressive and anxious symptoms attributed to the pandemic were marked by high levels of taking breaks from the news/social media and contacting healthcare providers.

Conclusions: The pandemic's associations with young adults' depressive and anxious symptoms warrants urgent attention through improved mental health treatment infrastructure and stronger structural support.

### Longitudinal analysis of substance use disorder symptom severity at age 18 and substance use disorder in adulthood<sup>9</sup>

Importance: Although more than 1 in every 3 US individuals will develop a substance use disorder (SUD) in their lifetime, relatively little is known about the long-term sequelae of SUD symptoms from adolescence through adulthood.

<sup>&</sup>lt;sup>8</sup> Kreski, N. T., Keyes, K. M., Parks, M. J., & Patrick, M. E. (2022). <u>Depressive and anxious symptoms among young adults in the COVID-19</u>

pandemic: Results from Monitoring the Future. Depression and Anxiety, 39(6), 536–547.

McCabe, S. E., Schulenberg, J. E., Schepis, T. S., McCabe, V. V., & Veliz, P. T. (2022). Longitudinal analysis of substance use disorder symptom severity at age 18 and substance use disorder in adulthood. JAMA Network Open, 5(4), e225324.

Objective: To evaluate the longitudinal associations between adolescents' SUD symptom severity with later medical use of prescription drugs (ie, opioids, sedatives, and tranquilizers), prescription drug misuse (PDM), and SUD symptoms at ages 35 to 50 years.

Design, Setting, and Participants: Eleven cohorts of US 12<sup>th</sup> grade students were followed longitudinally from age 18 years (1976-1986) to age 50 years (2008-2018) in the Monitoring the Future (MTF) study. Baseline surveys were self-administered in classrooms, and follow-ups were conducted by mail. Data were analyzed from June 2021 to February 2022.

Exposure: Response to MTF study between 1976 and 2018.

Main Outcomes and Measures: Sociodemographic variables were measured at baseline. All bivariate and multivariate analyses use attrition weights to adjust for attrition by age 50 years within the sample. SUD symptoms, prescription drug use, and PDM were measured at baseline and every follow-up.

Results: The sample of 5317 individuals was 51.2% female (2685 participants; 95% CI, 49.6%-52.6%) and 77.9% White (4222 participants; 95% CI, 77.6%-79.1%). Participants were surveyed beginning at age 18 years and ending at age 50 years. The baseline response rate ranged from 77% to 84%, and the 32-year retention rate was 53%. Most adolescents with most severe SUD symptoms at age 18 years had 2 or more SUD symptoms in adulthood (316 participants [61.6%]; 95% CI, 55.7%-66.9%), and this association held for baseline alcohol, cannabis, and other drug use disorder symptoms. Adolescents with the highest SUD symptom severity at age 18 years had the highest adjusted odds of prescription drug use and PDM in adulthood (4-5 symptoms, adjusted odds ratio, 1.56; 95% CI, 1.06-2.32; ≥6 symptoms, adjusted odds ratio, 1.55; 95% CI, 1.11-2.16). The majority of adults using prescribed opioids, sedatives, or tranquilizers (568 participants [52.2%]; 95% CI, 48.4%-55.9%) in the past year had multiple SUD symptoms at age 18 years.

Conclusions and Relevance: These findings suggest that most adolescents with severe SUD symptoms do not transition out of symptomatic substance use, and the long-term sequelae for adolescents with more severe SUD symptoms are more deleterious than those for adolescents with no or low severity. Prescribers should be aware that many adults prescribed opioids, sedatives, or tranquilizers had multiple SUD symptoms during adolescence and require careful assessment and monitoring.

### Transitions in prescription benzodiazepine use and misuse and in substance use disorder symptoms through age 50<sup>10</sup>

Objective: Prescription benzodiazepines are among the most commonly used and misused controlled medications. The authors aimed to examine transitions from medical use of prescription benzodiazepines to prescription benzodiazepine misuse, prescription opioid misuse, and substance use disorder symptoms during adulthood.

Methods: Eleven national cohorts of U.S.  $12^{th}$  graders (N=26,575) were followed up from ages 18 (1976–1986) to 50 (2008–2018). Prescription benzodiazepine misuse, prescription opioid misuse,

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<sup>&</sup>lt;sup>10</sup> McCabe, S. E., Schulenberg, J. E., Wilens, T. E., Schepis, T. S., McCabe, V. V., & Veliz, P. (2023). <u>Transitions in prescription benzodiazepine use and misuse and in substance use disorder symptoms through age 50</u>. *Psychiatric Services*. Advance online publication.

and substance use disorder symptoms were examined with prevalence estimates and multivariable logistic regression.

Results: By age 35, 70.9% of respondents had not used or misused prescription benzodiazepines, 11.3% reported medical use only, 9.8% indicated both medical use and misuse, and 14.1% reported misuse only. In analyses adjusted for demographic and other characteristics, adults reporting only medical use of prescription benzodiazepines by age 35 had higher odds of later prescription benzodiazepine misuse (adjusted OR [AOR]=2.17, 95% CI=1.72–2.75) and prescription opioid misuse (AOR=1.40, 95% CI=1.05–1.86) than respondents ages 35–50 who never used prescription benzodiazepines. More frequent medical use of prescription benzodiazepines by age 35 was associated with increased risk for substance use disorder symptoms at ages 40–50. Any history of prescription benzodiazepine misuse by age 35 was associated with higher odds of later prescription benzodiazepine misuse, prescription opioid misuse, and substance use disorder symptoms, compared with no misuse.

Conclusions: Prescription benzodiazepine use or misuse may signal later prescription drug misuse or substance use disorders. Medical use of prescription benzodiazepines by age 35 requires monitoring for prescription drug misuse, and any prescription benzodiazepine misuse warrants an assessment for substance use disorder.

### Prescription stimulant medical and nonmedical use among US secondary School students, 2005 to 2020<sup>11</sup>

Importance: Recent information on the prevalence of prescription stimulant therapy for attention-deficit/hyperactivity disorder (ADHD) and nonmedical use of prescription stimulants (NUPS) at the school-level among US secondary school students is limited.

Objective: To investigate the school-level prevalence of and association between stimulant therapy for ADHD and NUPS among US secondary school students.

Design, Setting, and Participants: This cross-sectional study used survey data collected between 2005 and 2020 as part of the Monitoring the Future study (data collected annually via self-administered survey in schools from independent cohorts). Participants were from a nationally representative sample of 3284 US secondary schools. The mean (SD) response rates were 89.5% (1.3%) for 8<sup>th</sup>-grade students, 87.4% (1.1%) for 10<sup>th</sup>-grade students, and 81.5% (1.8%) for 12<sup>th</sup>-grade students. Statistical analysis was performed from July to September 2022.

Main Outcome and Measure: Past-year NUPS.

Results: The 3284 schools contained 231 141 US 8<sup>th</sup>-, 10<sup>th</sup>-, and 12<sup>th</sup>-grade students (111 864 [50.8%, weighted] female; 27 234 [11.8%, weighted] Black, 37 400 [16.2%, weighted] Hispanic, 122 661 [53.1%, weighted] White, 43 846 [19.0%, weighted] other race and ethnicity). Across US secondary schools, the past-year prevalence of NUPS ranged from 0% to more than 25%. The adjusted odds of an individual engaging in past-year NUPS were higher at secondary schools with higher proportions of students who reported stimulant therapy for ADHD, after controlling for

<sup>&</sup>lt;sup>11</sup> McCabe, S. E., Schulenberg, J. E., Wilens, T. E., Schepis, T. S., McCabe, V. V., & Veliz, P. T. (2023). <u>Prescription stimulant medical and nonmedical use among US secondary School students</u>, 2005 to 2020. *JAMA Network Open*, 6(4), e238707.

other individual-level and school-level covariates. Students attending schools with the highest rates of prescription stimulant therapy for ADHD had approximately 36% increased odds of past-year NUPS compared with students attending schools with no medical use of prescription stimulants (adjusted odds ratio, 1.36; 95% CI, 1.20-1.55). Other significant school-level risk factors included schools in more recent cohorts (2015-2020), schools with higher proportions of parents with higher levels of education, schools located in non-Northeastern regions, schools located in suburban areas, schools with higher proportion of White students, and schools with medium levels of binge drinking.

Conclusions and Relevance: In this cross-sectional study of US secondary schools, the prevalence of past-year NUPS varied widely, highlighting the need for schools to assess their own students rather than relying solely on regional, state, or national results. The study offered new evidence of an association between a greater proportion of the student body that uses stimulant therapy and a greater risk for NUPS in schools. The association between greater school-level stimulant therapy for ADHD and other school-level risk factors suggests valuable targets for monitoring, risk-reduction strategies, and preventive efforts to reduce NUPS.

### Recent, national trends in US adolescent use of menthol and non-menthol cigarettes<sup>12</sup>

Objective: In light of the current U.S. Food and Drug Administration (FDA) proposal to ban menthol cigarettes, this study updates trends in menthol cigarette use among adolescents age 13–18 years up to the year 2020. The study considers a potential role for the ban to reduce black/non-black disparities in menthol cigarette use, as well as a counterargument that a ban is not necessary because menthol use is already diminishing.

Methods: Data are from annual, cross-sectional, nationally representative Monitoring the Future (MTF) surveys of 85 547 8<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grade students surveyed between 2012 and 2020. Analyses include trends in past 30-day menthol and non-menthol cigarette smoking among the total adolescent population, as well as stratified by race/ethnicity.

Results: Declines in adolescent menthol and non-menthol cigarette smoking continued through 2020 so that in 2018–2020 past 30-day prevalence for each was less than 1% for non-Hispanic black adolescents and less than 2.2% for non-black adolescents. For non-Hispanic black adolescents no smoking declines in mentholated or non-mentholated cigarette use from 2015–2017 to 2018–2020 were statistically significant, in part because prevalence levels approached a floor effect and had little room to fall further. Menthol levels were lower for non-Hispanic black versus all other adolescents in all study years.

Conclusions: Continuing declines in adolescent menthol prevalence indicate that both menthol prevalence and also black/non-black disparities in its use are steadily decreasing. However, these decreases in adolescence will take decades to reach later ages through generational replacement. Efforts to accelerate menthol decreases will require new initiatives to increase cessation among adult menthol users.

Response to commentary on "Increased nicotine vaping due to the COVID-19 pandemic among US young adults: Associations with nicotine dependence, vaping

<sup>&</sup>lt;sup>12</sup> Miech, R. A., Leventhal, A. M., & Johnson, L. D. (2023). <u>Recent, national trends in US adolescent use of menthol and non-menthol cigarettes.</u> *Tobacco Control*, 32(e1), e10–e15.

### frequency, and reasons for use"13

We appreciate the opportunity to respond to the commentary on our paper (Parks et al., 2022) that is published in this issue of Preventive Medicine (Griffin et al., 2022). Below, we focus on responding to the three main issues raised.

### Initiation of and escalation to high-intensity drinking in young adults<sup>14</sup>

Importance: High-intensity drinking (HID) (≥10 drinks in a row) is associated with acute negative outcomes. Identifying factors associated with HID initiation in adolescence and how it is associated with young adulthood outcomes can inform screening and prevention.

Objective: To identify when individuals initiate HID and speed of escalation from first drink and first binge to first HID; characteristics associated with initiation and escalation; and whether these characteristics are associated with weekly alcohol consumption, HID frequency, and symptoms of alcohol use disorder at age 20 years.

Design, Setting, and Participants: This cohort study analyzed web-based survey data from respondents in the US who reported alcohol use in the past 30 days recruited from the 2018 12<sup>th</sup> grade Monitoring the Future study and surveyed again from February 14 through April 17, 2020, at modal age 20 years in the Young Adult Daily Life Study. Only respondents who reported HID by modal age 20 years were included in the analyses.

Exposures: Retrospective alcohol use initiation and self-reported alcohol use measures.

Main Outcomes and Measures: Key retrospective measures included year of initiation for alcohol, first binge (≥5 drinks), and HID (≥10 drinks). Measures at age 20 years included weekly alcohol consumption, HID frequency, and Alcohol Use Disorders Identification Test (AUDIT) scores. Covariates included biologic sex, race and ethnicity, parental college education, family history of alcohol problems, and college status. Descriptive statistics and multivariable regression models were used, and all analyses were weighted.

Results: Of the 451 participants with data eligible for analysis, 62.0% were male (38.0% female). On average, alcohol, binge, and HID were initiated during high school. Mean time of escalation from first drink to first HID was 1.9 (95% CI, 1.8-2.1) years and between first binge and first HID, 0.7 (95% CI, 0.6-0.8) years. Initiating HID by grade 11 (vs later) was associated with higher average weekly alcohol consumption (adjusted incidence rate ratio [aIRR], 1.40; 95% CI, 1.10-1.79]), HID frequency (aIRR, 2.01; 95% CI, 1.25-3.22]), and AUDIT score (adjusted odds ratio, 1.17; 95% CI, 1.02-1.34]) at age 20 years. Escalation from first binge to first HID in the same year (vs≥1 year) was associated with higher HID frequency at age 20 years (aIRR, 1.66; 95% CI, 1.06-2.61).

<sup>&</sup>lt;sup>13</sup> Parks, M. J., Fleischer, N. L., & Patrick, M. E. (2023). Response to commentary on "Increased nicotine vaping due to the COVID-19 pandemic

among US young adults: Associations with nicotine dependence, vaping frequency, and reasons for use." *Preventive Medicine*, *169*, 107439.

14 Patrick, M. E., Evans-Polce, R. J., Arterberry, B. J., & Terry-McElrath, Y. (2023). <u>Initiation of and escalation to high-intensity drinking in young adults</u>. *JAMA Pediatrics*, *177*(3), 286–293.

Conclusions and Relevance: These findings suggest that understanding ages and patterns of HID initiation and escalation associated with particular risk may facilitate screening for adolescents and young adults.

### Alcohol use disorder symptoms reported during midlife: Results from the Monitoring the Future Study among US adults at modal ages 50, 55, and 60<sup>15</sup>

Background: The extent to which adolescent substance use is associated with alcohol use disorder (AUD) symptoms in midlife is not yet fully explored.

Methods: Longitudinal data from the national Monitoring the Future study was used. The sample included 11,830 12<sup>th</sup> graders (1976-1987) who were surveyed again at modal ages 50 (37.8%), 55 (46.3%), or 60 (15.8%) in 2008-2019. Approximately 48.7% were male; 81.5% identified as non-Hispanic White. Weighted logistic and multinomial logistic regressions were used to examine associations between past 30-day use of cigarettes, marijuana, and alcohol at age 18, sociodemographics, and a midlife AUD symptom outcome (coded as non-drinking, drinking without AUD [endorsed ≤1 criterion], or AUD symptoms [endorsed 2+ criteria]).

Results: Prevalence of midlife AUD symptoms was 27.1%. Higher relative risk of reporting AUD symptoms (vs. drinking without AUD) was associated with age 18 substance use (any cigarette use [vs. no use], any marijuana use [vs. no use], binge drinking [vs. both no use and drinking at less than binge levels]), being male (vs. female), being non-Hispanic White (vs. non-Hispanic Black), and having a 4-year college degree. Higher relative risk of reporting non-drinking (vs. drinking without AUD) was associated with no 30-day alcohol use at age 18, being non-Hispanic Black or non-Hispanic other (vs. non-Hispanic White), and not having a 4-year college degree.

Conclusions: Findings suggest substance use at age 18 has meaningful associations with midlife AUD symptoms. Dissemination of prevention and intervention efforts in adolescence and early adulthood may be important for reducing hazardous midlife drinking.

### Comparison of a web-push vs. Mailed survey protocol in the Monitoring the Future panel study among adults ages 35 to 60<sup>16</sup>

Introduction: Updating the mode of data collection may affect response rates or survey results. The ongoing, national Monitoring the Future (MTF) panel study has traditionally used mailed paper surveys. In 2018, MTF experimented with a web-push data collection design for young adults ages 19-30, concluding that the web-push design improved response rates and did not change substance use estimates after controlling for sociodemographic characteristics (Patrick et al., 2021). The current study sought to replicate the web-push experiment with MTF adults ages 35 to 60 in 2020.

Methods: In 2020, the MTF panel study included an experiment to test a web-push protocol for respondents ages 35 to 60 (N = 14,379). Participants were randomized to the web-push (i.e., a web survey invitation, with paper surveys available for non-respondents) or traditional MTF (i.e., mailed paper surveys) data collection condition.

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Patrick, M. E., Pang, Y. C., Jang, B. J., Arterberry, B. J., & Terry-McElrath, Y. M. (2023). Alcohol use disorder symptoms reported during midlife: Results from the Monitoring the Future Study among US adults at modal ages 50, 55, and 60. Substance Use & Misuse, 58(3), 380–388.
 Patrick, M. E., Pang, Y. C., Terry-McElrath, Y. M., Laetz, V., & Couper, M. P. (2022). Comparison of a web-push vs. Mailed survey protocol in the Monitoring the Future panel study among adults ages 35 to 60. Drug and Alcohol Dependence Reports, 4, 100089.

Results: Results indicated no significant difference in overall response rate for the web-push vs. standard MTF conditions in this age group. Differences in reported estimates of past 30-day substance use prevalence by condition were not significant after adjusting for sociodemographic characteristics. In multivariable models, participants in the web-push condition were less likely to respond via web (than paper) if they were Black, smoked cigarettes in the past 30 days, were unmarried, or did not have a college degree.

Conclusions: Overall, the move to the web-push design had minimal impact on response rates and substance use prevalence estimates for this age group. However, in the web-push condition, sociodemographic differences were associated with mode of response.

### Feasibility of mailed biomarker data collection among U.S. young adults: Saliva-based cotinine and self-reported nicotine use<sup>17</sup>

Background: Nationally representative self-report studies are the standard for data on the prevalence of substance use. Newly emerging biomarker assessments can add objective measurements of exposure. However, biomarker assessment has typically depended on in-person sample collection. The current study examined whether young adults in a national sample would be willing and able to provide a saliva sample via mail, and the correspondence of cotinine in the saliva sample with self-reported vaping and smoking.

Methods: Data collection for the Monitoring the Future (MTF) Vaping Supplement was from September to November 2020. Eligible participants (N = 4358) were selected from a nationally-representative sample of US  $12^{th}$ -grade students in MTF in spring 2019. The MTF Vaping Supplement surveyed individuals nationally about one year after the  $12^{th}$  grade MTF survey (in 2020, mean age = 19.6 years; N = 1244). Survey weights accounted for design and attrition.

Results: Of those surveyed, 66.2% consented to provide a saliva sample and, of those, 73.8% mailed a sample. There were no significant differences in providing a saliva sample across any demographic characteristic, but those who reported nicotine use were less likely to provide a sample. Cotinine cut-off measures of > 3 ng/mL and > 10 ng/mL had good correspondence with self-reported measures.

Conclusions: Results support the feasibility of collecting saliva via the mail in a national sample and the validity of data collected in this way. These findings support future research innovations to expand existing survey research protocols to include biomarker data collection in representative samples of young adults.

### Patterns and predictors of high-intensity drinking and implications for intervention<sup>18</sup>

Efforts to intervene with subgroups at particularly high risk for alcohol use require information on factors that differentiate drinking intensity levels. This article summarizes existing research and provides new findings on sociodemographics and risk factors that differentiate high-intensity

<sup>&</sup>lt;sup>17</sup> Patrick, M. E., Parks, M. J., Carroll, D. M., & Mitchell, C. (2023). <u>Feasibility of mailed biomarker data collection among U.S. young adults:</u>
Saliya-based cotining and self-reported picotine use. *Drug and Alcohol Dependence*, 244(1), 109791

Saliva-based cotinine and self-reported nicotine use. Drug and Alcohol Dependence, 244(1), 109791.

18 Patrick, M. E., Terry-McElrath, Y. M., & Bonar, E. E. (2022). Patterns and predictors of high-intensity drinking and implications for intervention. Psychology of Addictive Behaviors, 36(6), 581–594.

drinking (HID) to provide context for developing and delivering interventions for the highest-risk drinkers. Cross-sectional data were obtained in 2019 from participants who reported past 30-day alcohol use in 2018 as part of the nationally representative 12<sup>th</sup> grade Monitoring the Future study. Among past 2-week drinkers in 2019 (N = 601; modal age 19; 57.0% male; 67.4% non-Hispanic White), bivariate associations between drinking intensity (moderate drinking [1-4 drinks for women/1-5 drinks for men], binge-only drinking [4-7/5-9 drinks], and HID [8+/10+ drinks]) and a range of sociodemographic characteristics, risk factors, and alcohol-related consequences were examined. Results showed binge-drinking norms, social and enhancement drinking motives, nicotine vaping, and use of limiting/stopping drinking and manner of drinking protective behavioral strategies differentiated all drinking intensity levels, lending support to HID and bingeonly drinking having an overlapping risk profile. However, there were also risk factors uniquely associated with HID, including sex, college attendance, employment, HID norms, use of serious harm reduction protective behavioral strategies, family history of drinking problems, any cigarette or drug use other than marijuana, and depression symptoms. Therefore, risk factors differentiate young adult drinking intensity. These results can inform efforts to adapt interventions for young adults who report HID.

### Alcohol use and the COVID-19 pandemic: historical trends in drinking, contexts, and reasons for use among U.S. adults<sup>19</sup>

Objective: The current study used U.S. national data to examine drinking trends prior to and during the COVID-19 pandemic in 2020, focusing on changes in U.S. young- and middle-adult alcohol prevalence, frequency, and drinking contexts and reasons, and whether they differed by age and college status.

Methods: Data from 2015 to 2020 from 16,987 young adults (ages 19-30) and 23,584 middle adults (ages 35-55) in the national Monitoring the Future study were used to model historical trends and potential 2020 shifts (data collection April 1 to November 30, 2020) in prevalence (30-day, daily, binge drinking) and frequency (30-day, binge drinking). For young adults, data on drinking contexts and negative affect reasons for drinking were examined. Moderation by age and college status was also tested.

Results: 2020 was associated with (1) downward deviation in 30-day (young and middle adults) and binge drinking (young adults) prevalence; (2) upward deviation in daily drinking prevalence (middle adults); (3) among drinkers, upward deviation in frequency of 30-day (young and middle adults) and binge drinking (young adults); and (4) changes in drinking contexts and reasons among drinkers. Among college students, in particular, 2020 was associated with a downward deviation from expected historical trends in drinking prevalence. Upward deviations in daily prevalence and both binge and 30-day drinking frequency were stronger at ages 25-30 (vs. 19-24) and 35-45 (vs. 50-55).

Conclusions: Among U.S. young and middle adults, deviations from expected historical trends in population alcohol use that occurred during the pandemic included decreases in alcohol use prevalence, increases in alcohol use frequency, and increases in the use of alcohol to relax/relieve

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<sup>&</sup>lt;sup>19</sup> Patrick, M. E., Terry-McElrath, Y. M., Miech, R. A., Keyes, K. M., Jager, J., & Schulenberg, J. E. (2022). Alcohol use and the COVID-19 pandemic: historical trends in drinking, contexts, and reasons for use among U.S. adults. *Social Science & Medicine*, 301, 114887. https://doi.org/10.1016/j.socscimed.2022.114887

tension and because of boredom. These shifts were likely due, in part, to drinking while alone and at home-which increased during the pandemic.

### Age- and sex-varying associations between depressive symptoms and substance use from modal ages 35 to 55 in a national sample of U.S. adults<sup>20</sup>

It is important to examine normative age-related change in substance use risk factors across the lifespan, with research focusing on middle adulthood particularly needed. The current study examined time-varying associations between depressive symptoms and alcohol, cigarette, and marijuana use from modal ages 35 to 55 in a national sample of US adults, overall and by sex. Data were obtained from 11,147 individuals in the longitudinal Monitoring the Future study. Participants were in 12<sup>th</sup> grade (modal age 18) in 1976-1982 and (for the data reported in this study) were surveyed again at modal ages 35 (in 1993-1999), 40, 45, 50, and 55 (in 2013-2019). Weighted time-varying effect modeling was used to examine age-related change in associations among depressive symptoms, any and heavy use of cigarettes, alcohol, and marijuana. Across midlife, greater depressive symptoms were associated with decreased odds of any alcohol use during the 40s and 50s, but with increased odds of binge drinking from ages 35-40, and-at most ages-any and pack + cigarette use and any and frequent marijuana use. The association between depressive symptoms and substance use was generally similar for men and women. Results highlight the increased risk for binge drinking, smoking, and marijuana with higher levels of depressive symptoms and underscore the importance of screening and interventions for depressive symptoms and substance use in midlife.

### Type of medication therapy for ADHD and stimulant misuse during adolescence: A cross-sectional multi-cohort national study<sup>21</sup>

Background: Attention-deficit/hyperactivity disorder (ADHD) is associated with higher substance use rates. Stimulant and non-stimulant pharmacotherapy improve adolescent ADHD, but their associations with prescription stimulant misuse (PSM), cocaine, and methamphetamine use are unclear. Using 2005-2020 US Monitoring the Future data, we investigated relationships between ADHD pharmacotherapy history and PSM, cocaine, or methamphetamine use.

Methods: Secondary students (13-19 years) provided data on pharmacotherapy history (N = 199,560; 86.3% of total sample) between January 1, 2005 and May 31, 2020 in a cross-sectional multi-cohort study; weights assured a nationally representative sample. Participants were grouped by ADHD pharmacotherapy history: none (88.7%; principally non-ADHD controls); stimulant-only (5.8%); non-stimulant-only (3.3%); both stimulant and non-stimulant (2.1%). Outcomes were past-year PSM, cocaine, and methamphetamine use. Logistic regressions examined relationships between pharmacotherapy history and outcomes, controlling for sociodemographics, recent substance use, and stimulant treatment cessation.

Findings: Past-year outcome rates were lowest in adolescents with no pharmacotherapy history: 4.7% for PSM [8310/174,561], 1.6% for cocaine [2858/174,688], and 0.7% for methamphetamine [1036/148,378]. A history of both stimulant and non-stimulant treatment was associated with the

Patrick, M. E., Terry-McElrath, Y. M., Peterson, S., & Birditt, K. (2023). <u>Age- and sex-varying associations between depressive symptoms and substance use from modal ages 35 to 55 in a national sample of U.S. adults. Prevention Science</u>. Advance online publication.
 Schepis, T. S., Werner, K. S., Figueroa, O., McCabe, V. V., Schulenberg, J. E., Veliz, P. T., Wilens, T. E., & McCabe, S. E. (2023). <u>Type of</u>

<sup>&</sup>lt;sup>21</sup> Schepis, T. S., Werner, K. S., Figueroa, O., McCabe, V. V., Schulenberg, J. E., Veliz, P. T., Wilens, T. E., & McCabe, S. E. (2023). <u>Type of medication therapy for ADHD and stimulant misuse during adolescence: A cross-sectional multi-cohort national study</u>. *EClinicalMedicine*, 58, 101902.

highest rates: 22.3% for PSM [940/4098], 10.4% for cocaine [450/4110], and 7.8% for methamphetamine [275/3427]. Adolescents who received monotherapy (stimulant- or non-stimulant-only) had intermediate rates, with no differences between monotherapy groups.

Interpretation: While elevated PSM and illicit stimulant use rates are likely influenced by ADHD, our findings suggested adolescents with a history of both stimulant and non-stimulant pharmacotherapy are at highest risk for these stimulant outcomes. Adolescents receiving ADHD pharmacotherapy should be monitored for PSM and illicit stimulant use.

### An empirical evaluation of alternative approaches to adjusting for attrition when analyzing longitudinal survey data on young adults' substance use trajectories<sup>22</sup>

Objectives: Longitudinal survey data allow for the estimation of developmental trajectories of substance use from adolescence to young adulthood, but these estimates may be subject to attrition bias. Moreover, there is a lack of consensus regarding the most effective statistical methodology to adjust for sample selection and attrition bias when estimating these trajectories. Our objective is to develop specific recommendations regarding adjustment approaches for attrition in longitudinal surveys in practice.

Methods: Analyzing data from the national U.S. Monitoring the Future panel study following four cohorts of individuals from modal ages 18 to 29/30, we systematically compare alternative approaches to analyzing longitudinal data with a wide range of substance use outcomes, and examine the sensitivity of inferences regarding substance use prevalence and trajectories as a function of college attendance to the approach used.

Results: Our results show that analyzing all available observations in each wave, while simultaneously accounting for the correlations among repeated observations, sample selection, and attrition, is the most effective approach. The adjustment effects are pronounced in wave-specific descriptive estimates but generally modest in covariate-adjusted trajectory modeling.

Conclusions: The adjustments can refine the precision, and, to some extent, the implications of our findings regarding young adult substance use trajectories.

### Impact of the Tips From Former Smokers anti-smoking media campaign on youth smoking behaviors and anti-tobacco attitudes<sup>23</sup>

Introduction: Anti-tobacco media campaigns can prevent youth smoking, but there is little research on how adult-targeted campaigns affect youth. We investigated the association between the Tips From Former Smokers (Tips) campaign and youth smoking behaviors and anti-tobacco attitudes, and variation by sex, race and/or ethnicity, or socioeconomic status.

Aims and Methods: We used data from the monitoring of the future study, a nationally representative survey on 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> graders, from 2013-2015. Quartiles of Tips gross rating points (GRPs) were used to estimate exposure. Youth smoking behavior outcomes included

<sup>23</sup> Slocum, E., Xie, Y., Colston, D. C., Emery, S., Patrick, M. E., Thrasher, J. F., Elliott, M. R., & Fleischer, N. L. (2022). <u>Impact of the Tips From Former Smokers anti-smoking media campaign on youth smoking behaviors and anti-tobacco attitudes</u>. *Nicotine & Tobacco Research*, 24(12), 1927–1936.

<sup>&</sup>lt;sup>22</sup> Si, Y., West, B. T., Veliz, P. T., Patrick, M. E., Schulenberg, J. E., Kloska, D. D., Terry-McElrath, Y. M., & McCabe, S. E. (2022). <u>An empirical evaluation of alternative approaches to adjusting for attrition when analyzing longitudinal survey data on young adults' substance use trajectories</u>. *International Journal of Methods in Psychiatric Research*, 31(3), e1916.

smoking prevalence, initiation, and susceptibility. The anti-tobacco attitude outcomes included the extent that anti-tobacco ads made participants (1) less favorable towards smoking or (2) less likely to smoke cigarettes. Modified Poisson regression models estimated average marginal effects; separate additive interactions between Tips GRP exposure and sex, race and/or ethnicity, parents' highest education, and college plans (12<sup>th</sup> graders only) were used to test for effect modification.

Results: Tips GRPs were not associated with smoking behaviors within any grade. However, 12<sup>th</sup> graders in the highest quartile of Tips had a 7.0 percentage point higher probability (95% CI = 0.023-0.116) of responding that anti-tobacco ads made them less likely to smoke. Tips GRPs were associated with a lower probability of past 30-day smoking prevalence among 10<sup>th</sup> grade females, but not males (joint P-value = .002). No additional statistically significant interactions were found for any other outcomes for any grade.

Conclusions: This study revealed the potential for adult-targeted campaigns to increase youth's anti-smoking attitudes, but campaign exposure was not associated with smoking behaviors.

Implications: Few studies have examined the potential for anti-smoking media campaigns to influence audiences outside their targeted audience. In this study, we show the potential for adult-targeted campaigns to impact youth and suggest that Tips exposure may promote anti-smoking attitudes among youth.

### A comparison of COVID-19 outcomes between reservation-area American Indian and U.S. national students<sup>24</sup>

Introduction: This study presents data from 2 population-based surveys of youth (reservation-area American Indian adolescents and U.S. adolescents) on self, family, and friend morbidity and changes in substance use and negative impacts during COVID-19.

Methods: Data were obtained in spring 2021 from surveys of American Indian students living on or near reservations (8<sup>th</sup> grade, n=398; 10<sup>th</sup> grade, n=367; 12<sup>th</sup> grade, n=290) and national students from Monitoring the Future (8<sup>th</sup> grade, n=11,446; 10<sup>th</sup> grade, n=11,792; 12<sup>th</sup> grade, n=9,022). The main outcomes were COVID-19 testing, perceived morbidity/mortality, substance-use changes, and emotional changes during COVID-19.

Results: The American Indian sample had a greater proportion of testing (e.g., American Indian 8<sup>th</sup> grade: 58.1% [95% CI=48.6, 68.8]; Monitoring the Future 8<sup>th</sup> grade: 43.6% [95% CI=39.8, 47.5]) and friend/family hospitalization (e.g., American Indian 8<sup>th</sup> grade: 36.2% [95% CI=26.2, 47.5]; Monitoring the Future 8<sup>th</sup> grade: 11.9% [95% CI=10.6, 13.3]). Across grades, greater proportions of the national sample reported increased anxiety, anger, boredom, loneliness, depression, worry, and trouble concentrating, whereas greater proportions of reservation-area American Indians reported decreased anxiety, loneliness, and depression.

Conclusions: Findings indicate that reservation-area American Indian youth experienced unique health consequences 1 year into the COVID-19 pandemic compared with national students, illustrating the need for American Indian-specific COVID-19 public health monitoring and response.

<sup>&</sup>lt;sup>24</sup> Swaim, R. C., Stanley, L. R., Miech, R. A., Patrick, M. E., Crabtree, M. A., & Prince, M. A. (2023). <u>A comparison of COVID-19 outcomes between reservation-area American Indian and U.S. national students</u>. *AJPM Focus*, 2(1), 100046.

### Alcohol use contexts (social settings, drinking games/specials, and locations) as predictors of high-intensity drinking on a given day among U.S. young adults<sup>25</sup>

Background: This study examined whether variability in young adult drinking social settings, drinking games/drink price specials, and locations differentiated daily high-intensity drinking (HID) likelihood; whether contexts varied by legal drinking age and college status (attending a 4year college full-time); and whether legal drinking age and college status moderated drinking context/intensity associations.

Methods: Participants (n = 818 people, 46.3% female) were part of the Young Adult Daily Life Study in 2019 to 2022. They were originally selected because they were past 30-day drinkers from the 2018 U.S. national probability Monitoring the Future 12<sup>th</sup> grade sample and because they reported one or more days of alcohol use during 14-day data collection bursts across the following 4 years (n = 5080 drinking days). Weighted multilevel modeling was used to estimate drinking context/intensity associations. Drinking intensity was defined as moderate (females 1 to 3, males 1 to 4 drinks), binge (4 to 7, 5 to 9 drinks), or HID (8+, 10+ drinks). Models controlled for other within-person (weekend, historical time period) and between-person (sex and race/ethnicity) covariates.

Results: Contexts differentiating HID and binge drinking days included drinking with large groups, strangers, pregaming, drinking games, and more drinking locations. Legal drinking age was associated with lower odds of free drinks but greater odds of drinking at bars/restaurants. College status was associated with lower odds of drinking alone or free drinks, but greater odds of drinking with friends, large groups, pregaming, drinking games, discounted price drinks, and at bars/restaurants, parties, and more drinking locations. Legal drinking age and college status moderated some context-intensity associations.

Conclusions: Social settings, pregaming, drinking games, and drinking at more locations were associated with increased risk of HID on a given day. Legal drinking age and college status were associated with specific drinking contexts and moderated some context/intensity associations. Incorporating the contexts associated with HID into interventions may help to reduce HID and related consequences in young adults.

### Characteristics and reasons for use associated with solitary alcohol and marijuana use among U.S. 12<sup>th</sup> grade students, 2015–2021<sup>26</sup>

Background: Little is known regarding what sociodemographic characteristics and reasons for use are associated with adolescent solitary alcohol and marijuana use.

Methods: Data from 7845 12<sup>th</sup> grade students participating in the nationally-representative Monitoring the Future study from 2015 to 2021 were used to examine cross-sectional associations between sociodemographics, heavy drinking/marijuana use, reasons for use, and past 12-month solitary alcohol or marijuana use among past 12-month users. Historical trends and possible

<sup>25</sup> Terry-McElrath, Y. M., Arterberry, B. J., & Patrick, M. E. (2023). <u>Alcohol use contexts (social settings, drinking games/specials, and locations)</u> as predictors of high-intensity drinking on a given day among U.S. young adults. Alcohol: Clinical and Experimental Research, 47(2), 273–284.

26 Terry-McElrath, Y. M., O'Malley, P. M., Pang, Y. C., & Patrick, M. E. (2022). Characteristics and reasons for use associated with solitary alcohol

and marijuana use among U.S. 12th grade students, 2015-2021. Drug and Alcohol Dependence, 235, 109448.

differences related to the COVID-19 pandemic also were examined.

Results: Solitary use prevalence increased from 2015 to 2021 with no evidence of significant COVID-19 deviations. In 2021, solitary alcohol use was reported by 32.1% (SE 3.01) and solitary marijuana use by 55.8% (4.72) of those reporting past 12-month use. Common and substance-specific sociodemographic risk factors were observed. Binge drinking was associated with solitary alcohol use; frequent marijuana use was associated with solitary marijuana use. Reasons for use related to coping with negative affect were associated with solitary use. Compulsive use reasons were more strongly associated with solitary alcohol than marijuana use. Drinking to have a good time with friends was negatively associated with solitary alcohol use but this association was not seen for solitary marijuana use.

Conclusions: The percentage of adolescents who use alcohol or marijuana when they were alone has increased among those who report using each substance. Associations between solitary use and (a) higher levels of consumption and (b) coping with negative affect highlight the importance of solitary use as a risk indicator.

### The initiation and developmental course of prescription drug misuse among high school athletes during the transition through young adulthood<sup>27</sup>

The objective of this study was to examine the extent to which involvement in high-contact, semicontact, or noncontact sports during the 12th grade is associated with the initiation and developmental course of prescription drug misuse (PDM) between ages 17/18 years and 27/28 years. Data were collected from a national multicohort panel sample of US 12<sup>th</sup>-graders (cohorts 2006-2017; n = 4,772) from the Monitoring the Future Study who were followed for a decade, through age 27/28 years. Approximately 31% of high school seniors indicated PDM at baseline (age 17/18 years). While past-year PDM remained relatively stable between ages 17/18 years and 27/28 years, participation in both noncontact (adjusted odds ratio = 1.40, 95% confidence interval: 1.02, 1.91) and contact (adjusted odds ratio = 1.57, 95% confidence interval: 1.08, 2.28) sports in the 12<sup>th</sup> grade increased the odds of initiating prescription stimulant misuse during the 10 years following high school as compared with respondents who did not participate in these types of sports in the 12<sup>th</sup> grade. To our knowledge, this is the first national study to have assessed how sports participation during high school is associated with the initiation and developmental course of PDM from adolescence to young adulthood. These findings reinforce the need for PDM screening during adolescence, as nearly 1 in 3 high school seniors engage in PDM. Increased prescription stimulant misuse following high school warrants ongoing monitoring during young adulthood, especially among athletes.

#### OTHER MTF RESULTS

People interested in MTF results not presented in this monograph or in the papers above have three options to calculate their own MTF estimates. First, they can download at no charge a publicly-available version of the MTF data from the <a href="National Addiction and HIV Data Archive Program">National Addiction and HIV Data Archive Program</a> at the <a href="Inter-University Consortium of Political and Social Research">In these data a few variables, such as date of birth and family composition, are not included because they could aid in deductive

<sup>&</sup>lt;sup>27</sup> Veliz, P. T., Schulenberg, J. E., Zdroik, J., Werner, K. S., & McCabe, S. E. (2022). <u>The initiation and developmental course of prescription drug misuse among high school athletes during the transition through young adulthood</u>. *American Journal of Epidemiology*, 191(11), 1886–1896.

disclosure of the identity of the MTF respondents.

Second, interested users can use the online interface at the <u>National Addiction and HIV Data Archive Program</u> (NAHDAP, sponsored in part by the National Institute on Drug Abuse) to produce cross-tabulations for variables of interest.

Third, researchers can also use the restricted-access online portal, which contains the variables not included in the public release. To use these data researchers complete an application that requires them to obtain approval from the Institutional Review Board of their home institution. They also sign a contract stipulating that they will not attempt to identify the respondents. In addition, NAHDAP staff review all user-generated results before releasing them to ensure that they do not contain information that could lead to deductive disclosure of students or schools.

The online portal allows researchers to use both the cross-sectional, school-based studies of 8<sup>th</sup>, 10<sup>th</sup>, and 12<sup>th</sup> grade students, and also the longitudinal panels.

#### **WEBSITE**

Any reader wishing to obtain more information on the study, or to check for recent findings and publications, may visit the <u>MTF website</u>.

#### **POSTSCRIPT**

John Schulenberg is a co-author of many of the publications listed in this chapter. Sadly, John passed away suddenly in February 2023. John was a respected and highly accomplished scholar. He enjoyed collaborating with many colleagues on the Monitoring the Future study, at the University of Michigan, around the United States, and across the world. He especially enjoyed mentoring and working with students, post-doctoral fellows, and early career scholars. John will be missed.

### Appendix A

## PREVALENCE AND TREND ESTIMATES ADJUSTED FOR ABSENTEES AND DROPOUTS

To what extent do the MTF prevalence and trend estimates derived from 12<sup>th</sup> graders represent trends among *all* young people in the same class or age cohort, including those who have dropped out of school by senior year? To answer this question, we published an extensive report<sup>1</sup> and have since continued to estimate the degree to which MTF data accurately represent the entire class cohorts. In this appendix, we summarize the main points relevant to sample coverage.

We begin by noting that two segments of a given age cohort are missing from the 12<sup>th</sup> grade data: (a) those who are still enrolled in school but are absent the day of data collection (absentees) and (b) those who have left school and are not likely to complete high school (dropouts). Because refusal rates are very low, absentees and dropouts constitute virtually all of the nonrespondents shown in the response rate in Table 3-1, or typically about 20% of all 12<sup>th</sup> graders (the percentage varies slightly by year). U.S. Census data indicate that dropouts currently comprise about 6% of the class/age cohort, a level that has declined gradually since 2002, when it was 15% and had been at that level since the beginning of the survey in 1975.<sup>2</sup>

In 2021 and 2022 one group of particular interest is the absentees. During the pandemic a portion of students who otherwise would have been in class during the MTF survey school stopped attending school (virtually or in-person). These students are absentees because they had not formally dropped out of school by the time of the survey and may have still graduated. The extent to which absentees, in general, affect prevalence and trend estimates of drug use provides a basis to consider the effects of heightened school absenteeism during the pandemic on 2021 MTF estimates.

The methods we use to estimate prevalence for these two missing segments are summarized briefly here. Then, estimates of the effects of adding the two segments to the calculation of the overall prevalence estimates are presented, along with their impact on the trends. Two drugs are highlighted for illustrative purposes: marijuana, one of the most prevalent drugs among adolescents, and cocaine, one of the more dangerous and less prevalent drugs. Estimates for 12<sup>th</sup> graders are presented for both lifetime and 30-day prevalence of each drug.

#### **CORRECTIONS FOR 8th AND 10th GRADES**

Potential underestimation of drug use is likely higher among 12<sup>th</sup> graders than among 8<sup>th</sup> and 10<sup>th</sup> graders because the rates of dropping out and absenteeism are lower for 8<sup>th</sup> and 10<sup>th</sup> grades than for 12<sup>th</sup> grade. With respect to dropping out, only very few members of an age cohort have ceased attending school by grade 8, when most are age 13 or 14. In fact, Census data suggest that less

<sup>&</sup>lt;sup>1</sup> Johnston, L. D. & O'Malley, P. M. (1985). Issues of validity and population coverage in student surveys of drug use. In B. A. Rouse, N. J. Kozel, & L. G. Richards (Eds.), Self-report methods of estimating drug use: Meeting current challenges to validity (NIDA Research Monograph No. 57 (ADM) 85-1402). Washington, DC: U.S. Government Printing Office.

<sup>&</sup>lt;sup>2</sup> United States Census Bureau. CPS Historical Time Series Tables on School Enrollment. Published February 2, 2021. Accessed April 12, 2021.

than 2% have dropped out at this stage. Most 10<sup>th</sup> graders are about age 15, and Census data indicate that only a small proportion—less than 3%—have dropped out by then.<sup>3</sup> Thus, any correction for the missing dropouts should be negligible at 8<sup>th</sup> grade and quite small at 10<sup>th</sup> grade.

While in 2022 absentees comprised 25% of the 12<sup>th</sup> graders who should be in school, they comprised 16% of 10<sup>th</sup> graders and 14% of 8<sup>th</sup> graders (see Table 3-1). Thus, the prevalence estimate adjustments that would result from corrections for this missing segment would also be less for 8<sup>th</sup> and 10<sup>th</sup> graders than for 12<sup>th</sup> graders.

In sum, it is clear that corrections for dropouts and absentees would be smaller at  $8^{th}$  grade and  $10^{th}$  grade. For this reason, and because the corrections estimated below for  $12^{th}$  graders turn out to be modest ones, we have not made estimates of the comparable corrections for  $8^{th}$  and  $10^{th}$  graders.

### THE EFFECTS OF MISSING ABSENTEES

Taking into account the influence on drug prevalence of absentees requires two key estimates: the size of the absentee group and their drug prevalence levels.

The size of the absentee group in 12<sup>th</sup> grade is reported in Chapter 3 in Table 3-1 and has hovered around 20% over the course of the study up to 2020. In 2022 it was at the higher end of this range at 25%. As mentioned above, these students qualify as absentees because they had not formally dropped out of school by the time of the survey and may have still graduated.

Drug prevalence levels of absentees are estimated with available MTF data. We included a question asking students how many days of school they had missed in the previous four weeks. Using this variable, we can place individuals into different strata as a function of how often they tend to be absent from school. For example, all students who had been absent 50% of the time could form one stratum. Assuming that absence on the particular day of administration is a fairly random event, we can give the actual survey participants in this stratum a double weight to represent all students in their stratum, including the ones who happen to be absent that particular day. Those who say they were absent two thirds of the time would get a weight of three to represent themselves plus the two thirds in their stratum who were not there on the day of the administration, and so forth. Using this method, we found that absentees as a group have appreciably higher than average estimated prevalence levels for all licit and illicit drugs.

#### THE EFFECTS OF MISSING DROPOUTS

Taking into account the influence on drug prevalence of 12<sup>th</sup> graders who have dropped out of school also requires the key estimates: information on the size of this group and its drug prevalence levels.

As for the size of the dropout group, the U.S. Census currently estimates it is about 6% of the 12<sup>th</sup> grade age population. The size of this group has declined gradually and appreciably since 2002, when it was 15% and had been at that level since the beginning of the survey in 1975 (see Figure A-1). MTF surveys probably include some 12<sup>th</sup> grade students who will eventually drop out of

<sup>&</sup>lt;sup>3</sup> According to the <u>Digest of Education Statistics 2019</u>, in 2018 the proportion of the U.S. civilian noninstitutionalized population enrolled in school was 98.2% among 10 to 13 year olds and 90% among 14 to 15 year olds.

school because the surveys of 12<sup>th</sup> graders take place before graduation, and not quite all will graduate. At the same time, perhaps 1–2% of the age group actually left high school before completing 12<sup>th</sup> grade but then earned a Certificate of General Education Development (GED), and thus may not be covered by MTF samples. So these two factors probably cancel each other out. Thus, we used 15% as our estimate of the proportion of an age cohort not covered through 2002; and, since then, we have used the gradually decreasing annual proportion as reported by the U.S. Census Bureau.

To estimate the drug usage levels for dropouts, we use two quite different approaches. The first approach uses the best national data available on drug use among dropouts—namely the <u>National Survey on Drug Use and Health</u> (NSDUH, formerly the National Household Surveys on Drug Abuse, or NHSDA). This survey is household-based and not school-based and provides estimates of drug prevalence for dropouts who would have been 12<sup>th</sup> graders had they remained in school.

We use these NSDUH estimates in two ways. First, using only NSDUH data we estimate drug prevalence levels with and without the dropouts. Second, with this information we calculate the absolute difference in prevalence levels attributable to dropouts. We then add this to the MTF estimates of drug prevalence for 12<sup>th</sup> graders who have not dropped out of school (discussed in the section above) to get an estimate for drug prevalence levels including dropouts.

The second approach is based entirely on MTF data. We estimate the drug prevalence level of dropouts to be 1.5 times the difference between absentees and 12<sup>th</sup> grade respondents. If this approximation works well, then it would be possible to derive drug prevalence estimates for all 12<sup>th</sup> grade age youth across all years of MTF surveys from 1975 to 2022. NSDUH data does not provide consistent estimates of dropouts for all these years because it was not fielded in all years and the questions used to measure high school dropout status change substantially across years and are not directly comparable.

### **Drug Prevalence Estimates Taking Into Account Absentees and Dropouts**

Table A-1 presents estimates for drug prevalence among all 12<sup>th</sup> grade age youth, taking into account dropouts and absentees. These results are based on pooled 2016–2018 data in order to produce stable estimates for drug prevalence of 12<sup>th</sup> graders who have dropped out of school.<sup>4</sup>

Columns 1 through 4 use NSDUH data only and focus on the influence of dropouts. For all ten drug use measures, estimates with dropouts (Column 4) and without them (Column 1) are similar and in no case differ by more than 1.2 percentage points. The small size of the dropout group precludes it from having a large impact on overall estimates of drug prevalence levels for 12<sup>th</sup> grade age youth. For example, levels of lifetime marijuana use are 17 points higher for dropouts as compared to their peers in school, but taking this group into account increases overall prevalence for 12<sup>th</sup> grade youth by only 1.2 points, from 32.5% to 33.7%.

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<sup>&</sup>lt;sup>4</sup> These years are the most current three-year grouping in which MTF used the same survey methodology in all years (paper-and-pencil), as well as NSDUH (in-person interviews). In 2020 NSDUH switched to a web-based questionnaire, which NSDUH cautions may be subject to mode effects, and in 2021 MTF also switched to a web-based questionnaire. Once the 2024 NSDHU data are released we will be able to update these analyses because we will have three years of results from web-based questionnaires from both MTF and NSDUH.

Columns 5 through 9 use only MTF data to estimate the influence of absentees and dropouts. Adjusting for absentees increases prevalence levels for all drugs to a limited degree, with the largest difference of 2.6 points for lifetime any illicit drug use (compare Columns 7 and 5). This increases the estimate from 48.4% to 51.0%. Adjusting for the additional influence of dropouts (compare Columns 9 and 7) also increases overall prevalence for 12<sup>th</sup> grade age youth, albeit again to a limited degree with the largest increase of 1.4 points for lifetime illicit drug use, bringing the estimate from 51.0% up to 52.4%.

Columns 10 and 11 use both MTF and NSDUH data to estimate overall prevalence of drug use among 12<sup>th</sup> grade age youth. This approach estimates the drug use levels of MTF dropouts (Column 10) as drug prevalence levels of MTF students who have not dropped out of high school (Column 7, calculated with MTF data) plus the additional increase in prevalence for dropouts as compared to their peers in school (Column 3, calculated with NSDUH data). Adjustments for dropouts have little effect on overall prevalence of 12<sup>th</sup> grade aged youth, consistent with the other methods discussed above, and the largest increase is 1.2 points for marijuana lifetime use and any illicit drug lifetime use (compare Columns 11 and 7).

We highlight two main findings from these results. First, while adjustments for absentees and high school dropouts raise drug prevalence levels, they do not raise them substantially. In no case did the combined influence of these two groups increase prevalence by more than 4 percentage points (compared Column 5 with Columns 9 and 11). Even when dropouts and absentees have substantially higher levels of drug prevalence, the small size of these groups precludes them from having a large influence on overall prevalence estimates.

Second, our adjustment to MTF prevalence levels for dropouts using only MTF data matches quite closely parallel adjustments informed by actual data on drug prevalence levels of dropouts based on NSDUH data. These two different approaches produce estimates that differ from each other by a maximum of 0.6 percentage points (compare Columns 11 and 9). These results support MTF-based adjustment for dropouts as reasonable approximations when information from NSDUH is not available.

We should note that there are a number of reasons for dropping out, many of which do not result from drug use, including homelessness and economic hardship, as well as certain learning disabilities and health problems. At the national level, the extreme groups such as those in jail or without a permanent residence are a small proportion of the total age group and probably a small proportion of all dropouts. Thus, regardless of their levels of drug use, their inclusion would not influence the overall prevalence estimates by much except possibly in the case of the rarest events—in particular, heroin use. We do believe that in the case of heroin use—particularly regular use—it is probably impossible to get an entirely accurate survey-based prevalence estimate even with the corrections used in this report (although the trend estimates should be affected less, if at all). The same may be true for crack cocaine and methamphetamine. For the remaining drugs, we conclude that our estimates based on participating 12<sup>th</sup> graders, though somewhat low, are nevertheless good approximations for the age group as a whole. And, of course, the samples are selected to be representative of students *in* school, not all persons in an age cohort.

### **Absenteeism During the Pandemic**

The influence of absentees warrants special attention given elevated absenteeism during the pandemic. An estimate of this influence comes from comparison of columns 5 and 7. In these models the estimate of lifetime marijuana prevalence, for example, increases from 44.4% in the observed data to 47.1% for the estimate taking into account absentees. This model was based on an absentee rate of 20%, and if this rate were increased to 31%—the elevated level of absenteeism in 2021—it becomes 48.5%. Therefore, taking into account absenteeism during the pandemic could increase estimates by about 1.4 percentage points, and for estimates with smaller prevalence the increase would be smaller. Likely these estimates of absenteeism on study estimates are theoretical maximums because many of the absentees were schooling at home, under parental supervision, and would be expected to have lower levels of drug use than typical absentees from previous years. In sum, taking into account heightened absenteeism for MTF estimates in 2022 would likely increase drug prevalence estimates, but only slightly by about 1 percentage point or so.

### **Effects of Omitting Dropouts on Trend Estimates**

Whether the omission of dropouts affects the estimates of trends in prevalence is a separate question from the degree to which it affects absolute estimates at a given point in time. The relevant issues parallel those discussed earlier regarding the possible effects on trends of omitting the absentees. Most important is the question of whether the rate of dropping out has changed appreciably, because a substantial change would mean that 12<sup>th</sup> graders studied in different years would represent noncomparable segments of their whole class/age cohort. The U.S. Census data provided in Figure A-1 indicate a quite stable rate of dropping out from 1972 to 2002, followed by a decline since then.

One possible reason that 12<sup>th</sup> graders' trend data might deviate from trends for the entire age cohort (including dropouts) would be dropouts showing trends that differed from 12<sup>th</sup> grade trends. Even then, because of their small numbers, dropouts would have to show dramatically different trends to change the whole age group trend.

One hypothesis occasionally voiced was that more teens were being expelled from school, or voluntarily leaving school, because of their drug use, and that this explained the downturn in the use of many drugs being reported by MTF in the 1980s. However, it is hard to reconcile this hypothesis with the virtually flat (or, if anything, slightly declining) dropout rates reported by the U.S. Census during this period. Further, the reported prevalence of some drugs (e.g., alcohol and narcotics other than heroin) remained remarkably stable throughout those years, and the prevalence of others rose (cocaine until 1987 and amphetamines until 1981). These facts are inconsistent with the hypothesis that there had been an increased rate of departure by the most drug prone. Certainly, more teens leaving school in the 1980s had drug problems than was true in the 1960s. (So did more of those who stayed in.) However, the teens leaving school still seem likely to be very much the same segment of the population, given the degree of association that exists between drug use, deviance, and problem behaviors in general. In recent years, with a decline in dropping out, one might predict an increase in observed usage levels among 12<sup>th</sup> graders since 2002; this assumes, of course, that everything else was equal and that the higher retention rate involved some staying in school who were more likely to be drug users. In fact, however, in the in-school population there

actually was a pattern of decline in the years immediately after 2002, most likely because everything else did not remain equal.

#### **EXAMPLES OF TREND ESTIMATES FOR TWO DRUGS**

Figure A-2 provides the prevalence and trend estimates of marijuana and cocaine for both the lifetime and 30-day prevalence periods, showing (a) the original estimates based on participating 12<sup>th</sup> graders only; (b) the empirically derived, revised estimates based on all 12<sup>th</sup> graders, including the absentees; and (c) estimates for the entire class/age cohort (developed using the assumption described above—namely, that drug use prevalence for dropouts differs from the drug use prevalence for participating 12<sup>th</sup> graders by 1.5 times the amount that the drug use prevalence for absentees does). Estimates were calculated separately for each year, thus taking into account any differences from year to year in the participation or absentee rates. The dropout rate was taken as a constant 15% of the age group through 2002, then at the declining rates reported by the U.S. Census for each subsequent year through 2020.

As Figure A-2 illustrates, any differences in the slopes of the trend lines between the original and revised estimates are extremely small. The prevalence estimates are higher, of course, but not dramatically so, and certainly not enough to have any serious policy implications. It also may be seen in Figure A-2 that as the dropout rates declined in recent years, the differences between the 12<sup>th</sup> graders present and the estimates for the total population the same age have narrowed some, but again not so much as to have any serious policy implications.

As stated earlier, the corrections for 8<sup>th</sup> and 10<sup>th</sup> grade samples should be considerably less than for 12<sup>th</sup> grade. Therefore, we have confidence that the trends that have appeared for the in-school populations represented in this study are very similar to those that would pertain if the entire age cohorts had been the universes from which we sampled.

#### **SUMMARY AND CONCLUSIONS**

While we believe that the prevalence of drug use for the entire age cohort is somewhat underestimated in the MTF results, due to the study's omission of dropouts and absentees (whose substance use levels are above average), the degree of underestimation appears rather limited for most drugs; more importantly, trend estimates seem rather little affected. Short of having good trend data gathered directly from dropouts, who, fortunately, appear to constitute a shrinking proportion of the total age group, we cannot close the case definitively. Nevertheless, the available evidence argues strongly against the alternative hypotheses.

TABLE A-1 Estimated Prevalence Levels for Selected Drug Outcomes, 2016-2018, Based on Data from Monitoring the Future and the National Survey on Drug Use and Health

8

2 7 9 3 5 6 10 11 **NSDUH MTF** MTF and NSDUH MTF **MTF** MTF Seniors Total, Based Total, Based Dropouts, MTF Dropouts, Seniors Seniors Absentees, Absent & Present, Based on Entirely on Estimated with MTF on MTF and Dropouts <sup>a</sup> in School Difference Combined Present **Estimated** Estimated MTF Data MTF Data and NSDUH Data **NSDUH Data** Marijuana Lifetime 32.5 49.1 16.6 33.7 44.4 57.7 47.1 64.4 48.4 63.7 48.3 30-Day 15.6 26.2 10.6 16.4 22.5 33.3 24.6 38.7 25.7 35.2 25.4 Cocaine 2.3 4.5 2.2 2.5 3.9 7.6 4.6 9.5 5.0 6.8 Lifetime 4.8 30-Day 0.5 0.9 0.4 0.5 1.1 2.3 1.3 2.9 1.4 1.7 1.3 Any Illicit Drug Use Lifetime 38.8 54.9 16.1 40.0 48.4 62.2 51.0 69.1 52.4 67.1 52.2 28.4 17.8 26.7 27.9 38.2 30-Day 16.9 11.5 24.4 36.3 42.3 27.6 Cigarette Use Lifetime 22.2 32.0 9.8 22.9 26.1 35.6 27.9 40.4 28.8 37.7 28.6 30-Day 8.3 14.7 6.4 8.8 9.2 14.5 10.2 10.7 16.6 17.2 10.7 Alcohol Use 62.2 Lifetime 53.4 58.8 5.4 53.8 60.3 70.4 75.5 63.2 67.6 62.6 23.7 29.2 5.5 39.6 30-Day 24.1 32.1 42.3 34.1 47.4 35.1 34.5

Source. The Monitoring the Future study, the University of Michigan and the National Survey on Drug Use and Health.

Notes: For size of the 12th grade aged population that has dropped out of high school these analyses use the U.S. Census estimate of 7.5%. Size of group of 12th grade students who were not in school on the date of the MTF survey administration is estimated at 20% (see Table 3-1).

Column 1: Estimated directly from NSDUH data

1

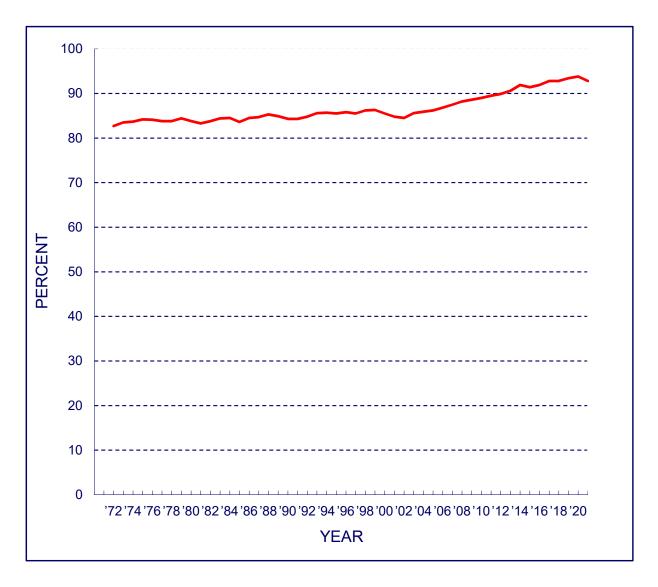
- Column 2: Estimated directly from NSDUH data, using the NSDUH methodology described here
- Column 3: Column 2 Column 1
- Column 4: Columns 1 and 2 combined per their size as estimated using the U.S. Census for 2016-2018: .925(Column 1) + .075(Column 2)

4

- Column 5: Estimated directly from MTF data
- Column 6: Estimated directly from MTF data, as described in text
- Column 7: Columns 5 and 6 combined per their size as estimated by MTF: .8(Column 5) + .2(Column 6)
- Column 8: Column 5 + 1.5(Column 6 Column 5)
- Column 9: Columns 7 and 9 combined per their size as estimated using the U.S. Census for 2016-2018: .925(Column 7) + .075(Column 9)
- Column 10: Column 7 + Column 3
- Column 11: Columns 10 and 11 combined per their size as estimated using the U.S. Census for 2016-2018: .925(Column 7) + .075(Column 10)

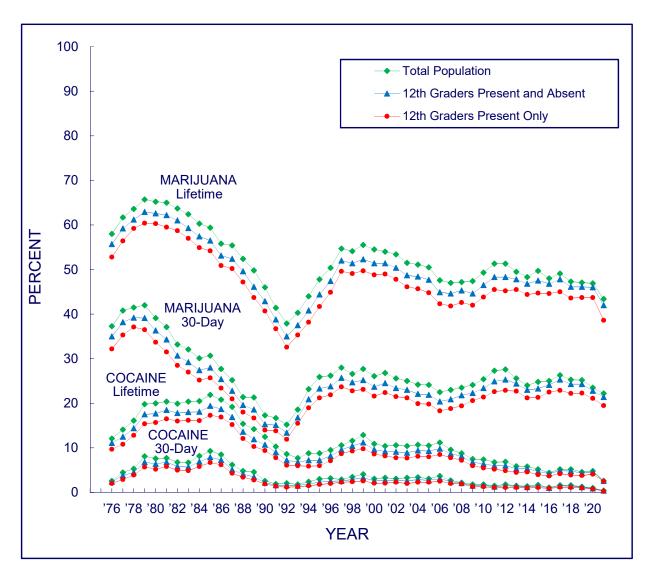
a Lower prevalence levels in NSDUH versus MTF reflect in part different survey designs; see here for further details.

FIGURE A-1
High School Completion by 20- to 24-Year-Olds



Source. U.S. Census Bureau

FIGURE A-2
Estimates of Prevalence and Trends for the Entire Age/Class Cohort
(Adjusting for Absentees and Dropouts) for 12th Graders



Source. The Monitoring the Future study, the University of Michigan.

### Appendix B

### **DEFINITION OF BACKGROUND AND** DEMOGRAPHIC SUBGROUPS

The following are brief definitions of the background and demographic subgroups explored in the Monitoring the Future (MTF) national survey of 8th, 10th, and 12th graders' attitudes toward and use of drugs (including alcohol and tobacco). Additional information on subgroup trends, such as the tables and figures depicting subgroup trends through the 2022 MTF survey, can be found in Occasional Paper 99. MTF does not present subgroup trends in 2020 because the pandemicrestricted sample size was insufficient to produce reliable estimates. (Data collection was curtailed in 2020 as a result of the COVID-19 pandemic, resulting in a three-quarters reduction in the sample size).

**Total:** The total sample of respondents in a given year based on weighted cases (set to

equal the total number of actual cases).

Male and female. Respondents are asked "What is your sex?," with response **Gender:** 

> categories of "Male" and "Female." In 2021 the question was updated to include an additional response category of "Other or prefer not to answer." In 2022 the question was further updated so that "other" and "prefer not to answer" were

presented as separate response options.

College Respondents are asked how likely it is that they will graduate from a four-year **Plans:** college program. College plans groupings are defined as follows:

> None or under four years. Respondents who indicate they "definitely won't" or "probably won't" graduate from a four-year college program. (Note that, among those who do not expect to complete a four-year college program, a number still expect to get some postsecondary education.)

> Complete four years. Respondents who indicate they "definitely will" or "probably will" graduate from a four-year college program.

> Those not answering the college plans question are omitted from both groupings.

**Region:** Region of the country in which the respondent's school is located. There are four mutually exclusive regions in the US based on Census Bureau categories, defined

as follows:

Northeast. Census classifications of New England and Middle Atlantic states consist of Maine, New Hampshire, Vermont, Massachusetts, Rhode Island, Connecticut, New York, New Jersey, and Pennsylvania.

<sup>&</sup>lt;sup>1</sup> Johnston, L. D., Miech, R. A., Patrick, M. E., O'Malley, P. M., Bachman, J. G, & Schulenberg, J. E. (2023). Demographic subgroup trends among adolescents in the use of various licit and illicit drugs, 1975-2022. Monitoring the Future Occasional Paper No. 99. Ann Arbor, MI: Institute for Social Research, University of Michigan.

*Midwest.* Census classifications of East North Central and West North Central states consist of Ohio, Indiana, Illinois, Michigan, Wisconsin, Minnesota, Iowa, Missouri, North Dakota, South Dakota, Nebraska, and Kansas.

**South.** Census classifications of South Atlantic, East South Central, and West South Central states consist of Delaware, Maryland, District of Columbia, Virginia, West Virginia, North Carolina, South Carolina, Georgia, Florida, Kentucky, Tennessee, Alabama, Mississippi, Arkansas, Louisiana, Oklahoma, and Texas.

**West.** Census classifications of Mountain and Pacific states consist of Montana, Idaho, Wyoming, Colorado, New Mexico, Arizona, Utah, Nevada, Washington, Oregon, and California (Alaska and Hawaii are also included in this Census region, but are not included in the MTF study).

### Population Density:

Population density of the area in which the schools are located. There are three mutually exclusive groups into which schools have been placed in a given year based on population density. The 1975–1985 samples were based on the 1970 Census; in 1986, one-half of the sample was based on the 1970 Census and the other half was based on the 1980 Census. In 1987 through 1993, all samples were based on the 1980 Census; in 1994, half of the sample was based on the 1980 Census and half on the 1990 Census. Starting in 2006 until 2013, each first-year half-sample of schools comes from a sample design that utilizes 2000 Census counts as the measure of size for first-stage units. Counts from the 2010 Census were used for the samples beginning in 2014.

The three levels of population density were defined in terms of Standard Metropolitan Statistical Area (SMSA) designations through 1985 and then changed to the new Office of Management and Budget (OMB) classifications of Metropolitan Statistical Areas (MSAs).<sup>2</sup> Except in the New England states, an MSA is a county or group of contiguous counties that contain at least one city of 50,000 inhabitants or more or twin cities with a combined population of at least 50,000. In the New England states, MSAs consisted of towns and cities instead of counties until 1994, after which New England Consolidated Metropolitan Areas (NECMAs) were used to define MSAs. Each MSA must include at least one central city, and the complete title of an MSA identifies the central city or cities. For the complete description of the criteria used in defining MSAs, see the OMB publication, Metropolitan Statistical Areas, 1990 (NTIS-PB90-214420), Washington, D.C. Although MTF has updated the measures of size of the MSAs and non-MSAs following the 2000 and 2010 Censuses, the project has not altered MSA definitions since the introduction of its new sample design in 1994. Thus,

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<sup>&</sup>lt;sup>2</sup> The U.S. Office of Management and Budget (OMB) utilizes several names for geographic areas, such as Primary Metropolitan Statistical Areas (PMSAs) which are component parts of Consolidated Metropolitan Statistical Areas (CMSAs). For example, in June 1990, the Ann Arbor MI PMSA and Detroit MI PMSA constituted the Detroit-Ann Arbor MI CMSA. For the sake of simplicity, this document utilizes MSA throughout.

MTF continues to utilize the MSAs as defined by OMB in June 1990.<sup>3</sup> The population living in an MSA is designated as the metropolitan population. The levels of population density used in MTF include those described here:

**Large MSAs.** These were the 12 largest SMSAs as of the 1970 Census and were used for the 1975–1985 samples: New York, Los Angeles, Chicago, Philadelphia, Detroit, San Francisco, Washington, Boston, Pittsburgh, St. Louis, Baltimore, and Cleveland. As of the 1980 Census, the Large MSA group consisted of the 16 largest MSAs in the nation. This new structure was used for the 1986–1994 samples. These 16 MSAs include all of those mentioned above except Cleveland, plus Dallas-Fort Worth, Houston, Nassau-Suffolk, Minneapolis-St. Paul, and Atlanta.

A new sample design was developed based on the 1990 Census, beginning with the first-year half-sample of schools chosen in 1994. In the 1990s sample, only the eight largest MSAs are represented with certainty at all three grade levels; 16 other large MSAs are divided into pairs, with half randomly assigned to both the 8<sup>th</sup> and 12<sup>th</sup> grade samples and the other half assigned to the 10<sup>th</sup> grade sample. The eight largest MSAs are New York, Los Angeles-Long Beach, Chicago, Philadelphia PA-NJ, Detroit, Washington DC-MD-VA, Dallas-Ft. Worth, and Boston-Lawrence-Salem-Lowell-Brockton. The other 16 large MSAs are Houston, Atlanta, Seattle-Tacoma, Minneapolis-St. Paul MN-WI, St. Louis MO-IL, San Diego, Baltimore, Pittsburgh, Phoenix, Oakland, Cleveland, Miami, Newark, Denver, San Francisco, and Kansas City MO-KS.

**Other MSAs.** This category consists of all other, smaller MSAs, as defined by OMB, except those listed previously.

**Non-MSAs.** This category consists of all areas not designated as MSAs—in other words, they do not contain a town (or twin cities) of at least 50,000 inhabitants. The population living outside of MSAs constitutes the nonmetropolitan population.

### Parental Education:

Education

This is an average of mother's education and father's education based on the respondents' answers about the highest level of education achieved by each parent, using the following scale: (1) completed grade school or less, (2) some high school, (3) completed high school, (4) some college, (5) completed college, and (6) graduate or professional school after college. Missing data were allowed for one of the two parents. The respondent was instructed, "If you were raised mostly by foster parents, stepparents, or others, answer for them. For example, if you have both a stepfather and a biological father, answer for the one that was most important in raising you."

<sup>&</sup>lt;sup>3</sup> For example, the U.S. Office of Management and Budget (OMB) currently defines the Detroit-Warren-Dearborn MSA as Wayne, Oakland, Macomb, Livingston, St. Clair, and Lapeer Counties, while MTF continues to define the Detroit MSA as Wayne, Oakland, Macomb, Livingston, St. Clair, Monroe, and Lapeer Counties, as OMB defined Detroit in June 1990.

### Race/ Ethnicity:

From 1975 through 2004, respondents were asked "How do you describe yourself?" and presented with a list of various racial/ethnic categories. A general instruction told them to select the one best response for each question. In 2005 the instructions in half of the questionnaire forms were revised in order to be more consistent with the guidelines of the Office of Management and Budget for assessing race/ethnicity. In the changed forms, respondents were presented with a list of racial/ethnic categories and instructed to "select one or more responses." An examination of the data showed that relatively few respondents (about 6% in 2005) selected more than one racial/ethnic category. Because some survey questions appear in only one or a few forms, there was some variation in the version of the race/ethnicity question upon which the 2005 data were based. Based on the analyses we have examined, we do not believe these different permutations make any appreciable difference in the 2005 results. In 2006 and thereafter the revised instruction was used in all forms. Those checking multiple racial/ethnic groups or one of the other specified groups are omitted from the reporting on race/ethnicity in this volume because of the small numbers of cases.

*White.* Consists of those respondents who describe themselves as White or Caucasian in 1975–2004. In 2005 the unchanged questionnaire forms were treated in a similar manner. For the revised question in 2005 and for all forms in 2006 and beyond, those checking only White and no other racial/ethnic group were categorized as White.

**Black/African American.** Consists of those respondents who in 1975–1990 describe themselves as Black or Afro American or who, in 1991–2004, describe themselves as Black or African American. In 2005 the unchanged questionnaire forms were treated in a similar manner; for the revised question in 2005 and for all forms in 2006 and beyond, only those checking Black or African American and no other racial ethnic group were categorized as Black/African American.

Hispanic. Consists of those respondents who in 1975–1990 describe themselves as Mexican American or Chicano, or Puerto Rican or other Latin American. After 1990 this group includes those respondents who describe themselves as Mexican American or Chicano, Cuban American, Puerto Rican American, or other Latin American. The term "Puerto Rican American" was shortened to "Puerto Rican" after 1994. In 2005 the unchanged questionnaire forms were treated in a similar manner; the changed forms in 2005 and for all forms in 2006 and beyond, only those checking Mexican American or Chicano, Cuban American, Puerto Rican, or Other Hispanic or Latino and no other racial/ethnic group were categorized as Hispanic.

#### **Appendix C**

#### TRENDS IN DRUG USE FOR THREE GRADES COMBINED

This appendix presents tables and figures showing usage trends of the various drugs covered in this monograph, in which the data from grades 8, 10, and 12 have been combined. (Data were first gathered on all three grades in 1991, so these tables cover the interval 1991–2022.) These combined figures provide simplicity, but in doing so lose some important distinctions. For example, inflections either up or down in use have sometimes occurred first among 8<sup>th</sup> graders and then radiated up the age spectrum on a lagged basis; such cohort effects are masked when the data are combined across grade. But for those seeking an easier way of summarizing the overall historical trend results, this simplification may be useful at times.

Combining data across grades increases sample size and therefore we are able to present estimates for all drugs measured in all three grades, even if in 2020 the pandemic-reduced sample size was too small to produce grade-specific estimates.

Figures C-1 through C-9 show general shifts occurring for most of the drugs under study in MTF, both licit and illicit. In Chapter 5 these trends are presented separately by grade and discussed at length. Only drugs reported for all three grades are included in the figures and tables in this appendix.

Tables C-1 through C-4 provide the numerical estimates that underlie the figures. The averages across grades in the use of each drug are calculated using a weighting procedure that takes into account the estimated number of students in the 48 contiguous states and the District of Columbia who are enrolled in each of the three grade levels each year. The original sampling weights used at each grade level to correct for unequal probabilities of selection within grade have been retained.

These tables also show the absolute change in use between the most recent year and the recent peak level observed for each drug, along with the statistical significance of that change. Most of these changes from recent peaks are statistically significant, in part because the sample sizes are so large. The proportional change since the recent peak year is also provided. In addition, the two far right-hand columns show absolute and proportional changes from the recent lowest level to the most recent year.

It should be noted that two important classes of drugs on which MTF routinely reports are not included in these figures, because we report the data only for 12<sup>th</sup> graders—*narcotics other than heroin* and *sedatives* (barbiturates). The 12<sup>th</sup> grade trend data for these drugs may be found in Chapter 5. Several other drugs for which we lack data for the lower grades are also not included here.

TABLE C-1
Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	<u>2000</u>	<u>2001</u>	2002	<u>2003</u>	<u>2004</u>	<u>2005</u>	<u>2006</u>
Any Illicit Drug <sup>b</sup>	30.4	29.8	32.1	35.7	38.9	42.2	43.3	42.3	41.9	41.0	40.9	39.5	37.5	36.4	35.7	34.0
Any Illicit Drug other than Marijuanab	19.7	19.7	21.2	22.0	23.6	24.2	24.0	23.1	22.7	22.1‡	23.2	21.1	19.8	19.3	18.6	18.2
Any Illicit Drug including Inhalants <sup>b</sup>	36.8	36.3	38.8	41.9	44.9	47.4	48.2	47.4	46.9	46.2	45.5	43.7	41.9	41.3	41.0	39.3
Marijuana/Hashish	22.7	21.1	23.4	27.8	31.6	35.6	37.8	36.5	36.4	35.3	35.3	34.0	32.4	31.4	30.8	28.9
Inhalants	17.0	16.9	18.2	18.6	19.4	19.1	18.6	18.1	17.5	16.4	15.3	13.6	13.4	13.7	14.1	13.7
Hallucinogens	6.1	6.3	7.0	7.7	8.9	10.0	10.2	9.5	9.0	8.5‡	9.2	7.6	6.9	6.3	5.9	5.7
LSD	5.5	5.7	6.5	6.9	8.1	8.9	9.1	8.3	7.9	7.2	6.5	5.0	3.7	3.0	2.6	2.5
Hallucinogens other than LSD	2.4	2.5	2.7	3.6	3.9	4.8	4.9	4.8	4.4	4.5‡	6.7	6.0	5.8	5.6	5.4	5.2
Ecstasy (MDMA) <sup>c</sup>	_	_	_	_	_	4.9	5.2	4.5	5.3	7.2	8.0	6.9	5.4	4.7	4.0	4.3
Cocaine	4.6	4.0	4.1	4.5	5.1	6.0	6.6	7.0	7.2	6.5	5.9	5.7	5.3	5.5	5.5	5.3
Crack	2.0	1.9	2.0	2.5	2.8	3.2	3.4	3.8	3.8	3.5	3.2	3.2	2.9	2.9	2.8	2.6
Other cocaine	4.1	3.5	3.6	3.9	4.2	5.2	5.9	6.1	6.3	5.6	5.1	4.8	4.5	4.7	4.7	4.7
Heroin	1.1	1.3	1.3	1.6	1.9	2.1	2.1	2.2	2.2	2.1	1.7	1.7	1.5	1.5	1.5	1.4
With a needle	_	_	_	_	1.1	1.2	1.1	1.1	1.3	1.0	0.9	0.9	0.9	0.9	0.9	0.9
Without a needle	_	_	_	_	1.3	1.7	1.7	1.6	1.6	1.8	1.3	1.3	1.3	1.2	1.1	1.0
Amphetamines <sup>b</sup>	12.9	12.5	13.8	14.3	15.2	15.5	15.2	14.5	14.0	13.5	13.9	13.1	11.8	11.2	10.3	10.1
Methamphetamine	_	_	_	_	_	_	_	_	6.5	6.2	5.8	5.3	5.0	4.5	3.9	3.4
Tranquilizers	5.5	5.3	5.4	5.5	5.8	6.5	6.6	6.9	7.0	6.9‡	7.9	7.9	7.3	7.1	6.8	7.0
Alcohol	80.1	79.2‡	68.4	68.4	68.2	68.4	68.8	67.4	66.4	66.6	65.5	62.7	61.7	60.5	58.6	57.0
Been drunk	46.3	44.9	44.6	44.3	44.5	45.1	45.7	44.0	43.7	44.0	43.4	40.5	38.9	39.4	38.4	37.6
Flavored alcoholic beverages	_	_	_	_	_	_	_	_	_	_	_	_	_	54.7	54.7	53.1
Cigarettes	53.5	53.0	54.0	54.6	55.8	57.8	57.4	56.0	54.5	51.8	49.1	44.2	40.8	39.6	37.4	35.0
Smokeless tobacco	_	26.2	25.6	26.3	26.0	25.7	22.7	21.1	19.4	17.9	16.6	15.2	14.1	13.6	13.8	13.3
Any Vaping <sup>d</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping nicotine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping marijuana	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping just flavoring	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
JUUL	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Steroids	1.9	1.8	1.8	2.1	2.1	1.8	2.1	2.3	2.8	3.0	3.3	3.3	3.0	2.5	2.1	2.0

Table continued on next page.

TABLE C-1 (continued)
Trends in <u>Lifetime</u> Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

																		Peak year-	2022 change	Low year-	2022 change
																	2021-2022	Absolute	Proportional	Absolute	Proportional
	2007	2008	2009	2010	2011	2012	2013	2014	2015	<u>2016</u>	2017	2018	2019 <sup>e</sup>	2020	2021	2022	<u>change</u>	<u>change</u>	change (%) a	<u>change</u>	change (%) a
Any Illicit Drug <sup>b</sup>	32.7	32.6	33.2	34.4	34.7	34.1	36.0‡	34.9	34.3	32.6	33.4	33.9	34.8	34.7	27.0	28.4	+1.4	-6.5 sss	-18.7	+1.4	+5.3
Any Illicit Drug other than Marijuana <sup>b</sup>	17.7	16.8	16.5	16.8	16.1	15.5	16.8‡	15.8	15.1	14.3	14.0	14.2	14.2	14.3	10.1	10.7	+0.5	-5.2 sss	-32.7	+0.5	+5.1
Any Illicit Drug including Inhalants <sup>b</sup>	38.0	37.9	37.9	38.8	38.7	37.9	39.3‡	37.9	37.4	34.9	36.5	36.6	37.8	38.3	31.0	31.9	+1.0	-16.6 sss	-43.3	+1.0	+3.1
Marijuana/Hashish	27.9	27.9	29.0	30.4	31.0	30.7	32.0	30.5	30.0	28.6	29.3	29.7	30.6	30.2	23.1	24.4	+1.3	-13.3 sss	-35.3	+1.3	+5.7
Inhalants	13.5	13.1	12.5	12.1	10.6	10.0	8.9	8.8	7.5	6.5	6.7	6.6	7.3	8.1	7.9	7.7	-0.1	-11.7 sss	-60.1	+1.3 ss	+19.5
Hallucinogens	5.8	5.6	5.3	5.8	5.7	5.0	5.0	4.3	4.3	4.3	4.2	4.1	4.6	5.0	4.0	4.1	0.0	-5.1 sss	-55.8	0.0	_
LSD	2.6	2.7	2.5	2.8	2.7	2.5	2.6	2.4	2.8	3.1	3.1	3.0	3.5	3.9	2.8	2.4	-0.4	-6.7 sss	-73.3	0.0	+0.5
Hallucinogens other than LSD	5.1	4.8	4.7	5.0	4.9	4.3	4.1	3.5	3.1	3.0	2.9	2.8	3.1	3.3	3.0	3.2	+0.3	-3.4 sss	-51.6	+0.4	+14.2
Ecstasy (MDMA) <sup>c</sup>	4.5	4.1	4.6	5.5	5.5	4.6	4.7‡	5.0	4.0	3.1	3.0	2.7	2.7	2.6	<u>1.7</u>	1.8	+0.1	-3.2 sss	-64.0	+0.1	+6.6
Cocaine	5.2	4.8	4.2	3.8	3.4	3.3	3.1	2.9	2.7	2.3	2.5	2.6	2.4	2.4	1.4	1.3	-0.1	-5.9 sss	-81.8	_	_
Crack	2.5	2.2	2.0	1.9	1.6	1.5	1.5	1.3	1.3	1.0	1.1	1.1	1.1	1.0	0.9	<u>8.0</u>	-0.1	-3.1 sss	-80.0	_	_
Other cocaine	4.6	4.1	3.7	3.4	3.1	2.9	2.7	2.5	2.3	2.1	2.1	2.3	2.1	2.2	1.2	1.0	-0.2	-5.2 sss	-83.3	_	_
Heroin	1.4	1.3	1.4	1.4	1.2	1.0	1.0	0.9	0.7	0.6	0.6	0.6	0.6	0.4	0.4	0.5	+0.1	-1.8 sss	-78.6	+0.1	+21.0
With a needle	8.0	8.0	8.0	0.9	8.0	0.6	0.7	0.7	0.5	0.4	0.4	0.4	0.4	0.2	0.3	_	_	_	_	_	_
Without a needle	1.0	0.9	0.9	1.0	0.9	0.7	0.7	0.6	0.5	0.4	0.4	0.4	0.4	0.3	0.2	_	_	_	_	_	_
Amphetamines <sup>b</sup>	9.5	8.6	8.6	8.9	8.6	8.3	10.5‡	9.7	9.1	8.1	7.7	7.7	7.6	7.8	5.3	5.6	+0.3	-4.1 sss	-42.5	+0.3	+5.2
Methamphetamine	2.5	2.5	2.2	2.2	1.8	1.6	1.5	1.4	1.1	8.0	0.9	0.7	0.8	1.2	0.4	0.7	+0.3 s	-5.8 sss	-89.0	+0.3 s	+81.2
Tranquilizers	6.7	6.3	6.5	6.6	6.0	5.8	5.2	5.3	5.2	5.5	5.6	5.4	5.3	5.2	2.8	3.0	+0.2	-4.8 sss	-61.0	+0.2	+8.5
Alcohol	56.3	55.1	54.6	53.6	51.5	50.0	48.4	46.4	45.2	41.9	41.7	41.2	41.5	44.0	<u>36.3</u>	41.3	+5.1 sss	-27.4 sss	-39.9	+5.1 sss	+13.9
Been drunk	36.6	35.1	35.9	34.2	32.5	32.8	31.7	29.2	28.2	26.4	26.0	25.6	25.0	26.4	21.1	<u>21.0</u>	-0.1	-25.3 sss	-54.6	_	_
Flavored alcoholic beverages	51.3	49.3	47.9	46.7	44.5	42.7	41.1		37.4		33.5	34.3	30.6	32.8	<u>26.9</u>	30.0	+3.1 ss	-24.6 sss	-45.1	+3.1 ss	+11.4
Cigarettes	33.3	31.3	31.2	30.9	28.7	27.0	25.6	22.9	21.1	18.2	17.0	16.1	15.3	16.2	11.4	<u>10.9</u>	-0.5	-46.9 sss	-81.2	_	_
Smokeless tobacco	12.9	12.3	13.5	14.5	13.8	13.5	12.8	12.1	11.3	10.3	8.7	8.8	8.7	12.0	<u>6.0</u>	6.6	+0.6	-19.7 sss	-75.0	+0.6	+10.6
Any Vaping <sup>d</sup>	_	_	_	_	_	_		_	29.9	26.6‡		33.4	36.7	37.2	28.9	29.1	+0.2	-8.1 sss	-21.7	+0.9	+3.2
Vaping nicotine	_	_	_	_	_	_	_	_	_	_	<u>18.9</u>	25.2	32.3	35.0	27.6	27.7	+0.1	-7.3 sss	-20.9	+8.8 sss	+46.7
Vaping marijuana		_	_	_	_	_		_	_	_	8.5	11.7	18.1	20.1	15.9	17.6	+1.7	-2.5 sss	-12.2	+9.1 sss	+107.7
Vaping just flavoring	_	_	_	_	_	_	_	_	_	_	24.9	28.3	25.3	25.0	18.8	<u>18.2</u>	-0.6	-10.1 sss	-35.7	_	_
JUUL	4.0	_						_	4.5	_	_	4.0	28.1	27.7	19.3	_		_			
Steroids	1.8	1.6	1.5	1.5	1.5	1.4	1.5	1.4	1.5	1.3	1.2	1.3	1.6	1.9	<u>0.9</u>	1.3	+0.4 ss	-1.9 sss	-58.9	+0.4 ss	+45.1

(Table continued on next page.)

#### **TABLE C-1 (continued)**

#### Trends in Lifetime Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

Source. The Monitoring the Future study, the University of Michigan.

Notes. '-'indicates data not available. '±'indicates a change in the question text. When a question change occurs, peak levels after that change are used to calculate the peak year to current year difference.

Values in bold equal peak levels since 1991. Values in italics equal peak level before wording change. Underlined values equal lowest level since recent peak level.

Level of significance of difference between classes: s = .05, ss = .01, sss = .001.

Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

<sup>a</sup>The proportional change is the percent by which the most recent year deviates from the peak year [or the low year] for the drug in question. So, if a drug was at 20% prevalence in the peak year and declined to 10% prevalence in the most recent year, that would reflect a proportional decline of 50%.

bln 2013, for the questions on the use of amphetamines, the text was changed on two of the questionnaire forms for 8th and 10th graders and four of the questionnaire forms for 12th graders. This change also impacted the any illicit drug indices. Data presented here include only the changed forms beginning in 2013.

cln 2014, the text was changed on one of the questionnaire forms for 8th, 10th, and 12th graders to include "molly" in the description. The remaining forms were changed in 2015. Data for both versions of the question are presented here.

dln 2017, the surveys switched from asking about vaping in general to asking separately about vaping nicotine, marijuana, and just flavoring. Beginning in 2017, data presented for any vaping are based on these new questions.

Drug prevalence results in 2019 combine results from paper-and-pencil surveys with those completed using electronic tablets. In 2019, students in a randomly-selected half of schools completed MTF surveys on paper-and-pencil and students in the other half completed the surveys using electronic tablets. Analysis of this randomized controlled trial demonstrated that these results did not significantly differ across survey mode (Miech, R.A., Couper, M.P., Heeringa, S.G., and Patrick, M.E. The Impact of Survey Mode on US National Estimates of Adolescent Drug Prevalence: Results from a Randomized Controlled Study, Addiction).

TABLE C-2
Trends in **Annual** Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

	1991	1992	1993	1994	1995	<u>1996</u>	1997	<u>1998</u>	1999	2000	2001	2002	2003	2004	2005	2006
Any Illicit Drug <sup>c</sup>	20.2	19.7	23.2	27.6	31.0	33.6	34.1	32.2	31.9	31.4	31.8	30.2	28.4	27.6	27.1	25.8
Any Illicit Drug other than Marijuana <sup>c</sup>	12.0	12.0	13.6	14.6	16.4	17.0	16.8	15.8	15.6	15.3‡	16.3	14.6	13.7	13.5	13.1	12.7
Any Illicit Drug including Inhalants <sup>c</sup>	23.5	23.2	26.7	31.1	34.1	36.6	36.7	35.0	34.6	34.1	34.3	32.3	30.8	30.1	30.1	28.7
Marijuana/Hashish	15.0	14.3	17.7	22.5	26.1	29.0	30.1	28.2	27.9	27.2	27.5	26.1	24.6	23.8	23.4	22.0
Synthetic marijuana	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Inhalants	7.6	7.8	8.9	9.6	10.2	9.9	9.1	8.5	7.9	7.7	6.9	6.1	6.2	6.7	7.0	6.9
Hallucinogens	3.8	4.1	4.8	5.2	6.6	7.2	6.9	6.3	6.1	5.4‡	6.0	4.5	4.1	4.0	3.9	3.6
LSD	3.4	3.8	4.3	4.7	5.9	6.3	6.0	5.3	5.3	4.5	4.1	2.4	1.6	1.6	1.5	1.4
Hallucinogens other than LSD	1.3	1.4	1.7	2.2	2.7	3.2	3.2	3.1	2.9	2.8‡	4.0	3.7	3.6	3.6	3.4	3.3
Ecstasy (MDMA) <sup>d</sup>	_	_	_	_	_	3.1	3.4	2.9	3.7	5.3	6.0	4.9	3.1	2.6	2.4	2.7
Salvia	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Cocaine	2.2	2.1	2.3	2.8	3.3	4.0	4.3	4.5	4.5	3.9	3.5	3.7	3.3	3.5	3.5	3.5
Crack	1.0	1.1	1.2	1.5	1.8	2.0	2.1	2.4	2.2	2.1	1.8	2.0	1.8	1.7	1.6	1.5
Other cocaine	2.0	1.8	2.0	2.3	2.8	3.4	3.7	3.7	4.0	3.3	3.0	3.1	2.8	3.1	3.0	3.1
Heroin	0.5	0.6	0.6	0.9	1.2	1.3	1.3	1.2	1.3	1.3	0.9	1.0	8.0	0.9	8.0	0.8
With a needle	_	_	_	_	0.7	0.7	0.7	0.7	0.7	0.5	0.5	0.5	0.5	0.5	0.5	0.5
Without a needle	_	_	_	_	0.9	0.9	1.0	0.9	1.0	1.1	0.7	0.7	0.6	0.7	0.7	0.6
OxyContin	_	_	_	_	_	_	_	_	_	_	_	2.7	3.2	3.3	3.4	3.5
Vicodin	_	_	_	_	_	_	_	_	_	_	_	6.0	6.6	5.8	5.7	6.3
Amphetamines <sup>c</sup>	7.5	7.3	8.4	9.1	10.0	10.4	10.1	9.3	9.0	9.2	9.6	8.9	8.0	7.6	7.0	6.8
Ritalin	_	_	_	_	_	_	_	_	_	_	4.2	3.8	3.5	3.6	3.3	3.5
Adderall	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Methamphetamine	_	_	_	_	_	_	_	_	4.1	3.5	3.4	3.2	3.0	2.6	2.4	2.0
Bath salts (synthetic stimulants)	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Tranquilizers	2.8	2.8	2.9	3.1	3.7	4.1	4.1	4.4	4.4	4.5‡	5.5	5.3	4.8	4.8	4.7	4.6
OTC Cough/Cold Medicines	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	5.4
Rohypnol	_	_	_	_	_	1.1	1.1	1.1	8.0	0.7	0.9‡	8.0	8.0	0.9	8.0	0.7
GHB <sup>b</sup>	_	_	_	_	_	_	_	_	_	1.4	1.2	1.2	1.2	1.1	<u>0.8</u>	0.9
Ketamine <sup>b</sup>	_	_	_	_	_	_	_	_	_	2.0	1.9	2.0	1.7	1.3	<u>1.0</u>	1.1
Alcohol	67.4	66.3‡		60.5	60.4	60.9	61.4	59.7	59.0	59.3	58.2	55.3	54.4	54.0	51.9	50.7
Been drunk	35.8	34.3	34.3	35.0	35.9	36.7	36.9	35.5	36.0	35.9	35.0	32.1	31.2	32.5	30.8	30.7
Flavored alcoholic beverages	_	_	_	_	_	_	_	_	_	_	_	_	_	44.5	43.9	42.4
Alcoholic beverages containing caffeine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Any Vaping	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vaping nicotine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping marijuana	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Vaping just flavoring	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Dissolvable tobacco products	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	
Snus	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Steroids	1.2	1.1	1.0	1.2	1.3	1.1	1.2	1.3	1.7	1.9	2.0	2.0	1.7	1.6	1.3	1.3

Table continued on next page.

### TABLE C-2 (continued)

#### Trends in **Annual** Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

(Entries are percentages.)

																		Peak year-	-2022 change	Low year-	2022 change
																	2021–2022	Absolute	Proportional	Absolute	Proportional
	2007	2008	2009	<u>2010</u>	<u>2011</u>	2012	<u>2013</u>	<u>2014</u>	<u>2015</u>	<u>2016</u>	2017	<u>2018</u>	2019 <sup>e</sup>	2020	2021	2022	<u>change</u>	<u>change</u>	change (%) a	<u>change</u>	change (%) a
Any Illicit Drug <sup>c</sup>	24.8	24.9	25.9	27.3	27.6	27.1	28.6‡	27.2	26.8	25.3	26.5	27.1	27.7	27.3	19.9	21.7	+1.7 s	-6.0 sss	-21.8	+1.7 s	+8.7
Any Illicit Drug other than Marijuana <sup>c</sup>	12.4	11.9	11.6	11.8	11.3	10.8	11.4‡	10.9	10.5	9.7	9.4	9.3	9.0	9.2	<u>5.6</u>	6.1	+0.5	-4.8 sss	-44.1	+0.5	+9.1
Any Illicit Drug including Inhalants <sup>c</sup>	27.6	27.6	28.5	29.7	29.8	29.0	30.5‡	28.5	28.4	26.3	28.3	28.8	29.0	29.2	21.5	23.0	+1.5 s	-6.3 sss	-21.4	+1.5 s	+7.0
Marijuana/Hashish	21.4	21.5	22.9	24.5	25.0	24.7	25.8	24.2	23.7	22.6	23.9	24.3	25.2	24.6	17.9	19.4	+1.5 s	-10.6 sss	-35.3	+1.5 s	+8.4
Synthetic marijuana	_	_	_	_	_	8.0	6.4	4.8	4.2	3.1	2.8	2.6	2.9	2.2	<u>1.6</u>	2.3	+0.7 sss	-5.7 sss	-71.9	+0.7 sss	+43.1
Inhalants	6.4	6.4	6.1	6.0	5.0	4.5	3.8	3.6	3.2	2.6	2.9	2.9	2.9	3.4	2.9	2.6	-0.3	-7.6 sss	-74.4	_	_
Hallucinogens	3.8	3.8	3.5	3.8	3.7	3.2	3.1	2.8	2.8	2.8	2.7	2.7	2.9	3.4	2.4	2.5	+0.1	-3.5 sss	-58.3	+0.1	+5.2
LSD	1.7	1.9	1.6	1.8	1.8	1.6	1.6	1.7	1.9	2.0	2.1	2.0	2.2	2.5	1.5	1.4	-0.1	-4.9 sss	-77.7	0.0	+0.5
Hallucinogens other than LSD	3.3	3.2	3.0	3.3	3.1	2.7	2.5	2.1	1.9	1.8	1.8	1.7	1.9	2.0	<u>1.7</u>	2.0	+0.3	-2.1 sss	-51.3	+0.3	+16.8
Ecstasy (MDMA) <sup>d</sup>	3.0	2.9	3.0	3.8	3.7	2.5	2.8‡	3.4	2.4	1.8	1.7	1.5	1.6	1.3	0.8	0.9	+0.1	-2.5 sss	-74.0	+0.1	+8.0
Salvia	_	_	_	3.5	3.6	2.7	2.3	1.4	1.2	1.2	0.9	8.0	0.8	0.8	0.5	0.8	+0.2 ss	-2.8 sss	-78.4	+0.2 ss	+45.1
Cocaine	3.4	2.9	2.5	2.2	2.0	1.9	1.8	1.6	1.7	1.4	1.6	1.5	1.4	1.4	0.7	0.7	+0.1	-3.7 sss	-83.4	+0.1	+10.7
Crack	1.5	1.3	1.2	1.1	1.0	0.9	0.8	0.7	8.0	0.6	0.7	0.6	0.7	0.6	0.4	0.5	+0.1	-1.9 sss	-78.9	+0.1	+21.2
Other cocaine	2.9	2.6	2.1	1.9	1.7	1.7	1.5	1.5	1.5	1.2	1.3	1.3	1.3	1.4	0.5	0.6	+0.1	-3.4 sss	-84.5	+0.1	+15.7
Heroin	0.8	8.0	0.8	0.8	0.7	0.6	0.6	0.5	0.4	0.3	0.3	0.3	0.3	0.2	0.2	0.3	+0.1 s	-1.0 sss	-77.3	+0.1	+71.5
With a needle	0.5	0.5	0.5	0.6	0.5	0.4	0.4	0.4	0.3	0.3	0.2	0.2	0.2	0.2	0.1	_	_	_	_	_	_
Without a needle	0.7	0.6	0.5	0.6	0.5	0.4	0.4	0.3	0.3	0.2	0.2	0.2	0.2	0.1	0.1	_	_	_	_	_	_
OxyContin	3.5	3.4	3.9	3.8	3.4	2.9	2.9	2.4	2.3	2.1	1.9	1.7	1.7	1.4	0.9	1.1	+0.2	-2.8 sss	-71.2	+0.2	+26.8
Vicodin	6.2	6.1	6.5	5.9	5.1	4.3	3.7	3.0	2.5	1.8	1.3	1.1	1.0	0.9	0.6	1.0	+0.4	-5.6 sss	-84.9	+0.4	+60.1
Amphetamines <sup>c</sup>	6.5	5.8	5.9	6.2	5.9	5.6	7.0‡	6.6	6.2	5.4	5.0	5.0	4.6	4.6	2.7	3.1	+0.4	-3.5 sss	-53.8	+0.4	+14.0
Ritalin	2.8	2.6	2.5	2.2	2.1	1.7	1.7	1.5	1.4	1.1	8.0	8.0	0.9	1.0	0.5	0.8	+0.3	-3.4 sss	-80.3	+0.3	+68.1
Adderall	_	_	4.3	4.5	4.1	4.4	4.4	4.1	4.5	3.9	3.5	3.5	3.1	3.3	1.7	2.9	+1.1 sss	-1.6 sss	-36.2	+1.1 sss	+66.0
Methamphetamine	1.4	1.3	1.3	1.3	1.2	1.0	1.0	0.8	0.6	0.5	0.5	0.5	0.5	0.7	0.2	0.3	+0.2 s	-3.8 sss	-91.5	+0.2 s	+116.5
Bath salts (synthetic stimulants)	_	_	_	_	_	0.9	0.9	0.8	0.7	8.0	0.5	0.7	_	_		_	_	_	_	_	_
Tranquilizers	4.5	4.3	4.5	4.4	3.9	3.7	3.3	3.4	3.4	3.5	3.6	3.2	3.1	2.7	1.2	1.5	+0.3	-4.0 sss	-72.9	+0.3	+22.0
OTC Cough/Cold Medicines	5.0	4.7	5.2	4.8	4.4	4.4	4.0	3.2	3.1	3.2	3.0	3.2	2.8	3.7	2.7	3.2	+0.5 s	-2.2 sss	-40.3	+0.5 s	+20.1
Rohypnol	0.8	0.7	0.6	0.8	0.9	0.7	0.6	0.5	0.5	0.7	0.5	0.4	0.5	1.0	0.2	0.3	+0.1	-0.6 sss	-65.9	+0.1	+21.0
GHB <sup>b</sup>	0.7	0.9	0.9	0.8	0.8	_	_	_	_	_	_	_	_	_		_	_	_	_	_	_
Ketamine <sup>b</sup>	1.0	1.2	1.3	1.2	1.2	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Alcohol	50.2	48.7	48.4	47.4	45.3	44.3	42.8	40.7	39.9	36.7	36.7	36.1	35.9	38.3	30.2	32.2	+2.0 ss	-29.1 sss	-47.5	+2.0 ss	+6.6
Been drunk	29.7	28.1	28.7	27.1	25.9	26.4	25.4	23.6	22.5	20.7	20.4	20.0	19.5	22.1	15.5	15.9	+0.3	-21.0 sss	-57.0	+0.3	+2.1
Flavored alcoholic beverages	40.8	39.0	37.8	35.9	33.7	32.5	31.3	29.4	28.8	25.3	25.9	26.1	24.6	26.5	20.0	22.8	+2.8 ss	-21.7 sss	-48.8	+2.8 ss	+13.8
Alcoholic beverages containing caffeine	_	_	_	_	19.7	18.6	16.6	14.3	13.0	11.2	10.6	10.1	9.2	8.6	7.8	7.7	-0.1	-12.0 sss	-60.9	_	_
Any Vaping	_	_	_	_	_	_	_	_	_	_	21.5	28.9	31.9	30.7	22.1	23.0	+0.9	-9.0 sss	-28.0	+1.5 s	+6.8
Vaping nicotine	_	_	_	_	_	_	_	_	_	_	13.9	21.6	27.3	27.1	19.2	19.7	+0.5	-7.6 sss	-27.7	+5.8 sss	+41.6
Vaping marijuana	_	_	_	_	_	_	_	_	_	_	6.8	9.9	15.6	16.3	11.6	13.6	+2.0 s	-2.7 ss	-16.3	+6.8 sss	+99.6
Vaping just flavoring	_	_	_	_	_	_	_	_	_	_	17.2	21.8	18.6	15.8	10.0	10.4	+0.5	-11.4 sss	-52.2	+0.5	+4.6
JUUL	_	_	_	_	_	_	_		_	_	_	_	23.8	20.6	9.1	_	_	_	_	_	_
Dissolvable tobacco products	_	_	_	_	_	1.4	1.4	1.2	1.1	0.9	0.9	1.0	1.0	0.9	0.7	1.1	+0.4 s	-0.3	-19.5	+0.4 s	+56.9
Snus		_	_	_		5.6	4.8	4.1	3.8	3.6	2.6	3.0	2.2	2.7	1.6	1.6	0.0	-4.0 sss	-71.8	0.0	+0.8
Steroids	1.1	1.1	1.0	0.9	0.9	0.9	0.9	0.9	1.0	0.8	0.8	0.8	0.9	1.1	0.4	0.8	+0.4 sss	-1.2 sss	-58.5	+0.4 sss	+102.7

(Table continued on next page.)

#### **TABLE C-2 (continued)**

#### Trends in Annual Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

Source. The Monitoring the Future study, the University of Michigan.

Notes. '-' indicates data not available. '‡' indicates a change in the question text. When a question change occurs, peak levels after that change are used to calculate the peak year to current year difference.

Values in bold equal peak levels since 1991. Values in italics equal peak level before wording change. Underlined values equal lowest level since recent peak level.

Level of significance of difference between classes: s = .05, ss = .01, sss = .001.

Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

<sup>a</sup>The proportional change is the percent by which the most recent year deviates from the peak year [or the low year] for the drug in question. So, if a drug was at 20% prevalence in the peak year and declined to 10% prevalence in the most recent year, that would reflect a proportional decline of 50%.

<sup>b</sup>Question was discontinued among 8th and 10th graders in 2012.

cln 2013, for the questions on the use of amphetamines, the text was changed on two of the questionnaire forms for 8th and 10th graders and four of the questionnaire forms for 12th graders. This change also impacted the any illicit drug indices. Data presented here include only the changed forms beginning in 2013.

<sup>d</sup>In 2014, the text was changed on one of the questionnaire forms for 8th, 10th, and 12th graders to include "molly" in the description. The remaining forms were changed in 2015. Data for both versions of the question are presented here.

<sup>6</sup>Drug prevalence results in 2019 combine results from paper-and-pencil surveys with those completed using electronic tablets. In 2019, students in a randomly-selected half of schools completed MTF surveys on paper-and-pencil and students in the other half completed the surveys using electronic tablets. Analysis of this randomized controlled trial demonstrated that these results did not significantly differ across survey mode (Miech, R.A., Couper, M.P., Heeringa, S.G., and Patrick, M.E. The Impact of Survey Mode on US National Estimates of Adolescent Drug Prevalence: Results from a Randomized Controlled Study, Addiction).

TABLE C-3
Trends in 30-Day Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

	<u>1991</u>	<u>1992</u>	<u>1993</u>	<u>1994</u>	<u>1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	<u>2001</u>	2002	2003	2004	2005	2006
Any Illicit Drug <sup>b</sup>	10.9	10.5	13.3	16.8	18.6	20.6	20.5	19.5	19.5	19.2	19.4	18.2	17.3	16.2	15.8	14.9
Any Illicit Drug other than Marijuanab	5.4	5.5	6.5	7.1	8.4	8.4	8.4	8.2	7.9	8.0‡	8.2	7.7	7.1	7.0	6.7	6.4
Any Illicit Drug including Inhalants <sup>b</sup>	13.0	12.5	15.4	18.9	20.7	22.4	22.2	21.1	21.1	21.0	20.8	19.5	18.6	17.5	17.5	16.5
Marijuana/Hashish	8.3	7.7	10.2	13.9	15.6	17.7	17.9	16.9	16.9	16.3	16.6	15.3	14.8	13.6	13.4	12.5
Inhalants	3.2	3.3	3.8	4.0	4.3	3.9	3.7	3.4	3.3	3.2	2.8	2.7	2.7	2.9	2.9	2.7
Hallucinogens	1.5	1.6	1.9	2.2	3.1	2.7	3.0	2.8	2.5	2.0‡	2.3	1.7	1.5	1.5	1.5	1.3
LSD	1.3	1.5	1.6	1.9	2.8	2.1	2.4	2.3	2.0	1.4	1.5	0.7	0.6	0.6	0.6	0.6
Hallucinogens other than LSD	0.5	0.5	0.7	1.0	1.0	1.2	1.2	1.2	1.1	1.1‡	1.4	1.4	1.2	1.3	1.2	1.1
Ecstasy (MDMA) <sup>c</sup>	_	_	_	_	_	1.5	1.3	1.2	1.6	2.4	2.4	1.8	1.0	0.9	0.9	1.0
Cocaine	8.0	0.9	0.9	1.2	1.5	1.7	1.8	1.9	1.9	1.7	1.5	1.6	1.4	1.6	1.6	1.6
Crack	0.4	0.5	0.5	0.7	8.0	0.9	0.8	1.0	0.9	0.9	0.9	1.0	8.0	8.0	8.0	0.7
Other cocaine	0.7	0.7	8.0	1.1	1.2	1.3	1.5	1.6	1.7	1.4	1.3	1.3	1.2	1.4	1.3	1.4
Heroin	0.2	0.3	0.3	0.4	0.6	0.6	0.6	0.6	0.6	0.6	0.4	0.5	0.4	0.5	0.5	0.4
With a needle	_	_	_	_	0.3	0.4	0.3	0.4	0.3	0.3	0.3	0.3	0.3	0.3	0.3	0.3
Without a needle	_	_	_	_	0.4	0.4	0.5	0.4	0.4	0.4	0.3	0.4	0.3	0.3	0.3	0.3
Amphetamines <sup>b</sup>	3.0	3.3	3.9	4.0	4.5	4.8	4.5	4.3	4.2	4.5	4.7	4.4	3.9	3.6	3.3	3.0
Methamphetamine	_	_	_	_	_	_	_	_	1.5	1.5	1.4	1.5	1.4	1.1	0.9	0.7
Tranquilizers	1.1	1.1	1.1	1.3	1.6	1.7	1.7	1.9	1.9	2.1‡	2.3	2.4	2.2	2.1	2.1	2.1
Alcohol	39.8	38.4‡	36.3	37.6	37.8	38.8	38.6	37.4	37.2	36.6	35.5	33.3	33.2	32.9	31.4	31.0
Been drunk	19.2	17.8	18.2	19.3	20.3	20.4	21.2	20.4	20.6	20.3	19.7	17.4	17.7	18.1	17.0	17.4
Flavored alcoholic beverages	_	_	_	_	_	_	_	_	_	_	_	_	_	23.0	21.6	21.7
Cigarettes	20.7	21.2	23.4	24.7	26.6	28.3	28.3	27.0	25.2	22.6	20.2	17.7	16.6	16.1	15.3	14.4
Smokeless tobacco	_	9.2	9.1	9.7	9.6	8.5	8.0	7.0	6.3	5.8	6.1	5.2	5.3	5.1	5.3	5.1
Any Vaping <sup>d</sup>	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping nicotine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping marijuana	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping just flavoring	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
JUUL	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Large Cigars	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Flavored Little Cigars	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Regular Little Cigars	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Tobacco using a hookah	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Steroids	0.6	0.6	0.6	0.7	0.6	0.5	0.7	0.7	0.9	0.9	0.9	1.0	0.9	0.9	0.7	0.7

Table continued on next page.

### TABLE C-3 (continued) Trends in 30-Day Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

(Entries are percentages.)

																		Peak year-	-2022 change	Low year-	2022 change
																	2021-2022	Absolute	Proportional	Absolute	Proportional
	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019 e	2020	2021	2022	change	change	change (%) a	change	change (%)
Any Illicit Drug <sup>b</sup>	14.8	14.6	15.8	16.7	17.0	16.8	17.3‡	16.5	15.9	15.5	16.1	16.3	17.2	16.2	12.2	13.6	+1.4 ss	-2.9 sss	-17.5	+1.4 ss	+11.4
Any Illicit Drug other than Marijuanab	6.4	5.9	5.7	5.7	5.7	5.2	5.4‡	5.4	5.1	4.6	4.4	4.4	4.3	4.0	2.6	2.8	+0.2	-2.6 sss	-48.4	+0.2	+9.4
Any Illicit Drug including Inhalants <sup>b</sup>	16.5	16.1	17.3	18.0	18.3	17.6	18.4‡	17.3	16.8	16.0	17.2	17.1	17.9	17.4	12.8	14.5	+1.6 ss	-3.4 sss	-19.1	+1.6 ss	+12.8
Marijuana/Hashish	12.4	12.5	13.8	14.8	15.2	15.1	15.6	14.4	14.0	13.7	14.5	14.6	15.6	14.6	11.0	12.3	+1.3 s	-5.7 sss	-31.6	+1.3 s	+12.0
Inhalants	2.6	2.6	2.5	2.4	2.1	1.7	1.5	1.4	1.3	1.2	1.3	1.1	1.4	1.6	1.1	1.3	+0.1	-3.1 sss	-70.9	+0.1	+10.9
Hallucinogens	1.4	1.4	1.3	1.4	1.3	1.1	1.1	1.0	1.0	1.0	1.0	0.9	1.2	1.3	0.7	0.8	+0.1	-1.4 sss	-62.8	+0.1	+21.2
LSD	0.6	0.7	0.5	0.7	0.7	0.5	0.6	0.6	0.7	0.7	0.8	0.6	0.9	1.0	0.4	0.5	+0.1	-2.3 sss	-83.2	+0.1	+26.0
Hallucinogens other than LSD	1.1	1.1	1.0	1.2	1.0	0.9	0.8	0.7	0.6	0.5	0.6	0.6	0.7	0.8	0.5	0.6	+0.1	-0.8 sss	-55.5	+0.1	+16.1
Ecstasy (MDMA) <sup>c</sup>	1.1	1.2	1.2	1.5	1.4	0.8	1.0‡	1.1	0.8	0.6	0.6	0.5	0.6	0.5	0.2	0.5	+0.3 sss	-0.6 s	-55.9	+0.3 sss	+178.4
Cocaine	1.4	1.3	1.0	0.9	0.8	0.8	0.8	0.7	0.8	0.5	0.7	0.7	0.6	0.4	0.3	0.4	+0.2 s	-1.5 sss	-75.0	+0.2 s	+59.2
Crack	0.7	0.6	0.5	0.5	0.5	0.4	0.4	0.4	0.4	0.3	0.4	0.3	0.4	0.3	0.2	0.3	+0.1 ss	-0.6 sss	-63.0	+0.1 ss	72.6
Other cocaine	1.1	1.1	0.8	0.8	0.7	0.7	0.6	0.6	0.7	0.4	0.6	0.6	0.5	0.5	0.2	0.4	+0.2 ss	-1.3 sss	-78.3	+0.2 ss	+113.7
Heroin	0.4	0.4	0.4	0.4	0.4	0.3	0.3	0.3	0.2	0.2	0.2	0.1	0.2	0.2	0.1	0.2	+0.1 ss	-0.3 sss	-55.9	+0.1 ss	+125.6
With a needle	0.3	0.3	0.2	0.3	0.3	0.2	0.2	0.3	0.1	0.2	0.1	0.1	0.2	0.2	0.1	_	_	_	_	_	_
Without a needle	0.3	0.2	0.2	0.3	0.3	0.2	0.2	0.2	0.2	0.1	0.1	0.1	0.1	0.1	0.1	_	_	_	_	_	_
Amphetamines <sup>b</sup>	3.2	2.6	2.7	2.7	2.8	2.5	3.2‡	3.2	2.7	2.5	2.2	2.2	2.2	2.0	1.4	1.5	+0.1	-1.7 sss	-52.9	+0.1	+9.4
Methamphetamine	0.5	0.7	0.5	0.6	0.5	0.5	0.4	0.3	0.3	0.3	0.2	0.2	0.2	0.4	0.1	0.2	+0.1	-1.3 sss	-87.2	+0.1	+146.1
Tranquilizers	2.0	1.9	1.9	1.9	1.7	1.5	1.5	1.5	1.5	1.4	1.4	1.2	1.2	0.9	0.4	0.6	+0.2 s	-1.7 sss	-73.5	+0.2 s	+41.6
Alcohol	30.1	28.1	28.4	26.8	25.5	25.9	24.3	22.6	21.8	19.8	19.9	18.7	18.2	20.9	15.1	15.6	+0.5	-23.2 sss	-59.8	+0.5	+3.5
Been drunk	16.5	14.9	15.2	14.6	13.5	14.7	13.5	11.9	11.0	10.1	9.8	9.1	9.4	10.5	7.4	7.7	+0.4	-13.5 sss	-63.5	+0.4	+4.9
Flavored alcoholic beverages	20.4	18.6	17.9	17.0	15.2	14.9	14.0	12.9	12.8	10.9	12.3	11.4	11.2	11.9	9.0	11.3	+2.2 sss	-11.8 sss	-51.1	+2.2 sss	+24.7
Cigarettes	13.6	12.6	12.7	12.8	11.7	10.6	9.6	8.0	7.0	5.9	5.4	4.6	3.7	4.2	2.3	<u>2.1</u>	-0.2	-26.2 sss	-92.6	_	_
Smokeless tobacco	5.2	4.9	6.0	6.5	5.9	5.6	5.7	5.4	4.7	4.1	3.5	3.4	3.1	4.9	<u>1.8</u>	2.3	+0.5	-7.4 sss	-76.4	+0.5	+24.7
Any Vaping <sup>d</sup>	_	_	_	_	_	_	_	_	12.8	9.9‡	12.0	19.2	22.5	21.2	15.9	17.0	+1.1 s	-5.5 sss	-24.3	+5.0 sss	+42.1
Vaping nicotine	_	_	_	_	_	_	_	_	_	_	<u>7.5</u>	14.2	18.1	18.0	13.3	13.8	+0.5	-4.3 sss	-23.9	+6.3 sss	+84.4
Vaping marijuana	_	_	_	_	_	_	_	_	_	_	<u>3.6</u>	5.7	10.1	9.2	7.8	9.6	+1.8 sss	-0.5	-5.0	+6.0 sss	+165.8
Vaping just flavoring	_	_	_	_	_	_	_	_	_	_	8.0	11.5	9.6	8.5	<u>6.1</u>	6.8	+0.8 s	-4.7 sss	-40.8	+0.8 s	+12.6
JUUL	_	_	_	_	_	_	_	_	_	_	_	_	15.8	10.4	4.8	_	_	_		_	_
Large Cigars	_			_	_	_	_	3.9	4.2	3.3	3.2	3.2	2.8	1.8	1.5	1.2	-0.4 s	-3.0 sss	-72.3	_	_
Flavored Little Cigars	_	_	_	_	_	_	_	7.4	7.1	5.6	5.4	5.5	4.5	3.1	1.5	1.4	-0.1	-6.0 sss	-80.9	_	_
Regular Little Cigars		_	_	_	_	_	_	4.5	4.9	3.6	3.6	3.4	3.0	2.4	1.3	1.2	-0.1	-3.7 sss	-76.3	-	
Tobacco using a hookah	_	_	_	_	_	_	_	_	_	4.3	3.4	2.7	2.5	1.1	0.9	1.2	+0.3	-3.1 sss	-70.9	+0.3	+32.5
Steroids	0.6	0.6	0.6	0.6	0.5	0.5	0.6	0.5	0.5	0.4	0.4	0.5	0.5	0.6	0.2	0.7	+0.4 sss	-0.4 sss	-34.1	+0.4 sss	+181.8

(Table continued on next page.)

#### **TABLE C-3 (continued)**

#### Trends in 30-Day Prevalence of Use of Various Drugs for Grades 8, 10, and 12 Combined

(Entries are percentages.)

Source. The Monitoring the Future study, the University of Michigan.

Notes. '-' indicates data not available. '‡' indicates a change in the question text. When a question change occurs, peak levels after that change are used to calculate the peak year to current year difference.

Values in bold equal peak levels since 1991. Values in italics equal peak level before wording change. Underlined values equal lowest level since recent peak level.

Level of significance of difference between classes: s = .05, ss = .01, sss = .001.

Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

<sup>a</sup>The proportional change is the percent by which the most recent year deviates from the peak year [or the low year] for the drug in question. So, if a drug was at 20% prevalence in the peak year and declined to 10% prevalence in the most recent year, that would reflect a proportional decline of 50%.

bln 2013, for the questions on the use of amphetamines, the text was changed on two of the questionnaire forms for 8th and 10th graders and four of the questionnaire forms for 12th graders. This change also impacted the any illicit drug indices. Data presented here include only the changed forms beginning in 2013.

cin 2014, the text was changed on one of the questionnaire forms for 8th, 10th, and 12th graders to include "molly" in the description. The remaining forms were changed in 2015. Data for both versions of the question are presented here.

din 2017, the surveys switched from asking about vaping in general to asking separately about vaping nicotine, marijuana, and just flavoring. Beginning in 2017, data presented for any vaping are based on these new questions.

<sup>e</sup>Drug prevalence results in 2019 combine results from paper-and-pencil surveys with those completed using electronic tablets. In 2019, students in a randomly-selected half of schools completed MTF surveys on paper-and-pencil and students in the other half completed the surveys using electronic tablets. Analysis of this randomized controlled trial demonstrated that these results did not significantly differ across survey mode (Miech, R.A., Couper, M.P., Heeringa, S.G., and Patrick, M.E. The Impact of Survey Mode on US National Estimates of Adolescent Drug Prevalence: Results from a Randomized Controlled Study, Addiction).

TABLE C-4
Trends in <u>Daily</u> Prevalence of Use of Selected Drugs and <u>Heavy Use</u> of Alcohol and Tobacco for Grades 8, 10, and 12 Combined

	<u>1991</u>	1992	<u>1993</u>	<u>1994</u>	<u> 1995</u>	<u>1996</u>	<u>1997</u>	<u>1998</u>	<u>1999</u>	2000	2001	2002	2003	2004	2005	2006
Marijuana	0.9	0.9	1.2	2.1	2.7	3.2	3.4	3.4	3.5	3.5	3.7	3.5	3.4	3.0	2.9	2.8
Alcohol	1.7	1.6‡	2.0	1.8	1.9	2.0	2.1	2.2	2.0	1.7	2.0	1.9	1.7	1.5	1.5	1.5
5+ drinks in a row in last 2 weeks	20.0	19.0	19.5	20.3	21.1	21.9	21.9	21.5	21.7	21.2	20.4	18.9	18.6	18.8	17.5	17.4
Been drunk	0.4	0.4	0.5	0.6	0.7	0.7	0.9	8.0	0.9	8.0	0.7	0.6	0.7	0.7	0.6	0.7
Cigarettes	12.4	11.9	13.5	14.0	15.5	16.8	16.9	15.4	15.0	13.4	11.6	10.2	9.3	9.0	8.0	7.6
1/2 pack+/day	6.5	6.1	6.9	7.2	7.9	8.7	8.6	7.9	7.6	6.4	5.7	4.9	4.5	4.1	3.7	3.4
Vaping nicotine	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping marijuana	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Vaping just flavoring	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_	_
Smokeless tobacco	_	3.0	2.7	2.9	2.5	2.3	2.5	2.1	1.7	1.9	2.0	1.4	1.6	1.7	1.6	1.5

Table continued on next page.

#### **TABLE C-4 (continued)**

### Trends in <u>Daily</u> Prevalence of Use of Selected Drugs and <u>Heavy Use</u> of Alcohol and Tobacco for Grades 8, 10, and 12 Combined

(Entries are percentages.)

																		Peak year-	-2022 change	Low year	<u>2022 change</u>
																	2021–2022	Absolute	Proportional	Absolute	Proportional
	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	<u>2018</u>	2019 b	2020	2021	2022	<u>change</u>	change	change (%) a	change	change (%) a
Marijuana	<u>2.7</u>	2.8	2.8	3.4	3.6	3.6	3.7	3.3	3.3	3.0	3.1	3.2	4.1	4.1	3.1	3.2	+0.1	-0.9 sss	-21.8	+0.5 ss	+17.9
Alcohol	1.6	1.4	1.3	1.4	1.0	1.2	1.1	1.0	8.0	0.7	0.7	0.6	0.8	1.3	0.5	0.7	+0.1	-1.5 sss	-69.1	+0.1	+26.0
5+ drinks in a row in last 2 weeks	17.2	15.5	16.1	14.9	13.6	14.3	13.2	11.7	10.7	9.4	9.9	8.6	8.7	10.1	6.6	6.7	+0.1	-15.2 sss	-69.4	+0.1	+1.3
Been drunk	0.6	0.6	0.5	0.6	0.5	0.6	0.5	0.5	0.3	0.3	0.4	0.3	0.4	0.4	0.2	0.3	+0.1	-0.6 sss	-65.1	+0.1	+59.8
Cigarettes	7.1	6.4	6.4	6.4	5.7	5.2	4.7	3.6	3.2	2.5	2.3	2.0	1.5	1.6	1.0	<u>0.8</u>	-0.2	-16.1 sss	-95.1	-0.2	-17.8
1/2 pack+/day	3.0	2.7	2.6	2.5	2.1	1.9	1.8	1.4	1.1	0.9	8.0	8.0	0.5	0.6	0.4	0.4	0.0	-8.3 sss	-94.9	0.0	+5.6
Vaping nicotine	_	_	_	_	_	_	_	_	_	_	_	_	9.2	2.9	2.9	3.5	+0.5 ss	-5.7 sss	-62.4	+0.5 ss	+18.6
Vaping marijuana	_	_	_	_	_	_	_	_	_	_	_	_	2.4	0.9	1.1	1.3	+0.2	-1.1 sss	-45.3	+0.4 ss	+45.1
Vaping just flavoring	_	_	_	_	_	_	_	_	_	_	_	_	2.0	1.0	0.7	1.1	+0.4 ss	-0.9 sss	-45.8	+0.4 ss	+52.2
Smokeless tobacco	1.6	1.6	1.8	2.1	1.8	1.9	1.7	1.8	1.7	1.4	1.0	1.0	8.0	1.6	0.5	0.7	+0.2	-2.3 sss	-76.6	+0.2	+45.9

Source. The Monitoring the Future study, the University of Michigan.

Notes. '-'indicates data not available. '‡'indicates a change in the question text. When a question change occurs, peak levels after that change are used to calculate the peak year to current year difference.

Values in bold equal peak levels since 1991. Values in italics equal peak level before wording change. Underlined values equal lowest level since recent peak level.

Level of significance of difference between classes: s = .05, ss = .01, sss = .001.

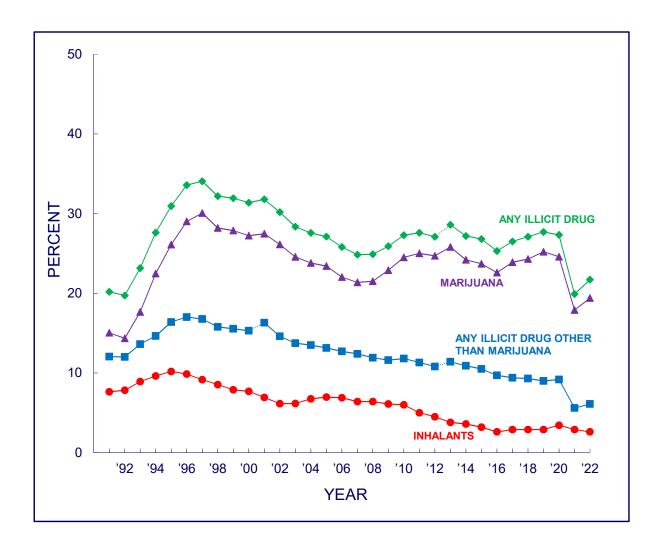
Any apparent inconsistency between the change estimate and the prevalence estimates for the two most recent years is due to rounding.

<sup>&</sup>lt;sup>a</sup>The proportional change is the percent by which the most recent year deviates from the peak year [or the low year] for the drug in question. So, if a drug was at 20% prevalence in the peak year and declined to 10% prevalence in the most recent year, that would reflect a proportional decline of 50%.

<sup>&</sup>lt;sup>b</sup>Drug prevalence results in 2019 combine results from paper-and-pencil surveys with those completed using electronic tablets. In 2019, students in a randomly-selected half of schools completed MTF surveys on paper-and-pencil and students in the other half completed the surveys using electronic tablets. Analysis of this randomized controlled trial demonstrated that these results did not significantly differ across survey mode (Miech, R.A., Couper, M.P., Heeringa, S.G., and Patrick, M.E. The Impact of Survey Mode on US National Estimates of Adolescent Drug Prevalence: Results from a Randomized Controlled Study, Addiction).

#### FIGURE C-1 ANY ILLICIT DRUG, MARIJUANA, AND INHALANTS

### Trends in <u>Annual</u> Prevalence for Grades 8, 10, and 12 Combined



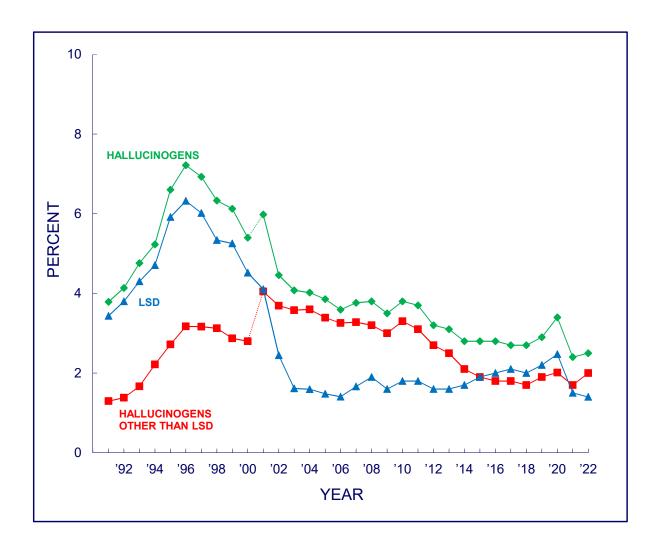
Source. The Monitoring the Future study, the University of Michigan.

Notes. A dashed line indicates a change in the question text between the years it connects.

In 2001, revised sets of questions on other hallucinogen and tranquilizer use were introduced. Data for any illicit drug other than marijuana are slightly affected by these changes. In 2013, a revised set of questions on amphetamine use were introduced. Data for any illicit drug and any illicit drug other than marijuana were affected by this change.

#### FIGURE C-2 HALLUCINOGENS

# Trends in <u>Annual</u> Prevalence for Grades 8, 10, and 12 Combined



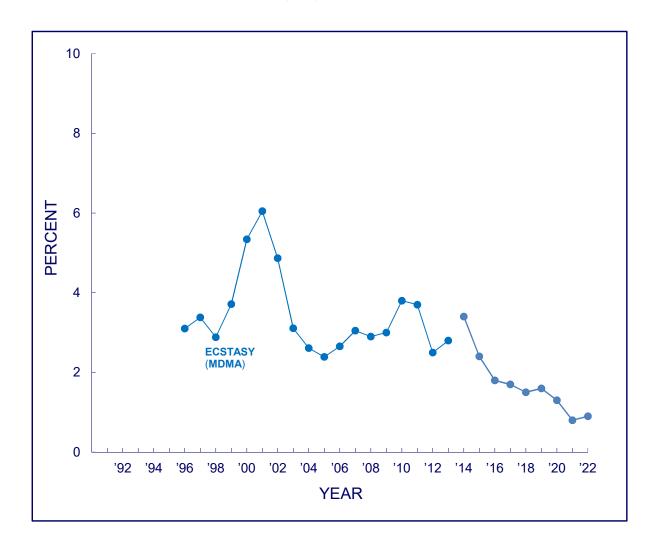
Source. The Monitoring the Future study, the University of Michigan.

Notes. A dashed line indicates a change in the question text between the years it connects.

Beginning in 2001, a revised set of questions on other hallucinogens was introduced in which shrooms was added to the list of examples. Data for hallucinogens were also affected by this change. From 2001 on, data points are based on the revised questions.

### FIGURE C-3 ECSTASY (MDMA)

# Trends in <u>Annual</u> Prevalence for Grades 8, 10, and 12 Combined

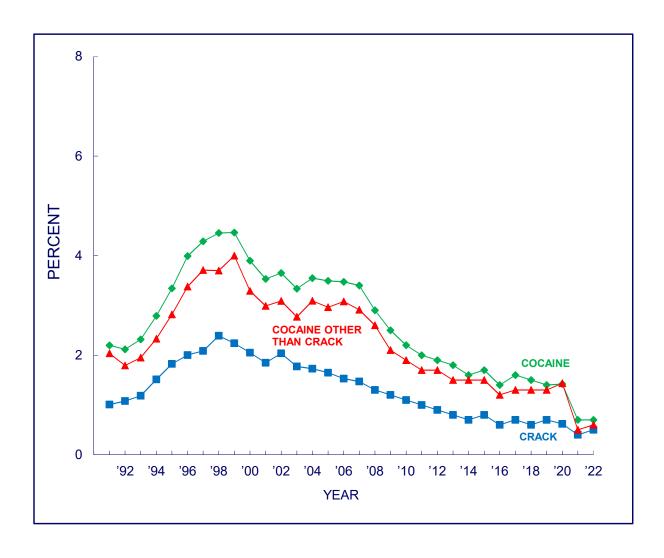


Source. The Monitoring the Future study, the University of Michigan.

Notes. In 2014, the text was changed on one of the questionnaire forms for 8th, 10th, and 12th graders to include "molly" in the description. The remaining forms were changed in 2015. Data for both versions of the question are presented here.

FIGURE C-4 COCAINE AND CRACK

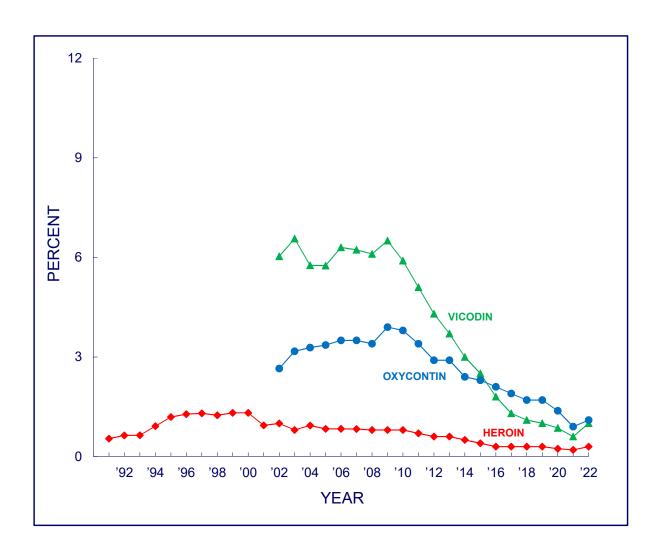
# Trends in <u>Annual</u> Prevalence for Grades 8, 10, and 12 Combined



Source. The Monitoring the Future study, the University of Michigan.

# FIGURE C-5 HEROIN AND NARCOTICS OTHER THAN HEROIN

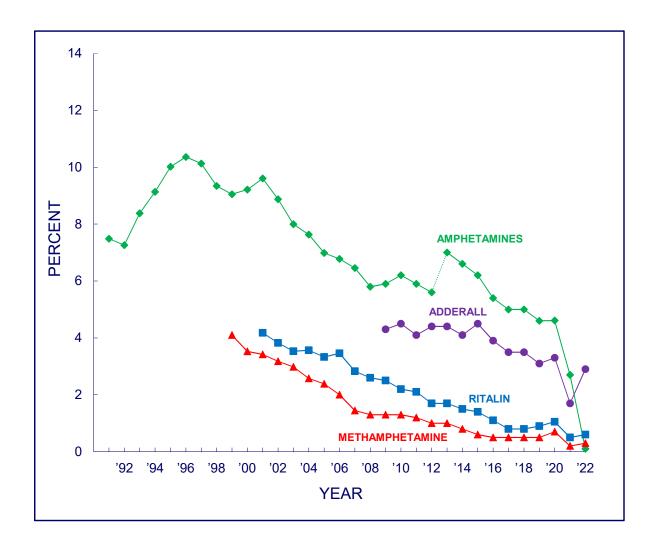
# Trends in <u>Annual</u> Prevalence for Grades 8, 10, and 12 Combined



Source. The Monitoring the Future study, the University of Michigan.

#### FIGURE C-6 STIMULANT DRUGS

# Trends in <u>Annual</u> Prevalence for Grades 8, 10, and 12 Combined

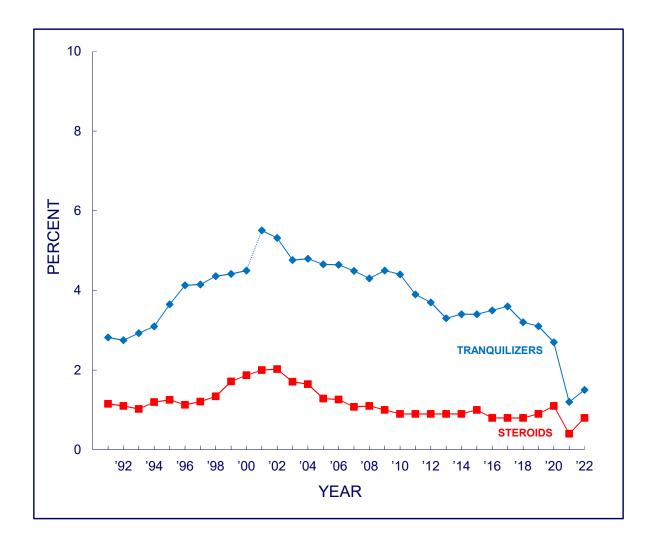


Source. The Monitoring the Future study, the University of Michigan.

Notes. A dashed line indicates a change in the question text between the years it connects. Beginning in 2013, a revised set of questions on use of amphetamines was introduced. From 2013 on, data points are based on the revised questions.

### FIGURE C-7 TRANQUILIZERS AND STEROIDS

# Trends in <u>Annual</u> Prevalence for Grades 8, 10, and 12 Combined

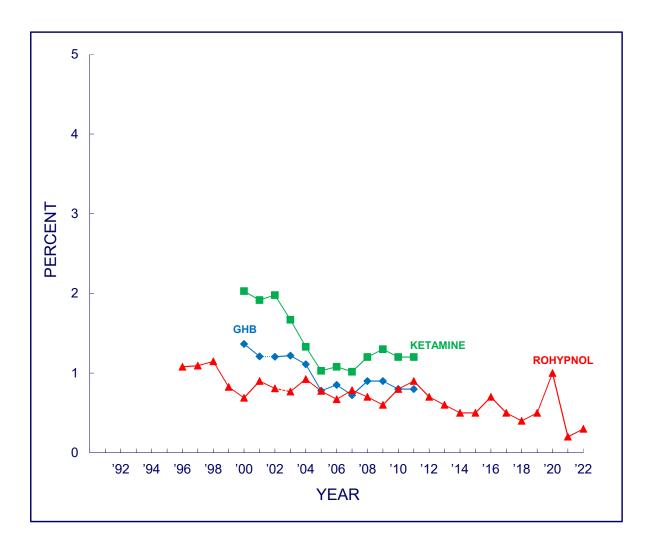


Source. The Monitoring the Future study, the University of Michigan.

Notes. A dashed line indicates a change in the question text between the years it connects. Beginning in 2001, a revised set of questions on use of tranquilizers was introduced in which Xanax replaced Miltown in the list of examples. From 2001 on, data points are based on the revised questions.

### FIGURE C-8 CLUB DRUGS

# Trends in <u>Annual</u> Prevalence for Grades 8, 10, and 12 Combined

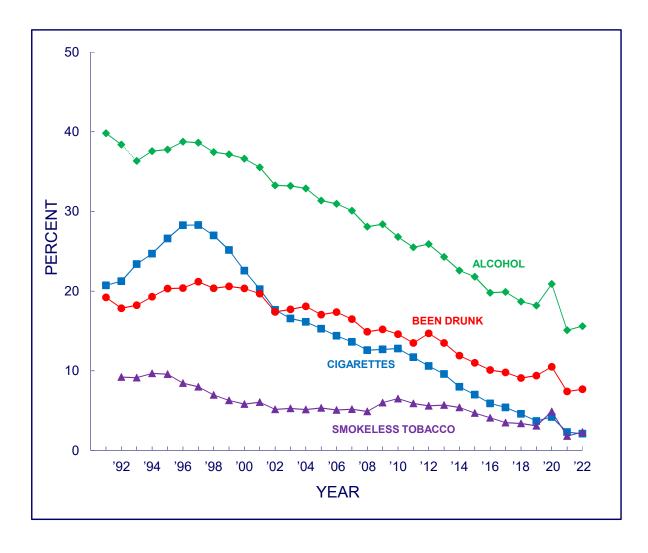


Source. The Monitoring the Future study, the University of Michigan.

Notes. A dashed line indicates a change in the question text between the years it connects. Beginning in 2002, for 12th graders only, the lifetime and 30-day questions on Rohypnol were eliminated from the questionnaire.
 As a result, the 2001 and 2002 data are not entirely comparable because of the change in context of the question about annual use. Questions on use of GHB and Ketamine were discontinued in 2012.

# FIGURE C-9 ALCOHOL AND TOBACCO

# Trends in <u>30-Day</u> Prevalence for Grades 8, 10, and 12 Combined



Source. The Monitoring the Future study, the University of Michigan.

Notes.

A dashed line indicates a change in the question text between the years it connects. Beginning in 1993, a revised set of questions on use of alcohol was introduced in which a drink was defined as more than just a few sips. From 1993 on, data points are based on the revised questions.



Monitoring the Future website: <a href="http://www.monitoringthefuture.org">http://www.monitoringthefuture.org</a>